SAFE SPORT

TALKING WITH PARENTS ABOUT SAFE SPORT
What Parents Need to Know

- Background of Safe Sport Program
- Policies & Best Practice Guidelines
- Screening & Selection
- Education & Training
- Monitoring & Supervision
- Response, Resolution & Reporting
- Grassroots Engagement & Feedback
- Keeping the conversation going
What is Safe Sport?

- USA Swimming’s comprehensive abuse protection program, committed to reducing the risk of emotional, physical, and sexual abuse in swimming, and increasing awareness of red flag behavior.
- Ensure that there are prevention & response measures in place to address breaks in culture that occur between peers and from adults.
- Promotes healthy physical, emotional and behavioral boundaries.
Policies & Best Practice Guidelines

• Minor Athlete Abuse Prevention Policy
• One-on-One Interactions
• Social Media & Electronic Communication
• Travel- Local & Team
• Locker Rooms & Changing Areas
• Massages & Rubdowns
• Action Plan to Address Bullying
• Photography
• Reporting Procedures
• Disciplinary Procedures
• Parent, Athlete & Coach Codes of Conduct
Screening & Selection

• How are coaches hired
  • Background Checks
    • renewed every 2 yrs.
    • reoccur on a monthly basis within that 2 yrs.
  • Social Media & Google search
  • Reference Checks
  • In-Person Interviews
Training & Education

• Required Athlete Protection Training for adult members
• Free Parent and Minor Athlete Training Courses
  www.usaswimming.org/learn
• Parent Safe Sport Resources
  • Age appropriate Guides
  • Parent Tip Card
• Coaching Boys Into Men & Athletes as Leaders
• Safe Sport Activity Book
• Safe Sport Recognition Program (SSRP)
Monitoring & Supervision

- Performance Reviews
- Encourage them to attend practices & meets
- Observable & interruptible interactions
- Locker Room Monitoring
- Everyone’s responsibility
Recognizing, Responding & Reporting

- Team reporting process
- Team disciplinary process
- Local Law Enforcement
- U.S. Center for SafeSport
- USA Swimming
- Mandatory Reporting Webinar

https://www.usaswimming.org/articles-landing-page/2017/04/03/online-clinic-series---safe-sport
<table>
<thead>
<tr>
<th>Recognizing, Responding &amp; Reporting</th>
<th>USA Swimming to address:</th>
<th>U.S. Center for SafeSport to address:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Club to address:</td>
<td>USA Swimming to address:</td>
<td>U.S. Center for SafeSport to address:</td>
</tr>
<tr>
<td>-Peer-to-peer bullying</td>
<td>-Criminal charges</td>
<td>-Sexual misconduct</td>
</tr>
<tr>
<td>-Coach-athlete bullying</td>
<td>-Use/sale/distribution of illegal drugs</td>
<td>-Sexual harassment</td>
</tr>
<tr>
<td>-Parent behavior issues</td>
<td>-Physical abuse</td>
<td>-Sexually explicit/inappropriate</td>
</tr>
<tr>
<td>-Violations of team rules &amp; team code of conduct</td>
<td>-Inappropriate touching</td>
<td>communication</td>
</tr>
<tr>
<td>-Minor Athlete Abuse</td>
<td>-Lap sitting</td>
<td><a href="https://safesport.i-sight.com/portal">https://safesport.i-sight.com/portal</a></td>
</tr>
<tr>
<td>Prevention Policies</td>
<td>-Pictures of videos taken in the locker rooms</td>
<td></td>
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<tr>
<td>-Group placement</td>
<td></td>
<td></td>
</tr>
</tbody>
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Grassroots Engagement & Feedback

• Get parents involved
  • Policy review
  • Tabling at meets
  • Safe Sport Recognition Program
    www.usaswimming.org/ssrp
  • Communication
Encourage parents to:

- Practice active parenting
- Talk to their child
- Listen to their child
- Trust your gut
- Speak up and Report
- Reinforce the Safe Sport message
WHEN?

- Parent meetings
- New Parent Orientation
- Board meeting agenda’s
- Before and after travel meets
- A break in culture happens on the team
- Something happens in your community
“Safety and security don’t just happen; they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens in our society, a life free of violence and fear.”

Nelson Mandela
USA Swimming Safe Sport

- www.usaswimming.org/protect
- www.usaswimming.org/ssrp
- www.usaswimming.org/maapp
- www.usaswimming.org/safesportteamtalk
- safesport@usaswimming.org
- 719-866-4578

U.S. Center for SafeSport

- www.uscenterforsafesport.org
- www.safesport.i-sight.com/portal
- 720-531-0340