

Open Water Quadrennial Plan

**2007\***

Aug 25	FINA 10K World Cup - Vienna, Austria
Sept 23	FINA 10K Open Water World Cup - China
Sept 30	FINA 10K Open Water World Cup - Hong Kong
Oct 7	FINA 10K Open Water World Cup - Singapore
Oct 20	10 K Women's FINA World Championship Trials - Miromar Lake (Fort Myers, FL) - course available Oct 17
Oct 21	10 K Men's FINA World Championship Trials - Miromar Lake (Fort Myers, FL) - course available Oct 17
Nov 4-Nov 25	Open Water Altitude Camp - Colorado Springs, CO

**2008\***

Jan 6-27	Open Water Altitude Camp - Mexico
Feb 3	FINA 10K Open Water World Cup - Santos, Brazil
Mar 30-Apr 20	Open Water Altitude Training - Flagstaff, AZ
Apr 29-May 4	2008 FINA Open Water World Championships - Seville, Spain (10K Olympic selection event)
May 31-June 1	Olympic Test Event - Beijing, China (only if necessary)
Jul 7-25	Required Olympic Team Training Camp - Palo Alto, CA
Jul 25	Travel to Singapore
Jul 27-Aug 5	Olympic Team Training Camp - Singapore
Aug 5	Travel to Beijing
Aug 5-19	Olympic Training Camp in Beijing
Aug 20	Beijing Olympic Games Women's 10K Olympic Race
Aug 21	Beijing Olympic Games Men's 10K Olympic Race

**2009**

Jul	Open Water World Championships - Rome, Italy
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**2010**

TBA	Open Water World Championships - Quebec, Canada
Aug	Open Water Pan Pacific Championships - USA

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Jul	Open Water World Championships - Shanghai, China
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**2012**

Jul 27-Aug 10	Olympic Games - London
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