



## COACHING CONNECTION



### USA Swimming Workshop presented by LiveBarn

As USA Swimming continues to provide opportunities for the success of our members, we are excited about the possibilities the **2023 USA Swimming Workshop presented by LiveBarn** will offer to our swimming community. This workshop will be an exciting new opportunity for LSC leaders, coaches, non-athlete and athlete members. Click the image to hear more about the workshop from USA Swimming's Director of Team Services Brendan Hansen.

[LEARN MORE](#)



## 2023 USA Swimming Safe Sport Leadership Conference

The USA Swimming Safe Sport Leadership Conference will be held in Denver, Colo., in conjunction with the USA Swimming Workshop presented by LiveBarn. On April 20, industry leaders will present on current topics of abuse prevention from 9 a.m.-4 p.m. MT.

More Info:

- Breakfast and lunch will be provided
- Room block is available



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## Last Chance to Register for Ocala, Fla. Regional Coach Clinic

- **March 31-April 2 in Ocala, Fla.** | [REGISTER](#) | [ROOM BLOCK](#) | [AGENDA](#)
- April 14-16 in Kansas City, Mo. | [REGISTER](#)
- June 9-11 in Baltimore, Md. | [REGISTER](#)
- October 6-8 in Louisville, Ky. | [REGISTER](#)
  
- Single participant cost is \$100
- Team participant cost (up to four coaches) is \$200

[LEARN MORE](#)

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OFFICIAL SPONSOR

## Regional Diversity Select Camp

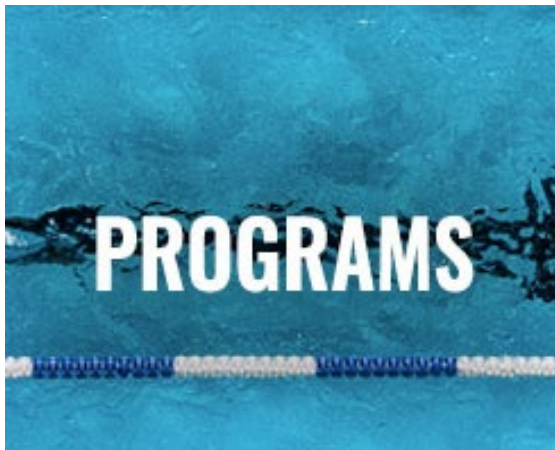
Athlete applications close March 31.

[APPLY HERE](#)

## arena Partnership Extended

arena's partnership with USA Swimming has been extended through December 31, 2024.

[READ MORE](#)



## Health Coverage

Open enrollment for this USA Swimming member health insurance window **closes April 2.**

Remember, all clubs and their members are now eligible to take advantage of health insurance.

[ENROLL NOW](#)



## Reminder: Quality Coaching Framework (QCF) Course

Existing coaches must complete the QCF course before June 6. Please login to your USA Swimming dashboard to find and complete the course.

Questions? Email [education@usaswimming.org](mailto:education@usaswimming.org).

[READ MORE](#)

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**2023 Safe Sport Club Recognition Training**

For Parents:

- March 15, 8 p.m. ET | [REGISTER](#)
- April 5, 10 p.m. ET | [REGISTER](#)
- May 10, 8 p.m. ET | [REGISTER](#)
- June 7, 8 p.m. ET | [REGISTER](#)

For Athletes:

- March 16, 8 p.m. ET | [REGISTER](#)
- April 6, 10 p.m. ET | [REGISTER](#)
- May 11, 8 p.m. ET | [REGISTER](#)
- June 8, 8 p.m. ET | [REGISTER](#)

For Coaches:

- March 17, 3 p.m. ET | [REGISTER](#)
- April 7, 2 p.m. ET | [REGISTER](#)
- May 12, 3 p.m. ET | [REGISTER](#)
- June 9, 3 p.m. ET | [REGISTER](#)

Safe Sport Website

## 2023 LTS/Pre-Competitive Webinar Series

To help bridge the gap between learn-to-swim and competition, USA Swimming is introducing a new webinar series specifically geared towards the pre-competitive space. These webinars will help assist in building resources for programs and clubs interested in establishing local connections as well as expand their current services. Take part in our first FREE virtual pre-comp opportunity!

Topics and dates:

- Best practices for Connecting with Recreational and Swim Lesson Programs
  - April 12, 12:30-1:30 p.m. ET | [REGISTER](#)
- Pre-team and Pre-Competitive Curricula
  - June 14
- How to Maximize Your Aquatic Relationships: Marketing Strategies
  - August 9
- Best Practices for Establishing and Operating an Internal Feeder Program
  - October 11

## DEI Webinar

DEI educational webinars are held on the second Thursday of each month. Current series is centered around creating a water safety festival.

Water Safety Festival 201

- April 13, 7 p.m. ET | [REGISTER](#)

Water Safety Festival 301

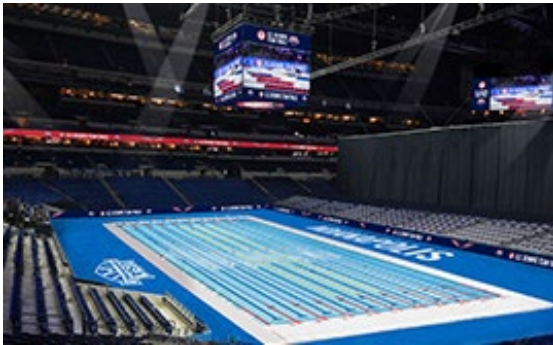
- May 11, 7 p.m. ET | [REGISTER](#)

[Watch the recordings](#) to get caught up on previously recorded webinars.

[DEI Website](#)

## Social Spotlights

Check out February's most engaged content on Facebook, Instagram and YouTube!



### Top Facebook and Instagram Posts

Trials Tickets

"Nine days. Eight lanes. 30,000+ seats. One great city. Witness #SwimTrials24 in person."

View [Facebook post](#) and [Instagram post](#).



### Top YouTube Post

Ledecky's 400m freestyle

"Katie Ledecky Dominates Women's 400M Freestyle | 2023 TYR Pro Swim Series Knoxville."

View video [here](#).



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