



**2019 Speedo Championship Series
Southern Zone South Sectional
Championship
March 7-10, 2019**



Sanctioned by: Florida Gold Coast Swimming, Inc. **Sanction #FGSR030719SEC-1**

- Condition of Sanction:**
- The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
 - In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast, City of Plantation, and Plantation Swim Team and Booster Club shall be held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.
 - Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or swimmer’s legal guardian to ensure compliance with this requirement.
 - Use of audio or visual recording devices, including cell phones is permitted only in designated areas.
 - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Hosted by: The City of Plantation, Plantation Swim Team, and Booster Club.

Location: **Plantation Aquatic Complex**
9151 NW 2nd Street
Plantation, Florida 33324

Directions: Plantation Aquatic Complex is located in Central Park. From I-95 go west on 595. Exit north on Pine Island Blvd. to Broward Blvd. On Broward Blvd. head west approximately ¾ of a mile to Central Park. (1st Stop light) On Central Park make a right. Park entrance is located on the right hand side.

All meet information will be posted on the Sectional Page of the Plantation Swim Team website: www.swimpst.com

Date & Start Times:

Days	Prelims Warm-up	Prelims Begin	Finals Warm-up	Finals Begin
Thursday, March 7, 2019			3:30pm	5:00pm
Friday, March 8, 2019	7:00am	9:00am	3:30pm	5:00pm
Saturday, March 9, 2019	7:00am	9:00am	3:30pm	5:00pm
Sunday, March 10, 2019	7:00am	9:00am	3:30pm	5:00pm

General Meeting: Friday, March 8 at 8:00am in the Hospitality Room at the Plantation Aquatic Complex (Upstairs Room 2). Any changes to the conduct of the meet will be announced at this meeting. It is the responsibility of each swimmer and coach to be aware of any changes during this meet.

Pool Spec & Timing: Competition Course – One eight lane 50 meter course. Continuous warm-up and warm-down area will be available in second 50 meter course (6 lanes). Water depth at the competition starting end is 11'6 and turn end is 4'. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado Timing System with full VIVILED video scoreboard will be utilized.

Eligibility: This meet is open to all swimmers who are 2019 registered members of USA Swimming and foreign athletes with proper travel credentials who have been invited by USA Swimming, who have achieved the published qualifying times between March 8, 2016 and the entry deadline. Entry times must be official times achieved at a USA Swimming sanctioned, approved, or observed meet, or a meet sanctioned by another FINA member federation.

Entries will be capped at 650 swimmers.

In-Section: IMPORTANT PLEASE NOTE:

Coaches of Florida Swimming and Florida Gold Coast swimmers must reserve their team's place in the meet by advising the host of the number of swimmers that they wish to enter in the meet by Saturday December 1, 2018 at 12:00pm (noon) eastern time.

Send your request Terrell Woods email: terrellwpst@aim.com

The following must be included in the email.

Team Name:

LSC:

Coach Name:

Coach Email & Mobile Number:

Number of Male Athletes:

Number of Female Athletes:

Total Number of Athletes:

Once we have received your team's request. We will then add your team to OME.

Out of Section:

A number of out-of-section and foreign athletes will be accepted into the meet. This number will be equal to the difference between the entry cap and the number of swimmers entered by in-section teams as described above. Out-of-section and foreign athletes will be accepted on first come first served basis starting on Saturday December 8, 2018 at 12:00pm (noon) eastern time.

Send your request to Terrell Woods email: terrellwpst@aim.com

The following must be included in the email.

Team Name:

LSC:

Coach Name:

Coach Email & Mobile Number:

Number of Male Athletes:

Number of Female Athletes:

Total Number of Athletes:

Once we have received your team's request. We will then add your team to OME.

Accepted athletes and teams will be notified beginning Sunday December 9, 2018.

*You should **not** make nonrefundable travel arrangements before you know your Team or Athletes are accepted into the meet.*

Disability Athletes:

PST is excited about the opportunity to include USA Swimming members with disabilities in our meet and highly encourage their participation. The swimmer's disability must meet the definition of a disability as outlined in USA Swimming Rules and Regulations: *A permanent physical or mental impairment that substantially limits one or more major life activities.* Swimmers with disabilities may compete, earn awards and score points for their team in the same manner as able bodied swimmers. Such swimmers need not have achieved the included qualifying times for this meet. Entries for swimmers with disabilities should enter on OME and email Terrell Woods (terrellwpst@aim.com) prior to submitting OME entry.

The coach or athletes are responsible for notifying the Referee of any accommodations that are required in accordance with USA-S Rule 105.4.

Any athlete with a disability will be accommodated to the best of Meet Management's ability. **Please contact the pool office ahead of time (minimum of two-weeks prior to start of event),** to allow for preparation (954)-452-2526 or email Terrell Woods at TerrellWPST@aim.com

**OME Entry Procedures:
Please Read Carefully.**

On-Line Meet Entry (OME) – Once your team has been accepted into the meet, your team will be added into OME. Entries will be processed using the USA Swimming On-Line Meet Entry System (OME) only. Access this system from USA Swimming's website at <http://www.usaswimming.org.ome>. Any team coach may initialize the entry. The account that initializes the entry will be the only account that has access to that team's entries for this meet. That account must login and select "Enter Team". Paper, Fax and Email entries will not be accepted.

OME Opens: 12:01am EST Friday February 1, 2019

OME Closes: 11:59pm EST Friday March 1, 2019

OME Help:

Terrell Woods FG Swimming 954-452-2526 or Terrellwpst@aim.com
Josh Fowler USA Swimming 719-332-0184 or jfowler@usaswimming.org

Athletes may enter the meet using conforming and non-conforming times in this order: Long Course Meters (LCM), then Short Course Meters (SCM), then Short Course Yards (SCY). Converted times are not permitted.

Individual Entries: Use a time in the national database for entry that is faster than the qualifying time and achieved during the qualifying period. Swimmers may enter using an override time for times that are not in the national database. Override times must include the meet name and date. Override times must be proven to Administrative Referee by the scratch deadline for the event in question in order to be seeded.

OME RELAY ENTRY PROCEDURES; ENSURE "RELAY ONLY" SWIMMERS ARE INCLUDED IN THE TEAM ENTRY ROSTER.

200 Relays: Since there are no time Standards for 200 Free and Medley relays, it is acceptable to use an override time to enter these events. This will require an entry "Meet Location" and "Meet Date" fields. Please put the word "Entry" in the Field and the current date in the Meet Date Field.

Late Entries:

Late entries will be accepted through a secondary late entry OME, provided the entry cap has not been reached.

OME for Late Entries Open: 12:00am EST Saturday March 2, 2019

OME For Late Entries Closes: 11:59pm EST Sunday March 3, 2019

Entry fees for late entries will be twice the standard entry fee. In addition, a Fee of \$150 per athlete will be charged for late entries.

No entries will be accepted after the late entry OME closes.

Entry Limit:

Individual Events: Swimmers may enter all events which they qualify, however they may only compete in six (6) individual events for the meet and no more than three (3) individual events per day.

Relay Events: Two (2) per team per event (A & B).

Bonus Swims:

Bonus swims will be available for the Spring Sectional Meet as follows: Florida Swimming and Florida Gold Coast swimmers, qualified in one or more events may swim up to two (2) bonus events, subject to the bonus qualifying times and entry limits for each day and the meet.

Swimmers from outside Florida Swimming and Florida Gold Coast Swimming may NOT enter Bonus Events.

IN OME, "Enter as Bonus" to enter bonus.

Entry Fees:

WITHIN SECTION

\$12.00 per individual event
\$24.00 per relay team
\$15.00 per swimmer meet surcharge

OUTSIDE SECTION

\$24.00 per individual event
\$48.00 per relay team
\$30.00 per swimmer meet surcharge

All entries must be completed through USA-S OME. All teams must pay via check or cash to "Plantation Swim Team" upon arrival at the meet. Payment will be accepted in the Swim Team Office before picking up the Coaches Packets. All payments must be made before team or athletes' first swim.

Seeding:

All events will be seeded fastest to slowest in order of LCM, SCM, and then SCY, unless otherwise specified in this meet announcement.

Flighting:

In the situation where the number of entries, including bonus swims, drives a preliminary session beyond approximately two hours and forty minutes in duration (using flyover start intervals), at meet referee discretion, the session may be flighted in the manner described below:

"A" Flight

50's All Heats
100's Fastest 10 Heats
200's Fastest 8 Heats
400's Fastest 5 Heats

"B" Flight all remaining heats.

If session is flighted, swimmers who are "no-show" for the B-flight will not be penalized.

**Positive Check-in /
Scratches:**

PRELIMS: Scratches prior to the seeding of the heats shall be confirmed by properly filling out and depositing a scratch card in the scratch box located at The Clerk of Course / Administrative Referee table.

POSTIVE CHECK-IN & SCRATCH DEADLINE:

Thursday March 7 th Events	Thursday March 7 th 4:00pm
Friday March 8 th Events	Thursday March 7 th 5:30pm
Saturday March 9 th Events	Friday March 8 th 5:30pm
Sunday March 10 th Events	Saturday March 9 th 5:30pm

Positive check-in is required to be seeded in Women's and Men's 800 Free, Women's and Men's 1500 Free. Positive check-in will be available at the Clerk of Course / Administrative Referee table.

Positive check-in for Thursday March 7 events **ONLY** will be accepted by the deadline in person and/or by emailing: Terrellwpst@aim.com

Note: Email CHECK-IN deadline must be received by 4:00pm

Any swimmer who fails to swim in a preliminary event who has not properly scratched from the event as described above will be fined \$10.00 cash only. There is no event penalty, however the swimmer may not compete in subsequent events until the fine is paid. Upon payment of the fine, the swimmer will be eligible to continue competing in the meet. Swimmers must then declare his/her intent to swim with the Administrative Referee for all their subsequent events prior to closing of the scratch box for that day's events.

FINALS: Any swimmer who competes and as one of the fastest thirty two (32) swimmers in prelims must swim **A-Finals, B-Finals, C-Finals or D-Finals (18 & Under Finals)**, or declare his/her possible intention to scratch to the Clerk of Course / Administrative Referee within thirty (30) minutes of the announcement or posting of the preliminary results of that event and further declare their intentions within 30 minutes of their last individual preliminary event. "Failure to Swim" will result in the swimmer being fined \$25.00 Cash. Upon payment of the fine, the swimmer will be eligible to continue competing in the meet. In the case of missing a Sunday night final, payment of \$25.00 must be made in order to compete in in future Speedo Championship Series meet.

A swimmer not in the originally announced or posted in the fastest thirty two (32) swimmers, who is seeded in a final due to the scratch of another swimmer, will not be penalized for failing to swim in that final.

D-Final: Will be for 18 & under athletes **ONLY**.

Note 1: Alternates wishing to swim in an open lane in finals must be at the starting area prepared to step on the block for the swim when the swimmers are called to the blocks. The Referee will instruct the Announcer to call for the alternate.

Note 2: Scratches must be done individually; "team" scratches are not acceptable.

800 & 1500 Free: Thursday's women's 1500 and men's 800 free – Positive Check-in is required to be seeded. These events will be swum fastest to slowest, alternating women and men, until the first heat scheduled to finish after 7:00pm. Any remaining heats will be swum, alternating women and men, after the relays.

Sunday's women's 800 and men's 1500 Free – Positive check-in is required in order to be seeded. Swimmers may indicate their preference to swim in the preliminary session. The top eight swimmers who state no preference shall be seeded to compete in the finals. The swimmers or coach should CLEARLY write "AM" next to their name when they check-in if they desire to swim in preliminaries. The remaining heats will swim fastest to slowest, alternating women and men at the conclusion of the relays and all preliminary heats.

400 IM / 400 Free

Event 17 & 18, Women's & Men's 400 IM
Event 31 & 32, Women's & Men's 400 Free

Will be swum as follows:

1. Fastest 5 heats of women
2. Fastest 5 heats of men
3. All remaining heats, alternating women and men, fastest to slowest

Relay Events:

Thursday night's relays will all be pre-seeded.

Event # 19-20, the Women & Men's 800 Free Relay
Event # 33-34, the Women & Men's 400 Medley Relay
Event # 43-44, the Women & Men's 400 Free Relay

All heats will be swum at the end of finals on Friday, Saturday and Sunday in the following order:

1. 2nd fastest women's heat, fastest women's heat.
2. 2nd fastest men's heat, fastest men's heat.
3. All remaining heats, alternating women and men fastest to slowest.
4. For Sunday's 400 Free Relay, teams may declare their preference to swim in either the prelims or finals session to the Administrative Referee by the Scratch deadline on Saturday. If no preference is declared, the team will be seeded to swim in finals. The relay events during the prelims session will be swum all women, all men, fastest to slowest, at the end of the "A" flight and before the "B" flight (if applicable) and the individual distance events.

Finals:

Finals events will be swum in the following order: A-Final, B-Final, C-Final, D-Finals (18 & Under).

A-Finalist will be paraded.

B-Finalist will be announced behind the blocks.

C-Finalist will be announced in the water.

D-Finalist (18 & Under) will be announced in the water.

Breaks:

There will be a 5 minute break before relays in each session and between events 4 and 5, events 6 and 7, and events 7 and 8.

Scoring:

The top 24 places in each event will be scored.

Individual: 1-8 Place: 32,28,27,26,25,24,23,22,
9-16 Place: 20,17,16,15,14,13,12,11,
17-24 Place: 9,7,6,5,4,3,2,1

Relays: 1-8 Place: 64, 56, 54, 52, 50, 48, 46, 44,
9-16 Place: 40, 34, 32, 30, 28, 26, 24, 22,
17-24 Place: 18, 14, 12, 10, 8, 6, 4, 2

No points will be awarded when qualifying times are not achieved, but qualifying times may be achieved during prelims or finals.

Awards: Individual Events: 1st – 8th
Relays: 1st – 3rd

Team High Point Awards:
Combined: 1st-5th
Women: 1st – 3rd
Men: 1st – 3rd

Rules: Current USA Swimming rules will apply.

Officials: Meet Referee: Kathy Fish
Administrative Referee: Allan Golding
National Evaluator: Jayne Spittler
Meet Director: Terrell Woods email: terrellwpst@aim.com

This meet will be designated as an Officials Qualifying Meet for N2 and N3 Officials Certification. Officials wishing to be evaluated must apply to the Meet Referee. "Application to Officiate" forms for this meet can be found on the Southern Zone Website: <https://www.teamunify.com/Home.jsp?team=szlsc> click on the application tab. Follow the directions on the form for submitting your application.

Officials briefing will be held one hour prior to each session.

Identification: Coaches and officials shall wear their credentials in a conspicuous location at all times during the meet.

Deck Restrictions: USA Swimming Insurance Safety Regulations require the swimming pool deck, during the operation of the Florida Gold Coast Swimming, Inc. sanctioned meets, be closed to all persons except swimmers, coaches, marshals, officials and meet personnel. Credential tags must be presented to enter the pool deck area.

Changing In/Out Of Swimsuits: Except where venue facilities require otherwise, changing into, or out of swimsuits, other than locker room or other designated areas is not appropriate, and is prohibited.

Camera Free: The Florida Gold Coast Swimming CAMERA FREE ZONE policy is effect at this meet. No person may use a camera or other device capable of recording still or video images in the area behind the starting blocks, in locker rooms, changing area, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and / or may be barred from the facility during the sanctioned event.

Information:

FG Senior Chairman: Sid Cassidy – coachsid@gmail.com

Florida Gold Coast Swimming Office: Dick Cavanah - npbcoach4@aol.com

Facility: Terrell Woods – terrellwpst@aim.com

Warm-up Schedule

Pool Opens Prelims 7:00am / Finals 3:30pm

Pool 1. Competition Course

LANES – 7:00am to 8:00am (General Warm-up) 8:00am to 8:50am (Controlled Warm-up)

1. Push off 50's or 100 pace (circle swimming)
2. **8:15am Racing start.** One way only. **Diving Well End.**
3. Swimming and pulling (push off)
4. Swimming and pulling (push off)
5. Swimming and pulling (push off)
6. Swimming and pulling (push off)
7. **8:15am Racing start.** One way only. **Diving Well End.**
8. Push off 50's or 100 pace (circle swimming)

Pool 2. 50 Meters *ABSOLUTELY NO DIVING*

1. PACE - Push off 50's or 100 pace (circle swimming)
2. Swimming and pulling (push off)
3. Swimming and pulling (push off)
4. Swimming and pulling (push off)
5. Swimming and pulling (push off)
6. Swimming and pulling (push off)
7. Public Lap Swim
8. Public Lap Swim

*No equipment allowed during warm-up in competition pool.

*No racing starts in warm-up or warm-down lanes during the meet.

*Enter the water feet first with one hand on the deck when entering the pool at all times during warm-up.

Speedo Championship Series – Spring Meet Order of Events and Qualifying Times

Thursday March 7, 2019								
Women			EVENT			Men		
LCM	SCM	SCY				SCY	SCM	LCM
18:26.69	17:56.69	17:45.69	1	1500/1650 Free		-	-	-
-	-	-		800/1000 Free	2	10:05.09	8:44.09	9:00.09
NT	NT	NT	3	200 Medley Relay	4	NT	NT	NT
NT	NT	NT	5	200 Free Relay	6	NT	NT	NT
NT	NT	NT	7	200 Mixed Medley Relay	7	NT	NT	NT
NT	NT	NT	8	200 Mixed Free Relay	8	NT	NT	NT

*Events 1-2 will be deck seeded. Positive check in by 4:00pm is required to be seeded in events 1 & 2. Events 1 & 2 will be swum fastest to slowest, alternating one heat of event 1 and one heat of event 2 until the first heat that runs past 7:00pm After a 5 minute break, events 3 thru 8, the relays will be swum. There will be a 5 minute break between events 4 and 5, events 6 and 7, and events 7 and 8. After event 8, all remaining heats of 1 and 2 will be swum.

Friday March 8, 2019								
Women			EVENT			Men		
LCM	SCM	SCY				SCY	SCM	LCM
2:13.49	2:09.49	1:57.49	9	200 Free	10	1:47.39	1:58.79	2:02.79
1:22.39	1:20.39	1:12.09	11	100 Breast	12	1:04.69	1:12.29	1:14.29
33.69	32.69	29.19	13	50 Back	14	26.09	29.49	30.49
1:08.29	1:06.29	1:01.09	15	100 Fly	16	54.69	59.79	1:01.79
5:18.99	5:10.99	4:41.79	17	400 IM	18	4:17.09	4:45.09	4:53.09
9:31.19	9:15.19	8:36.79	19	800 Free Relay **	20	7:42.19	8:27.89	8:43.89

**See Relay Note in body of Meet Announcement. All relays will be swum at the conclusion of finals.

Saturday March 9, 2019								
Women			EVENT			Men		
LCM	SCM	SCY				SCY	SCM	LCM
1:12.39	1:10.39	1:03.39	21	100 Back	22	57.19	1:04.09	1:06.09
38.69	37.69	33.49	23	50 Breast	24	29.79	33.59	34.59
31.59	30.59	27.99	25	50 Fly	26	24.79	27.39	28.39
2:31.29	2:27.29	2:12.49	27	200 IM	28	2:00.39	2:13.79	2:17.79
28.59	27.59	25.19	29	50 Free	30	22.49	24.79	25.79
4:40.59	4:32.59	5:12.59	31	400/500 Free	32	4:51.79	4:12.69	4:20.69
4:54.29	4:46.29	4:18.89	33	400 Medley Relay **	34	3:53.89	4:17.49	4:25.49

**See Relay Note in body of Meet Announcement. All relays will be swum at the conclusion of finals.

Sunday March 10, 2019								
Women			EVENT			Men		
LCM	SCM	SCY				SCY	SCM	LCM
2:29.79	2:25.79	2:14.39	35	200 Fly	36	2:01.69	2:12.79	2:16.79
1:01.89	59.89	54.59	37	100 Free	38	49.09	53.89	55.89
2:57.79	2:53.79	2:36.59	39	200 Breast	40	2:21.09	2:36.99	2:40.99
2:35.39	2:31.39	2:15.89	41	200 Back	42	2:03.99	2:18.69	2:22.69
4:24.89	4:16.89	3:54.69	43	400 Free Relay **	44	3:30.69	3:52.69	4:00.69
9:38.19	9:22.19	10:45.89	45	800/1000 Free ##		-	-	-
-	-	-		1500/1650 Free ##	46	16:53.00	16:45.89	17:15.89

**See Relay Note: in the body of Meet Announcement. All relays will be swum at the conclusion of finals. On Sunday, teams may request to swim this event after event 42 in the A Flight (if applicable). Such requests must be made to the Administrative Referee by the scratch deadline for Sunday's events.

Events 45 and 46 are positive check-in events and will be swum as timed finals. The fastest heat of each event will swim in the finals. Swimmers may request an AM swim by the scratch deadline for Sunday's events. The remaining heats will swim fastest to slowest, alternating with next fastest seeded heat of 45 followed by the next fastest seeded heat of 46 beginning after the conclusion of event 44 in prelims and all B flight (if applicable) preliminary heats.

SUNDAY FINALS ORDER OF EVENTS

45 Women's 800 M Freestyle
35-36 200 M Butterfly
37-38 100 M Freestyle
46 Men's 1500 M Freestyle
39-40 200 M Breaststroke
41-42 200 M Backstroke
43-44 400 M Free Relay

Bonus Time Standards						
Women			EVENT	Men		
LCM	SCM	SCY		SCY	SCM	LCM
29.39	28.39	25.89	50 Free	23.09	25.59	26.59
1:03.59	1:01.59	9:36.00	100 Free	50.39	55.49	57.49
2:17.19	2:13.19	2:00.79	200 Free	1:50.39	2:02.19	2:06.19
4:48.49	4:40.49	5:21.39	400/500 Free	4:59.99	4:19.99	4:27.99
9:54.39	9:38.39	11:03.99	800/1000 Free	10:22.09	8:59.19	9:15.19
18:57.79	18:27.79	18:15.49	1500/1650 Free	17:21.69	17:14.99	17:44.99
34.69	33.69	30.39	50 Back	26.79	30.39	31.39
1:14.29	1:12.29	1:05.09	100 Back	58.69	01:05.9	01:07.9
2:39.49	2:35.49	2:19.49	200 Back	2:07.29	2:22.59	2:26.59
39.79	38.79	34.49	50 Breast	30.69	34.59	35.59
1:24.59	1:22.59	1:13.99	100 Breast	1:06.39	1:14.29	1:16.29
3:02.49	2:58.49	2:40.79	200 Breast	2:24.79	2:41.29	2:45.29
32.59	34.09	28.89	50 Fly	25.59	28.19	29.19
1:10.19	1:08.19	1:02.79	100 Fly	56.19	1:01.49	1:03.49
2:33.89	2:29.89	2:18.09	200 Fly	2:04.99	2:16.59	2:20.59
2:35.59	2:31.59	2:16.19	200 IM	2:03.79	2:17.59	2:21.59
5:27.99	5:19.99	4:49.69	400 IM	4:24.29	4:53.29	5:01.29

**SPEEDO CHAMPIONSHIP SERIES – TIME TRIALS
MARCH 7-10, 2019**

- SANCTIONED BY:** Florida Gold Coast Swimming, Inc., Sanction # **SZSS030719-TT1**
- HOSTED BY:** The City of Plantation, Plantation Swim Team, and PST Booster Club
- LOCATION:** The City of Plantation, Plantation Swim Team, and PST Booster Club
- TIME:** Approximately 15 minutes after the conclusion of the final preliminary heats on Thursday, Friday, Saturday & Sunday
- NOTE:** Sunday Time Trial availability is subject to change as time permits due to the operation of the regular meet.
- POOL:** Competition Course – One eight lane 50 meter course. Continuous warm-up and warm-down area will be available in second 50 meter course (6 lanes). Water depth at the competition starting end is 4' and turn end is 11'6". The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Colorado Timing System with full VIVILED video scoreboard will be utilized.
- ELIGIBILITY:** Open to all swimmers already properly entered in the Southern Zone South Sectional meet.
- ENTRY LIMIT:** Three (3) individual events per day, including events swum in the Sectional meet. The order of events will be swum only one time each day.
- ENTRY FEE:** \$24.00 per event. CASH ONLY will be accepted.
- ENTRIES:** Will be accepted in the swim team office until 11:00am each day.
- SCRATCHES:** No penalty for scratching at the block.
- RULES:** USA Swimming rules will apply.
- MEET REFEREE:** TBA

EVENTS:

Thursday		Friday		Saturday		Sunday	
Event #	Event	Event #	Event	Event #	Event	Event #	Event
*101-102	W1500/M800	201-202	200 Free	301-302	100 Back	401-402	200 Fly
		203-204	100 Breast	303-304	50 Breast	403-404	100 Free
		205-206	50 Back	305-306	50 Fly	405-406	200 Breast
		207-208	100 Fly	307-308	200 IM	407-408	200 Back
		209-210	400 IM	309-310	50 Free	409-410	200 Free
		211-212	100 Back	311-312	400 Free	411-412	100 Breast
		213-214	50 Breast	313-314	200 Fly	413-414	50 Back
		215-216	50 Fly	315-316	100 Free	415-416	100 Fly
		217-218	200 IM	317-318	200 Breast	417-418	400 IM
		219-220	50 Free	319-320	200 Back	419-420	100 Back
		221-222	400 Free	321-322	200 Free	421-422	50 Breast
		223-224	200 Fly	323-324	100 Breast	423-424	50 Fly
		225-226	100 Free	325-326	50 Back	425-426	200 IM
		227-228	200 Breast	327-328	100 Fly	427-428	50 Free
		229-230	200 Back	329-330	400 IM	429-430	400 Free
						431-432	W800/M1500

2019 USA Speedo Sectionals (Mar. 7-10, 2019)

Renaissance Plantation

1230 S. Pine Rd.

Plantation, FL 33324

<https://book.passkey.com/go/Speedo2019>

Rates: (Include comp. internet, & comp. parking)

Double/Double Room \$189/night

***These rates are valid if you book on or before: 2/14/19**

Hampton Inn Plantation

7801 SW 6th St.

Plantation, FL 33324

To make a reservation call (800)426-7866, give the hotel, the dates, and group code "USS" or click on the link below: (press 1 and give hotel name)

<http://hamptoninn.hilton.com/en/hp/groups/personalized/F/FLLPTHX-USS-20190305/index.jhtml>

Rates: (Include comp. internet, comp. breakfast, & comp. parking)

Queen/Queen Room \$188/night

King Room \$188/night

***These rates are valid if you book on or before: 2/5/19**

Holiday Inn Express Plantation

1701 N University Drive

Plantation, FL. 33322

To make a reservation call toll free 1-866-285-0961. Please give dates and refer to group code PSB or group name PST Booster 2019 at time of reservation.

Rates: (Include comp. internet, comp. breakfast, & comp. parking)

Double (Queen/Queen) \$169/night

***These rates are valid if you book on or before: 2/7/19**

*****If you are having problems with any reservations please feel free to contact Craig Rehak at (708)288-1673 for assistance*****

Tent Rental Guidelines

- **Reservations are taken on a first come, first served basis only – limited space.**
- **Reservations CAN ONLY BE MADE through Terrell Woods – terrellwpst@aim.com**

(The tent rental company will NOT process rental reservation if contacted directly).

The tent rental cut off date, should there be any space available is Thursday, February 21, 2019 at 12:00pm.

Payment in-full is due with initial confirmation of tent rental.