GUIDING SWIMMERS WITH A DISABILITY

Team/Coach contacted by prospective swimmer with a disability?

- **NO**
  - LSC DEI AND/OR DISABILITY CHAIR
    - Help educate coach and swimmer about resources available through USA Swimming
  - NATIONAL DEI COMMITTEE

- **YES**
  - EXPERIENCE
    - Does the Team/Coach have experience with training swimmers with a disability?
    - EDUCATE
      - Provide meet director and/or meet referee any necessary accommodations for swimmers.
      - Contact
        - LSC MEETS
          - Include
            - Check qualifying standards/procedures for LSC Championship Meets
            - Compete at LSC Championship Level Meets
          - ZONE/SECTIONAL MEETS
            - Check qualifying standards/procedures for Zone/Sectional Championship Meets
            - Compete at Zone/Sectional Championship Meets
          - DISABILITY SPECIFIC
            - Initial interview/evaluation to determine group placement and competitive/fitness goals
            - REQUIREMENTS
              - Interest in competing in a Disability Specific meet or going through the U.S. Paralympic classification process.
              - Contact the Disability Specific Organization to see policies/paperwork BEFORE attending Disability Specific meet.
            - ASSIGNMENT
              - Coach assigns swimmer to group and designs workouts that focus on fitness/health.
            - REASSESS
              - Continue to reassess fitness and health goals and adjust training accordingly.
            - See Top Resources at USA Swimming.org/DEI

- **NO**
  - COMPETITION
    - Does the athlete want to compete?
      - NO
        - REASSESS
        - See Top Resources at USA Swimming.org/DEI
      - YES
        - INCLUSION
          - Does the Team/Coach want to include the swimmer?
            - NO
              - REASSESS
              - See Top Resources at USA Swimming.org/DEI
            - YES
              - EXPERIENCE