



INDY GRAND PRIX @ THE NAT

MARCH 29-31, 2012

Indiana University Natatorium
Indianapolis, Indiana

Entry Deadline

Due to the Olympic year, all 2011-12 USA Swimming Grand Prix events will be capped at 700 swimmers. Entries will be accepted beginning Monday, February 13, 2012, at 8:00 AM (Eastern Time) and will close as soon as the entry cap is reached, but no later than Monday, March 19– Noon. All USA Swimming teams must use USA Swimming’s OME system; foreign teams must enter using an electronic TM file or entry forms available on the event web site or from the Entry Chair. (Please note earlier entry deadline for Foreign Teams on page 7.)



2012 Indy Grand Prix @ the Nat

March 29 - 31, 2012

Co-Hosted by Indiana Swimming & the IU Natatorium
Meet information is available online at www.AllGreatRacers.com

Important Facts About the Indy Grand Prix @ the Nat

- **Meet:** The Indy Grand Prix @ the Nat is a long course meters meet.
- **Hotels:** Special rates at conveniently located properties have been negotiated for this event. These rates are only available using the event host online hotel registration system accessible on the event website at www.AllGreatRacers.com. Please contact Arlene McDonald at arlenemcd@aol.com with questions regarding hotels.
- **Time Zone:** Indianapolis is located in the Eastern Time Zone. All designated times are in Eastern Time.
- **Registration:** Wednesday, March 28, from 8:00 AM – Noon and 1:00 PM – 9:00 PM; Thursday, March 29, from 7:00 AM – 1:00 PM
- **General Meeting:** Wednesday, March 28, at 5:30 PM at the University Place Conference Center and Hotel Auditorium located one block north of the IU Natatorium at the corner of University Boulevard and Michigan Street.
- **Session Start Times:** Preliminary sessions begin at 8:30 AM. Finals sessions begin at 6:00 PM.
- **Finals Sessions:** Three heats (bonus, consolation, and championship) of each individual event will swim in finals except the 1500 & 800 freestyles, which will only have the fastest heat swimming in finals, and the relays, which will have the fastest two heats swimming in finals.
- **Foreign Athletes:** Foreign athletes (those who are ineligible to represent the USA in international competitions) will be allowed to swim at this competition and will be permitted to compete in championship finals including timed final events.
- **Qualification Period:** The qualification period for the Indy Grand Prix @ the Nat is October 1, 2010, through the entry deadline.
- **Entries & Entry Deadline:** Entries will be accepted through OME beginning Monday, February 13, 2012, at 8:00 AM and will close as soon as the entry cap of 700 swimmers is reached, but no later than Noon on Monday, March 19, 2012. All USA Swimming teams must enter this meet using USA Swimming's Online Meet Entry (OME) system. To submit their entries, foreign teams should either download the meet entry file from the event website or email Steve Carr, Meet Entry Chair, at indyentries@comcast.net. Please see page 7 for more information regarding foreign team entry options. Please note: Foreign teams entries, regardless of entry method, are due by Noon, Monday, March 12, 2012, and are subject to the 700 swimmer limit. No paper, late, or deck entries will be accepted.
- **Bonus Events:** Swimmers qualified in at least one individual event for this meet will have the opportunity to swim two bonus events over the course of the three-day competition schedule. The only events with bonus qualifying times are the 400 freestyle, 400 IM, 800 freestyle (W), and 1500 freestyle (M).
- **Relays:** There will be relays in this competition. All relays will be timed finals with the fastest two heats swum in the evening session.
- **Time Trials:** Time trials will be offered each day at the conclusion of the preliminary session as time allows. Swimmers must be entered in the meet to compete in time trials; this includes relay-only swimmers. Swimmers are limited to three events per day including time trials.
- **Scoring:** The meet will not be scored individually or by team.
- **Awards:** There will be individual awards for the top three swimmers and the top three relays in each event. There will be no team awards.
- **Meet Procedures:** Based on the size of the meet, the preliminary sessions may be conducted in flights as follows: The fastest seven heats of events 200 M or less and the fastest five heats of 400 M events would be swum in the "A" flight with all remaining heats swum in the "B" flight; all "A" flights would be concluded each morning prior to beginning the "B" flights.

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ORDER OF EVENTS AND QUALIFYING TIMES

2012 Indy Grand Prix @ the Nat

ORDER OF EVENTS WITH QUALIFYING TIMES

All events will be swum in long course meters.

Qualifying period is October 1, 2010, through the entry deadline.

Preliminary sessions begin at 8:30 AM.

Finals sessions begin at 6:00 PM.

WOMEN				DAY 1 THURSDAY, MARCH 29	MEN			
EVENT #	LCM	SCM	SCY	EVENT	LCM	SCM	SCY	EVENT #
1	1:00.19	56.99	52.89	100 Freestyle	53.99	51.89	47.09	2
3	2:44.99	2:34.99	2:24.29	200 Breaststroke	2:29.79	2:18.09	2:09.79	4
5	4:30.69	4:18.29	(5:03.29)	400 (500) Freestyle	4:09.79	4:00.79	(4:39.59)	6
7	1:05.79	1:02.19	58.49	100 Butterfly	58.89	55.99	51.89	8
9	4:11.99	4:05.59	3:43.99	*400 Freestyle Relay	3:52.99	3:46.59	3:20.99	10
WOMEN				DAY 2 FRIDAY, MARCH 30	MEN			
EVENT #	LCM	SCM	SCY	EVENT	LCM	SCM	SCY	EVENT #
11	5:09.69	4:55.69	4:33.09	400 Individual Medley	4:43.89	4:32.59	4:08.09	12
13	2:09.09	2:02.99	1:54.19	200 Freestyle	1:58.09	1:53.39	1:43.09	14
15	2:25.99	2:18.59	2:06.99	200 Backstroke	2:12.39	2:01.99	1:54.79	16
17	27.79	26.29	24.59	50 Freestyle	24.79	23.49	21.69	18
19	9:02.99	8:50.19	7:59.99	*800 Freestyle Relay	8:24.99	8:12.19	7:18.99	20
WOMEN				DAY 3 SATURDAY, MARCH 31	MEN			
EVENT #	LCM	SCM	SCY	EVENT	LCM	SCM	SCY	EVENT #
21	2:24.19	2:16.89	2:07.39	200 Butterfly	2:10.59	2:05.59	1:54.89	22
23	1:16.79	1:12.29	1:06.89	100 Breaststroke	1:10.09	1:05.09	59.49	24
25	1:07.89	1:04.49	59.09	100 Backstroke	1:01.39	55.99	53.09	26
27	2:27.59	2:19.89	2:09.49	200 Individual Medley	2:13.59	2:08.19	1:56.29	28
29	9:15.99	8:50.69	(10:21.29)	**800 (1000) Freestyle – W				
				**1500 (1650) Freestyle – M	16:41.69	15:41.49	(16:13.69)	30
31	4:42.99	4:36.59	4:07.99	*400 Medley Relay	4:19.99	4:13.59	3:44.99	32

* All relay events will be swum as timed finals with the fastest two heats swimming in the evening finals session in event order.

**The fastest heat of the 800 and 1500 freestyle events will be swum in the evening finals session in event order. All other heats of the 800 and 1500 will be swum after prelims slowest to fastest, alternating women and men and scheduled so that the second fastest heat of the men's 1500 freestyle is concluded 60 minutes (5:00 PM) before the evening finals session is to begin (6:00 PM).

BONUS QUALIFYING TIMES

Swimmers qualified in at least one individual event are eligible to enter two bonus events during the course of the three-day competition. The only bonus events with qualifying times are the 400 freestyle, 400 IM, 800 freestyle (W), and 1500 freestyle (M). Bonus standards for those events are:

WOMEN			Event	MEN		
LCM	SCM	SCY		LCM	SCM	SCY
4:38.79	4:32.39	(5:12.09)	400 (500) Freestyle	4:19.39	4:12.99	(4:48.89)
9:37.59	9:24.79	(10:44.79)	800 (1000) Freestyle			
			1500 (1650) Freestyle	17:30.99	17:06.99	(16:53.89)
5:18.79	5:12.39	4:40.49	400 Individual Medley	4:58.19	4:51.79	4:19.39

GENERAL INFORMATION

Hosts: This meet is being co-hosted by Indiana Swimming and the Indiana University Natatorium.

Sanctions: This event is sanctioned by Indiana Swimming on behalf of USA Swimming.

Sanction # IN 12059 – Grand Prix Meet

Sanction # IN 12060– Grand Prix Time Trials

Facility Address

Indiana University Natatorium
On the Campus of IUPUI
901 West New York Street
Indianapolis, IN 46202

Facility Highlights

- 8-lane, 50-meter competition pool
- 7-lane, 25-yard warm-up, cool-down pool
- Water depth: 9 – 10' in the competition pool; 17' in the warm-up, cool-down pool (diving well)
- Kiefer-McNeil non-turbulent lane markers
- Custom designed starting blocks
- Daktronics electronic timing equipment & scoreboard
- The competition course has been certified in accordance with USA Swimming Rule 104.2.2C (4) with a copy of the certification on file with USA Swimming.

Meet Directors

Arlene McDonald
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317-442-2166
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Julie McKenney
IU Natatorium
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Officials

Meet Referee
Clark Hammond
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Birmingham, AL 35243
Hamm5690@bellsouth.net
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Indiana Officials' Chair
Dick Duncan
235 Poplar Grove Drive
Avon, IN 46123
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317-745-6817

Entry Chair

Steve Carr
indyentries@comcast.net
317-250-0437

Event Schedule

Wednesday, March 28	5:30 PM	General Meeting	University Place Conference Center & Hotel Auditorium 850 West Michigan Street (1 block north of the Natatorium)
Thursday, March 29	7:00 AM	Officials' Meeting	Track Tunnel Lobby -NW Corner of Natatorium; Deck Level
<i>All subsequent officials' briefings will be held one hour prior to the start of each session.</i>			
Thursday – Saturday	8:30 AM	Start of Prelims	Competition Pool
March 29 – 31	6:00 PM	Start of Finals	Competition Pool

Officials: This meet has been designated as an Officials Qualifying Meet under the Nationals Officials Certification Program for certification and re-certification evaluations for N2 and N3-level positions. Completed Requests for Evaluation applications, found on the USA Swimming web site, may be emailed to Officials Coordinator, Dick Duncan at dickd46@aol.com or mailed to 235 Poplar Grove Drive; Avon, IN 46123. Opportunities for evaluations may be limited by time and personnel resources. Applications to officiate can be found online at www.usaswimming.org on the Officials Applications and Forms page.

Hotels: Special rates for this event have been negotiated at numerous partner hotels which are all conveniently located and in close proximity to the Indiana University Natatorium. For complete, up-to-date hotel information and access to the host's convenient online hotel reservation system, visit the event website at www.AllGreatRacers.com and click on the hotel link that appears on the home page. Please do not call the hotels directly as you will be unable to obtain the negotiated event rate and amenities.

When making reservations for ten or more hotel rooms, please call the Indianapolis Convention and Visitors Association housing office at 317-684-2573 between the hours of 8:30 AM and 5:00 PM (Eastern) for assistance. Housing agents there have the real-time hotel inventory and with one phone call, you can book your reservation at available hotels that meet your needs. When calling the ICVA Housing Department, please ask for the Indiana Swimming 2012 Grand Prix reserved hotel blocks. Reservations for less than ten rooms can be made online at www.AllGreatRacers.com

Directions to Indiana University Natatorium from Indianapolis International Airport

From the airport, follow signs onto I-70 E.
Continue on I-70 E. for approx. 4 miles, and take Exit 79A (West Street).
Turn North (left) onto West St. to Michigan Street.
Turn Left on Michigan Street.
Turn Left onto University Boulevard.
Turn Left onto New York Street.
Turn Right onto Blake Street and proceed into the garage attached to the IU Natatorium.

GENERAL INFORMATION - Continued

USA Swimming Broadcast Policy and Image Authorization

Broadcast Statement

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming.

Image Authorization

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions. All participants agree not to use or authorize use of pictures in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the consent of USA Swimming. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade. Furthermore, participants agree to return these uniforms and equipment, bearing USA Swimming logos and marks, if and when requested.

Television & Media

The 2012 Indy Grand Prix @ the Nat is currently scheduled to be broadcast on Universal Sports. Check local listing for times. Media wishing to cover this event are asked to complete the online credential request form found on the media page of www.usaswimming.org

Tickets

All-Session Pass

*Available online at www.iunat.iupui.edu starting Feb. 1, 2012

Adult: \$40.00

Student: \$30.00

(Includes psych sheet and session heat sheets)

*All-session passes ordered online in advance of the meet will be available at will-call beginning on Wednesday, March 28, at the hours listed below.

Day Pass – Prelims & Finals of the Same Day

Sold only onsite at the Natatorium beginning March 28

Adult: \$15.00

Student: \$10.00

Single-Session Pass – Prelims or Finals

Sold only onsite at the Natatorium beginning March 28

Adult: \$10.00

Student: \$ 5.00

- Admission is free for children ages 3 and under.
- On March 28, the ticket office will be open from 10:00 AM – 12:00 Noon and from 1:00 PM – 3:00 PM.
- On competition days, the ticket office will open 90 minutes prior to the start of each session.

Heat Sheets

Prelims: \$5.00

Finals: \$2.00

For questions or more information regarding tickets, please contact:

Matt Reisweg

Marketing/Ticket Manager

IU Natatorium

msreiswe@iupui.edu

Transportation

Airlines

Air Canada 800/247-2262

Air Tran 800/247-8726

American 800/433-7300

Continental 800/523-3273

Delta 800/221-1212

Frontier 800/432-1359

Southwest 800/435-9792

United 800/864-8331

US Airways 800/428-4322

Car Rental Agencies

Alamo 800/327-9633

Avis 800/230-4898

Budget 800/527-0700

Dollar 800/800-3665

Enterprise 800/736-8222

Hertz 800/654-3131

National 800/227-7368

Thrifty 800/847-4389

In addition to taxis, the Green Line Downtown/Airport Express delivers non-stop service from Indianapolis International Airport to Downtown Indianapolis daily from 5am – 9pm. Frequency is every 20 minutes (estimated travel time is 15 minutes). Downtown stops serve 17 major hotels and provide access to 30 local bus routes.

The Green Line is available from Ground Transportation in the terminal of the Indianapolis International Airport, located on the first floor of the parking garage (Zone 6). To access Ground Transportation, simply exit the Arrivals Level (baggage claim) and follow signs to Ground Transportation.

Bus fare is \$7.00 per trip. Half-fare is available for persons 65 and older, youth 18 and under, and persons with disabilities.

Event Website

Please visit the event website at www.AllGreatRacers.com for the most up-to-date meet information.

Visitor Information

To learn more about Indianapolis-area attractions, restaurants, and what is happening in Indianapolis during your stay, please visit www.VisitIndy.com, the official website of the Indianapolis Convention and Visitors Association.

SITE INFORMATION

About the Facility

The IU Natatorium, located on the campus of IUPUI in downtown Indianapolis, was completed in 1982 at a cost of \$21.5 million. The IU Natatorium has three pools (competition pool, instructional pool, and diving well) which combined hold over 2.1 million gallons of water. The main competition pool has been proclaimed one of the fastest pools in the world, with 101 American and 15 World records having been broken here. Athletes from around the world have competed at the IU Natatorium, which is also open daily for lap swimming, instructional programs, and camps. The diving well boasts eight diving boards and five platforms. The US Olympic Team Trials-Swimming were held here in 1984, 1992, 1996 and 2000. The names of all the team members who have qualified for an Olympic Team here are inscribed on the south wall of the Natatorium.

Time Zone

Indianapolis is in the Eastern Time Zone. All designated times are in Eastern Time.

Pool Hours

Wednesday, March 28	8:00 AM - 10:00 PM.
Thursday, March 29	6:00 AM - 1 hour after finals
Friday, March 30	6:00 AM - 1 hour after finals
Saturday, March 31	6:00 AM - 1 hour after finals

During these pool hours, event participants will have access to the 8-lane, 50-meter competition pool and the 7-lane, 25-yard diving well, which will serve as the warm-up, cool-down pool during competition sessions.

Registration & Credential Pick-Up

Teams arriving during times other than the Credential Pick-Up times listed below will be given temporary day passes in the Registration area so that athletes may immediately enter the deck for workout. Coaches should return during the designated times to pick up official credentials and packets.

Credentials can be picked up in the Registration area at the Natatorium on the following schedule:

Wednesday, March 28	8:00 AM – Noon 1:00 PM – 9:00 PM
Thursday, March 29	7:00 AM – 1:00 PM

Teams arriving after 1:00 PM on Thursday, March 29, can pick up their credentials and coaches packets at the security desk at the deck entrance to the Natatorium.

Credentials

No swimmer will be issued credentials without a coach member present. If the home club coach is not planning to attend this event, the swimmer must be assigned a supervising coach as per USA Swimming rule 202.3.2. Arriving with a fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign a supervision form before an athlete credential can be issued.

Restricted access to the facility will be strictly enforced beginning at 8:00 AM on Wednesday, March 28. Participants are required to display their credentials at all times to gain deck access.

Parking

Team and spectator parking information will be available online in February at www.iunat.iupui.edu or the event website at www.AllGreatRacers.com

Information/Lost & Found

Lost and found will be located in the East Control Room on the deck level of the Natatorium and at the Ticket Booth on the spectator concourse. A guest services information desk will be located in the upper concourse area of the facility and will be staffed during the hours posted.

Locker Rooms

Four (4) locker rooms, two (2) men's and two (2) women's, exist adjacent to the competition pool with ample locker space. The IU Natatorium and the meet hosts will not be held liable for lost or stolen items.

Medical Assistance

An Athletic Trainer will be available in a designated room, located near the pool deck the entire time the facility is open for practice and competition. Sports massage therapy services will not be provided.

Hospitality

A hospitality room for the coaches, officials, and volunteers will be located on the south pool deck level directly behind the diving towers. Food and beverages will be offered throughout the day. A daily menu will be included in the coaches' packets.

There will also be an athlete hospitality area located in the northeast corner of the deck level near the deck entrance.

Concessions

Concessions will be provided by Chartwells, the official University caterer, on the main concourse of the IU Natatorium during competition hours.

Wireless Internet

Coaches, officials, and registered media will have access to complimentary wireless Internet inside the venue.

ELIGIBILITY & ENTRIES

Eligibility

All swimmers must be current 2012 registered athlete members of USA Swimming or FINA and have met the time standard requirements. Seasonally registered athletes are not permitted to enter this meet. All coaches granted deck access must be non-athlete coach members for 2012 and display current certifications as a USA Swimming or FINA registered coach. The representative submitting the entries shall be responsible for verifying that all swimmers and coaches satisfy these requirements.

Qualifying

The qualifying period for the 2012 Indy Grand Prix @ the Nat is October 1, 2010, through the entry deadline. Minimum qualifying standards are included in this packet with the order of events on page 3. Entry times will be accepted in Long Course Meters, Short Course Yards, and Short Course Meters, and all events will be seeded in that order.

Entry Period

Entries will be accepted through OME beginning Monday, February 13, 2012, at 8:00 AM and will close as soon as the entry cap of 700 swimmers is reached, but no later than Noon on Monday, March 19, 2012. Please note: Swimmers must check out of OME to be considered entered in the meet.

Entry Limits

Each competitor may enter as many individual events for which he/she qualifies, but may only swim a maximum of three individual events per day including time trials. Athletes who enter more than three events per day must scratch down by the scratch deadline for each day's events. Failure to scratch back to the three per day limit by the scratch deadline will result in the swimmer being scratched from all events except the first three entered on any given day. There will be no refund of entry fees. Teams are limited to two relays for each relay event.

Bonus Events

Swimmers qualified in at least one individual event are eligible to enter two bonus events during the course of the three-day competition. The only bonus events with qualifying times are the 400 freestyle, 400 IM, 800 freestyle (W), and 1500 freestyle (M). Bonus qualifying times can be found on page 3 of this packet. Submitted bonus times must be the swimmer's actual time for that event(s). When completing the online meet registration, please be certain to check the box indicating "bonus" for each event that is a bonus entry. Once an event is marked "bonus," it cannot be changed to a qualified event.

Entry Fees

\$10 per individual event and time trial individual event
\$25 per relay team entry and time trial relay team entry
Checks for time trial entries should be made payable to Indiana Swimming.

Entry Procedures

All entries from USA Swimming teams must be submitted using the USA Swimming Online Meet Entry (OME) system. No paper or email entries will be accepted from USA Swimming teams. OME can be accessed on the USA Swimming website at www.usaswimming.org/ome

- OME will be available for this meet beginning Monday, February 13, 2012, at 8:00 AM.
- OME will close when the 700 swimmer limit has been reached, but no later than Monday, March 19, at Noon.
- No late or deck entries will be accepted.

The OME system processes payment by credit card and will accept Visa, MasterCard, American Express, and Discover Card. Upon payment, a confirmation email providing a receipt and summary of the events entered will be returned. Entries are not in the meet until payment has been processed. Questions or problems with OME should be directed to Josh Fowler at USA Swimming: jfowler@usaswimming.org

A Hy-Tek Team Manager event file is posted on the meet website at www.AllGreatRacers.com This will allow teams to establish the qualifying profile for their athletes prior to using OME. OME is not an eligibility report; it is necessary to know what events are going to be entered before starting the entry into OME.

Entry questions other than those regarding OME should be directed to the Meet Entry Chair Steve Carr at indyentries@comcast.net or 317-250-0437.

Foreign Athlete Entries

Foreign athletes (those who are ineligible to represent the USA in international competitions) will be allowed to swim at this competition. Foreign athletes who are USA Swimming members should enter with their team or as unattached athletes through the Online Meet Entry system. Foreign teams only may submit a Team Manager file directly to Steve Carr at indyentries@comcast.net Foreign teams can download the event file off the event website or email Steve Carr directly for the file. Foreign teams who do not have Team Manager may also enter the meet using the forms on the event website or may obtain these forms from the entry chair. These completed forms should be returned to Steve Carr at indyentries@comcast.net. When submitting (file or form), if an email confirming receipt of entries is not received within 24 hours after submitting the entry file, the foreign team entry person should contact Steve Carr by phone at 317-250-0437. Teams submitting entries by the electronic forms will be assessed a hand entry fee of \$50. All foreign entries (file or form) must be received no later than Noon, Monday, March 12, 2012, and are subject to the 700 swimmer limit which may occur sooner than March 12. Payment for foreign team entries submitted by Hy-Tek must be given to the Meet Entry Chair Steve Carr prior to 5:30 PM on Wednesday, March 28, the start of the General Meeting. Payments for foreign entries must be by check, in U.S. dollars, made payable to Indiana Swimming, or by cash using U.S. currency. Foreign entries must be proven with meet results. All foreign participants must be members in good standing of their country's FINA affiliated federation.

Proof of Times

Individual times must be submitted in actual times achieved; conversions are not permitted. The OME entry system interfaces with the USA Swimming times and membership database (SWIMS) and will provide entry times. These times are proven. If you would like to enter using a time that is not showing in the system, there is a custom time entry function in OME, but these are not proven. If a custom time is used, proof must be submitted to the Meet Entry Chair prior to 5:30 PM on Wednesday, March 28, the start of the General Meeting, or the entry will be scratched. Proof consists of a copy of final results proving the entry time from a USA Swimming or FINA sanctioned or observed meet. These results must include a sanction number, date, and location. Referrals to results posted on websites and Hy-Tek Team Manager results will not be accepted as proof.

MEET PROCEDURES

Rules

The most current version of USA Swimming Rules and Regulations will govern the conduct of the 2012 Indy Grand Prix @ the Nat and will serve as the official guide for technical and procedural rules. It shall be the swimmers' and coaches' responsibility to acquaint themselves with those rules and regulations and other information contained in this meet announcement.

Format

Preliminary & Final Events: All events except the women's 800 freestyle, the men's 1500 freestyle, and all relays, will be swum in a prelims-finals format with preliminary sessions in the morning (8:30 AM) and finals sessions in the evening (6:00 PM). All prelims-finals events will have bonus finals, consolation finals, and finals heats swum during the evening session in that order.

Based on the size of the meet, the preliminary sessions may be conducted in flights as follows: The fastest seven (7) heats of events 200 M or less and the fastest five (5) heats of 400 M events would be swum in the "A" flight with all remaining heats swum in the "B" flight; all "A" flights would be concluded each morning prior to beginning the "B" flights.

Details of any changes to standard meet operations protocol will be announced at the General Meeting.

During all competition sessions, seven lanes of continuous warm-up/cool-down will be available in the adjacent diving well (25-meter pool).

Timed Final Events: The women's 800 freestyle, the men's 1500 freestyle, and all relays will be swum as timed final events.

Women's 800 Freestyle & Men's 1500 Freestyle: The fastest heat of the women's 800 freestyle and the men's 1500 freestyle will be swum in the evening finals session on Saturday in event order. Other heats of the 800 and 1500 will be swum after prelims on Saturday slowest to fastest, alternating women and men, and scheduled so that the second fastest heat of the men's 1500 freestyle is concluded 60 minutes before the evening finals session is to begin.

Relays

Teams are limited to two relays per relay event. All relay events will be swum as timed finals with the fastest two heats swimming in the evening finals session in event order. All other heats of relays will swim in the prelims sessions also in event order, slowest to fastest. On Saturday morning, the 400 medley relay will be swum after the 200 individual medley events and prior to the start of the distance events.

Relay-only swimmers are permitted in this meet and should be listed on the team entry that is submitted by the entry deadline.

Foreign athletes will be allowed to swim on relays at this competition as long as the foreign swimmer is a member of the team for which he or she is competing.

Positive Check-In

All relays, the women's 800 freestyle, and the men's 1500 freestyle require positive check-in at the Clerk of Course by the scratch deadline for that event in order to be seeded. Failure to do so may cause an athlete to be removed from an event.

Scratch Procedures and Deadlines

Before and after the General Meeting, the scratch box will be located at the Clerk of Course table next to the timing and scoring table on the west side of the pool deck. The scratch box will be available at the General Meeting.

The scratch deadline for Thursday's events will be 15 minutes after the adjournment of the General Meeting on Wednesday.

The scratch deadlines for all subsequent days are as follows:
Friday Events: 6:30 PM Thursday Evening
Saturday Events: 6:30 PM Friday Evening

Scratch Rules

USA Swimming Championships scratch procedures will be in effect for this meet. Please refer to section 207.12.6 in the USA Swimming Rulebook for specific scratch penalties.

Seeding

Seeding priority will be as follows: LCM first-seeding priority; SCY second-seeding priority; SCM third-seeding priority. Bonus swims will be seeded following qualifying times in each event in the same seeding priority: LCM, SCY, SCM

Scoring

The meet will not be scored individually or by team.

Awards

There will be individual awards for the top three swimmers and the top three relays in each event. There will be no team awards.

Awards will be presented after the completion of each stroke series. The top three swimmers in each individual event and the top three relays in each relay event should report to the awards stands promptly at that time.

Time Trials

Time trials will be conducted on a time-available basis between prelims and finals each day. Time trials will begin 15 minutes after the conclusion of prelims. The time trial order of events each day will be as listed on page 12 or at the discretion of the Meet Referee.

Swimmers must be entered in the meet to compete in time trials; relay-only swimmers are eligible for time trials. Time trial events count toward the daily entry limit of three events.

Entries for time trials will be accepted at the Clerk of Course until one hour before the scheduled end of the prelims session each day; this time will be posted at the Clerk of Course. The entry fee for time trials is \$10 per individual event and \$25 per relay event with checks made payable to Indiana Swimming or in cash. Refunds will be issued if sufficient time is not available to conduct the time trial session. All times achieved in time trials will appear in the published meet results.

MEET PROCEDURES - Continued

Results

Live results will be available online at the event website www.AllGreatRacers.com

Hard-copy results will be posted throughout the venue; individual event results will be available in the event mailboxes located at the Clerk of Course.

Warm-Ups and Safety

A complete schedule of warm-up procedures, including lane usage and times, can be found on page 10 and will be discussed at the General Meeting as well as announced throughout the venue on a regular basis. Participants are asked to cooperate with meet marshals. Flagrant violation of these procedures may result in a disqualification from the meet for unsportsmanlike conduct.

General Meeting

Coaches are responsible for all business conducted at the General Meeting. If, for any reason, you cannot attend the General Meeting, be sure to make arrangements to find out what occurred. Details of any changes to the procedures outlined above will be announced at the General Meeting.

Also, remember that the scratch deadline for Thursday's events is 15 minutes after the adjournment of the General Meeting on Wednesday and that payment for foreign team entries and proof of custom times submitted into OME are both due prior to the start of the General Meeting.

Doping Control

Doping Control may occur at this competition. All athletes competing in the meet are eligible to be tested. All athletes should check the status of EVERY medication they consume (both over the counter and prescription) at the US Anti-Doping Agency's (USADA) Drug Reference On-line (usantidoping.org/dro). This should be done immediately and prior to consuming any medications. Documentation may be required to be submitted well in advance of the meet. Visit USA Swimming's website usaswimming.org for more information about Doping Control.

2012 INDY GRAND PRIX
Indiana University Natatorium
Indianapolis, Indiana
March 29 - 31, 2012

WARM-UP SCHEDULE FOR COMPETITION POOL

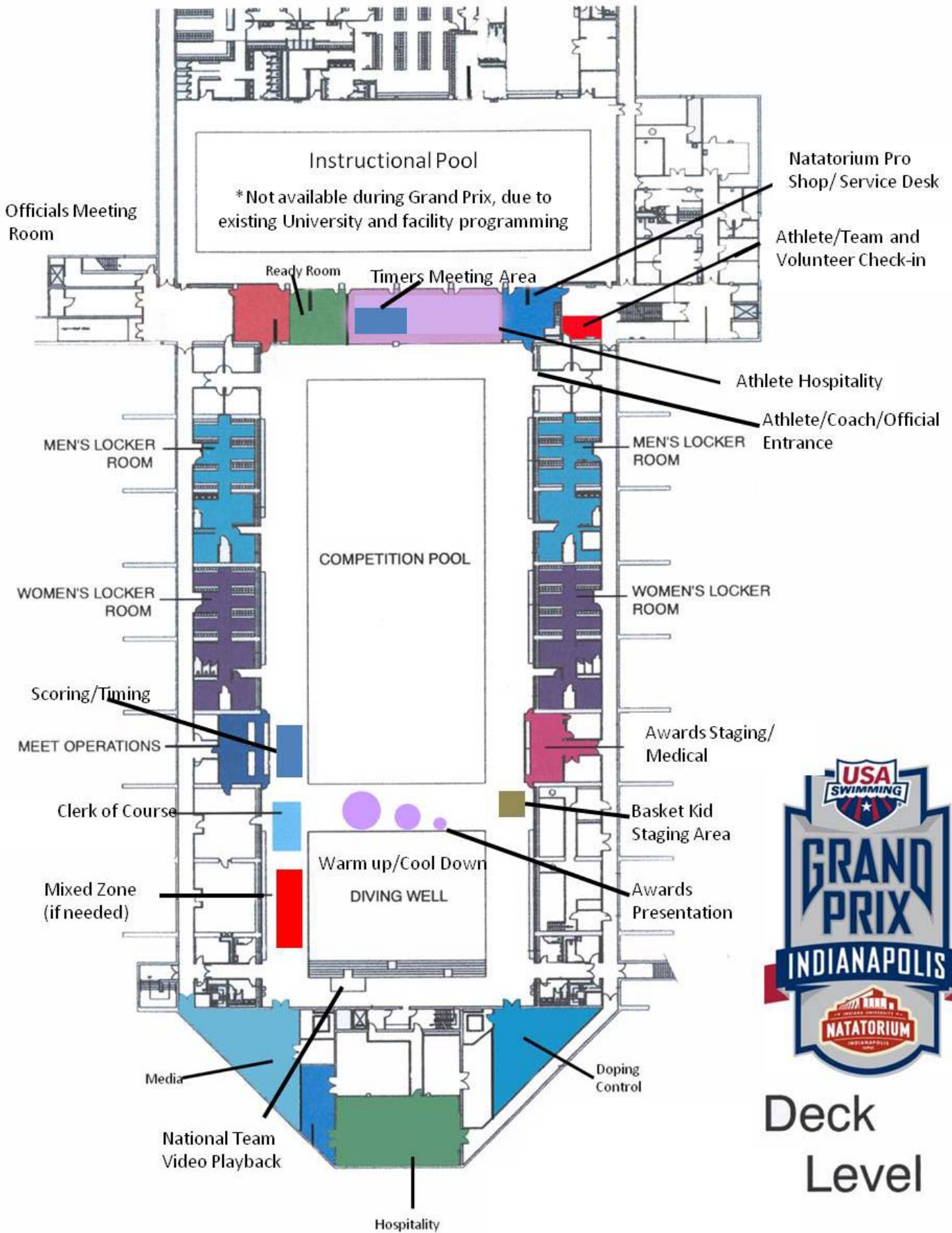
TIME	LANES	ACTIVITY
PRIOR TO PRELIMS		
6:00 - 7:00 AM	All Lanes	General Warm-up; circle swimming only, no racing starts
7:00 - 7:30 AM	Lanes 1,8 Lanes 3-7	Pace lane; push off only, circle swimming only. General warm-up; circle swimming only
7:30 - 8:20 AM	Lanes 1,8 Lanes 2,7 Lanes 3-6	Pace lanes; push off only circle swimming only Sprint lanes*; one way only General Warm-up *Note: Additional sprint lanes will be opened by meet officials as required, in the following order - 3, 6, 4, 5. On Friday (50 M Free), Lane 7 will be one-way sprints from the scoreboard end of the pool.

PRIOR TO FINALS		
<i>(The last 60 minutes of warm-ups in the competition pool are reserved for those swimmers competing in that day's finals events.)</i>		
(Note: On Saturday, the competition pool may not be available until 5:00 p.m. due to the preliminaries of the distance events.)		
until - 4:30 PM	Lane 1 Lanes 2-8	Pace lane; push off only, circle swimming only. General warm-up; circle swimming only
4:30 - 5:00 PM	Lanes 1,8 Lanes 3-7	Pace lane; push off only, circle swimming only General warm-up; circle swimming only
5:00 - 5:45 PM	Lanes 1,8 Lanes 2,7 Lanes 3-6	Pace lanes; push off only circle swimming only Sprint lanes*; one way only General Warm-up *Note: Additional sprint lanes will be opened by meet officials as required, in the following order - 3, 6, 4, 5. On Friday (50 M Free), Lane 7 will be one-way sprints from the scoreboard end of the pool.

General Considerations:

- 1) Please follow the established schedule. If you believe special circumstances exist, or additional sprint lanes are needed, please contact the officials on deck.
- 2) Coaches should maintain contact with their swimmers as much as practical - verbally & visually - throughout the warm-up period.
- 3) Swimmers & coaches, please cooperate with marshals regarding procedures.
- 4) Swimmers should not step up on the blocks when a backstroker is preparing to start.

INDIANA UNIVERSITY NATATORIUM – DECK LEVEL



Deck Level

2012 INDY GRAND PRIX

Indiana University Natatorium

Indianapolis, Indiana

March 29 - 31, 2012

The Time Trial table will be open from 7:30 AM until one hour prior to the scheduled finish of the preliminary session, and will open back up during finals.

\$10.00 cash or check per individual events; \$25.00 for relay events.

Please make checks payable to Indiana Swimming.

Time Trials Policy:

- 1) Time trials will begin 15 minutes after the conclusion of prelims each day as time allows.
- 2) The combination of meet events and time trial events may not exceed three per day.
- 3) The 800 and 1500 Freestyle will be offered only one day of the meet. The day will be determined by the Meet Referee and will be announced at the General Meeting.
- 4) The availability of time trials on each day may be limited.
- 5) Time Trials shall be swum in the order listed below.

TIME TRIALS ORDER OF EVENTS		
DAY 1	DAY 2	DAY 3
W 200 Free	W 50 Butterfly	W 200 IM
M 200 Free	M 50 Butterfly	M 200 IM
W 100 Breaststroke	W 50 Backstroke	W 200 Backstroke
M 100 Breaststroke	M 50 Backstroke	M 200 Backstroke
W 100 Butterfly	W 50 Breaststroke	W 100 Free
M 100 Butterfly	M 50 Breaststroke	M 100 Free
W 400 IM	W 50 Free	W 400 Medley Relay
M 400 IM	M 50 Free	M 400 Medley Relay
W 400 Free Relay	W 200 Butterfly	W 200 Free
M 400 Free Relay	M 200 Butterfly	M 200 Free
W 200 Butterfly	W 100 Backstroke	W 100 Breaststroke
M 200 Butterfly	M 100 Backstroke	M 100 Breaststroke
W 100 Backstroke	W 400 Free	W 100 Butterfly
M 100 Backstroke	M 400 Free	M 100 Butterfly
W 400 Free	W 200 Breaststroke	W 400 IM
M 400 Free	M 200 Breaststroke	M 400 IM
W 200 Breaststroke	W 800 Free Relay	W 400 Free Relay
M 200 Breaststroke	M 800 Free Relay	M 400 Free Relay
W 800 Free Relay	W 200 IM	W 200 Butterfly
M 800 Free Relay	M 200 IM	M 200 Butterfly
W 200 IM	W 200 Backstroke	W 100 Backstroke
M 200 IM	M 200 Backstroke	M 100 Backstroke
W 200 Backstroke	W 100 Free	W 400 Free
M 200 Backstroke	M 100 Free	M 400 Free
W 100 Free	W 400 Medley Relay	W 200 Breaststroke
M 100 Free	M 400 Medley Relay	M 200 Breaststroke
W 400 Medley Relay	W 200 Free	W 800 Free Relay
M 400 Medley Relay	M 200 Free	M 800 Free Relay
W 50 Butterfly	W 100 Breaststroke	W 50 Butterfly
M 50 Butterfly	M 100 Breaststroke	M 50 Butterfly
W 50 Backstroke	W 100 Butterfly	W 50 Backstroke
M 50 Backstroke	M 100 Butterfly	M 50 Backstroke
W 50 Breaststroke	W 400 IM	W 50 Breaststroke
M 50 Breaststroke	M 400 IM	M 50 Breaststroke
W 50 Free	W 400 Free Relay	W 50 Free
M 50 Free	M 400 Free Relay	M 50 Free