

USA SWIMMING TIME TRIAL PRE-REGISTRATION FORM (See other side for rules & procedures)

Team Name:	LSC:	Coach:	Phone:
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Meet Name:	Meet Dates:	Site:
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This page is for Time Trials on Day 1 2 3 4 5 (Circle one; use a separate page for each day of the meet.)

Office Use Only	SWIMMERS' NAME (Last, First)	AGE	SEX (M/F)	Athlete Registration # <small>14 Characters</small>	EVENT # <small>See Schedule of events</small>	Event Name <small>(i.e - M 100 Back)</small>	Seed Time

Enter conforming times only - i.e., if this is a long course meet, enter long course times.


Number of individual events on this page \_\_\_\_\_ X \$10.00 = \_\_\_\_\_

Number of Relay events on this page \_\_\_\_\_ X \$25.00 = \_\_\_\_\_

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## USA SWIMMING CHAMPIONSHIPS TIME TRIAL RULES AND PROCEDURES

1. Use a separate form for each day of the meet. Completing time trial entries in advance will save time waiting in sign-up lines.
  2. Swimmers may compete in a maximum of two time trials during the course of the Championships.
  3. The combination of meet events and time trial events may not exceed three per day.
  4. Time trials are conducted on a time available basis only. Refunds or rollovers will be allowed for time trials cancelled on any given day due to time limitations.
  5. The 800 and 1500 Freestyle events will typically be offered on only one day of the meet. The day will be determined by the Meet Referee, depending on the size of the meet, time available, etc; and be announced at the General Meeting.
  6. You may add, cancel, or change time trials at the meet. Refunds, rollovers, or credit will be allowed, except for no-shows.
- \* The 50 Free is the last event swum in time trials, except on the day(s) it is contested in the meet, when it is the first event in time trials.

<u>Day One</u>	<u>Day Two</u>	<u>Day Three</u>	<u>Day Four</u>	<u>Day Five</u>
W 200 Fly	W 400 IM	W 400 Free	W 200 Free	W 50 Free
M 200 Fly	M 400 IM	M 400 Free	M 200 Free	M 50 Free
W 200 Breast	W 100 Free	W 100 Fly	W 100 Breast	W 1500 Free
M 200 Breast	M 100 Free	W 100 Fly	M 100 Breast	W 200 IM
W 800 Free	W 200 Back	M 800 FR	W 100 Back	M 200 IM
M 1500 Free	M 200 Back	W 200 Free	M 100 Back	M 800 Free
W 400 IM	W 400 FR	M 200 Free	W 800 FR	W 400 MR
M 400 IM	M 400 FR	W 100 Breast	W 1500 Free	M 400 MR
W 100 Free	W 400 Free	M 100 Breast	W 200 IM	W 200 Fly
M 100 Free	M 400 Free	W 100 Back	M 200 IM	M 200 Fly
W 200 Back	W 100 Fly	M 100 Back	M 800 Free	W 200 Breast
M 200 Back	W 100 Fly	W 800 FR	W 400 MR	M 200 Breast
W 400 FR	M 800 FR	W 1500 Free	M 400 MR	W 800 Free
M 400 FR	W 200 Free	W 200 IM	W 200 Fly	M 1500 Free
W 400 Free	M 200 Free	M 200 IM	M 200 Fly	W 400 IM
M 400 Free	W 100 Breast	M 800 Free	W 200 Breast	M 400 IM
W 100 Fly	M 100 Breast	W 400 MR	M 200 Breast	W 100 Free
W 100 Fly	W 100 Back	M 400 MR	W 800 Free	M 100 Free
M 800 FR	M 100 Back	W 200 Fly	M 1500 Free	W 200 Back
W 200 Free	W 800 FR	M 200 Fly	W 400 IM	M 200 Back
M 200 Free	W 1500 Free	W 200 Breast	M 400 IM	W 400 FR
W 100 Breast	W 200 IM	M 200 Breast	W 100 Free	M 400 FR
M 100 Breast	M 200 IM	W 800 Free	M 100 Free	W 400 Free
W 100 Back	M 800 Free	M 1500 Free	W 200 Back	M 400 Free
M 100 Back	W 400 MR	W 400 IM	M 200 Back	W 100 Fly
W 800 FR	M 400 MR	M 400 IM	W 400 FR	W 100 Fly
W 1500 Free	W 200 Fly	W 100 Free	M 400 FR	M 800 FR
W 200 IM	M 200 Fly	M 100 Free	W 400 Free	W 200 Free
M 200 IM	W 200 Breast	W 200 Back	M 400 Free	M 200 Free
M 800 Free	M 200 Breast	M 200 Back	W 100 Fly	W 100 Breast
W 400 MR	W 800 Free	W 400 FR	W 100 Fly	M 100 Breast
M 400 MR	M 1500 Free	M 400 FR	M 800 FR	W 100 Back
W 50 Free	W 50 Free	W 50 Free	W 50 Free	M 100 Back
M 50 Free	M 50 Free	M 50 Free	M 50 Free	W 800 FR