

Sports Medicine and Science Network: Review and Recognition 2004

Charlene Boudreau, USA Swimming



Coaches,

It was another productive year for the Sports Medicine and Science effort at USA Swimming. In August, we were pleased to announce the launch of the new **Science & Technology Research Grants** program, an initiative sponsored by the Club Development Division. The general purpose of this program is to stimulate activity in research and scholarship related to competitive swimming. More specifically, this program is designed to encourage, foster and increase participation in research and scholarship that will directly benefit competitive swimming in the United States. In 2005, a total of \$57,500 will be awarded for 2 competitive non-restricted grants, 1 technology grant, 3 exploratory seed grants, 2 undergraduate scholarships and 5 clinic presentation grants.

As I have mentioned before, in the swimming world, research extends far beyond the laboratory. Every athlete and every coach on the pool deck is touched by the application of research in many ways. As we move forward with the research effort in swimming, our goal is to see that research is maintained as something *meaningful, effective* and most importantly, *on-going*. It's an investment. And the future of our sport depends on it.

In addition to the research grants program, our system of progression through the National Network and High Performance Network continues to guarantee USA Swimming the highest quality of care for its athletes, both at home and on the road. In 2004, eleven of **your** practitioners were recognized with two awards.

The **High Performance Award** is presented to members of the Sports Medicine and Science Network who have demonstrated commitment to quality care and teamwork while working with developmental swimmers around the country. Granting of this award is official acceptance to the High Performance Network, either as travel staff or as a member of the Performance Enhancement Team in their region.

The **Gold Standard Award** is the highest level of achievement within the Sports Medicine and

Science Network, awarded to those who have demonstrated an exceptional level of commitment, teamwork and quality care to the National Team, particularly during International Travel.

In many cases, the recipients of these awards are people who work closely with your team or whom you see on a daily basis. Please join me in congratulating each and every one of them on a job well done, and thanking them for their dedication to our fine sport.

2004 Gold Standard Awards

Patricia "Skippy" Mattson, PT, ATC
Dave Kuhn, PT, ATC, CSCS
Connie Sellers, LMT, NMT
Becky Morgan, MD

2004 High Performance Awards

Ken Haller, DO
John Cavanaugh, PT, ATC
Karen Schneider, MD
Jeremy Vail, PT, ATC, OCS
Patricia "Skippy" Mattson, PT, ATC
Dave Kuhn, PT, ATC, CSCS

Auburn University Dept of Health & Human Performance – Southern Region High Performance Clinic (Lactate Testing, Land/Water Strength Testing)



Nominations to the Sports Medicine and Science Network can be made through the Coaches' Sports Medicine section of the USA Swimming website, www.usaswimming.org. GO USA!!!!