

**U.S. OLYMPIC
TEAM TRIALS**



SWIMMING
JUNE 4-7/13-20, 2021
OMAHA, NEBRASKA



CHI Health is proud to provide complimentary on site medical services to athletes and coaches at the CHI Health Center.

CHI Health is a regional health network headquartered in Omaha, Nebraska. The organization consists of 14 hospitals, two stand-alone behavioral health facilities, more than 150 employed physician practice locations and greater than 10,000 employees in Nebraska and southwest Iowa.

In fiscal year 2020, CHI Health invested more than \$188.6 million back into our communities. The majority of that money went to caring for the poor and underserved.

CHI Health is part of CommonSpirit Health, a nonprofit, Catholic health system created in February 2019 through the alignment of Catholic Health Initiatives and Dignity Health. CommonSpirit Health operates 142 hospitals and more than 700 care sites across 21 states. In fiscal year 2020, Catholic Health Initiatives and Dignity Health provided \$4.6 billion in charity care, community benefit, and unreimbursed government programs.

Hello humankindness®

Medical Coverage

CHI Health is offering complimentary on site medical services to athletes and coaches when the pools are open at the CHI Health Center. The CHI Health Medical Room is located in the Athlete Services area near the warm-up pool. You can visit the CHI Health Medical Room for illness or injury during your stay in Omaha. CHI Health will also staff a medical table located between the warm-up and competition pools for first aid and injury needs.

CHI Health medical providers include general medicine physicians, sports medicine and orthopedic physicians, physical therapists, athletic trainers, and pharmacists.

Hours and Appointments

The CHI Health Medical Room will be staffed June 2nd through 20th during hours of pool operation (including 1-hour after the final session on competition days).

Any non-urgent medical need requires an appointment in order to allow proper athlete safety and COVID-19 symptom screening. Same-day appointments are available. Please call us at **402-599-6339** during venue hours to schedule an appointment. **General medicine/primary care providers, physical therapists, and athletic trainers will be on site when pools are open.**

A daily Injury Call will be provided by our sports medicine physicians from 8:00am-10:00am each day (with the exception of June 9th, when pools are only open for afternoon hours) for injury concerns on both warm-up/practice days (virtual consultation) and competition days (in-person consultation). During all other hours of pool operation, CHI Health sports medicine physicians will be available on an on-call basis. **Appointments are required. Same-day appointments are available.** Please call us at **402-599-6339** during venue hours to schedule an appointment.

Pharmacy

Several over-the-counter medications (ibuprofen, acetaminophen, eye drops, etc.) will be provided free of charge by CHI Health. CHI Health can facilitate obtaining prescription medications as indicated, which will require insurance or credit/debit payment. CHI Health will provide consultation by pharmacists who are well-versed in the U.S. Anti-Doping Agency regulations as needed.

Physical Therapy and Athletic Training Services

CHI Health physical therapists and athletic trainers will be present in the Medical Room located in Athlete Services during the hours of pool operation, as well as staffed at the CHI Health medical table between the warm-up and competition pools. Standard treatment modalities (such as electrical stimulation, ultrasound) will be available in the Medical Room at the discretion of the medical team. Appointments are required. Same-day appointments are available. Please call us at **402-599-6339** during venue hours to schedule an appointment.

Other Medical Services for Family Members

Athletes may be traveling with family members who could require medical care while in Omaha. We have several options to meet non-athlete needs. Services can be billed to insurance:

Virtual Care

For only \$35 per visit, you can talk with a licensed health care provider specializing in virtual visits. Available 24/7 via phone or video chat.

Call 402-717-1255 or visit CHIhealth.com/VirtualCare to get care now.

Common Treated Conditions: Sinus infections, urinary tract infections, allergies, common colds, rashes and congestion.

Disclaimer: If at any point your symptoms worsen or you feel like you are experiencing a medical emergency, call 911 or proceed to the nearest emergency room.

Quick Care

Days. Nights. Weekends. Walk-ins are always welcome at one of our Hy-Vee clinic locations.

- Staff treats patients 18 months and older.

View the full menu of services with pricing at CHIhealth.com/QuickCare.

Hours:

Monday - Friday, 7:00 a.m. – 7:30 p.m.

Saturday - Sunday, 9:00 a.m. – 5:00 p.m.

Locations (inside Hy-Vee grocery stores):

Omaha

144th & Stony Brook

72nd & 370

108th & Fort

180th & Q

156th & W Maple

180th & Pacific

Priority Care

Walk-ins welcome! Select CHI Health Clinic locations offer same-day, unscheduled access to a primary care provider...with primary care rates!

- No appointment needed.
- Staff treats patients 3 months and older.

Visit CHIhealth.com/PriorityCare.

Hours:

Monday - Sunday, 8:00 a.m. – 8:00 p.m.

Locations:

Omaha

*+24th & Cuming • 402-717-0380 — within 1.4 miles of CHI Health Center

+42nd & L • 402-733-4433

+CHI Health Immanuel • 402-572-3900

81st & West Center • 402-717-3000

+Bellevue • 402-717-0450

+La Vista • 402-717-9500

Millard • 402-717-9100

+161st & West Maple • 402-717-9700

*Hours: M-Th, 8a-8p, Fri 8a-5p, Sat/Sun closed

+On site Pharmacy

Council Bluffs

West Broadway • 712-328-9100 — within 2.5 miles of CHI Health Center
Valley View • 712-328-8800

Emergency Department

(at CHI Health University Campus)

CHI Health University Campus (2412 Cuming Street) is conveniently located for travelers staying in downtown Omaha. University Campus has an Emergency Department for urgent medical needs.

Hours:

24-7

Locations:

CHI Health University Campus
24th & Cuming Street — within 1.4 miles of CHI Health Center