

Unofficial Prelims Timeline
2026 Speedo Junior National Championships
August 3 - 7, 2026

Monday, August 3, 2026

1	W 200 Fly	11	9:00 AM
2	M 200 Fly	12	9:31 AM
3	W 50 Back	14	10:02 AM
4	M 50 Back	11	10:19 AM
5	W 100 Breast	18	10:32 AM
6	M 100 Breast	17	11:02 AM
Finish Time			11:26 AM

Monday, August 3, 2026 //DISTANCE//

7 & 8	W 800 Free / M 1500 Free	10 / 6	12:33 PM
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Finish Time 3:45 PM

****SLOWEST to FASTEST, alternating WOMEN/MEN****

Tuesday, August 4, 2026

11	W 100 Free	22	9:00 AM
12	M 100 Free	23	9:30 AM
13	W 400 IM (A Flight)	5	10:00 AM
14	M 400 IM (A Flight)	5	10:28 AM
15	W 50 Breast	17	10:55 AM
16	M 50 Breast	15	11:12 AM
A Flight Finish Time			11:24 AM
13/14	W 400 IM / M 400 IM (B Flight / Alternating)	17	11:26 AM
B Flight Finish Time			12:55 PM

Wednesday, August 5, 2026

19	W 200 Back	15	9:00 AM
20	M 200 Back	12	9:45 AM
21	W 100 Fly	20	10:19 AM
22	M 100 Fly	16	10:49 AM
23	W 400 Free (A Flight)	5	11:11 AM
24	M 400 Free (A Flight)	5	11:37 AM
A Flight Finish Time			11:59 AM
34/35	W 400 Free / W 400 Free (B Flight / Alternating)	19	12:01 PM
B Flight Finish Time			1:29 PM

Thursday, August 6, 2026

27	W 50 Fly	21	9:00 AM
28	M 50 Fly	15	9:18 AM
29	W 200 Free	16	9:32 AM
30	M 200 Free	16	10:12 AM
31	W 100 Back	14	10:50 AM
32	M 100 Back	13	11:15 AM
33	W 200 Breast	16	11:38 AM
34	M 200 Breast	16	12:27 PM
Finish Time			1:11 PM

Friday, August 7, 2026

37	W 200 IM	18	9:00 AM
38	M 200 IM	19	9:50 AM
40	W 50 Free	20	10:39 AM
41	M 50 Free	20	10:56 AM
Finish Time			11:11 AM

Friday, August 7, 2026 //DISTANCE//

39 & 42	W 1500 Free / M 800 Free	9 / 8	11:56 AM
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Finish Time 3:45 PM

****SLOWEST to FASTEST, alternating WOMEN/MEN****

***** Time Trials will start 30 minutes after the completion of Tuesday, Wednesday & Thursday's prelims session *****

2026 Speedo Junior National Championships
Monday, August 3, 2026

Monday Distance Timeline

Event #7	Women's 800 Freestyle	Heat 1	12:33 PM
Event #7	Women's 800 Freestyle	Heat 2	12:42 PM
Event #7	Women's 800 Freestyle	Heat 3	12:51 PM
Event #7	Women's 800 Freestyle	Heat 4	1:01 PM
Event #7	Women's 800 Freestyle	Heat 5	1:10 PM
Event #8	Men's 1500 Freestyle	Heat 1	1:20 PM
Event #7	Women's 800 Freestyle	Heat 6	1:36 PM
Event #8	Men's 1500 Freestyle	Heat 2	1:46 PM
Event #7	Women's 800 Freestyle	Heat 7	2:02 PM
Event #8	Men's 1500 Freestyle	Heat 3	2:11 PM
Event #7	Women's 800 Freestyle	Heat 8	2:28 PM
Event #8	Men's 1500 Freestyle	Heat 4	2:37 PM
Event #7	Women's 800 Freestyle	Heat 9	2:54 PM
Event #8	Men's 1500 Freestyle	Heat 5	3:03 PM
Event #7	Women's 800 Freestyle	Heat 10	3:20 PM
Event #8	Men's 1500 Freestyle	Heat 6	3:29 PM
End of Session			3:45 PM

2026 Speedo Junior National Championships
Monday, August 3, 2026

Finals Timeline

Event #1	Women's 200 Butterfly	D Final C Final B Final A Final	5:00 PM
Awards -	<i>Event #1 Women's 200 Butterfly</i>		
Event #2	Men's 200 Butterfly	D Final C Final B Final A Final	5:18 PM
Awards -	<i>Event #2 Men's 200 Butterfly</i>		
Event #3	Women's 50 Backstroke	D Final C Final B Final A Final	5:36 PM
Awards -	<i>Event #3 Women's 50 Backstroke</i>		
Event #4	Men's 50 Backstroke	D Final C Final B Final A Final	5:48 PM
Awards -	<i>Event #4 Men's 50 Backstroke</i>		
Event #5	Women's 100 Breaststroke	D Final C Final B Final A Final	6:00 PM
Awards -	<i>Event #5 Women's 100 Breaststroke</i>		
Event #6	Men's 100 Breaststroke	D Final C Final B Final A Final	6:14 PM
Awards -	<i>Event #6 Men's 100 Breaststroke</i>		
Event #7	Women's 800 Freestyle	Final Heat	6:31 PM
Awards -	<i>Event #7 Women's 800 Freestyle</i>		
Event #8	Men's 1500 Freestyle	Final Heat	6:48 PM
Awards -	<i>Event #8 Men's 1500 Freestyle</i>		
Event #9	Women's 200 Freestyle Relay	2nd Fastest Heat	7:09 PM
Event #10	Men's 200 Freestyle Relay	Fastest Heat	
Event #9	Women's 200 Freestyle Relay	2nd Fastest Heat	
Event #10	Men's 200 Freestyle Relay	Fastest Heat	
Event #9	Women's 200 Freestyle Relay	3rd Fastest Heat	
Event #10	Men's 200 Freestyle Relay	3rd Fastest Heat	
Event #9	Women's 200 Freestyle Relay	4th Fastest Heat	
Event #10	Men's 200 Freestyle Relay	4th Fastest Heat	
Event #10	Men's 200 Freestyle Relay	5th Fastest Heat	
End of Session			7:33 PM

**** Scratches for Tuesday Prelims are due by 5:30 PM ****

****Relay cards due by 6:00 PM****

2026 Speedo Junior National Championships
Tuesday, August 4, 2026

Finals Timeline

Awards -	<i>Event #9</i>	<i>Women's 200 Freestyle Relay</i>		4:47 PM
Awards -	<i>Event #10</i>	<i>Men's 200 Freestyle Relay</i>		
<i>National Anthem</i>				
Event #11	Women's 100 Freestyle		D Final C Final B Final A Final	5:00 PM
Awards -	<i>Event #11</i>	<i>Women's 100 Freestyle</i>		
Event #12	Men's 100 Freestyle		D Final C Final B Final A Final	5:13 PM
Awards -	<i>Event #12</i>	<i>Men's 100 Freestyle</i>		
Event #13	Women's 400 Individual Medley		D Final C Final B Final A Final	5:26 PM
Awards -	<i>Event #13</i>	<i>Women's 400 Individual Medley</i>		
Event #14	Men's 400 Individual Medley		D Final C Final B Final A Final	5:56 PM
Awards -	<i>Event #14</i>	<i>Men's 400 Individual Medley</i>		
Event #15	Women's 50 Breaststroke		D Final C Final B Final A Final	6:24 PM
Awards -	<i>Event #15</i>	<i>Women's 50 Breaststroke</i>		
Event #16	Men's 50 Breaststroke		D Final C Final B Final A Final	6:36 PM
Awards -	<i>Event #16</i>	<i>Men's 50 Breaststroke</i>		
Event #17	Women's 800 Freestyle Relay		2nd Fastest Heat Fastest Heat	6:47 PM
Event #18	Men's 800 Freestyle Relay		2nd Fastest Heat Fastest Heat	
Event #17	Women's 800 Freestyle Relay		3rd Fastest Heat	
Event #18	Men's 800 Freestyle Relay		3rd Fastest Heat	
Event #17	Women's 800 Freestyle Relay		4th Fastest Heat	
Event #18	Men's 800 Freestyle Relay		4th Fastest Heat	
End of Session				8:00 PM

**** Scratches for Wednesday Prelims are due by 5:30 PM ****

****Relay cards due by 5:45 PM****

2026 Speedo Junior National Championships
Wednesday, August 5, 2026

Finals Timeline

Awards -	<i>Event #17</i>	<i>Women's 800 Freestyle Relay</i>		4:47 PM
Awards -	<i>Event #18</i>	<i>Men's 800 Freestyle Relay</i>		
<i>National Anthem</i>				
Event #19	Women's 200 Backstroke		D Final C Final B Final A Final	5:00 PM
Awards -	<i>Event #19</i>	<i>Women's 200 Backstroke</i>		
Event #20	Men's 200 Backstroke		D Final C Final B Final A Final	5:18 PM
Awards -	<i>Event #20</i>	<i>Men's 200 Backstroke</i>		
Event #21	Women's 100 Butterfly		D Final C Final B Final A Final	5:37 PM
Awards -	<i>Event #21</i>	<i>Women's 100 Butterfly</i>		
Event #22	Men's 100 Butterfly		D Final C Final B Final A Final	5:50 PM
Awards -	<i>Event #22</i>	<i>Men's 100 Butterfly</i>		
Event #23	Women's 400 Freestyle		D Final C Final B Final A Final	6:04 PM
Awards -	<i>Event #23</i>	<i>Women's 400 Freestyle</i>		
Event #24	Men's 400 Freestyle		D Final C Final B Final A Final	6:31 PM
Awards -	<i>Event #24</i>	<i>Men's 400 Freestyle</i>		
Event #25	Women's 200 Medley Relay		2nd Fastest Heat Fastest Heat	6:57 PM
Event #26	Men's 200 Medley Relay		2nd Fastest Heat Fastest Heat	
Event #25	Women's 200 Medley Relay		3rd Fastest Heat	
Event #26	Men's 200 Medley Relay		3rd Fastest Heat	
Event #25	Women's 200 Medley Relay		4th Fastest Heat	
Event #26	Men's 200 Medley Relay		4th Fastest Heat	
Event #25	Women's 200 Medley Relay		5th Fastest Heat	
Event #26	Men's 200 Medley Relay		5th Fastest Heat	
End of Session				7:26 PM

**** Scratches for Thursday Prelims are due by 5:30 PM ****

****Relay cards due by 6:00 PM****

2026 Speedo Junior National Championships
Thursday, August 6, 2026

Finals Timeline

Awards -	<i>Event #25</i>	<i>Women's 200 Medley Relay</i>		4:47 PM
Awards -	<i>Event #26</i>	<i>Men's 200 Medley Relay</i>		
<i>National Anthem</i>				
Event #27	Women's 50 Butterfly	D Final C Final B Final A Final		5:00 PM
Awards -	<i>Event #27</i>	<i>Women's 50 Butterfly</i>		
Event #28	Men's 50 Butterfly	D Final C Final B Final A Final		5:11 PM
Awards -	<i>Event #28</i>	<i>Men's 50 Butterfly</i>		
Event #29	Women's 200 Freestyle	D Final C Final B Final A Final		5:22 PM
Awards -	<i>Event #29</i>	<i>Women's 200 Freestyle</i>		
Event #30	Men's 200 Freestyle	D Final C Final B Final A Final		5:40 PM
Awards -	<i>Event #30</i>	<i>Men's 200 Freestyle</i>		
Event #31	Women's 100 Backstroke	D Final C Final B Final A Final		5:58 PM
Awards -	<i>Event #31</i>	<i>Women's 100 Backstroke</i>		
Event #32	Men's 100 Backstroke	D Final C Final B Final A Final		6:12 PM
Awards -	<i>Event #32</i>	<i>Men's 100 Backstroke</i>		
Event #33	Women's 200 Breaststroke	D Final C Final B Final A Final		6:25 PM
Awards -	<i>Event #33</i>	<i>Women's 200 Breaststroke</i>		
Event #34	Men's 200 Breaststroke	D Final C Final B Final A Final		6:45 PM
Awards -	<i>Event #34</i>	<i>Men's 200 Breaststroke</i>		
Event #35	Women's 400 Freestyle Relay	2nd Fastest Heat Fastest Heat		7:05 PM
Event #36	Men's 400 Freestyle Relay	2nd Fastest Heat Fastest Heat		
Event #35	Women's 400 Freestyle Relay	3rd Fastest Heat		
Event #36	Men's 400 Freestyle Relay	3rd Fastest Heat		
Event #35	Women's 400 Freestyle Relay	4th Fastest Heat		
Event #36	Men's 400 Freestyle Relay	4th Fastest Heat		
Event #36	Men's 400 Freestyle Relay	5th Fastest Heat		
End of Session				7:47 PM

**** Scratches for Friday Prelims are due by 5:30 PM ****

****Relay cards due by 6:00 PM****

2026 Speedo Junior National Championships
Friday, August 7, 2026

Friday Distance Timeline

Event #39	Women's 1500 Freestyle	Heat 1	11:56 AM
Event #39	Women's 1500 Freestyle	Heat 2	12:13 PM
Event #42	Men's 800 Freestyle	Heat 1	12:31 PM
Event #42	Women's 1500 Freestyle	Heat 3	12:40 PM
Event #39	Men's 800 Freestyle	Heat 2	12:58 PM
Event #42	Women's 1500 Freestyle	Heat 4	1:06 PM
Event #39	Men's 800 Freestyle	Heat 3	1:24 PM
Event #42	Women's 1500 Freestyle	Heat 5	1:33 PM
Event #39	Men's 800 Freestyle	Heat 4	1:51 PM
Event #42	Women's 1500 Freestyle	Heat 6	1:59 PM
Event #39	Men's 800 Freestyle	Heat 5	2:17 PM
Event #42	Women's 1500 Freestyle	Heat 7	2:26 PM
Event #39	Men's 800 Freestyle	Heat 6	2:44 PM
Event #42	Women's 1500 Freestyle	Heat 8	2:52 PM
Event #39	Men's 800 Freestyle	Heat 7	3:10 PM
Event #42	Women's 1500 Freestyle	Heat 9	3:19 PM
Event #39	Men's 800 Freestyle	Heat 8	3:37 PM
End of Session			3:45 PM

2026 Speedo Junior National Championships
Friday, August 7, 2026

Finals Timeline

Awards -	Event #35	Women's 400 Freestyle Relay		4:47 PM
Awards -	Event #36	Men's 400 Freestyle Relay		
<i>National Anthem</i>				
Event #37	Women's 200 Individual Medley		D Final C Final B Final A Final	5:00 PM
Awards -	Event #37	Women's 200 Individual Medley		
Event #38	Men's 200 Individual Medley		D Final C Final B Final A Final	5:19 PM
Awards -	Event #38	Men's 200 Individual Medley		
Event #39	Women's 1500 Freestyle		Final Heat	5:39 PM
Awards -	Event #39	Women's 1500 Freestyle		
Event #40	Women's 50 Freestyle		D Final C Final B Final A Final	6:02 PM
Awards -	Event #40	Women's 50 Freestyle		
Event #41	Men's 50 Freestyle		D Final C Final B Final A Final	6:13 PM
Awards -	Event #41	Men's 50 Freestyle		
Event #42	Men's 800 Freestyle		Final Heat	6:27 PM
Awards -	Event #42	Men's 800 Freestyle		
Event #43	Women's 400 Medley Relay		2nd Fastest Heat	6:41 PM
Event #44	Men's 400 Medley Relay		Fastest Heat	
Event #43	Women's 400 Medley Relay		2nd Fastest Heat	
Event #44	Men's 400 Medley Relay		Fastest Heat	
Event #43	Women's 400 Medley Relay		3rd Fastest Heat	
Event #44	Men's 400 Medley Relay		3rd Fastest Heat	
Event #43	Women's 400 Medley Relay		4th Fastest Heat	
Event #44	Men's 400 Medley Relay		4th Fastest Heat	
Event #43	Women's 400 Medley Relay		5th Fastest Heat	
Event #44	Men's 400 Medley Relay		5th Fastest Heat	
Awards -	Event #43	Women's 400 Medley Relay		7:32 PM
Awards -	Event #44	Men's 400 Medley Relay		
Awards -	<i>Individual High Point Awards</i>			
Awards -	<i>Team Awards</i>			
End of Session				8:02 PM

****Relay cards due by 5:45 PM****