USA SWIMMING
ATHLETE SELECTION PROCEDURES
2010 PAN PACIFIC CHAMPIONSHIPS
August 18-21, 2010

SELECTION SYSTEM

The 2010 Pan Pacific Championships (the "Championships") will be conducted in Irvine, CA, August 18-21, 2010.

The following common definitions shall apply to this Team Selection Procedure.

a. Available Swimmer. "Available Swimmer" shall mean a swimmer who, at the time of selection and through the Championships: (i) is a registered athlete member of USA Swimming in good standing, (ii) is a citizen of the United States who is eligible to represent the United States at the Championships, (iii) qualifies for the Team in an Event according to this Procedure, (iv) satisfies all the FINA, World Anti Doping Agency (WADA), United States Anti-Doping Agency (USADA) and USA Swimming applicable eligibility requirements, (v) accepts the invitation to become a member of the Team when that invitation is offered by USA Swimming, (vi) agrees to swim in at least one Event for which he/she qualifies, and (vii) continues to train for peak swimming performance through the Championships. If a swimmer does not satisfy these requirements, then he/she is not considered an Available Swimmer.

b. Double. To "Double" means the instance when one individual swimmer qualifies to compete in two or more different swimming Events at the Championships.

c. Finals. "Finals" shall mean the heat that is conducted in each Qualifying Competition event from which the top finishers are determined.

d. Event. "Event" shall refer to competitions held in long course meters only at the Qualifying Competition.

e. Head Coach. Unless otherwise indicated, "Head Coach" shall refer to the head coach of the Team for each gender.

f. World Ranking. "World Ranking" shall mean the ranking of the time swum by a swimmer in the Finals of the Qualifying Competition integrated into the Swimnews.com world ranking lists for 2010 through and including July 26, 2010.

g. National Team Head Coach. "National Team Head Coach" shall refer to the USA Swimming National Team Head Coach, or his designee.

h. Qualifying Competition. "Qualifying Competition" shall mean the 2010 ConocoPhillips USA Swimming National Championships, to be conducted August 3-7, 2010, in Irvine, CA. Preliminary heats, relay lead-offs and time

trials will NOT be considered for selection, but may be considered in making other determinations as described herein.

i. Swim Offs. "Swim Offs" may be held at the Qualifying Competition for the sole purpose of determining Priority selection order. Swim Offs are put in place to break ties between athletes in the same qualifying event and are a one- time opportunity to resolve a tie for placement on the team. Except for breaking a tie, the time from the Swim Off will NOT count towards qualification for selection to the Team.

j. Selection to the Team. Selection of swimmers to the Team shall happen from August 3-7, 2010 at the Qualifying Competition.

k. Team. "Team" shall mean the 2010 Pan Pacific Championship Team announced 11:59 pm PT, on August 7, 2010.

1. **Selection Eligibility**. To be eligible for Selection to the Team, at the time of selection, a swimmer must then be eligible under all applicable rules of FINA, WADA, the U.S. Anti-Doping Agency (USADA), and USA Swimming. USA Swimming rules require an athlete to be a citizen of the United States who is eligible to represent the United States at the Championships, and a registered athlete member of USA Swimming in good standing.

2. **Additional Requirements for Selection**.
All swimmers selected to the Team will be required to comply with all applicable rules and requirements of FINA, WADA, USADA, and USA Swimming. Specifically, and without limitation, each swimmer selected to the Team shall:

A. Sign and abide by the USA Swimming National Team Competition Forms (See Attachments A) and conform to all USA Swimming policies and protocol regarding Team preparation and participation;

B. Agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authorized by USA Swimming and give USA Swimming the right to use his or her name, picture, likeness, and biographical information to promote the sport of swimming.

3. **Team Selection—Making and Filling the Team**.

A. Team Size. A total of twenty-six (26) men and twenty-six (26) women will be selected to the Team. For purposes of these Procedures, the men's and women's components of the Team will be considered separately.

B. Performance Criteria for Team Selection. Performances in the Finals of individual Olympic Events at the Qualifying Competition will be prioritized for each gender as follows to fill the Team to twenty-six (26) men and twenty-six (26) women. Only swimmers who qualify via one of the priorities set forth below are eligible for selection to the Team. Swimmers not qualifying via one of these priorities will not be eligible to be selected to the Team.

The Team for each gender shall be selected based on the following priorities:

i. Priority #1. The first Priority shall include both (i) the four fastest Available Swimmers based on the finish order in the Finals of the Qualifying Competition in each of the 100-meter and 200-meter freestyle Even~~t~~s and (ii) the first Available Swimmer based on the finish order in the Finals of the Qualifying Competition in each of the individual Olympic events other than the 100-meter and 200-meter freestyle Events.

ii. Priority #2. The second Priority shall be the second fastest Available Swimmer based on the finish order in the Finals of the Qualifying Competition in each of the individual Olympic Events other than the 100-meter and 200-meter freestyle Events.

iii. Priority #3. The third Priority shall be the third fastest Available Swimmer based on the finish order in the Finals of the Qualifying Competition in each of the individual Olympic Events other than the men's and women's 100-meter and 200-meter freestyle Events.

iv. Priority #4. The fourth Priority shall be the fourth fastest Available Swimmer based on the finish order in the Finals of the Qualifying Competition in each of the individual Olympic Events other than the men's and women's 100- meter and 200-meter freestyle Events.

Note: This process will continue until the maximum of 26 men and 26 women are selected to the Team. If completing a priority under this section results in more than 26 men and/or women qualifying for the Team, then the process set forth in Section 3.C will be used.

C. Decreasing Team Size. If the prioritization procedures described above result in a list of either more than twenty-six (26) male or more than twenty-six (26) female swimmers, then the swimmers of each gender shall be ranked and the top 26 men and women swimmers shall be selected to the Team according to the following system:

a. All swimmers from Priority #1 shall be selected to the Team.

b. If selecting persons from Priority #1 and Priority #2 would result in more than twenty-six (26) swimmers per gender on the Team, then the swimmers within Priority #2 shall be invited to fill the Team based on the highest World Ranking until a maximum of twenty-six (26) swimmers are selected.

c. If all Priority #2 swimmers are named to the Team and the maximum Team size of twenty-six (26) swimmers per gender has not been attained, then Priority #3 swimmers will be added to the Team. If this results in more than twenty-six (26) swimmers per gender on the Team, then the same procedure of using the highest World Rankings will be used to rank the swimmers in Priority #3 until the maximum of twenty-six (26) swimmers are selected. Similarly, if all Priority #3 swimmers

are named to the Team and the maximum Team size of twenty-six (26) swimmers per gender has not been attained, then Priority #4 swimmers will be added to the Team. If this results in more than twenty-six (26) swimmers per gender on the Team, then the same procedure of using the highest World Rankings will be used to rank the swimmers in Priority #4 until the maximum of twenty-six (26) swimmers are selected.

D. Breaking a Tie.

i. Tie in Same event. In the instance where there is tie for first place between two swimmers in the Finals of the same Event at the Qualifying Competition, both swimmers will be considered to fall under Priority #1. In the instance where there is a tie between two or more swimmers for a place below first place, a Swim- Off will be conducted in that Event at a time determined by the National Team Head Coach and General Manager, the athlete and the appropriate athletes coaches. If the application of the Selection Procedures prior to the Swim Off results in both athletes being selected to the Team then no Swim- Off will be necessary

ii. Tie in Different events. In the instance where, pursuant to the World Rankings, there is a tie between two or more swimmers in different Events for the final position(s) on the Team , the tie will be broken as follows:

(a) Each swimmer's performance swum in their Event in the Finals of the Qualifying Competition will be converted into a ratio, using the Qualifying Competition time as the denominator, and the FINA approved World Record for that Event as of August 2, 2010 as the numerator, and the swimmer(s) with the highest percentage shall be selected to the final position(s) on the Team

(b) If this does not break the tie, then each swimmer's performance swum in their Event in the Finals of the Qualifying Competition will be rated according to the swimnews.com 2010 Long Course Performance Ratings as of August 2, 2010 and the swimmer(s) with the highest rating shall be selected to the final position(s) on the Team. Performance Ratings can be found at swimnews.com.

(c) If this does not break the tie, the fastest time swum by each swimmer in their Event in which the tie occurred during the period from January 1, 2010 through and including August 7, 2010 will be ranked according to the Swimnews.com World Ranking lists for 2010 through (and including) July 26, 2010, and the swimmer with the highest ranking will be added to the Team.

(d) If this fails to break the tie, the tie will be broken by random draw.

4. **Adjustments to the Team between Naming to the Team and Entry Submission**.

1. Filling Vacant Team Position. If, for any reason, a position on the Team shall become vacant between the selection to the Team (August 3-7, 2010) and the date and time when USA Swimming submits its entries for the Championships (11:59 pm PT, on August 9, 2010), such vacancy shall be filled as follows, provided, however, that nothing in this Section 4 shall have the effect of bumping off the Team a swimmer who has already been selected to the Team:

a. Filling Vacant Event Positions with Team Vacancy.

If the Team is not full (less than twenty-six (26) per gender) after a swimmer declines the position on the Team due to any reason, or Event positions otherwise become vacant, then the vacancy in any such Event(s) shall be filled by the next fastest Available Swimmer based on the order of finish in the Finals of the Qualifying Competition for each Event left vacant. In the 100-meter and 200-meter Freestyle Events, the fifth (5th) place finisher, and in other events the third (3rd) place finisher, from the integrated times list will be considered the next fastest Available Swimmer. If the next fastest Available Swimmer is already on the Team, and he/she agrees after consulting with the Head Coach and National Team Head Coach to swim in the additional Event, then he/she shall serve as the replacement in that Event. If he/she declines to swim in the additional Event, then he/she shall not be considered an Available Swimmer for that Event, and the next fastest Available Swimmer will be considered. If the next Available Swimmer is not already on the Team then the swimmer will be selected according to section 3.B. If adding the next Available Swimmer from each Event left vacant would cause the Team to exceed the maximum number (twenty-six (26) per gender) then those who qualify as the next fastest Available Swimmer in the Events left vacant shall be ranked according to the procedure described in Section 3.d.ii. Those ranked highest according to that procedure shall be added to the Team until the Team reaches its maximum number of twenty-six (26) per gender.

5. Entry Adjustments

Adjustments to the Team after August 9, 2010. If, for any reason, an Event position shall become vacant after 11:59 pm PT, August 9, 2010, no additional members shall be added to the Team and the vacancy in the Event will be filled by the Head Coach from among those already on the Team.

6. Discretionary Selection

Discretionary selection will not be used for any swimmers in individual Olympic Events from the Qualifying Competition, except as provided in Section 5.

However, all swimmers who are nominated to the Team shall be eligible for selection to any and all relays to be held at the Championships. The Head Coach, in consultation

with the assistant coaches and National Team Head Coach and General Manager, shall select the swimmers for each relay conducted at the Championships. In selecting the relay teams, the Head Coach, in consultation with the assistant coaches and National Team Head Coach and General Manager, shall consider all available information, including but not limited to each Team Member's Qualifying Competition performances (including preliminary times, time trials, and relay lead-off times), past relay performances, past relay reaction times, relay exchange experience, 2010 Championships performances, personal best performances, 2010 Championships event schedules, individual workload, other recent results and performances, consistency of performances, fatigue, health, fitness levels, training preparation, participation in relay training camps, scientific evaluation, attitude and team chemistry. Selection of swimmers for relays shall not be subject to challenge.

There will be no “protected” swims at the Championships. For all events at the Championships that have heats and finals, the two (2) fastest qualifiers per country in the preliminaries shall be those swimmers that advance to the finals (provided they qualify in the top eight (8), in accordance with Pan Pacific Championships rules.

All swimmers who are named to the Team through the selection process shall be eligible for entry into additional Events held at the Championships and to qualify for the 2011 World Championships, provided that the athlete swims at least one Event in which he/she qualifies. Only times from Finals (A & B) and Timed Final events at the Pan Pacific Championships will be used for selection to the World Championship Team.

7. Dismissal from Team

Any swimmer may be dismissed from the Team at any time following an appropriate hearing if (i) the swimmer violates any of the applicable FINA, WADA, USA Swimming or other rules and regulations applicable to the Team or its members, including without limitation applicable Codes of Conduct; or (ii) the National Team Head Coach, in consultation with the Head Coach, the USA Swimming Olympic International Operations Committee (OIOC) Chairman and the USA Swimming Athletes’ Executive Vice President, determines that the swimmer is unable or unwilling to maintain a training regimen that is necessary for peak performance in the Championships.

If a violation is during a Team competition or camp and is deemed detrimental to the Team, the National Team Head Coach or his designee and the Head Coach reserve the right to dismiss an athlete from the team at the appropriate time following an appropriate hearing.

If a swimmer is alleged to have committed an anti-doping rule violation, that swimmer shall remain on the Team (or remain eligible to be named to the Team) until: 1) the swimmer is provisionally suspended or declared ineligible after a hearing conducted pursuant to the U.S. Anti-Doping Agency Protocol for Olympic Movement Testing or by FINA; 2) the swimmer voluntarily accepts a provisional suspension or sanction of ineligibility; or 3) the swimmer voluntarily withdraws from the Team or relinquishes eligibility to be named to the Team.

Confidentiality regarding alleged anti-doping rule violations shall be maintained as provided in the U.S. Anti-Doping Agency Protocol for Olympic Movement Testing**.**

8. Withdrawal from Team

Any swimmer may withdraw from the Team at any time due to injury or illness, as certified by a USA Swimming Medical Staff member in consultation with USA Swimming (National Team Head Coach and General Manager, Head Coach and Athlete Advisory Representative), which prevents the swimmer from full participation in and/or preparation for the Championships.

9. Challenge

Any challenge to these Procedures or any decision made pursuant to or in connection with these Procedures shall be handled as follows: 1) if such challenge relates to an alleged violation of a technical rule, it shall be handled according to the procedure set forth in Part One of the USA Swimming Rules and Regulations (can be found at www.usa-swimming.org); 2) if such challenge relates to an alleged violation of the National Team Honor Code, it shall be handled according to the procedure set forth in the USA Swimming Olympic International Operations Procedures Manual ("OIO Procedures Manual," can be obtained from the National Team Division); and 3) if such challenge does not relate to an alleged violation of a technical rule or an alleged violation of the National Team Honor Code, it shall be handled according to USA Swimming's Hearing Procedure set forth in Part Four of the USA Swimming Rules and Regulations or in accordance with Section 9 of the USOC Bylaws, if selected by the athlete. Any hearing required in order to resolve a challenge shall take place on an expedited basis if necessary in order to resolve the challenge in sufficient time for Team selection to be finalized by a relevant deadline.

10. Submission of Entries

USA Swimming will submit all entries for the competition at 11:59 PT, August 9, 2010.

11. Assembly, Training, and Competition

Athletes nominated to the Team will be required to participate in assembly, training and competition, and remain with the Team throughout the Championships. Specific dates/locations of mandatory training and competition are:

Aug. 8	Team Assembly	Irvine, Calif.
Aug. 8-15	Training Camp	Irvine, Calif.
Aug. 15	Travel to Meet Site	Irvine, Calif.
Aug. 15-17	Pre competition training	Irvine, Calif.
Aug. 18-21	Pan Pacific Championships	Irvine, Calif.
Aug. 22	Open Water competition/ Travel home	Irvine, Calif.

12. Publicity/ Distribution of Procedures

These Procedures, when approved, will be published on the USA Swimming website, usa-swimming.org. Additionally, the Procedures will be emailed to National Team athletes and their personal coaches at the time of entry, and will be available to be distributed at the 2010 ConocoPhillips USA Swimming National Championships at the general meeting.

13. International Disclaimer

These selection criteria are based on the latest information available to USA Swimming and are based on FINA and USA Swimming rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in FINA or USA Swimming rules and regulations or other unforeseen circumstances will be distributed to the affected athletes as soon as possible.

ATTACHMENT A

USA Swimming National Team

PARTICIPATION and COMMITMENT AGREEMENT

2010 Pan Pacific Championship, 2011 FINA LC World Championships, 2010 FINA SC World Championship and 2011 World University Games

I have read the participation and selection requirements for the 2010 Pan Pacific Championships, 2011 FINA LC World Championships and I agree to abide by these as outlined. I agree to abide by the team selection criteria, camp and competition requirements, competition protocols, and the National Team honor code.

If for any reason I become unable to fulfill this commitment, I will immediately notify the National Team Head Coach & General Manager/National Team Managing Director.

- If selected, I accept a position on the 2010 Pan Pac Team (August 18-22, 2010): yes ____ no____.
- If selected, I accept a position on the 2010 SC World Champ Team (December 15-19): yes ____ no____.
- If selected, I accept a position on the 2011 LC World Champ Team (July 24-31): yes ____ no____.
- If selected, I accept a position on the 2011 World Univ. Games Team (August 14-19): yes ____ no____.

I give USA Swimming National Team Division permission to give out my contact information for internal USA Swimming Staff use (i.e. Media, Foundation, etc.) and for Trip Head Manager and Physician use: yes _____ no _____.

Name: _____
(please print)

Signature: _____**Date:**_____

Best # to reach me: _____/_____-_____

TEAM DECLINE FORM

- I decline a position on the 2010 Pan Pacific Championship Team: yes ____ no____.
  (I decline to swim the following event at Pan Pacific Championships _____.)

  I understand by declining my position on the Pan Pacific Team I may still qualify for the 2011 World Championship Team, however, if my time is beaten at the Pan Pacific Championships I will lose my spot on the 2011 World Championship Team.

- I decline a position on the 2010 FINA SC World Championship Team: yes ____ no____.
- I decline a position on the 2011 FINA LC World Championship Team: yes ____ no____.
- I decline a position on the 2011 World University Games Team: yes ____ no____.

Name: _____
(please print)

Signature: _____**Date:**_____

Coach Name: _____
(please print)

Coach Signature: _____**Date:**_____

COMPREHENSIVE ACCEPTANCE OF USA SWIMMING AGREEMENTS FOR 2010

As a participant in any and all events, competitions or activities conducted by United States Swimming, Inc. ("USA Swimming"), or in which I am representing USA Swimming, or for which I am selected by USA Swimming to attend at any time during 2010 (collectively, the "Event"), I hereby acknowledge that I have read, accept, agree to, and will comply with and be bound by all terms, conditions, obligations, promises, releases, waivers, consents and all other items contained in the following attached documents as evidenced both by my signature below as well as my signature on each of the following:

1. USA Swimming/National Team Honor Code (Attachment 1)
2. USA Swimming/National Team Authorizations, Waiver and Release (Attachment 2)
3. USA Swimming/National Team Protocol (Attachment 3)

In addition, I hereby agree that during 2010 I will comply with all rules, regulations, policies, procedures and requirements of USA Swimming, FINA, the United States Olympic Committee ("USOC"), the International Olympic Committee ("IOC"), and any regional event organizer, local organizing committee or other governing body of the Events. I will during 2010 abide by all rules and comply with all procedures pertaining to doping required by United States Anti-Doping Agency, USOC, WADA, FINA, IOC and any local organizing committee.

All USAS National Team, National Youth Team, or "Event" team members will be required to maintain the desired level of conditioning for optimum performance, as determined by USAS.

Signature of Participant:
BY SIGNING BELOW PARTICIPANT IS AGREEING THAT HE OR SHE HAD READ THIS AGREEMENT AND ALL ATTACHMENTS AND AGREES TO ALL OF THE TERMS

Participant's Signature: _____

Participant's Name (print): _____Date: _____

Signature of Parent/Legal Guardian—Required for Minors (under 18):

In consideration of allowing my child or the minor for whom I act as a guardian ("Minor Participant") to participate in the Event, I hereby release and hold harmless USA Swimming, its affiliates, and their respective directors, officers, members, employees and agents (the "Released Parties"), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that I may have or sustain with respect to any and all damage and/or injury, of any type, arising from Minor Participant's participation in the Event.

Indemnification by Parent/Guardian
The undersigned parent(s)/guardian(s) agree on behalf of my (our) child/ dependent that I (we) have read and agree with the terms in this agreement and further agree to indemnify, save and hold harmless the Released Parties from any and all claims, demands, losses, damages and liabilities for indemnities, contribution or otherwise with respect to any damage and/or injury, of any type, arising from Minor Participant's participation in this activity.

Parent/Guardian's Signature: _____

Relationship:_____

Parent/Guardian Name (print): _____Date: _____

AUTHORIZATIONS, WAIVER AND RELEASE FORM

This Authorizations, Waiver and Release Form applies to any and all events, competitions and activities conducted by U.S. Swimming, Inc. ("USA Swimming"), or in which I am representing USA Swimming, or for which I am selected by USA Swimming to attend at any time during 2010 (collectively, the "Event").

General Acknowledgement & Acceptance
I, _____, hereby acknowledge that all information and signatures on this form are applicable to my participation in the Event.

Oath of Eligibility
I declare that I am eligible and in good standing with regulations set by USA Swimming, the International Federation for Amateur Swimming (FINA), and the International Olympic Committee (IOC). I also declare I am not under suspension or disciplinary action imposed for use of illegal drugs or other athlete regulation infractions. I agree to sign additional documents to this effect when required to do so by USA Swimming, the USOC, FINA, the IOC or the local organizing committee.

I certify that, to the best of my knowledge and belief, I am in good physical condition and have no disease or injury that would impair my performance in this activity and agree that while a participant in this activity, I will keep myself in top physical condition and retain my eligibility status.

I agree to notify USA Swimming immediately upon any change to my eligibility, any disciplinary action, or any change in my physical condition that would result in the declarations and certifications becoming untrue with respect to any Event.

Doping
I understand that it is the policy of USA Swimming to discourage and prevent the use of prohibited doping substances and prohibited doping methods. I also understand that it is my responsibility to ensure that no prohibited substance enters my system. The FINA Anti-Doping Rules are available online and from USA Swimming. I know that I can call the USADA Drug Reference Line (1-800-233-0393) or check at the Drug Reference Online (www.usantidoping.org/dro) to check the status of all medications and substances I am currently using, and to satisfy any questions or concerns that I may have about medications and prohibited substances and methods.

I do not currently engage in, nor do I intend to use any prohibited substances and methods. I acknowledge that the use of prohibited substances or prohibited methods may subject me to disqualification and other sanctions imposed by USADA, WADA, FINA or IOC.

Drug Testing
I understand that testing organizations (USADA, FINA, WADA, etc.) will conduct drug testing on athletes during and outside of competition. By participating in the Event, I hereby consent to and authorize the testing organizations (USADA, FINA, WADA, etc.) to test me for prohibited

_____ Initials

substances and prohibited methods at any time. I further acknowledge and agree that my refusal to participate in a drug test may subject me to disqualification and sanctions, the same as if I had tested positive for a prohibited substance.

I hereby authorize USA Swimming to include the results of any drug testing of me in the published statistics for drug testing and to include my name in the list of athletes who have been drug tested, which USA Swimming publishes on their website. In the event I refuse to submit to a drug test or a drug test has a positive result, I recognize that I am subject to the adjudication processes established by the US Anti-Doping Agency (USADA) and/or FINA, because of my refusal or positive test.

Authorization & Event Promotion
I agree to be filmed and photographed by the official photographer(s) and broadcast partner(s) of USA Swimming under the conditions authorized by USA Swimming. I hereby grant the Event organizers the right to use my name, image, picture, likeness, voice and biographical information before, during and after the period of my participation in these activities to promote and advertise the sport of swimming, the activity in which I participate or the success of the team on which I compete.

I understand and agree not to use or authorize use of pictures of myself in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the prior written consent of USA Swimming. I agree not to use medals or photos, portraits or film of myself with the medals, which I may receive for my performance, for the purpose of trade.

Risk of Serious Injury
I understand and appreciate that my participation in the Event and in the sport of swimming carries a risk of serious injury, including permanent paralysis or death, and a risk of serious illness, which could be caused by water, food or other things in which I might come in contact or ingest. I voluntarily and knowingly recognize, accept and assume this risk.

WAIVER & RELEASE

In consideration of allowing me to participate in this activity, I hereby release and hold harmless USA Swimming, members of its board of directors, and its officers, employees, members, volunteers, other participants, and agents (collectively, the "Released Parties"), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that I may have or sustain with respect to any and all damage and/or injury, of any type, arising out of my participation in the Event and any USA Swimming activity.

_____ Date:_____
Signature

Printed Name:_____

USA Swimming National Team

NATIONAL TEAM PROTOCOL

1. Swimmers are expected to stay focused on swimming fast and minimize walking, sunbathing, sightseeing, etc. until they have finished their last event.

2. All swimmers are required to attend each finals session through the last awards ceremony, unless excused by the Head Coach or National Team Head Coach & General Manager/National Team Managing Director.

3. When not preparing for their own events, swimmers are expected to remain in the team area to support their teammates.

4. Team Uniform Caps as prescribed by the National Team Head Coach must be worn during competition, which must be approved by FINA and USA Swimming. All technical gear must be approved by FINA and USA Swimming.

5. It is expected that swimmers represent their country with the same aggressive determination in the consolation final as in the championship final. Unless excused by the National Team Head Coach or the Head Coach, swimmers may not scratch from a consolation final.

6. When applicable, USOC issued dress sweats must be worn when receiving an award or during USOC organized press conferences. SPEEDO sweats and/or USA Swimming issued apparel must be worn at all other times on deck or during official team functions. (Athletes may wear the apparel of their choice during their personal time.)

7. No hats or head coverings should be worn when receiving awards.

8. All team members will be expected to demonstrate proper respect for the American flag and the national anthem.

9. After a swimmer has swum his/her last event, attendance at all remaining sessions (including preliminaries) is required.

Name: _____

Signature: _____

Date: _____