



LANE LINES



Golden Goggles 2026

Did you miss any of the magic from the 23rd annual Golden Goggle Awards? Here are this year's winners:

- Female Athlete of the Year, presented by Omega: **Kate Douglass**
- Male Athlete of the Year, presented by Omega: **Van Mathias**
- Coach of the Year, presented by Omega: **Todd DeSorbo**
- Relay of the Year, presented by Toyota: **Mixed 4x100m Medley Relay (Will Modglin, Van Mathias, Gretchen Walsh, and Kate Douglass)**
- Breakout Performer of the Year: **McKenzie Siroky**
- Fran Crippen Open Water Athlete of the Year: **Becca Mann**
- Alumni of the Year: **Emily Klueh**

Read the full recap by clicking [here](#).



2028 U.S. Olympic Team Trials – Swimming Dates Announced

The 2028 U.S. Olympic Team Trials – Swimming will take place June 9-17, 2028, at Lucas Oil Stadium in Indianapolis. The nine-day meet will determine the pool swimmers who will represent Team USA at the LA28 Olympic Games.

The competition program will expand to include additional 50-meter stroke events, and fan experiences, including the Toyota Aqua Zone, will return. Qualification standards will be released in mid-October.

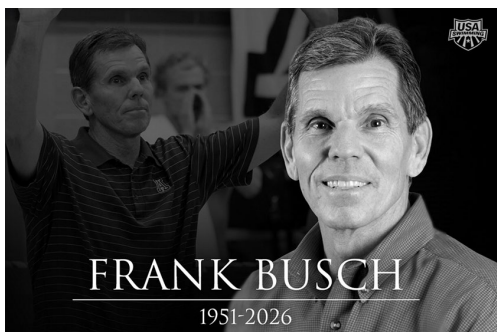
[Click here for more info.](#)



Scholastic All-America Applications Close Today!

This is your FINAL chance to submit applications for Scholastic All-America. Get your scholar-athlete recognized!

- The Requirements: Grades 9-12, a 3.5+ GPA in academic subjects (no grade lower than a "C"), and a Winter Junior Nationals cut achieved during the qualifying window.
- How to Submit: Log in to the SWIMS portal (hub.usaswimming.org). From there, you can submit the application form.
- The Deadline: You must submit everything by September 30, 2026.



USA Swimming Mourns the Passing of Frank Busch

USA Swimming mourns the passing of Frank Busch, a beloved coach, leader, mentor, and friend whose impact on our sport spanned generations. He dedicated his life to swimming and to the people within it, leaving an immeasurable impact on athletes, coaches, and the USA Swimming community. Frank will be deeply missed.

[Click here to read more.](#)



2026-2027 U.S. National Team Announced

USA Swimming has announced its 2026-2027 U.S. National Team Presented by Toyota, a 101-swimmer roster selected based on results from the 2025-2026 season. Katie Ledecky earns her 15th National Team selection, the most by an active athlete, while Ryan Murphy leads the men with his 14th. Eighteen athletes make their National Team debut, including U.S. National Champions Anna Moesch and Josh Bey. The roster features 46 women and 55 men representing 29 states and 22 universities.

[Click here to see the full roster.](#)



2026-2027 U.S. National Junior Team Announced

USA Swimming has announced its 2026-2027 U.S. National Junior Team Presented by Speedo, a 97-athlete roster of the nation's top 18-and-under swimmers. Audrey Derivaux leads the women's roster with six qualifying events, while David Sammons, Joey Eaddy, and Kai Joyner lead the men with four events each. The roster includes Junior Pan Pacs medalists and several new faces, with 49 women and 48 men representing 28 states and 80 clubs.

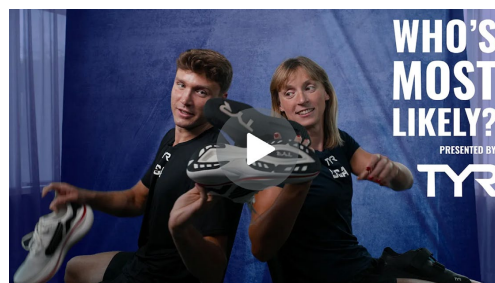
[Click here to see the full roster.](#)

Get to Know the USA Swimming National Team

Subscribe to the USA Swimming [YouTube Channel](#) or download the [USA Swimming Network](#) for weekly video releases featuring some of your favorite athletes. Click below to watch two of the newest releases.



Matrescence: The Ashley Twichell Story



Who's Most Likely?! Katie Ledecky or Bobby Fink



Three New Members Elected to USA Swimming Board of Directors

USA Swimming has announced the election of Gunnar Bentz, Tom Dolan, and Tom Ugast to its Board of Directors.

Dolan is a two-time Olympic gold medalist in the 400 IM and founder of the Tom Dolan Swim School, while Bentz is an Olympic gold medalist who competed at the 2016 and 2020 Games and has served on the Athletes' Advisory Council. Ugast is a longtime club

owner and coach with previous Board and LSC leadership experience. USA Swimming thanks outgoing members Katy Arris-Wilson, Kenneth Chung, and Maya (DiRado) Andrews for their service.

[Click here for more info.](#)



USA Swimming Foundation Opens 2027 Grant Applications

Applications are now open for the USA Swimming Foundation's 2027 Youth and Adult Learn-to-Swim grants, Community Impact grants, and Historically Black Colleges and Universities (HBCU) grants, with a deadline of November 15, 2026.

In 2026, the Foundation awarded more than \$1 million to 122 swim lesson providers across 36 states, giving approximately 13,500 people the opportunity to learn to swim. Community Impact grants provide \$5,000 to USA Swimming member clubs, renewable for up to three years.

[Click here for more info.](#)

Minimizing Supplement Risk

Supplements carry real risk for athletes, and checking the label for prohibited substances isn't enough, since some products contain banned ingredients that aren't listed. USADA advises that the best way to reduce that risk is to use products certified by a third-party program that tests for substances prohibited in sport. USADA currently recognizes NSF Certified for Sport® as the program best suited for athletes.

[Click here to learn more about NSF Certified for Sport products.](#)

News and Virtual Offerings

Educational Offerings

- Safe Sport Club Recognition Training
 - For Parents:
 - Oct 14 @ 8 p.m. ET | [Register](#)
 - Nov 18 @ 8 p.m. ET | [Register](#)
 - For Athletes:
 - Oct 15 @ 8 p.m. ET | [Register](#)
 - Nov 19 @ 8 p.m. ET | [Register](#)

- Senior Coaching Network
 - Coaching Freestyle
 - Oct 21 @ 10:30 AM MT | [Register](#)

[Click here](#) to view all upcoming webinars and past webinar recordings.

[USA Swimming University](#) released three additional coaching mini courses from the 10 & Under and 11-14 Coaching Network.

All free coaching mini courses are available after logging in to USA Swimming University and are approximately an hour long. New courses include: 1. [Coaching for All Abilities](#); 2. [The Importance of Free Play](#); 3. [Program Leadership from the Age Group Coach](#)

Learn more [here](#).

From Our Partners



OneAmerica Financial

Financial security is the foundation of a confident future. There are many ways to safeguard yourself and your loved ones in the years ahead by following simple financial wellness tips.

The companies of OneAmerica Financial have been advancing financial security for almost 150 years, supporting millions of customers with solutions and guidance across life insurance, retirement, employee benefits, and long-term care.

[Click here](#) to explore some helpful financial wellness tips.



They Came to Learn. Years Later, Some Came Back to Teach.

Seventeen years ago, swimmers at the first Fitter & Faster camp got in the water and learned up close from some of the sport's most accomplished athletes.

Since then, hundreds of thousands of swimmers have done the same - learning in small groups, getting individual feedback and experiencing what it's like to work directly with swimmers and coaches who have competed at the highest levels of the sport.

Some of those young swimmers went on to reach extraordinary heights themselves. And some eventually came back to Fitter & Faster - this time getting in the water to teach and inspire the next generation.

[See what 17 years of Fitter & Faster has made possible.](#)



Endless Pools

Congratulations to all the competitors in Irvine, California! It was great celebrating your achievements and introducing you to the ultimate training pool, the EP508 Pro.

We are proud to support swimmers of every level. With nearly four decades of experience helping swimmers like you refine their stroke and train at home with a smooth, adjustable current that lets you swim continuously, without flip turns, at speeds up to a 0:51/100-yard pace. As an Official Supplier of USA Swimming, we're offering special member pricing to help you take your training to the next level. [Learn more about your exclusive pricing.](#)



Drive Now, Pay Later with Credit Union 1

Finance a new or used vehicle with no payments for the first 90 days on eligible loans. Plus, get flexible financing with competitive rates and easily manage your loan with Digital Banking. View full details and disclosures and apply online today by clicking [here](#).

Mack's Ear Plugs

Keep water out of your ears and help prevent swimmer's ear infections with Mack's® Earplugs, USA's #1-selling and #1 Doctor-Recommended earplug brand. Get off the bench and back into the



water with Mack's® waterproof swimming earplugs. When it comes to ear health, trust Mack's®, the brand ear doctors trust. Mack's® is the Official Ear Care Supplier of USA Swimming.

Find out more [here](#).



Bag Tags

Durable, personalized, and professional - the perfect way to showcase your swimmers and keep every meet organized. Learn more, customize, and purchase [here](#).



USA Swimming Fanshop

The Official USA Swimming Shop has everything you need to show your USA Swimming pride in style. Browse an unbeatable selection of officially licensed USA Swimming apparel and merchandise, such as hats, shirts, accessories, and more to add to your wardrobe. [Click here](#) to access.



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