

2009 USA Swimming IM Xtreme Games Southwest Region

November 20-22, 2009

Sanctioned by: Arizona Swimming, In

Sanction #AZ10C009R

Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., BEST Swim Club, Inc., Brophy College Prep, and all the meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

Host team: Best Swim Club www.bestswimclub.org

Location: Dottie Boreyko/Brophy Sports Campus
2902 E. Campbell Avenue
Phoenix, AZ 85016

Facility: Two- outdoor 50 yard, (8) eight lane courses, non-turbulent lane lines. Start and automatic timing systems with touch pads and scoreboard will be used. An additional 6 lane warm up pool will be available for continuous warm-up throughout the meet.

Contact Information:

Meet director & Entry Chair: Eileen Hatfield
Phone: (480) 629-4807; (405) 834-2892

Eileen.hatfield@gmail.com

Meet referee: Ron Joost bjron@cox.net
Phone: 602-944-4265

Rules:

1. The current USA Swimming rules for competitive swimming will govern.
2. All coaches and officials must be USA Swimming registered prior to the competition and wear current registration in a visible manner.
3. The Arizona Swimming controlled meet warm-up will be posted and enforced.
4. This is a timed finals meet for IMX swimmers ages 11 to 14 in their region who meet the qualifying scores.
5. Swimmers will compete in single-year age groups in all of the specified IMX events throughout the meet:

11 and 12-year olds will compete in:

500 Free
100 Back
100 Breast
100 Fly
200 IM

13 and 14-year olds will compete in:

500 Free
200 Back
200 Breast
200 Fly
200 IM
400 IM

6. Swimmers will be entered and seeded in each event according to their short course times for that event.
7. Girls' events will be swum in Pool A. Boys' events will be swum in Pool B. Fly-over starts will be used.

Eligibility:

1. This meet is open to all USA Swimming registered athletes from the Arizona, Central California, Colorado, Hawaiian, New Mexico, San Diego Imperial, Southern California, and Utah LSC's who are currently ages 11 to 14 years as of the first day of the meet, and who have met the minimum IMX score requirements in either short course yards or long course meters during the qualifying period from September 1, 2008 to the entry deadline of the meet, regardless of age when the qualifying score was attained. Please note that swimmers attending the meet may have achieved their qualifying IMX score while swimming in a younger age group. Minimum Qualifying IMX scores: Girls – 2100 points Boys – 2000 points
2. A current, valid USA Swimming registration card or proof of registration must be presented to the Clerk of Course if requested.
3. Age on November 20, 2009 will govern for the meet.
4. On-deck registration will not be available at any Arizona Swimming meet.
5. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, meet referee, and entry chair as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.

Sessions:

| | | |
|---------------------|-------------------|-----------------------|
| Friday afternoon: | Warm-up 3:00 p.m. | Meet begins 4:00 p.m. |
| Saturday morning: | Warm-up 6:30 a.m. | Meet begins 8:00 p.m. |
| Saturday afternoon: | Warm-up 2:30 p.m. | Meet begins 4:00 p.m. |
| Sunday morning: | Warm-up 6:30 a.m. | Meet begins 8:00 a.m. |

Note that for the final 20 minutes of the warm-up sessions, there will be separate lanes designated for dive starts and pacing. Also, separate warm-up and warm-down lanes will be provided throughout each session of the meet

Coaches' Meeting: A coaches' meeting will be held at 3:15p.m. on Friday afternoon. In addition, we will have a short debriefing session at the end of the final session on Sunday to discuss the format and flow of the meet.

Entries: All entries must be submitted in a SDIF format file (Hy-tek Commlink) by email to Eileen.hatfield@gmail.com Entries must be received by Midnight, Pacific Daylight Time on Monday, November 9, 2009. Swimmers should enter with their current best short course times, irrespective of the course in which their qualifying IMX point total was achieved, and irrespective of when they achieved their qualifying score. Swimmers must enter all the events offered for their age bracket.

Entry fees:

Checks should be written to BEST Swim Club and mailed along with a hard copy of the Hy-tek meet entry report to:

BEST Swim Club
2902 E. Campbell Avenue
Phoenix, AZ 85016.

| | | |
|-------------|-----------------------------|---------|
| Entry Fees: | All IMX Events per swimmer* | \$30.00 |
| | LSC Surcharge per swimmer | \$5.00 |

*Swimmers must enter all the events offered for their age bracket.

Scoring: Individual scoring for this meet will be based upon the single-age Hy-Tek IMX points. Each time will be given a point value; a swimmer's scores from all events will be combined for an overall IMX point total. Disqualifications or medical scratches will receive zero points. If a swimmer is an unexcused No Show or scratches from any of his/her required IMX events for any reason other than medical, that swimmer will not be eligible for awards. Scoring and awards will be determined according to single-year age groupings and according to the swimmers' IMX totals (i.e., no awards for individual events). There will be team scoring based upon cumulative scores for each team from athletes in the Top 16 individual scoring places.

Awards: Distinctive USA Swimming IMX plaques will be awarded to the top sixteen swimmers in each single-year age bracket and gender (e.g., sixteen awards for 11-year old girls, sixteen awards for 11-year old boys, etc.). Team awards will be given to the top three teams with the highest point totals derived from those athletes' IMX scores who placed in the Top 16 for each of the single age group categories for both gender.

Apparel: There will be t-shirts, sweat-shirts, etc. with the distinctive IMX Challenge logo available for purchase.

Officials: We welcome any out of state, as well as local officials to work the meet. Please contact the Meet Referee prior to the meet if you plan to work the meet.

Concessions: Concessions will be available.

Hotel accommodations:

| | | |
|-----------------------|------------------------|---------------------|
| Hilton Garden Inn | Courtyard by Marriott | Homewood Suites |
| 4000 N Central Avenue | 2101 E. Camelback Road | 2001 Highland Drive |
| Phoenix, AZ 85012 | Phoenix, AZ 85016 | Phoenix, AZ 85016 |
| 602-279-9811 | 602-955-5200 | 602-508-0937 |

*Session schedule:***Order of Events****FRIDAY AFTERNOON**

Warm-up: 3:00 p.m. Meet begins: 4:00 p.m.

| | | |
|---|--------------------|---|
| 1 | 13-year old 400 IM | 2 |
| 3 | 14-year old 400 IM | 4 |
| 5 | 11-year old 200 IM | 6 |
| 7 | 12-year old 200 IM | 8 |

SATURDAY MORNING

Warm-up: 6:30 a.m. Meet begins: 8:00 a.m.

| | | |
|----|----------------------|----|
| 9 | 13-year old 500 Free | 10 |
| 11 | 14-year old 500 Free | 12 |
| 13 | 11-year old 500 Free | 14 |
| 15 | 12-year old 500 Free | 16 |

SATURDAY EVENING

Warm-up: 2:30 p.m. Meet begins: 4:00 p.m.

| | | |
|----|------------------------|----|
| 17 | 13-year old 200 Breast | 18 |
| 19 | 14-year old 200 Breast | 20 |
| 21 | 11-year old 100 Breast | 22 |
| 23 | 12-year old 100 Breast | 24 |
| 25 | 13-year old 200 IM | 26 |
| 27 | 14-year old 200 IM | 28 |

SUNDAY MORNING

Warm-up: 6:30 a.m. Meet begins: 8:00 a.m.

| | | |
|----|----------------------|----|
| 29 | 13-year old 200 Back | 30 |
| 31 | 14-year old 200 Back | 32 |
| 33 | 11-year old 100 Back | 34 |
| 35 | 12-year old 100 Back | 36 |
| 37 | 13-year old 200 Fly | 38 |
| 39 | 14-year old 200 Fly | 40 |
| 41 | 11-year old 100 Fly | 42 |
| 43 | 12-year old 100 Fly | 44 |