

TYR Pro Swim Series- Richmond

Session 1 Thurs PM - Combined

7:00 AM	Facility open for general warm up
3:45 PM	800 FR Session Warm Up (3:45p - 4:45p) Specific Warm up (4:25 - 4:45p) Comp Pool Cleared- Inst Pool limited to 800 Free competetors ONLY until 5:35 PM
4:45 PM	Free competetors ONLY until 5:35 PM
5:00 PM	Competition Begins
5:30 PM	Competition Concludes
5:35 PM	Comp Pool Open for General Warm-up
9:00 PM	Facility Closed and Cleared, Disinfect

Session 2 Friday Preliminary

7:00 AM	Health Screening Begins, Facility Open
7:45 AM	Warm Up Begins (745 - 845a) Specific Warm up (825- 845a)
8:45 AM	Pool Cleared
9:00 AM	Competition Begins
10:33 AM	Competition Concludes

Session 4 Saturday Preliminary

7:00 AM	Health Screening Begins, Facility Open
7:45 AM	Warm Up Begins (745 - 845a) Specific Warm up (825- 845a)
8:45 AM	Pool Cleared
9:00 AM	Competition Begins
11:00 AM	Competition Concludes

Session 6 Sunday Preliminary

7:00 AM	Health Screening Begins, Facility Open
7:45 AM	Warm Up Begins (745 - 845a) Specific Warm up (825- 845a)
8:45 AM	Pool Cleared
9:00 AM	Competition Begins
10:42 AM	Competition Concludes

Session 3 Friday Finals

5:15 PM	Health Screening Begins, Facility Opens for Flight
5:45 PM	Warm Up Begins (5:45 - 6:45p) Specific Warm up (6:25 - 6:45p)
6:45 PM	Pool Cleared
7:00 PM	Competition Begins
8:20 PM	Competition Concludes Pool open for warm-up
9:20 PM	Facility Closed and Cleared, Disinfect

Session 5 Saturday Finals

5:15 PM	Health Screening Begins, Facility Opens for Flight
5:45 PM	Warm Up Begins (5:45 - 6:45p) Specific Warm up (6:25 - 6:45p)
6:45 PM	Pool Cleared
7:00 PM	Competition Begins
8:35 PM	Competition Concludes, Pool open for warm-up
9:30 PM	Facility Closed and Cleared, Disinfect

Session 7 Sunday Finals

5:15 PM	Health Screening Begins, Facility Opens for Flight
5:45 PM	Warm Up Begins (5:45 - 6:45p) Specific Warm up (6:25 - 6:45p)
6:45 PM	Pool Cleared
7:00 PM	Competition Begins
8:35 PM	Competition Concludes, Pool open for warm-up
9:30 PM	Facility Closed and Cleared, Disinfect

