

# USA Swimming National Team Open Water 2009-2012 Quadrennial Plan (Updated 01/23/09)

## **2009\***

June 14 World Championship Selection 10K - Fort Myers

Jul 19 - 25 Open Water World Championships - Rome, Italy

Jul 20-24 FINA 10K World Cup - Roberval, Quebec Canada

Sept 7 FINA 10K World Cup - New York City, NY

Oct 1-4 National Team Retreat - Tice Ranch - Seattle, WA

## **2010\***

June 10K Nationals - TBD

Jul 17 - 22 Open Water World Championships - Roberval, Quebec Canada

Aug 23 Open Water Pan Pacific Championships - USA

## **2011\***

June 10K Nationals - TBD

Jul Open Water World Championships - Shanghai, China

Oct 23 10K Open Water Pan Ams - Guadalajara, Mexico

## **2012\***

Jul 27 - Aug 10 Olympic Games - London

\* calendar tentative & subject to change