Why does USADA exist?

Preserving the Integrity of Competition

Inspiring True Sport

Protecting the Rights Of U.S. Athletes
Three Things to Remember

1. Enjoy your sport!
2. Be clean!
3. Support a drug-free world of athletics!

TrueSport

Preserving, Inspiring, Protecting.
Sample Collection Process

Who can USADA test?

Participating in IF-sanctioned events

National team members

Participating in sanctioned events in the U.S.

NGB Members

Preserving, Inspiring, Protecting.
Collection Cup

90ml

Donate to Clean Sport

Preserving, Inspiring, Protecting.

www.usada.org
Representative’s role is to watch the DCO or Chaperone
Collection Kit with Sample Bottles

“With elite athleticism comes anti-doping rights AND responsibilities.”

- Abraham Lincoln (did not say this, but should have)
How do substances and methods get on the WADA Prohibited List?

Enhance Sport Performance

In the name of all competitors, I promise that we shall take part in these Olympic Games, respecting and abiding by the rules that govern them, in the true spirit of Sportsmanship, for the glory of sport and the honor of our team.

Health Risk

Violate the Spirit of Sport
2016 Prohibited List

Why risk it with marijuana?

In-Competition
### USADA.org/Sanctions

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<th>Sport</th>
<th>Sanction</th>
<th>Substance / Reason</th>
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<td>Oxandrolone and Clenbuterol</td>
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<td>2 Year Suspension-Loss of Results</td>
<td>3 Whereabouts Failures</td>
<td>4/28/2014</td>
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</table>

### Drug Reference Resources

- [walletCARD](#)
- [global DRO](#)
- [athlete express](#)

**Contact Information:**
- 719-785-2000 or Toll-Free at 866-601-2632
- athletexpress@usada.org
- Preserving, Inspiring, Protecting.
Prohibited or Not Prohibited?

Beta-2 Agonists
(Asthma Inhalers)

Prohibited
Asthmatic? Seek TUE

Filing for a TUE

Athlete Name: 

Exemption (TUE) Application

Female Male Date of Birth (month/day/year):

Mailing Address:

City: State:

Daytime Phone:

Email: 

[Check boxes] NOW LATER

If you would like to nominate someone else to speak to USADA regarding this TUE and relationship here:
Be a Voice for the Right Choice!

EMAIL: playclean@USADA.org
PHONE: 877-752-9253
MAIL: 5555 Tech Center Drive Colorado Springs, CO 80919
WEBSITE: www.USADA.org/playclean

We’re on Social Media! Follow us!

facebook.com/usantidoping
instagram.com/usantidoping
Three Things to Remember

Enjoy your sport!

Questions?

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