



LANE LINES



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USA Swimming Network & Off the Blocks

Today is the launch of the [USA Swimming](#)



[Network](#). The Network is available on select connected TV platforms like Roku and Fire TV, with the remainder of connected TV platforms set to launch in the coming months. The platform extends the USA Swimming digital content library to connected TV devices for the first time and makes it easier than ever for fans to interact with USA Swimming content directly on their TV.

USA Swimming Senior Director of Marketing and Communications Jake Grosser explains more about the platform in [this video](#).



USA Swimming Workshop

The USA Swimming Workshop presented by LiveBarn takes place this week in Denver!

USA Swimming President & CEO Tim Hinchey III details what the Workshop will look like, as well as his background in sports and vision for the future in this [letter to membership](#).



New Episode of Kick Set

With Open Water National Championships taking place April 21-23, open water national team member **Brennan Gravley** joined *Kick Set* to give a first-hand look at what competing at the national and international stage in open water is like.

[LISTEN](#)

Upcoming Events

- [USA Swimming Workshop presented by LiveBarn](#)

- April 20-23 | Denver, Colo.
- [Open Water National & Junior National Championships](#)
 - April 21-23 | Sarasota, Fla.
- [Make a Splash Tour presented by Phillips 66](#)
 - Houston; Lake Charles, La.; St. Louis, Mo. and Roxana, Ill.; Billings, Mont.
- [TYR Pro Swim Series Mission Viejo](#)
 - May 17-20 | Mission Viejo, Calif. | LCM
- [Phillips 66 National Championships](#)
 - June 27-July 1 | Indianapolis, Ind. | LCM

Head to usaswimming.org/events to see the full slate of both competitive and non-competitive events coming up.

Child Abuse Prevention Month Spotlight



What You Need to Know

With April being Child Abuse Prevention Month, here are three ways to further your commitment to keeping athletes safe.

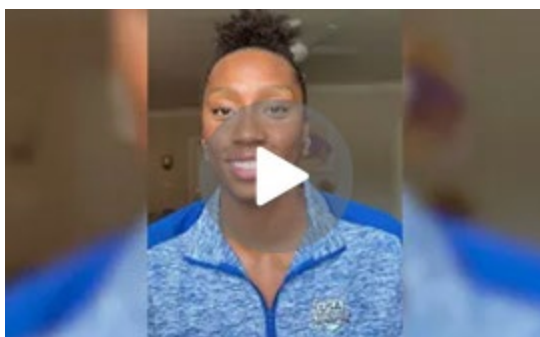
[READ MORE](#)



Audrey Cohen

Read about Southern Maine Aquatic Club and Maine Swimming's Safe Sport Chair Audrey Cohen in this member spotlight.

[READ MORE](#)



2022 Swim-a-Thon Winner

Click the video to watch Tokyo Olympian Natalie Hinds announce which teams won gold medal packages, as well as the grand prize winner, from Swim-a-Thons hosted in 2022.

Interested in hosting a Swim-a-Thon? [Click here.](#)

SPLASH

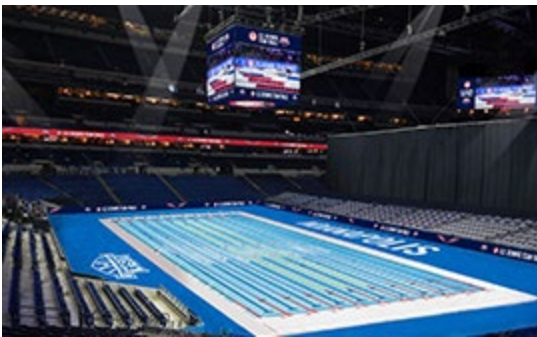
Dear Splash...

There is still time to submit your story to *Splash Magazine*!

There will be a section in the magazine called "Dear Splash..." that features funny, memorable or incredible things that happened on the pool deck this past season.

What is your most memorable moment or story from the pool deck this past season? Email Splash@usaswimming.org with a description of your favorite moment(s) and a picture for a chance to be considered.

Deadline to submit has been extended to April 24.



Trials Tickets

Do you have your tickets for the 2024 U.S. Olympic Team Trials - Swimming??

With less than two months until three-day packages go on sale, don't miss your chance to reserve your seat and lock in the best value with an all-session ticket.

[TICKETS](#)

Get Your Gear at the USA Swimming Fanshop

Get ready for spring by browsing USA



T-SHIRTS



Swimming's t-shirt collection.

Click the image to head to USA Swimming's Fanshop.

USADA Reminder

Did you know there's a difference between a nutrition facts label and a supplement facts label? Knowing how to read these two labels could help you avoid unintentionally ingesting harmful substances.

[READ MORE](#)

News & Virtual Offerings

News:

- [USA Swimming BOD Application Period Is Open Now Through May 15](#)
- [TYR Partnered as Exclusive Outfitter of the USA Swimming National Team Through the 2024 Olympics](#)
- [TYR Pro Swim Series Westmont Opens With Smith, Finke Wins in 800m Freestyle](#)
- [Eight National Team Athletes Claim Titles on Night Two of TYR Pro Swim Series Westmont](#)
- [Regan Smith's Two Wins Highlight Night Three at TYR Pro Swim Series Westmont](#)
- [U.S. Open Record for Regan Smith on Final Night of TYR Pro Swim Series Westmont](#)

Virtual Offerings:

- Monthly Safe Sport Trainings:
 - For Parents:
 - May 10, 8 p.m. ET | [REGISTER](#)
 - June 7, 8 p.m. ET | [REGISTER](#)
 - For Athletes:
 - May 11, 8 p.m. ET | [REGISTER](#)
 - June 8, 8 p.m. ET | [REGISTER](#)
 - For Coaches:

- May 12, 3 p.m. ET | [REGISTER](#)
 - June 9, 3 p.m. ET | [REGISTER](#)
- 10&U Network Webinar
 - April 25, 11 a.m. ET | [REGISTER](#)
 - Topic: How to get the toes turned out in the Breaststroke kick
- DEI Webinar Series
 - Water Safety Festival 301
 - May 11, 7 p.m. ET | [REGISTER](#)
- Learn-to-Swim/Pre-Competitive Webinar Series
 - Wed., June 14, 12:30 p.m. ET | [REGISTER](#)
 - Topic: Pre-team and Pre-competitive Curricula



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