LANE LINES



Road to Beijing Starts in Westmont

For the first time, USA Swimming will choose its Short Course World Championships team at a dedicated Trials meet. The nation's best will race in a 25-meter pool for spots on the team heading to Beijing for the World Championships, Dec. 1-6 in Beijing.

Oct. 28-31 | FMC Natatorium, Westmont, Ill.

- Wed, Oct. 28: Finals 5 p.m. CT (distance events)
- Thu-Sat, Oct. 29-31: Prelims 10 a.m. CT | Finals 6 p.m. CT

Watch: Thursday, Friday and Saturday finals live on Peacock. All prelims and finals stream live on USA Swimming's YouTube channel, with race clips and replays on YouTube and the USA Swimming Network.

Tickets: Buy here



Upcoming Events

- Short Course World Championship Trials (Westmont, IL)
  - Oct. 28-31, 2026 | Tickets
- Toyota U.S. Open Championships (Austin, TX)
  - Dec. 2-5, 2026 | Tickets
- Speedo Winter Junior Championships (Indianapolis, IN | Austin, TX)
  - Dec. 9-12, 2026 | Austin Tickets | Indianapolis Tickets
- Speedo Sectionals (Walnut, CA)
  - Dec. 18-21, 2026
- TYR Pro Swim Series - Nashville
  - Jan. 14-17, 2027 | Tickets



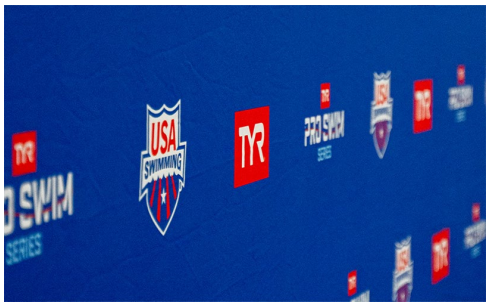
Qualifying Standards for 2028 U.S. Olympic Team Trials – Swimming Announced

When: June 9-17, 2028
Where: Lucas Oil Stadium, Indianapolis
Qualifying window: Dec. 2, 2026 – May 30, 2028

USA Swimming has released the qualifying standards for the 2028 U.S. Olympic Team Trials, giving swimmers across the country a clear target on the way to the Los Angeles 2028 Olympic Games. The window opens Dec. 2, and every swimmer who hits a cut gets a shot at Lucas Oil Stadium, where the Trials return after the historic 2024 meet.

View the standards

TYR Pro Swim Series Adds Quarterfinal Round for 2027



Each TYR Pro Swim Series stop in 2027 will include one 50m stroke event with a quarterfinal round added, so swimmers will race prelims, quarterfinals, semifinals and a final.

- Nashville, Jan. 14-17: 50 butterfly
- Westmont, March 3-6: 50 backstroke
- Fort Lauderdale, April 21-24: 50 breaststroke

At each stop, prelims and quarterfinals of that event will be held on Day 2, with semifinals on Day 3 and the final on Day 4.

Read the full story here.



Competitor in the Community

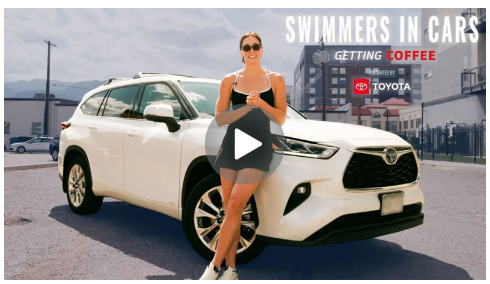
Johnnie Means is a nonprofit club in the Gulf Swimming LSC and a USA Swimming Community Impact Grant recipient. It offers low-cost swim lessons and competitive training to underserved communities across Houston. Tucker reached out to USA Swimming for help, and this summer Competitor donated a full equipment package through the Competitor in the Community program: lane lines, hardware, backstroke flags, accessories and freight to Houston.

The difference was immediate. Swimmers now train in separate groups, and the older kids have started leading their lanes for the younger ones.

Read the full story here.

Get to Know the USA Swimming National Team

Subscribe to the USA Swimming YouTube Channel or download the USA Swimming Network for weekly video releases featuring some of your favorite athletes. Click below to watch two of the newest releases.



Getting Coffee With Olympic Medalist Alex Walsh



Michael Andrew Reacts to Old Social Posts | Pin it or Delete it

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USA Swimming Foundation Opens 2027 Grant Applications

Applications are now open for the USA Swimming Foundation's 2027 Youth and Adult Learn-to-Swim grants, Community Impact grants, and Historically Black Colleges and Universities (HBCU) grants, with a deadline of November 15, 2026.

In 2026, the Foundation awarded more than $1 million to 122 swim lesson providers across 36 states, giving approximately 13,500 people the opportunity to learn to swim. Community Impact grants provide $5,000 to USA Swimming member clubs, renewable for up to three years.

Click here for more info.



What's Your Story?

Every swim is part of your story. New features in the USA Swimming mobile app and Data Hub give you more ways to shape your journey, celebrate your accomplishments, and discover the swimmer you're becoming.

Goal setting, achievement badges, and your personalized swimming archetype are now available in the USA Swimming mobile app and Data Hub. Start sharing your story today using the links below.

Apple Mobile App | Google Play Mobile App | Data Hub

Protect Yourself In Cold & Flu Season

Cold and Flu season is here. Please be aware of how athletes can safely use cold & flu products.

Click here to read more.

News and Virtual Offerings

Educational Offerings

- Safe Sport Club Recognition Training
  - For Parents:
    - Nov. 18 @ 8 p.m. ET | Register
  - For Athletes:
    - Nov. 19 @ 8 p.m. ET | Register
- 10 & Under Coaching Network
  - Practice Management

        - Nov. 6 @ 12:30 PM ET | Register
- Senior Coaching Network
    - Stroke Technique Priorities
        - Nov. 17 @ 10:30 AM MT | Register

Click here to view all upcoming webinars and past webinar recordings.

USA Swimming University released three additional coaching mini courses from the 10 & Under and 11-14 Coaching Network.

All free coaching mini courses are available after logging in to USA Swimming University and are approximately an hour long. New courses include: 1. Coaching for All Abilities; 2. The Importance of Free Play; 3. Program Leadership from the Age Group Coach

Learn more here.

From Our Partners



USA Swimming Fan Shop

A new way to rep USA Swimming has arrived. The limited USA Swimming x Vuori gear brings elevated everyday comfort with sweatshirts and t-shirts. Whether you're heading to practice, traveling to your next meet, or relaxing on a recovery day, these pieces are designed to fit seamlessly into your day.

Limited sweatshirts and t-shirts are available now on the USA Swimming Fan Shop while supplies last. Secure yours today!



OneAmerica Financial

Prepare for tomorrow while focusing on today.

Planning for long-term care may not be top of mind today, but preparing for the future can make a meaningful difference tomorrow. At OneAmerica Financial, our long-term care strategies can help bring peace of mind by offering protection for the people and moments that matter most. With trusted guidance, you can move forward with greater confidence and one less thing to worry about.

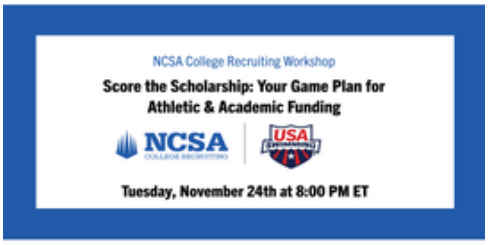
To learn more, click here.

Downy



When detergent alone isn't enough, Downy Rinse steps in. Simply pour it into the fabric softener drawer to fight stubborn odors in one wash, so you can start every lap fresh.

Click here for more.



NCSA College Recruiting Workshop

Paying for college doesn't have to be overwhelming. Join NCSA's Paul Putnam, a former collegiate athlete and Senior Director of Recruiting Education, to learn how athletic and academic scholarships work together, explore grants and financial aid options, and understand eligibility requirements.

You'll walk away with practical strategies to help you and your family navigate the process with confidence and make the most of your opportunities to fund a college education.

Join the workshop on Zoom!



Endless Pools

Congratulations to all the competitors in Irvine, California! It was great celebrating your achievements and introducing you to the ultimate training pool, the EP508 Pro.

We are proud to support swimmers of every level. With nearly four decades of experience helping swimmers like you refine their stroke and train at home with a smooth, adjustable current that lets you swim continuously, without flip turns, at speeds up to a 0:51/100-yard pace. As an Official Supplier of USA Swimming, we're offering special member pricing to help you take your training to the next level. Learn more about your exclusive pricing.

Drive Now, Pay Later with Credit Union 1



Finance a new or used vehicle with no payments for the first 90 days on eligible loans. Plus, get flexible financing with competitive rates and easily manage your loan with Digital Banking. View full details and disclosures and apply online today by clicking here.



Mack's Ear Plugs

Keep water out of your ears and help prevent swimmer's ear infections with Mack's® Earplugs, USA's #1-selling and #1 Doctor-Recommended earplug brand. Get off the bench and back into the water with Mack's® waterproof swimming earplugs. When it comes to ear health, trust Mack's®, the brand ear doctors trust. Mack's® is the Official Ear Care Supplier of USA Swimming.

Find out more here.



Bag Tags

Durable, personalized, and professional - the perfect way to showcase your swimmers and keep every meet organized. Learn more, customize, and purchase here.

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