

Women's 50 LCM Freestyle

All Time Top Performances

23.73	Britta Steffen	GER	Roma	07/26/2009
23.88	Therese Alshammar	SWE	Roma	07/26/2009
23.96	Marleen Veldhuis	NED	Amsterdam	04/19/2009
23.97	Libby Trickett	AUS	Sydney, AUS	03/22/2008
23.99	Cate Campbell	AUS	Roma	07/26/2009
23.99	Marleen Veldhuis	NED	Roma	07/26/2009
24.06	Britta Steffen	GER	Beijing	08/09/2008
24.07	Dara Torres	USA	Beijing	08/09/2008
24.08	Cate Campbell	AUS	Roma	07/26/2009
24.09	Marleen Veldhuis	NED	Eindhoven, Netherlands	03/18/2008

All Time Top Performers

23.73	Britta Steffen	GER	Rome	07/26/2009
23.88	Therese Alshammar	SWE	Rome	07/26/2009
23.96	Marleen Veldhuis	NED		03/15/2008
23.97	Libby Trickett	AUS	Sydney, AUS	03/22/2008
23.99	Cate Campbell	AUS	Rome	07/26/2009
24.07	Dara Torres		Beijing	08/09/2008
24.11	Francesca Halsall	GBR	Rome	07/26/2009
24.13	Inge De Bruijn	NED	Sydney, AUS	08/01/2000
24.23	Amanda Weir		Rome	07/26/2009
24.45	Hinkelien Schreuder	NED		12/01/2008
24.49	Alice Mills	AUS	Sydney	03/19/2005
24.50	Lara Jackson		Omaha	07/05/2008
24.51	Jingyi Le	CHN	Rome, ITA	09/11/1994
24.58	Malia Metella	FRA	Roma	07/26/2009
24.59	Yingwen Zhu	CHN	Nanjing	10/20/2005
24.59	Kara Lynn Joyce	USA	Mizzou Aquatic Center	02/15/2008
24.62	Aleksandra Herasimenia	BLR	Serbia	07/01/2009
24.62	Jeanette Ottesen	DEN	Roma	07/26/2009
24.68	Alison Sheppard	GBR	Manchester	08/02/2002
24.69	Svitlana Khakhlova	BUL	Roma	07/26/2009
24.71	Ying Shan	CHN	Shanghai	10/01/1997
24.72	Sandra Volker	GER	Braunschweig	05/16/2001
24.72	Jodie Henry	AUS	Melbourne	03/20/2006
24.75	Dorothea Brandt	GER	Canet	06/01/2009
24.75	Victoria Poon	CAN	Roma	07/26/2009

All Time Top U.S. Performers

24.07	Dara Torres	2008
24.23	Amanda Weir	2009
24.48 sf	Jessica Hardy	2008
24.50 p	Lara Jackson	2008
24.59	Kara Lynn Joyce	2008

24.87	Amy Van Dyken	1996
24.89 p	Anne-marie Botek	2009
24.92	Natalie Coughlin	2008
25.01 p	Lacey Nymeyer	2008
25.02	Jenny Thompson	2004
25.09	Christine Magnuson	2009
25.10	Tammie Stone	2001
25.10	Michelle King	2009
25.12	Kara Denby	2008
25.12	Dana Vollmer	2009
25.13 sf	Brooke Bishop	2008
25.15	Maritza Correia	2004
25.18	Haley Clark	2004
25.20	Courtney Cashion	2006
25.22	Madison Kennedy	2008
25.23	Angel Martino	1996
25.23	Missy Franklin	2009
25.27	Sarah Wanezek	2004
25.29	Christina Swindle	2002
25.29	Emily Silver	2008

World Record Progressions

23.73	Britta Steffen	GER	Roma	07/26/2009
23.96	Marleen Veldhuis	NED	Amsterdam	04/19/2009
23.97	Libby Trickett	AUS	Sydney, AUS	03/22/2008
24.09	Marleen Veldhuis	NED	Eindhoven, Netherlands	03/18/2008
24.13	Inge De Bruijn	NED	Sydney, AUS	08/01/2000
24.39	Inge De Bruijn	NED	Rio de Janeiro	06/10/2000
24.48	Inge De Bruijn	NED	Amsterdam	06/04/2000
24.51	Jingyi Le	CHN	Rome, ITA	09/11/1994
24.51	Inge De Bruijn	NED	Sheffield	05/27/2000
24.79	Wenji Yang	CHN	Barcelona	07/31/1992
24.98	Wenji Yang	CHN	Canton	04/11/1988
25.28	Tamara Costache	BUL	Madrid	08/23/1986
25.34	Tamara Costache	BUL	Bucharest	07/16/1986
25.61	Dara Torres	USA	Mission Viejo	07/21/1984
25.62	Dara Torres	USA	Clovis	07/31/1983
25.69	Dara Torres	USA	Netherlands	01/01/1983
25.79	Jill Sterkel	USA	Austin	04/03/1981
25.96	Jill Sterkel	USA	Austin	04/10/1980

American Record Progressions

24.07	Dara Torres	08/09/2008
24.25	Dara Torres	06/29/2008
24.38 sf	Dara Torres	06/29/2008
24.50	Lara Jackson	07/05/2008
24.53	Dara Torres	07/31/2007
24.63	Dara Torres	09/23/2000
24.73	Dara Torres	06/25/2000
24.87	Amy Van Dyken	07/26/1996
25.03	Amy Van Dyken	08/13/1995
25.13	Amy Van Dyken	08/04/1995

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25.18	Amy Van Dyken	09/11/1994
25.20	Jenny Thompson	03/06/1992
25.44 p	Jenny Thompson	03/06/1992
25.50	Leigh Ann Fetter	08/13/1988
25.50	Leigh Ann Fetter	01/13/1991
25.59	Dara Torres	03/25/1988
25.60	Angel Martino	07/04/1986
25.61	Dara Torres	07/21/1984
25.62	Dara Torres	08/05/1983
25.69	Dara Torres	01/01/1983
25.79	Jill Sterkel	04/03/1981
25.96	Jill Sterkel	04/10/1980
26.06	Susan Thayer	08/15/1980

Women's 100 LCM Freestyle

All Time Top Performances

52.07	Britta Steffen	GER	Roma	07/26/2009
52.22	Britta Steffen	GER	Roma	07/26/2009
52.56	Britta Steffen	GER		06/01/2009
52.62 r	Libby Trickett	AUS	Roma	07/26/2009
52.84 sf	Libby Trickett	AUS	Roma	07/26/2009
52.85	Britta Steffen	GER		06/01/2009
52.87	Francesca Halsall	GBR	Roma	07/26/2009
52.87 sf	Britta Steffen	GER	Roma	07/26/2009
52.88	Libby Trickett	AUS	Sydney, AUS	03/22/2008
52.89	Libby Trickett	AUS	Canberra	05/09/2009

All Time Top Performers

52.07	Britta Steffen	GER	Roma	07/26/2009
52.62 r	Libby Trickett	AUS	Roma	07/26/2009
52.87	Francesca Halsall	GBR	Roma	07/26/2009
53.02 sf	Amanda Weir		Roma	07/26/2009
53.17	Marleen Veldhuis	NED		03/15/2008
53.30	Cate Campbell	AUS	Santa Clara, CA	05/15/2008
53.30	Dana Vollmer		Roma	07/26/2009
53.31 sf	Ranomi Kromowidjojo	NED	Roma	07/26/2009
53.39	Natalie Coughlin		Santa Clara, CA	05/15/2008
53.41 sf	Jeanette Ottesen	DEN	Roma	07/26/2009
53.49	Malia Metella	FRA		03/15/2008
53.52	Jodie Henry	AUS	Athens, Greece	08/14/2004
53.55	Federica Pellegrini	ITA		03/01/2009
53.58 r	Therese Alshammar	SWE	Roma	07/26/2009
53.60 p	Hanna-Maria Seppala	FIN	Beijing	08/09/2008
53.61 r	Inge Dekker	NED	Roma	07/26/2009
53.72 sf	Evelyn Verraszto	HUN	Roma	07/26/2009
53.76 sf	Dara Torres	USA	Omaha	06/29/2008
53.76 sf	Daniela Schreiber	GER	Roma	07/26/2009
53.77	Inge De Bruijn	NED	Sydney, AUS	08/01/2000
53.83	Femke Heemskerk	NED	Roma	07/26/2009
53.84 sf	Yingwen Zhu	CHN	Beijing	08/09/2008
53.91 sf	Hayley Palmer	NZL	Roma	07/26/2009
53.96	Alice Mills	AUS	Sydney	03/17/2005
53.97	Zhesi Li	CHN	Roma	07/26/2009

All Time Top U.S. Performers

53.02 sf	Amanda Weir			2009
53.30	Dana Vollmer			2009
53.39	Natalie Coughlin			2008
53.76 sf	Dara Torres			2008
54.02	Lacey Nymeyer			2008

54.03	Missy Franklin			2009
54.07	Jenny Thompson			2000
54.13 r	Kara Lynn Joyce			2008
54.25 r	Julia Smit			2009
54.28	Katie Hoff			2008
54.36	Christine Magnuson			2009
54.44	Jessica Hardy			2008
54.59	Erika Erndl			2009
54.60 p	Caitlin Geary			2009
54.72	Kate E Dwelley			2009
54.74 p	Emily Silver			2008
54.77	Maritza Correia			2004
54.83	Angel Martino			1992
54.87 p	Kim Vandenberg			2008
54.88 r	Lindsay Mintenko			2002
54.96 p	Kara Denby			2008
54.96	Madison Kennedy			2009
55.00	Lia Neal			2009
55.08	Amy Van Dyken			2000
55.09 p	Margaret Hoelzer			2008

World Record Progressions

52.07	Britta Steffen	GER	Roma	07/26/2009
52.56	Britta Steffen	GER	Berlin	06/27/2009
52.85	Britta Steffen	GER	Berlin	06/25/2009
52.88	Libby Trickett	AUS	Sydney, AUS	03/22/2008
53.30	Britta Steffen	GER	Budapest	08/02/2006
53.42 sf	Libby Trickett	AUS	Melbourne, Australia	01/30/2006
53.52	Jodie Henry	AUS	Athens	08/18/2004
53.66	Libby Trickett	AUS	Sydney	03/31/2004
53.77	Inge De Bruijn	NED	Sydney, AUS	08/01/2000
53.80	Inge De Bruijn	NED	Sheffield	05/29/2000
54.01	Jingyi Le	CHN	Rome, ITA	09/05/1994
54.48	Jenny Thompson	USA	Indianapolis	03/01/1992
54.73	Kristin Otto	GER	Madrid	08/19/1986
54.79	Barbara Krause	GER	Moscow	07/21/1980
54.98	Barbara Krause	GER	Moscow	07/20/1980
55.41	Barbara Krause	GER	Berlin	07/05/1978
55.65	Kornelia Ender	GER	Montreal	07/19/1976
55.73	Kornelia Ender	GER	Berlin	06/06/1976
56.22	Kornelia Ender	GER	Cali	07/26/1975
56.38	Kornelia Ender	GER	Dresden	03/14/1975
56.96	Kornelia Ender	GER	Vienna	08/19/1974
57.51	Kornelia Ender	GER	Rostock	07/04/1974
57.54	Kornelia Ender	GER	Belgrade	09/09/1973
57.61	Kornelia Ender	GER	Belgrade	09/08/1973
58.12	Kornelia Ender	GER	Utrecht	08/18/1973
58.25	Kornelia Ender	GER	Berlin	07/13/1973
58.50	Shane Gould	AUS	Sydney	01/08/1972
58.90	Shane Gould	AUS	London	04/30/1971

American Record Progressions

53.02 sf	Amanda Weir			07/26/2009
53.20 p	Amanda Weir			07/26/2009
53.39	Natalie Coughlin			05/16/2008

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53.39	Natalie Coughlin	08/15/2008
53.40 sf	Natalie Coughlin	03/25/2007
53.58	Amanda Weir	08/01/2006
53.99	Natalie Coughlin	08/29/2002
54.07	Jenny Thompson	08/14/2000
54.27	Jenny Thompson	07/14/2000
54.48 p	Jenny Thompson	03/01/1992
55.00 p	Angel Martino	03/01/1992
55.14	Angel Martino	08/23/1991
55.17	Nicole Bacher	01/07/1991
55.30	Dara Torres	03/26/1988
55.57	Jenna Johnson	06/22/1986
55.63	Sippy Woodhead	09/03/1979
55.80	Cynthia "Sippy" Kantzer	04/22/1979
56.26	Wendy Boglioli	08/27/1977
56.81	Kim Peyton	07/19/1976
56.95	Shirley Babashoff	06/20/1976
57.48	Shirley Babashoff	08/23/1975
57.74	Shirley Babashoff	06/22/1975
58.22	Kim Peyton	08/24/1974
58.59	Sandy Nielson	08/29/1972
58.64	Jenny Kemp	08/02/1972
59.00	Sue Pederson	08/26/1968
59.52 p	Jan Henne	08/26/1968
59.80	Janie Barkman	08/20/1967
59.90	Sharon Stouder	10/13/1964
59.90	Pokey Watson	08/21/1966
1:00.40	Sharon Stouder	09/01/1964
1:00.80	Sharon Stouder	07/09/1964
1:01.30	Chris von Saltza	08/02/1960

Women's 200 LCM Freestyle

All Time Top Performances

1:52.98	Federica Pellegrini	ITA	Roma	07/26/2009	1:57.73	Dagny Knutson	2009
					1:57.86 r	Caroline Burckle	2008
					1:57.90	Nicole Bacher	2000
1:53.67 sf	Federica Pellegrini	ITA	Roma	07/26/2009	1:58.02	Kim Vandenberg	2008
					1:58.16	Christine Marshall	2008
1:54.47	Federica Pellegrini	ITA		03/01/2009	1:58.23	Sippy Woodhead	1979
					1:58.23	Sippy Woodhead	1979
1:54.82	Federica Pellegrini	ITA	Beijing	08/09/2008	1:58.25	Mary Descenza	2009
					1:58.28	Ariana Kukors	2009
1:54.96	Allison Schmitt	USA	Roma	07/26/2009	1:58.40	Kate Ziegler	2007
1:54.97	Sara Isakovic	SLO	Beijing	08/09/2008	1:58.45	Alyssa Anderson	2009
1:55.05	Jiaying Pang	CHN	Beijing	08/09/2008	1:58.52	Lacey Nymeyer	2009
1:55.29 sf	Dana Vollmer	USA	Roma	07/26/2009	1:58.56 p	Amanda Weir	2006
1:55.29	Dana Vollmer	USA	Roma	07/26/2009	1:58.57	Kate E Dwelley	2009
1:55.45 p	Federica Pellegrini	ITA	Beijing	08/09/2008	1:58.66 sf	Kara Lynn Joyce	2008
					1:58.67	Missy Franklin	2009
					1:58.77	Kristen Heiss	2009
					1:58.81	Samantha Tucker	2009
					1:58.92	Mitzi Tighe	1988

All Time Top Performers

1:52.98	Federica Pellegrini	ITA	Roma	07/26/2009
1:54.96	Allison Schmitt	USA	Roma	07/26/2009
1:54.97	Sara Isakovic	SLO	Beijing	08/09/2008
1:55.05	Jiaying Pang	CHN	Beijing	08/09/2008
1:55.29 sf	Dana Vollmer	USA	Roma	07/26/2009
1:55.47 sf	Yu Yang	CHN	Roma	07/26/2009
1:55.52	Laure Manaudou	FRA	Melbourne	03/25/2007
1:55.54 sf	Joanne Jackson	GBR	Roma	07/26/2009
1:55.68	Annika Lurz	GER	Melbourne	03/25/2007
1:55.78	Katie Hoff	USA	Beijing	08/09/2008
1:56.05	Ariana Kukors		Roma	07/26/2009
1:56.43 r	Natalie Coughlin	USA	Melbourne	03/25/2007
1:56.47 sf	Agnes Mutina	HUN	Roma	07/26/2009
1:56.51 sf	Evelyn Verraszto	HUN	Roma	07/26/2009
1:56.54	Femke Heemskerck	NED		03/15/2008
1:56.57 r	Coralie Balmy	FRA	Beijing	08/09/2008
1:56.60	Bronte Barratt	AUS	Sydney, AUS	03/22/2008
1:56.60 r	Stephanie Rice	AUS	Beijing	08/09/2008
1:56.62 sf	Caitlin McClatchey	GBR	Roma	07/26/2009
1:56.64	Franziska Van Almsick	GER	Not Entered	08/04/2002
1:56.66	Rebecca Adlington	GBR		03/30/2008
1:56.73	Julia Smit	USA	Omaha	06/29/2008
1:56.87	Camelia Potec	ROU	Beijing	08/09/2008
1:56.89	Bin Lu	CHN	Rome, ITA	09/11/1994
1:56.97	Genevieve Saumur	CAN	Roma	07/26/2009

All Time Top U.S. Performers

1:54.96	Allison Schmitt	2009
1:55.29 sf	Dana Vollmer	2009
1:55.78	Katie Hoff	2008
1:56.43 r	Natalie Coughlin	2007
1:56.73	Julia Smit	2008
1:57.41	Lindsay Mintenko	2003

World Record Progressions

1:54.47	Federica Pellegrini	ITA	Riccione	03/08/2009
1:54.82	Federica Pellegrini	ITA	Beijing	08/09/2008
1:55.45 p	Federica Pellegrini	ITA	Beijing	08/09/2008
1:55.52	Laure Manaudou	FRA	Melbourne	03/25/2007
1:56.47 sf	Federica Pellegrini	ITA	Melbourne	03/25/2007
1:56.64	Franziska Van Almsick	GER	Not Entered	08/04/2002
1:56.78	Franziska Van Almsick	GER	Rome	09/06/1994
1:57.55	Heike Friedrich	GER	Berlin	06/18/1986
1:57.75	Kristin Otto	GER	Magdeburg	05/23/1984
1:58.23	Sippy Woodhead	USA	Tokyo	09/03/1979
1:58.43	Sippy Woodhead	USA	San Juan	07/03/1979
1:58.53	Sippy Woodhead	USA	Berlin	08/22/1978
1:59.26	Kornelia Ender	GER	Montreal	07/22/1976
1:59.78	Kornelia Ender	GER	Berlin	06/02/1976
2:02.27	Kornelia Ender	GER	Dresden	03/15/1975
2:02.94	Shirley Babashoff	USA	Concord	08/23/1974
2:03.22	Kornelia Ender	GER	Vienna	08/22/1974
2:03.56	Shane Gould	AUS	Munich	09/01/1972
2:05.21	Shirley Babashoff	USA	Chicago	08/14/1972
2:05.80	Shane Gould	AUS	Sydney	11/26/1971
2:06.50	Shane Gould	AUS	London	05/01/1971
2:06.70	Deborah Meyer	USA	Los Angeles	08/28/1968
2:08.80	Edith Wetzell	USA	Lincoln	08/02/1968
2:09.50	Sue Pedersen	USA	Santa Clara	07/06/1968
2:09.70	Pamela Kruse	USA	Philadelphia	08/19/1967
2:10.50	Lillian Watson	USA	Lincoln	08/19/1966
2:11.60	Dawn Fraser	AUS	Sydney	02/27/1960
2:14.70	Dawn Fraser	AUS	Melbourne	02/22/1958

Women's 200 LCM Freestyle

2:17.70 Dawn Fraser AUS Adelaide 02/10/1958

American Record Progressions

1:55.78	Katie Hoff	08/09/2008
1:55.88	Katie Hoff	06/29/2008
1:56.08	Katie Hoff	02/15/2008
1:56.43 r	Natalie Coughlin	03/25/2007
1:57.41	Lindsay Mintenko	07/20/2003
1:57.90	Nicole Haislett	07/27/1992
1:58.23	Sippy Woodhead	09/02/1979
1:58.43	Sippy Woodhead	07/03/1979
1:58.53	Sippy Woodhead	08/22/1978
1:59.49	Sippy Woodhead	08/03/1978
2:02.39	Shirley Babashoff	08/21/1975
2:02.50	Shirley Babashoff	07/23/1975
2:02.54	Shirley Babashoff	06/19/1975
2:02.94	Shirley Babashoff	08/31/1974
2:04.33	Shirley Babashoff	09/01/1972
2:05.21	Shirley Babashoff	08/14/1972
2:06.70	Deborah Meyer	08/24/1968
2:08.80	Edith Wetzel	08/02/1968
2:09.50	Sue Pederson	07/06/1968
2:09.70	Pamela Kruse	08/19/1967
2:10.50	Pokey Watson	08/19/1966
2:11.40	Martha Randall	08/06/1966
2:11.60	Pokey Watson	07/29/1966
2:12.30	Martha Randall	08/15/1965
2:12.60	Pokey Watson	07/12/1964
2:14.60	Carolyn House	08/19/1962
2:15.10	Chris von Saltza	08/04/1960

Women's 400 LCM Freestyle

All Time Top Performances

3:59.15	Federica Pellegrini	ITA	Roma	07/26/2009	4:02.51	Allison Schmitt	2009
					4:03.85	Janet Evans	1988
					4:03.92	Kate Ziegler	2008
4:00.41	Federica Pellegrini	ITA		03/15/2008	4:05.09	Caroline Burckle	2008
					4:05.80	Brooke Bennett-Tassone	2000
4:00.60	Joanne Jackson	GBR	Roma	07/26/2009	4:06.19	Kaitlin Sandeno	2004
4:00.66	Joanne Jackson	GBR		03/16/2009	4:06.31	Hayley Peirsol	2006
4:00.79	Rebecca Adlington	GBR	Roma	07/26/2009	4:07.07	Diana Munz	2000
					4:07.10	Tiffany Cohen	1984
4:00.89	Rebecca Adlington	GBR		03/16/2009	4:07.12	Kim Linehan	1979
					4:07.15	Sippy Woodhead	1978
4:01.53	Federica Pellegrini	ITA	Eindhoven, Netherlands	03/18/2008	4:07.20	Chloe Sutton	2009
					4:07.89	Tami Bruce	1988
4:01.96 p	Federica Pellegrini	ITA	Roma	07/26/2009	4:08.05	Mitzi Kremer	1988
					4:08.18	Amber McDermott	2009
4:02.13	Laure Manaudou	FRA	Budapest, Hungary	07/31/2006	4:08.75	Lindsay Mintenko	1999
					4:08.91	Kelsey Ditto	2008
4:02.19 p	Federica Pellegrini	ITA	Beijing	08/09/2008	4:09.01	Ashley Chandler	2007
					4:09.25	Kristen Heiss	2008

All Time Top Performers

3:59.15	Federica Pellegrini	ITA	Roma	07/26/2009	4:09.58	Andrea Dickson	1988
					4:09.60	Dagny Knutson	2009
4:00.60	Joanne Jackson	GBR	Roma	07/26/2009	4:09.73 p	Maggie Bird	2008
4:00.79	Rebecca Adlington	GBR	Roma	07/26/2009	4:09.78	Kalyn Keller	2004
					4:09.82	Marybeth Linzmeier	1982
4:02.13	Laure Manaudou	FRA	Budapest, Hungary	07/31/2006			
4:02.20	Katie Hoff	USA	Mizzou Aquatic Cente	02/15/2008			

World Record Progressions

4:02.51	Allison Schmitt	USA	Roma	07/26/2009	4:00.41	Federica Pellegrini	ITA	Pescara	06/27/2009
4:03.29	Coralie Balmy	FRA	Roma	07/26/2009	4:00.66	Joanne Jackson	GBR	Sheffield	03/16/2009
4:03.41	Camelia Potec	ROU	Roma	07/26/2009	4:01.53	Federica Pellegrini	ITA	Eindhoven, Netherlands	03/18/2008
4:03.85	Janet Evans	USA	Seoul, South Korea	09/01/1988	4:02.13	Laure Manaudou	FRA	Budapest, Hungary	07/31/2006
4:03.92	Kate Ziegler	USA	Omaha	06/29/2008	4:03.03	Laure Manaudou	FRA	Tours	05/12/2006
4:04.16 p	Bronte Barratt	AUS	Beijing	08/09/2008	4:03.85	Janet Evans	USA	Seoul, South Korea	09/22/1988
4:04.23	Otylia Jędrzejczak	POL	Melbourne	03/25/2007	4:05.45	Janet Evans	USA	Orlando	12/20/1987
4:04.54	Ophelie-Cyrielle Etienne	FRA	Roma	07/26/2009	4:06.28	Tracey Wickham	AUS	Berlin	08/24/1978
4:04.73	Linda Mackenzie	AUS	Sydney, AUS	03/22/2008	4:07.15	Sippy Woodhead	USA	Berlin	08/24/1978
4:05.00	Yan Chen	CHN		01/01/1997	4:07.66	Kim Linehan	USA	Woodlands	08/02/1978
4:05.09	Caroline Burckle	USA	Omaha	06/29/2008	4:09.89	Petra Thumer	GER	Montreal	07/20/1976
4:05.19	Ai Shibata	JPN	Melbourne	03/25/2007	4:11.69	Barbara Krause	GER	Berlin	06/03/1976
4:05.40 p	Lotta Friis	DEN	Roma	07/26/2009	4:14.76	Shirley Babashoff	USA	Long Beach	06/20/1975
4:05.80	Brooke Bennett-Tassone	USA	Sydney, AUS	09/16/2000	4:15.77	Shirley Babashoff	USA	Concord	08/22/1974
4:05.84	Anke Mohring	GER		01/01/1989	4:17.33	Heather Harper	USA	Santa Clara	06/28/1974
4:05.94	Heike Friedrich	GER		01/01/1988	4:18.07	Keena Rothhammer	USA	Louisville	03/22/1973
4:05.98	Kylie Palmer	AUS		05/15/2008	4:19.04	Shane Gould	AUS	Munich	08/30/1972
4:06.13	Camille Muffat	FRA		04/01/2009	4:21.20	Shane Gould	AUS	Santa Clara	07/09/1971
4:06.19	Kaitlin Sandeno	USA	Athens, Greece	08/14/2004	4:22.60	Karen Moras	AUS	London	04/30/1971
					4:24.30	Deborah Meyer	USA	Los Angeles	08/20/1970
4:06.19	Jazmin Carlin	GBR	Sheffield	03/16/2009	4:24.50	Deborah Meyer	USA	Los Angeles	08/25/1968
					4:26.70	Deborah Meyer	USA	Lincoln	08/01/1968
					4:29.00	Deborah Meyer	USA	Philadelphia	08/18/1967
					4:32.60	Deborah Meyer	USA	Winnipeg	07/27/1967

All Time Top U.S. Performers

4:02.20	Katie Hoff			2008
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Women's 400 LCM Freestyle

4:36.40	Pamela Kruse	USA	Santa Clara	07/07/1967
4:36.80	Pamela Kruse	USA	Ft. Lauderdale	06/30/1967
4:38.00	Martha Randall	USA	Monaco	08/26/1965
4:39.20	Martha Randall	USA	Maumee	08/14/1965

American Record Progressions

4:02.20	Katie Hoff			02/15/2008
4:03.85	Janet Evans			09/22/1988
4:05.45	Janet Evans			12/20/1987
4:07.10	Tiffany Cohen			07/31/1984
4:07.12	Kim Linehan			07/27/1979
4:07.15	Sippy Woodhead			08/24/1978
4:07.66	Kim Linehan			08/02/1978
4:10.46	Shirley Babashoff			07/20/1976
4:12.85	Shirley Babashoff			06/18/1976
4:14.76	Shirley Babashoff			06/20/1975
4:15.77	Shirley Babashoff			08/22/1974
4:17.33	Heather Greenwood			06/28/1974
4:18.07	Keena Rothhammer			03/22/1973
4:21.99	Keena Rothhammer			08/03/1972
4:22.81	Ann Simmons			09/09/1971
4:24.30	Deborah Meyer			08/20/1970
4:24.50	Deborah Meyer			08/25/1968
4:26.70	Deborah Meyer			08/01/1968
4:29.00	Deborah Meyer			08/18/1967
4:32.60	Deborah Meyer			07/27/1967
4:36.40	Pamela Kruse			07/07/1967
4:36.80	Pamela Kruse			06/30/1967
4:38.00	Martha Randall			08/26/1965
4:39.20	Martha Randall			08/14/1965
4:39.50	Marily Ramenofsky			08/31/1964
4:41.70	Marily Ramenofsky			08/01/1964
4:42.00	Marily Ramenofsky			07/11/1964
4:44.50	Chris von Saltza			08/05/1960

Women's 800 LCM Freestyle

All Time Top Performances

8:14.10	Rebecca Adlington	GBR	Beijing	08/09/2008	8:26.41	Hayley Peirsol	2007
					8:27.26 p	Wendy Trott	2009
					8:27.60	Chloe Sutton	2009
8:15.92	Lotta Friis	DEN	Roma	07/26/2009	8:27.80	Marybeth Linzmeier	1981
8:16.22	Janet Evans	USA	Tokyo, JPN	08/20/1989	8:27.90	Amber McDermott	2009
8:16.66	Joanne Jackson	GBR	Roma	07/26/2009	8:28.82	Michele Richardson	1984
8:16.70	Camelia Potec	ROU		03/15/2008	8:29.35	Sippy Woodhead	1978
8:16.81	Rebecca Adlington	GBR	Glasgow	06/26/2009	8:30.00	Tami Bruce	1988
					8:30.05	Erika Hansen	1992
8:17.12	Janet Evans	USA		01/01/1988	8:30.49	Leslie Daland	1986
8:17.21	Alessia Filippi	ITA	Roma	07/26/2009	8:30.89	Kathy Hettche	1986
8:17.81	Joanne Jackson	GBR		03/15/2008	8:31.47	Katie Carroll	2008
8:17.90	Rebecca Adlington	GBR	Roma	07/26/2009	8:31.66	Haley Anderson	2009
					8:31.95	Ashley Steenvoorden	2009
					8:31.98	Kim Brown	1987
					8:32.26	Caroline Burckle	2008

All Time Top Performers

8:14.10	Rebecca Adlington	GBR	Beijing	08/09/2008
8:15.92	Lotta Friis	DEN	Roma	07/26/2009
8:16.22	Janet Evans	USA	Tokyo, JPN	08/20/1989
8:16.66	Joanne Jackson	GBR	Roma	07/26/2009
8:16.70	Camelia Potec	ROU		03/15/2008
8:17.21	Alessia Filippi	ITA	Roma	07/26/2009
8:18.52	Kate Ziegler	USA	Melbourne	03/25/2007
8:18.80	Laure Manaudou	FRA	Melbourne	03/25/2007
8:19.53	Anke Mohring	GER		01/01/1987
8:19.67	Brooke Bennett-Tassone	USA	Sydney, AUS	09/16/2000
8:19.70	Katie Hoff	USA	McCorkle Aquatic Pav	04/04/2008
8:22.09	Astrid Strauss	GER		01/01/1988
8:22.66	Yana Klochkova	UKR		01/01/2000
8:22.81 p	Kylie Palmer	AUS	Beijing	08/09/2008
8:22.93	Julie McDonald	AUS		01/01/1988
8:23.07 p	Elena Sokolova	RUS	Beijing	08/09/2008
8:23.66	Hannah Stockbauer	GER	Barcelona	07/20/2003
8:23.68	Sachiko Yamada	JPN		01/01/2006
8:23.76	Ai Shibata	JPN		04/15/2008
8:23.83	Jana Henke	GER		01/01/2002
8:24.08	Erika Villaecija Garcia	ESP	Eindhoven, Netherlands	03/18/2008
8:24.15	Janelle Elford	AUS		01/01/1988
8:24.19	Diana Munz	USA	Barcelona	07/20/2003
8:24.29	Kaitlin Sandeno	USA	Sydney, AUS	09/16/2000
8:24.37 p	Xuanxu Li	CHN	Beijing	08/09/2008

All Time Top U.S. Performers

8:16.22	Janet Evans	1989
8:18.52	Kate Ziegler	2007
8:19.67	Brooke Bennett-Tassone	2000
8:19.70	Katie Hoff	2008
8:24.19	Diana Munz	2003
8:24.29	Kaitlin Sandeno	2000
8:24.70	Kim Linehan	1979
8:24.95	Tiffany Cohen	1984
8:26.33	Kalyn Keller	2004

World Record Progressions

8:14.10	Rebecca Adlington	GBR	Beijing	08/09/2008
8:16.22	Janet Evans	USA	Tokyo, JPN	08/20/1989
8:17.12	Janet Evans	USA	Orlando	03/22/1988
8:19.53	Anke Mohring	GER	Strasbourg	08/19/1987
8:22.44	Janet Evans	USA	Clovis	07/27/1987
8:24.62	Tracey Wickham	AUS	Edmonton	08/05/1978
8:30.53	Tracey Wickham	AUS	Brisbane	02/21/1978
8:31.30	Michelle Ford	AUS	Sydney	01/21/1978
8:34.86	Michelle Ford	AUS	Brisbane	01/06/1978
8:35.04	Petra Thumer	GER	Laipzig	07/09/1977
8:37.14	Petra Thumer	GER	Montreal	07/25/1976
8:39.63	Shirley Babashoff	USA	Long Beach	06/21/1976
8:40.68	Petra Thumer	GER	Berlin	06/04/1976
8:43.48	Jennifer Turrall	AUS	London	03/31/1975
8:47.50	Jo Ann Harshbarger	USA	Concord	08/25/1974

American Record Progressions

8:16.22	Janet Evans	08/20/1989
8:17.12	Janet Evans	03/22/1988
8:22.44	Janet Evans	07/27/1987
8:24.70	Kim Linehan	08/16/1979
8:29.35	Sippy Woodhead	08/28/1978
8:31.99	Kim Linehan	08/06/1978
8:36.62	Alice Browne	08/27/1977
8:37.59	Shirley Babashoff	07/25/1976
8:39.63	Shirley Babashoff	06/21/1976
8:46.00	Shirley Babashoff	06/19/1976
8:46.51	Heather Greenwood	06/21/1975
8:47.50	Keena Rothhammer	08/25/1974
8:53.68	Keena Rothhammer	09/03/1972
8:53.83	Jo Ann Harshbarger	08/06/1972
8:59.37	Ann Simmons	09/10/1971
9:09.60	Vicki King	08/28/1971
9:10.40	Deborah Meyer	08/28/1968
9:17.80	Deborah Meyer	08/04/1968

Women's 800 LCM Freestyle

9:19.00	Deborah Meyer	07/21/1968
9:22.90	Deborah Meyer	07/29/1967
9:35.80	Deborah Meyer	07/09/1968
9:36.90	Sharon Finneran	09/28/1964
9:47.30	Patricia Carreto	07/30/1964
9:51.60	Carolyn House	08/26/1962

Women's 1500 LCM Freestyle

All Time Top Performances

15:42.54	Kate Ziegler	USA	Mission Viejo, Calif	06/14/2007	16:08.80	Brooke Bennett-Tassone	2000
					16:08.96 p	Wendy Trott	2009
					16:11.97	Tiffany Cohen	1983
15:44.93	Alessia Filippi	ITA	Roma	07/26/2009	16:12.56 p	Chloe Sutton	2009
15:46.30	Lotta Friis	DEN	Roma	07/26/2009	16:12.57	Michele Richardson	1984
15:52.10	Janet Evans	USA		01/01/1988	16:12.57	Michele Richardson	1984
15:52.84	Alessia Filippi	ITA		03/15/2008	16:14.12	Julie Kole	1989
15:53.05	Kate Ziegler	USA	Melbourne	03/25/2007	16:15.88	Leslie Daland	1986
15:54.23	Janet Evans	USA		01/01/1990	16:16.31	Adrienne Binder	2003
15:55.01	Kate Ziegler	USA	Victoria	08/17/2006	16:17.17	Laura Conway	2005
15:55.38	Flavia Rigamonti	SUI	Melbourne	03/25/2007	16:18.43	Katie Hoff	2007
15:55.63	Camelia Potec	ROU	Roma	07/26/2009	16:18.94	Karen LaBerge	1982

All Time Top Performers

15:42.54	Kate Ziegler	USA	Mission Viejo, Calif	06/14/2007	16:19.03	Alexis Larsen	1993
					16:19.59	Kim Brown	1987
					16:20.58	Tobie Smith	1995
15:44.93	Alessia Filippi	ITA	Roma	07/26/2009	16:20.62 p	Haley Anderson	2009
15:46.30	Lotta Friis	DEN	Roma	07/26/2009	16:21.24	Kelsey Ditto	2008
15:52.10	Janet Evans	USA		01/01/1988	16:21.33	Kaitlin Sandeno	1999
15:55.38	Flavia Rigamonti	SUI	Melbourne	03/25/2007			
15:55.63	Camelia Potec	ROU	Roma	07/26/2009			
15:57.36	Hayley Peirsol	USA	Victoria	08/17/2006			
15:57.57	Kristel Kobrich	CHI	Roma	07/26/2009			
15:58.55	Ai Shibata	JPN	Melbourne	03/25/2007			
16:00.18	Hannah Stockbauer	USA	Barcelona	07/20/2003			
16:00.25	Erika Villaecija Garcia	ESP	Roma	07/26/2009			
16:03.01	Laure Manaudou	FRA		05/10/2006			
16:03.30	Diana Munz	USA	Federal Way, WA	03/28/2000			
16:04.49	Kim Linehan	USA		01/01/1979			
16:04.84	Hayley Lewis	AUS		01/01/1993			
16:06.13	Sachiko Yamada	JPN	Orlando, Florida	02/10/2004			
16:06.63	Tracey Wickham	AUS		01/01/1979			
16:07.73	Brittany Reimer	CAN	Montreal	07/24/2005			
16:07.94	Anastasia Ivanenko	RUS	Moscow, Russia	02/03/2007			
16:08.02	Marybeth Linzmeier			01/01/1979			
16:08.64	Kalyn Keller	USA	College Park, Md.	08/05/2003			
16:08.80	Brooke Bennett-Tassone			01/01/2000			
16:08.96 p	Wendy Trott		Roma	07/26/2009			
16:09.66	Melissa Gorman	AUS		01/01/2009			
16:10.11	Janelle Elford	AUS	Perth	02/28/1987			

World Record Progressions

15:42.54	Kate Ziegler	USA	Mission Viejo, Calif	06/14/2007	15:52.10	Janet Evans	USA	Orlando	03/26/1988
					16:00.73	Janet Evans	USA	Clovis	07/31/1987
					16:04.49	Kim Linehan	USA	Ft. Lauderdale	08/19/1979
					16:06.63	Tracey Wickham	AUS	Perth	02/25/1979
					16:14.93	Tracey Wickham	AUS	Brisbane	02/08/1978
					16:24.60	Alice Browne	USA	Mission Viejo	08/25/1977
					16:33.94	Jennifer Turrall	AUS	Concord	08/25/1974
					16:39.28	Jennifer Turrall	AUS	Los Angeles	08/03/1974
					16:43.40	Jennifer Turrall	AUS	Sydney	07/13/1974
					16:48.20	Jennifer Turrall	AUS	Sydney	01/09/1974
					16:49.90	Jennifer Turrall	AUS	Sydney	12/09/1973
					16:54.14	Jo Ann Harshbarger	USA	Louisville	08/25/1973
					16:56.90	Shane Gould	AUS	Adelaide	02/11/1973
					17:00.60	Shane Gould	AUS	Sydney	12/12/1971
					17:19.90	Deborah Meyer	USA	Loisville	08/17/1969
					17:31.20	Deborah Meyer	USA	Los Angeles	07/21/1968
					17:50.20	Deborah Meyer	USA	Philadelphia	08/20/1967
					18:11.10	Deborah Meyer	USA	Santa Clara	07/09/1967
					18:12.90	Patricia Carreto	USA	Lincoln	08/21/1966
					18:23.70	Patricia Carreto	USA	Los Altos	08/12/1965
					18:30.50	Patricia Carreto	USA	Los Altos	07/30/1964
					18:44.00	Carolyn House	USA	Chicago	08/16/1962
					19:02.80	Margareta Rylander	SWE	Uppsala	06/27/1961
					19:25.70	Isla Konrads	AUS	Sydney	01/14/1960

All Time Top U.S. Performers

15:42.54	Kate Ziegler	2007
15:52.10	Janet Evans	1988
15:57.36	Hayley Peirsol	2006
16:03.30	Diana Munz	2000
16:04.49	Kim Linehan	1979
16:08.02	Marybeth Linzmeier	1979
16:08.64	Kalyn Keller	2003

American Record Progressions

15:42.54	Kate Ziegler	06/14/2007
15:52.10	Janet Evans	03/26/1988
16:00.73	Janet Evans	07/31/1987
16:04.49	Kim Linehan	08/19/1979
16:15.66	Kim Linehan	06/25/1978

Women's 1500 LCM Freestyle

16:24.60	Alice Browne	08/21/1977
16:37.90	Alice Browne	08/07/1977
16:39.54	Jo Ann Harshbarger	08/25/1974
16:49.41	Karen Hazen	06/30/1974
16:54.14	Jo Ann Harshbarger	08/25/1973
17:15.67	Jo Ann Harshbarger	06/24/1973
17:19.20	Cathy Calhoun	08/28/1971
17:19.90	Deborah Meyer	08/17/1969
17:31.20	Deborah Meyer	07/21/1968
17:50.20	Deborah Meyer	08/20/1967
18:11.10	Deborah Meyer	07/09/1967
18:12.90	Patricia Carreto	08/21/1966
18:27.30	Patricia Carreto	08/12/1965
18:30.50	Patricia Carreto	07/30/1964
18:44.00	Carolyn House	08/16/1962

Women's 50 LCM Backstroke

All Time Top Performances

27.06	Jing Zhao	CHN	Roma	07/26/2009
27.23	Daniela Samulski	GER	Roma	07/26/2009
27.28	Chang Gao	CHN	Roma	07/26/2009
27.31	Anastasia Zueva	RUS	Roma	07/26/2009
27.38 sf	Anastasia Zueva	RUS	Roma	07/26/2009
27.39 sf	Daniela Samulski	GER	Roma	07/26/2009
27.47	Anastasia Zueva	RUS	Moscow	04/15/2009
27.48	Anastasia Zueva	RUS	Moscow	04/15/2009
27.51 sf	Sophie Edington	AUS	Roma	07/26/2009
27.56 sf	Anastasia Zueva	RUS	Roma	07/26/2009

28.51	Haley Clark			2001
28.57	Lauren Rogers			2009
28.86 p	Elizabeth Pelton			2009

World Record Progressions

27.06	Jing Zhao	CHN	Roma	07/26/2009
27.61	Daniela Samulski	GER		06/26/2009
27.67	Jing Zhao	CHN		04/09/2009

American Record Progressions

27.80	Hayley McGregory			06/05/2008
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All Time Top Performers

27.06	Jing Zhao	CHN	Roma	07/26/2009
27.23	Daniela Samulski	GER	Roma	07/26/2009
27.28	Chang Gao	CHN	Roma	07/26/2009
27.31	Anastasia Zueva	RUS	Roma	07/26/2009
27.51 sf	Sophie Edington	AUS	Roma	07/26/2009
27.57 sf	Aleksandra Gerasimenya	BLR	Roma	07/26/2009
27.70 sf	Fabiola Molina	BRA	Roma	07/26/2009
27.70 sf	Emily Seebohm	AUS	Roma	07/26/2009
27.73 sf	Aya Terakawa	JPN	Roma	07/26/2009
27.77 sf	Hinkelien Schreuder	NED	Roma	07/26/2009
27.80	Hayley McGregory	USA	UT Swim Center	06/05/2008
27.88 sf	Shiho Sakai	JPN	Roma	07/26/2009
27.92 sf	Gemma Spofforth	GBR	Roma	07/26/2009
28.05 sf	Sanja Jovanovic	CRO	Eindhoven, Netherlands	06/01/2008
28.09	Li Yang	CHN		10/01/2007
28.10	Mercedes Peris Minguet	ESP		03/15/2008
28.11	Nina Zhivanevskaya	ESP	Eindhoven, Netherlands	03/18/2008
28.13	Tianlongzi Xu	CHN		04/01/2009
28.16 sf	Leila Vaziri	USA	Melbourne	03/25/2007
28.19	Janine Pietsch	GER	Berlin, GER	05/25/2005
28.24	Tayliah Zimmer	AUS		03/01/2008
28.25	Sandra Voelker	GER	Sydney, AUS	08/01/2000
28.25	Reiko Nakamura	JPN		06/01/2008
28.26	Miyuki Takemura	JPN		06/01/2009
28.27 p	Elena Gemo	ITA	Roma	07/26/2009

All Time Top U.S. Performers

27.79	Demerae Christianson			2005
27.80	Hayley McGregory			2008
27.81 r	Liz Johnson			2009
28.12 r	Alexa Birmingham			2009
28.37 r	Rachel Bootsma			2009
28.43 r	Staci Stratton			2009
28.49	Natalie Coughlin			2001

Women's 100 LCM Backstroke

All Time Top Performances

					1:00.50	Missy Franklin		2009
58.12	Gemma Spofforth	GBR	Roma	07/26/2009	1:00.69 p	Elizabeth Beisel		2009
					1:00.69	Jennifer Connolly		2009
58.18	Anastasia Zueva	RUS	Roma	07/26/2009	1:00.76 sf	Lauren Rogers		2008
58.48 sf	Anastasia Zueva	RUS	Roma	07/26/2009	1:00.77	Lea Maurer		1998
58.74 sf	Gemma Spofforth	GBR	Roma	07/26/2009	1:00.82 r	Amanda Faulkner		2009
					1:00.84	Janie Wagstaff		1992
58.77 sf	Kirsty Coventry	ZIM	Beijing	08/09/2008	1:00.86 p	Leila Vaziri		2008
58.78 p	Gemma Spofforth	GBR	Roma	07/26/2009	1:00.92 sf	Presley A Bard		2008
					1:00.97 p	Mei Christensen		2009
58.88	Emily Seebohm	AUS	Roma	07/26/2009	1:01.10	Janie Wagstaff		1991
58.94 r	Natalie Coughlin	USA	Beijing	08/09/2008	1:01.11	BJ Bedford		1998
58.96	Natalie Coughlin	USA	Beijing	08/09/2008	1:01.12 sf	Katharine Riefenstahl		2008
58.96 r	Gemma Spofforth	GBR	Roma	08/01/2009	1:01.12 p	Melissa Marik		2009
					1:01.13	Haley Clark		2004
					1:01.14	Melissa Corfe		2008
					1:01.19	Beth Botsford		1996
					1:01.20	Betsy Mitchell		1986
					1:01.30 p	Mary Beck		2008

All Time Top Performers

58.12	Gemma Spofforth	GBR	Roma	07/26/2009
58.18	Anastasia Zueva	RUS	Roma	07/26/2009
58.77 sf	Kirsty Coventry	ZIM	Beijing	08/09/2008
58.88	Emily Seebohm	AUS	Roma	07/26/2009
58.94 r	Natalie Coughlin	USA	Beijing	08/09/2008
59.11 p	Hayley McGregory	USA	Minneapolis, Minnesota	07/29/2008
59.14	Shiho Sakai	JPN	Roma	07/26/2009
59.21	Margaret Hoelzer	USA	Omaha	06/29/2008
59.28	Jing Zhao	CHN	Roma	07/26/2009
59.36 p	Reiko Nakamura	JPN	Beijing	08/09/2008
59.50 sf	Laure Manaudou	FRA	Eindhoven, Netherlands	03/18/2008
59.55 sf	Elizabeth Simmonds	GBR	Roma	07/26/2009
59.67	Aya Terakawa	JPN		03/15/2008
59.77 sf	Daniela Samulski	GER	Roma	07/26/2009
59.77 r	Rachel Bootsma	USA	Federal Way, WA	08/14/2009
59.83	Hanae Ito	JPN		04/15/2008
59.84	Sophie Edington	AUS	Sydney, AUS	03/22/2008
59.84 p	Chang Gao	CHN	Roma	07/26/2009
59.95	Belinda Hocking	AUS		03/15/2008
1:00.00	Esther Baron	FRA		03/15/2008
1:00.07	Fabiola Molina	BRA	Roma	07/26/2009
1:00.16	Cihong He	CHN	Rome, ITA	09/11/1994
1:00.19	Alexianne Castel	FRA		03/15/2008
1:00.21	Diana Mocanu	ROU	Sydney, AUS	08/01/2000
1:00.21	Yanyan Chen	CHN		03/15/2008

All Time Top U.S. Performers

58.94 r	Natalie Coughlin	2008
59.11 p	Hayley McGregor	2008
59.21	Margaret Hoelzer	2008
59.77 r	Rachel Bootsma	2009
1:00.44 r	Mary Descenza	2008
1:00.47 p	Elizabeth Pelton	2009

World Record Progressions

58.77 sf	Kirsty Coventry	ZIM	Beijing	08/09/2008
58.97	Natalie Coughlin	USA	Omaha	06/29/2008
59.03 p	Natalie Coughlin	USA	Omaha	06/29/2008
59.15 p	Hayley McGregory	USA	Omaha	06/29/2008
59.21 p	Natalie Coughlin	USA	Mizzou Aquatic Cente	02/15/2008
59.44	Natalie Coughlin	USA	Melbourne	03/27/2007
59.58	Natalie Coughlin	USA	Fort Lauderdale, FL	08/13/2002
1:00.16	Cihong He	CHN	Roma	09/10/1994
1:00.31	Krisztina Egerszegi	HUN	Athens	08/22/1991

American Record Progressions

58.94 r	Natalie Coughlin	08/09/2008
58.97	Natalie Coughlin	06/30/2008
59.03 p	Natalie Coughlin	06/29/2008
59.15 p	Hayley McGregor	06/29/2008
59.21 p	Natalie Coughlin	02/15/2008
59.44	Natalie Coughlin	03/25/2007
59.58	Natalie Coughlin	08/12/2002
1:00.18	Natalie Coughlin	07/28/2001
1:00.37	Natalie Coughlin	07/28/2001

Women's 200 LCM Backstroke

All Time Top Performances

2:04.81	Kirsty Coventry	ZIM	Roma	07/26/2009	2:08.53	Natalie Coughlin	2002
2:04.94	Anastasia Zueva	RUS	Roma	07/26/2009	2:08.60	Betsy Mitchell	1986
2:05.24	Kirsty Coventry	ZIM	Beijing	08/09/2008	2:09.09	Janie Wagstaff	1991
2:05.86 sf	Kirsty Coventry	ZIM	Roma	07/26/2009	2:09.16	Missy Franklin	2009
2:06.09	Margaret Hoelzer	USA	Omaha	06/29/2008	2:09.22	Kristen Heiss	2009
2:06.23	Margaret Hoelzer	USA	Beijing	08/09/2008	2:09.95	Katie Hoff	2008
2:06.39	Kirsty Coventry	ZIM	Mizzou Aquatic Cente	02/15/2008	2:09.98 p	Katharine Riefenstahl	2009
2:06.39	Elizabeth Beisel	USA	Roma	07/26/2009	2:10.00	Mary Descenza	2008
2:06.62	Krisztina Egerszegi	HUN	Athens, GRE	08/25/1991	2:10.57	Teresa Crippen	2007
2:06.64	Laure Manaudou	FRA	Dunkerque, FRA	04/20/2008	2:10.65	Lea Maurer	1992
					2:10.66	Beth Botsford	1996
					2:10.87	Beth Barr	1988
					2:10.97	BJ Miller	1993
					2:10.99 p	Hannah Ross	2009
					2:11.18	Julia Smit	2007
					2:11.19	Ashley Jones	2009
					2:11.20	Kathleen Hersey	2009
					2:11.31	Whitney Hedgepeth	1993
					2:11.31	Madison White	2009
					2:11.36 sf	Morgan Scroggy	2008
					2:11.48	Kelly Harrigan	2007

All Time Top Performers

2:04.81	Kirsty Coventry	ZIM	Roma	07/26/2009
2:04.94	Anastasia Zueva	RUS	Roma	07/26/2009
2:06.09	Margaret Hoelzer	USA	Omaha	06/29/2008
2:06.39	Elizabeth Beisel	USA	Roma	07/26/2009
2:06.62	Krisztina Egerszegi	HUN	Athens, GRE	08/25/1991
2:06.64	Laure Manaudou	FRA	Dunkerque, FRA	04/20/2008
2:06.66	Gemma Spofforth	GBR	Roma	07/26/2009
2:07.13	Reiko Nakamura	JPN	Beijing	08/09/2008
2:07.21 sf	Elizabeth Simmonds	GBR	Roma	07/26/2009
2:07.40	Cihong He	CHN	Rome, ITA	09/11/1994
2:07.41	Meagen Nay	AUS		03/15/2008
2:07.55	Alexianne Castel	FRA		03/15/2008
2:07.69	Hayley McGregor	USA		06/29/2008
2:07.87	Jing Zhao	CHN		03/15/2008
2:08.03	Alessia Filippi	ITA		03/15/2008
2:08.04	Elizabeth Pelton	USA	Roma	07/26/2009
2:08.07 p	Belinda Hocking	AUS	Roma	07/26/2009
2:08.15	Diana Mocanu			01/01/2000
2:08.49 sf	Aya Terakawa	JPN	Roma	07/26/2009
2:08.51	Ying Juan Zhen			10/01/1997
2:08.53	Natalie Coughlin	USA	Fort Lauderdale, FL	08/12/2002
2:08.60	Betsy Mitchell			01/01/1986
2:08.74	Katy Sexton	GBR	Barcelona	07/20/2003
2:08.74	Shiho Sakai	JPN		03/15/2008
2:08.80	Hanae Ito	JPN	Roma	03/15/2008

All Time Top U.S. Performers

2:06.09	Margaret Hoelzer	2008
2:06.39	Elizabeth Beisel	2009
2:07.69	Hayley McGregor	2008
2:08.04	Elizabeth Pelton	2009

World Record Progressions

2:05.24	Kirsty Coventry	Beijing	08/09/2008
2:06.09	Margaret Hoelzer		06/29/2008
2:06.39	Kirsty Coventry	Mizzou Aquatic Cente	02/15/2008
2:06.62	Krisztina Egerszegi	Athens, GRE	08/25/1991

American Record Progressions

2:06.09	Margaret Hoelzer	06/29/2008
2:07.16	Margaret Hoelzer	03/25/2007
2:08.53	Natalie Coughlin	08/16/2002

Women's 50 LCM Breaststroke

All Time Top Performances

29.80	Jessica Hardy	USA	Federal Way, WA	08/04/2009
29.95	Jessica Hardy	USA	Federal Way, WA	08/04/2009
30.05	Yuliya Efimova	RUS		03/15/2008
30.09	Yuliya Efimova	RUS	Roma	07/26/2009
30.11	Rebecca Soni	USA	Roma	07/26/2009
30.16	Sarah Katsoulis	AUS	Roma	07/26/2009
30.17	Valentina Artemyeva	RUS		03/15/2008
30.23	Amanda Reason	CAN		03/15/2008
30.23	Yuliya Efimova	RUS	Moscow	04/15/2009
30.24 p	Yuliya Efimova	RUS	Roma	07/26/2009

31.79 Kristy Kowal 2003

World Record Progressions

29.80	Jessica Hardy	USA	Federal Way, WA	08/04/2009
30.23	Amanda Reason	CAN	Montreal	07/08/2009
30.31	Jade Edmestone	AUS	Melbourne	01/30/2006

American Record Progressions

29.80 Jessica Hardy 08/04/2009

All Time Top Performers

29.80	Jessica Hardy	USA	Federal Way, WA	08/04/2009
30.05	Yuliya Efimova	RUS		03/15/2008
30.11	Rebecca Soni	USA	Roma	07/26/2009
30.16	Sarah Katsoulis	AUS	Roma	07/26/2009
30.17	Valentina Artemyeva	RUS		03/15/2008
30.23	Amanda Reason	CAN		03/15/2008
30.31	Jade Edmestone	AUS		01/29/2006
30.34 p	Kasey Carlson	USA	Roma	07/26/2009
30.38 sf	Moniek Nijhuis	NED	Roma	07/26/2009
30.40	Megan Jendrick	USA	Izmir, Turkey	07/01/2009
30.45	Tarnee White	AUS		03/17/2009
30.53	Annamay Pierse	CAN	Roma	07/26/2009
30.55	Leisel Jones	AUS	Melbourne	03/16/2006
30.57	Zoe Baker	NZL	Manchester, England	08/01/2000
30.64 sf	Xuejan Luo	CHN	Barcelona	07/20/2003
30.77 p	Kerstin Vogel	GER	Roma	07/26/2009
30.81	Tatiane Sakemi	BRA		03/15/2008
30.83	Penelope Heyns	RSA	Long Island, NY	08/01/1999
30.83	Tara Kirk	USA		06/01/2007
30.89	Brooke Hanson	AUS	Montreal	07/24/2005
30.89	Janne Schaefer	GER	Bangkok, Thailand	11/01/2006
30.90	Leiston Pickett	AUS		03/01/2008
30.94	Huijia Chen	CHN		03/15/2008
30.96	Sophie De Ronchi	FRA		03/15/2008
30.99	Randi Wang	CHN		04/15/2009

All Time Top U.S. Performers

29.80	Jessica Hardy	2009
30.11	Rebecca Soni	2009
30.34 p	Kasey Carlson	2009
30.88	Megan Jendrick	2005
31.05	Tara Kirk	2007
31.10	Ariana Kukors	2009
31.12	Sara Nicponski	2009
31.47	Rebecca Ejdervik	2009

Women's 100 LCM Breaststroke

All Time Top Performances

1:04.45	Jessica Hardy	USA	Federal Way	08/04/2009
1:04.84 sf	Rebecca Soni	USA	Roma	07/26/2009
1:04.93	Rebecca Soni	USA	Roma	07/26/2009
1:05.09	Leisel Jones	AUS	Melbourne	03/16/2006
1:05.17	Leisel Jones	AUS	Beijing	08/09/2008
1:05.34	Leisel Jones	AUS	Rome, Italy	06/06/2008
1:05.34	Rebecca Soni	USA	Indianapolis, IN	07/07/2009
1:05.35	Katy Freeman	USA	Federal Way, WA	08/04/2009
1:05.41	Yuliya Efimova	RUS	Roma	07/26/2009
1:05.60	Leisel Jones	AUS	Brisbane	12/05/2006

All Time Top Performers

1:04.45 sf	Jessica Hardy	USA	Federal Way	08/04/2009
1:04.84 sf	Rebecca Soni	USA	Roma	07/26/2009
1:05.09	Leisel Jones	AUS		03/20/2006
1:05.35	Katy Freeman	USA	Federal Way, WA	08/04/2009
1:05.41	Yuliya Efimova	RUS	Roma	07/26/2009
1:05.74	Annamay Pierse	CAN		03/15/2008
1:05.75	Kasey Carlson	USA	Roma	07/26/2009
1:05.86	Sarah Katsoulis	AUS	Roma	07/26/2009
1:06.04	Tarne White	AUS	Sydney, AUS	03/22/2008
1:06.22 p	Megan Jendrick	USA	Weyerhaeus er King County Aquatic	07/23/2009
1:06.34	Tara Kirk	USA	Melbourne	03/25/2007
1:06.38 sf	Rikke Moeller Pedersen	DEN	Roma	07/26/2009
1:06.52	Penelope Heyns	RSA	Sydney, AUS	08/28/1999
1:06.53	Amanda Reason	CAN		03/15/2008
1:06.58 p	Mirna Jukic	AUT	Roma	07/26/2009
1:06.64	Xuejan Luo	CHN	Athens, Greece	08/14/2004
1:06.71	Keri Hehn	USA	Indianapolis, IN	07/07/2009
1:06.76	Sara Nicponski	USA	Indianapolis, IN	07/07/2009
1:06.85	Hui Qi	CHN		03/15/2008
1:06.86	Ilaria Scarcella	ITA		03/15/2008
1:07.01	Sarah Poewe	GER	Roma	07/26/2009
1:07.03	Jade Edmestone	AUS		01/29/2006
1:07.15	Brooke Hanson	AUS	Athens, Greece	08/14/2004
1:07.15	Chiara Boggiatto	ITA		03/15/2008
1:07.20 p	Staciana Winfield	USA	Long Beach, CA	07/07/2004

All Time Top U.S. Performers

1:04.45 sf	Jessica Hardy	2009
1:04.84 sf	Rebecca Soni	2009
1:05.35	Katy Freeman	2009
1:05.75	Kasey Carlson	2009
1:06.22 p	Megan Jendrick	2009

1:06.34	Tara Kirk	2007
1:06.71	Keri Hehn	2009
1:06.76	Sara Nicponski	2009
1:07.20 p	Staciana Winfield	2004
1:07.42	Amanda Beard	2003
1:07.43	Corrie Clark	2009
1:07.47	Ashley Wanland	2009
1:07.79	Kristy Kowal	2000
1:08.02	Annie Chandler	2008
1:08.12	Ariana Kukors	2009
1:08.17	Anita Nall	1992
1:08.29	Amy Balcerzak	2000
1:08.43 sf	Elizabeth Tinnon	2008
1:08.45	Lindsay Payne	2008
1:08.49	Michelle McKeehan	2007
1:08.74 p	Elle Weberg	2008
1:08.84	Abby Macgregor	2009
1:08.85 sf	Jessica Botzum	2008
1:08.86	Alisa Finn	2009
1:08.87	Justine Mueller	2009

World Record Progressions

1:04.45	Jessica Hardy	USA	Federal Way	08/04/2009
1:04.84 sf	Rebecca Soni	USA	Roma	07/26/2009
1:05.09	Leisel Jones	AUS		03/20/2006
1:06.20 sf	Jessica Hardy	USA	Montreal	07/24/2005
1:06.37	Leisel Jones	AUS	Barcelona, Spain	07/22/2003
1:06.52	Penelope Heyns	RSA	Sydney, AUS	08/23/1999

American Record Progressions

1:04.45	Jessica Hardy	08/04/2009
1:04.84 sf	Rebecca Soni	07/26/2009
1:05.34	Rebecca Soni	07/07/2009
1:06.20 sf	Jessica Hardy	07/24/2005
1:07.05	Megan Jendrick	09/18/2000

Women's 200 LCM Breaststroke

All Time Top Performances

2:20.12 sf	Annamay Pierse	CAN	Roma	07/26/2009	2:26.25	Tara Kirk	2004
2:20.22	Rebecca Soni	USA	Beijing	08/09/2008	2:26.41	Laura Sogar	2008
2:20.38	Rebecca Soni	USA	Indianapolis, IN	07/07/2009	2:26.84	Elizabeth Smith	2009
2:20.54	Leisel Jones	AUS		01/29/2006	2:26.90	Elizabeth Tinnon	2009
2:20.58	Leisel Jones	AUS	Barcelona	06/10/2008	2:27.22	Caroline Bruce	2004
2:20.71	Annamay Pierse	CAN		03/15/2008	2:27.26 sf	Ariana Kukors	2008
2:20.72	Leisel Jones	AUS	Melbourne	03/16/2006	2:27.31	Kristen Caverly	2005
2:20.93 sf	Rebecca Soni	USA	Roma	07/26/2009	2:27.38	Jessica Schmitt	2008
2:21.34	Leisel Jones	AUS	Sydney, AUS	03/22/2008	2:27.55	Kristine Julian	1991
2:21.45	Leisel Jones	AUS	Chiba, Japan	08/21/2007	2:27.56 p	Sara Nicponski	2009
					2:27.71	Elle Weberg	2007
					2:27.79	Justine Mueller	2009
					2:27.96	Jill Johnson	1992
					2:28.23	Jilen Siroky	1996
					2:28.69	Dorsey Walker	1991

All Time Top Performers

2:20.12 sf	Annamay Pierse	CAN	Roma	07/26/2009
2:20.22	Rebecca Soni	USA	Beijing	08/09/2008
2:20.54	Leisel Jones	AUS		01/29/2006
2:21.62	Nadja Higl	SRB	Roma	07/26/2009
2:21.97	Mirna Jukic	AUT	Roma	07/26/2009
2:22.24 sf	Joline Hostman	SWE	Roma	07/26/2009
2:22.32	Rie Kaneto	JPN		03/15/2008
2:22.44	Amanda Beard	USA	Long Beach, CA	07/07/2004
2:22.51	Katy Freeman	USA	Federal Way, WA	08/04/2009
2:22.75 sf	Martha McCabe	CAN	Roma	07/26/2009
2:22.83 sf	Nanaka Tamura	JPN	Roma	07/26/2009
2:22.99	Hui Qi	CHN	Hangzhou	04/13/2001
2:23.02	Sara Nordenstam	NOR	Beijing	08/09/2008
2:23.20 sf	Keri Hehn	USA	Roma	07/26/2009
2:23.32 sf	Ilaria Scarcella	ITA	Roma	07/26/2009
2:23.34	Rikke Moeller Pedersen	DEN	Roma	07/26/2009
2:23.62	Yuliya Efimova	RUS		03/15/2008
2:23.64	Penelope Heyns			01/01/1999
2:23.85	Megumi Taneda	JPN	Chiba, Japan	08/21/2007
2:24.03	Agnes Kovacs	HUN	Sydney, AUS	08/01/2000
2:24.04	Kirsty Balfour	GBR	Melbourne	03/16/2006
2:24.12	Masami Tanaka	JPN		04/01/2000
2:24.29	Ashley Wanland	USA	Federal Way, WA	08/04/2009
2:24.41	Nan Luo	CHN		04/01/2002
2:24.47	Valentina Artemyeva	RUS	Moscow	04/01/2009

World Record Progressions

2:20.12 sf	Annamay Pierse	CAN	Roma	07/26/2009
2:20.22	Rebecca Soni	USA	Beijing	08/09/2008
2:20.54	Leisel Jones	AUS		01/29/2006
2:21.72	Leisel Jones	AUS	Montreal	07/24/2005
2:22.44	Amanda Beard	USA	Long Beach, CA	07/07/2004
2:22.96	Leisel Jones	AUS	Brisbane	07/10/2004
2:22.99	Hui Qi	CHN	Hangzhou	04/13/2001
2:22.99	Amanda Beard	USA	Barcelona	07/25/2003

American Record Progressions

2:20.22	Rebecca Soni			08/09/2008
2:22.44	Amanda Beard			07/07/2004
2:22.99	Amanda Beard			07/25/2003

All Time Top U.S. Performers

2:20.22	Rebecca Soni	2008
2:22.44	Amanda Beard	2004
2:22.51	Katy Freeman	2009
2:23.20 sf	Keri Hehn	2009
2:24.29	Ashley Wanland	2009
2:24.56	Kristy Kowal	2000
2:25.35	Anita Nall	1992
2:25.36	Megan Jendrick	2008
2:25.53	Jenna Street	1998
2:25.62	Caitlin Leverenz	2007

Women's 50 LCM Butterfly

All Time Top Performances

25.07 sf	Therese Alshammar	SWE	Roma	07/26/2009
25.28 sf	Marleen Veldhuis	NED	Roma	07/26/2009
25.33	Marleen Veldhuis	NED		03/15/2008
25.44 p	Therese Alshammar	SWE	Roma	07/26/2009
25.46	Therese Alshammar	SWE	Barcelona	06/12/2007
25.48	Therese Alshammar	SWE		03/15/2008
25.48	Marieke Guehrer	AUS	Roma	07/26/2009
25.50	Dara Torres	USA	Indiana University N	07/07/2009
25.53 sf	Ingvild Snildal	NOR	Roma	07/26/2009
25.57	Anna-Karin Kammerling	SWE	Berlin, Germany	07/29/2002

25.50	Dara Torres			2009
25.93	Christine Magnuson			2009
26.00	Jenny Thompson			2003
26.41	Rachel Komisarz			2007
26.50 p	Natalie Coughlin			2005
26.63	Anne-marie Botek			2009
26.63	Anne-marie Botek			2009
26.91	Dana Vollmer			2005
26.91 sf	Margaret Hoelzer			2007
26.94	Morgan Scroggy			2009

World Record Progressions

25.07 sf	Therese Alshammar	SWE	Roma	07/26/2009
25.33	Marleen Veldhuis	NED	Amsterdam	04/19/2009
25.46	Therese Alshammar	SWE	Barcelona	06/13/2007

All Time Top Performers

25.07 sf	Therese Alshammar	SWE	Roma	07/26/2009
25.28 sf	Marleen Veldhuis	NED	Roma	07/26/2009
25.48	Marieke Guehrer	AUS	Roma	07/26/2009
25.50	Dara Torres	USA	Indiana University N	07/07/2009
25.53 sf	Ingvild Snildal	NOR	Roma	07/26/2009
25.57	Anna-Karin Kammerling	SWE	Berlin, Germany	07/29/2002
25.57	Yafei Zhou	CHN	Roma	07/26/2009
25.64	Inge De Bruijn	NED	Barcelona	05/01/2000
25.66	Sarah Sjostrom	SWE	Roma	07/26/2009
25.84 p	Silvia Di Pietro	ITA	Roma	07/26/2009
25.85 sf	Daynara De Paula	BRA	Roma	07/26/2009
25.86 p	Jeanette Ottesen	DEN	Roma	07/26/2009
25.87 sf	Diane Bui Duyet	FRA	Roma	07/26/2009
25.89 p	Inge Dekker	NED	Eindhoven, Netherlands	03/18/2008
25.93	Christine Magnuson	USA	Indiana University N	07/07/2009
25.94 sf	Hinkelien Schreuder	NED	Roma	07/26/2009
25.97	Svitlana Khakhlova	BUL		03/15/2008
26.00	Jenny Thompson	USA	Barcelona, Spain	07/20/2003
26.02	Libby Trickett	AUS		03/17/2009
26.02 sf	Gabriella Silva	BRA	Roma	07/26/2009
26.03	Chantal Groot	NED	Eindhoven, Netherlands	03/18/2008
26.04	Liuyang Jiao	CHN		03/15/2008
26.05	Danni Miatke	AUS		03/01/2007
26.12	Melanie Henique	FRA		04/01/2009
26.16 sf	Triin Aljand	EST	Roma	07/26/2009

American Record Progressions

25.50	Dara Torres			07/07/2009
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All Time Top U.S. Performers

Women's 100 LCM Butterfly

All Time Top Performances

56.06	Sarah Sjöstrom	SWE	Roma	07/26/2009
56.23	Jessicah Schipper	AUS	Roma	07/26/2009
56.44 sf	Sarah Sjöstrom	SWE	Roma	07/26/2009
56.61	Inge De Bruijn	NED	Sydney, AUS	08/01/2000
56.64	Inge De Bruijn	NED	Federal Way, WA	07/20/2000
56.69	Marleen Veldhuis	NED		03/15/2008
56.69	Marleen Veldhuis	NED	Amsterdam	04/20/2009
56.73	Libby Trickett	AUS	Beijing	08/09/2008
56.76 p	Sarah Sjöstrom	SWE	Roma	07/26/2009
56.81	Libby Trickett	AUS	Sydney, AUS	03/22/2008

All Time Top Performers

56.06	Sarah Sjöstrom	SWE	Roma	07/26/2009
56.23	Jessicah Schipper	AUS	Roma	07/26/2009
56.61	Inge De Bruijn	NED	Sydney, AUS	08/01/2000
56.69	Marleen Veldhuis	NED		03/15/2008
56.73	Libby Trickett	AUS	Beijing	08/09/2008
56.86	Liuyang Jiao	CHN	Roma	07/26/2009
56.89	Aurore Mongel	FRA	Roma	07/26/2009
56.94	Gabriella Silva	BRA	Roma	07/26/2009
56.94	Dana Vollmer	USA	Roma	07/26/2009
56.96	Ingvild Snildal	NOR	Roma	07/26/2009
57.08 sf	Christine Magnuson	USA	Beijing	08/09/2008
57.20	Martina Moravcova	SVK	Berlin, Germany	07/29/2002
57.34	Natalie Coughlin	USA	Melbourne	03/25/2007
57.34 p	Yafei Zhou	CHN	Roma	07/26/2009
57.36 p	Petria Thomas	AUS	Athens, Greece	08/14/2004
57.46	Elaine Breeden	USA	Indianapolis, IN	07/07/2009
57.49	Ellen Gandy	GBR		03/16/2009
57.54	Li Tao	SIN		08/09/2008
57.56	Therese Alshammar	SWE		07/01/2009
57.58	Dara Torres	USA		01/01/2000
57.58	Jeanette Ottesen	DEN	Roma	07/26/2009
57.59	Jenny Thompson	USA		01/01/2000
57.60	Rachel Komisarz	USA		12/01/2007
57.60	Felicity Galvez	AUS		06/01/2008
57.67	Stephanie Rice	AUS	Sydney	03/17/2009

All Time Top U.S. Performers

56.94	Dana Vollmer	2009
57.08 sf	Christine Magnuson	2008
57.34	Natalie Coughlin	2007
57.46	Elaine Breeden	2009
57.58	Dara Torres	2000
57.59	Jenny Thompson	2000

57.60	Rachel Komisarz	2007
57.77	Mary Descenza	2009
57.93	Mary Meagher	1981
58.36	Kathleen Hersey	2009
58.54	Brooke Bishop	2008
58.60	Kate E Dwelley	2009
58.61	Crissy Ahmann-Leighton	1992
58.67 p	Margaret Hoelzer	2008
58.69	Felicia Lee	2009
58.72	Misty Hyman	1997
58.77	Claire Donahue	2009
58.84	Ashley Tappin	2000
58.84	Kim Vandenberg	2008
58.90	Karen Campbell	2000
58.93	Samantha Woodward	2007
58.96	Alisa Finn	2009
58.98	Ashley Tappin	2000
59.01	Demerae Christianson	2004
59.08	Jenna Johnson	1984

World Record Progressions

56.06	Sarah Sjöstrom	SWE	Roma	07/26/2009
56.61	Inge De Bruijn	NED	Sydney, AUS	08/01/2000
56.64	Inge De Bruijn	NED	Federal Way, WA	07/20/2000
56.69	Inge De Bruijn	NED	Sheffield	05/28/2000

American Record Progressions

56.94	Dana Vollmer	07/26/2009
57.08 sf	Christine Magnuson	08/09/2008
57.34	Natalie Coughlin	03/25/2007
57.58	Dara Torres	08/09/2000

Women's 200 LCM Butterfly

All Time Top Performances

2:03.41	Jessicah Schipper	AUS	Roma	07/26/2009	2:09.00	Ava Ohlgren	2008
					2:09.29	Kristine Julian	1997
					2:09.29	Kristine Julian	1997
2:03.90	Zige Liu	CHN	Roma	07/26/2009	2:09.45	Felicia Lee	2009
2:04.14 p	Mary Descenza	USA	Roma	07/26/2009	2:09.66	Lyndsay De Paul	2008
2:04.18	Zige Liu	CHN	Beijing	08/09/2008	2:09.77	Courtney Kalisz	2006
2:04.27 sf	Katinka Hosszu	HUN	Roma	07/26/2009	2:09.81	Katie Hoff	2005
2:04.28	Katinka Hosszu	HUN	Roma	07/26/2009	2:09.82 p	Dana Vollmer	2007
2:04.33 sf	Mary Descenza	USA	Roma	07/26/2009	2:09.87	Tracy Caulkins	1978
2:04.41	Mary Descenza	USA	Roma	07/26/2009	2:09.93	Emily Milak	2005
2:04.50	Liuyang Jiao	CHN	Roma	07/26/2009	2:09.96	Leah Gingrich	2008
2:04.72	Liuyang Jiao	CHN	Beijing	08/09/2008	2:10.18	Cammile Adams	2009

All Time Top Performers

2:03.41	Jessicah Schipper	AUS	Roma	07/26/2009	2:10.19	Emily Kukors	2008
					2:10.33	Katie Carroll	2008
					2:10.36	Alyssa Anderson	2009
2:03.90	Zige Liu	CHN	Roma	07/26/2009	World Record Progressions		
2:04.14 p	Mary Descenza	USA	Roma	07/26/2009	2:03.41	Jessicah Schipper	AUS Roma 07/26/2009
2:04.27 sf	Katinka Hosszu	HUN	Roma	07/26/2009	2:04.14 p	Mary Descenza	USA Roma 07/26/2009
2:04.50	Liuyang Jiao	CHN	Roma	07/26/2009	2:04.18	Zige Liu	CHN Beijing 08/14/2008
2:04.58	Aurore Mongel	FRA	Roma	07/26/2009	2:05.40	Jessicah Schipper	AUS Victoria 08/17/2006
2:04.83	Ellen Gandy	GBR		03/16/2009	2:05.61	Otylia Jedrzejczak	POL Montreal 07/28/2005
2:05.61	Otylia Jedrzejczak	POL	Montreal	07/24/2005	2:05.78	Otylia Jedrzejczak	POL Not Entered 08/04/2002
2:05.80	Misty Hyman	USA	Sydney, AUS	08/01/2000	2:05.81	Suzie O'Neil	AUS Sydney 05/21/2000
2:05.81	Susie O'Neill	AUS		05/01/2000	2:05.96	Mary Meagher	USA Brown Beer 08/13/1981
2:05.95	Audrey Lacroix	CAN	Roma	07/26/2009	American Record Progressions		
2:05.96	Mary Meagher	USA		08/01/1981	2:04.14 p	Mary Descenza	07/26/2009
2:05.99 sf	Samantha Hamill	AUS	Roma	07/26/2009	2:05.88	Misty Hyman	09/20/2000
2:06.01	Petria Thomas	AUS		03/01/2004	2:05.96	Mary Meagher	08/13/1981
2:06.38	Yuko Nakanishi	JPN		04/15/2008			
2:06.44	Kathleen Hersey	USA	Indianapolis, IN	07/07/2009			
2:06.45 p	Annika Mehlhorn	GER	Roma	07/26/2009			
2:06.50	Caterina Giacchetti	ITA		03/15/2008			
2:06.62	Natsuki Akiyama	JPN		09/01/2008			
2:06.64	Jemma Lowe	GBR		03/30/2008			
2:06.71	Kim Vandenberg	USA	Melbourne	03/25/2007			
2:06.71	Emese Kovacs	HUN	Eindhoven, Netherlands	03/18/2008			
2:06.75	Elaine Breeden	USA		06/29/2008			
2:06.77	Limin Liu	CHN		01/01/1994			
2:06.85	Natsumi Hoshi	JPN	Nishinomiya	01/25/2009			

All Time Top U.S. Performers

2:04.14 p	Mary Descenza	2009
2:05.80	Misty Hyman	2000
2:05.96	Mary Meagher	1981
2:06.44	Kathleen Hersey	2009
2:06.71	Kim Vandenberg	2007
2:06.75	Elaine Breeden	2008
2:08.18	Kaitlin Sandeno	2004
2:08.40	Dana Kirk	2004
2:08.64	Tanya Krisman	2008
2:08.67	Summer Sanders	1992

Women's 200 LCM Individual Medley

All Time Top Performances

2:06.15	Ariana Kukors	USA	Roma	07/26/2009
2:07.03 sf	Ariana Kukors	USA	Roma	07/26/2009
2:07.03	Stephanie Rice	AUS	Roma	07/26/2009
2:07.46	Katinka Hosszu	HUN	Roma	07/26/2009
2:08.45	Stephanie Rice	AUS	Beijing	08/09/2008
2:08.53 p	Ariana Kukors	USA	Roma	07/26/2009
2:08.59	Kirsty Coventry	ZIM	Beijing	08/09/2008
2:08.68 sf	Stephanie Rice	AUS	Roma	07/26/2009
2:08.92	Stephanie Rice	AUS	Sydney, AUS	03/22/2008
2:08.94	Kirsty Coventry	ZIM	Roma	07/26/2009

All Time Top Performers

2:06.15	Ariana Kukors	USA	Roma	07/26/2009
2:07.03	Stephanie Rice	AUS	Roma	07/26/2009
2:07.46	Katinka Hosszu	HUN	Roma	07/26/2009
2:08.59	Kirsty Coventry	ZIM	Beijing	08/09/2008
2:09.34	Julia Smit	USA	Indianapolis, IN	07/07/2009
2:09.37	Camille Muffat	FRA		03/15/2008
2:09.46 sf	Hannah Miley	GBR	Roma	07/26/2009
2:09.71	Katie Hoff	USA	Omaha	06/29/2008
2:09.72	Yanyan Wu	CHN	Shanghai, CHN	10/17/1997
2:09.73	Julie Hjorth-Hansen	DEN	Roma	07/26/2009
2:09.77	Natalie Coughlin	USA	McDONALD' S SWIM STAD	06/06/2008
2:09.87	Evelyn Verraszto	HUN		03/15/2008
2:10.11	Whitney Myers	USA	Victoria	08/17/2006
2:10.68	Yana Klochkova	UKR	Sydney, AUS	08/01/2000
2:10.79	Dagny Knutson	USA	Guam	01/08/2009
2:11.03	Elizabeth Pelton	USA	Indianapolis, IN	07/07/2009
2:11.05 sf	Jing Liu	CHN	Roma	07/26/2009
2:11.10	Hui Qi	CHN		03/15/2008
2:11.16	Mireia Belmonte	ESP	Eindhoven, Netherlands	03/18/2008
2:11.25	Alessia Filippi	ITA		03/15/2008
2:11.27	Yan Chen	CHN		01/01/1997
2:11.28	Caitlin Leverenz	USA	Omaha	06/29/2008
2:11.31 p	Emily Seebohm	AUS	Roma	07/26/2009
2:11.43	Alicia Coutts	AUS	Beijing	08/09/2008
2:11.44	Asami Kitagawa	JPN	Tokyo	09/05/2008

All Time Top U.S. Performers

2:06.15	Ariana Kukors	2009
2:09.34	Julia Smit	2009
2:09.71	Katie Hoff	2008
2:09.77	Natalie Coughlin	2008
2:10.11	Whitney Myers	2006
2:10.79	Dagny Knutson	2009
2:11.03	Elizabeth Pelton	2009
2:11.28	Caitlin Leverenz	2008
2:11.46	Justine Mueller	2009
2:11.65 p	Elizabeth Beisel	2009

2:11.70	Amanda Beard	2004
2:11.91	Summer Sanders	1992
2:11.93	Maggie Bowen	2001
2:11.96 sf	Ava Ohlgren	2008
2:12.13	Kaitlin Sandeno	2007
2:12.54	Allison Wagner	1993
2:12.64	Tracy Caulkins	1984
2:12.73	Missy Franklin	2009
2:13.32	Cristina Teuscher	2000
2:13.48	Alisa Finn	2009
2:13.55	Kristine Julian	1997
2:13.66	Elizabeth Smith	2009
2:13.72	Erika Erndl	2009
2:13.78	Gabrielle Rose	2001
2:13.88	Emily Kukors	2007

World Record Progressions

2:06.15	Ariana Kukors	Roma	07/26/2009	
2:07.03 sf	Ariana Kukors	Roma	07/26/2009	
2:08.45	Stephanie Rice	AUS	Beijing	08/13/2008
2:08.92	Stephanie Rice	AUS	Sydney, AUS	03/25/2008
2:09.72	Yanyan Wu	CHN	Shanghai, CHN	10/17/1997

American Record Progressions

2:06.15	Ariana Kukors	07/26/2009
2:07.03 sf	Ariana Kukors	07/26/2009
2:08.53 p	Ariana Kukors	07/26/2009
2:09.34	Julia Smit	07/07/2009
2:09.71	Katie Hoff	06/29/2008
2:09.77	Natalie Coughlin	06/06/2008
2:10.05	Katie Hoff	08/01/2006
2:10.41	Katie Hoff	07/25/2005
2:11.24	Katie Hoff	04/01/2005
2:11.70	Amanda Beard	08/17/2004

Women's 400 LCM Individual Medley

All Time Top Performances

4:29.45	Stephanie Rice	AUS	Beijing	08/09/2008	4:39.25	Kristine Julian	1993
4:29.89	Kirsty Coventry	ZIM	Beijing	08/09/2008	4:39.61	Kristine Julian	1997
4:30.31	Katinka Hosszu	HUN	Roma	07/26/2009	4:39.69	Ava Ohlgren	2008
4:31.12	Katie Hoff	USA	Omaha	06/29/2008	4:39.98	Allison Wagner	1994
4:31.33	Hannah Miley	GBR		03/16/2009	4:40.61	Justine Mueller	2009
4:31.46	Stephanie Rice	AUS	Sydney, AUS	03/22/2008	4:40.80	Maddy Crippen	1997
4:31.71	Katie Hoff	USA	Beijing	08/09/2008	4:40.84	Erika Hansen	1990
4:32.12	Kirsty Coventry	ZIM	Roma	07/26/2009	4:41.21	Cristina Teuscher	1999
4:32.15	Kirsty Coventry	ZIM	Santa Clara, CA	06/11/2009	4:41.54	Lara Carroll	2005
4:32.29	Stephanie Rice	AUS	Roma	07/26/2009	4:41.65	Alicia Aemisegger	2008
					4:41.94	Lyndsay De Paul	2009
					4:42.07	Kathleen Hersey	2008
					4:42.11	Jasmine Tosky	2009
					4:42.57	Kristen Caverly	2004

All Time Top Performers

4:29.45	Stephanie Rice	AUS	Beijing	08/09/2008
4:29.89	Kirsty Coventry	ZIM	Beijing	08/09/2008
4:30.31	Katinka Hosszu	HUN	Roma	07/26/2009
4:31.12	Katie Hoff	USA	Omaha	06/29/2008
4:31.33	Hannah Miley	GBR		03/16/2009
4:32.87	Elizabeth Beisel	USA	Omaha	06/29/2008
4:33.59	Yana Klochkova	UKR	Sydney, AUS	08/01/2000
4:34.34	Alessia Filippi	ITA	Beijing	08/09/2008
4:34.79	Yan Chen	CHN		10/01/1997
4:34.95	Kaitlin Sandeno	USA	Athens, Greece	08/14/2004
4:35.33	Julia Smit	USA	Roma	07/26/2009
4:35.84 p	Tanya Hunks	CAN	Roma	07/26/2009
4:36.02	Dagny Knutson	USA	Santa Clara, CA	06/11/2009
4:36.10	Petra Schneider	GER		01/01/1982
4:36.17	Eva Risztov	HUN		07/01/2002
4:36.25 p	Yana Martynova	RUS	Beijing	08/09/2008
4:36.28	Yanyan Wu	CHN		10/01/1997
4:36.35 p	Xuanxu Li	CHN	Beijing	08/09/2008
4:36.54	Krisztina Egerszegi	HUN		01/01/1992
4:36.73	Li Lin	CHN		01/01/1992
4:36.95 p	Katarzyna Baranowska	POL	Beijing	08/09/2008
4:37.11 p	Kathryn Meaklim	RSA	Beijing	08/09/2008
4:37.18	Guohong Dai	CHN		09/01/1993
4:37.18	Beatrice Caslaru	ROU	Beojong	08/09/2008
5:35.96	Yasuko Tajima	JPN		01/01/2000

All Time Top U.S. Performers

4:31.12	Katie Hoff	2008
4:32.87	Elizabeth Beisel	2008
4:34.95	Kaitlin Sandeno	2004
4:35.33	Julia Smit	2009
4:36.02	Dagny Knutson	2009
4:37.58	Summer Sanders	1992
4:37.76	Janet Evans	1988
4:38.54	Caitlin Leverenz	2008
4:38.75	Ariana Kukors	2009
4:39.06	Maggie Bowen	2001
4:39.24	Tracy Caulkins	1984

World Record Progressions

4:29.45	Stephanie Rice	AUS	Beijing	08/10/2008
4:31.12	Katie Hoff			06/29/2008
4:31.46	Stephanie Rice	AUS	Sydney, AUS	03/22/2008
4:32.89	Katie Hoff		Melbourne	04/01/2007
4:33.59	Yana Klochkova	UKR	Sydney, AUS	09/16/2000

American Record Progressions

4:31.12	Katie Hoff	06/29/2008
4:32.89	Katie Hoff	03/25/2007
4:34.95	Kaitlin Sandeno	08/14/2004
4:37.58	Summer Sanders	07/26/1992