Hello Stingrays and Masters,

As we all deal with the difficult situation of pool closures and facility shutdowns due to Coronavirus, we are taking an in depth look at the team's financial position. We understand our services have been interrupted and everyone is dealing with their own financial situations. We are here to help as best we can, please let us know if there is anything we can do.

During these closures, if you are willing and able to assist the team by keeping your account 'active' and continuing to pay dues, that will make a remarkable difference in the future of the team. We still need to pay coaches, insurance, worker's comp, etc. Without income, the team can only make these payments for a short time. We appreciate your help through this difficult time.

If remaining 'active' and continuing to pay dues will not fit into your family situation please contact Coach Josh (coachjosh@aksst.com). We understand these closures have affected everyone. If you would like your account to be placed on 'maintenance' for the time being, please contact Coach Josh. Also, please let us know if you have any questions, financial or otherwise.

We are doing our best to provide at-home workouts and activities for our swimmers. We have developed a dryland routine for Platinum-Senior, have uploaded workout videos for Copper-Gold, have posted dryland routines for Masters, and have set up webinars & live workouts for all members. We are working with other teams around the state to develop interactive activities that will maintain our team/state cooperative atmosphere and competition. We hope these efforts (and future activities) will keep our swimmers engaged and be seen as valuable enough to keep paying dues. Many of our families have already contacted us to express their generous intent to continue paying dues, thank you!

We will continue to send updates, workouts, and checking in with families. Please let us know if you have questions or feedback. We're all in this together and we're here to help!

**SST WEBSITE PAGE FOR AT-HOME WORKOUTS.** We will continue to update this page as we develop more activities.