

2010 USA Swimming SCY National Championships

2010 USA Swimming Short Course Nationals

Women			Men			
LCM	SCM	SCY		SCY	SCM	LCM
26.99	26.29	23.59	50 Fr	20.69	22.99	23.89
58.29	56.49	51.29	100 Fr	45.39	50.19	52.39
2:05.79	2:01.89	1:50.49	200 Fr	1:39.49	1:50.29	1:54.49
4:23.19	4:13.09	4:53.49	400/500 Fr	4:29.89	3:53.29	4:03.49
8:59.29	8:44.59	10:03.19	800/1000 Fr	9:22.59	8:11.69	8:24.99
17:11.79	16:37.79	16:48.69	1500/1650 Fr	15:38.19	15:20.79	16:08.99
1:06.09	1:02.79	57.09	100 Bk	50.69	56.49	59.19
2:21.09	2:15.79	2:02.39	200 Bk	1:49.79	2:02.09	2:07.89
1:14.39	1:12.19	1:04.59	100 Br	56.99	1:03.39	1:06.19
2:40.39	2:36.09	2:19.49	200 Br	2:03.79	2:18.99	2:24.09
1:03.79	1:02.19	56.49	100 Fl	49.89	54.69	56.59
2:19.09	2:16.29	2:03.89	200 Fl	1:50.59	2:01.09	2:05.79
2:23.09	2:17.99	2:04.89	200 IM	1:51.79	2:03.59	2:09.39
5:00.99	4:52.89	4:25.39	400 IM	3:58.59	4:24.39	4:34.99
3:59.99	3:57.19	3:30.29	4X100 Fr-R	3:08.89	3:31.09	3:38.29
8:36.99	8:38.19	7:42.99	4x200 Fr-R	6:53.79	7:40.99	7:54.99
4:26.19	4:18.89	3:51.89	4x100 Med-R	3:29.59	3:55.79	4:01.99

Qualifying Period Nov 1, 2009 to entry deadline