



TIME STANDARDS

2010 Columbus Grand Prix

Thursday – Sunday

April 1 – 3

Long Course Meters Format

McCorkle Aquatic Pavilion
The Ohio State University
Columbus, Ohio

Prelims Begin
at 9:00am

Finals Begin
at 6:00pm

Women's Events

SCY	LCM
1:09.29	1:18.99
1:56.69	2:11.49
1:00.39	1:07.59
2:13.19	2:31.59
7:59.99	8:59.99
10:33.99	9:28.99

Day 1 – Thursday, April 1

1	100 Breaststroke
3	200 Freestyle
5	100 Butterfly
7	200 Individual Medley
9	800 Freestyle Relay*
11	800 Freestyle (Women)*

Men's Events

SCY	LCM
1:01.79	1:11.79
1:46.79	2:01.09
54.09	1:00.99
2:00.99	2:18.29
7:19.99	8:20.99
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Day 2 – Friday, April 2

4:41.29	5:18.99	13	400 Individual Medley	14	4:20.59	4:55.19
25.09	28.39	15	50 Freestyle	16	22.29	25.49
2:29.99	2:49.99	17	200 Breaststroke	18	2:17.29	2:38.49
1:00.69	1:09.99	19	100 Backstroke	20	55.59	1:03.79
5:12.99	4:37.89	21	400 Freestyle	22	4:47.99	4:18.49
4:06.99	4:39.99	23	400 Medley Relay*	24	3:41.99	4:14.99

Day 3 – Saturday, April 3

2:10.49	2:29.99	25	200 Backstroke	26	2:00.59	2:17.49
54.19	1:01.09	27	100 Freestyle	28	48.69	55.29
2:11.89	2:29.09	29	200 Butterfly	30	2:00.99	2:17.99
3:40.99	4:09.99	31	400 Freestyle Relay*	32	3:19.99	3:47.99
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* The fastest heat of the Women's 800 Freestyle will be swum at finals prior to event 1.
The fastest heat of the Men's 1,500 Freestyle will be swum at finals prior to event 25.
The fastest heat of each relay will be swum at finals in event order.

If there are more than 500 entrants, the preliminary session may be divided into "A" and "B" sessions.