



Trischa L. Zorn Award

Deadline: September 10, 2018

The mission of the Disability Swimming Committee is the full inclusion of swimmers with a disability in USA Swimming programs

The purpose of the Trischa L. Zorn Award is to recognize a swimmer with a disability (or relay team) for outstanding performances during the previous year. The award is named in honor of Trischa Zorn, an American swimmer blind from birth who is one of the most decorated Paralympic athletes of all time in any sport. Trischa Zorn competed in seven Paralympic Games from 1980 through 2004. During Paralympic competition she established multiple world records and earned 41 gold, 9 silver, and 5 bronze medals.

Eligibility. Nominees may include individual swimmers or relay teams. Swimmers with any disability are eligible. As a prerequisite to nomination, swimmers or relay team members must demonstrate (a) USA Swimming membership at the time of the performances and (b) competition in at least 5 events across 2 USA Swimming sanctioned meets during the previous year, namely August 1 through July 31. The results of the 5 events must appear in the SWIMS database. Collegiate swimmers may substitute competition results from USA Swimming observed meets. Swimmers may be nominated for and/or receive the Zorn award more than once.

Criteria: Excellence in swimming at the national or international level during the previous year. The year is defined as October 1, 2017 through August 31, 2018

Awards:

Trischa L. Zorn Award. One Zorn Award, a plaque, will be presented annually at the USA Swimming Convention, to the swimmer who best satisfies the criteria for this award.

Nomination Process

- **Automatic consideration.** Automatic consideration will be given to any swimmer or relay team who establishes a new IPC Swimming, Deaflympics, or INAS-FID long course or short course world record, or who earns a gold, silver, or bronze medal at a long course or short course Paralympic Games, World Paralympic Swimming Championships. The Disability Swimming Committee shall consider results posted on the web sites for these organizations and events. Swimmers who are identified through this process will be asked to provide (a) contact information for the swimmer and his/her coach, (b) membership status in USA Swimming, and (c) participation in USA Swimming sanctioned or observed meets.
- **Submitted nomination.** Any USA Swimming member athlete, coach, volunteer, club, or LSC may submit a nomination by sending the official nomination form to Randy Julian, the staff liaison to the Disability Swimming Committee.

Randy Julian
USA Swimming
One Olympic Plaza
Colorado Springs, CO 80909

Email: rjulian@usaswimming.org
Fax: 719.866.4669
Phone: 719.866.4578

Nomination Deadline. Received on September 10, 2018.

Selection Process. Recipients will be determined by vote of the members of the USA-S Disability Swimming Committee.

Past Recipients of the Trischa L. Zorn Award:

2017 Aspen Shelton
2016 Rebecca Meyers
2015 Jessica Long (MD)
2014 Cortney Jordan (MD)
2013 Ian Silverman (MD)
2012 Jessica Long (MD)
2011 Marcus Titus (AZ) and Mallory Weggemann (MN)
2010 Mallory Weggemann (MN)
2009 Mallory Weggemann (MN)
2008 Erin Popovich (CO)
2007 Jessica Long (MD)
2006 Jessica Long (MD)
2005 Erin Popovich (CO)
2004 Travis Mohr (MA)
2003 Travis Mohr (MA)
2002 Jennifer Johnson (SI)
2001 Curtis Lovejoy (GA)
2000 Erin Popovich (MT)

Trischa Zorn-Hudson
Most Decorated Paralympic Athlete
41 Gold, 9 Silver, and 5 Bronze Medals



Trischa Zorn-Hudson (born June 1, 1964) is a Paralympic medallist in swimming. She competed in seven Paralympic Games beginning in 1980 in Amsterdam, Holland through 2004 in Athens, Greece. Zorn-Hudson is the Most Decorated Athlete and holds multiple world records. She is a 2001 and 2003 World Champion, and competed on the Paralympic national swimming team for twenty years. Trischa qualified for three Olympic Swimming Trials and missing the 1980 Olympic Team by 1/100th in the 200m Backstroke. Trischa graduated from the University of Nebraska-Lincoln in 1987 with a B.S. in Education/Special Education. While at Nebraska, Trischa was on a Full Athletic Scholarship and was a four-time All American. Further, Trischa was named to the Big Eight All Academic Teams for three years. Trischa also has a Master's Degree in School Administration from Indiana University.

Trischa was a teacher for ten years in the Indianapolis Public Schools teaching Science and Social Studies. In 2002, she attended Indiana University School of Law-Indianapolis and Graduated in 2005. Currently she works as an Attorney for an Indianapolis Insurance Company.

Trischa has continued to be involved with competitive swimming by coaching the boys and girls high school swim teams at Noblesville High School in Noblesville, Indiana for the last five years.

Trischa is the Paralympic Summer Athlete Representative and serves on the Leadership team for the US Olympic Committee Athlete Advisory Council. She also volunteers and is a member of the Board of Directors for the United States Association for Blind Athletes, which bring sport and opportunities to the lives of blind and visually impaired individuals around the country. Further, Trischa serves as a member of the Board of Directors for the Cornea Research Foundation of America. In 2004, Trischa underwent eye surgery and was part of an FDA study. Trischa was the first recipient to receive artificial irises in both eyes for her eye condition Aniridia (lack of iris in both eyes).

As a motivational speaker Trischa has spoken at numerous corporations including The Hartford Insurance Company, Indiana University Foundation, and the Nebraska Alumni Association.

Bio contributed by Trischa Zorn Hudson, © 2009