



1981 Technical Rules Code of Regulations

**UNITED
STATES
SWIMMING**

Some impressions never fade.

You start out wet behind the ears. Swallow some water. Do a few bellyflops. You keep trying. Again and again. And again. But there are so many people behind you. Coaches. Parents. And volunteers. As well as United States Swimming and Diving. Helping you learn discipline. Gain confidence. And make new friends. Each step of the way. Because swimming and diving are more than just time and form alone. That's why Phillips Petroleum is a longtime sponsor of US Swimming and US Diving. It's a contest where everyone wins. Even though only a few earn medals. Because what you learn sticks with you for the rest of your life.



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**1981
UNITED STATES
SWIMMING CODE**

**TECHNICAL RULES
AND
CODE OF REGULATIONS**

Published by

UNITED STATES SWIMMING, INC.

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Technical Rules edited by William A. Lippman, Jr. and Ann Colwell
Code of Regulations edited by Bernard J. Favaro and Sandra Baldwin

This is the first official publication of United States Swimming, the
newly
formed National Governing Body for swimming in this country.

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MAJOR RULE CHANGES FOR 1981

The Technical Swimming Rules are now Part One, followed by Parts Two through Five, etc. Long Distance and Masters regulations are now in the Appendix.

TECHNICAL RULES

BREASTSTROKE--Arm recovery must be made on or under water surface.
(102.1(2))

Kick rule clarified. (102.1(3))

Hands may touch unevenly at Long Course turns.

(102.2(4)(b))

INDIVIDUAL MEDLEY--Clearly identified as a single event with three turns and one finish. (102.5)

MEDLEY RELAY--Clearly identified as a combined event, using the finish rules for each stroke. (102.6(2))

FINISH RULES--Clarified. (102.7)

NO-SHOW ON START--Penalty defined. (103.16(6)(g))

TIMING RULES--Completely rewritten for clarity, with no substantive change. (103.19)

STARTING RULES--Referee given authority to modify to adapt for handi-capped swimmers. (103.16(1)(f))

NATIONAL CHAMPIONSHIP RULES

NEW 4-DAY PROGRAM--All days revised. (104.5(4))

800/1000 Y/M EVENTS--New entry and seeding. (104.4(10)(b)(c); 104.4(12)(b); 104.5(4)(b); 104.8(8)(e)).

QUALIFYING TIMES--55 Yard times no longer acceptable. (104.8(c)(2))

AWARD OF MEETS--Procedures revised. (105.7)

AGE GROUP

NEW AGE GROUPS--15-16, 17-18 or 15-18 now replace 15-18 category.
(106.6(2); 106.13(4); 106.14(3))

NEW AGE GROUP EVENTS--See 106.7(2)

BEST TIMES SUBMISSION--'Recognized' competitions identified.
(106.9(2))

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OFFICIAL GLOSSARY

Swimming Words and Terms

Across-the-Board Place Judges--two place judges, one on each side of the finish line, who will record the order of finish by lane. The independent decisions of these two judges may be used for balloting.

Aggregate Time--times achieved by four individuals in separate starts which are added together to arrive at a relay time for entry purposes.

Appreciable--sufficient in extent to be recognized.

Approved or Sanctioned Meets--meets sanctioned under Article 41 and approved meets having 'officials' as required by Article 3 and having in attendance a qualified official who may approve and certify that the swimmers desiring to use their times as United States Swimming qualifying times have competed under United States Swimming Technical Rules in achieving them.

Body--the torso, including shoulders and hips.

Calm State or Surface--normal level surface without turbulence.

Closed Competition--competition open only to the members of an organization or group, whether or not the organization or group is itself a member of the Corporation.

Composite Time--a time achieved in a relay event by four members of an organization.

Consolation--(finals) competition for the fastest of those who failed to qualify for the finals.

Corporation--United States Swimming, Inc.

Course--designated distance over which the competition is conducted:

Long Course--50 or 55 yards, 50 meters.

Short Course--20 or 25 yards, 25 meters.

Draw--random selection by chance.

Event--any race or series of races in a given stroke or distance.

Final--any single race which determines final places and times in an event.

Finals--the concluding session of the meet in which the final race of each event is swum.

Finalist--one who swims in a final race.

Heats--a division of an event in which there are too many swimmers to compete at one time.

1. **Qualifying Heats**--Competition in which a number of heats are swum to qualify the fastest swimmers for the finals where final placing for the event will be determined.
2. **Timed Final Heats**--Competition in which only heats are swum and final placings are determined by the times performed in the heats.

Horizontal--parallel to the surface level of the water.

International Competition--competition in which all competitors and/or teams represent their countries, not clubs or other organizations.

Junior Olympic--a type of Age Group competition conducted by the Age Group Section.

Lane--the specific area in which the swimmer is assigned to swim (i.e.), lane one, lane two, etc.

Lane Markings--the guide lines on the bottom of the pool and in the center of the lanes running from the starting end to the turning end.

Lane Line--continuous floating markers attached to a line stretched from the starting end to the turning end for the purpose of separating each lane.

Leg--(relay) the part of the relay event that is swum by a single team member.

Length--extent of the course from end to end.

LSC--local swimming committee: a division of the Corporation with supervisory responsibilities within the geographic territory of an Association.

Malfunction--a mechanical or electronic failure--not a human failure by the swimmer.

Manual Start--the start of any timing device by an individual if this start is initiated by this person in response to the same starting sound given to the swimmer.

Marks--(take your) starting position.

May--permissive, not mandatory.

Meet--a series of events held in one program and in the following categories:

Closed--for members of one organization or one LSC.

Age Group--for any or all age groups.

Junior--18 and under.

Masters--for masters swimmers (age 25 and over).

Invitational--for those swimmers and clubs invited by the meet manager.

Dual--between two teams conducting no less than five (5) complete events between members of both teams.

Or any combination of the above.

Official Verification Card (OVC)--is a three-copy form for certifying a national qualifying time made by a swimmer and issued by a verification official of the area in which the meet was held. OVC's shall be issued for any time that equals or betters a national time standard or international trials time standard.

Open Competition--competition in which events are open to members of more than one club or organization. 'Open' includes 'Invitational' if more than one club or organization is entered in the competition.

Pool--the physical facility in which the competition is actually conducted.

Preliminary--session of the meet in which the heats are held.

Propulsive--having power to propel.

Race--any single swimming competition, (i.e.) preliminary, final, timed final.

Registered--enrolled as an amateur member of the Corporation and an LSC.

Reinstatement--return of all or limited rights of membership in the Corporation.

Scissor--use of the top of the instep of one foot and the bottom of the other foot in the propulsive part of the kick.

Scratch--(from an event) withdraw an entry from competition.

Seed--distribute the swimmers among the required number of heats and/or lanes, according to their submitted or preliminary times.

Seeding--Pre-Seeded Heats--swimmers are arranged in heats in events according to submitted times and heat sheets are prepared prior to the day of competition. Events Seeded on the Deck--swimmers are called to report to the clerk of course for their event on the day of the meet. After scratches are determined they are then seeded in the proper heats.

Shall--mandatory.

Simultaneously--at the same time.

Solid Wall--the end of the pool including the vertical end of the pool and the front of the starting block or platform.

Split Time--time recorded from official start to completion of an intermediate distance within a longer event.

Still Water--water contained within four walls or landlocked which has no perceptible current or movement other than that caused by wind or by other swimmers. (Circulatory systems should be off during competition.)

Submitted Times--those filed with an entry, as having been previously achieved.

Suspension--deprivation of all rights of membership in the Corporation.

Timed Finals--competition in which only heats are swum and final placings are determined by the times performed in the heats.

Time Standard--the time standard for any event in a meet is the cut-off time for that event.

Time Trial--swimming against the clock, unpaced by another swimmer.

Unattached--an athlete member who competes but does not represent a club/organization member of the Corporation.

Vertical--at a right angle to the normal water level.

PART ONE

TECHNICAL RULES

All competitive swimming events held under Corporate sanction shall be conducted in accordance with the following rules which are designed to protect the swimmer, provide fair and equitable conditions of competition, and promote uniformity in the sport so that no swimmer shall obtain unfair advantage over another.

It is recommended that the LSC and Regional short course and long course championships be held annually and that they be conducted under the rules governing National Championships (Article 4) subject to available facilities and personnel. Events other than such championships may use Article 4 as a guide subject to local conditions and preference, but when national Championship rules are to govern such events, and they differ in any way from Article 4, such differences must be clearly stated on the entry blank.

ARTICLE 1 CLASSES OF COMPETITION

101.1. COMPETITIVE CLASSIFICATIONS--Swimming shall be conducted under the following classifications and participation is open to athletes from any country subject to further pertinent regulations in these rules and elsewhere.

- (1) **Senior**--All registered swimmers except Masters are eligible for the Senior Class.
- (2) **Junior**--All registered swimmers 18 years of age and younger are eligible for the Junior Class subject to the restrictions elsewhere in these rules.
- (3) **Age Group**--Age Group swimming is for swimmers 18 years of age and under and shall be conducted under the provisions of **Article 6**.
- (4) **Masters**--Masters swimming is for swimmers 25 years of age and older.
- (5) **Long Distance**--All registered swimmers are eligible for Long Distance swimming.

ARTICLE 2 RULES FOR SWIMMING THE STROKES

102.1. BREASTSTROKE

- (1) **Start**--The forward start shall be used.

- (2) **Stroke**--The body shall be kept on the breast. From the beginning of the first armstroke after the start and after each turn, the body shall be kept perfectly on the breast and both shoulders shall be in line with the water surface. All movements of the arms shall be simultaneous and in the same horizontal plane without alternating movement. The hands shall be pushed forward together from the breast on or under the surface of the water, and shall be brought back on or under the surface of the water. A part of the head shall always be above the general water level (the surface in a calm state), except that after the start and after each turn, the swimmer may take one arm stroke and one leg kick while wholly submerged. When the hands begin their sideward or downward press, a new stroke shall have been started. Drifting apart of the hands does not constitute an infraction. A wave passing over the head does not constitute a violation.
- (3) **Kick**--All vertical and lateral movements of the legs shall be simultaneous. The feet must be turned outwards in the backward movement. A flutter kick or downward butterfly kick is not permitted. Breaking the surface with the feet shall not merit disqualification unless followed by a downward butterfly kick.
- (4) **Turns**
- (a) **Short Course** --When touching at each turn, the touch shall be made with both hands simultaneously. It is permissible for a shoulder to be dropped and/or the head to be lowered below the water level of the pool after the final arm pull and prior to the touch. A legal touch may be made at, above or below the surface of the water. Once a legal touch has been made the swimmer may turn in any manner desired. The prescribed form must be attained from the beginning of the first arm stroke. This would apply also to the breaststroke leg of the individual medley and the breaststroke leg in the medley relay.
- (b) **Long Course** --When touching at each turn, the touch shall be made with both hands simultaneously while the body is on the breast. The shoulders shall be in line with the water surface. A legal touch may be made at, above or below the surface of the water. Once a legal touch has been made, the swimmer may turn in any manner desired. The prescribed form must be attained from the beginning of the first arm stroke.
- (5) **Finish**
- (a) **Short Course** --On the finish the touch must be made with both hands simultaneously at the same level while the body is on the breast. The shoulders shall be in line with the water surface. It is permissible for the head to be lowered below the water level of the pool after the final arm pull and prior to the touch. A legal touch may be made at, above or below the surface of the water.
- (b) **Long Course** --On the finish the touch must be made with both hands simultaneously at the same level while the body is on the breast. The shoulders shall be in line with the water surface. A legal touch may be made at, above or below the surface of the water.

Note: Either complete or incomplete movements of the arms or legs from the starting position shall be considered as one complete stroke or kick.

102.2. BUTTERFLY

- (1) **Start**--The forward start shall be used.
- (2) **Stroke**--After the start and turns, a swimmer is permitted one or more leg kicks, but only one arm pull under water, which must bring him to the surface. Both arms must be brought forward together over the water and brought backward simultaneously. The body must be kept perfectly on the breast, and both shoulders in the horizontal plane, from the beginning of the first arm stroke after the start and after each turn.
- (3) **Kick**--All up and down movements of the legs and feet must be simultaneous. The position of the legs and feet shall not alternate in relation to each other. The use of the scissor or breaststroke kicking movement is not permitted.
- (4) **Turns**
 - (a) **Short Course** --When touching at each turn the touch shall be made with both hands simultaneously. It is permissible to drop a shoulder after the final arm pull and prior to the touch. A legal touch may be made at, above or below the surface of the water. Once a legal touch has been made the swimmer may turn in any manner desired. The prescribed form must be attained from the beginning of the first arm stroke. This would apply also to the butterfly leg of the individual medley and the butterfly leg of the medley relay.
 - (b) **Long Course** --When touching at each turn the touch shall be made with both hands simultaneously at the same level while the body is on the breast. The shoulders shall be in line with the water surface. A legal touch may be made at, above or below the surface of the water. Once a legal touch has been made the swimmer may turn in any manner desired. The prescribed form must be attained from the beginning of the first arm stroke.
- (5) **Finish**
 - (a) **Short Course** --On the finish the touch shall be made with both hands simultaneously at the same level while the body is on the breast. The shoulders shall be in line with the water surface. A legal touch may be made at, above or below the surface of the water.
 - (b) **Long Course** --On the finish the touch shall be made with both hands simultaneously at the same level while the body is on the breast. The shoulders shall be in line with the water surface. A legal touch may be made at, above or below the surface of the water.

102.3. BACKSTROKE

- (1) **Start**--The swimmers shall line up in the water, facing the starting end, with both hands resting either on the end or rail of the pool or on any part of the starting platform or block, or on the starting grips.

- (a) **Short Course** --The feet may be placed in any position on the end of the pool, and the swimmer may assume any desired starting position which does not remove his feet completely from the water, nor his feet from contact with the end of the pool, nor his hands from the starting grips, pool edge, or starting block. Subject to the approval of the host facility, a backstroke starting block against which to place the feet may be used, if available to all contestants.
- (b) **Long Course** --It shall be the starter's duty to see that the swimmer's feet, including the toes, shall be under the surface of the water, and that no swimmer is standing in or on the gutter, or curling his toes over the lip of the gutter. A backstroke starting block may not be used.
- (2) **Stroke**--The swimmer shall push off on his back and continue swimming on his back throughout the race.
- (3) **Turns**--The swimmer's head, shoulder, foremost hand or arm must touch the end of the course, but the shoulders must not turn over beyond the vertical before the touch is made. It is permissible to turn the shoulders beyond the vertical after the touch, but the swimmer must have returned to a position where the shoulders are at or past the vertical toward the back before the feet have left the wall.
- (4) **Finish**--The swimmer shall have finished the race when any part of his person touches the solid wall at the end of the pool.

102.4. FREESTYLE

- (1) **Start**--The forward start shall be used.
- (2) **Stroke**--Freestyle means that in an event so designated the swimmer may swim any style; except that in a medley relay or individual medley event, freestyle means any style other than butterfly, breaststroke or backstroke.
- (3) **Turns**--In freestyle competition the hand touch is not required at the turn; it is sufficient if any part of the swimmer touches the solid wall at the end of the pool or course.

102.5. INDIVIDUAL MEDLEY--The swimmer shall swim the prescribed distance in the following order; the first one-fourth, butterfly; the second one-fourth, backstroke; the third one-fourth, breaststroke; and the last one-fourth, freestyle.

- (1) The stroke and turns for each stroke shall follow the prescribed rules for each stroke.
- (2) The turns from one stroke to another shall be considered turns, not finishes, and are as follows:
 - (a) **Butterfly to backstroke** --once a legal touch has been made the swimmer may turn in any manner desired. The prescribed stroke form must be attained prior to the time the feet leave the wall.
 - (b) **Backstroke to breaststroke** --once a legal touch has been made the swimmer may turn in any manner desired. The shoulders must be past the vertical toward the breast when the feet leave the wall. The prescribed stroke form must be attained prior to the first arm stroke.

- (c) **Breaststroke to freestyle** --once a legal touch has been made the swimmer may turn in any manner desired.

102.6. RELAYS

- (1) **Freestyle Relay**--Four swimmers on each team, each to swim one-fourth of the prescribed distance using any desired stroke(s).
- (2) **Medley Relay**--Four swimmers on each team, each to swim one-fourth of the prescribed distance continuously in the following order: first, backstroke; second, breaststroke; third, butterfly; and fourth, freestyle. Rules pertaining to each stroke used shall govern where applicable. At the end of each leg, the finish rule for each stroke applies in each case. Refer to 102.4(2).
- (3) **Rules Pertaining to Relay Races**
 - (a) No swimmer shall swim more than one leg in any relay event.
 - (b) Relay teams may not compete unattached and must in all cases be composed of registered members of the same club, school or organization.
 - (c) When automatic relay take-off judging is used, each swimmer must touch the touchplate or pad in his lane at the end of the course to have finished his leg of the relay race.
 - (d) In relay races a swimmer other than the first swimmer shall not start until his teammate has concluded his leg.
 - (e) Any relay team member and his relay team shall be disqualified from a race if a team member other than the swimmer designated to swim that leg shall jump into or enter the pool in the area where the race is being conducted before all swimmers of all teams have finished the race.
 - (f) In relay races the team of a swimmer whose feet have lost touch with the starting platform (ground or deck) before his preceding teammate touches the wall shall be disqualified.
 - (g) When the first swimmer on a relay completes his leg in accordance with the rules of the stroke and unless his team is disqualified for some action on his part, his split time, if recorded in accordance with 108.2(4)(a), may be considered for an official time. If recorded in accordance with 108.2(4)(a) or 103.15(4) this time may also be considered for LSC and local records, and if recorded in accordance with 108.2(3), (4) and (5) it may be considered for any other record purpose.

102.7. FINISH RULES FOR ALL STROKES

- (1) In all swimming races each swimmer shall have finished his race when he has covered the prescribed distance and any part of his body touches:
 - (a) The solid wall at the end of the pool or course when completely automatic officiating equipment is not in use, or
 - (b) The touchplate or pad in his lane at the end of the pool or course when using completely automatic officiating equipment as described in 107.23.
- (2) In the backstroke, breaststroke and butterfly, each swimmer must also comply with the finish touch requirements for those strokes as defined under the rules for each stroke.

ARTICLE 3

RULES APPLYING TO THE CONDUCT OF ALL SWIMMING COMPETITION

Note: The events and programs for national, regional and LSC Championships are set forth in Article 4.

103.1. EVENTS

- (1) **Senior Classification**--See Article 4.
- (2) **Junior Classification**--See Article 4.
- (3) **Age Group Classification**--See Article 6.

103.2. PROGRAMS--In planning any meet, careful consideration must be given the demands to be made upon swimmers, officials and spectators, in that order. Long, tiresome meets, with too many events and/or entries, often result in keeping small children up late at night. Meets should be planned to terminate within a maximum period of eight (8) hours of competitive events in any one day. Provide adequate meal and rest breaks and sheltered rest areas, properly supervised.

- (1) Programs for Senior, Age Group and/or those of mixed classification, can be tailored to local requirements and conditions.
- (2) **Dual Meets**--Dual meets are encouraged between clubs, LSCs and regions. They may consist of programs of mixed classifications. For Age Group suggested dual meet programs refer to Article 6.

(a) Suggested Events in Senior Dual Meets:

400 Medley Relay	100 Freestyle
200 Freestyle	100/200 Backstroke
50 Freestyle	400/500 Freestyle
200/400 I.M.	100/200 Breaststroke
100/200 Fly	400 Free Relay

(b) Suggested Events in All-Star Dual Meet Competition:

This program is designed for two days or two-session competition. Each competitor is allowed two races per session. Each team may enter two competitors and one relay in each event. Events are alternated; first women, then men.

Note: By mutual consent of teams entered competitors may enter more events or teams may enter more contestants and relays per event than recommended.

First Session

400 Medley Relay	Women/Men
1500/1650 Freestyle	Women/Men
100 Backstroke	Women/Men
200 Freestyle	Women/Men
100 Breaststroke	Women/Men
100 Butterfly	Women/Men
400 I.M.	Women/Men
800 Freestyle Relay	Women/Men

*800/1000 free may replace the 1500/1650 free by mutual team consent.

Second Session

200 Butterfly	Women/Men
100 Freestyle	Women/Men
200 Backstroke	Women/Men
200 Breaststroke	Women/Men
400/500 Freestyle	Women/Men
200 I.M.	Women/Men
400 Freestyle Relay	Women/Men

(3) Conduct of Dual Meets

- (a) In six-lane pools each team may enter three official swimmers of which only two may score. Upon arrival at the pool the visiting team shall have the choice of lanes or a side of the pool.
- (b) Each swimmer may swim in three events of which at least one must be a relay.
- (c) It is recommended that each team be furnished with entry cards, which shall also serve as time cards. They may be turned in to the Referee, or his representative, several events ahead, but must be submitted immediately upon request, and must include the name of the swimmer and the lane he/she will swim in. No change may be made except through injury or illness.
- (d) Protests which cannot be resolved at the meet must be sent to the proper committee.
- (e) Scoring: Individuals 5-3-1. Relays 7-0.

(4) Minimum Number of Officials Required

- (a) Starter-Referee, who may also act as a stroke and turn judge.
- (b) One other stroke and turn judge.
- (c) Two scorers-one from each team.
- (d) Announcer.
- (e) Three timers for each lane.
- (f) Relay take-off judges.
- (g) Two across-the-board judges, one on each side of the pool at the finish line whose independent decisions as to the order of finish may be used for balloting.
- (h) The visiting team may furnish officials as a courtesy, not a requirement.

103.3. ENTRIES

- (1) In any combination of aquatic events conducted on a single day at the same site and where preliminaries and finals are held, no swimmer shall be permitted to compete in more than 3 events (1 event equals 1 preliminary plus 1 final) per day, exclusive of relays.
- (2) The above restrictions are effective regardless of the classification mixture and/or that separate meets are being conducted and such limitations shall be clearly stated on the entry blanks.
- (3) When timed finals are held, without preliminary heats, no swimmer shall be permitted to compete in more than 5 events per day exclusive of relays.
- (4) In meets where a combination of preliminaries and finals events and timed finals are held, a swimmer may participate in only 3 individual events per day, unless entered exclusively in timed final events.

- (5) If qualifying time standards are used they may be made in:
- (a) A 25 yard or 25 meter course for Short Course events.
 - (b) A 50 meter course for Long Course events.

103.4. INDIVIDUAL SCRATCH RULE--Each swimmer shall inform himself of the meet starting time and shall report to the proper meet authorities promptly upon call.

- (1) **Pre-Seeded Meets**--Each swimmer shall report promptly to the clerk of course prior to the start of each race in which he is entered.
- (a) Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.
 - (b) Any swimmer not reporting for or competing in a preliminary heat when finals are scheduled shall not be penalized.
- (2) **Events Seeded at the Meet**--Any swimmer entered in an individual event that is seeded at the meet, in whole or in part, who has checked in for that event, must swim the event unless he notifies the clerk of course before the seeding for that event has begun that he wishes to scratch. Failure to do so will result in his being barred from the next individual event in which he is entered on that day or the next meet day, whichever is first.
- (3) **Scratching from Consolation Finals and Finals**--Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet, except as noted in (4), below. In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). Where consolation finals have not yet been swum and a barring or withdrawal is known to the referee, the Referee shall reseed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. If a consolation final has already been contested, the companion final shall be swum without reseeding for the empty lane(s).
- (4) **Exceptions for Failure to Compete**--No penalty shall apply for failure to withdraw or compete in an individual event if:
- (a) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - (b) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that final race that he does not intend to compete.
 - (c) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

103.5. RELAY SCRATCH RULE

- (1) **Pre-Seeded Meets**--Any relay team entered in a pre-seeded relay event that fails to compete in or report for that event shall not be penalized.
- (2) **Relays Seeded at the Meet**
- (a) Any relay team entered in a relay event that is seeded at the meet in whole or in part, that has been checked in for that event, must

swim the event unless the clerk of course is notified before the seeding for that event is begun that the relay team wishes to scratch. Failure to do so will result in each individual member of that relay team being barred from the next relay event in which those members may otherwise be eligible to compete, either that day or the next meet day, whichever is first.

- (b) A relay team member failing to appear ready to swim for said relay event shall be barred from the next individual event in which he is entered, either that day or the next meet day. The relay team members who do appear ready to swim shall not be penalized for failure of other relay team members to appear.
- (c) **Exceptions** --Relay teams or team members who give acceptable notification to the Referee of illness, injury, or that failure to compete is caused by circumstances beyond the control of the swimmer(s) shall not be penalized.

103.6. RELAYS

- (1) Relays may be conducted on a timed final basis or with preliminaries and finals.
- (2) Timed final relays shall be swum in seeded heats, with not more than two heats (which shall be the fastest heats) conducted during the final session of meets holding preliminaries and finals, and the balance of relay heats will be conducted during the preliminaries.
- (3) Relays conducted as preliminaries and finals shall be seeded and conducted in the same manner as individual events.
- (4) Organizations entering two or more relay teams in an event shall designate them on the entry blank as Team A, Team B, etc.
- (5) The best time of each relay team shall be entered on the entry blank for seeding purposes and no change in time will be permitted.
- (6) First and last names of swimmers eligible to compete in relay events shall be entered on the entry blank according to the event in which they will be eligible to swim.
- (7) First and last names of competing relay swimmers, their ages, and their order of swimming shall be declared to the clerk of course immediately prior to the start of the relay heat in which such team is entered, and no changes will be permitted thereafter.
- (8) The competing teams, first and last names of members and their ages, must be listed in the meet results.

103.7. LANE ASSIGNMENTS -- SEEDING -- COUNTERS

- (1) **Preliminary Heats When Finals are Scheduled**--In order to assure seeded positions, the best competitive times of all entries must be submitted. These times shall be assembled (listed) by the meet committee with the fastest man first and the slowest man last. Swimmers whose submitted times are identical should be assigned places in the list by draw. Swimmers with no submitted times shall be considered the slowest and shall be placed at the end of the list by draw. Swimmers shall be placed in lanes under procedure outlined for finals seeding in 103.7(3). Swimmers shall be placed in heats according to submitted times in the following manner:
 - (a) **Fewer than three heats**

- (i) If one heat, it may be seeded as a final heat and swum only during the final session, at the Referee's discretion.
 - (ii) If two heats, the fastest swimmer shall be seeded in the second heat, next fastest in the first heat, next fastest in the second heat, next in the first heat, next in the second heat, next in the first heat, etc.
- (b) **Three heats** --The fastest swimmer shall be placed in the third heat, next fastest in the second, next in the first. The fourth fastest swimmer shall be placed in the third heat, the fifth in the second heat, and the sixth fastest in the first heat, the seventh fastest in the third heat, etc.
- (c) **Four heats or more** --The last three heats of an event shall be seeded in accordance with (b) above. The heat preceding the last three heats shall consist of the next fastest swimmers; the heat preceding the last four heats shall consist of the next fastest swimmers, etc. Lanes shall be assigned in descending order of submitted times within each heat, in accordance with the pattern outlined in 103.7(3).
- (d) **Exception** --There shall be a minimum of three swimmers seeded into any one preliminary heat, but subsequent scratches may reduce the number of swimmers in such heat to less than three.
- (2) **Swim-Offs**--In preliminary heats, in no case may a swimmer with a faster time displace another who placed ahead of him within a heat according to the ballot system. If this situation results in disputed qualifications, all swimmers having times tied or within the disputed times shall swim an elimination (swim-off) to qualify for the disputed place or places in the final. The swim-off will be swum with three watches and two judges on each of the swimmers' lanes and the ballot system or modified ballot system shall be used to determine the order of finish except when automatic officiating equipment is used and is properly functioning. The official time for the swimmers involved shall be the time set in the original preliminary heat. This elimination may be held at any time set by the Referee, but not more than 45 minutes after the last heat of any event in which any one of these swimmers is competing in that session. Should all swimmers in a swim-off be disqualified for rules infractions as outlined in 103.12, the lane or lanes must be left open during the finals.

Note: It shall be the swimmer's responsibility to acquaint himself with all information pertaining to swim-offs, final events and the participants therein.

- (3) **Finals**--In finals, the times to be considered are those times made in preliminary heats. If any qualifying swimmers have the same time their respective lanes shall be determined by draw. Lane assignments shall be made in descending order of qualifying times according to lanes as follows:

10	9	8	7	6	5	4	3	2	1	LANE NUMBER
					5	3	1	2	4	5 LANES
				6	4	2	1	3	5	6 LANES
			7	5	3	1	2	4	6	7 LANES
		8	6	4	2	1	3	5	7	8 LANES
	9	7	5	3	1	2	4	6	8	9 LANES
10	8	6	4	2	1	3	5	7	9	10 LANES

Lane 1 shall be on the swimmer's right when he faces the pool.

Note: If a swimmer scratches from a final after it has been seeded and consolation finals have not yet been swum, the final must be reseeded so that the qualified alternate is placed in the proper lane according to his preliminary time.

(4) Timed Finals

- (a) **Heats** --In order to assure seeded positions, the best competitive times of all entries must be submitted. The last heat shall be composed of the swimmers with the fastest submitted times, the next to last heat composed of the next fastest swimmers, etc. Lanes shall be assigned in descending order of submitted times within each heat, in accordance with the pattern outlined in (3) above. When there are two or more heats there shall be a minimum of three swimmers or relay teams seeded into the first heat. The last heat should be a full heat, but the requirement of seeding three swimmers or relay teams into the first heat may result in failure to fill the last heat.
- (b) **Places** --In timed finals, places shall be determined on a time basis, subject to the order of finish within each heat and based upon the ranking system used at the meet. Any ties resulting from the procedure used shall be declared officially tied for awards and points, with no further attempt at resolution.
- (5) **Counters** --A swimmer in any individual swimming event of 400 yards or meters or more, excepting the individual medley, may appoint one counter to call lengths or indicate lengths by visual sign. Verbal counters shall be limited to one per swimmer, shall be stationed at the end of the course opposite the starting end, and may not coach or aid the swimmer in any way except that they may use watches and signal intermediate times to the swimmer. The count may be in ascending or descending order. If visual counters are used, they may be stationed at the end or either side of the pool, beyond the halfway point toward the end of the course opposite the starting end. Visual counters may be lowered into the water at the end of the swimmer's lane, provided that, in the opinion of the Referee, they neither physically aid the swimmer or interfere with another competitor or present any safety hazard.

103.8. SCORING

- (1) **National Championships** --With consolation finals score as outlined in 104.4 (13).
- (2) **Dual Meets** --Relays 7-0, all other events 5-3-1-0.

- (3) **Traingular Meets**--Relays 8-4-0, all other events 6-4-3-2-1-0.
- (4) **All Other Meets**--
 - (a) In 4 lanes: Relays 10-6-4-2, all other events 5-3-2-1.
 - (b) In 5 lanes: Relays 12-8-6-4-2, all other events 6-4-3-2-1.
 - (c) In 6 lanes: Relays 14-10-8-6-4-2, all other events 7-5-4-3-2-1.
 - (d) In 7 lanes: Relays 16-12-10-8-6-4-2, all other events 8-6-5-4-3-2-1.
 - (e) In 8 lanes: Relays 18-14-12-10-8-6-4-2, all other events 9-7-6-5-4-3-2-1.
- (5) **Mixed Meets**--When events of mixed classification, as Senior and Age Group, are included in the same meet, or if events do not meet standard distances, the LSC in charge shall establish the desired combination of values and publish it in the entry blank.
- (6) **Ties**--Where two or more swimmers tie for any place in any event the points credited to such place or places, if any, next in order shall be equally divided between such swimmers; i.e., if two tie for first place, the points to be credited to first place and the points to be credited to second place shall be added and divided one-half and one-half. If three tie for first place, the points credited to first, second and third places shall be added and divided one-third, one-third and one-third, and so on for four or more tying for first place. The same is true for those tying for second place, third place, and whatever places there may be.
- (7) **Disqualifications**--When a relay team or individual swimmer is disqualified, the following places will move up accordingly and points awarded to conform to the new places. Consolation finalists may not receive championship final placing. Alternates may not receive consolation final placing.

103.9. AWARDS

- (1) Awards shall be as provided in Part Three, Article 44, with exceptions as noted.
- (2) Where two or more swimmers tie for any place duplicate awards shall be given to each of such tied swimmers. In such cases no awards shall be given for the place or places immediately following the tied positions. If two tie for 1st place, no award for 2nd place; if three tie for 1st place, no awards for 2nd or 3rd, and so on.

103.10. CHANGE OF PROGRAM AND POSTPONEMENT

- (1) The order of events, as laid down in the official program, shall not be changed. The announced arrangement of heats in any event shall not be added to or altered, except by the authority of the Referee, then only to the extent of consolidating the heats.
- (2) The entry provisions and starting time of any event, meet or portion thereof shall stand as stated on entry blank (except as permitted under (3) below) and may not be changed to an earlier time or date unless written notice of such change is delivered to each affected swimmer or his coach. If mailed, such notice must be postmarked no later than the entry deadline date stated on entry blank, and if lack of time prohibits mail notification, each affected swimmer must voluntarily agree in writing that he or she has been notified and is in accord with such

change. Any affected swimmer or his coach may and should file a written protest with the Referee prior to running of event or meet if they do not agree to such change in time or date.

(3) Postponement

- (a) The Referee shall have the power to call off or postpone to a future date any event or meet, even though the same has been actually commenced, if in his judgment the competition cannot be conducted or completed in a satisfactory manner and in fairness to the swimmers.
- (b) Should any postponed event or meet have been actually commenced, the Referee and the meet committee shall determine and publicize the manner and conditions under which the event or meet shall be recommenced.

103.11. COSTUME

- (1) Swimmer's costume must be one-piece, non-transparent, and conform to the current concept of the appropriate.
- (2) The Referee shall have the power to bar offenders under this rule from competition, until they appear properly costumed.
- (3) **Advertising**--No swimmer shall be allowed to wear the emblem of any club or organization which he is not eligible to represent in open competition under the rules of the Corporation, nor is he allowed to appear in athletic attire, clothing or accessories of any kind bearing an advertisement or brand name in conspicuous place different than uniform, athletic attire, or dress available to the general public. He shall be permitted to wear the insignia of the organization he represents. Except that:
 - (a) In all National Championships, international competitions or other events conducted by and under the control of the appropriate national swimming committee, members of representative teams and officials, while in the official competition venues, shall not be permitted to wear, exhibit or carry any visible item in the form of advertising other than the trademark on technical equipment or clothing, exceeding 16 sq. cm. (2.48 sq. in.) in area. The trademark may be repeated provided a name may be used only once. Design or trademarks of National Federations or Organizing Committees for Olympic, World, Continental and Regional Championships are excluded from this rule. The management committee of the meet shall have the authority to disqualify any person violating this rule.

103.12. DISQUALIFICATIONS

- (1) A disqualification can be made only by the official within whose jurisdiction the infraction has been committed.
- (2) The Referee or designated official making a disqualification shall make every reasonable effort to seek out the swimmer or his coach and inform him as to the reason for the disqualification.
- (3) Any swimmer who acts in an unsportsmanlike manner may be considered for disciplinary action, at the discretion of the Referee.
- (4) A swimmer must start and finish the race in his assigned lane.

- (5) Standing on the bottom during a race shall not disqualify a swimmer, but he must not leave the pool, walk or spring from the bottom.
- (6) Obstructing another swimmer by swimming across or otherwise interfering shall disqualify the offender, subject to the discretion of the Referee.
- (7) Any swimmer not entered in a race who enters the pool or course in the area in which said race is being conducted before all swimmers therein have completed the race shall be disqualified from his next scheduled competition in that day's session.
- (8) Dipping goggles in the water or splashing water on the competitor's face or body prior to his next event shall not be considered as entering the pool unless the Referee finds that such action is interfering with the competition.
- (9) Should a foul endanger the chance of success of a swimmer, the Referee may allow him to swim in the next round, or should the foul occur in the final he may order it re-swum. In case of collusion to foul another swimmer, the Referee may, at his discretion, disqualify the swimmer for whose aid the foul was committed, as well as the swimmer doing the fouling.
- (10) Coaches having entrants in any event on the program shall not be allowed upon the starting platform of swimming pools, which must be clearly marked, during the progress of any competition. Upon being apprised of a violation of this rule, it shall be the duty of the Referee to remove, or have such offender removed, immediately. Coaching of swimmers during the progress of an event shall not be permitted. It shall be permissible for coaches or others to signal intermediate times to a swimmer during competition, and this shall not be considered as 'coaching'.
- (11) The amateur status of a swimmer shall not be endangered if he/she is teaching elementary swimming and is paid by an educational authority, government or community organization or is engaged in approved life saving activities. (FINA GR-1,7.)
- (12) No swimmer is permitted to wear or use any device or substance to help his speed or buoyancy during a race. Goggles can be worn, and rubdown oil applied if not considered excessive by the Referee.
- (13) For relay disqualifications, refer to 102.6 (3).
- (14) The time and/or place of any swimmer or relay team disqualified either during or following an event shall not be recorded in the results of that event. If awards have been made prior to the decision to disqualify they shall be returned and made to the proper recipient(s) and if points have been scored by those disqualified the event shall be rescored.

103.13. PROTESTS

- (1) Until final action is determined, results of any race conducted under protest, or of any protested race, shall not be announced, and no prizes for that race shall be awarded or scoring points allowed unless the protest is officially withdrawn.
- (2) Protests affecting the eligibility of any swimmer to compete or to represent an organization in any race shall be made in writing to the meet

chairman (or referee) before the race is held, and if the meet committee deems it advisable, the swimmer may compete under protest and it shall be so announced before the race. The meet committee shall immediately refer such protest to the registration committee having jurisdiction for adjudication at the earliest possible time.

- (3) Protests against judgment decisions of stroke, turn, place and relay takeoff judges can only be considered by the Referee of the meet, who has the authority to disqualify swimmers for any violation of the rules that he personally observes.
- (4) Any other protest arising from the competition itself shall be made within 30 minutes after the race in which the alleged infraction took place. If the protest is not resolved immediately the protestant shall at that time file a written protest with the chairman of the LSC, or his representative, having jurisdiction over the event. If the LSC does not satisfactorily resolve the protest within ten (10) days, the protestant may appeal in writing to the National Rules Chairman, within the next five (5) days, for final adjudication which shall then be binding on all parties.

103.14. OFFICIALS

- (1) All officials accepting an invitation to officiate at a swimming meet should arrive promptly and report immediately to the meet manager, or director.
- (2) For all swimming meets there should be not less than the following officiating positions filled or approved by the LSC in authority. An individual may act in more than one capacity where necessary.

1 Referee

1 Starter

3 Timers per lane

1 Clerk of Course

2 Lane Place Judges per lane or 2 Across-the-Board Place Judges

2 Stroke Judges and 2 Turn Judges or 2 Stroke & Turn Judges

2 Recorders

2 Scorers

1 Recorder of Records

1 Announcer

Automatic Equipment Operators (as needed)

- (3) When automatic officiating equipment is used in any competition, the placings and times so determined shall have precedence over the decisions of human judges and timers as outlined in 103.23(4). In case of malfunction, secondary information from a manual-electronic timing and judging device with one or more officials per lane or the prescribed ballot system of humans shall be used and integrated with primary information as outlined in 103.23.

103.15. REFEREE

- (1) He shall have full authority over all officials and shall assign and instruct them. He shall enforce all applicable rules and shall decide all questions relating to the actual conduct of the meet, the final settlement of which is not otherwise assigned by said rules. He can overrule any meet official on a point of rule interpretation, or on a judgment

decision pertaining to an action which he has personally observed. He shall also disqualify a swimmer(s) for any violations of the rules that he personally observes and he shall at the same time raise one hand overhead with open palm. If he does not make such a signal there shall be no penalty.

- (2) He shall signal the starter that all officials are in position, that the course is clear, and that the competition can begin, before each race. He shall assign marshals with specific instructions.
- (3) He shall give a decision on any point where the opinions of the judges differ. He shall have authority to intercede in a competition at any stage, to ensure that the racing conditions are observed.
- (4) For LSC and local records only, he may assign three (3) additional official timers on request to record a record attempt at intermediate distances in accordance with 108.2(5)(d).
- (5) When automatic or manual-electronic officiating equipment is used and an apparent malfunction occurs it shall be his responsibility to make an immediate investigation to determine whether the swimmer finished in accordance with the rules and/or if there was an actual equipment malfunction.
- (6) No swimmer must ever be required to reswim a race due to equipment failure that results in unrecorded or inaccurate time or place results. Automatic and manual electronic equipment shall be backed up by any available equipment and/or human officials. See 103.23(6).
- (7) He may at his discretion prohibit the use of any bell, siren, horn or other artificial noisemaker during the meet.
- (8) Refer to 103.13 concerning protests.

103.16. STARTER

(1) Preparation

- (a) Shall be equipped with starting gun (preferably .32 caliber or larger for outdoor pools and .22 caliber for indoor pools), cartridges, and whistle.
- (b) Shall station himself within ten feet of starting end of pool at a point where gun flash is clearly visible to timers and gun report easily heard by starting swimmers.
- (c) Upon signal from Referee, assumes full control of swimmers until a fair start has been achieved.
- (d) Notifies swimmers of the distance, the event and the point at which a warning shot will be given, if applicable.
- (e) **Optional instructions:**
 - Stroke(s) to be used and the order of swimming them.
 - Number of pool lengths to be swum.
 - Relay swimmers must leave pool immediately after finishing leg.
- (f) Starting rules may be modified by the Referee to adapt them for handicapped swimmers.

Note: If an electronic horn start and underwater sound recall device are available, they may replace the gun start and recall device herein.

(2) The Short Course Start

- (a) On receiving clearance from Referee, (for all events except backstroke and medley relay) directs swimmers to step onto starting block or platform and to assume upright position at the front of the block before the command 'take your mark'. Refer to 102.3(1)(a) for backstroke start.
- (b) Directs swimmers to 'take your mark', to which they must respond at once by assuming a starting position. The feet, hands and body can be placed in any desired position on the starting platform. Sufficient time should follow direction, to enable swimmers to assume starting position but no swimmer shall be in motion immediately before the starting signal is given.
- (c) In short course after the command 'take your mark' is given, the feet may be moved from the front of the block to any desired starting position. The swimmer must have come to a point of no movement before the starting signal is given.
- (d) When all swimmers are motionless in starting position, fires starting gun.
- (e) If, in his opinion, a false start has been committed, he shall fire a second pistol shot to recall the swimmers, or use a whistle, or recall sound device, or recall rope for this purpose. The false start shall be called on the individual and not on the field. Any swimmer charged with two false starts must be disqualified and shall not swim the event.

(3) The Long Course Start

- (a) On receiving clearance signal from Referee, (for all events except backstroke and medley relay) directs swimmers to step onto the back surface of the starting block or platform and remain there, assuming an upright position. Refer to 102.3(1)(b) for the backstroke start.
- (b) Directs swimmers to 'take your mark', to which they must immediately respond by taking up a starting position at the front of the starting block. Sufficient time should follow 'take your mark' to enable swimmers to assume starting position, but no swimmer shall be in motion immediately before the starting signal is given.
- (c) When all swimmers are motionless in starting position, fires starting gun.
- (d) If, in his opinion, a false start has been committed, he shall fire a second pistol shot to recall the swimmers, or use a whistle or recall rope for this purpose. The first two false starts in an event shall be charged to the entire field, not to the individual swimmer. Any swimmer committing a false start after these two false starts have been called on the heat shall be disqualified and shall not swim the event.

- (4) **Relay Starts**--In short course relay events, the first swimmer shall conform to all provisions of 103.16(2). Succeeding swimmers may place their feet in any desired position on the starting platform provided that they do not lose contact with the platform before the preceding teammate touches the end of the pool.

(5) **Deliberate Delay or Misconduct**--Any swimmer, after stepping on the block or upon taking a starting position, who delays the start by entering the water or who willfully disobeys an order at the start, or for any other misconduct taking place at the start, can be disqualified from the event by the starter with the concurrence of the Referee. Such disqualification shall not be a false start.

(6) **False Starts**

(a) A swimmer who unnecessarily delays in assuming and holding a completely motionless starting position after the command 'take your mark' shall be charged with a false start.

(b) All swimmers leaving their marks before the starting signal is given shall be charged with a false start, except that the starter may, at his discretion, relieve a swimmer who has false started because of the action or movement of another competitor, of the responsibility for the false start and charge it only to the offender. (Note exception for 'Deliberate Delay or Misconduct'.)

(c) When a swimmer false starts before the starting signal is given, the starter shall immediately release all other swimmers with the command 'Stand Up'. Any swimmer so released may stand up or step off the block. Any swimmer who enters the water (or backstroker who leaves the starting area) shall be charged with a false start, except that the starter may relieve a swimmer who would otherwise be charged with a false start if the starter believes that it was caused by the swimmer's reaction to the command.

Note: No swimmer in long course competition can be relieved from a first or second false start charged against the field.

(d) When the starting signal is given and one or more swimmers have obtained an unfair advantage, all swimmers shall be recalled at once by a second signal. The starter shall then indicate the swimmer(s), if any, to be charged with a false start.

(e) In backstroke or medley relay the starter may charge a false start to any swimmer who fails to maintain his feet and/or hands in a legal position after the first warning.

(f) A swimmer shall not be disqualified for an illegal starting position at the start if the starter has permitted the race to proceed without recall. Enforcement of the correct starting position is the responsibility of the starter, who may impose the appropriate penalty for violation before the race.

(g) A swimmer who fails to appear at the starting platform in time for the initial start shall not be permitted to enter the race should a false start be declared on the first, second or later start and shall be disqualified in accordance with the pertinent rules.

(7) **Warning Signal**--In all events 400 yards or meters or longer except the individual medley and relays, he shall fire a warning gun signal when the leading swimmer has two lengths plus five yards (or meters) to swim to finish.

103.17. RECALL STARTER--When using automatic officiating equipment which is started by the starter's gun, either the starter or an assigned recall

starter shall immediately discharge a gun or other loud sound device if the automatic equipment is not properly functioning on the starting report or if a false start has been called. The position of the recall starter shall be made known to the swimmers. He may also be assigned to assist the starter in any desired manner. A recall starter is mandatory in United States Swimming Championships.

103.18. JUDGES--Shall have jurisdiction over the swimmers immediately after the race has begun.

- (1) **Chief**-- Assignment as chief of any judging category is subject to the discretion of the committee charged with officiating assignments. An overall 'Chief Judge' may assign and supervise the activities of all stroke, turn, place and take-off judges and may report their decisions, or if desired any judging category may have a designated 'Chief'. Any 'Chief' may act as liaison for his judges and may himself serve simultaneously in one of the judging positions and he shall assign those judges within his category.
- (2) **Lane Place Judge**--It is not the responsibility of the lane place judge to determine if the finish touch meets the requirements of appropriate stroke rule.
 - (a) **Visual** --Two lane place judges shall be assigned to each lane. The judges for each lane shall be placed on opposite sides of the pool at the finish line. Each judge determines independently where the swimmer in his lane finishes the race and records it on the card provided for that purpose. The judges must not record a tie. Each judge must record the highest place he judges the swimmer in his lane may have attained. For example: if the lane place judge determines that the swimmer in his lane has finished in a tie with another swimmer for first place, he shall record a first place for his lane, and the same procedure applies to similar situations involving other place positions.

Note: When automatic or manual-electronic equipment is not being used, the same individual cannot simultaneously determine time and place under any circumstance.
 - (b) **Electronic** --Two lane place judges shall be stationed at the finish of each lane. Each shall activate a separate switch recording the finish of their lane swimmer, and each recorded impulse shall constitute their placement ballot. If only one such recorded placement decision per lane is possible with the available equipment, either a visual judge shall be assigned to each lane or an across-the-board place judge shall be assigned to provide the second ballot decision.
- (3) **Across-the-Board Place Judge**--When limited personnel prevents assignment of lane place judges, two across-the-board judges, one on each side of the course, can be stationed near the finish and each shall judge the order of finish of all swimmers. Should both agree on all lanes, that shall be the official placement. If they disagree, the Modified Ballot System 103.22(2) shall prevail. An across-the-board judge may record a tie if a place distinction cannot be made. He shall award each swimmer the highest place that may have been attained.

- (4) **Stroke Judge**--Shall operate on both sides of the pool, preferably walking abreast of the swimmers during all strokes except freestyle, during which events they may leave poolside, at the Referee's discretion; shall ensure that the rules relating to the style of swimming designated for the event are being observed; and shall report any violations to the Referee on signed slips detailing the event, the heat number, the lane number, the swimmer's name and the infraction.
- (5) **Turn Judge**--Shall operate on both ends of the pool; shall ensure that when turning or finishing the swimmer complies with the turning and finishing rules applicable to the stroke used; and shall report any violations to the Referee on signed slips detailing the event, the heat number, lane number, the swimmer's name and infraction observed.
- (6) **Jurisdiction of Stroke and Turn Judges**--Before the competition begins the Referee shall determine the respective areas of stroke and turn responsibility and jurisdiction, which may include joint, concurrent, and coordinated responsibility and jurisdiction. The Referee shall insure that all swimmers shall have fair, equitable, and uniform conditions of judging.
- (7) **Relay Take-Off Judge**--Shall station himself (after the first swimmer) alongside the starting swimmer so that he can clearly see both the touch of the incoming swimmer and the feet of the departing swimmer as they leave the starting platform, and he shall judge whether the swimmer is in contact with the platform when the incoming swimmer touches the end of the pool.

When automatic relay take-off judging equipment is available and in use, take-off judges will be assigned to each lane and stationed as described above. A team will only be disqualified when there is dual confirmation of an illegal take-off (i.e. visual and automatic equipment).

- (8) **Infraction Signal**--Upon observing an infraction within their jurisdictions, the Referee, stroke, turn, and relay take-off judges shall immediately raise one hand overhead with open palm. If the official does not do so, there shall be no penalty.

103.19. TIMERS--In any race not timed with automatic or semi-automatic equipment (as provided in 103.23) the time for each competitor shall be taken by three timers stationed at or close to the finish. Each timer operates a manual watch (i.e., any hand-held mechanical or electronic timing device) that is both started and stopped by the timer as described below. These three timers are the official lane timers and their times must be individually recorded to determine the official time on the lane. Alternate or chief timers may substitute for an official lane timer only in the event of failure of a watch or its operator. No official lane timer may simultaneously determine time and place under any circumstances.

(1) **Chief Timer**

- (a) Assignment of official lane timers to their lanes shall be subject to the direction of the chief timer.
- (b) The chief timer shall be responsible for delivery to the recorders of all official times as recorded by the head lane timers, including the times of disqualified swimmers.

(2) **Head Lane Timer**--The chief timer designates one timer on each lane as the head lane timer. The head lane timer shall be responsible for the following:

- (a) Determination that the proper swimmer is in his lane.
- (b) Determination of and recording of all manual watch times.
- (c) Assignment of one timer to take relay splits, and intermediate times.
- (d) Determination of and reporting if the swimmer has delayed in touching or has missed the finish touch pad of an automatic timing device.

(3) **Official Lane Timers**--The three timers shall be placed directly over their assigned lane at the finish.

- (a) Each timer shall look at the starter's gun and start his watch at the instant of the flash or smoke. If an electronic sounding device is used, the watch shall be started by the flash of a strobe light, when available, or by sound.
- (b) All watches shall be stopped immediately when in the opinion of the timer any part of the swimmer's body touches the solid end of the pool or course.
- (c) Unless explicitly authorized by the chief judge under 103.18(5), it is not the responsibility of the lane timer to judge if the finish touch meets the requirements of the appropriate stroke finish rule.
- (d) All lane timers shall promptly report their times to the head lane timer or the designated recorder; present their watches for inspection, if requested, and shall not clear them until given the 'clear watches' by the Referee.
- (e) The time of each watch is recorded on the lane timer's card, and the official time established as described below.
- (f) Split times may be taken during a race by one of the lane timers upon request of the chief timer. The split hand (or function button) shall be stopped when any part of the swimmer's body touches the solid end of the pool or course. Split times shall be recorded on the lane timer's card.
- (g) For LSC and local records only, unless prohibited by the LSC, the Referee, if requested for the purposes of recording a record attempt at an intermediate distance for an individual event or for the lead-off leg of a relay, may for any lane:
 - (i) Permit the use of the split function button of digital manual watches where all three official lane timers on the lane are using digital watches with split function, or
 - (ii) Assign three (3) additional official timers to the lane to time the record attempt.

Performances in this category require the swimmer(s) to complete the full distance of the scheduled event. No time recorded by a mechanical split hand can be used for records.

(4) **Alternate Timer**--There shall be at least one alternate timer who shall start his watch on every race with the gun, and whose time shall be

used only to substitute in the event of failure of an official lane timer's watch or its operator.

- (5) **Watch Reading**--When reading a dial watch it is to be held so that the hand of the watch is in a 12 o'clock position. When the hand is not exactly centered on a mark, it should be considered to be in the space between the marks and the reading should be that of the following mark.
- (a) If all manual watches on all lanes provide digital displays to a resolution of 0.01 seconds the times shall be recorded as displayed to the hundredths of a second.
 - (b) If the manual timing in any lane is by a mixture of dial and digital watches, the dial watches shall be read as described above and the time on the digital watches in all lanes shall be rounded up to the next full tenth whenever there is one-hundredth or more. (Example: 51.11 is recorded as 51.20.)
- (6) **Official Time Determination**--Following proper watch reading and recording as described above for each lane:
- (a) If the times of two of the three watches agree, that time shall be the official time.
 - (b) If all three watches disagree, the time of the intermediate watch shall be the official time.
 - (c) If, because of the failure of a watch or its operator, times from only two watches are available, the official time shall be the average of those two watches. When the watches are read to the 10th of a second, as described in (5) (a) (b) (c) & (e), any averages resulting in hundredths of a second shall be recorded up to the next slowest tenth of a second. When the watches are read to the hundredth of a second, as described in (5) (d), any average resulting in a thousandths of a second shall be rounded up to the next slowest hundredth of a second.
 - (d) If the official time is registered in tenths of a second, a zero shall be added and the official time recorded in hundredths of a second (two decimal places) for all purposes. (Example: 56.4 is recorded 56.40.)

103.20. CLERK OF COURSE

- (1) The clerk of course shall be provided with an area clearly marked 'Clerk of Course' where all swimmers must report as soon as their event is called.
- (2) He shall be provided with a list of the names of all swimmers in all events including relay swimmers in the order in which they will swim.
- (3) All scratches which have occurred after the printing of the heat sheet shall be reported to the clerk of course and he shall notify the Referee and scoring desk in writing of the failure of any swimmer to report.
- (4) He may be provided with two assistants and shall assign to them such duties as will assist in the prompt dispatch of the events.
- (5) He shall notify each swimmer to wait behind or adjacent to the starting position until the starter takes over control of the race and if they leave the area it will be their responsibility to return in time for their heat or event.

103.21. MARSHALS-- Shall have full police charge of the starting platform, the sides of the course and the finish. They shall take positions as instructed by the Referee and maintain stillness in the rear of the starting platform, and at each start prevent spectators or swimmers from crowding in on the course. They shall maintain order among competitors, spectators, officials, and coaches and shall have authority to remove from the vicinity of the competition anyone using profane or abusive language, or whose actions are disrupting the orderly conduct of the meet.

103.22. SCORERS-- Shall receive from the recorders the order of finish in timed finals, or consolation finals and championship finals for each event. They shall compile team and high-point scores as applicable.

(1) Ballot System

- (a) In any race not timed with automatic officiating equipment (as provided in 103.23(4)), the combined duties of the lane place judges and the lane timers shall be to determine placement and Official Times of the swimmers. Two lane-place judges and three timers shall be assigned to each lane.
- (b) The chief judge shall be responsible for delivery of the lane place judge's cards to the scoring table where the scorers record the appropriate ballot value, including the ballots of disqualified swimmers, on the basis of one for first place selection, two for second, three for third, four for fourth, five for fifth, six for sixth, seven for seventh, eight for eighth. There are two sets of lane place judges and thus two ballots per lane for place.
- (c) The chief timer shall be responsible for delivery of all the official times (including the time of disqualified swimmers) to the scorers who shall list them in numerical order beginning with the fastest official time per lane. This is for the purpose of assigning ballot values to each lane time. The fastest lane receives a ballot value of 1, the next fastest a value of 2, etc. For identical times, equal ballot values are recorded, with the same progressive numerical assignment; i.e., swimmers A,B,C, record identical time of 58.47 while swimmer D records time 59.05. Swimmers A,B,C, receive ballot values of 1 and swimmer D a value of 2. Should swimmers E and F (same race) have identical times of 60.00 they would each be assigned ballot values of 3, and continuing in this manner.
- (d) The scorers shall then eliminate disqualified swimmers and determine the order of finish of all swimmers in any heat or final event by adding the numerical value of three ballots for each lane. The lane (swimmer) having the lowest numerical total shall be declared the winner, the second lowest shall be second, etc. If these totals result in a tie for any place in a final race, no further attempt shall be made to resolve the tie.
- (e) In preliminary heats, in no case may a swimmer with a faster time displace another who placed ahead of him within a heat according to the ballot system. If this situation results in disputed qualifications, the swimmers tied with or within the disputed times shall swim off the event within 45 minutes after the last heat or any event in which any one of the swimmers is competing in that ses-

sion. The ballot system must be used to determine the qualifier(s) for the finals except when completely automatic officiating equipment is used and is properly functioning. The official time for the qualifier shall be the time set in the original preliminary heat.

- (2) **Modified Ballot System**--When two across-the-board place judges are used instead of lane place judges:
 - (a) Value will be assigned to each time and place decision as prescribed under the ballot system.
 - (b) If any two of the three ballots for a contestant agree, that shall be the official place for that contestant.
 - (c) If all three ballots disagree, the Referee or his designate will evaluate all information and then determine the order of finish.
- (3) **Place Judging**--The unanimous decision of the two (2) lane place judges as to placement takes precedence over official time in determining the order of finish in a race except where automatic equipment is used as outlined below.

103.23. AUTOMATIC OFFICIATING EQUIPMENT--In any meet in which electronic equipment is used the following practices and procedures shall apply.

- (1) **Automatic**--Time and place results are acceptable for all purposes. Split times recorded to hundredths of a second (two decimal places) by completely automatic equipment shall be official for all purposes, including records and qualifying times, provided the swimmer completes the full scheduled distance of the event.

(2) **Manual-Electronic**

- (a) The results provided by any device started or stopped by one individual shall be considered as a single watch/time and/or as a single placement decision and such results shall be so evaluated in the determination of a finish.
- (b) If a device has a common start for all lanes and is stopped manually by three officials per lane, and provides a single time judging result that is either the intermediate of three different impulses or two identical impulses, the single time/judging result shall be accepted as the official lane time/judge result as outlined in 103.19. If a device has a common start, is stopped manually by three officials per lane and provides three time/judging results, if the time of two impulses agree that shall be the official time/judge result, or if all three time/judging results disagree, the time of the intermediate time/judging result shall be the official time/judge result.
- (c) Regardless of the type of equipment used, consistency of start/stop operation of the equipment must be maintained throughout the entire meet so that all results compare equitably.

Note: When automatic equipment is used times and places shall be reported to two decimal places only (hundredths of a second). Digits representing thousandths will be dropped with no rounding off. Identical hundredth times shall be ties, with swim-offs if required.

- (3) **Equipment Positioning**--All electronic equipment should be located in such places in the pool area as will provide the electronic equip-

ment operator and chief electronic judge unobstructed viewing of the start/finish end of the pool or course.

- (4) **Primary and Secondary Requirements and Recommendations--** When completely automatic officiating equipment, or three-button manual-electronic automatic officiating equipment is used as the primary timing system in any competition (see Article 7 for equipment specifications), the placing of the swimmers shall be by integration of official times. The decision of human judges shall not be used for placement.

When the primary system is completely automatic equipment, it is required that a secondary system using either manual-electronic or manual watch timing be used. It is required that the secondary system have a minimum of one timer per lane and two additional timers for first place. It is recommended that three timers per lane be used. If this secondary system is manual-electronic equipment, it is required that a backup (a third system) of one manual watch timer per lane and two additional manual watch timers on first place be used.

When the primary timing system is manual-electronic equipment it is required that a secondary system of one manual watch timer per lane and two additional manual watch timers on first place be used.

Note: An individual timer shall not simultaneously operate two devices, i.e., two buttons or one button and one manual watch.

- (5) **Comparison and Ranking Procedure -- Primary--** When the automatic or manual-electronic equipment provides the complete information in a given race (preliminary heat or finals), the results are classified primary and official. The official time for all swimmers having a primary time will be that time. Only the official time may be used for an OVC. The official ranking of the heat and event is obtained by comparison and ranking of all official times. If the times are identical to 1/100th second, the result shall be declared a tie, with swim-offs when needed to determine qualifiers for consolation final and/or final events.

(6) **Comparison and Ranking Using Secondary Information**

- (a) Secondary results should be recorded and compared with primary results on every race. If there are less than 0.3 seconds difference (faster or slower) between primary and secondary times, it should be accepted that the primary times and places are correct. If there is a difference of 0.3 seconds or more, a potential malfunction exists.
- (b) When there is a potential malfunction, other information should be checked and evaluated:
- (i) The times of all 3 watches when 3 watches per lane are used as backup.
 - (ii) The manual watch backup time when there is a manual-electronic secondary.
 - (iii) A visual check by automatic equipment operators.
 - (iv) The placement of across-the-board judges.
- (c) If the above data confirms that an actual malfunction exists in a specific lane, the secondary time is used unless there is a 'system

timing error' in the secondary. This does not indicate an inaccurate time in a single lane, but a fairly consistent deviation from the primary times due to the different quality of the start and stop actions. To use such backup times without correction would result in inaccurate official times.

- (d) To determine if a system timing error exists, compare all valid primary and secondary times. If all of the secondary times differ from the primary times (all faster or all slower) a system timing error in the secondary system is confirmed.

Example:

3-Button Manual Start Secondary					
Lane	Primary	Fast	Middle	Slow	Official
1	52.21	52.07	52.12	52.14	52.21
2	52.18	51.91	52.01	52.06	52.18
3	51.05	50.97	51.00	51.01	51.05
4	51.04	50.78	50.88	50.93	51.04
5	51.86	51.30	51.35	51.38	51.46
6	51.65	51.56	51.57	51.59	51.65
7	52.27	52.13	52.13	52.18	52.27
8	51.87	51.58	51.75	51.89	51.87

$$\text{Secondary System Error} = \frac{.09 + .17 + .05 + .16 + .08 + .14 + .12}{7} = .11 \text{ sec.}$$

$$\text{Official Secondary Time (Lane 5)} = 51.35 + .11 = 51.46$$

Lane 5 has a primary malfunction as identified and confirmed by secondary information. Compute the average difference between primary and secondary times for all lanes having valid times. Figure to hundredths, dropping further digits. Add the average difference to the secondary time of the lane not having a valid primary time, or subtract the difference if appropriate. This will be the official time for that lane.

- (e) When there is a primary system timing error caused by a faulty start or other malfunction, equally affecting the times, but not the placing of all lanes, the appropriate adjustment must be made. The average difference between the primary and secondary times is applied to the primary times with the result being the official times.

103.24. ANNOUNCER--Before the start of each event he shall announce the number of heats and the method of qualifying. At the start of each heat he shall announce the lane, the name of each swimmer and club affiliation or if unattached. Promptly after the finish of each event he shall announce the results as given him by the recorders. He shall make any other announcements as requested by the Referee, the clerk or the management.

103.25. RECORDER OF RECORDS--Shall obtain from the official recorders all times made in each event, including preliminaries and finals, shall have proper application forms and shall duly process all record claims as set forth in Article 8.

103.26. RECORDERS--There shall be two (2) recorders and the number of assistants deemed necessary to receive and record all times and all disqualifications for all preliminaries, consolation finals and finals of each

event, and to furnish all pertinent information to the recorder of records, scorers, press, T.V., announcer and meet secretary.

103.27. DOCTOR--A doctor should be available at all competitions in case of illness or injury.

103.28. PRESS STEWARD--Shall obtain from the clerk of course and the recorders the names of all swimmers in each event, the results of each finish with times or record performances, and keep the press and TV personnel thoroughly informed on all details of the competition during the meet.

103.29. MEET DIRECTOR--is appointed by meet sponsor. Responsibilities include, but are not limited to: ordering awards; obtaining sanction; preparation of facility; arranging for personnel, equipment, and supplies necessary for meet operation; processing of entries; printing of programs; arranging for appropriate publicity and media coverage; preparing and distributing summary of results 14 days after meet; and filing of LSC report.

ARTICLE 4

RULES FOR CONDUCT OF NATIONAL SWIMMING CHAMPIONSHIPS

104.1. GENERAL--National Swimming Championships shall consist of a Senior Class and a Junior Class.

104.2. SENIOR CLASS--The United States Swimming Championship meets shall be governed and conducted by the Senior Section.

All registered swimmers, except Masters, who have met the qualifying time standard for a specific event(s) are eligible to participate.

104.3. JUNIOR CLASS--The United States Junior Olympic Championship meets shall be governed and conducted by the Age Group Section.

- (1) All registered swimmers, 18 years of age and under, who have met the qualifying time standard for a specific event(s), are eligible to participate; however, any swimmer who has been a contestant in an individual event in any Senior U.S. Swimming Championship, NCAA University (Division 1) Championship, Pan American Trials or Games, Olympic Trials or Games, World Championship Trials or Games, or a finalist or consolation finalist in the 'Large College' AIAW Championships shall not be eligible.
- (2) The age of the swimmer on the first day of the Junior Olympic Championship competition shall govern for the entire meet.

104.4. CONDUCT OF NATIONAL CHAMPIONSHIPS--National championships will be conducted under the Technical Swimming Rules except as hereinafter specified. A general meeting of the governing section, coaches, and officials shall be held the evening prior to the first day's competition. The meeting date, time and location shall be included in the official meet information or entry form. All business pertinent to the operation of the championships and the conduct of the events shall be considered and finalized at this meeting, and no changes shall be made thereafter. Changes may be effected in the conduct of the meet to fit the situation.

individual event heat in which he is entered and from which he has not been scratched in accordance with (b) above will be barred from all individual and relay events of that day.

- (d) Any swimmer who competes in a preliminary heat and fails to notify the Referee if he intends to withdraw from the consolation final or final within 30 minutes after the announcement of the final qualifiers for that event will be barred from all subsequent competition during the meet except that in the event of illness or injury and upon certification of the meet doctor no penalty will be declared. In the event of such failure to show, or certified withdrawal, the Referee shall fill the final with the next qualified swimmer(s), provided they are available and have not already competed in the companion consolation final.

(10) Seeding

- (a) In all national championships, the vice president of the governing section or his designate and the members of the governing section present at such championships, shall seed the swimmers. They may assist in, but not be responsible for, doing the clerical work.
- (b) Seeding and lane assignments for individual events, except the 800 and 1500 meters and 1000 and 1650 yards freestyle, shall be in accordance with 103.7(1) for preliminary heats and finals.
- (c) Entrants in the 1000 and 1650 yard and 800 and 1500 meter freestyle must check in and confirm their intention to compete, prior to the scratch deadline the evening before or they will not be seeded. Seeding and lane assignments shall be in accordance with 103.7(4)(a). Seeded heat sheets shall be published at the conclusion of the finals of that day. The swimmers shall be listed in the meet program and/or heat sheets in the order of submitted times, beginning with the fastest.
- (d) Seeding and lane assignments for relay events shall be in accordance with 103.7(4)(a) and will be based on the time submitted on the entry form.

- (11) **Swim-Offs**--A swim-off is considered to be part of the total preliminary process of qualifying for the two finals.

Exception:In the case of a disqualification in a swim-off the swimmer so disqualified is relegated to the lowest qualifying position for which they are competing. Disqualification in a swim-off for a qualifying position in the championship finals shall not eliminate a swimmer from eligibility to compete in the consolation finals. If the disqualification leaves a vacancy for the full complement of finalists, swim-offs shall be continued among the disqualified swimmers until a full complement of finalists is assured.

(12) Consolation Finals

- (a) In both short and long course championships there shall be a consolation final and a championship final. Both the consolation and the championship finals will have an equal number of swimmers, depending upon the number of lanes to be used.

- (b) The consolation final shall immediately precede the championship final for each event except for the 1000 and 1650 yard and 800 and 1500 meter freestyle and the relays.
- (13) **Scoring**--(Optional for LSC and regional short course and long course championships)
- (a) Foreign national teams entered in the meet will not be scored for team awards.
 - (b) Scoring for both short and long course championships with consolation finals will be on a twelve (12) place basis in 6-lane pools; fourteen (14) place basis in 7-lane pools; sixteen (16) place basis in 8-lane pools; eighteen (18) place basis in 9-lane pools; twenty (20) place basis in 10-lane pools as follows:

Six-Lane Pools

Relays--32, 26, 24, 22, 20, 18, 14, 10, 8, 6, 4, 2.

Individual--16, 13, 12, 11, 10, 9, 7, 5, 4, 3, 2, 1.

Seven-Lane Pools

Relays--36, 30, 28, 26, 24, 22, 20, 16, 12, 10, 8, 6, 4, 2.

Individual--18, 15, 14, 13, 12, 11, 10, 8, 6, 5, 4, 3, 2, 1.

Eight-Lane Pools

Relays--40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2.

Individual--20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1.

Nine-Lane Pools

Relays--44, 38, 36, 34, 32, 30, 28, 26, 24, 20, 16, 14, 12, 10, 8, 6, 4, 2.

Individual--22, 19, 18, 17, 16, 15, 14, 13, 12, 10, 8, 7, 6, 5, 4, 3, 2, 1.

Ten-Lane Pools

Relays--48, 42, 40, 38, 36, 34, 32, 30, 28, 26, 22, 18, 16, 14, 12, 10, 8, 6, 4, 2.

Individual--24, 21, 20, 19, 18, 17, 16, 15, 14, 13, 11, 9, 8, 7, 6, 5, 4, 3, 2, 1.

(14) Senior Titles

- (a) Women's Team Champion (high point women's team)
- (b) Women's Team Runnerup Champion (second highest)
- (c) Men's Team Champion (high point men's team)
- (d) Men's Team Runnerup Champion (second highest)
- (e) Men's and Women's Team Champion. (highest combined point team winner of this must have scored points in both men's and women's events. If no team qualifies, title will not be awarded for meet.)

(15) Awards

- (a) In national championships the winners of first place shall be awarded an official emblem bearing the words 'United States Swimming Senior or Junior Champion'. Only the official emblem as adopted by United States Swimming shall be so given.
- (b) Medals shall be awarded to all place winners in the championship final of any national United States Swimming Championship.
- (c) Medals shall be as follows: First place, gold-plated bronze medal; second place, sterling silver-plated bronze medal; all others, bronze medals. All such medals shall conform in design and material to specifications set forth in Article 44, Part Three.
- (d) In each senior championship meet a championship gold medal shall be awarded to the man and woman swimmer scoring the greatest number of points in individual events. If two or more are tied the sponsors must provide duplicate awards. When duplicate awards are necessary, the original award is given to the swimmer scoring the most 1st and 2nd places and the duplicate award, if not then available, shall be sent within thirty days to the Vice President/Senior Section for forwarding to the proper swimmer.
- (e) Where two or more swimmers tie for any place, duplicate awards shall be given to each of such swimmers, and in such case no award shall be given for the place or places immediately following the tied positions.
- (f) Where consolation finals are contested, awards will be given only to those swimmers in the championship final.
- (g) Each member of an award-winning relay team shall receive identical awards.

(16) Records

- (a) To be eligible for a national championship record the swimmer must win his race. Refer to 108.2(3)(4) and (5) for procedure in determining time recognized.
- (b) United States Open and American records performed in a national swimming championship shall, upon proper completion of required forms and written approval of the national director of swimming records, be declared effective immediately unless a faster claim is pending. Approval thereof by the Senior Section and House of Delegates shall be automatic.

- (17) Final Results**--Coaches registered at a national championship shall, within two weeks following the event, be mailed gratis a copy of the final results including split times. Said result summary shall include age of each swimmer in each event. Result summary shall include all men's and women's teams listed by point standings, and all combined teams (men and women) listed by point standings. Such results shall also be made available to others upon request at a nominal charge. Prior to the meet the meet sponsor shall deposit \$500.00 payable to United States Swimming. This deposit is refundable upon the mailing of the final results within 30 days after the meet.

104.5. EVENTS AND PROGRAMS--The following events shall be held as national championships and are recommended for regional and association championships.

(1) Short Course Events

50 yards Freestyle	200 yards Butterfly
100 yards Freestyle	100 yards Breaststroke
200 yards Freestyle	200 yards Breaststroke
500 yards Freestyle	200 yards Individual Medley
1000 yards Freestyle	400 yards Individual Medley
1650 yards Freestyle	400 yards Freestyle Relay
100 yards Backstroke	800 yards Freestyle Relay
200 yards Backstroke	400 yards Medley Relay
100 yards Butterfly	

(2) Long Course Events

50 meters Freestyle	200 meters Butterfly
100 meters Freestyle	100 meters Breaststroke
200 meters Freestyle	200 meters Breaststroke
400 meters Freestyle	200 meters Individual Medley
800 meters Freestyle	400 meters Individual Medley
1500 meters Freestyle	400 meters Freestyle Relay
100 meters Backstroke	800 meters Freestyle Relay
200 meters Backstroke	400 meters Medley Relay
100 meters Butterfly	

(3) Three Day Program for Men's and Women's Meets

(Women's events shall precede Men's)

FIRST DAY

PRELIMINARIES

100 yd/mtr Breaststroke
200 yd/mtr Backstroke
100 yd/mtr Freestyle
200 yd/mtr Butterfly
400 yd/mtr Freestyle Relay
1000 yd/800 mtr Freestyle

FIRST DAY FINALS

1000 yd/800 mtr Freestyle
100 yd/mtr Breaststroke
200 yd/mtr Backstroke
100 yd/mtr Freestyle
200 yd/mtr Butterfly
400 yd/mtr Freestyle Relay

SECOND DAY

PRELIMINARIES

500 yd/400 mtr Freestyle
100 yd/mtr Butterfly
200 yd/mtr Freestyle
400 yd/mtr Ind. Medley
800 yd/mtr Freestyle Relay

SECOND DAY FINALS

500 yd/400 mtr Freestyle
100 yd/mtr Butterfly
200 yd/mtr Freestyle
400 yd/mtr Ind. Medley
800 yd/mtr Freestyle Relay

THIRD DAY

PRELIMINARIES

100 yd/mtr Backstroke
200 yd/mtr Breaststroke
50 yd/mtr Freestyle

THIRD DAY FINALS

100 yd/mtr Backstroke
1650 yd/1500 mtr Freestyle
200 yd/mtr Breaststroke

200 yd/mtr Ind. Medley
400 yd/mtr Medley Relay
1650 yd/1500 mtr Freestyle

50 yd/mtr Freestyle
200 yd/mtr Ind. Medley
400 yd/mtr Medley Relay

(4) **Four Day Program for Men's and Women's Meets**

(Women's events shall precede Men's)

FIRST DAY

PRELIMINARIES

200 yd/mtr Breaststroke
200 yd/mtr Butterfly
200 yd/mtr Backstroke
100 yd/mtr Freestyle
1000 yd/800 mtr Freestyle

FIRST DAY FINALS

1000 yd/800 mtr Freestyle
200 yd/mtr Breaststroke
200 yd/mtr Butterfly
200 yd/mtr Backstroke
100 yd/mtr Freestyle

SECOND DAY

PRELIMINARIES

200 yd/mtr Freestyle
400 yd/mtr Ind. Medley
800 yd/mtr Free Relay

SECOND DAY FINALS

200 yd/mtr Freestyle
400 yd/mtr Ind. Medley
800 yd/mtr Free Relay

THIRD DAY

PRELIMINARIES

500 yd/400 mtr Freestyle
200 yd/mtr Ind. Medley
50 yd/mtr Freestyle
400 yd/mtr Free Relay

THIRD DAY FINALS

500 yd/400 mtr Freestyle
200 yd/mtr Ind. Medley
50 yd/mtr Freestyle
400 yd/mtr Free Relay

FOURTH DAY

PRELIMINARIES

100 yd/mtr Backstroke
100 yd/mtr Breaststroke
100 yd/mtr Butterfly
400 yd/mtr Medley Relay
1650 yd/1500 mtr Freestyle

FOURTH DAY FINALS

1650 yd/1500 mtr Freestyle-Women
100 yd/mtr Backstroke
100 yd/mtr Breaststroke
100 yd/mtr Butterfly
1650 yd/1500 mtr Freestyle-Men
400 yd/mtr Medley Relay

- (a) All relays are to be conducted on a timed final basis with only the two fastest heats to be swum in the final session. Others to be held during the preliminary heats.
- (b) The 1000 yards or 800 meters and the 1650 yards or 1500 meters freestyle are to be conducted on a timed final basis with only the fastest (single) heat to be swum in the final session. All other heats are to be held during the Preliminaries. In facilities where women's and men's heats are conducted in the same course all heats shall be swum alternately women/men as follows:
 - (i) Fastest men's heat last.
 - (ii) Fastest women's heat next to last.
 - (iii) Second fastest men's heat third from last.

- (iv) Second fastest women's heat fourth from last and continuing until all heats are swum.
- (v) In the event of an unequal number of women's and men's heats, the excess slow heats will be swum first, then the remaining heats will be swum as indicated in (i) through (iv) above.

104.6. ENTRY BLANKS AND INFORMATION BOOKLET

- (1) The entry blanks shall be prepared under joint direction of the vice president of the governing section, the rules chairman, the meet director, and the Executive Director. Site of printing and distribution of blanks shall be determined by United States Swimming.
- (2) Such entry blanks shall conform exactly to the standard format agreed upon by the governing section, and no other shall be used.
- (3) Two copies of the entry blanks shall be sent by first class mail at least 30 days prior to meet closing date to all members of the House of Delegates, and to all unattached swimmers and coaches of teams that were entered in the two immediately preceding national championships (one long course, one short course).
- (4) The information booklet shall state qualifying times and procedures necessary for proof of entry times. (See 104.9)
- (5) The information booklet shall state that foreign swimmers must comply with all meet entry requirements.
- (6) The meet director's telephone number should be included in the information booklet.
- (7) Entry fees shall be \$2.00 for individual events and \$5.00 for relay teams.
- (8) The closing date for entries in all national championship events must be at least one week before the first day of competition.
- (9) The information booklet mailing, including preparation, printing, and distribution, shall be the responsibility of United States Swimming and shall be sent out by first class mail at least 90 days prior to meet closing date to the addresses named in (3) above. Approval of data to be mailed shall be obtained from the vice president of the governing section prior to printing and/or distribution.
- (10) The mailing list to be used under (3) and (9) above shall be maintained by the Executive Director and updated following each national championship with the assistance of the meet director of that meet.
- (11) It shall be the responsibility of the sponsor to ship the submitted entry blanks to the executive director immediately following the championships. Those entry blanks will be retained for a period of one year.

104.7. ENTRIES

- (1) Entry blanks properly filled out and received prior to the meet entry deadline will declare the swimmer officially entered.
- (2) In national short course and long course championships a swimmer may enter any number of individual events in which he has met the qualifying standard time, but he may participate only in the number of individual events equivalent to the number of days in the meet program, i.e., three individual swimming events and three relays in a three-day swimming program; four individual swimming events and

three relays in a four-day swimming program; five individual swimming events and three relays in a five-day swimming program.

(3) Relay Entries

- (a) Relay entry blanks properly filled out and received prior to the meet entry deadline will declare those relay teams officially entered.
- (b) Organizations entering two or more relay teams in an event shall designate them on the entry blanks in alphabetical order as Team A, Team B, etc.
- (c) The time for each relay team shall be submitted on the entry blank and no change in time will be permitted. The time for each relay may be submitted as a composite or aggregate time. Relay teams with properly proven time will be declared entered and will be seeded at the proven and entered time.
- (d) Swimmers eligible to compete for an organization in relay events shall be all those listed on the entry blank for that organization.
- (e) Each coach shall pick up relay entry forms from the clerk of course on which he/she shall list the competing relay swimmers, their first and last names, ages, and order of swimming, for each entered relay. Upon reporting to the starting blocks, immediately prior to the start of the relay heat in which such team is entered, the completed relay entry form shall be handed to the head lane timer. No change will be permitted thereafter and failure to present the head lane timer with written list of relay swimmers shall prevent such team from competing. A runner shall be furnished to distribute copies of the listed relay swimmers and to the announcer, press and T.V.
- (f) The competing relay teams and first and last names and ages of members thereof must be listed in the meet results.

104.8. QUALIFYING TIME STANDARDS

- (1) Senior national qualifying time standards will be determined from performances at the respective short course and long course senior national championship meets for all swimmers.
 - (a) The twenty-eighth (28th) place time achieved in the preliminaries with the hundredths digit a constant .09, and not slower than the current standard, will become the senior national qualifying time standard for that event in the next like national championship meet for all domestic swimmers.
 - (b) The sixteenth (16th) place time achieved in the preliminaries, with the hundredths digit a constant .09, and not slower than the current time standard, will be the qualifying time standard for that event in the next like national championship meet for all foreign swimmers.
- (2) Junior national qualifying time standards shall be recommended to the Age Group Section for junior national championship meets by the national time standards committee.
- (3) The Senior Section and Age Group Section shall approve at each annual meeting the qualifying time standards for both short and long course championships for the following year.

- (4) The best times of all swimmers and relay teams must be listed on the entry card or blank. No changes in submitted times, corrections of events entered, or additional entries shall be allowed.
- (5) Any swimmer who qualifies for the 1000 or 1650 yard freestyle or the 800 or 1500 meter freestyle may enter at his/her fastest time or at the time standard, if entered in two or more events on the day of the distance freestyle.
- (6) Qualifying time standards shall be specified in hundredths of a second.
- (7) The governing section reserves the right to challenge any submitted time.
- (8) Foreign swimmers may enter national championships provided they have met all qualifying requirements including submission of proof of entered times.
- (9) **Entries for individual and relay events shall:**
 - (a) Be submitted to hundredths of a second (100ths) only, unless recorded by manual watches in tenths (10ths) in which case a zero shall be added to the 10th recording.
 - (b) Be achieved in a relevant stroke/event; i.e., times achieved in a freestyle event can be submitted only as freestyle time regardless of the stroke(s) used.
 - (c) Be achieved from January 1 of the previous year and no later than the entry deadline date in:
 - (1) A 25 yard or 25 meter course for short course events.
 - (2) A 50 meter course for long course events.
 - (d) Be achieved in a United States Swimming-sanctioned or United States Swimming-approved meet or by one of the following modes if swum in full accordance with all applicable American and U.S. Open record rules as noted.:
 - (i) In a swim-off held to determine placement in a final event (108.2(4)(c))
 - (ii) As lead-off leg in a relay race. (108.2(4)(f))
 - (iii) Split time recorded from the official start to the completion of an intermediate distance within a longer individual event. (108.2(5)(a))
 - (iv) In a time trial. (108.2(4)(b)) and 108.3(1)(2))
 - (e) In the 1000 and 1650 yard and 800 and 1500 meter freestyle events, the finalists and consolation finalists in the immediate preceding respective United States Swimming Championship (short course to short course and long course to long course only) may enter either at the time achieved in the immediate preceding respective meet or with a submitted time done during the current season, or they may enter at a slower time, but not slower than the standard.

Note: Times achieved at an altitude of 5,000 feet or above may be adjusted as follows

Event Distance	Time Adjustment
200	1.2 sec.
400 or 500	3.0 sec.

800 or 1000
1500 or 1650

12.8 sec.
30.0 sec.

- (a) Subtract the time indicated above from the actual time achieved at altitude. This is the time to be used on the entry blank. Information relative to the adjustment must be shown in a separate statement and returned with the official entry blank. The statement must include name of swimmer, event, date of performance, elevation location, actual time, corrected time and signature of coach.
- (b) A swimmer may use the above adjustments to meet the national qualifying time standard but seeding will be based upon the actual claimed time without regard for altitude adjustment.

1981 UNITED STATES SWIMMING CHAMPIONSHIPS QUALIFYING STANDARDS

Note: Entries are acceptable using either 25 yard, 25 meter or 50 meter times. 'Domestic' applies to U.S. citizens and to non-citizens with USS registration. 'Foreign' applies to non-citizens without USS registration. See the meet information book and entry form for further information.

UNITED STATES SWIMMING JUNIOR OLYMPIC CHAMPIONSHIPS-SHORT COURSE

April 15-18, 1981
Milwaukee, WI--25 Yard Course

UNITED STATES SWIMMING JUNIOR OLYMPIC CHAMPIONSHIPS--LONG COURSE

August 20-23, 1981
Mission Viejo, CA--50 Meter Course

1981 Junior National Time Standards

WOMEN		EVENT	MEN	
LC	SC		SC	LC
27.69	24.69	50 Freestyle	21.89	24.99
1:00.49	53.39	100 Freestyle	47.69	54.89
2:09.99	1:54.29	200 Freestyle	1:43.79	1:58.39
4:29.89	5:03.59	500/400 Freestyle	4:40.39	4:10.39
9:13.49	10:22.59	800/1000 Freestyle	9:40.59	8:43.49
17:34.39	17:17.99	1650/1500 Freestyle	16:15.99	16:35.59
1:08.79	1:01.39	100 Backstroke	54.09	1:01.69
2:27.69	2:11.49	200 Backstroke	1:56.89	2:13.19
1:17.99	1:08.49	100 Breaststroke	1:00.19	1:10.19
2:49.49	2:27.29	200 Breaststroke	2:11.29	2:32.89
1:05.79	58.39	100 Butterfly	52.39	59.09
2:24.29	2:08.29	200 Butterfly	1:55.49	2:10.99
2:28.19	2:12.19	200 Indiv. Medley	1:57.59	2:14.89
5:14.99	4:40.49	400 Indiv. Medley	4:11.99	4:46.59
4:39.29	4:03.99	400 Medley Relay	3:37.19	4:10.29
4:08.19	3:39.29	400 Free Relay	3:14.39	3:44.89
8:55.39	7:52.39	800 Free Relay	7:07.09	8:12.59

UNITED STATES SWIMMING CHAMPIONSHIPS-- SHORT COURSE

April 8-11, 1981

Cambridge, MA.--25 Yard Course

UNITED STATES SWIMMING CHAMPIONSHIPS-- LONG COURSE

August 13-16, 1981

Milwaukee, WI--50 Meter Course

1981--SENIOR NATIONAL TIME STANDARDS

WOMEN				MEN			
FOREIGN SC (Yards)	LC	DOMESTIC		EVENT	DOMESTIC		FOREIGN SC (Yards)
		SC (Meters)	LC		SC (Yards)	LC	
26.99	26.99	26.79	27.29	50 Free	24.39	23.69	23.49
58.09	51.39	56.59	58.89	100 Free	51.79	52.09	51.69
2:04.59	1:50.49	2:02.09	2:06.09	200 Free	1:51.49	1:54.09	1:52.99
4:20.39	4:52.59	4:14.39	4:20.89	500/400 Free	4:54.29	4:00.49	3:52.99
8:50.49	10:00.59	8:38.29	8:54.99	1000/800 Free	10:05.59	8:26.39	8:15.09
16:57.09	16:40.59	16:42.29	17:05.89	1650/1500 Free	16:51.99	16:06.69	15:36.29
1:05.49	58.69	1:04.89	1:06.39	100 Back	58.99	59.29	57.79
2:21.09	2:05.69	2:18.89	2:22.79	200 Back	2:06.99	2:08.39	2:06.59
1:14.99	1:05.29	1:12.19	1:16.09	100 Breast	1:06.39	1:06.69	1:05.69
2:40.69	2:19.49	2:34.19	2:43.09	200 Breast	2:22.69	2:25.69	2:23.29
1:02.99	56.59	1:02.59	1:03.79	100 Fly	57.29	56.39	55.49
2:17.09	2:02.49	2:15.39	2:18.49	200 Fly	2:03.49	2:04.89	2:03.19
2:22.89	2:05.99	2:19.29	2:23.49	200 I.M.	2:07.29	2:09.19	2:08.19
4:59.89	4:25.89	4:53.89	5:04.29	400 I.M.	4:29.89	4:36.09	4:33.69
			4:29.59	400 Med. Rel.	3:57.29	3:58.19	3:51.09
			4:03.19	400 Free Rel.	3:35.09	3:35.89	3:30.49
			8:43.69	800 Free Rel.	7:41.39	7:50.59	7:38.59

104.9. PROOF OF ENTERED TIME

(1) Short Course Championships

(a) **Individual Events** --All individual entry times must be made prior to the entry deadline and must be proven prior to the scratch deadline for that event through the Official Verification Card (OVC) system, or in the case of college, high school, and/or YM-CA swimmers, from official meet results from conference championships or higher which have approval. Times made in college and other dual meets, if approved, must be certified through the OVCs. Such meet results must accompany the entry cards or blank with appropriate names and times clearly marked.

(b) **Relay Events** --Times for each entered relay team must be submitted on the entry form. This entered time must be proven prior to the scratch deadline for each entered relay team, in aggregate or as a team, through the OVC's, or from meet results described in (a) above, submitted with the entry forms. For the purpose of proving times, a swimmer may be named on only one relay team in each relay event. Once the relay team or teams have been proven, any swimmer listed by that organization on the entry form is eligible to compete on that relay team.

Note: The time of any swimmer recorded while legally representing a club within the appropriate time frame may be used in proving relay entry time and that swimmer does not need to be entered in the championship in question.

(2) Long Course Championships

(a) Proof of entered time procedure shall be the same as for the short course championships except that only Official Verification Cards (no meet results) will be accepted from USS registered swimmers.

(b) Foreign swimmers not USS-registered must provide meet results with entry form to prove entry time.

(3) The above requirements shall be made a part of the official entry blank for the meet.

(4) The coach or swimmer-representative who signs a national championship entry form thereby attests that all times stated in such entry form are true and correct, assumes all responsibility for false or incorrect times therein, and shall pay \$100 to the Corporation for each such time proven untrue or incorrect.

Such penalty shall apply in addition to any USS verification officer who has issued an Official Verification Card attesting to such untrue or incorrect time(s).

All determinations shall be made in accordance with 450.3 and 450.4. No fines shall be imposed without an opportunity for a hearing. Review shall be permitted pursuant to 450.6.

104.10. OFFICIALS

(1) The vice president of the governing section and/or his designate shall be the referee of the national championships.

(2) For all national championship competition there shall be no more than the following active officials at any one time:

1 Referee

- 1 Starter
 - 1 Recall Starter
 - 1 Chief Judge
 - 1 Chief Timer
 - 2 Stroke Judges--1 each side of pool
 - 1 Timer/Turn Judge per lane
 - 1 Timer/Take-Off Judge per lane
 - 1 Timer/Split Taker per lane
 - 1 Turn Judge per lane (at opposite end of pool from starting blocks)
 - 2 Clerks of Course
 - 4 Marshals
 - 2 Scorers
 - 4 Recorders
 - 1 Announcer
 - 1 Recorder of Records
 - 1 Press Steward
 - 1 Doctor
 - Electronic equipment operators if needed.
 - Back-up officials: on deck only if necessary.
 - 2 Place Judges per lane (or equivalent in semi-automatic equipment, properly staffed.)
- (3) All officials should hold valid certification as a National Swimming Official.
 - (4) Qualifications and certifications of all officials, including local personnel, shall be under the guidance and supervision of the National Officials Committee, which shall supply a list of certified and qualified officials for each national championship to the vice president of the governing section for final selection and approval of officials.
 - (5) In addition to the above selection, procedures and duties of officials for all national championships events shall be in accordance with 103.14.

ARTICLE 5

AWARDING UNITED STATES SWIMMING CHAMPIONSHIPS AND INTERNATIONAL COMPETITIONS

105.1. GENERAL--United States Swimming Championship meets shall be awarded in the following categories:

- (1) **Senior Class**--short course and long course
- (2) **Junior Class**--short course and long course

105.2. FACILITIES

- (1) Short course meets shall be held in 25 yard pools having no less than eight racing lanes at least seven feet wide and a separate warm-up pool.
- (2) Long course meets shall be held in 50 meter pools having no less than eight racing lanes at least seven feet wide and a separate warm-up pool.

- (3) **Minimal Facilities**--Subject to such concessions as the governing section may deem to be in the best interests of the conduct, the championship meets shall be conducted in facilities as prescribed in Article 7.

105.3. AWARD OF EVENTS

- (1) United States Swimming Championships shall be awarded by the Senior Section in accordance with Article 4 and Article 5.
- (2) United States Swimming Junior Olympic Championships shall be awarded by the Age Group Section in accordance with Article 4 and Article 5.
- (3) In an Olympic or Pan American year the Senior Section may elect not to conduct one or more United States Swimming Championship. Such decision must be made at the annual meeting of the Corporation in the second calendar year preceding such Olympic or Pan American year. In the event of such decision said section may elect to name and rank the individual national champions for that year based upon the final results of the related Olympic or Pan American Trials. Place awards will not be made.

105.4. DATES

- (1) United States Swimming Championships - Short Course shall be held two weeks after the fourth Thursday in March, unless otherwise determined by the Senior Section.
- (2) United States Swimming Championships - Long Course shall be held on the weekend following the third Monday in August, unless otherwise determined by the Senior Section.
- (3) United States Swimming Junior Olympic Championships - Long Course and Short Course, shall be held no sooner than the week following the first day of the United States Swimming Championships - Long Course and Short Course, unless otherwise determined by the Age Group Section.

105.5. SITE SELECTION COMMITTEE

- (1) **Membership**--The Vice President/Senior shall appoint three persons and the Vice President/Age Group shall appoint two persons, and these may include either or both vice presidents, to the Site Selection Committee to serve one year.
- (2) **Chairman**--The chairman shall be elected from among and by the members of the committee.
- (3) **Duties**--It shall be the responsibility of the Site Selection Committee to:
 - (a) Prepare and maintain an up-to-date list of facilities in each LSC which comply with the national championships standards set forth in Article 7.
 - (b) Ascertain that pool certification is properly on file with United States Swimming and if deemed necessary, to require re-certification prior to consideration of a bid.
 - (c) Solicit bids from such facilities in accordance with the zone rotation award system indicated below.
 - (d) Present to the Senior Section and the Age Group Section at their annual meeting(s) held at least two years prior to the year of the

championships, a list of all approved bidders for each long and short course national championships, as required by the zone rotation award system.

105.6. ZONE ROTATION AWARD SYSTEM

(1) The zones shall be as follows:

- (a) **Zone I** shall be composed of the following AAU Associations: Pacific Northwest, Oregon, Pacific, Inland Empire, Utah, Central California, Southern Nevada, Arizona, Pacific Southwest, Wyoming, Rocky Mountain, Montana, New Mexico, Border, Southern Pacific, Alaska, Hawaii, Far East and Japan, Snake River.
- (b) **Zone II** shall be composed of the following AAU Associations: North Dakota, South Dakota, Midwestern, Missouri Valley, Oklahoma, West Texas, South Texas, Southwestern, Gulf, Southern, Arkansas, Ozark, Central, Wisconsin, Minnesota and Iowa.
- (c) **Zone III** shall be composed of the following AAU Associations: Michigan, Indiana, Ohio, Lake Erie, Kentucky, Allegheny Mountain, West Virginia, Virginia, North Carolina, South Carolina, Southeastern, Florida, Florida Gold Coast, Georgia, Potomac Valley, South Atlantic, Connecticut, Metropolitan, New Jersey, Middle Atlantic, Maine, New England, Niagara and Adirondack.

(2) Rotation Award System for National Championship Swimming Meets

YEAR	ZONE I	ZONE II	ZONE III
1981		SR LC JR SC	SR SC
1982	JR LC SR SC	JR LC	SR LC JR SC
1983	SR LC JR SC	SR SC	JR LC

105.7. METHOD OF GRANTING AWARD

- (1) A national championship can be awarded only to an LSC which is currently fully paid in dues and fees due to the Corporation. That LSC may assign the championship to a member in good standing of that LSC, who shall then assume full responsibilities as agreed to in writing.
- (2) A bidder shall be provided by the Executive Director with a bid form, financial and operating agreements, and all other documents related to the responsibilities of the awardee in relation to conduct of the event.
- (3) All bids for a championship meet shall be returned to the Site Selection chairman not less than sixty (60) days prior to the annual meeting of the Corporation at which such bids are to be considered.
- (4) The governing section shall consider only those bids presented by the Site Selection Committee at the annual meeting and award of contract shall be finalized at that time.
- (5) Upon approval of a bid, the bid shall be presented to the Board of Directors/House of Delegates for acceptance of the bid. The contract shall be executed by all involved parties, including but not limited to the bidder, the President or Secretary of the Corporation, the vice president of the governing section, the LSC chairman and such other entity as may be designated.

- (6) The failure of the Site Selection Committee to present a bid from a suitable facility within the designated zone shall negate the rotation system for that round only. This shall not affect the future normal rotation of zones as provided above.
- (7) Should the Site Selection Committee fail to receive bids from the designated zone by the 60 day cut-off date, the chairman shall immediately notify, in writing, the vice president of the governing section, and the swimming chairmen of the other two zones, of the available meets and dates. Bids from the other two zones may then be considered at the annual meeting of the governing section(s).

105.8. CONTRACTS - FEES - REPORTS--Refer to Appendix C.

105.9. INTERNATIONAL COMPETITIONS

- (1) United States Swimming may award international competitions only to an LSC which is currently fully paid in dues and fees due to the Corporation.
- (2) Award applicant shall be provided by the Executive Director with financial and operating agreements and all other documents related to the responsibilities of the awardee in relation to the conduct of the meet.
- (3) Should there be more than one bidder to sponsor a particular international event, the Olympic International Section shall decide the award.

ARTICLE 6 AGE GROUP SWIMMING

106.1. THE AGE GROUP PROGRAM

- (1) **Objectives**--Age Group Swimming should provide programs for the maximum number of children, staying within the currently approved age groups, and limiting the number of events and duration of any one day's activities.
Further, proper physical conditioning should be assured, including preparation, conditioning and 'medical wellness' of all age group participants. Optimal conditions should be provided (facilities, coaching, officiating, parental participation, school and community participation), as well as providing recognition for all participants.
Opportunity should also be available for self-improvement and advancement to junior and senior programs for those who are so motivated, without asserting undue pressure and over-expectations.
- (2) **Junior Olympic**--Competition will be conducted by the Age Group Section.
- (3) **Programs**--In planning any meet, careful consideration must be given the demands to be made upon swimmers, officials, and spectators, in that order. Long, tiresome meets, with too many events and/or entries, often result in keeping small children up late at night. Meets should be planned to terminate within a maximum period of eight (8) hours of competitive events in any one day. Provide adequate meal and rest breaks and sheltered rest areas, properly supervised.

106.2. AGE GROUP RULES COMMITTEE--The Vice President/Age Group shall appoint an Age Group Rules Committee chairman and a committee that shall include, but not be limited to, a representative from each USS region, the Technical Rules chairman, the Age Group Swimming 25 Best Times Tabulation chairman, a FINA representative, an athlete member, and the President and vice presidents of the Corporation.

- (1) Amendments to Age Group rules and recommended legislation must be submitted to the Age Group Rules chairman only by (a) members of the House of Delegates, (b) members of the Age Group Rules Committee, or (c) an LSC Age Group Swimming Committee or Local Swimming Committee.
- (2) Legislation affecting Age Group Swimming shall be considered by the Age Group Rules Committee. Any rules changes which affect general swimming rules must be submitted to the Technical Rules Committee.

106.3. AGE GROUP PLANNING COMMITTEE

- (1) **Membership**--Automatic members shall include the Age Group chairman, 25 Best Times Tabulator, and the Age Group records chairman.
 - (a) **Elected Members** --The members of the House of Delegates representing each LSC within each of the four zones shall each year elect two (2) members for a two-year term. No more than one member may be elected from any one LSC.
 - (b) **Athlete Representation** --One member shall be elected by the Athletes' Committee.
- (2) **Officers**--The chairman and secretary of the committee shall be elected by and from among the members of the committee, at the initial meeting following the elections.
- (3) **Procedures**--Meetings of the committee may be called by the chairman.
 - (a) Members of the committee will conduct an on-going study of the Age Group programs in their respective zones.
 - (b) They will make recommendations toward long-range planning and policies for Age Group Swimming.
 - (c) They will undertake projects of communication and education to assist local clubs and LSCs in conducting successful Age Group programs.
 - (d) They will make recommendations for changes in Age Group rules as deemed necessary.
 - (e) Such recommendations must be received by the chairman by the deadline set each year.
 - (f) The committee chairman shall present these recommendations to the Age Group rules chairman, or the appropriate sub-committee chairman for action.

106.4. CONDUCT OF MEETS--The Age Group Swimming program will be conducted under the Technical Rules except as hereinafter specified.

106.5. ELIGIBILITY

- (1) The eligibility of a participant for a particular age group will be determined by his date of birth in his respective age group.
- (2) Age on the first day of meet shall govern for the full meet.

Exceptions

- (a) In a preliminaries and finals meet, when the preliminaries are separated from the finals by more than two days, a swimmer shall compete at the age reached on the first day of the finals.
- (b) In a timed finals meet that covers more than one weekend, a swimmer shall compete at the age attained on the first day of each continuous session of the meet.
- (3) Participants must swim in their respective age brackets.
- (4) A contestant may participate in only one age division actually corresponding to the swimmer's age.

106.6. AGE GROUP CLASSIFICATIONS

- (1) **Junior**--A single age group 18 years of age and under, inclusive.
- (2) **Age Group/Junior Olympic**--10 and under, 11-12, 13-14, 15-16, 17-18 or 15-18.

106.7. EVENTS AND PROGRAMS

- (1) Junior classification events and programs shall be those listed in 104.5

(2)

10-and-Under

50-100-200 Freestyle
50-100 Backstroke
50-100 Breaststroke
50-100 Butterfly
100-200 Ind. Medley
200 Medley Relay
200 Freestyle Relay

11-12 Years

50-100-200-400/500 Freestyle
50-100 Backstroke
50-100 Breaststroke
50-100 Butterfly
100-200 Ind. Medley
200-400 Medley Relay
200-400 Freestyle Relay

13-14 Years

50-100-200-400/500, 800/1000,
1500/1650 Freestyle
100-200 Backstroke
100-200 Breaststroke
100-200 Butterfly
200-400 Ind. Medley
200-400 Medley Relay
200-400-800 Freestyle Relay

15-16 Years

17-18 Years

15-18 Years

50-100-200-400/500, 800/1000,
1500/1650 Freestyle
100-200 Backstroke
100-200 Breaststroke
100-200 Butterfly
200-400 Ind. Medley
200-400 Medley Relay
200-400-800 Freestyle Relay

- (3) Programs for Age Group meets and/or those of mixed classification can be tailored to meet local requirements and conditions.
- (4) Dual meets between clubs, LSCs, and regions are encouraged. Suggested program for Age Group meets:

(Events may be added or deleted as desired).

10 & under

11-12

Events

200 Medley Relay
50 Freestyle

13-14, 15-16

17-18, 15-18

Events

400 Medley Relay
200 Freestyle

100 Freestyle
200 Ind. Medley
50 Backstroke
50 Breaststroke
50 Butterfly
200 Free Relay

50 Freestyle
100 Freestyle
200 Ind. Medley
100 Backstroke
100 Breaststroke
100 Butterfly
400 Free Relay

Note: For Junior events and rules for the conduct of dual meets, see 103.2(2)(3) and (4).

- (5) No contestant may compete in more than five (5) swimming events, excluding relays, on each day of an age group timed finals meet. In age group competition where preliminaries and finals are held no contestant may compete in more than three (3) swimming events, excluding relays, per day.

Note: All 200 Relays (4 x 50); All 400 Relays (4 x 100); All 800 Relays (4 x 200).

106.8. ENTRY FEES--Entry fees in Age Group swimming meets shall be determined by the LSC.

106.9. AGE GROUP 25 BEST TIMES TABULATIONS

- (1) Times submitted must be the best recorded time swum between the period September 1 for one year through August 31 of the following year.
- (2) Times may be submitted for any Age Group USS registered swimmer/club participating in any USS/LSC sanctioned event or in any other championship competition (i.e., high school, YMCA, college, etc.) recognized by USS/LSC, or in any competition sanctioned by any officially recognized member of FINA.
- (3) Times for 55 yard courses may be submitted for 50 meter consideration.
- (4) Times may not be submitted unless at least three watches recorded the times, in accordance with 103.19, or completely automatic timing equipment was used.
- (5) In submitting times, placement in a race must be considered. If a swimmer is displaced by a judge or ballot decision by a swimmer with a slower time, he must share the time of the swimmer who displaced him for the purpose of rating in the 25 Best Times. Only the top ten relays will be tabulated.
- (6) No club's relay team may be listed more than once, unless that club has an additional relay or relays comprised of four different swimmers than the previously listed relay. If the club has an additional relay entitled to listing with a change of one, two or three individual swimmers from the higher listed relay, those additional swimmers will be listed after the club's higher ranked relay team members.
- (7) Intermediate times, lead-off, split times and swim-off times are acceptable in Age Group swimming for records and/or Best Times Tabulation, provided that the times are achieved with completely automatic officiating equipment, in a duly sanctioned meet at the LSC, regional, zone or national level, and meets the requirements of

108.2(4)(f) and (g) and (5). Times submitted for recognition shall be equal to or faster than the 35th individual places and 15th relay places in the previous year's ranking.

- (8) Each LSC is responsible for reporting (on the provided cards) to the chairman of the AG Tabulation Committee, not later than September 15 of each year, the times which better the tabulation cut-off times. An LSC may report times performed by swimmers registered in its LSC but achieved outside of the LSC when proof of performance is submitted to the LSC.
- (9) When reporting FINA top 25 times, LSC tabulators will use the same age classifications as used in US Age Group 25 Best Times. Date of birth must be included.

106.10. 1981 AGE GROUP 25 BEST TIMES AND RELAY 10 BEST TIMES CUTOFFS

GIRLS		10 & Under		BOYS	
Yards	Meters	Event	Yards	Meters	
28.19	31.79	50 Freestyle	27.89	31.59	
1:01.69	1:10.09	100 Freestyle	1:01.09	1:09.49	
2:13.09	2:30.69	200 Freestyle	2:11.89	2:29.29	
33.49	37.69	50 Backstroke	32.99	37.39	
1:13.29	1:22.59	100 Backstroke	1:11.69	1:21.39	
36.89	42.29	50 Breaststroke	36.69	41.99	
1:20.09	1:33.09	100 Breaststroke	1:20.59	1:31.99	
31.19	35.09	50 Butterfly	30.79	34.89	
1:10.09	1:20.29	100 Butterfly	1:09.49	1:19.89	
1:11.19	--	100 Ind. Medley	1:10.99	--	
2:32.89	2:52.59	200 Ind. Medley	2:31.89	2:51.99	
2:17.29	2:33.99	200 Medley Relay	2:16.99	2:32.39	
1:59.49	2:15.79	200 Freestyle Relay	1:58.49	2:15.79	

GIRLS		11-12		BOYS	
Yards	Meters	Event	Yards	Meters	
25.99	29.39	50 Freestyle	25.39	28.99	
56.39	1:03.89	100 Freestyle	54.99	1:02.69	
2:00.79	2:17.09	200 Freestyle	1:59.49	2:16.29	
5:19.29	4:47.29	500/400 Freestyle	5:19.29	4:46.39	
30.69	34.59	50 Backstroke	29.99	34.09	
1:05.59	1:14.29	100 Backstroke	1:04.49	1:13.39	
33.59	38.49	50 Breaststroke	32.69	37.79	
1:12.79	1:23.69	100 Breaststroke	1:11.19	1:23.19	
28.59	32.19	50 Butterfly	28.09	31.59	
1:02.49	1:10.79	100 Butterfly	1:01.59	1:10.39	
1:05.39	--	100 Ind. Medley	1:03.89	--	
2:02.79	2:19.39	200 Medley Relay	2:01.29	2:18.09	
4:26.39	5:06.89	400 Medley Relay	4:28.49	5:04.09	
1:47.09	2:02.69	200 Freestyle Relay	1:47.79	2:02.09	
3:55.89	4:28.89	200 Freestyle Relay	3:57.09	4:29.99	

GIRLS		13-14		BOYS	
Yards	Meters	Event	Yards	Meters	
25.19	28.59	50 Freestyle	23.29	26.79	
53.79	1:00.89	100 Freestyle	49.89	57.79	
1:55.19	2:10.59	200 Freestyle	1:49.39	2:05.49	
5:03.29	4:30.79	500/400 Freestyle	4:53.69	4:23.79	
17:17.99	17:44.39	1650/1500 Freestyle	17:10.79	17:41.39	
1:01.89	1:10.29	100 Backstroke	58.09	1:06.69	
2:13.49	2:30.59	200 Backstroke	2:06.79	2:24.29	
1:09.29	1:19.79	100 Breaststroke	1:04.49	1:15.29	

der to reduce the travel distance for athletes competing in regional competition and to equalize the competition. The 15 regions are:

- Region 1:** Maine, New England, Adirondack, Niagara, Connecticut, Metropolitan and New Jersey
- Region 2:** Middle Atlantic, South Atlantic, Potomac Valley, Virginia, Allegheny Mountain
- Region 3:** North Carolina, South Carolina, Georgia, Southeastern
- Region 4:** Florida, Florida Gold Coast
- Region 5:** Hawaii
- Region 6:** Indiana, Kentucky, Ohio, Lake Erie, Michigan, Central, West Virginia
- Region 7:** Wisconsin, Minnesota, Iowa, Midwestern
- Region 8:** Missouri Valley, Ozark, Oklahoma, Arkansas
- Region 9:** Gulf, Southwestern, South Texas, West Texas, Southern
- Region 10:** New Mexico, Arizona, Border, Rocky Mountain, Utah
- Region 11:** Montana, North Dakota, South Dakota, Wyoming
- Region 12:** Inland Empire, Pacific Northwest, Oregon, Snake River
- Region 13:** Southern Pacific, Central California, Pacific Southwest, Southern Nevada, Pacific
- Region 14:** Alaska
- Region 15:** Far East, Japan

- (1) **Regional Committees**--A regional Age Group championship meet committee may be established.
- (2) Each region may conduct two Age Group championships, one in a short course, 25 yard or 25 meter pool, and the other in a long course, 50 meter or 55 yard pool. It is recommended that the short course championship meet be held during the January-May period each year, and the long course championship meet during the May-August period each year.
- (3) **Age Groups**--The regional Age Group meet may be conducted using 10 & under, 11/12, 13/14, 15/16, 17/18, or 15/18 or any combination of the preceding.
- (4) **Events**--Refer to 106.6(5) for entry limit procedures.
Note: Refer to 106.6 for a list of events that may be offered in the regional championship meet. Refer to 104.5 for a list of events that will be offered in the junior national championship meet.
- (5) Time standards may be set for regional championship meets if it is felt such standards will improve the competition and provide a benefit to the swimmers at the regional level.
- (6) **Eligibility**--Participation in the Age Group regional championship meet shall be restricted to registered swimmers from that region.
- (7) **Awards**--Specially designed regional championship medals will be provided through the executive director's office for first, second and third place winners in each event. Only the officially designed medal may be used for other places (contact the national office for supplier).

106.15. ZONE CHAMPIONSHIP MEETS--Zone Age Group championship meet committees may be established in the four zones:

ZONE ALIGNMENT

EASTERN ZONE--Maine, New England, Adirondack, Niagara, Connecticut, Metropolitan, New Jersey, Middle Atlantic, South Atlantic, Potomac Valley, Allegheny Mountain, Virginia, Lake Erie

SOUTHERN ZONE--North Carolina, Florida, Southeastern, Southern, Gulf, Southwestern, Kentucky, South Texas, Georgia, West Texas, Florida Gold Coast, West Virginia, Border, South Carolina

CENTRAL ZONE--Michigan, Wisconsin, Central, Ozark, Arkansas, Oklahoma, Missouri Valley, Midwestern, Montana, Iowa, North Dakota, South Dakota, Wyoming, Minnesota, Indiana, Ohio

WESTERN ZONE--Hawaii, New Mexico, Arizona, Rocky Mountain, Utah, Inland Empire, Pacific Northwest, Oregon, Alaska, Far East, Southern Pacific, Central California, Pacific Southwest, Southern Nevada, Pacific, Japan, Snake River

- (1) Each LSC shall appoint or elect three members to the respective zone committee prior to the annual meeting of the Corporation.
- (2) The zone committees shall meet at the annual meeting of United States Swimming.
- (3) The chairmen of the zone committees shall be elected by the members of the respective zone committees at the annual meeting of United States Swimming.
- (4) Each zone may conduct a long course zone championship meet in a 50 meter or 55 yard pool. It is recommended that the zone championship meets be held on the same weekend during the months May to August.
- (5) **Age Groups:** The Age Groups shall be 10 & under, 11/12, 13/14, 15/16, 17/18 or 15/18.
- (6) Events shall be in accordance with 106.6.
- (7) Time standards or entry requirements shall be set for each zone meet in accordance with the needs of the swimmers of that zone by the zone committee.
- (8) **Eligibility:** Participation in the zone championship meets shall be restricted to registered swimmers from that zone.
- (9) **Awards:** Especially designed zone championship medals will be provided through the Executive Director's office for first, second, and third place winners in each event. If medals are given for fourth through eighth place, only the officially designed medal may be used.

ARTICLE 7 FACILITIES STANDARDS

NOTE: All items marked with (*) are required for national championships and international competitions.

107.1. LONG COURSE SWIMMING POOL

- (1) **Preferred**--The pool should be 50.025 meters (164.125 Ft.) in length per lane by 22.885 meters (75.083 ft.) in width, providing for eight lanes 2.743 meters (9 feet) in width with .457 meters additional width outside lanes one and eight. The minimum pool depth is 1.219 meters (4 feet). Optional markings: nine 8-foot lanes and ten 7-foot lanes.
- (2) (*) **Acceptable**--The pool should be 50.025 meters (164.125 ft.) in length per lane by 18.288 meters (60 feet) in width providing for eight lanes 2.134 meters (7 feet) in width with .610 meters additional with outside lanes one and eight. The minimum pool depth is 1.219 meters (4 feet).

107.2. SHORT COURSE SWIMMING POOL

- (1) **Preferred**--The pool should be 22.885 meters (75.083 ft.) in length per lane and 25 meters (82.108 ft.) in width providing for ten lanes 2.438 meters (8 feet) in width with additional width outside lanes one and ten. The minimum pool depth is 1.219 meters (4 feet).
- (2) (*) **Acceptable**--The pool should be 22.885 meters (75.083 ft.) in length per lane and 13.706 meters (45 ft.) in width providing for six lanes 2.134 meters (7 feet) in width with additional width outside lanes one and six. The minimum pool depth is 1.219 meters (4 feet).

107.3. DIVING POOL

- (1) **Preferred**--The pool should be separate from the swimming pool and 75 feet in length and 45 feet in width equipped with two 1-meter and two 3-meter springboards with guardrails and a diving tower providing take-off platforms at 5, 7 and 10 meters.
- (2) **Acceptable**--The pool may be separate from or incorporated with the swimming pool. Dimensions and depth should meet the minimum standards and should be equipped with two-1 meter and two-3 meter springboards.

107.4. (*) END WALLS AND BULKHEADS--The finished surfaces of the end walls and bulkheads for the competitive course shall be in parallel planes and perpendicular to the water surface for a depth of no less than three (3) feet measured below the plane of the perimeter overflow rim. There shall be no protrusions, light fixtures, underwater windows, or inlets in the three-foot planar surface defined herein. End walls should be finished with a non-slip surface. These specifications shall also apply to movable bulkheads.

107.5. (*) MEASUREMENTS AND TOLERANCES--All measurements and tolerances must be interpreted to assure that the course, with automatic timing equipment in place, is not less than the required length: 50.00 meters for long course, 25.00 meters or 25.00 yards for short course.

The length of the pool shall be measured at the centerline of each lane at the water level (the plane of the perimeter rim overflow level) and also at twelve-inch intervals of depth down to a depth of three feet.

The maximum variation from vertical for an end wall or bulkhead shall be 1/4-inch in the three foot planar surface. Construction tolerances shall not reduce the length of the pool under the required length.

107.6. DECK--The deck of the pool should be six to 12 inches above the surface of the water. Deck space on the diving end should permit sufficient

space for installations of all diving equipment and additional area for the free movement of competitors and officials. The recommended minimum is 15 feet of deck area at both ends of the pool. The width of side-decks must be governed by usage anticipated. If this space is to be utilized for movable spectator bleachers or other seating, it must be wide enough to accommodate such seating plus sufficient area for free movement of competitors and officials. It is recommended that the maximum amount of space be allocated for spectator seating. If sufficient gallery space is allotted, side-deck width may be limited to 10 feet.

107.7. (*) LADDERS--All ladders, steps or stairs should be recessed in the side pool walls or be easily removable during the competition.

107.8. (*) LIGHTING--There shall be a minimum of 40 foot candlepower lighting three feet above the water surface for national championships. It is important that sufficient overhead lighting be installed with concentration directly over turning end and finish line. Fifty (50) foot candle is recommended. Underwater lights may be installed at the sides of and at the ends. End lights should be located under lane line anchors and 3'6" deep with a switch for each light. A power source for additional lighting should be available for use with television, movies and special events. Buildings housing indoor pools should not have deck level windows in walls facing pool ends. Deck level windows on the side walls should be the tinted type which reduce glare and reflection on the water surface.

107.9. (*) POOL AND BULKHEAD MARKINGS--Lines should be placed on pool bottoms to serve as guides for each swimmer and the color of these lines should be marked contrast to the general color (preferably black) of the pool. Such lines should be at least 10 inches wide and placed in the middle of each swimming lane. As these lines approach the end of the pool, it is recommended that distinctive T markings be placed on the bottom ending 60 inches (1.52 meters) from the end wall. It is recommended that target lines at least 10 inches wide be placed on each end wall of pool in the center of each lane, extending from the deck to at least four feet below the water surface. The top edge of deck level pools must be marked with a contrasting color to provide a visual target at the end of the pool. Lanes should be numbered from right to left as the swimmer stands facing the course. Each lane should be clearly marked so that it may be identified easily by finish judges stationed on the sides of the pool.

107.10. (*) STARTING PLATFORM--The front edge of the starting platform must not exceed .762 meters (30 inches) in height above the surface of the water and shall be flush with the end of the pool for short course pools. The front edge of the starting platform shall be from .50 meters to .75 meters in height above the water surface and flush with the end of the pool for long course pools. The surface of the starting platform must not be less than .51 meters (20 inches) square and maximum slope toward the pool not more than 10 degrees from the horizontal. The top must be covered with a non-skid material. The lane number should be visible from all sides of the platform. Firm starting grips, flush with the end of the pool, for back-stroke starts must be placed .3 to .8 meters above the surface of the water.

107.11. (*) OVERFLOW AND CIRCULATION SYSTEMS--The overflow system is a method of conveying water beyond the perimeter overflow rim of

the pool. It should guarantee the level of the water in the pool to be not lower than the overflow rim of the pool at all times. It should maintain a smooth quiet surface in the pool during competition. It should prevent the accumulation or overflow of pool water onto the deck area where meet officials work. It shall effectively skim the water surface at all times. The pool circulation system shall be turned off during the swimming of any event, if, in the opinion of the referee, the resultant water movement interferes with the conduct of the competition.

107.12. (*) SOUND STARTING DEVICE--An electronic sound starting device (rather than a gun start) shall be provided, with a speaker under every starting platform, or between every two platforms. It shall be supplemented by a strobe light, or similar optical signal, placed near the starter, to indicate the start visually to manual timers.

107.13. (*) LANE LINES AND ANCHORS--Permanent provision must be made to anchor lane lines at the competitive water level in a recessed receptacle. Tightly stretched, easily visible floating lane markers, with floats joining to form a continuous cylinder marking the lateral limits of each lane, should be provided for all meets and must be available for championship meets. The color of the floats for 15 feet (in 25 yard pools) and 5 meters (in 50 meter pools) from each end shall be distinct from the rest of the floats.

107.14. (*) BACKSTROKE FLAGS, LINES, AND ANCHORS--Permanent provisions should be made to anchor the backstroke flag line. At least three triangular pennants of two or more alternating colors must be suspended over each lane from a line fifteen (15) feet or 4.57 meters from each end of a swimmer must have won his race. Only the time of the winner is recognized for record purposes even though another swimmer may have a faster time but is displaced by judge's or ballot decision. In the event of a judge's or ballot decision resulting in a tie finish both swimmers (or more) so involved shall share the faster time of such finish. This rule does not apply to association, district, city, state, area or other record when residence, registration, course shall be placed approximately 25 meters from the finish end of the course at a height of 1.8 meters (5'11") above the water surface for all backstroke events, including individual medley and medley relay.

107.15. (*) RECALL ROPE--Permanent provisions should be made to anchor the recall rope so that it shall be suspended at least 4 feet above the water at its lowest point. A recall rope may be available which may be dropped across the racing lanes approximately 36 feet from the take-off in case of a false start. A recall rope must be available for national championship meets.

107.16. (*) UNDERWATER SOUND RECALL DEVICE--There shall be an underwater sound recall device provided at all national championships and international competitions, with operating controls located near the recall starter.

107.17. (*) WATER AND AIR TEMPERATURES--The water temperature should be between 78 and 80 degrees Fahrenheit for competition and there should be adequate heating and/or cooling equipment available to maintain such temperatures. The air temperature at deck level in indoor

pools should not be lower than 76 degrees Fahrenheit. Special consideration should also be given to heating and ventilation for the comfort of spectators as well as competitors.

107.18. (*) PACE CLOCKS--There shall be at least two large accurate electric timing devices or clocks, preferably on each side of the pool, which must be at least three feet in diameter with one sweep second hand clearly visible to all of the swimmers.

107.19. (*) FACILITY AVAILABILITY--The facilities for national championships are to be made available to the swimmers only and on a full-time basis, beginning on Monday preceding the meet. The governing section has final authority to determine the dates, program and order of events, and the time schedule for national championships.

107.20. (*) AUTOMATIC TIMING AND JUDGING EQUIPMENT--The use of approved completely automatic equipment limited in reading in two (2) decimal places (hundredths of a second) for timing and judging is required, which must be supplemented by a secondary power source in the event of line failure, plus proper backup equipment or personnel. Tape printouts of all results are required. An automatic scoreboard visible to all swimmers shall be required, giving a readout to two decimal places for each swimmer's splits and at the end of his race.

107.21. (*) NO SMOKING--No smoking shall be permitted during the program in any designated area for swimmers prior to or during the competition.

107.22. (*) SEATING REQUIREMENTS

- (1) **Short Course National Championships**--Seating shall be provided for a minimum of 500 swimmers, coaches and managers. Seats for swimmers and managers shall be in an area where they can reasonably observe the meet. Coaches shall be seated with a good view of the finish and be able to see both ends of the pool.
- (2) **Long Course National Championships**--Seating shall be provided for a minimum of 3,000 persons including 800 seats for swimmers, coaches and managers. Seats for swimmers and managers shall be in an area where they can reasonably observe the meet. Coaches shall be seated with a good view of the finish and be able to see both ends of the pool.

107.23. AUTOMATIC OFFICIATING EQUIPMENT--Electronic or mechanical officiating equipment includes devices that record the time and/or place of competitive swimming events. It must conform to the requirements of this section.

(1) Types

- (a) **(*) Automatic** --Is activated by the starting device and stopped by the swimmer.
- (b) **Manual-Electronic** --May provide any combination of manual and automatic starting and stopping other than completely automatic operation, except that the combined use of manual start and automatic finish is not permitted for any competition.

(2) **Specifications**

- (a) (*) **Automatic** --Shall provide time and place results to hundredths (100ths) of a second (two decimal places), preferably digital, paper print-out for all lanes.
- (b) **Manual-Electronic** --Shall provide times and place results as in (1)(a) Automatic, above.

(3) (*) **Installation Requirements**

- (a) Must not interfere with swimmers' starts, turns or finish.
- (b) Must not interfere with normal overflow function of pool.
- (c) Shall have no wiring carrying over 6 volts in exposed position on deck.
- (d) In all national championship meets all automatic and semi-automatic equipment supplied by power mains shall be capable of automatic transfer to battery power without affecting continuity of accuracy in event of line power failure.

(e) (*) **Finish Pads**

- (i) **Size:**Recommended minimum width 78 inches, minimum depth 24 inches. This is for 7 foot lanes. In other size lanes, pads should be no more than 6 inches narrower than lanes.
- (ii) **Tolerance:**Thickness should not exceed one-half inch. When pad is in position, course must not be less than 25 yards or 50 meters in length.
- (iii) **Markings:**Should conform to and superimpose on existing pool markings. Perimeter and edges of pad to be designated by one-inch-wide black border.
- (iv) **Sensitivity:**Should be such that equipment cannot be activated by water turbulence, but will be activated by a light hand touch on both flat surface facing pool and on upper edge.
- (v) **Safety:**Should be safe from electric shock and have no sharp edges or corners.
- (vi) **Position:**Pads should be centered in lanes and may be adjustable in height and removable.

(f) **Optional Accessories**

- (i) Relay takeoff judging capacity.
- (ii) Automatic lap-counter.
- (iii) Split readouts.
- (iv) Computer summaries.
- (v) Correction of erroneous touch.
- (vi) Constant battery-charge (trickle-charge capacity).
- (vii) Television equipment tie-in.
- (viii) Strobe light in addition to horn start.

- (4) (*) **Backup Requirements:**No swimmer must ever be required to reswim a race due to equipment failure that results in unrecorded or inaccurate time or place results.

- (a) **Automatic and Manual-Electronic Equipment** --Shall be backed up by any available combination of equipment and/or human officials.

ARTICLE 8

RULES FOR SWIMMING RECORDS

This Article 8 applies only to World, American and United States Open records set within the United States, and to American and United States Open records set by American citizens outside of the United States. It is recommended that requisites for other records follow the same requirements.

108.1. WORLD RECORDS

- (1) Shall be made only in 50 meter pools and shall conform to the recognized distance, stroke and other current effective governing regulations of the Federation Internationale de Natation Amateur (FINA).
- (2) All claims shall be telegraphed immediately following performance to the national office. Supporting evidence must be filed on official United States Swimming record application forms, which must be in the national office within 21 days following performance, with copy also sent to the national director of records. Responsibility for this filing shall rest with the meet recorder of records, official scorer, or LSC records chairman.

108.2. AMERICAN AND UNITED STATES OPEN RECORDS

(1) Classification

- (a) **American** --Open only to American citizens eligible to compete therefor under the provisions of the Corporation rules.
- (b) **United States Open** --Open to any person eligible to compete therefor under the provisions of the Corporation rules and of the further requirements of this Article 8.

(2) Recognized Distances and Strokes (Men and Women)

- (a) **Short Course** --Made only over courses 25 yards or 25 meters long.

Freestyle	50, 100, 200, 500, 1000, and 1650 yards and 50, 100, 200, 400, 800, and 1500 meters
Backstroke	100-200 yards and 100-200 meters
Breaststroke	100-200 yards and 100-200 meters
Butterfly	100-200 yards and 100-200 meters
Ind. Medley	200-400 yards and 200-400 meters
Medley Relay	200-400 yards and 200-400 meters
Freestyle Relay	200-400-800 yards and 200-400-800 meters

- (b) **Long Course** --Made only over courses 55 yards or 50 meters long.

Freestyle	50, 100-200-400-800-1500 meters
Backstroke	100-200 meters
Breaststroke	100-200 meters
Butterfly	100-200 meters
Ind. Medley	200-400 meters
Medley Relay	200-400 meters
Freestyle Relay	200-400-800 meters

(c) Long Distance

Quartermile Straightaway	4 miles
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Quartermile Straightaway Team	12 miles (3 x 4 mile)
Swim For Distance	1 hour
Swim For Distance Team	(3 x 1 hour)

(3) Special Requirements and Conditions

- (a) Records must be made in accordance with all pertinent Corporation rules.
- (b) Records set outside of the United States shall be applied for on official record application forms (this shall be the responsibility of the team leader), and are subject to all pertinent requirements of this Article 8. When an American record results from a world record performance set outside the United States, it shall be accepted as such upon formal approval by the FINA without further certification.
- (c) To be eligible for a record States Swimming or NCAA Division 1 Swimming Championship, shall upon proper completion of required forms and written approval of the national director of swimming records, be declared effective immediately unless a faster claim is pending. Approval thereof by the Senior Section and House of Delegates shall be automatic. Such pending record claims may also be approved and declared immediately effective by the Board of Directors at any time if properly or other such restrictions are a condition to record-holding, nor shall it apply to a claimant representing a United States team in international competition when the time is established.
- (d) Records must be achieved in the relevant stroke-event i.e., a backstroke record must be set in a backstroke event, etc. Records set in freestyle events can be submitted only as freestyle records regardless of the stroke or strokes used.
- (e) Records cannot be made with pennant finish except for Long Distance Swimming events.
- (f) When a record is claimed an official record application form shall be filled out, signed by the designated officials, and transmitted immediately following performance, with all supporting data, including official meet results and the primary printout tape from the automatic officiating equipment, to the national office. Forms must be in the national office ten (10) days prior to the next regular meeting of the Board of Directors held in conjunction with a national senior swimming championship and copies shall also be sent to the national director of swimming records. Responsibility for this lies with either the records chairman, the recorder of records or the official scorer of the meet.
- (g) Pool certification shall be reported on the standard form available from the Executive Director's office.

The exact length of the course, measured by a steel tape, in feet and inches and fraction of an inch, or in meters and centimeters must be attested to by an accredited surveyor or engineer.

The length shall be as required by the provisions of 107.1, 107.2 and 107.4.

A statement of the conditions under which the course was measured must be included.

Certifications forms must be filed with the Executive Director's office and with the national director of swimming records.

Certification need only be filed once with the Executive Director's office and the director of records unless structural changes have occurred in the course since original certification.

Record applications will not be accepted unless certification accompanies them or is on file.

- (h) Pending record claims properly documented and approved by the director of swimming records may be approved and declared effective immediately prior to any national senior swimming championship with approval of two members of the Board of Directors.
 - (i) American and United States Open records performed in a United documented and approved by the director of swimming records.
 - (j) Record claims not previously accepted and declared effective under (h) or (i) above shall be considered by the national Records Committee for recommendation to the House of Delegates at its annual convention meeting. Applications ruled incomplete by said Records Committee may be reconsidered by them and final action recommended to the House of Delegates.
 - (k) Every winner of a record shall be presented with a certificate attesting thereto signed by the President of the Corporation.
- (4) **General Requirements and Conditions**
- (a) Records must be made in accordance with all pertinent rules and in particular **Articles 2 and 3**.
 - (b) A record can be made in competition in preliminary heats, finals, timed finals, or in an unpaced record attempt against time. (See 108.3)
 - (c) A record set in a swim-off to decide placement or break a tie can be claimed if the ballot system or automatic equipment is used.
 - (d) A record can only be made in still water.
 - (e) No record shall be considered which is applied for by or through a conference, league, association or organizational member whose rules governing performance do not conform to these rules.

Exception: When such rules do not conform to these rules but performances by the swimmer(s) is claimed to conform to them, application may be made to the Records Committee for consideration. Such application must be supported by documentary or other evidence of performance as may be requested by that committee.
 - (f) Records established by a swimmer in the first leg of a relay race shall be acceptable as individual performances provided that the race shall have been started by gunfire or other official signal and that all other applicable rules have been complied with.
 - (g) Should the first swimmer on a relay team complete his leg in record time in accordance with the provisions of 108.2, (3), (4) and

(5), his performance shall not be nullified by any disqualification of his relay team members.

(5) Timing

- (a) Split times recorded by completely automatic officiating equipment shall be official for all purposes provided the swimmer completes the full scheduled distance of the event.
- (b) American and U.S. Open records will be accepted only when times are recorded on completely automatic officiating equipment.
- (c) Record times registered by automatic equipment shall be submitted in hundredths of a second (two decimal places). If first place times are tied to 100ths seconds, the results shall be declared a tie and records shared by each swimmer thus tied.
- (d) For LSC and local records only, unless prohibited by the LSC, the referee, if requested for the purposes of recording record attempts at an intermediate distance for an individual event or for the lead-off leg of a relay, may for any lane:
 - (i) Permit the use of the split function button of digital manual watches where all three official lane timers on the lane are using digital watches with split function, or
 - (ii) Assign three (3) additional official timers to the lane to time the record attempt.

Performances in this category require the swimmer(s) to complete the full distance of the scheduled event. No time recorded by a mechanical split hand can be used for records.

108.3. RECORD ATTEMPTS AGAINST TIME

- (1) Must be sanctioned by the LSC and conducted by the Local Swimming Chairman or his duly appointed representative in accordance with all pertinent rules, and all information relative to such attempt must be public and available to any interested person for at least three (3) days before the event.
- (2) All times achieved in such attempts shall be duly certified and made matter of record by the LSC or Record Chairman or their representative.

ARTICLE 9 OFFICIALS COMMITTEE

109.1. The primary objective of the Officials Committee will be:

- (1) To establish and advocate uniform national standards of officiating.
- (2) To develop a training, testing and certification procedure for national, regional and association application.
- (3) To supply a list of available certified and qualified officials for each national championship to the vice president of the governing section for final selection and approval.

109.2. CHAIRMAN--The chairman shall be appointed by majority vote of the Vice President/Senior, Vice President/Age Group and Vice Presi-

dent/Administration. He shall be appointed for a term of one year and can be reappointed.

109.3. MEMBERSHIP--The officials chairmen of each LSC shall be a member of the national Officials Committee. The chairman may appoint such members-at-large as he deems advisable. These should include athletes and coaches.

109.4. CLASSES OF CERTIFICATION

- (1) **National Championship**--requiring service at a senior or junior national championship meet.
- (2) **Regional National**--requiring service at a regional championship or national caliber meet as designated by the national Officials Committee.

(3) **Association Certification**

109.5. OFFICIAL CATEGORIES

- (1) **Standard**--Referee, Starter, Stroke Judge, Turn Judge, Relay Take-Off Judge, Timer, Finish Judge, Recorder of Records.
- (2) **Administrative**--Recorder/Scorer, Clerk of Course, Automatic Equipment Operator.

109.6. Criteria for certification in each class and category shall be as determined by the national Officials Committee.

109.7. National and regional certification fees shall be approved by the Senior Section and shall be credited to the national swimming officials fund. Association certification fees shall be retained by the pertinent LSC and remain with that LSC.

— NOTES —

**CODE OF REGULATIONS
OF
UNITED STATES SWIMMING, INC.**

FOREWORD

CORPORATE CODE OF REGULATIONS (BY-LAWS)

United States Swimming, Inc. (Corporation) is the national governing body for swimming in the United States, is responsible for the conduct and administration of swimming in the United States, and is affiliated with the Federation Internationale de Natation Amateur (FINA), the international federation for aquatics, through United States Aquatic Sports, Inc., (USAS).

All meetings of the Corporation, its LSCs, committees and sections, shall be open to all members of the Corporation, except in those situations where by majority vote of the meeting body it would be in the best interests of the Corporation to hold executive session (e.g., those relating to personnel or legal matters).

No conditions or restrictions to eligibility for participation in open competitive events may be imposed unless otherwise set forth in this Code.

PART TWO

CODE OF REGULATIONS OF UNITED STATES SWIMMING, INC.

ARTICLE 20 MEMBERS

220.1. The membership of United States Swimming, Inc., hereinafter sometimes referred to as the Corporation, shall consist of two classes: group members, including swimming clubs and other organizations interested in competitive swimming; and individual members, including athletes, coaches, officials, sustaining members, and life members.

220.2. Every swimming club/organization which competes in open swimming competition approved or sanctioned by the Corporation must be a member of its LSC and the Corporation.

220.3. Any organization which is interested in competitive swimming, on either the national or local level, may join the Corporation. The Board of Directors may establish classes of organizational membership.

220.4. Athlete members who register with an LSC and the Corporation and qualify as amateurs, are thereby eligible for competition in swimming.

220.5. Any coach of athlete members may join the Corporation as a member.

220.6. Any individual who is interested in swimming competition or participates in the conduct of swimming meets may join the Corporation as a member.

220.7. All persons requesting credentials at a national championship must be members of the Corporation.

220.8. Sustaining members are all other persons interested in the purpose and programs of the Corporation, either on the national or the local level.

220.9. Life members are those individuals who make a contribution to the Corporation for furtherance of competitive swimming in the United States.

220.10. All members of the House of Delegates and Board of Directors and all members of any committee or section of the Corporation, must hold an individual membership pursuant to the provisions of this Article.

220.11. Fees for each class of membership shall be as set by the Board of Directors or House of Delegates.

220.12. No member of the Corporation shall engage in commerce directly or indirectly with the Corporation for his/her own financial benefit or as representative of any entity in which he has interest, except when such transaction is on an open and fully competitive basis. This provision shall not apply to a situation where such person's services are retained directly by the Corporation in a professional capacity.

ARTICLE 21

HOUSE OF DELEGATES

221.1. The House of Delegates of the Corporation shall consist of the following sections: Administrative, Age Group, Senior, and Olympic International.

221.2. Annually each Local Swimming Committee shall elect the following members to the House of Delegates: the chairman of its Administrative, Senior, and Age Group Sections; the athlete representative to the LSC; the coaches' representative to the LSC; and its general chairman. The athlete, the coach, and the general chairman shall be at large members. Alternates for each of the members may also be elected.

221.3. Each of the Armed Forces may appoint one member to the Senior Section, provided it is actively engaged in senior swimming activity.

221.4. The United States delegates to, and swimming technical committee members of, the Federation Internationale de Natation Amateur and the Amateur Swimming Union of the Americas shall automatically become at large members of the House of Delegates.

221.5. Ten athlete representatives, elected by those athletes competing at the United States Swimming Championships - Long Course, shall become at large members of the House of Delegates.

221.6. All members of the Board of Directors, the Olympic International Section, the Technical Planning Committee, the Technical Rules Committee, and the Legislation Committee shall become at large members of the House of Delegates.

221.7. Any organization, national in character, which conducts a program in competitive swimming, or which is composed of persons joined together in support of swimming or some aspect of it, may appoint one at large member to the House of Delegates. The Membership Committee shall determine whether an organization meets the criteria set forth in this section. In addition, any such organization may be entitled to additional members at large, up to a maximum of ten members, upon recommendation of the Membership Committee and ratification by the House of Delegates.

221.8. The President shall be empowered to appoint up to ten percent of the total membership as at large members of the House of Delegates.

221.9. All members of the House of Delegates shall remain until their successors are selected, except that membership may be terminated by resignation filed with the Secretary. All members must be elected on or before July 1st of each year and written certification thereof must be sent to the Secretary on or before July 15th. No substitution of a member may be made unless written certification thereof is given to the convention credentials committee chairman on or before the first official day of the annual convention.

ARTICLE 22

MEETING OF HOUSE OF DELEGATES

222.1. The annual meeting of the House of Delegates shall be held at any date, time, and place, as may be fixed in the notice of such meeting.

222.2. Special meetings of the House of Delegates may be held at any time, pursuant to a resolution of either the Board of Directors or the House of Delegates.

222.3. A written notice of all meetings of the House of Delegates, stating the time and place thereof, shall be given to each member by mailing it to each member's last known address at least thirty (30) days before the meeting; a written notice of any special meeting of members, stating the time, place and the objectives thereof, shall be mailed to each member at least fifteen (15) days before the meeting; such notice may be waived in writing by any member at any meeting before or after such meeting. The attendance of a member at any meeting without protesting the lack of notice prior to or at the commencement of the meeting shall be deemed a waiver of notice.

222.4. Each member shall have one vote on each matter submitted to the House of Delegates. There shall be no voting by proxy. At all meetings of the House of Delegates only those members duly certified and present shall be permitted to vote.

222.5. The presence of those duly registered and eligible to vote at any meeting of the House of Delegates shall constitute a quorum.

222.6. Meetings of the sections listed in Section 221.1 shall be held in conjunction with the annual meeting of the House of Delegates and at such other times as the vice presidents of the respective sections determine. The notice of provisions of Section 222.3 are applicable to meetings of the sections. At large members of the House of Delegates shall be deemed to

be members of each and every section, except the Olympic International Section.

ARTICLE 23 OFFICERS

223.1. The elected officers of the Corporation shall be a President, Executive Vice President, Vice President/Administration, Vice President/Senior, Vice President/Age Group, Vice President/Olympic International and a Treasurer. Their term of office shall commence at the close of the annual meeting of the House of Delegates at which they are elected. An individual may hold only one elective office during any one term. The Administrative Vice President shall also serve as Secretary of the Corporation.

223.2. The officers shall perform such duties as set forth in this Code, or as may be assigned to them by vote of the House of Delegates or the Board of Directors.

223.3. The five vice presidents of the Corporation shall be the chairmen of their respective sections, and shall be responsible for their respective subcommittees, as set forth in Article 25. Whenever the President is unable to perform his duties, the Executive Vice President shall perform the duties.

223.4. The Treasurer shall be the chief financial officer of the Corporation, and shall have such duties as set forth in Article 30.

223.5. The President, Executive Vice President, and Treasurer of the Corporation shall be elected by the members of the House of Delegates at annual meetings held in even-numbered years. The Vice Presidents/Senior, Age Group and Administration shall be elected by members of their respective sections at the annual meetings held in even-numbered years. The Vice President/Olympic International shall be elected by members of the Olympic International Section at the initial meeting of the committee.

223.6. The elected officers, with the exception of the Vice President/Olympic International, shall hold office for two years, or until their successors are elected and qualified. The Vice President/Olympic International shall hold office for four years.

223.7. Each officer is eligible for election to the same office for two terms. No person so elected for two successive terms is eligible for re-election to the same office until after the lapse of two years following the terms of office to which that person was last elected.

223.8. There shall be a full-time paid Executive Director who shall be selected by and be responsible to the Board of Directors. He shall make a report at each annual meeting of the House of Delegates.

223.9. All other employees of the Corporation shall be selected by the Executive Director with the approval of the officers of the Corporation.

223.10. Vacancies in any office of the Corporation may be temporarily filled by the President until the next annual or special meeting of the Board of Directors, at which time the Board shall fill the vacancy for the balance of the term.

ARTICLE 24

BOARD OF DIRECTORS

224.1. Members of the Board of Directors shall be selected as set forth in this Article 24.

224.2. Seven (7) Directors shall be the elected officers of the Corporation. Two (2) Directors shall be elected from each zone by members of the House of Delegates representing LSCs within each of the four zones as provided. One (1) Director shall be the chairman of the Technical Planning Committee.

224.3. Any organization which is a member of the Corporation pursuant to 220.3, and which conducts, on a level of proficiency appropriate for the selection of swimmers to represent the United States in international amateur swimming competition, a national program or regular national amateur athletic competition, and ensures that such representation shall reflect the nature, scope, quality and strength of the programs and competitions of such amateur sports organization in relation to all other such programs and competition in the sport of swimming in the United States, shall be eligible to name a Director. The Membership Committee shall determine whether an organization satisfies the criteria of this section.

224.4. The Athletes Committee shall elect to the Board of Directors that number of athlete Directors necessary to assure that not less than twenty percent (20%) of the Directors are athletes. Athlete Directors need not themselves be athlete representatives, but must at the time of their election be engaged in amateur senior swimming, or have competed in senior national championships within the five (5) years preceding their election.

224.5. Directors shall hold office for two years, through the annual meeting in even-numbered years, or until their successors are elected and qualified, except that zone Directors shall hold staggered terms of office pursuant to Section 224.10.

224.6. Any vacancies that may occur on the Board of Directors caused by death, resignation or otherwise shall be filled as set forth herein. If the vacancy is created by a Director selected by a zone pursuant to 224.2, the zone representatives of the zone shall select a successor to fill out the unexpired term. If the vacancy is created by a Director selected by an organization pursuant to 224.3, that organization shall select a successor to fill out the unexpired term. If the vacancy is created by a Director selected by the Technical Planning Committee, the Technical Planning Committee shall select a successor to fill out the unexpired term. If the vacancy is created by a Director selected by the Athletes Committee pursuant to 224.4, the Athletes Committee shall select a successor to fill out the unexpired term. In all cases, vacancies shall be filled by a majority vote of the remaining members of the Board of Directors.

224.7. The Board of Directors shall have the authority to act for the Corporation between meetings of the House of Delegates, except that it cannot amend the Code of Regulations or Technical Rules. In the event of actual or potential lawsuits against the Corporation, the Board, with the concurrence of a majority of the Counselors Committee, may assume emergency powers to act in an extraordinary situation in the best interests of the Cor-

poration in such manner as it deems necessary, which may include, but not be limited to:

- (1) Suspension or reinstatement of any member of any class of membership.
- (2) Invoke or revoke any rule or regulation in the Code, other than a technical rule.
- (3) Take original jurisdiction in any matter materially affecting the Corporation.

Any action taken under this emergency provision shall be effective until the next meeting of the House of Delegates. The President shall make a fully detailed report in writing to the entire membership of the House of Delegates (as last certified) within thirty (30) days of the action taken.

224.8. Meetings of the Board of Directors shall be held at any time or place, pursuant to resolution of the Board of Directors, or to a call signed by the President, or any three officers, or upon written request of one-third (1/3) of the members of the Board of Directors. Not less than thirty (30) days written notice of such meeting shall be given to each Director. Notice of any meeting may be waived in writing either before or after such meeting. Attendance by any Director not having received written notice shall be deemed a waiver of such notice. Special matters may be voted upon by the Board of Directors by mail, but no action can be taken without the written approval of nine-tenths (90%) of the Directors.

224.9. The presence of a majority of the Directors shall constitute a quorum at any meeting of the Board of Directors. Proxy voting is not permitted.

224.10. Each LSC shall be entitled to three (3) votes at each annual meeting to elect one member to the Board of Directors from its zone.

224.11. The election of zone members to the Board of Directors shall be based upon the zones in which the proposed Directors maintain their residency.

Eastern Zone--Maine, New England, Adirondack, Niagara, Connecticut, Metropolitan, New Jersey, Middle Atlantic, South Atlantic, Potomac Valley, Allegheny Mountain, Virginia, Lake Erie

Southern Zone--North Carolina, Florida, Southeastern, Southern, Gulf, Southwestern, Kentucky, South Texas, Georgia, West Texas, Florida Gold Coast, West Virginia, Border, South Carolina

Central Zone--Michigan, Wisconsin, Central, Ozark, Arkansas, Oklahoma, Missouri Valley, Midwestern, Montana, Iowa, North Dakota, South Dakota, Wyoming, Minnesota, Indiana, Ohio

Western Zone--Hawaii, New Mexico, Arizona, Rocky Mountain, Utah, Inland Empire, Pacific Northwest, Oregon, Alaska, Far East, Southern Pacific, Central California, Pacific Southwest, Southern Nevada, Pacific, Japan, Snake River

ARTICLE 25 COMMITTEES

225.1. Standing committees of the Corporation shall be as listed in this Article 25.

225.2. The following committees shall be responsible to the Executive Vice President: Adapted Swimming, Athletes, Counselors, Finance, Investment, Legislation, Marketing, Membership, Public Relations, Redistricting, Registration, and Technical Rules.

225.3. The following committees shall be responsible to the Administrative Section Vice President: Automatic Officiating Equipment, Computerization, Convention, Elections, Insurance, Officials, Survey, and Swim-athon.

225.4. The following committees shall be responsible to the Olympic International Section: International Meet Coordination, Medicine, and Technical Planning.

225.5. The following committees shall be responsible to the Senior Section Vice President: All-American Selection, Championship Meet Evaluation, Championship Meet Facilities, Championship Qualification Standards, Official Verification Cards, Records, Senior Meet Coordination, and Site Selection.

225.6. The following committees shall be responsible to the Age Group Section Vice President: Age Group Meets Coordination, Age Group Planning Committee, Age Group Records, Age Group Rules, Age Group Time Standards, Championship and Zone Meets, and Top 25 Tabulation.

225.7. There shall also be such other committees as are set forth in the Code of Regulations. In addition, the President may appoint ad hoc committees for special purposes.

225.8. The President or his designee shall represent the Corporation on the National AAU Board of Directors and the AAU Executive Committee. The Board of Directors shall appoint the representatives of the Corporation, other than athletes and coaches, to all other committees and organizations on which the Corporation is entitled to non-elective representation. Whenever an organization provides for representation by an athlete or a coach, or whenever the Board of Directors determines that a representative of the Corporation shall be an athlete or a coach, the Athletes Committee shall select that athlete and the appropriate coaches' organization shall select that coach.

ARTICLE 26

OLYMPIC INTERNATIONAL SECTION

226.1. The Olympic International Section shall be formed at the annual meeting of the House of Delegates in the year of the Olympic Games and shall terminate upon the formation of the new Section at the annual meeting succeeding the next Olympic Games.

226.2. The House of Delegates shall elect twenty-nine members to the Olympic International Section, five of whom shall be from a slate of eligible athletes presented by the Athletes Committee. Athlete members must have represented the United States in Olympic Games, Pan American Games, or World Championship competition within a period of eight years prior to their election. Organizations which actively conduct national or regional competitive swimming programs and which directly provide potential

members of the Olympic Swimming Team may appoint additional members of the Olympic International Section, as approved by the Board of Directors. The President shall also be a member of the Olympic International Section. There shall be a maximum of 50 members of the Section.

226.3. Any member who fails to attend two successive meetings without an excuse acceptable to the Section shall be dropped. Should a member elected by the House of Delegates resign or be dropped from membership, the next ranking electee shall serve the remainder of this term. Should a member from another organization resign or be dropped from membership, that organization shall name a successor.

226.4. At the initial meeting of the Committee, a Vice President/Olympic International, two assistant vice presidents, a Secretary and an assistant secretary shall be elected by and from the Olympic International Section. All officers of the Section shall serve for the life of the Section or until replaced, and their duties shall be as determined by the Section. The Section shall establish sub-committees and their functions. The Vice President/Olympic International shall appoint the chairmen of the sub-committees, to be confirmed by the Section. Sub-committee membership shall be decided at a regular meeting of the Section.

226.5. The five elected officers shall constitute the Executive Committee of the Olympic International Section. The Executive Committee shall act for the Olympic International Section in all matters wherein time does not permit full Section consideration, as determined by the Vice President/Olympic International.

226.6. Meetings shall be held at such times as are determined by the Vice President/Olympic International with the approval of the Olympic International Section. Mail voting shall be allowed, but no action can thus be taken without the endorsement of a majority of all members of the Section.

226.7. It shall be the responsibility of the Olympic International Section to select swimmers and staff members of all National Swimming Teams including Pan-American, Olympic and World Championships Teams; to arrange for and conduct development programs and pre-Games training; to approve invitations received from foreign countries or organizations to send teams or individuals to compete in competitions or exhibitions abroad; to develop and recommend international competitions to foreign countries or organizations and to initiate or approve invitations to foreign countries or organizations to send teams or individuals to participate in exhibitions or competitions in the United States; to develop sources of financing for international exchanges and to approve the expenditure of such funds.

ARTICLE 27

TECHNICAL PLANNING COMMITTEE

227.1. The nine members of the Technical Planning Committee shall be selected as follows: The House of Delegates shall annually elect a non-coach who has had recent experience on other swimming committees; the Athletes Committee shall elect at the annual meeting in odd-numbered

years one member from among themselves; the Board of Directors shall elect two active coaches at the annual meeting in odd-numbered years and three active coaches at the annual meeting in even-numbered years, and the Sports Medicine Committee shall select at the annual meeting in even-numbered years a member based upon knowledge and activity in sports medicine. Each member shall serve two years or until their successor is elected.

227.2. The Technical Planning Committee shall, at its first meeting following each annual meeting of the House of Delegates, select a chairman and a secretary. Should these offices be vacated, the Technical Planning Committee shall elect replacements at its next meeting.

227.3. Meetings of the Technical Planning Committee shall be when called by its chairman. Any member who misses two successive meetings shall be removed from the committee and be ineligible for selection the following year. The Board of Directors shall be empowered to appoint successors to removed members.

227.4. The Technical Committee shall: develop long range planning proposals for United States Swimming, develop yearly and quadrennial objectives and goals to be submitted to the House of Delegates for approval and implementation, conceptualize and assign priorities to projects funded or administered by other committees as well as the Technical Committee, and perform all tasks delegated by the House of Delegates or Board of Directors.

ARTICLE 28

TECHNICAL RULES COMMITTEE

228.1. The Technical Rules Committee shall consist of sixteen (16) at large members appointed by the President; the Age Group Swimming Rules Chairman, the Chairman of the NCAA Swimming Rules Committee, Vice President/Senior, Vice President/Age Group, the chairman of the Officials Committee, and a representative from each of the following: The American Swimming Coaches Association, the Athletes Committee, the Federation Internationale de Natation Amateur (FINA), and the National Interscholastic Swimming Coaches Association. The Executive Director, the chairman of the Legislation Committee or his designee, and other(s) appointed by the Technical Rules Chairman, shall be ex-officio members of the Committee, with voice but not vote. Each member of the Committee shall serve for a term of two years, or until his successor is appointed or elected. All appointments to the Committee shall be made immediately following the annual meeting of the Corporation in even-numbered years.

228.2. The Technical Rules Committee shall elect from its membership a chairman to serve two years; the chairman shall appoint a secretary.

228.3. The Technical Rules Committee may initiate and shall consider proposed amendments to any technical swimming rule and shall present them to the annual meeting of the House of Delegates with recommendations. The Technical Rules Committee shall also receive from the Age Group Rules Committee proposed amendments to the rules affecting their

activity and, provided there is otherwise no conflict with the United States Swimming Code of Regulations and Technical Rules, present them to the House of Delegates with recommendations at the annual meeting.

NOTE: The present members of the Technical Rules Committee shall continue to serve until the annual meeting of the House of Delegates in 1981 at which time new members shall be appointed or elected for one-year terms only; thereafter for two-year terms in even-numbered years.

ARTICLE 29

ATHLETES COMMITTEE

229.1. The Athletes Committee shall be composed of the athlete members of the House of Delegates selected pursuant to Sections 221.2 and 229.3, the five athlete representatives on the Olympic International Swimming Section, and the swimmers currently on the Athletes Advisory Committee of the U.S.O.C.

229.2. There shall be an Executive Committee composed of not more than eighteen (18) athletes. Ten (10) athletes shall be elected by the national senior qualifiers, as set forth in Section 221.5. Five (5) athletes shall be elected annually by those athlete members of the House of Delegates as set forth in 221.2, to serve one-year terms. The chairman of the Executive Committee shall chair the Athletes Committee, and may appoint up to two at-large members of the committee.

229.3. Each year the Athletes Committee shall elect a nominating committee of five athletes. The nominating committee shall prepare a slate of not more than ten swimmers who have within five years of nominations been active in senior national competition. From the slate submitted three athletes will be elected to the Executive Committee at the United States Swimming Championships - Long Course. Those elected will take office immediately and serve a two-year term. Only current national senior qualifiers who are present at the Championships may vote, according to procedures established by the nominating committee.

229.4. If a member of the Executive Committee cannot fulfill the requirements of his position, including attendance at the annual meeting, an alternate shall fill the vacancy for the remainder of the term, pursuant to procedures established by the Athletes Committee.

229.5. The chairman of the Athletes Committee shall be elected by the Executive Committee at the close of the annual meeting. The chairman shall be responsible for presenting a report of the Athletes Committee to the House of Delegates at the annual meeting.

229.6. At the annual meeting the Athletes Committee shall select from among themselves one representative to serve one year on each committee of the Corporation except Financial, Investment and Elections.

ARTICLE 30

FINANCIAL

230.1. The Corporation shall have a fiscal period for tax and accounting purposes commencing on the first day of January in each year.

230.2. There shall be a Finance Committee consisting of a chairman and three members appointed by the Board of Directors, and the Treasurer who may not serve as chairman.

230.3. Under the supervision of the Board of Directors and the Committee, the Treasurer shall prepare budgets. The Treasurer shall receive all moneys due the Corporation and deposit same to accounts in the name of the Corporation; pay any bill approved by a duly authorized officer or by the Board of Directors, provided it is within the authorized current budget of the Corporation; turn over to the Finance Committee or the Board of Directors, when requested, all money, accounts, books, papers vouchers and records pertaining to the office of the Treasurer for audit or other purposes; and prepare an annual financial report to be presented to the House of Delegates at the annual meeting.

230.4. The financial records of the corporation shall be audited annually, by a CPA firm selected by the Board of Directors, showing the income and disbursements of the Corporation which shall be similar to those reports required of non-profit organizations by section 6056 of the Internal Revenue Code of 1954 (or corresponding provision of any subsequent tax laws). Such annual financial reports shall be made available for inspection by members of the general public at the Corporation's principal office on request made within 180 days after notice of its availability.

230.5. There shall be an Investment Committee of three (3) persons appointed by the President, Treasurer and Finance Chairman with the approval of the Board of Directors. One (1) member shall be appointed each year to serve a 3-year term. The members shall annually elect a chairman from among themselves to serve one (1) year.

ARTICLE 31

ELECTIONS COMMITTEE

231.1. The House of Delegates shall elect at its annual meeting in odd-numbered years three individuals to serve as an Elections Committee for a two year term.

231.2. The Elections Committee shall elect a chairman from its membership.

231.3. The Elections Committee shall arrange for and conduct all elections pursuant to direction by the House of Delegates, and shall appoint a credentials sub-committee to certify delegates to the annual meeting.

ARTICLE 32

LEGISLATION COMMITTEE

232.1. The Legislation Committee shall consist of ten (10) members, each to serve for a term of two years following the annual meeting of the Corporation in even-numbered years, or until his successor is appointed: four members to be appointed by the President for a term of two years; one member to be appointed by each of the vice presidents of the Corporation; and one member to be appointed by the Athletes Committee. The Executive Director, the chairman of the Technical Rules Committee or his designee, and others appointed by the Legislation Committee Chairman shall be ex-officio members of the Legislation Committee with voice but not vote. Vacancies occurring in membership shall be filled by those persons originally selecting the member.

232.3. The Legislation Committee may initiate and shall consider proposed amendments to all parts of the Code except those relating to technical rules, and shall present them to the annual meeting of the House of Delegates with recommendations. The Legislation Committee shall officially interpret all parts of the Code except those relating to technical rules.

232.4. The Legislation Committee shall hold an annual meeting of its members, at a time and place approved by the Committee, for consideration of amendments and interpretations.

ARTICLE 33

REGISTRATION COMMITTEE

233.1. The Registration Committee shall consist of ten (10) members, each to serve for a term of two (2) years following the annual meeting of the corporation in even-numbered years or until his successor is appointed; four members to be appointed by the President; one member to be appointed by each of the vice presidents of the Corporation; and one member to be appointed by the Athletes Committee. The Executive Director, and others appointed by the Registration Committee chairman, shall be ex-officio members of the Committee with voice but not vote. Vacancies occurring in membership shall be filled by those persons originally selecting the member.

233.2. The Registration Committee chairman shall be appointed by the President for a term of two years. The chairman shall appoint a secretary.

233.3. The Committee shall develop, review and coordinate the procedures and other administrative functions of athlete membership registration by the Corporation and its LSC. It shall cooperate with and coordinate such functions with the other aquatic sports and AAU Associations when appropriate, subject to review and ratification by the Board of Directors and the House of Delegates.

ARTICLE 34 INSURANCE COMMITTEE

234.1. The Insurance Committee shall consist of a maximum of ten (10) members, each to serve for a term of two (2) years following the annual meeting of the corporation in even-numbered years or until his successor is appointed. The chairmen of the Legislation, Registration, and Counselors Committees are members by virtue of their office. The other members shall be appointed by the President and shall be selected on the basis of knowledge and experience in the field of risk management.

234.2. The Committee shall act as risk managers for the Corporation with duties including, but not limited to, the following:

- (1) To identify and evaluate exposures that should be transferred to insurance companies;
- (2) To provide programs that will protect registered athletes;
- (3) To establish programs and levels of benefits for employees of the Corporation.

ARTICLE 35 INDEMNIFICATION

235.1. Each person who is or was a director, officer, or employee of the Corporation (including the heirs, executors, administrators or estate of such person) shall be indemnified by the Corporation to the full extent permitted by the Nonprofit Corporation Law of the State of Ohio, or of any state in which the act or omission indemnified against occurred, against any liability, cost or expense incurred by him in his capacity as director, officer, or employee, or arising out of his status as a director, officer, or employee (including serving at the request of the Corporation as a director, trustee, officer, employee or agent of another corporation).

235.2. The Corporation may maintain insurance, at its expense, to protect itself and any such person against any such liability, cost or expense. For the purpose of this Article 35, references to 'the Corporation' include all constituents absorbed in a consolidation or merger as well as the resulting or surviving corporation.

ARTICLE 36 AMATEUR ATHLETIC UNION

The Corporation was formerly the Standing Sport Supervising Committee of the AAU at a time when the AAU was the FINA member for the United States. The Corporation may contract with the AAU for the AAU to provide certain administrative services for the Corporation at the national level. A Local Swimming Committee may contract with AAU Associations to obtain certain administrative services and/or functions under guidelines and policies established by the Board of Directors or the House of Delegates.

ARTICLE 37 DISSOLUTION

237.1. If deemed advisable by the members, the Corporation may be dissolved pursuant to the applicable provisions of the corporation laws of the State of Ohio.

237.2. Upon the dissolution of the Corporation, the Board of Directors shall, after paying or making provision for the payment of all the liabilities of the Corporation, dispose of all the assets of the Corporation exclusively for the purposes of the Corporation or to such organization or organizations as shall qualify as exempt organizations under Section 501(c)(3) of the Internal Revenue Code of 1954 (or the corresponding provision of any future United States Internal Revenue Law).

ARTICLE 38 AMENDMENTS

238.1. Part Two of these Regulations may be altered, amended or repealed only at the annual meeting of the House of Delegates, by two-thirds (2/3) of the House members present and voting. All other parts of these Regulations may be altered, amended, or repealed only at the annual meeting of the House of Delegates, or at a special meeting of the House called for that purpose, by a majority of the House members present and voting.

238.2. An amendment may be proposed only by a Local Swimming Committee, a duly constituted committee or section of the Corporation, a member of the House of Delegates, or the Board of Directors. All proposed amendments to Technical Rules (Part One) shall be considered by the Technical Rules Committee for report and recommendation to the House of Delegates, and all other proposed amendments to the Code shall be considered by the Legislation Committee for report and recommendation to the House of Delegates, in such form as to show the entire section as it will read if adopted, with any changes in language underlined if new and lined out if deleted.

238.3. All proposed amendments to the Code other than Part One (Technical Rules) shall be submitted to the chairman of the Legislation Committee not less than seventy-five (75) days prior to the first day of the annual meeting of the House of Delegates.

238.4. All proposed amendments to Part One shall be submitted to the chairman of the Technical Rules Committee not less than one month prior to the annual meeting of that Committee.

238.5. All proposed amendments to the United States Swimming Code of Regulations and Technical Rules submitted to the Legislation or Technical Rules Committee shall be published and mailed to all members of the House of Delegates not less than one month prior to the annual meeting of the House of Delegates.

238.6. A proposed amendment may be modified in any manner by the House of Delegates while under consideration, but such modification must be germane to the subject matter of the proposed amendment. If

more than one amendment has been proposed on the same subject matter, and there are substantive differences between such amendments, the House of Delegates may adopt a compromise of substance as well as form, and if the adoption of an amendment as proposed or amended or comprised is inconsistent or in conflict with other parts of the Code, the House of Delegates may adopt conforming amendments appropriate to the case.

238.7. After publication of legislation as provided in Section 238.5, new and/or additional amendments to the Code may be proposed, but they may be adopted only by nine-tenths (90%) of members of the House of Delegates present and voting.

238.8. All amendments approved as prescribed shall become effective on January 1 of the year following their adoption unless otherwise specified at time of adoption.

PART THREE

ATHLETES AND ATHLETIC EVENTS

ARTICLE 40 MEMBERSHIP OF ATHLETES

340.1. All swimmers competing in events sanctioned by the Corporation must be registered as athlete members of the Corporation. Athlete members must meet the rules of eligibility contained in Article 43. No swimmer alleged to be ineligible shall be denied the right to register and compete without being afforded the opportunity to refute the allegations relating to his possible ineligibility, pursuant to Parts Four and/or Five.

340.2. Athlete membership is for a calendar year period. Swimmers applying for registration on or after September 1 will be issued a registration card valid through December 31 of the following year.

340.3. APPLICATION--Athlete membership forms may be obtained from the registration section of the LSC. The form must be fully completed, signed, and in the case of a swimmer representing a club, endorsed by a club official. The form shall be submitted with the fee set forth in 340.5 to the registration section of the LSC, which shall issue a registration card upon approval.

340.4. RENEWAL APPLICATIONS--On individual renewal forms, the LSC may waive club endorsement if the swimmer applies directly to the committee. The swimmer's signature may be waived if the club completes and submits the applications for its member. When computerized print-outs of club membership lists are used, the updated information on the print-out for the renewal may be accepted upon certification of accuracy by an official of the club.

340.5. The annual athlete membership fee is composed of the following elements:

- (1) A national sport fee established by the Board of Directors or the House of Delegates and set forth in the appendix.
- (2) A local administrative fee established or approved by the LSC.
- (3) A local sport fee established by the LSC.

ARTICLE 41 SANCTIONS

341.1. JURISDICTION--All competitions, benefits, exhibitions, Swim-A-Thons, clinics, or entertainment of any kind where swimmers compete, ex-

hibit, demonstrate or display talents or techniques, must be sanctioned by the LSC within whose territorial limits the event is held. This requirement includes events directly sponsored by the Corporation. Those events open only to members of an organizational member of the Corporation do not require sanctions, although they may be issued at the discretion of the LSC.

341.2. REQUIREMENTS--Sanctions are issued, withheld or withdrawn in accordance with the following regulations:

- (1) No sanction will be issued to any organization whose interest in sports and games is purely commercial, or where the event is to be promoted solely for the profit or the advertising value to be derived therefrom. Any income derived from sanctioned events must be used for the further promotion of amateur sport, for an approved charity, or for the general welfare of the promoting organization as a whole.
- (2) Sanctions issued to one organization cannot be transferred to another. Any sanction so transferred shall be void for all purposes, and the LSC is empowered to deny further sanctions to any organizations violating this provision.
- (3) No further sanction will be given to any organization which has failed to fulfill expense obligations to athletes or to give prizes as stated on its entry blank. The foregoing sentence shall be set forth in every sanction granted.
- (4) No sanction of any event will be granted for any event where the word 'Olympic', or any derivative thereof, is used in any manner in connection with said event unless consent is obtained from the Corporation.
- (5) All sanctions must be signed by a designated member of the LSC, and a record thereof must be retained in a book kept for such purpose.
- (6) The following clause will appear on all sanction application forms and on all forms upon which official sanctions are granted: 'In granting this sanction it is understood and agreed that the Corporation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.'
- (7) Application for sanction must be accompanied by a copy of the entry blank (invitation).
- (8) The issuing LSC shall receive the following information regarding finances from every organization receiving a sanction (not applicable to events sponsored by the Corporation):
 - (a) Each organization shall, within ten (10) days after holding a sanctioned event, file with the issuing LSC an itemized statement listing the following items:
 - (i) The name, LSC, and membership, if applicable, of each swimmer and each representative of any swimmer to whom any payment of money or things of value was made.
 - (ii) The amount of money paid to each athlete for transportation.
 - (iii) The number of days and amounts of money each athlete was paid for meals and lodging.
 - (iv) The signature of each athlete or his representative attesting to the amount of payment indicated as being correct.

The issuing LSC shall send a copy of the information required by this paragraph (a) to the home LSC of each swimmer to whom any payment was made.

- (b) The LSC may also require the organization to which a sanction has been granted to file, within 30 days after the event or within 10 days after a written request, whichever shall be later, a financial statement setting forth all receipts and disbursements in connection with the sanctioned event.
 - (c) The LSC may at any time require the organization to furnish, within 15 days after written request, all receipts and vouchers relating to the sanctioned event.
 - (d) No sanction to hold any athletic event of any kind shall thereafter be issued to an organization who has failed or refused to file with the LSC any statement or affidavit required under any subdivision of this section, until the statement or affidavit is filed, or until such time as the LSC may determine.
 - (e) Any athlete member of the Corporation, within 15 days after written request by any appropriate committee, shall file a sworn affidavit verifying or denying any item pertaining to him contained in 341.2(8)(a). He shall also furnish an itemized statement listing all monies or other things of value directly or indirectly received by him, or any member of his family, or any other person or organization, for expenses connected with or resulting from his entry, appearance, or participation in the event, together with receipts and vouchers for the same. Upon failure to furnish such affidavit, statement, receipts and vouchers, or satisfactorily to explain his inability to do so, the swimmer may be barred from further competition for such time as the LSC Review Section may determine.
- (9) The form of application for sanction and of the sanction itself will be set forth in the Appendix.
- (10) The sanction fee shall be as established by the LSC, except for national and international events, which shall be determined by the Board of Directors.

341.3. CONDITIONS--All events requiring a sanction according to 341.1 are subject to the following conditions:

- (1) No swimmer's entry will be accepted, nor will he be allowed to compete or exhibit, at any event unless he is a member as provided in Article 40. Membership is not required for events that are open only to members of an organizational member of the Corporation.
- (2) Announcements and entry blanks of sanctioned events must state that not entries will be accepted unless the entrant is a member as provided in Article 40.
- (3) The membership (registration) number of each competitor must accompany the entry blank and his affiliation must be displayed before or after his name of the program.
- (4) Entry blanks, advertising and the program must bear conspicuously the statement: 'Held under the sanction of United States Swimming, Inc.' and include the address of the local swimming committee.

- (5) All organizations which have received a sanction for any meet where prizes are stated on entry blanks shall be required to send to the LSC, before the date of the meet, a copy of the entry blank, and must state the value of the prizes to be given for each event.

341.4. INTERNATIONAL EVENTS

(1) Within the United States

- (a) All international competitions within the United States sponsored by the Corporation or by a club of an LSC must be sanctioned by the LSC. All invitations to foreign athletes to compete in the United States must be extended by the Corporation.
- (b) Any international competition within the United States sponsored by an amateur sports organization other than the Corporation must be sanctioned by the Corporation and such sanction must be granted unless there is clear and convincing evidence that holding or sponsoring the event would be detrimental to the best interest of swimming.
- (c) Sanctioning fees for international events shall be as established by the Board of Directors of the Corporation.

(2) Outside the United States

- (a) All invitations for individual swimmers to compete abroad must be extended by the recognized governing body of the inviting country through the Corporation.
- (b) All negotiations for individual swimmers or teams who are members of the Corporation must be through the Corporation and in compliance with procedures established by the Olympic International Section.
- (c) Approval for teams sponsored by an amateur sports organization other than the Corporation is the responsibility of the Corporation and must be granted unless there is clear and convincing evidence that holding or sponsoring the event would be detrimental to the best interest of swimming. The Corporation shall advise any such organization requesting such foreign travel of the requirements for approval.

ARTICLE 42 REPRESENTATION

342.1. In order for a swimmer to compete as a representative of a club, educational institution, or other organization, that organization must be a member in good standing of the LSC and the Corporation.

342.2. A swimmer need not reside in the LSC territory in which the club he represents is located.

342.3. To transfer representation from one club/organization to another, a swimmer must serve one hundred and twenty (120) consecutive days without having represented any club/organization in competition, regardless of his residency.

342.4. A swimmer registered with a club/organization who wishes to compete for a college or university (2 or 4 year institution) shall be automatical-

ly released without notice by his club/organization upon commencement of his collegiate swimming season to compete for that college or university in open competition, and he shall similarly be automatically released without notice by such school immediately on termination of such swimming season to represent the club/organization of his choice immediately. Verification of collegiate swimming season commencement/termination dates must be provided by the swimmer upon request of any LSC Registration Committee involved. Reregistration in a different LSC is required and notification of renewal of representation is required.

342.5. When transferring from one LSC to another, a swimmer shall present a transfer from his previous LSC indicating his last date of competition in an attached status and that he is a swimmer in good standing in that LSC in order to make such transfer.

342.6. An athlete who shall have resigned, left, or been expelled from a club/organization of an LSC for unpaid financial obligations shall not be eligible to compete in any event of the Corporation or join another club/organization until such indebtedness is paid.

342.7. An unattached competitor is a registered swimmer who represents no club, educational institution or other organization.

342.8. An unattached swimmer shall be identified in competition with the LSC or place of residence in which he is registered, and not with a club. Example: John Doe, Unattached (Middle Atlantic), or John Doe, Unattached (Philadelphia, Pa.)

342.9. All applications for changes of registration must be accompanied by a reasonable fee to be determined by the local registration committee in the LSC in which the swimmer will be registered after the change of registration.

342.10. A swimmer may compete in only one short and only one long course LSC, regional and zone championship each year, except that in Age Group championships a swimmer may compete in more than one short course and one long course LSC championship.

342.11. An athlete member of the national governing body of another country joining a member club/organization of the Corporation and participating in the competitions of the latter shall be regarded as coming within the jurisdiction of the Corporation and all its rules (including specifically Article 42 of this Code) until such time as he resigns his membership, returns to his home country, competes, and becomes subject to the rules and regulations of the national governing body of that country. Upon resigning his membership in the Corporation to return to his home country he shall notify the Corporation by submitting his resignation upon a form provided by the national office, a copy to be sent to the Executive Director and a copy to be sent to all LSCs involved.

ARTICLE 43

ELIGIBILITY

343.1. An amateur swimmer is one who engages in swimming solely for pleasure and the physical, mental and social benefit derived therefrom,

and to whom swimming is nothing more than recreation for which no remuneration is received.

343.2. A swimmer shall cease to be an amateur upon engaging in any of the activities prescribed in sections 343.3 through 343.8 unless such activity is specifically permitted under section 343.9.

343.3. An amateur cannot compete, train, coach or give exhibitions for payment received, directly or indirectly, in money or in kind or for material advantage or benefit.

343.4. An amateur cannot take part in any competition or exhibition with anyone who, to his knowledge, is not an amateur swimmer, except approved life saving activities, or when in the services, and then only in the armed service competition.

343.5. An amateur cannot accept reimbursement for board and traveling expenses in excess of the actual justifiable amount incurred by the swimmer.

343.6. An amateur cannot bet or wager on any swimming competition.

343.7. An amateur cannot convert into cash any award or prize won in swimming competition.

343.8. An amateur shall not capitalize on his athletic fame through:

- (1) Promoting the sale of goods or services through the use of his name, photograph, likeness, or performance in swimming for advertising purposes; or by appearing on radio or television for pay in programs referring to swimming or his ability and performance as a swimmer; it is provided, however, that such uses of name, photograph, likeness, performance or such appearance, involving monetary or other advantages of value, which have been sanctioned by the Corporation and which advantages are under the control of or to the benefit of the Corporation or the FINA, shall be permissible.
- (2) Accepting direct or indirect compensation for wearing or using goods provided to him by a manufacturer or derived from any other source, which displays advertising in excess of that normally used commercially, and which must in any case conform with FINA rules.
- (3) Engaging for pay or financial benefit in any occupation or business transaction wherein his usefulness or value arises chiefly from the publicity given to the reputation of fame he has secured from his performance in sport, rather than from his ability to perform the usual and natural acts and duties incidental to such occupation or transaction.
- (4) Accepting remuneration for:
 - (a) Attaching his name to press contributions which he has not himself written, or
 - (b) for participating in the production of a film, unless he is a recognized film actor.

343.9. The amateur status of a swimmer shall not be endangered:

- (1) If he/she is teaching elementary swimming and is paid by an educational authority, government or community organization or is engaged in approved life saving activities.
- (2) By accepting monetary assistance during approved periods of training, not to exceed 90 days in one calendar year, including participation in competitions approved or sanctioned by the Corporation,

limited, however, to Olympic Games, World Championships, regional games, continental championships and major international competitions. Such assistance may include payment for food, lodgings, transportation, his sports equipment, coaching, medical care and insurance, and a sum per day for the number of days related to an event as an indemnity against petty expenses.

- (3) By accepting compensation, authorized by the Corporation to cover financial loss resulting from his or her absence from work or basic occupation, related to preparation for and participation in Olympic Games, World Championships, regional games, continental championships and major international competitions approved by the Corporation. Payment, however, shall not be in excess of the sum which the competitor would have earned in the same period of time.
- (4) By accepting scholarships, if granted on the basis of academic and technical standards dependent on the fulfillment of scholastic obligations but not on athletic prowess.
- (5) By accepting prizes other than medals and inscribed trophies, the commercial value of which shall not be in excess of \$100.00 or its equivalent.

343.10. A swimmer, regardless of his amateur status, shall cease to be eligible to compete in events conducted by the Corporation or its LSCs, while under suspension or expulsion by the Corporation for violations of this Part III or violations of the Code of Conduct established by the Olympic International Section for international trips.

343.11. Once a swimmer has registered as a Masters swimmer and competes in a Masters swimming event, he is no longer eligible for amateur swimming competition, but is restricted to competing in Masters events only.

343.12. A swimmer declared ineligible, whether because he has ceased to be an amateur, because he is under suspension or expulsion pursuant to 343.10, or because he has competed in a Masters swimming event, may be reinstated pursuant to the provisions of Article 50.

ARTICLE 44 AWARDS

344.1. LIMITATIONS--No prizes shall be given any individual, club, committee, or LSC, or competed for or accepted by any athlete, except suitably inscribed wreaths, diplomas, banners, badges, medals, timepieces and mantel ornaments, or suitable inscribed articles of jewelry, silverware, table or toilet service or other prizes on an approved list by the Board of Directors. Unless authorized by the Board of Directors, the prizes shall not exceed the cost of \$100.00 for first (or the equivalent in United States Dollars of 300 Swiss Francs, whichever is the lesser), \$40.00 for second, and \$20.00 for third place, unless by special permission challenge trophies or other similar prizes are authorized by the Board of Directors and a record kept of such authorization. Suitable team and individual prizes may be awarded for team competitions in a single specialty.

344.2. EXCEPTIONS--The prohibition of this article shall not apply to tokens or prizes (other than money) composed in whole or in part of metal and bearing inscriptions denoting the event or contest, in any case where such tokens or prizes shall have been given or sanctioned by USS or any of its LSCs.

344.3. SPECIFICATIONS--The following are the specifications for the championship awards.

- (1) Championship Die Medal should be a modeled eagle with wreath and lettering CHAMPION UNITED STATES SWIMMING, with modified U.S. Swimming logo on eagle. On the reverse side a wreath $\frac{3}{8}$ ths of an inch in width and narrowing at the top, and running approximately $\frac{1}{8}$ th inch from the edge of the medal. The inside of the wreath shall be flat and suitable for engraving event and year.
 - (a) First Place - Struck of commercial bronze with connecting link hard soldered on top center at right angle to medal. The medal should be $1\frac{3}{4}$ inches in diameter, and the weight of completed medal should be 24 pennyweight. Medal to be polished and high-lighted on front and edges polished. Gold-plated in 24K gold and background to rose gold finish. Reverse side to have satin finish.
 - (b) Second Place - Same as first place, but to have silver-plated finish with light oxidize.
 - (c) Third through Eighth Places - Same as first place, but to have bronze oxidized finished. Optional finish is a light green bronze oxidized finish.
- (2) The medals are to be suspended from a bar with red, white and blue cotton or polyester grosgrain ribbon. The bar is to have a nickel safety catch joint and pin and bar for ribbon. Each medal enclosed in suitable plastic box.
- (3) The medals must represent the finest grade of workmanship and finish, including perfect die work.

PART FOUR

ATHLETES' RIGHTS, HEARINGS, AND RIGHTS OF APPEAL

ARTICLE 50 HEARINGS AND APPEALS

450.1. GENERAL--As hereinafter set forth, the Corporation may censure, suspend for a definite or indefinite period of time, or expel any member of the Corporation, including any athlete, coach, manager, official, member of any committee, or any person participating in any capacity whatsoever in the affairs of the Corporation, who has contravened any of its rules or regulations, or who has acted in a manner which brings disrepute upon the Corporation or upon the sport of swimming. The Corporation may also conduct hearings on any matter affecting the Corporation as the national governing body for swimming.

450.2. JURISDICTION OF THE LOCAL SWIMMING COMMITTEE (LSC)--For those matters requiring a hearing and arising solely within the territorial jurisdiction of an LSC, the procedure to be taken and the rules to be followed for hearing shall be as set forth in Part V, Article 71. (For guide to hearings and appeals, and form for notice of hearing, see Appendix.)

450.3. JURISDICTION OF THE CORPORATION--In those matters where an athlete(s) or other member(s) of the Corporation from more than one LSC is involved, or in matters involving such persons during a national or international athletic event, an investigation and report of the facts shall be made to the President as hereinafter set forth. If in the opinion of a majority of the elected officers of the Corporation a hearing or further investigation is then warranted, the matter shall be submitted to the National Board of Review for hearing and decision.

- (1) Where persons or entities from more than one LSC are involved, the investigation and report shall be made by the Executive Director.
- (2) In those matters occurring during the course of a national, regional or zone event, the Senior Section or Age Group Section, as the case may be, shall make the investigation and report.
- (3) In those matters occurring during the course of an international event, the Olympic International Section shall make the investigation and report.

450.4. NATIONAL BOARD OF REVIEW--The Board of Review shall be comprised of the General Counsel of the Corporation, all associate counselors, one (1) athlete representative from each of the four zones (elected by the Athletes Committee), and such other members as may be recom-

mended by the General Counsel and approved by the Board of Directors. The General Counsel shall serve as the chairman and shall have the authority to designate a panel of no less than three members, one of whom shall be an athlete representative, to hear and decide any case before the Board of Review.

450.5. AUTHORITY OF NATIONAL BOARD OF REVIEW

The National Board of Review has the authority to:

- (1) Impose and enforce penalties for any violation of the rules and regulations, administrative or technical, of the Corporation;
- (2) Determine the eligibility and right to compete of any athlete;
- (3) Vacate, modify, sustain or reverse any decision or order properly submitted for review, or remand the matter for further action;
- (4) Investigate any election impropriety or cause for removal of a national committeeman or national officer and take corrective action;
- (5) Interpret any provision of the rules and regulations of the Corporation with the exception of the Technical Rules (Part One);
- (6) Review any revocation, suspension or reinstatement of membership to assure due process; and
- (7) Reinstate any athlete to amateur status subject to ratification by no less than 2/3 vote of the House of Delegates of the Corporation.

450.6. PROCEDURE FOR REVIEW

- (1) Every appeal to the Board of Review shall be instituted by a petition served upon the Executive Director and accompanied by a \$50.00 filing fee payable to the Corporation. The fee shall be returned if the petition is upheld, but forfeited if it is rejected or abandoned. The Board of Review may assess costs against the losing party.
- (2) The Executive Director shall send a copy of the petition for review to the respondent and chairman of the Board of Review immediately upon receipt. The respondent shall within 30 days following receipt of the petition file a written response with the Executive Director, the petitioner and the chairman. The petitioner may within 10 days following receipt of a copy of the response file a written rebuttal with the Executive Director, the respondent and the chairman. The chairman may decrease or increase the time limits for any of the foregoing upon request of either party and if circumstances should warrant it.
- (3) A final and binding decision shall be rendered within 75 days from date of filing of the petition by a majority of the acting panel based on the record submitted for review and on evidence submitted at such hearing as may be required by the panel. A written decision shall be sent to all parties. Petitions once reviewed and decided shall not be reopened for consideration by the Board of Review, except by direction of the Board of Directors of the Corporation, or upon showing of sufficient cause to the chairman of the Board of Review.

450.7. APPEAL TO BOARD OF DIRECTORS--Any real party in interest may appeal to the Board of Directors for review of any decision of the National Board of Review within three (3) months of the date of decision.

450.8. JURISDICTION OF THE BOARD OF DIRECTORS--Upon a majority vote of the officers, the Board of Directors of the Corporation may assume original jurisdiction at any stage of any matter within the purview of this

Article 50 where, in its opinion, the best interests of the Corporation will be served thereby. If it assumes original jurisdiction it shall comply in every instance with all requirements of procedural due process as set forth in this Article 50.

ARTICLE 51

ATHLETES' RIGHTS

451.1. Except as provided in 451.2, no individual or organizational member of the Corporation, nor any organization affiliated with the Corporation, may deny or threaten to deny any eligible amateur swimmer, coach, trainer, manager, official or administrator the opportunity to participate in any international swimming competition approved by the Corporation, if selected by the Corporation or one of its members. In addition, except as provided in 451.2, no individual or organizational member of the Corporation, nor any organization affiliated with the Corporation, may censor or otherwise penalize subsequent to the event any swimmer, coach, trainer, manager, official or administrator for having participated in any such international swimming competition approved by the Corporation.

451.2. An educational institution which a swimmer is attending at the time of such international competition may deny the swimmer the opportunity to participate only if said educational institution reasonably determines that such participation would either:

- (1) Prevent the swimmer from meeting the academic requirements which are applicable to all students who participate in the swimmer's particular course of study.
- (2) Jeopardize the swimmer's or the educational institution's performance in the established program in the particular sport in which the swimmer competes, provided that the international competition occurs during the scheduled competitive season of the educational institution.

451.3. Any amateur swimmer who alleges that he or she has been denied or is about to be denied, by a person or an organization affiliated with the Corporation, a right as set forth in 451.1, shall immediately inform the Executive Director, who shall promptly cause an investigation to be made and steps to be taken to settle the controversy without unnecessary delay. Such steps shall include, but not be limited to, advising the Executive Director of the U.S. Olympic Committee, and, if the offending party is a member of the U.S. Olympic Committee, submitting the matter to the American Arbitration Association for binding arbitration.

451.4. Whenever a swimmer, or party acting on his behalf, informs the Executive Director of an alleged violation of the swimmer's right to participation as set forth in 451.1, the Executive Director shall review all the related evidence of the case and make a report, with a preliminary recommendation, to the National Board of Review within thirty (30) days, or sooner if the situation requires. The Board of Review shall review the case and preliminary recommendation of the Executive Director and take whatever action it deems appropriate. Any of the parties involved in the action who are

dissatisfied with the decision of the National Board of Review may appeal said decision under the provisions set forth in 450.7.

PART FIVE

BY-LAWS OF THE LOCAL SWIMMING COMMITTEE

Note: These By-Laws become mandatory in their entirety for all LSCs commencing September 1, 1981, except the provisions of 572.2 (fiscal year) are to take effect on January 1, 1981, and the registration chairman must be elected by January 1.

Note: Refer to Appendix to Part Five for those sections which may be modified by each LSC. Sections which may be modified are marked with an asterisk (*).

ARTICLE 61 OBJECTIVES, TERRITORY, JURISDICTION

561.1. OBJECTIVES--The objectives shall be to promote and develop swimming for the benefit of swimmers of all ages and abilities, in accordance with the standards and under the rules prescribed by the Federation Internationale de Natation Amateur (FINA), United States Swimming, Inc. (USS), and the Local Swimming Committee (LSC).

561.2. TERRITORY--The territory and designation of the LSC shall be as described in the Appendix to this Code of Regulations.

If a club wishes to change from one LSC to another, and if seventy-five percent (75%) of the Boards of Directors of both LSCs consent, such transfer shall be effective ninety (90) days after receipt of written notice by the national office.

561.3. JURISDICTION--The LSC has jurisdiction over the sport of swimming as has been delegated to it by USS.

ARTICLE 62 MEMBERSHIP

562.1. TYPES--The membership shall consist of the following:

***(1) Group members**

- (a) Those swim organizations which have joined and are in good standing as members of the LSC and who have athletes registered to represent said organization in the sport of swimming.

- (b) Those organizations which conduct a program in swimming or are composed of persons joined together in support of swimming or some aspect of it.
- (c) Each group member shall appoint a representative to the LSC. Such appointment will be in writing, duly certified by the chief executive officer or secretary of the appointing member. The appointing member may withdraw its representative by written notice, addressed to the secretary and signed by its chief executive or secretary, and substitute a new representative.

***(2) Individual members**

- (a) Those individuals who are athletes, coaches, officials, administrators, or persons otherwise interested in the purposes and programs of the LSC. On joining USS or on registering as an athlete in the sport of swimming, these individuals will receive a membership card certifying their membership and may attend all meetings of the LSC with voice but no vote.
- (b) Those individuals who reside within the territorial jurisdiction of the LSC and who have contributed a designated amount to their LSC or USS are granted membership and are entitled to attend LSC and USS meetings with voice but no vote.

562.2. RESPONSIBILITIES

- (1) **Income**--Any income derived from the promotion of swimming by members of USS must be used for further promotion of swimming or for the general welfare of the LSC as a whole.
- (2) **Infractions**--A group member may be held responsible for infractions of rules and regulations committed by an athlete who is competing as a representative of such organization.

ARTICLE 63 MANAGEMENT

563.1. LSC HOUSE OF DELEGATES

***(1) Appointment**--The LSC House of Delegates shall consist of the representatives appointed by each group member, athlete representative, coach representative, members of the Board of Directors, and at large members appointed by the general chairman with the concurrence of the Board. The maximum number of at large members will be ten (10). At large members shall serve until a new LSC House of Delegates is appointed and shall have the same privileges as other members of the House. All other members shall hold office for one year, or until their successors are appointed.

- (a) An athlete representative and alternate to the LSC House of Delegates will be elected annually at the LSC Senior Long Course Swimming Championships, or otherwise designated meet, by a majority of swimmers present at a meeting called for that purpose, or by a local athletes' organization if in existence.
- (b) A coaches' representative and alternate to the LSC House of Delegates will be elected annually at the LSC Long Course Swim-

ming Championships, or otherwise designated meet, by a majority of coaches in attendance at a meeting called for that purpose, or by a local coaches' organization if in existence.

***(2) Duties and Powers**--The management of the business affairs of the LSC is the responsibility of the House of Delegates. In addition to the duties and powers prescribed in the Code of United States Swimming or in these By-Laws the House shall have power, and it shall be its duty:

- (a) To elect the Board of Directors
- (b) To establish the Review Section
- (c) To establish joint administrative committees with an AAU Association where necessary
- (d) To review and adopt the annual budget of the LSC
- (e) To elect delegates to the USS House of Delegates in accordance with Article 2 of the Code
- (f) To admit eligible members who have properly applied
- (g) To call regular and special meetings of the LSC
- (h) To ratify or rescind policy and program established by the Board of Directors and
- (i) To amend the By-Laws of the LSC.

563.2. LSC BOARD OF DIRECTORS

(1) **Members**--The LSC Board of Directors shall consist of the officers, section vice-chairmen, chairmen of all standing committees, coach representative, and athlete representative.

(2) **Duties and Powers**--The Board of Directors shall act for the LSC and LSC House of Delegates during the interval between its meetings, subject to approval and ratification of the House except that it cannot amend these By-Laws. The Board shall have power and it shall be its duty:

- (a) To establish program and policy, subject to ratification by the LSC House of Delegates, and to lend direction thereto.
- (b) To prepare and review the annual budget
- (c) To call regular or special meetings of the LSC Board of Directors.

ARTICLE 64 OFFICERS

***564.1. TITLES**--The elected officers are General Chairman, Treasurer, Secretary, Administrative Section Vice-Chairman, Senior Section Vice-Chairman, Age Group Section Vice-Chairman. The Registration Chairman and Technical Chairman shall also be elected positions.

564.2. ELIGIBILITY--Only current members of United States Swimming, Inc. are eligible to hold office.

***564.3. TERM OF OFFICE**--Each officer serves for a term of one or two years or until his successor is chosen, and no such person so elected for more than two terms is eligible for re-election to the same office until after the lapse of two years.

564.4. NOMINATION--The slate of officers to stand for election will be prepared by a nominations committee, with a minimum of three serving. The nominations committee will be elected by secret ballot at a meeting of either the LSC House of Delegates or Board of Directors held prior to the annual meeting. Nominations will be published fifteen (15) days in advance of the election, and additional nominations may come from the floor.

564.5. DUTIES--The duties of the officers and committee chairmen are as hereafter set forth, and such others as may be designated by the LSC House of Delegates and Board of Directors from time to time.

- (1) **General Chairman**--The general chairman calls meetings when and where deemed necessary, presides at all meetings, and appoints committee chairmen for certain standing committees, and such special committees as may be necessary to fill the duties and responsibilities of the LSC, with advice and consent of the Board of Directors.
- (2) **Secretary**--The secretary is responsible for keeping a record of all meetings, conducting official correspondence, issuing meeting notices and copies of the minutes to the Board of Directors, and making such reports to the national office as required by Article 70.
- (3) **Treasurer**--The treasurer receives all the monies and pays all bills approved by the finance committee or Board of Directors, provided that necessary minor expenses, which may be paid by any committee, may be turned in to the treasurer as such if recorded in detail, duly attested by the committee and approved by the Board of Directors. The treasurer is responsible for maintaining all financial records, including bank and checking records, and for making timely reports to the Board of Directors.
- (4) **Administrative Vice-Chairman**--The administrative vice-chairman shall conduct meetings in the absence of the general chairman and shall chair the Administrative Section as listed in Article 66, Section 566.1(1)(a) which aids in the development of policy and coordination of those committees within his section.
- (5) **Senior Vice-Chairman**--The Senior Vice-Chairman shall chair the section as listed in Article 66, Section 566.1(1)(b), which develops and conducts a program for Senior Swimming in the LSC.
- (6) **Age Group Vice-Chairman**--The Age Group Vice-Chairman shall chair a section as listed in Article 66, Section 566.1(1)(c), which develops and conducts a program for Age Group Swimming in the LSC.
- * (7) **Registration Chairman**--The registration chairman shall represent swimming on the local AAU Association registration committee where the Association carries out registration functions for the LSC and shall be charged with conducting registration of athletes. In addition, he shall aid in the development of procedures and policy for those committees for which he is responsible as listed in Article 66, Section 566.1(1)(d).
- * (8) **Technical Chairman**--The technical chairman shall chair a committee as listed in Article 66, Section 566.1(1)(e), which develops long range plans for the LSC swimming programs and makes suggestions for projects and priorities to the Board of Directors.

ARTICLE 65 MEETINGS

565.1. ANNUAL--The annual meeting of the LSC House of Delegates shall be held no later than November 1st of each year for the purpose of elections, with new officers' terms beginning January 1 of the succeeding year.

565.2. SPECIAL--Should the chairman fail to call regular meetings or should special meetings be required, meetings may be called upon request of any three officers.

565.3. NOTICES

- (1) **Time**--Not less than fifteen (15) days notice is given by the secretary for any annual or special meetings of the LSC House of Delegates and the Board of Directors.
- (2) **Information**--The notice of a meeting shall contain the time, date and site. For special meetings the purpose of such meeting shall be given.
- (3) **Address**--The notice shall be sent to the address last given to the secretary of each member of the LSC House of Delegates or Board of Directors.

565.4. ORDER OF BUSINESS--At all meetings of the LSC House of Delegates or Board of Directors the following is the order of business:

- (1) Roll Call
- (2) Reading, correction and adoption of minutes
- (3) Reports of Officers
- (4) Reports of Committees
- (5) Unfinished business
- (6) Elections where appropriate
- (7) New business
- (8) Resolutions and Orders
- (9) Adjournment

***565.5. QUORUM**--A quorum at all meetings shall consist of those present and eligible to vote.

565.6. RULES OF ORDER--At all meetings, the current Roberts Rules of Order are the procedural rules.

*ARTICLE 66 SECTIONS AND COMMITTEES

566.1. TYPES

- (1) **Sections**
 - (a) Administrative Section
 - (i) Officials Committee
 - (ii) Records Committee
 - (iii) O.V.C. Committee
 - (iv) Equipment Committee
 - (v) Publicity/Promotion Committee
 - (vi) Survey Committee
 - (b) Senior Section
 - (i) Rules Committee Chairman

- (ii) Technical Committee Representative
 - (iii) Coach Representative(s)
 - (iv) Zone or Area Representatives
- (c) Age Group Section
 - (i) Age Group Rules Chairman
 - (ii) Technical Committee Representative
 - (iii) Coach Representative(s)
 - (iv) Zone or Area Representatives.
- (d) Registration Section
 - (i) Registration/Administrative
 - (ii) Rules Committee Chairman
- (e) Technical Section
 - (i) Senior Section Representative
 - (ii) Age Group Section Representative
 - (iii) Coach Representative(s)
 - (iv) Athlete Representative(s)
 - (v) Development/League Representative
- (2) **Standing Committees (other than those within specified sections).**
 - (a) Finance
 - (b) Law and Legislation
 - (c) Marketing

566.2. CHAIRMEN

- (1) **Appointment**--Chairmen of sections or standing committees are elected or appointed as provided in Article 64 of these By-Laws.
- (2) **Duties**--The duties of the chairmen of each section or Committee are as follows:
 - (a) Presides at all meetings of the section or committee.
 - (b) Sees that all duties and responsibilities of the committee or sub-committee in his charge are properly and promptly carried out.
 - (c) Appoints such sub-committees as may be necessary to fulfill the duties and responsibilities of the section or committee.
 - (d) Communicates with the committee members to keep them fully informed.
 - (e) Keeps the general chairman and secretary informed of committee actions and recommendations.
 - (f) Forwards reports or minutes of all meetings to the general chairman and secretary.
 - (g) Performs such specific duties as outlined in LSC policy.

566.3. MEMBERSHIP--Members of all committees, other than elected officers, athletes' and coaches' representatives, and section and committee chairmen shall be appointed by the general chairman with the advice and consent of the chairmen thereof.

ARTICLE 67

CONDITIONS OF COMPETITION

567.1. GENERAL--The conditions of competition in any swimming event, and the rules governing it, shall be those established by USS, or by the LSC where its rules and regulations are not contrary to the rules of USS.

ARTICLE 68

CHAMPIONSHIPS

568.1. GENERAL--Swimming championships where possible will be held in accordance with the rules of USS for conduct of championships as described in the Technical Rules for United States Swimming.

ARTICLE 69

DUES AND FEES

569.1. CLUB--Every active club member joins the LSC and USS by submitting an approved application and by paying an annual fee consisting of a national club fee established by USS and a local club fee if established by the LSC.

569.2. ATHLETE REGISTRATION--Each athlete member pays to the registration committee an annual fee established by the LSC and USS.

569.3. SANCTION FEES

- (1) Each applicant for sanction shall submit at time of application such fees and documents as required by the LSC.
- (2) In addition to, or in place of, a sanction fee, the LSC may establish a service charge consistent with the nature of the event and which may be a flat amount, a percentage of receipts, or a combination of both.

569.4. FAILURE TO PAY--The failure of a member to pay dues or fees within the time prescribed prevents competition, representation, and vote by the delinquent member. Continued failure to pay such fees is cause for termination of membership.

ARTICLE 70

REPORTS AND REMITTANCE

570.1. MINUTES--The secretary of the LSC must, within ten (10) days after each meeting of the LSC, mail to the Executive Director of USS, a copy of the minutes of said meeting.

570.2. NOTICES--The secretary must forward to the Executive Director of USS copies of all official notices issued by the LSC at the time of such issue, including all those sent to the members of the LSC House of Delegates and to the Board of Directors.

570.3. ANNUAL REPORTS--The secretary shall forward to the Executive Director a copy of the audit of the accounts of the LSC, along with a complete report on the proceedings of the annual meeting of the LSC, within thirty (30) days following the annual meeting. The audit of accounts is to be signed either by a certified public accountant, or at least three (3) members of the finance committee. The secretary shall forward to the Executive Director a copy of the Form 990 when filed.

570.4. MEMBERSHIP REPORTS--The registration chairman or his designee shall forward each month to the Executive Director of USS a report listing all athletes and clubs, with addresses, who have joined the LSC and USS within the prior month. This report shall be accompanied by the appropriate fees.

570.5. GENERAL--The LSC shall make such other reports and remittances to USS as specified in its Code or by the National Board of Directors or House of Delegates. The general chairman, secretary, and the treasurer are responsible for seeing that all required reports and remittances are made.

ARTICLE 71

ATHLETES' RIGHTS, HEARINGS, AND RIGHTS OF APPEAL

571.1. ATHLETES' BILL OF RIGHTS--The LSC, in accordance with Article 51, shall respect and protect the right of every individual who is eligible under reasonable national and applicable international amateur athletic rules and regulations to participate if selected (or attempt to qualify for selection to participate) as an athlete, coach, trainer, manager, administrator or other official, representing the United States in any international amateur athletic competition, so long as such competition is conducted in compliance with reasonable national and applicable international requirements.

571.2. REVIEW SECTION-- The LSC House of Delegates shall annually elect a Review Section comprised of no less than five (5) members. Its hearings may be conducted by an attorney at law retained by the Review Section for that purpose but who shall have no vote. The chairman of the Review Section shall be elected by its membership. A quorum for any hearing conducted by the Review Section shall be fifty percent (50%) of its membership, but in any event no less than three (3).

571.3. GENERAL JURISDICTION--The Review Section may conduct hearings on any matter affecting the Corporation and the LSC, and arising solely within the territorial jurisdiction of the LSC, and involving only members of the LSC.

571.4. DISCIPLINARY HEARINGS--The Review Section (or the LSC House of Delegates on original jurisdiction) may censure, suspend for a definite or indefinite period of time, or expel any member of the Corporation and the LSC, including any athlete, coach, manager, official, member of any committee, or any person participating in any capacity whatsoever in the affairs of the LSC, who has contravened any of the rules of the Corporation

or the LSC, or who has acted in a manner which brings disrepute upon the Corporation, the LSC, or upon the sport of swimming.

571.5. PROCEDURES--The procedures to be taken in reference to all hearings shall be as follows:

- (1) **Formal Hearing**--The respondent shall be given notice in writing, sent to his or her last known address by certified mail, return receipt requested, or by personal service, of the charges against him or her in detail, or of the circumstances which are believed to require answers, explanation or clarification.

The written statement of charges shall also set out the penalties which may ensue if such charges are proved; shall contain a date at which time a hearing will be had with the request that the person charged shall appear before the Review Section with the right to have counsel of his own choice to represent him at the hearing; shall set a date of hearing not less than thirty (30) days nor more than sixty (60) days after the date of mailing of such notification; and shall request the person charged to answer, in writing, to the chairman of the Review Section, all the charges set forth in such written statement. This answer shall be delivered to the chairman by either certified mail or registered mail, return receipt requested, no later than ten (10) days prior to the date of hearing. The statement shall also set forth the right of appellate review in the event the decision is rendered against the person charged.

The decision shall be rendered at the time of the hearing, or within twenty-four (24) hours thereafter.

- (2) **Emergency Hearing**--When compliance with regular procedures would not be likely to produce a sufficiently early decision to do justice to the affected parties, the Review Section, or its duly authorized agent(s) or representative(s), is authorized, to summarily hear and decide a matter relating to a scheduled amateur athletic competition.

The individual or entity charged may be suspended from participating in any activities of the sport of swimming whatsoever after being given such notice and hearing as time and circumstances may reasonably dictate. The hearing may be conducted at the site of athletic competition or by telephone conference if necessary, but in any event under such circumstances as to fully protect rights of procedural due process of the individual or entity charged.

The notice to be given to the individual or entity charged may be oral, or in writing, and, if oral, reduced to writing within twenty four (24) hours, and shall in every instance contain all notice requirements set forth in sub-section (1) of this Section 571.5.

If an aggrieved party shall demand further hearing, such hearing shall be held in accordance with the provisions set forth in sub-section (1) of this Section 571.5.

571.6. APPEAL--Unless original jurisdiction of the matter is assumed by the LSC House of Delegates, the decisions of the Review Section shall be final in all cases, subject only to appeal to the LSC House of Delegates and thereafter to the National Board of Review. An appeal to the LSC House of Delegates must be taken within ten days after receipt of written notice of

the decision of the Review Section. A petition to the National Board of Review must be filed with the national Executive Director within thirty (30) days after receipt of written notice of the decision of the LSC House of Delegates. Any person representing a real party in interest in the case may appeal. Upon timely petition to the national general counsel, and upon showing of good cause therefor, the time for appeal from the decision of either the Review Section or the LSC House of Delegates may be extended.

571.7. NOTICE TO ATHLETES--In each case, where notice is mailed to a registered athlete, it is sufficient to mail the notice addressed to him at the residence given in his application for registration; or, if he has filed with the registration committee a written notice of change of residence, then at such changed address.

ARTICLE 72 MISCELLANEOUS

572.1. AMENDMENTS--Any provision of these By-Laws not proscribed by USS may be amended at any meeting of the Board of Directors by a two-thirds vote of the members voting. At least thirty (30) days notice must be given to every member of the Board of any proposed amendment.

572.2. FISCAL YEAR--The fiscal year of the LSC shall correspond to the calendar year.

572.3. MAILING ADDRESS--All LSCs must submit a permanent mailing address for use by the national office.

572.4. AAU ASSOCIATIONS--Some or all of the administrative functions which are the responsibility of the LSC may be assigned to the local AAU Association under agreement between the LSC and the Association outlining the nature of the services and the fees to be paid therefor. Such an agreement shall be in accord with general policies and guidelines established by United States Swimming, Inc., and the National AAU.

572.5. DISSOLUTION--Upon dissolution, the net assets of the LSC shall not inure to the benefit of any private individual or corporation, but shall be distributed to United States Swimming, Inc., to be used exclusively for educational or charitable purposes, or, if United States Swimming, Inc. is not then in existence, the assets of the LSC shall be distributed to another organization operated exclusively for charitable or educational purposes.

APPENDIX TO PART FIVE

The following Sections of Part Five are not mandatory and may be modified by each LSC within the following guidelines:

Section 562.1.

Types--An LSC may add additional membership classes, including individual members, or it may impose additional restrictions. Examples: no proxy voting; a person may represent no more than one group member; a weighted voting system by size of group members, etc.

Section 563.1(a) LSC HOUSE OF DELEGATES

Appointment--An LSC may have additional members on its LSC House of Delegates, including individual members.

563.2.(a) Board of Directors

Members--An LSC House of Delegates may add additional members to the Board of Directors.

564.1. TITLES--Those listed must be elected. Other chairmen may be elected or appointed. In addition, there may be provisions for electing at large members to the Board of Directors. The offices of secretary and treasurer may be combined. Any two offices may be combined except that of general chairman.

564.3. TERM OF OFFICE--Terms may be for one or two years except that there need not be limitation on terms of registration chairman, treasurer, secretary/treasurer (if combined), or technical chairman. The technical chairman's position may be eliminated if LSC does not think it necessary to have the position.

564.5(7) DUTIES

Registration Chairman--Registration chairman may delegate registration to various registrars if desired. Issuing sanctions may be shifted to another LSC designee.

564.5(8) DUTIES

Technical Chairman--The position of technical chairman may be eliminated altogether if an LSC does not feel it necessary.

565.5. QUORUM--An LSC may establish what constitutes a quorum depending on local needs.

Article 66. SECTIONS AND COMMITTEES--This article is intended as a guideline, and internal make-up of sections and committees may be determined by an LSC. Committee and section titles and responsibilities should remain the same in all LSCs to ensure nationwide uniformity and continuity of communication and administration.

Note: An LSC may establish an Executive Committee of whatever make-up it chooses to act in behalf of the Board of Directors, subject to approval and ratification by the Board, except that it may not amend the By-Laws.

Note: Election of officers is intended to be flexible enough to give each LSC the right to determine whether old or new officers attend the annual meeting of the USS House of Delegates. Notification to the national secretary must be made by July 1. If an LSC chooses to send its new officers, elections must be held prior to July 1 of that year.

WORLD SWIMMING RECORDS MEN

FREESTYLE

100 m	49.44	Jonty Skinner	South Africa	Philadelphia, PA	8-14-76
200 m	1:49.16	Ambrose Gaines IV	USA	Austin, TX	4-11-80
400 m	3:50.49	Peter Szmidt	Canada	Toronto, Can.	7-16-80
800 m	7:56.49	Vladimir Salnikov	USSR	Minsk, URS	3-23-79
1500 m	14:58.27	Vladimir Salnikov	USSR	Moscow, URS	7-22-80

BACKSTROKE

100 m	55.49	John Naber	USA	Montreal, Can.	7-19-76
200 m	1:59.19	John Naber	USA	Montreal, Can.	7-24-76

BREASTSTROKE

100 m	1:02.86	Gerald Moerken	F.R.G.	Jonkoping, SWE	8-17-77
200 m	2:15.11	David Wilkie	Great Britain	Montreal, Can.	7-24-76

BUTTERFLY

100 m	54.15	Par Arvidsson	Sweden	Austin, TX	4-11-80
200 m	1:58.21	Craig Beardsley	USA	Irvine, CA	7-30-80

INDIVIDUAL MEDLEY

200 m	2:03.24	William M. Barrett	USA	Irvine, CA	8-01-80
400 m	4:20.05	Jesse Vassallo	USA	W. Berlin, FRG	8-22-78

FREESTYLE RELAY

400 m	3:19.74	USA National Team	W. Berlin, FRG	8-22-78
		(Jack Babashoff, Ambrose Gaines IV, James Montgomery, David McCagg)		
800 m	7:20.82	USA National Team	W. Berlin, FRG	8-24-78
		(Bruce Furniss, Bill Forrester, Bobby Hackett, Ambrose Gaines IV)		

MEDLEY RELAY

400 m	3:42.22	USA National Team	Montreal, Can.	7-22-76
		(John Naber, John Hencken, Matt Vogel, James Montgomery)		

WORLD SWIMMING RECORDS WOMEN

FREESTYLE

100 m	54.79	Barbara Krause	G.D.R.	Moscow, URS	7-21-80
200 m	1:58.23	Cynthia Woodhead	USA	Tokyo, Japan	9-03-79
400 m	4:06.28	Tracey Wickham	Australia	W. Berlin, FRG	8-24-78
800 m	8:24.62	Tracey Wickham	Australia	Edmonton, Canada	8-05-78
1500 m	16:04.49	Kimberly Linehan	USA	Ft. Lauderdale, FL	8-19-79

BACKSTROKE

100 m	1:00.86	Rica Reinisch	G.D.R.	Moscow, URS	7-23-80
200 m	2:11.77	Rica Reinisch	G.D.R.	Moscow, URS	7-27-80

BREASTSTROKE

100 m	1:10.11	Ute Gewaniger	G.D.R.	Moscow, URS	7-24-80
200 m	2:28.36	Lina Kachushite	USSR	Potsdam, GDR	4-06-79

BUTTERFLY

100 m	59.26	Mary T. Meagher	USA	Austin, TX	4-11-80
200 m	2:06.37	Mary T. Meagher	USA	Irvine, CA	7-30-80

INDIVIDUAL MEDLEY

200 m	2:13.00	Petra Schneider	G.D.R.	Magdeburg, GDR	5-24-80
400 m	4:36.29	Petra Schneider	G.D.R.	Moscow, URS	7-26-80

FREESTYLE RELAY

400 m	3:42.71	G.D.R. National Team	Moscow, URS	7-27-80
(Barbara Krause, Caren Metschuck, Ines Diers, Sarina Hulsbeck)				

MEDLEY RELAY

400 m	4:06.67	G.D.R. National Team	Moscow, URS	7-20-80
(Rica Reinisch, Ute Geweniger, Andrea Pollack, Caren Metschuck)				

AMERICAN SWIMMING RECORDS MEN'S SHORT COURSE RECORDS (yards)

United States Swimming recognizes swimming records in
accordance with Article 8 of the Technical Rules.

FREESTYLE

50 yd	19.80	Ambrose Gaines IV	Auburn University	Cambridge, MA	3-27-80
100 yd	43.16	Ambrose Gaines IV	Auburn University	Cambridge, MA	3-29-80
200 yd	1:34.57	Ambrose Gaines IV	Auburn University	Cambridge, MA	3-28-80
500 yd	4:16.40	Brian Goodell	Mission Viejo	Austin, TX	4-05-78
1000 yd	9:00.10	Brian Goodell	U.C.L.A.	Cambridge, MA	3-29-80
1650 yd	14:47.27	Brian Goodell	Mission Viejo	Monterey Park, CA	4-17-79

BACKSTROKE

100 yd	49.31	John Naber	Univ. of Southern Cal.	Canton, OH	4-08-77
200 yd	1:46.09	John Naber	Univ. of Southern Cal.	Cleveland, OH	3-26-77

BREASTSTROKE

100 yd	53.59	Steven Lundquist	Southern Meth U.	Cambridge, MA	3-28-80
200 yd	1:58.43	William M. Barrett	U.C.L.A.	Cambridge, MA	3-29-80

BUTTERFLY

100 yd	47.77	Joseph S. Bottom	Univ. of Southern Cal.	Cleveland, OH	3-25-77
200 yd	1:45.27	Michael Bruner	Stanford University	Cleveland, OH	3-26-77

INDIVIDUAL MEDLEY

200 yd	1:46.25	William M. Barrett	U.C.L.A.	Cambridge, MA	3-27-80
400 yd	3:48.24	Jesse Vassallo	Mission Viejo	Monterey Park, CA	4-12-79

FREESTYLE RELAY

200 yd	1:21.62	University of Tennessee	Chapel Hill, NC	1-13-79
(John A. Ebuna, Bruce Rindahl, Andrew B. Coan, John Newton)				
400 yd	2:54.54	University of Tennessee	Knoxville, TN	3-3-79
(John P. Newton, Bruce G. Rindahl, John A. Ebuna, Andrew B. Coan)				
800 yd	6:25.42	Florida Aquatic Swim Team	Monterey Park, CA	4-13-79
(Ambrose Gaines IV, David Larson, David McCagg, Keith Dickson)				

MEDLEY RELAY

200 yd	1:33.50	Indiana University	Bloomington, IN	4-11-72
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(Mike Stamm, Brock Ladewig, Mark Spitz, Gary Conelly)				
400 yd	.. 3:14.59	University of Texas	Cambridge, MA	3-27-80
(Clay Britt, Scott Spann, William Paulus, Kris Kirchner)				

AMERICAN SWIMMING RECORDS WOMEN'S SHORT COURSE RECORDS (yards)

FREESTYLE

50 yd	22.83	Jill Sterkel	University of Texas	Las Vegas, NV	3-21-80
	(pending)				
100 yd	48.76	Jill Sterkel	University of Texas	Las Vegas, NV	3-22-80
	(pending)				
200 yd	1:44.10	Cynthia Woodhead	Riverside A.A.	Monterey Park, CA	4-12-79
500 yd	4:36.25	Tracy Caulkins	Nashville A.C.	Monterey Park, CA	4-11-79
1650 yd	15:49.10	Kim Linehan	Sarasota Sharks	Monterey Park, CA	4-14-79

BACKSTROKE

100 yd	54.94	Linda Jezek	Santa Clara S.C.	Austin, TX	4-06-78
200 yd	1:57.79	Linda Jezek	Santa Clara S.C.	Austin, TX	4-05-78

BREASTSTROKE

100 yd	1:01.82	Tracy Caulkins	Nashville A.C.	Monterey Park, CA	4-11-79
200 yd	2:11.46	Tracy Caulkins	Nashville A.C.	Nashville, TN	1-13-80

BUTTERFLY

100 yd	53.18	Mary T. Meagher	Cincinnati Pepsi Marlins	Cincinnati, OH	3-30-80
200 yd	1:53.21	Mary T. Meagher	Cincinnati Pepsi Marlins	Cincinnati, OH	3-21-80

INDIVIDUAL MEDLEY

200 yd	1:57.86	Tracy Caulkins	Nashville A.C.	Monterey Park, CA	4-14-79
400 yd	4:08.09	Tracy Caulkins	Nashville A.C.	Monterey Park, CA	4-12-79

FREESTYLE RELAY

200 yd	1:32.65	Stanford University	Las Vegas, NV	3-19-80
	(pending)	(Nancy Thompson, Carol Proctor, Barbara Major, Kelly Asplund)		
400 yd	3:20.51	Nashville Aquatic Club	Monterey Park, CA	4-14-79
		(Tracy Caulkins, Macie Phillips, Amy Caulkins, Andrea Cross)		
800 yd	7:15.14	Mission Viejo Nadadores	Monterey Park, CA	4-13-79
		(Marybeth Linzmeier, Michelle Amen, Valerie Lee, Jennifer Hooker)		

MEDLEY RELAY

200 yd	1:43.74	Stanford University	Las Vegas, NV	3-20-80
	(pending)	(Linda Jezek, Patricia Spees, Kelly Asplund, Barbara Major)		
400 yd	3:42.54	Nashville Aquatic Club	Austin, TX	4-06-78
		(Joan Pennington, Tracy Caulkins, Karinne Miller, Amy Caulkins)		

UNITED STATES OPEN SWIMMING RECORDS MEN'S SHORT COURSE RECORDS (yards)

FREESTYLE

50 yd	19.80	Ambrose Gaines IV	Auburn University	Cambridge, MA	3-27-80
100 yd	43.16	Ambrose Gaines IV	Auburn University	Cambridge, MA	3-29-80
200 yd	1:34.57	Ambrose Gaines IV	Auburn University	Cambridge, MA	3-28-80
500 yd	4:16.40	Brian Goodell	Mission Viejo	Austin, TX	4-05-78
1000 yd	9:00.10	Brian Goodell	U.C.L.A.	Cambridge, MA	3-29-80
1650 yd	14:47.27	Brian Goodell	Mission Viejo	Monterey Park, CA	4-17-79

BACKSTROKE

100 yd	49.31	John Naber	Univ. of Southern Cal.	Canton, OH	4-08-77
200 yd	1:46.09	John Naber	Univ. of Southern Cal.	Cleveland, OH	3-26-77

BREASTSTROKE

100 yd	53.59	Steven Lundquist	Southern Meth U.	Cambridge, MA	3-28-80
200 yd	1:58.43	William M. Barrett	U.C.L.A.	Cambridge, MA	3-29-80

BUTTERFLY

100 yd	47.36	Par J. Arvidsson	Univ. of Cal., Berkeley	Cambridge, MA	3-28-80
200 yd	1:44.43	Par J. Arvidsson	Univ. of Cal., Berkeley	Cambridge, MA	3-29-80

INDIVIDUAL MEDLEY

200 yd	1:46.25	William M. Barrett	U.C.L.A. Mission Viejo	Cambridge, MA	3-27-80
400 yd	3:48.24	Jesse Vassallo	Nadadores	Monterey Park, CA	4-12-79

FREESTYLE RELAY

200 yd	1:21.62	University of Tennessee (John A. Ebuna, Bruce Rindahl, Andrew B. Coan, John Newton)	Chapel Hill, NC	1-13-79
400 yd	2:54.54	University of Tennessee (John P. Newton, Bruce G. Rindahl, John A. Ebuna, Andrew B. Coan)	Knoxville, TN	3-03-79
800 yd	6:25.42	Florida Aquatic Swim Team (Ambrose Gaines, David Larson, David McCagg, Keith Dickson)	Monterey Park, CA	4-13-79

MEDLEY RELAY

200 yd	1:33.50	Indiana University (Mike Stamm, Brock Ladewig, Mark Spitz, Gary Connelly)	Bloomington, IN	4-11-72
400 yd	3:14.59	University of Texas (Clay Britt, Scott Spann, William Paulus, Kris Kirchner)	Cambridge, MA	3-27-80

UNITED STATES OPEN SWIMMING RECORDS WOMEN'S SHORT COURSE RECORDS (yards)

FREESTYLE

50 yd	22.83	Jill Sterkel	University of Texas	Las Vegas, NV	3-21-80
		(pending)			
100 yd	48.76	Jill Sterkel	University of Texas	Las Vegas, NV	3-22-80
		(pending)			
200 yd	1:44.10	Cynthia Woodhead	Riverside A.A.	Monterey Park, CA	4-12-79
500 yd	4:36.25	Tracy Caulkins	Nashville A.C.	Monterey Park, CA	4-11-79
1650 yd	15:49.10	Kim Linehan	Sarasota Sharks	Monterey Park, CA	4-14-79

BACKSTROKE

100 yd	54.94	Linda Jezek	Santa Clara S.C.	Austin, TX	4-06-78
200 yd	1:57.79	Linda Jezek	Santa Clara S.C.	Austin, TX	4-05-78

BREASTSTROKE

100 yd	1:01.82	Tracy Caulkins	Nashville A.C.	Monterey Park, CA	4-11-79
200 yd	2:11.46	Tracy Caulkins	Nashville A.C.	Nashville, TN	1-13-80

BUTTERFLY

100 yd	53.18	Mary T. Meagher	Cincinnati Pepsi Marlins	Cincinnati, OH	3-30-80
200 yd	1:53.21	Mary T. Meagher	Cincinnati Pepsi Marlins	Cincinnati, OH	3-21-80

INDIVIDUAL MEDLEY

200 yd	1:57.86	Tracy Caulkins	Nashville A.C.	Monterey Park, CA	4-14-79
400 yd	4:08.09	Tracy Caulkins	Nashville A.C.	Monterey Park, CA	4-12-79

FREESTYLE RELAY

200 yd	1:32.65	Stanford University	Las Vegas, NV	3-19-80
		(pending) (Nancy Thompson, Carol Proctor, Barbara Major, Kelly Asplund)		
400 yd	3:20.30	DDR National Team	Cambridge, MA	1-06-79
		(Caren Metschuck, Sarina Hulsbeck, Heike Witt, Barbara Krause)		
800 yd	7:15.14	Mission Viejo Nadadores	Monterey Park, CA	4-13-79
		(Marybeth Linzmeier, Michelle Amen, Valerie Lee, Jennifer Hooker)		

MEDLEY RELAY

200 yd	1:43.74	Stanford University	Las Vegas, NV	3-20-80
		(pending) (Linda Jezek, Patricia Spees, Kelly Asplund, Barbara Major)		
400 yd	3:42.54	Nashville Aquatic Club	Austin, TX	4-06-78
		(Joan Pennington, Tracy Caulkins, Karinne Miller, Amy Caulkins)		

AMERICAN SWIMMING RECORDS

MEN'S SHORT COURSE RECORDS (metres)

FREESTYLE

50 m	23.05	Chris Cavanaugh	USA	Paris, France	2-08-80
		(pending)			
100 m	48.52	David McCagg	USA	Austin, TX	4-15-78
200 m	1:47.29	David Larson	USA	Austin, TX	4-16-78
400 m	3:46.95	John Hillencamp	USA	Austin, TX	4-15-78
800 m	7:56.65	Bobby Hackett	USA	Austin, TX	4-16-78
1500 m	15:01.86	Bobby Hackett	USA	Austin, TX	4-16-78

BACKSTROKE

100 m	55.58	Clay Britt	USA	Austin, TX	4-16-78
200 m	2:00.85	Marc Foreman	USA	Austin, TX	4-15-78

BREASTSTROKE

100 m	1:01.26	Scott Spann	USA	Austin, TX	4-15-78
200 m	2:13.86	Scott Spann	USA	Austin, TX	4-16-78

BUTTERFLY

100 m	53.29	Scott Spann	USA	Austin, TX	4-15-78
200 m	1:58.23	Greg Jagenburg	USA	Austin, TX	4-16-78

INDIVIDUAL MEDLEY

200 m	2:00.59	Scott Spann	USA	Austin, TX	4-16-78
400 m	4:17.81	Jesse Vassallo	USA	Austin, TX	4-15-78

FREESTYLE RELAY

200 m	1:38.40	Sarasota Swim Club	Sarasota, FL	7-05-70
		(Jim Griffith, John Stein, Herb Stevens, Ricke Morehead)		
400 m	3:16.11	USA National Team	Austin, TX	4-16-78
		(David McCagg, Scott Findorff, Andy Veris, Andy Coan)		
400 m	3:27.26	University of Southern California	Tokyo, Japan	4-24-77
(club)		(John Naber, Kirt Fredericks, Scott Findorff, Joseph Bottom)		
800 m	7:14.34	USA National Team	Austin, TX	4-15-78
		(Andy Veris, John Hillencamp, David McCagg, David Larson)		
800 m	7:58.30	Tacoma Swim Club	Tacoma, WA	6-12-72
(club)		(Kurt Knipfer, Bob Music, Dave Hannula, Dan Hannula)		

MEDLEY RELAY

200 m	1:47.50	USA National Team	Port au Spain, W.I.	9-01-73
		(William Artley, Peder Dahlberg, Steve Baxter, Peter Spurzem)		
200 m	1:51.30	Sarasota Swim Club	Sarasota, FL	7-04-70
(club)		(F. Forge, Rickie Morehead, Jim Griffith, John Stein)		
400 m	3:40.82	USA National Team	Austin, TX	4-16-78
		(Clay Britt, Scott Spann, Gregory Jagenburg, David McCagg)		
400 m	3:55.70	University of Alabama	Roubaix, France	9-20-76
(club)		(John Prins, Kevin Mills, Mike Curington, Jack Babashoff)		

AMERICAN SWIMMING RECORDS WOMEN'S SHORT COURSE RECORDS (metres)

FREESTYLE

50 m	26.15	Cynthia Woodhead	USA	Paris, France	2-08-80
100 m	54.88	Cynthia Woodhead	USA	Paris, France	2-10-80
200 m	1:56.87	Cynthia Woodhead	USA	Austin, TX	4-15-78
400 m	4:02.59	Cynthia Woodhead	USA	Austin, TX	4-16-78
800 m	8:18.77	Cynthia Woodhead	USA	Paris, France	2-08-80
1500 m	16:54.60	Deborah Meyer	Arden Hills S.C.	Cincinnati, OH	4-12-70

BACKSTROKE

100 m	1:01.94	Linda Jezek	USA	Austin, TX	4-16-78
200 m	2:11.02	Linda Jezek	USA	Austin, TX	4-15-78

BREASTSTROKE

100 m	1:09.16	Tracy Caulkins	USA	Austin, TX	4-16-78
200 m	2:29.62	Tracy Caulkins	USA	Austin, TX	4-15-78

BUTTERFLY

100 m	1:00.73	Diane Johannigman	USA	Austin, TX	4-16-78
200 m	2:09.10	Nancy Hogshead	USA	Austin, TX	4-15-78

INDIVIDUAL MEDLEY

200 m	2:12.56	Cynthia Woodhead	USA	Paris, France	2-09-80
400 m	4:40.01	Anne Tweedy	USA	Paris, France	2-10-80

FREESTYLE RELAY

200 m	1:53.45	St. Petersburg Recreation Department	Sarasota, FL	7-07-74
club		(Dea Mignon Loy, Kimberly Jacobs, Jacqueline Bajus, Judith Ann Merrill)		
400 m	3:43.88	USA National Team	Austin, TX	4-15-78
		(Stephanie Elkins, Kelly Asplund, Jill Sterkel, Tracy Caulkins)		
400 m	4:01.40	Cincinnati Pepsi Marlins	Lake Forest, IL	1-29-72
club		(Jennifer Kemp, Alice Jones, Heidi Lipe, Deena Deardurff)		
800 m	9:32.72	Polk County Flyers	Winter Haver, FL	10-20-78
		(Susie Thayer, Laura Hobbs, Luann Corby, Desiree Callen)		

MEDLEY RELAY

200 m	2:03.00	USA National Team	Port au Spain, W.I.	9-01-73
		(Sara James, Allison Grant, Camille Wright, Diane Gentes)		
200 m	2:08.90	St. Petersburg Recreation Department	Sarasota, FL	7-06-74
club		(Jacqueline Bajus, Maureen Morrissey, Kimberly Jacobs, Marguerite McCully)		
400 m	4:10.66	USA National Team	Austin, TX	4-16-78
		(Linda Jezek, Tracy Caulkins, Diane Johannigman, Stephanie Elkins)		
400 m	4:34.80	Cincinnati Pepsi Marlins	Lake Forest, IL	1-16-71
club		(Jennifer Kemp, Debbie Coward, Alice Jones, Deena Deardurff)		

UNITED STATES OPEN SWIMMING RECORDS

MEN'S SHORT COURSE RECORDS (metres)

FREESTYLE

50 m	23.05	Chris Cavanaugh	USA	Paris, France	2-08-80
		(pending)			
100 m	48.52	David McCagg	USA	Austin, TX	4-15-78
200 m	1:47.29	David Larson	USA	Austin, TX	4-16-78
400 m	3:46.95	John Hillencamp	USA	Austin, TX	4-15-78
800 m	7:56.65	Bobby Hackett	USA	Austin, TX	4-16-78
1500 m	15:01.86	Bobby Hackett	USA	Austin, TX	4-16-78

BACKSTROKE

100 m	55.58	Clay Britt	USA	Austin, TX	4-16-78
200 m	2:00.85	Marc Foreman	USA	Austin TX	4-15-78

BREASTSTROKE

100 m	1:01.26	Scott Spann	USA	Austin, TX	4-15-78
200 m	2:13.86	Scott Spann	USA	Austin, TX	4-16-78

BUTTERFLY

100 m	53.29	Scott Spann	USA	Austin, TX	4-15-78
200 m	1:58.23	Greg Jagenburg	USA	Austin, TX	4-16-78

INDIVIDUAL MEDLEY

200 m	2:00.59	Scott Spann	USA	Austin, TX	4-16-78
400 m	4:17.81	Jesse Vassallo	USA	Austin, TX	4-15-78

FREESTYLE RELAY

200 m	1:38.40	Sarasota Swim Club	Sarasota, FL	7-05-70
		(Jim Griffith, John Stein, Herb Stevens, Ricke Morehead)		
400 m	3:16.11	USA National Team	Austin, TX	4-16-78
		(David McCagg, Scott Findorff, Andy Veris, Andy Coan)		
400 m	3:27.26	University of Southern California	Tokyo, Japan	4-24-77
(club)		(John Naber, Kirt Fredericks, Scott Findorff, Joseph Bottom)		
800 m	7:14.34	USA National Team	Austin, TX	4-15-78
		(Andy Veris, John Hillencamp, David McCagg, David Larson)		
800 m	7:58.30	Tacoma Swim Club	Tacoma, WA	6-12-72
(club)		(Kurt Knippher, Bob Music, Dave Hannula, Dan Hannula)		

MEDLEY RELAY

200 m	1:47.50	USA National Team	Port au Spain, W.I.	9-01-73
		(William Artley, Peder Dahlberg, Steve Baxter, Peter Spurzem)		
200 m	1:51.30	Sarasota Swim Club	Sarasota, FL	7-04-70
(club)		(F. Forge, Ricke Morehead, Jim Griffith, John Stein)		
400 m	3:40.82	USA National Team	Austin, TX	4-16-78
		(Clay Britt, Scott Spann, Gregory Jagenburg, David McCagg)		
400 m	3:55.70	University of Alabama	Roubaix, France	9-20-76
		(John Prins, Kevin Mills, Mike Curington, Jack Babashoff)		

UNITED STATES OPEN SWIMMING RECORDS

WOMEN'S SHORT COURSE RECORDS (metres)

FREESTYLE

50 m	26.15	Cynthia Woodhead	USA	Paris, France	2-08-80
100 m	54.88	Cynthia Woodhead	USA	Paris, France	2-10-80
200 m	1:56.87	Cynthia Woodhead	USA	Austin, TX	4-15-78
400 m	4:02.59	Cynthia Woodhead	USA	Austin, TX	4-16-78

800 m	8:18.77	Cynthia Woodhead	USA	Paris, France	2-08-80
1500 m	16:54.60	Deborah Meyer	Arden Hills S.C.	Cincinnati, OH	4-12-70

BACKSTROKE

100 m	1:01.94	Linda Jezek	USA	Austin, TX	4-16-78
200 m	2:11.02	Linda Jezek	USA	Austin, TX	4-15-78

BREASTSTROKE

100 m	1:09.16	Tracy Caulkins	USA	Austin, TX	4-16-78
200 m	2:29.62	Tracy Caulkins	USA	Austin, TX	4-15-78

BUTTERFLY

100 m	1:00.73	Diane Johannigman	USA	Austin, TX	4-16-78
200 m	2:09.10	Nancy Hogshead	USA	Austin, TX	4-15-78

INDIVIDUAL MEDLEY

200 m	2:12.56	Cynthia Woodhead	USA	Paris, France	2-09-80
400 m	4:40.01	Anne Tweedy	USA	Paris, France	2-10-80

FREESTYLE RELAY

200 m	1:53.45	St. Petersburg Recreation Department	Sarasota, FL		7-07-74
club		(Dea Mignon Loy, Kimberly Jacobs, Jacqueline Bajus, Judith Ann Merrill)			
400 m	3:43.88	USA National Team	Austin, TX		4-15-78
		(Stephanie Elkins, Kelly Asplund, Jill Sterkel, Tracy Caulkins)			
400 m	4:01.40	Cincinnati Pepsi Marlins	Lake Forest, IL		1-29-72
club		(Jennifer Kemp, Alice Jones, Heidi Lipe, Deena Deardurff)			
800 m	9:32.72	Polk County Flyers	Winter Haven, FL		10-20-78
		(Susie Thayer, Laura Hobbs, Luann Corby, Desiree Callen)			

MEDLEY RELAY

200 m	2:03.00	USA National Team	Port au Spain, W.I.		9-01-73
		(Sara James, Allison Grant, Camille Wright, Diane Gentes)			
200 m	2:08.90	St. Petersburg Recreation Department	Sarasota, FL		7-06-74
club		(Jacqueline Bajus, Maureen Morrissey, Kimberly Jacobs, Marguerite McCully)			
400 m	4:10.66	USA National Team	Austin, TX		4-16-78
		(Linda Jezek, Tracy Caulkins, Diane Johannigman, Stephanie Elkins)			
400 m	4:34.80	Cincinnati Pepsi Marlins	Lake Forest, IL		1-16-71
club		(Jennifer Kemp, Debbie Coward, Alice Jones, Deena Deardurff)			

AMERICAN SWIMMING RECORDS MEN'S LONG COURSE RECORDS (metres)

FREESTYLE

50 m	22.71	Joe Bottom	USA	Honolulu, HI	8-15-80
100 m	49.61	Ambrose Gaines IV	Florida Aquatic	Austin, TX	4-11-80
200 m	1:49.16	Ambrose Gaines IV	Florida Aquatic	Austin, TX	4-11-80
400 m	3:51.56	Brian Goodell	USA	Berlin, GDR	8-27-77
800 m	7:59.66	Brian Goodell	Mission Viejo	Irvine, CA	7-29-80
1500 m	15:02.40	Brian Goodell	USA	Montreal, Can.	7-20-76

BACKSTROKE

100 m	55.49	John Naber	USA	Montreal, Can.	7-19-76
200 m	1:59.19	John Naber	USA	Montreal, Can.	7-24-76

BREASTSTROKE

100 m	1:02.88	Steve Lundquist	Dr. Pepper S.T.	Irvine, CA	7-29-80
200 m	2:17.26	John Hencken	USA	Montreal, Can.	7-24-76

BUTTERFLY

100 m	54.18	Joseph Bottom	USA	Berlin, GDR	8-27-77
200 m	1:58.21	Craig Beardsley	Florida Aquatic	Irvine, CA	7-30-80

INDIVIDUAL MEDLEY

200 m	2:03.24	William M. Barrett	Cincinnati Pepsi Marlins	Irvine, CA	8-01-80
400 m	4:20.05	Jesse Vassallo	USA	W. Berlin, FRG	8-22-78

FREESTYLE RELAY

200 m	1:29.37	USA National Team	Austin, TX	4-12-80
		(Kris Kirchner, Bruce A. Stahl, Ambrose Gaines IV, Gary Schatz)		
200 m	1:34.17	Ft. Lauderdale Swim Team	Ft. Lauderdale, FL	7-26-78
club		(Steve Albritton, Bruce Rindahl, Thomas McKeon III, Andy Coan)		
400 m	3:19.74	USA National Team	W. Berlin, FRG	8-22-78
		(Jack Babashoff, Ambrose Gaines IV, James Montgomery, David McCagg)		
400 m	3:21.93	Florida Aquatic Swim Team	Austin, TX	4-10-80
club		(Ambrose Gaines IV, David McCagg, David Larson, Bill Forrester)		
800 m	7:20.82	USA National Team	W. Berlin, FRG	8-24-78
		(Bruce Furniss, Bill Forrester, Bobby Hackett, Ambrose Gaines IV)		
800 m	7:26.67	Florida Aquatic Swim Team	Irvine, CA	8-01-80
club		(Ambrose Gaines IV, David Larson, Steve Wood, Bill Forrester)		

MEDLEY RELAY

200 m	1:44.37	USA Olympic Team	Canton, OH	7-02-76
		(John Naber, John Hencken, Gary Hall, James Montgomery)		
200 m	1:49.14	Ft. Lauderdale Swim Team	Ft. Lauderdale, FL	7-26-78
club		(Kenneth Ireland, Keith Hoffman, Bruce Rindahl, Andy Coan)		
400 m	3:42.22	USA National Team	Montreal, Can.	7-22-76
		(John Naber, John Hencken, Matt Vogel, James Montgomery)		
400 m	3:46.92	Dr. Pepper Swim Team	Austin, TX	4-12-80
club		(James R. Winegarner, Steve Lundquist, Hunter Richmond, James Montgomery)		

AMERICAN SWIMMING RECORDS WOMEN'S LONG COURSE RECORDS (metres)

FREESTYLE

50 m	25.96	Jill Sterkel	Longhorn Aquatic	Austin, TX	4-10-80
100 m	55.63	Cynthia Woodhead	USA	Tokyo, Japan	9-02-79
200 m	1:58.23	Cynthia Woodhead	USA	Tokyo, Japan	9-03-79
400 m	4:07.12	Kimberly Linehan	Unattached	Austin, TX	7-27-79
800 m	8:24.70	Kimberly Linehan	Longhorn Aquatic	Ft. Lauderdale, FL	8-16-79
1500 m	16:04.49	Kimberly Linehan	Longhorn Aquatic	Ft. Lauderdale, FL	8-19-79

BACKSTROKE

100 m	1:02.55	Linda Jezek	USA	W. Berlin, FRG	8-22-78
200 m	2:11.93	Linda Jezek	USA	W. Berlin, FRG	8-24-78

BREASTSTROKE

100 m	1:10.40	Tracy Caulkins	Nashville Aquatic	Irvine, CA	7-29-80
200 m	2:33.06	Tracy Caulkins	Nashville Aquatic	Austin, TX	4-09-80

BUTTERFLY

100 m	59.26	Mary T. Meagher	Cincinnati Pepsi Marlins	Austin, TX	4-11-80
200 m	2:06.37	Mary T. Meagher	Cincinnati Pepsi Marlins	Irvine, CA	7-30-80

INDIVIDUAL MEDLEY

200 m	2:13.69	Tracy Caulkins	USA	Austin, TX	1-05-80
400 m	4:40.61	Tracy Caulkins	Nashville Aquatic	Irvine, CA	7-30-80

FREESTYLE RELAY

200 m	1:43.56	USA National Team	Austin, TX	4-12-80
		(Jill Sterkel, Kelly Asplund, Sue Walsh, Susie Thayer)		
200 m	1:50.32	Walnut Creek Aquabears	San Jose, CA	8-22-80
club		(Sara Linke, Leslie Bell, Penny Powell, Ann Ardell)		
400 m	3:43.43	USA National Team	W. Berlin, FRG	8-26-78
		(Tracy Caulkins, Stephanie Elkins, Jill Sterkel, Cynthia Woodhead)		
400 m	3:48.23	Longhorn Aquatic Club	Austin, TX	4-10-80
club		(Jill Sterkel, Carol Borgmann, Becky Kast, Kim Linehan)		
800 m	8:13.07	Cincinnati Pepsi Marlins	Irvine, CA	8-01-80
		(Mary T. Meagher, Lisa Buese, Diane Johannigman, Stephanie Elkins)		

MEDLEY RELAY

200 m	2:01.86	USA National Team	Mission Viejo, CA	7-12-75
		(Linda Jezek, Marcia Morey, Camille Wright, Bonny Brown)		
200 m	2:02.57	Walnut Creek Aquabears	San Jose, CA	8-21-80
club		(Ellen Lewis, Tricia Renner, Ann Ardell, Sara Linke)		
400 m	4:08.21	USA National Team	W. Berlin, FRG	8-20-78
		(Linda Jezek, Tracy Caulkins, Joan Pennington, Cynthia Woodhead)		
400 m	4:11.59	Cincinnati Pepsi Marlins	Austin, TX	4-12-80
club		(Kim Carlisle, Kim Rhodenbaugh, Mary T. Meagher, Stephanie Elkins)		

UNITED STATES OPEN SWIMMING RECORDS MEN'S LONG COURSE RECORDS (meters)

FREESTYLE

50 m	22.71	Joe Bottom	USA	Honolulu, HI	8-15-80
100 m	49.44	Jonty Skinner	Central Jersey A.C.	Philadelphia, PA	8-14-76
200 m	1:49.16	Ambrose Gaines IV	Florida Aquatic	Austin, TX	4-11-80
400 m	3:51.56	Brian Goodell	USA	Berlin, GDR	8-27-77
			Mission Viejo		
800 m	7:59.66	Brian Goodell	Nadadores	Irvine, CA	7-29-80
1500 m	15:02.40	Brian Goodell	USA	Montreal, Can.	7-20-76

BACKSTROKE

100 m	55.49	John Naber	USA	Montreal, Can.	7-19-76
200 m	1:59.19	John Naber	USA	Montreal, Can.	7-24-76

BREASTSTROKE

100 m	1:02.88	Steve Lundquist	Dr. Pepper S.T.	Irvine, CA	7-29-80
200 m	2:17.26	John Hencken	USA	Montreal, Can.	7-24-76

BUTTERFLY

100 m	54.15	Par Arvidsson	Concord Pleasant Hill	Austin, TX	4-11-80
200 m	1:58.21	Craig Beardsley	Florida Aquatic	Irvine, CA	7-30-80

INDIVIDUAL MEDLEY

200 m	2:03.24	William M. Barrett	Cincinnati Pepsi Marlins	Irvine, CA	8-01-80
400 m	4:20.05	Jesse Vassallo	USA	W. Berlin, FRG	8-22-78

FREESTYLE RELAY

200 m	1:29.37	USA National Team	Austin, TX	4-12-80
		(Kris Kirchner, Bruce A. Stahl, Ambrose Gaines IV, Gary Schatz)		
200 m	1:34.17	Ft. Lauderdale Swim Team	Ft. Lauderdale, FL	7-26-78
club		(Steve Allbritton, Bruce Rindahl, Thomas McKeon III, Andy Coan)		
400 m	3:19.74	USA National Team	W. Berlin, FRG	8-22-78
		(Jack Babashoff, Ambrose Gaines IV, James Montgomery, David McCagg)		
400 m	3:21.93	Florida Aquatic Swim Team	Austin, TX	4-10-80
club		(Ambrose Gaines IV, David McCagg, David Larson, Bill Forrester)		

800 m	7:20.82	USA National Team	W. Berlin, FRG	8-24-78
		(Bruce Furniss, Bill Forrester, Bobby Hackett, Ambrose Gaines IV)		
800 m	7:26.67	Florida Aquatic Swim Team	Irvine, CA	8-01-80
club		(Ambrose Gaines IV, David Larson, Steve Wood, Bill Forrester)		

MEDLEY RELAY

200 m	1:44.37	USA Olympic Team	Canton, OH	7-02-76
		(John Naber, John Hencken, Gary Hall, James Montgomery)		
200 m	1:49.14	Ft. Lauderdale Swim Team	Ft. Lauderdale, FL	7-26-78
club		(Kenneth Ireland, Keith Hoffman, Bruce Rindahl, Andy Coan)		
400 m	3:42.22	USA National Team	Montreal, Can.	7-22-76
		(John Naber, John Hencken, Matt Vogel, James Montgomery)		
400 m	3:46.06	Concord Pleasant Hill S.T.	Austin, TX	4-12-80
club		(Peter Rocca, Tom McMullen, Par J. Arvidsson, Pelle Holmertz)		

UNITED STATES OPEN SWIMMING RECORDS WOMEN'S LONG COURSE RECORDS (metres)

FREESTYLE

50 m	25.96	Jill Sterkel	Longhorn Aquatic	Austin, TX	4-10-80
100 m	55.63	Cynthia Woodhead	USA	Tokyo, Japan	9-02-79
200 m	1:58.23	Cynthia Woodhead	USA	Tokyo, Japan	9-03-79
400 m	4:07.12	Kimberly Linehan	Unattached	Austin, TX	7-27-79
800 m	8:24.70	Kimberly Linehan	Longhorn Aquatic	Ft. Lauderdale, FL	8-16-79
1500 m	16:04.49	Kimberly Linehan	Longhorn Aquatic	Ft. Lauderdale, FL	8-19-79

BACKSTROKE

100 m	1:02.55	Linda Jezek	USA	W. Berlin, FRG	8-22-78
200 m	2:11.93	Linda Jezek	USA	W. Berlin, FRG	8-24-78

BREASTSTROKE

100 m	1:10.40	Tracy Caulkins	Nashville Aquatic	Irvine, CA	7-29-80
200 m	2:30.55	Lina Kachushite	URS National Team	Austin, TX	1-05-80

BUTTERFLY

100 m	59.26	Mary T. Meagher	Cincinnati Pepsi Marlins	Austin, TX	4-11-80
200 m	2:06.37	Mary T. Meagher	Cincinnati Pepsi Marlins	Irvine, CA	7-30-80

INDIVIDUAL MEDLEY

200 m	2:13.69	Tracy Caulkins	USA	Austin, TX	1-05-80
400 m	4:40.61	Tracy Caulkins	Nashville Aquatic	W. Berlin, FRG	7-30-80

FREESTYLE RELAY

200 m	1:43.56	USA National Team	Austin, TX	4-12-80
		(Jill Sterkel, Kelly Asplund, Sue Walsh, Susie Thayer)		
200 m	1:50.32	Walnut Creek Aquabears	San Jose, CA	8-22-80
club		(Sara Linke, Leslie Bell, Penny Powell, Ann Ardell)		
400 m	3:43.43	USA National Team	W. Berlin, FRG	8-26-78
		(Tracy Caulkins, Stephanie Elkins, Jill Sterkel, Cynthia Woodhead)		
400 m	3:48.23	Longhorn Aquatic Club	Austin, TX	4-10-80
club		(Jill Sterkel, Carol Borgmann, Becky Kast, Kim Linehan)		
800 m	8:13.07	Cincinnati Pepsi Marlins	Irvine, CA	8-01-80
		(Mary T. Meagher, Lisa Buese, Diane Johannigman, Stephanie Elkins)		

MEDLEY RELAY

200 m	2:01.86	USA National Team	Mission Viejo, CA	7-12-75
		(Linda Jezek, Marcia Morey, Camille Wright, Bonny Brown)		
200 m	2:02.57	Walnut Creek Aquabears	San Jose, CA	8-21-80
club		(Ellen Lewis, Tricia Renner, Ann Ardell, Sara Linke)		

400 m	4:08.21 USA National Team	W. Berlin, FRG	8-20-78
	(Linda Jezek, Tracy Caulkins, Joan Pennington, Cynthia Woodhead)		
400 m	4:11.59 Cincinnati Pepsi Marlins	Austin, TX	4-12-80
club	(Kim Carlisle, Kim Rhodenbaugh, Mary T. Meagher, Stephanie Elkins)		

APPENDIX A

MASTERS SWIMMING

Note: This appendix is the responsibility of the Masters Swimming Committee of the AAU, Inc., and is inserted in these rules by agreement between United States Swimming and the Masters Swimming Committee of the AAU, Inc.

I. OBJECTIVES OF MASTERS SWIMMING PROGRAMS

- (A) To offer the opportunity to continue conditioning or reinstitute conditioning in those 25 years of age and over who were formerly athletes or swimming enthusiasts.
- (B) To encourage and promote physical fitness and improvements in health in those older individuals not previously involved in competitive or recreational programs.
- (C) To offer encouragement to individuals, clubs, organizations, and communities in the organizing and conducting of life-long physical, recreational, and competitive masters programs.
- (D) To enhance fellowship amongst participants in masters programs.
- (E) To stimulate interest in masters programs at all levels of involvement--physical educators, clubs, organizations, recreation directors, communities medical societies, and higher educational institutions.
- (F) To stimulate research in the physiology and psychology of masters participation at basic and clinical research levels, and further to investigate the benefits of continued exercise programs on aging processes, cardiopulmonary involvement, orthopedic problems, and other preventable debilitating processes.

II. GOALS OF MASTERS SWIMMING PROGRAMS

- (A) To outline safe masters programs in swimming for individuals 25 years of age or over, taking cognizance of previous swimming prowess or participation, non-participation, gradual programming, physical condition, and 'medical wellness' of proposed participants.
- (B) To propose proper swim training for older age groups.
- (C) To consider programs which will provide goals towards which older participants can work, and motivation for continuing exercise regimens in spite of the inconveniences and the stresses of adult life.
- (D) To set up proper age and ability groupings in the establishment of masters swimming programs, with well-planned balancing of events, and limitation of duration and stresses of competitive programs with relation to these factors.
- (E) To promote adequate medical examination, and certification of participants for masters programs, and suggest minimal requirements (standardized otherwise).
- (F) To seek assistance for research programs in the medical aspects of masters programs, and coordinate, if possible, present programs in these areas.

III. CODE OF REGULATIONS OF THE MASTERS SWIMMING COMMITTEE OF THE AAU, INC.

(A) Membership

- (1) The membership of the Masters Swimming Committee of the AAU, Inc. hereinafter sometimes referred to as the Corporation, shall consist of two classes: group members and individual members.
- (2) Group members are swimming clubs with masters swimmers, and any other organizations interested in masters swimming. Every swimming club which competes in masters swimming competition sponsored by the Corporation shall be members of the the respective Local Sports Committee and/or the Corporation.
- (3) Individual members are those individuals who register with the Corporation and are deemed eligible for competition in masters swimming.
- (4) All members of the Board of Governors and Board of Directors, and all members of any committee of the Corporation must hold an individual membership in the Corporation.

(B) Board of Governors

- (1) The Board of Governors of the Corporation shall consist of the following:
 - (a) Each LSC is entitled to one member; and if the LSC has a registration of over 300 athletes in masters swimming it is entitled to one additional member, and if over 1,000, a third member.
 - (b) All members of the Rules Committee and the chairman of any other committee appointed by the President shall be be at-large members if not already members.
 - (c) Each allied body of the AAU may appoint one member, provided it is actively engaged in masters swimming activity.
 - (d) The President of the Corporation shall be empowered to appoint up to ten percent of the total membership as at-large members of the Board of Governors.
 - (e) All members of the Board of Governors shall remain until their successors are selected, except that membership may be terminated by resignation filed with the Secretary.
- (2) The powers of the Board of Governors shall be as follows:
 - (a) To admit to group membership or individual membership any organization or person eligible under this code and who applies.
 - (b) To prescribe and amend the code for the government of the Corporation.
 - (c) To impose and enforce penalties for any violation of the code of the Corporation.
 - (d) To call regular and special meetings of the Corporation and to fix the time and place for holding all meetings not fixed by this code.
 - (e) To collect the dues and/or funds of the Corporation and to expend the same.

- (f) To institute, locate, conduct and manage all national championships.
- (g) To explain, define, and interpret any provisions of this code or other rules of the Corporation, including the rules of competition.

(C) Meetings of the Board of Governors

- (1) The annual meeting of the Board of Governors shall be held at such time and place, within or without the State of Ohio, as may be fixed in the notice of such meeting.
- (2) Special meetings of the Board of Governors may be held at any time, pursuant to a resolution of either the Board of Directors or the Board of Governors.
- (3) A written notice of all annual and special meetings of the Board of Governors, stating the time, place and preliminary agenda, shall be given to each member of the Board of Governors by mailing the same to each member's last known address at least three (3) weeks prior to the meeting date.
- (4) Each member of the Board of Governors shall have one vote on each matter submitted to the Board of Governors of the Corporation for his vote, consent, waiver, release or other action. There shall be no voting by proxy.
- (5) A quorum shall consist of those members of the Board of Governors present and voting.

(D) Officers

- (1) The elected officers of the Corporation shall be a President, a Vice-President, a Secretary and a Treasurer. No person may concurrently hold more than one of such offices.
- (2) All officers of the Corporation shall be elected by the members of the Board of Governors at annual meetings held in odd numbered years. Elected officers shall hold office for two years, or until their successors are elected and qualified.
- (3) Vacancies in any office of the Corporation may be filled for the expired term by the Board of Directors at any meeting of the Board of Directors.
- (4) The duties of the officers shall be as follows:
 - (a) The President orders meetings of the Corporation as provided in the Code and presides at all meetings of the Corporation. He has the right to exercise all the duties pertaining to his office in accordance with the Code. He is an ex-officio member of all committees.
 - (b) The Vice-President has duties as assigned to him by the President and has all the powers and performs the duties of the President if he is unable or incapable of performing such duties.
 - (c) The Secretary shall make proper arrangements for:
 - (i) Keeping the records of the Corporation and the Board of Governors.
 - (ii) Conducting all official correspondence of the Corporation.

- (iii) Issuing all official notices of all meetings of the Board of Governors and Board of Directors.
- (iv) Shall serve as Secretary of the Board of Governors and the Board of Directors.
- (d) The Treasurer shall:
 - (i) Receive all moneys of the Corporation and deposit same to accounts in the name of the Corporation.
 - (ii) Pay all bills approved by a duly authorized officer or by the Board of Governors, provided same is within the authorized current budget of the Corporation.
 - (iii) Turn over to the Finance Committee or Board of Governors when requested all money, accounts, books, papers, vouchers and records pertaining to his office for audit or other purposes.
 - (iv) Prepare an annual financial report to be presented to the Board of Governors at the annual meeting.
 - (v) Receive monthly moneys and statements from the National AAU for memberships received.

(E) Board of Directors

- (1) The Board of Directors of this Corporation shall consist of:
 - (a) The President, the Vice-President, the Secretary and the Treasurer.
 - (b) One representative from each Zone.
 - (c) Past Presidents not already on the Board.
 - (d) The Chairman of the following committees: Historian, Membership/Registration, Medicine, Rules, Records, Tabulation Men, Tabulation Women and Championship.
 - (e) The Legal advisor.
- (2) Directors shall be elected or appointed for a two year term.
- (3) The Board of Directors of the Corporation shall at all times be composed of individuals at least 80% of whom are at the time of their election active masters swimmers in the United States.
- (4) Any vacancies that may occur on the Board of Directors caused by death, resignation or otherwise, shall be filled by a majority vote of the remaining members thereof, from among the members of the Board of Governors for the unexpired term.
- (5) The Board of Directors shall have the authority to act for the Corporation between meetings of the Board of Governors.
- (6) Meetings of the Board of Directors shall be held at any time or place, within or without the State of Ohio, pursuant to resolution of the Board of Directors or to a call signed by the President or any three Directors. Two (2) weeks written notice of such meeting shall be given to each Director. Notice of any meeting may be waived in writing either before or after such meeting. Special matters may be voted upon by the Board of Directors by mail, but no action can thus be taken without the endorsement of a majority of all Directors.
- (7) The presence of a majority of the Directors shall constitute a quorum at any meeting of the Board of Directors.

- (8) Each member of the Board of Directors shall have one vote with the exception of the Past Presidents and the Committee Chairmen. The Past Presidents shall have, collectively, one vote. The Committee Chairmen shall have, collectively, one vote.
- (9) The election of Zone members to the Board of Directors shall be based upon the zones in which the proposed Directors maintain his or her legal residency.
- (10) Members of the Board of Governors of each LSC (with one vote per LSC) in each zone shall meet at the annual meeting for the purpose of electing one member of the Board of Directors from each zone.

(F) Committees

- (1) The Finance Committee shall consist of the Treasurer, who shall serve as chairman, and three (3) members appointed by the President for two-year terms. With the approval of the Board of Governors and under the supervision of the Board of Directors, the Finance Committee shall prepare the annual budget, invest assets of the Corporation and seek sources of revenue.
- (2) The Sports Medicine Committee shall consist of the chairman appointed by the President for a two-year term, and others who can stimulate research in the physiology and psychology of masters participation at basic and clinical research levels, and further to investigate the benefits of continued exercise programs on aging processes, cardiopulmonary involvement, orthopedic problems, and other preventable debilitating processes.
- (3) The Rules Committee chairman shall be appointed by the President for a two-year term. The chairman shall choose from the Board of Governors 10 members with at least 2 members from each Zone. The Rules Committee considers and recommends for adoption, adoption as amended, or rejection to the Board of Governors all rule proposals submitted by members of the national masters swimming committee and association masters swimming committees. A proposed amendment to a sports rule may not be adopted unless it is first submitted to the Rules Committee in writing and in the proper form by the deadline established by the chairman of the Rules Committee. Any rule proposals not submitted in this way must be passed by a two-thirds vote of the Board of Governors at the annual meeting.
- (4) The Records Committee shall consist of the chairman, appointed by the President for a two-year term, and as many members as necessary to carry out the duties of the committee appointed by the Chairman. The duties of this committee are to establish a standardized process of recording and verifying times. Records shall be kept in the following categories.
 - (a) American Masters Records
 - (b) U.S. Open Masters Records
 - (c) National Championship Records
- (5) The Tabulation committees shall consist of the chairman for Women and the chairman for Men, appointed by the President for

a two year-term, and as many members as to carry out the duties of the committees appointed by the chairmen. The ten best times in each event shall be published annually.

- (6) The Championship Committee shall consist of the chairman, appointed by the President for a two-year term, and one member from each of the four zones, a representative of the Sports Medicine Committee, and any other members the chairman shall deem necessary to carry out the work of the committee. Duties of the committee include receiving bid proposals for national championships, coordinating the date and site with other national swimming championships, and reviewing the bids and making recommendations for the award to the Board of Directors. In addition the Championship Committee shall serve in an advisory capacity to the winners of the bids for each championship and shall endeavor to maintain a consistent approach to the running of all national championships, including the production of pre-meet and post-meet literature and results.
- (7) The Nominating Committee shall consist of the four elected zone representatives with the chairman being selected from among the members for two year terms on a rotating basis. They will, a) canvass qualified and interested persons, b) present a slate at least one month before the Annual Meeting. Additional nominees will be accepted at the Annual Meeting upon nomination of a person by two (2) delegates to the Board of Governors and with the written consent of the nominee(s).
- (8) The Membership/Registration committee shall consist of the chairman appointed by the President for a two year term and one member from each of the four zones. Duties of the committee include preparing regulations and fees for Membership and Registration to present to the Board of Governors.
- (9) The President may establish any other committees which are deemed necessary to carry out the duties of the President.

(G) Financial

- (1) The Corporation shall have a fiscal period for tax and accounting purposes commencing on the first day of January in each year.
- (2) The Treasurer shall prepare annual financial reports showing the income and disbursements of the Corporation which shall be similar to those reports required of nonprofit organizations by section 6056 of the Internal Revenue Code of 1954 (or corresponding provision of any subsequent tax laws). Such annual financial reports shall be made available for inspection by members of the general public at the Corporation's principal office on request made within 180 days after notice of its availability.
- (3) Fees shall be as established by the Board of Governors.

(H) Indemnification

- (1) Each person who is or was a director, officer, or employee of the Corporation (including the heirs, executors, administrators, or estate of such person) shall be indemnified by the Corporation to the full extent permitted by the Nonprofit Corporation Law of the

State of Ohio against any liability cost or expense incurred by him in his capacity as director, officer, or employee, or arising out of his status as a director, officer or employee (including serving at the request of the Corporation as a director, trustee, officer, employee or agent of another corporation).

- (2) The Corporation may maintain insurance, at its expense, to protect itself and any such person against any such liability, cost or expense. For the purpose of the Article X, references to 'the Corporation' include all constituents absorbed in a consolidation or merger as well as the resulting or surviving corporation.

(I) Dissolution

- (1) If deemed advisable by the members, the Corporation may be dissolved pursuant to the applicable provision of the Corporation laws of the State of Ohio.
- (2) Upon the dissolution of the Corporation, the Board of Directors shall, after paying or making provision for the payment of all the liabilities of the Corporation, dispose of all the assets of the Corporation exclusively for the purposes of the Corporation or to such organization or organizations organized and operated exclusively for charitable, educational, religious, literary or scientific purposes as shall at Section 501(c)(3) of the Internal Revenue Code of 1954 (or the corresponding provision of any future United States Internal Revenue Law).

(J) Amateur Athletic Union

- (1) The Corporation shall be the Standing Sport Supervising Committee of the Amateur Athletic Union of the United States, Inc., for the sport of Masters Swimming.
- (2) The Corporation shall be governed by the rules and regulations of the Amateur Athletic Union of the United States, Inc., except where those rules and regulations are in conflict with these Regulations, in which case these Regulations control.

(K) Amendments

- (1) These regulations may be altered, amended, or repealed and new regulations may be adopted only at the Annual Meeting of the Board of Governors, provided such notice of any proposed change is given at least fifteen (15) days prior to such meeting, by the affirmative vote of a majority of the Board members present and voting. A two-thirds vote shall be necessary if the regulation was not submitted in this way.
- (2) A majority of the members of the Board of Governors present at a legal meeting can alter, amend, or repeal the technical rules that follow.

IV. RULES FOR MASTERS SWIMMING

(A) Eligibility

- (1) Masters competition is open to all AAU registered athletes 25 years of age and older no longer engaged in amateur competition. Once an athlete registers as a Masters swimmer and competes in a Masters swimming event, he is thereafter restricted to

competing in Masters events only and is no longer eligible for senior competition.

- (2) Those swimmers registered for Masters meets may participate in non-AAU aquatic activities, meetings, exhibitions, demonstrations, etc., without jeopardy to their eligibility to swim in AAU Masters competition. However, any times achieved in non-sanctioned activities will not be recorded for official purposes and cannot be used for district rankings, district or national top ten, All-American status, or qualification times for Masters AAU National meets if qualification times become necessary in the future.
- (B) **Age Groups**--25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, and 90 and older for individual events; Relays, 25 and over, 35 and over, 55 and over, 65 and over, 75 and over. Note: A 20-24 age group will be added at such time as this category is accepted by FINA.
- (C) **Age Determining Date**--The eligibility of a participant for a particular age group will be determined by his age as of the first day of the meet.
- (D) **Entry Fees**--Entry fees for Masters events shall not be more than \$2.00 per individual event and \$5.00 per relay event. A surcharge of up to \$2.00 per swimmer may be charged to help defray costs when automatic timing is being used.
- (E) **Swimming Rules**--Articles 1, 2, and 3 of the U.S. Swimming Technical Rules to govern all Masters competitions with the following exceptions:
 - (1) Times shall not be subject to the provisions of Article 8, as it concerns placement in such race.
 - (2) Times may be submitted for Masters records only.
 - (3) The breaststroke kick or whip kick may be used exclusively or interchangeably with the dolphin kick while doing the butterfly stroke at any time during the race.
 - (4) Age groups and sexes may be combined so that no swimmer has to swim alone and lanes may be filled.
 - (5) The forward start may be taken from the starting block, the pool deck or a push from the wall.
 - (6) Competitors shall be allowed to swim in only one freestyle relay, one medley relay, one mixed freestyle relay, and one mixed medley relay per meet.
 - (7) All masters events shall be conducted on a timed final basis.
 - (8) Any swimmer or relay team not reporting for or competing in an event shall not be penalized.
 - (9) Willing competitors may be swum two (2) in a lane in the 1650 yard and the 1500 meter freestyle. Such heats will be seeded by time, fastest first and these heats completed before the heats with a single competitor per lane. Separate timing will be required for each swimmer.
- (F) **Times**--The ten best times nationally in each division shall be published annually for the events listed under Section G below:
 - (1) All times must be made in actual sanctioned AAU Masters competitive meets or events.

- (2) Times to be considered for records and Top Ten listing must be made on or before the last day of the National Championship for that course and forwarded to the Masters Records Chairman within 35 days from the date of the last day of the National Championship for that course.
 - (3) Each Association is responsible for reporting the top ten times in each event made in its association area only, even though the times were made by swimmers from other Associations.
 - (4) To be considered for Top Ten (National) or for Records (National): all relays must include the name of the registered swim club and the full name and age of each swimmer. For all individual events the results must contain the full name and age of each swimmer.
- (G) **Events**--The following events may be conducted for each age group:
- Short Course (25 yards)
- 50-100-200-500-1650 yard Freestyle
 - 50-100-200 yards Backstroke
 - 50-100-200 yards Breaststroke
 - 50-100-200 yards Butterfly
 - 100-200-400 yards Individual Medley
 - 200 yards Medley Relay
 - 200 yards Freestyle Relay
 - 200 yards Mixed Freestyle Relay (2 female and 2 male)
 - 200 yards Mixed Medley Relay (2 female and 2 male)
- Long Course (50 meters)
- 50-100-200-400-1500 meters Freestyle
 - 50-100-200 meters Backstroke
 - 50-100-200 meters Breaststroke
 - 50-100-200 meters Butterfly
 - 200-400 meters Individual Medley
 - 200 meters Medley Relay
 - 200 meters Freestyle Relay
 - 200 meters Mixed Freestyle Relay (2 female and 2 male)
 - 200 meters Mixed Medley Relay (2 female and 2 male)
- Note:** It is not necessary to conduct all of the above events in meets. However, each age division should include the shorter distances (freestyle, backstroke, breaststroke and butterfly event plus the individual medley and relays).
- (H) **National Championship Meets**
- (1) National AAU Masters Swimming Championships shall be awarded in the following categories:
 - (a) Men's and Women's Short Course Swimming Championships.
 - (b) Men's and Women's Long Course Swimming Championships.
 - (2) The Short Course meet shall be held between April 1 and May 30.
 - (3) The Long Course meet shall be held between July 15 and September 15.

Note: Check national senior dates and national junior dates for conflict.

- (4) The following rotation system shall be used when awarding the National Championships:

Year	Zone A (NORTH- EAST)	Zone B (SOUTH- ERN)	Zone C (CENTRAL)	Zone D (WEST- ERN)
1981	Long Course		Short Course	
1982		Short Course		Long Course
1983	Short Course		Long Course	
1984		Long Course		Short Course
1985	Long Course		Short Course	

- (5) Competitors may enter and swim in a maximum of 6 individual events in a four-day National meet with a maximum of 3 individual events per day. Competitors shall be allowed to swim in only one freestyle relay, one medley relay, one mixed freestyle relay, and one mixed medley relay per meet. Each team shall be limited to no more than three relays in each event in each age group.
- (6) All events 200 yards/meters or less shall be pre-seeded, with the fastest heats swum first within each age group. All events over 200 yards/meters may be deck-seeded on time only, with the fastest times in the first heat, the second fastest times in the second heat, etc. Competitors shall be swum two (2) in a lane in the 1650 yard and the 1500 meter freestyle, when only one course (7, 8, 9, or 10 lanes) is available for the event. Such heats will be seeded by time, fastest first. Separate timing will be required for each swimmer.
- (a) The 1650 yd/1500 mtr freestyle shall be deck-seeded.
- (b) On those occasions when only one pool is used for both men's and women's events, the 1650 yd/1500 mtr freestyle shall be deck-seeded with heats apportioned and alternated by sex.
- (7) Entry fees for National Championship meets shall be \$3.00 for individual events and \$8.00 for relays. A \$10.00 per person surtax per swimmer may be charged (for national championship meets only) to be used by the meet sponsor to help pay meet expenses. A banquet or appropriate social event may be conducted for an additional fee. Participation in this event is optional.
- (8) Four-Day program for championship meets -- (Women's events shall precede Men's).

Short Course

200 yd back
100 yd breast
50 yd free
200 yd fly
100 yd I.M.
500 yd free
200 yd medley relay

200 yd breast
100 yd fly
50 yd back
100 yd free
200 yd I.M.
200 yd free relay
200 yd mixed medley
relay

200 yd free
50 yd breast
100 yd back
50 yd fly
400 yd I.M.
200 yd mixed free relay

1650 yd free

Long Course**1st day**

200 m back
100 m breast
50 m free
200 m fly
400 m free
200 m medley relay

2nd day

200 m breast
100 m fly
50 m back
100 m free
200 m I.M.
200 m free relay
200 m mixed medley relay

3rd day

200 m free
50 m breast
100 m back
50 m fly
400 m I.M.
200 m mixed free relay

4th day

1500 m free

- (9) All top finishers in each race will be given awards regardless of the nationality of the swimmer. Duplicate awards will NOT be given, except in the case of ties, as provided in 223.9(2) of the Competitive Swimming Rules. The number of event awards given will be determined by the number of lanes used in the pool. Medal awards will be awarded one through six and appropriate awards will be awarded 7 and beyond. No team trophies shall be awarded at Masters National Championship meets. Team scoring will be compiled for recognition for the National AAU Award. Meet results and team scores shall be published by the meet sponsor within 30 days and distributed to members of the Masters Executive Committee and representatives of participating teams.
- (10) Each individual who wins a short course or long course Championship shall be awarded an AAU Masters Championship patch. Swimmers winning more than one Championship may purchase additional patches for each additional championship event won.
- (11) A General Open Meeting will be held on the night before the first day of the meet.
- (12) There will be no splitting of age groups into A.M. and P.M. sessions; i.e., 25-29 through 40-44 in A.M. and 45-49 through 90 plus in P.M. However, at the meet director's discretion, swimmers

whose seed times will inordinately delay the progress of the meet, may be seeded individually in an outside lane with mechanical timing thus allowing the continued sequence of the regularly seeded heats.

- (13) When the depth of the swimming course varies, the male and female contestants shall share equal time in the deep end of the pool.
- (14) Entry times must be submitted for all individual events and relays.
- (I) **Records**--The fastest time by an American swimmer in each event in Masters competition is to be recognized as an American Masters Record. Should a foreign swimmer be credited with the fastest time attained in Masters competition, the foreign swimmer shall not be credited with an American Masters Record, but shall be recognized by being credited with a U.S. Open Masters Record.
- (J) **National Recognition of Achievement**--The registered AAU Masters Swimmer with the fastest listed time for an individual event for that season that is listed in the National Top Ten Times shall be declared the All-American in that event for the year. All top ten times, as well as national record times should be in the hands of the National Masters Records Chairman within 35 days from the date of the last day of the championship for that course.
- (K) **Medical Examination**--Each competitor is strongly encouraged to have a complete medical evaluation before beginning Masters training. In addition, it is also recommended that each competitor have a physical check-up immediately prior to Masters competition in order to insure his physical readiness for participation. Medical evaluation forms are available upon request by writing to the National AAU Aquatics Office.

APPENDIX B

LONG DISTANCE SWIMMING

I. DEFINITION

Long distance swimming shall be defined as any freestyle swimming event over one mile, normally conducted in a natural body of water; i.e., a lake, river, or ocean, although man-made pools, quarries and reservoirs may be used.

II. EVENTS

The long distance swimming events shall consist of individual or team competition as follows:

- (A) **Quarter-mile Straightaway**--The course shall be set in open water and shall be a quarter of a mile (440 yards) straightaway using a cable with floats stretched between two pylons or platforms fixed stationary in the water. The distance between the anchoring points of the cable shall be maintained within plus or minus six inches, measured to the outer edge of the turning pylons. The course shall be swum clockwise, unless it is deemed unfeasible to do so by the meet director. No more than twenty swimmers shall be placed in the first or subsequent rows. If more than one heat is required, every effort should be made to swim a counter clockwise heat. A stationary start shall be used. The starting position will be determined by seed time. Records will be maintained in this event.
- (B) **Open water distance events (includes rough water)**--As surf, beach tide and temperature and other physical factors vary, the meet director shall determine the course for open water events. The course should be measured as accurately as possible, with the aid of navigational charts if possible. The meet director shall determine the type of start to be used. As course distances and conditions are different, no records will be maintained; however, meet managers are encouraged to keep meet results. The distances shall be the same for both men and women and may be contested at the same time with separate results tabulated. Age group and other classifications may also be swum at the same time, again tabulated separately.
- (C) **Marathon-Type Events**--The same considerations as stated in the above applies, except the event will be a greater distance in this type of event. The meet managers are encouraged to establish entry requirements that ensure contestants will have a reasonable chance of completing the events. Time limits for completion may be set. When the time limit expires, all swimmers in the water will be required to retire from the race.
- (D) **Time/Distance Event (One hour swim for distance)**--The object of the event is to determine who can swim the greatest distance in a given time period. The person swimming the farthest shall be declared the winner. The person swimming the second greatest distance shall be awarded second place, etc. In the event that two or more swimmers

swim the same distance, a tie will be declared. The events shall be swum in a pool at least 25 yards in length. The distance shall be computed by multiplying the total lengths swum by the length of the pool and adding the last completed five yard increment; if the event is swum in a metric pool, the distance shall be determined in meters and converted to yards by multiplying 1.0936 times the number of meters completed and rounding off the distance to the last completed five yard increment. All distances shall be reported in yards. When the event is contested as a postal meet, the results are sent to a central location for tabulation. Each entrant will be responsible for the validity of the figures and the distance submitted. He must provide his own counter and verify the computations for the distance he swam.

- (E) **Individual Long Distance Swims**--Swims must be sanctioned and conducted by the AAU Association's Long Distance Swimming Chairman or his designee in accordance with all pertinent rules and regulations. All information relative to the swim shall be made public and available to any interested person at least three days before the event. If the event is to be swum in more than one association, the association where the attempt will start will have jurisdiction in issuing the sanction. This does not prohibit the other association from issuing a sanction for the event. If more than one swimmer is attempting a swim, only one sanction need be issued. All times achieved in long distance individual attempts shall be duly certified and made a matter of record by the Association Long Distance Chairman and/or record chairman or their representatives. Further, a copy of the above should be sent to the National Long Distance Chairman who will be responsible for maintaining records of all attempts. The certification should include:

- (1) Swimmer(s) name, age, sex and AAU registration number.
- (2) AAU Association sanctioning the event.
- (3) Course: to include name of body of water, starting and finishing points and measured distance.
- (4) Verifications and documentation that all rules were observed and the swimmer(s) either completed or failed to complete or attain the distance.

All safety requirements must be observed and qualified medical assistance should be readily available during the attempt.

(F) **Team Events**

- (1) Three contestants on each team shall be considered in the computations for team scoring. The team whose top three swimmers have the lowest cumulative time or the greatest cumulative total yards shall be declared the winner. A similar method will be used to determine second, third and subsequent places. In the event of ties, the team whose individual member finished nearest to first place shall be declared the winner or awarded the place.
- (2) No individual entries can be accepted in the team events. All entries must be made by clubs and signed by an authorized official of the club making the entry.

III. SAFETY PRECAUTIONS

- (A) Each competitor is strongly encouraged to have a complete medical evaluation before competing in any long distance swimming event.
- (B) As courses and conditions vary from location to location, the meet director will be responsible for establishing and enforcing safety standards necessary to ensure the safety of all competitors. Some considerations are:
 - Number, assignment, briefing and location of rescue/aid personnel and craft.
 - Requirement and rules for accompanying craft (boats, surfboards, etc.).
 - Requirement for Day Glow or Coast Guard Orange swim caps.
 - Use of medical forms with entries.
 - Use of two-way radio communications.
 - Briefing swimmers on signals to be used.
 - Qualifying swims and times, especially in longer events.
 - Controlling other craft and swimmers on courses.

IV. CONDUCT OF THE COMPETITION

(A) Starts

(1) Types

- (a) Stationary--Swimmers will start from a platform, or if none is available, swimmers will start in the water from a dead still with no forward motion.
 - (b) Running--Contestants will line up on the beach a short distance from the water line behind a marked line. At the starting signal, the swimmers will run into the water and swim perpendicular to the beach, or follow the prescribed course, when the water is of sufficient depth.
- (2) Starting Signal--The starting signal will be by gun, horn, whistle, or if necessary by voice.

(B) Seeding

- (1) When practical, swimmers shall be seeded by their 1500m/1650y times. No times will be seeded at the discretion of the meet director as stated in the meet invitation.
- (2) The fastest twenty swimmers shall be seeded in descending order of time with the fastest swimmer receiving the preferred position. If subsequent rows are needed, they will be seeded in a similar method behind the first two of swimmers.
- (3) Entrants are to be visibly marked with their seed numbers on both upper arms and their back.
- (4) Events for different age groups and sexes may be combined to allow the swimmers to compete at the same time; however, separate starts are preferable.

(C) Finishes

- (1) In the water--Swimmers shall touch a vertical surface, or if none is available, they shall swim across an imaginary finish line. Place judges and timers shall position themselves accordingly.
- (2) Out of the water--Swimmers shall leave the water, as defined by the course, and run up the beach to a marked finish.

(D) Officials

- (1) There shall be a meet director, referee, scorer, announcer, clerk of course, starter, and a sufficient number of judges, inspectors and timers.
- (2) The clerk of course shall ensure all entrants are visibly marked with seed numbers on both their upper arms and on their back.
- (3) Official craft shall be placed in a position to best observe and still not hinder the race.
- (4) Timers shall record the number of laps on the reverse side of the time card.

(E) Disqualifications--Swimmers shall be disqualified if they:

- (1) Willfully or intentionally delay the progress of another swimmer (accidental contact, especially at the start, shall not be considered a disqualification. However, the flagrant disregard of another swimmer's rights could result in disqualification).
- (2) Fail to compete the prescribed distance.
- (3) Fail to swim the prescribed course.
- (4) Receive assistance by pulling on the cable or buoys at the turn or on the course.
- (5) Receive propulsive aid from anyone in boats, surfboards, etc.

V. NATIONAL CHAMPIONSHIPS--Senior and junior national championship meets shall be awarded by the Long Distance Swimming Committee, with an interval of two weeks between the meets, except when awarded to the same association, in which case they may be held concurrently.

(A) Eligibility

- (1) Senior championship meets will be open to any senior classification swimmer (See Article 1).
- (2) Junior championship meets will be open to any senior classification swimmer who has not previously won either a National AAU Long Distance senior or junior individual championship. Members of championship teams will be eligible for both individual and team competition unless they have won an individual Long Distance Swimming Championship.

(B) Events--The National AAU Long Distance Swimming Committee shall award National AAU Long Distance Swimming Championships for senior and junior men and women, individual and team in the following events:

- (1) Quarter-mile Straightaway Long Distance Championships--four miles
- (2) Open Water Long Distance Swimming Championships
- (3) Marathon-Type Long Distance Swimming Championships
- (4) One Hour Swim for Distance--postal-championships

(C) Financial--The sponsoring organization must agree to underwrite the full meet expenses including but not limited to the following:

- (1) Costs associated with the meet; i.e., setting up course, shipping special equipment, insurance, etc.
- (2) Cost of National AAU Championship awards (medals and patches) and other supplemental awards.

- (D) **Entry Fees**--The entry fees for national championship Long Distance Swimming meets shall be \$5.00 for individual events, of which twenty-five cents (25¢) will be sent to the Secretary/Treasurer of Long Distance Swimming of the AAU, Inc., and \$10.00 for team events, of which twenty-five cents (25¢) will be sent to the Secretary/Treasurer of Long Distance Swimming of the AAU, Inc.
- (E) Meet invitation and entry blanks shall be sent to the national Long Distance Swimming chairman, Association Long Distance chairman, as listed in the AAU Directory, and the administrator at the National AAU Office.
- (F) Qualifying times and/or qualifying criteria shall be established by the meet manager.
- (G) Individual and team results and records shall be kept and submitted to the national Long Distance Swimming chairman. Records will not be submitted for open water swims. Results shall also be mailed to the coaches who had entries at the championship meet and shall include the following information: swimmers' names, ages, times, places, team points and scores.
- (H) **Team Scoring**--Three swimmers on each team shall be considered in the computations for team scoring. The team whose top three swimmers have the lowest cumulative time or the greatest cumulative total yards shall be determined the winner. A similar method will be used to determine second, third and subsequent places. In the event of ties, the team whose individual member finished nearest to first place shall be declared the winner.
- (I) **Awards**
 - (1) AAU championship medals shall be awarded to the first through tenth place winners of individual junior and senior championships as follows: 1st place, gold; 2nd place, silver; 3rd place, bronze regulation individual championship medals and 4th through 10th, inclusive, small bronze medals.
 - (2) The appropriate national championship patch shall be awarded to senior and junior individual and team champions.
 - (3) All contestants on the winning team shall receive a regulation national AAU team championship medal, and all contestants on the team awarded second and third place shall receive regulation silver and bronze team championship medals, respectively.
 - (4) Trophies may be awarded to individuals and teams at the discretion of the meet director.

VI. ALL-AMERICAN--The National AAU Long Distance Swimming Committee shall select candidates for All-American honors. These names shall be sent to the Men's and Women's All-American selections subcommittee.

VII. Regional and Association championships may have Long Distance individual and team events for men and women in the senior classification.

VIII. AGE GROUP

- (A) **Eligibility**--Age group competition is open to all registered AAU athletes 18 years of age and under.

- (B) **Age Groups**--The age groups shall usually be those listed in Article 6. Age groups and sexes may be combined in one race with separate tabulations.
- (C) **Entry Fees**--Shall be set by the meet sponsor but shall not be in excess of \$5 for individual events and \$10 for teams as they are defined in paragraph II F.
- (D) **Events**
 - (1) Quarter-mile straightaway--individual/team events, 1, 2, 3 or 4 miles.
 - (2) Open water--individual/team events, usually one mile or more.
 - (3) Time/distance events--individual team events, thirty-minute or one hour swim for distance.
- (E) **Team Events**--May be conducted as in paragraph II F. with up to (3) three swimmers of the same age and sex composing the team. The meet director may also devise a point system as used in regular swimming to determine overall club winners.
- (F) **Awards**--The meet director will determine the awards to be presented. In addition to individual awards, team awards, and high point trophies, an outstanding swimmer may be awarded.

IX. MASTERS

- (A) The objectives, goals and rules in Appendix A, Master's Swimming, will apply. The age classification for team competition will correspond to that of the relays found in Appendix A except there shall be no mixed teams. The age of the youngest swimmer shall determine the age group of the team.
- (B) All information previously mentioned in Appendix A will apply to Masters Long Distance Swimming, except the quarter-mile straightaway event shall be two (2) miles in length.
- (C) Masters age group and sexes may be combined into one race with separate tabulations.
- (D) National Championships--National AAU Master's Long Distance Championships for men and women; individual and team shall be awarded by the National Long Distance Swimming Committee in the following events:
 - (1) Quarter-mile Straightaway Long Distance Swimming
 - (2) Open Water Long Distance Swimming
 - (3) Marathon Long Distance Swimming
 - (4) One Hour Swim for Distance (Postal)
- (E) **Awards**
 - (1) Master's individual medals will be awarded to the first three finishers in each age group in national AAU Master's Long Distance Championship events. Additional medals may be awarded at the discretion of the meet manager.
 - (2) A national Master's team medal will be awarded to each member of the first three teams in each age group in national AAU Masters Distance Swimming Championships.
 - (3) A national AAU Master's championship patch will be awarded to the individual champions and each member of the championship team. An individual will receive only one patch per meet.

- (F) An All-American team shall be selected each year based on the result of the national AAU Master's Championship meets.

APPENDIX C

UNITED STATES SWIMMING, INC. CHAMPIONSHIP CONTRACT

THIS AGREEMENT, made this _____ day of _____, 1980, between United States Swimming, Inc., and Ohio not-for-profit corporation having its principal place of business in the City of Indianapolis, State of Indiana, hereinafter referred to as 'Swimming,' and the _____ Local Swimming Committee, hereinafter referred to 'LSC':

WITNESSETH:

WHEREAS, by submission of the appropriate fees and this Contract form, executed by all parties except Swimming, LSC has made request of Swimming for the privilege of hosting the United States Senior - Junior Olympic (cross out one) Swimming Championships _____ Course (the 'Championship'), _____, 19 _____, at _____ Pool, City of _____, State of _____; and

WHEREAS, Swimming by executing this Contract has agreed to award Championship to LSC,

NOW, THEREFORE, in consideration of the terms and conditions hereinafter set forth, and for other good and valuable consideration, IT IS AGREED as follows:

AGREEMENT

1. Swimming hereby grants to LSC the right to conduct Championship at the place and on the dates recited above. No change in the designated location or date shall be permitted without prior approval of Swimming.
2. Championship may be hosted by LSC, in which case this contract is five pages. If LSC does not assume full responsibility for the conduct of Championship, LSC shall assign such responsibility to the organization ('Assignee') designated in the Assignment, which Assignment shall be made known at the time the LSC bids for Championship and approved by Swimming as page 6 of this Agreement. As hereinafter used, 'Host' shall mean LSC if there is no Assignment, and the Assignee if there is an Assignment.
3. LSC and Assignee, if any, agree to make the following payments to Swimming:

- (a) The sum of One Thousand Dollars (\$1,000.00), payable upon acceptance by Swimming of LSC's bid and the execution of this Contract.
- (b) The sum of Three Thousand Dollars (\$3,000.00), payable at least thirty days prior to the first day of the Championship.
- (c) Upon execution of this Contract, Host shall deposit an additional Five Hundred Dollars (\$500.00) with Swimming. If Host complies with Paragraphs 5, 6 and 20, the \$500.00 will be returned to Host by Swimming. If the deadlines set forth in Paragraphs 5, 6 and 20 are not met, Host will forfeit the \$500.00 to Swimming.

RESPONSIBILITIES OF HOST

- 4. Host shall, at least 150 days prior to Championship, supply Swimming with all relevant information within the Host's knowledge for inclusion in the entry blanks and the entry information booklets.
- 5. Within 30 days of the close of Championship, Host shall send, by first-class mail to every coach and swimmer-representative who has signed a Championship entry form, results of every swim, including splits, in a format provided.
- 6. Host shall submit to the Executive Director, within 90 days of the close of Championship, two copies of a financial statement of the Championship.
- 7. Host agrees to comply with all provisions of the Swimming Code in effect at the date of the championship, including Articles 3, 4, and 7. Host specifically guarantees compliance with those rules relating to water temperature (127.17) and lighting (127.08).
- 8. Host agrees that there will be no blocking of hotel or motel accommodations by any commercials or private party for financial gain. Free access to all accommodations for participants in Championship is guaranteed.
- 9. Host will give to Swimming, if requested, one free page in the official Championship program and will provide at no cost the back page of the Championship program to **(Phillips or Sears)** and two pages to **(Supplier)**. National sponsors will provide art work to Host.
- 10. Host will grant free admission to Championship for all Sustaining and Life Members of Swimming, and will make available a reasonable number of free admissions to Swimming.
- 11. Host acknowledges that it has reviewed the Supplier Contribution Agreement between Swimming and and that it will provide those Sponsorship Rights set forth in Exhibit C of said Agreement.
- 12. Host shall, in all publicity, advertising, and promotion connected with the Championship, prominently indicate that the event is sanctioned by LSC and Swimming, and Host is hereby granted the right to use Swimming's logo in connection with such promotion, but only upon written approval of Swimming, which approval shall not be unreasonably withheld.

13. At the site of Championship, Host shall prominently display the Swimming banner, which will be supplied by Swimming.
14. Host shall, within 10 days of the completion of the Championship, mail to the Executive Director of Swimming all Championship entry blanks.
15. Host shall insure Swimming in an insurance company or companies against loss, injury, or damage to person or property at or adjacent to the site where Championship is held, caused by the neglect or want of care of the parties to such contract or either or any of them, whether servants, agents, or employees, in such amount in such companies as the officers or Executive Director of Swimming may in their judgment determine. Such policy or policies shall indemnify Swimming, its LSC, officers, agents, or servants, against claims, demands or damages which may be contingent upon the holding of the Championship. All premiums of such insurance shall be paid by the Host, and the policy or policies shall be delivered to Swimming at least 30 days prior to the date of Championship. The minimum limits of such insurance shall be One Million Dollars (\$1,000,000.00) per person, Three Million Dollars (\$3,000,000.00) per occurrence, and property damage liability insurance of One Million Dollars (\$1,000,000.00). Insurance must be carried in the name of Swimming, the local LSC, and the Assignee, if any.
16. Host shall have full and complete control of the entire site where Championship is conducted, and Swimming shall not be liable for any act of neglect connected with the conduct of the Championship and the management or control of the site thereof, the responsibility in the same being upon Host.
17. Host shall provide a press room which shall be under the supervision of Swimming. The press room shall be provided with: a minimum of four typewriters and four telephones; general office supplies, including but not limited to a stapler, staples, scotch tape, and typewriter ribbons; daily heat and final sheets, in a quantity to be specified by Swimming; at least two copies of each heat and final result sheet; and an area suitable for press interviews convenient to both press and athletes.
18. Except as otherwise provided herein, all costs and expenses of every kind, nature, and character pertaining to the holding and conducting of Championship shall be the obligation of Host, without any contribution thereto by Swimming.
19. Host shall pay round-trip air transportation to the site of Championship, plus two hundred dollars expenses, for both the appropriate Vice President and Officials Chairman, or their designee. If considered necessary by the appropriate Vice President, Host shall also pay round-trip air fare to the site of Championship of the Vice President, or his designee, prior to Championship to inspect facilities and arrangements.
20. Host agrees to photograph, and send two (2) photographic 8' x 10' glossy prints of each individual and team winner to Swimming, within thirty (30) days after the close of the Championship.

21. Host shall provide a team scoreboard to ten places for men, women, and combined team scores.

PROVIDED BY SWIMMING

22. Swimming shall provide to Host all medals and awards to be presented at Championship. These awards are part of Swimming's sponsorship agreement with Phillips Petroleum Company or Sears, Roebuck & Co.
23. (For Senior Championship only) By agreement with Swimming, Phillips Petroleum Company shall reimburse part of the transportation expenses of finalists and, when possible, consolation finalists, in an amount up to \$35,000.00, in accordance with Swimming's Agreement with Phillips. Host will not receive, or be responsible for accounting for, such reimbursements.
24. Swimming shall see that Host is reimbursed \$10,000 for expenses related to Championship upon satisfaction of Sponsorship Rights under Swimming's Supplier Contribution Agreement.
25. With the assistance of Host, Swimming shall prepare and issue entry blanks and Championship information booklets and mail these to all interested parties.
26. Swimming shall provide to Host photographs, if available, of each individual and team winner 120 days prior to Championship.

TELEVISION

27. Swimming retains for itself the full and exclusive right and privilege to broadcast Championship by television, radio, or other means, and to take motion pictures of Championship, except as specified in this Agreement. LSC and Assignee hereby acknowledge such rights and privileges to Swimming.
28. LSC and Assignee hereby acknowledge that Swimming cannot guarantee that Championship will be televised or broadcast by other means, and that even if such broadcast would occur, LSC and Assignee acknowledge that they would not thereby be entitled to any payment other than as specified herein.
29. If this Agreement conflicts with any agreement between Swimming and any organization for the television or radio broadcast of the Championship, the provisions of the broadcast agreement shall prevail.
30. During the conduct of the Championship, all broadcasting and news media representatives shall function through and with the full approval of the Championship Referee.

31. Swimming shall reimburse Host for seating space necessarily pre-empted by television, but only where there is evidence that such seating would have been filled.

MISCELLANEOUS PROVISIONS

32. It is agreed by Swimming, LSC, and Host that the award of Championship and this Agreement can be cancelled by Swimming for violations of the terms of this Agreement or violations of the Swimming Code, upon reasonable notice. If deemed necessary, the event may be reassigned to another host upon the approval of the Board of Directors of Swimming; in such cases, reasonable pre-event expenses incurred shall be reimbursed to the new host by Host.
33. Host shall keep all entry fees, which shall be in the amounts set forth in the Swimming Code (104.6 (7)).
34. Swimming does not guarantee the entry or competition of any individual or team champion in any event.
35. Swimming shall have complete jurisdiction over and complete control of the conduct of the competition and complete control of the officials, athletes, coaches, and other attendants of said athletes from the time they arrive at and until they leave the site of the Championship on the date thereof; provided that Swimming shall not be liable to any person, firm or corporation for any matter or thing whatsoever done or committed by them or any of them.
36. There shall be no assignment of this Agreement without the written consent of the parties to this Agreement.
- IN TESTIMONY WHEREOF, the parties hereto have caused this Agreement to be executed by their duly authorized officers, the day and year first written above.

ATTEST:

Secretary

ATTEST:

UNITED STATES SWIMMING,
INC.

By

President

By

Vice-President

LOCAL SWIMMING
COMMITTEE

By

General Chairman

ASSIGNMENT

The _____ Local Swimming Committee ('LSC'), having petitioned United States Swimming, Inc., for the privilege of holding United States Swimming Championships, and having been awarded these events and having executed a contract dated _____, 19____ with United States Swimming, Inc., pursuant to that contract does hereby assign that contract and the award of the 19____ United States _____ Swimming Championships _____ Course to _____ ('Assignee'), for value received.

With this assignment for value received, Assignee does accept and hereby bind itself and agrees to the terms, liabilities, obligations, provisions and conditions of said Contract. Assignee shall hold the LSC free and harmless from all damages, claims, demands and legal action arising from the enforcement of this assignment, including all attorney's fees and court costs. It is expressly understood and agreed that this assignment shall not relieve LSC from its liabilities and responsibilities to United States Swimming, Inc., and that LSC and assignee will be jointly and severally liable on the Contract to United States Swimming, Inc.

IN WITNESS THEREOF, the parties hereto, through their proper officials, have affixed their signatures and the seals of the respective organizations this _____ day of _____, 19____

LOCAL SWIMMING
COMMITTEE, Assignor

By _____

Secretary

By _____

General Chairman

Assignee

By _____

Secretary

By _____

President

Approved: _____

UNITED STATES SWIMMING,
INC.

By _____

President

APPENDIX D

LSC TERRITORIES AND REGISTRATION NUMBERS

1 Maine	21 Central	41 Kentucky
2 New England	22 Ozark	42 New Mexico
3 Adirondack	23 Arkansas	43 South Texas
4 Niagara	24 Southern	44 Pacific Southwest
5 Connecticut	25 Gulf	45 Georgia
6 Metropolitan	26 Southwestern	46 Central California
7 New Jersey	27 Oklahoma	47 West Texas
8 Middle Atlantic	28 Missouri Valley	48 Arizona
9 South Atlantic	29 Midwestern	49 Southern Nevada
10 Potomac Valley	30 Minnesota	50 Florida Gold Coast
11 Allegheny Mt.	31 Montana	51 West Virginia
12 Virginia	32 Rocky Mountain	52 North Dakota
13 North Carolina	33 Southern Pacific	53 Border (Texas)
14 Florida	34 Utah	54 South Dakota
15 Southeastern	35 Inland Empire	55 South Carolina
16 Indiana	36 Pacific Northwest	56 Alaska
17 Ohio	37 Oregon	57 Far East
18 Lake Erie	38 Pacific	58 Wyoming
19 Michigan	39 Hawaiian	59 Snake River
20 Wisconsin	40 Iowa	60 Japan

DESCRIPTION OF LSC TERRITORIES

Adirondack--That portion of New York State east and north of Oswego, Onondaga, Cortland, Broome, Sullivan, Orange and Dutchess counties.

Alaska--State of Alaska.

Allegheny Mountain--All counties in Pennsylvania west of Potter, Clinton, Center, Huntingdon and Bedford Counties; Counties of Marshall Brook, Ohio and Hancock in West Virginia and Counties of Columbiana, Belmont and Jefferson in Ohio.

Arizona--State of Arizona.

Arkansas--State of Arkansas, and Bowie County, Texas

Border--The Counties of El Paso, Hudspeth, Culberson, Jeff Davis, Presidio, Brewster, Terrell and Crockett in the State of Texas.

Central--Illinois, except St. Clair, Calhoun, Greene, Jersey, Monroe and Madison Counties.

Central California--Counties of Mariposa, Madera, Fresno, Kings, Tulare, Inyo, Mono, Kern and Merced in the State of California.

Connecticut--State of Connecticut.

Far East--Guam, Okinawa, and Philippine Islands.

Florida--Florida, except Palm Beach, Broward, Dade and Monroe Counties and that part of Hendry County West of Route 833, Escambia, Santa Rosa, Okaloosa, Walton, Holmes, Washington and Bay Counties and that part of Calhoun and Jackson Counties west of the Apalachicola River.

Florida Gold Coast--Counties of Palm Beach, Broward, Dade and Monroe and that part of Hendry County East of Route 833 in the State of Florida.

Georgia--State of Georgia and the Counties of Chambers and Russell, Alabama.

Gulf--That part of the State of Texas bounded on the North and including the counties of Robertson, Leon, Houston, Angelina, Nacogdoches and Shelby; on the East by the state of Louisiana; on the South by the Gulf of Mexico and on the West by including the counties of Fort Bend, Wharton, Colorado, Waller, Grimes, Robertson, Brazos and Matagorda.

Hawaiian--State of Hawaii, the five islands, Oahu, Hawaii, Maui, Kauai, and Molokai.

Indiana--All of State of Indiana excepting Floyd, Clark and Dearborn Counties.

Inland Empire--State of Washington, counties of Okanogan, Chelan, Douglas, Ferry, Stevens, Spokane, Lincoln, Grant, Kittitas, Asotin, Columbia, Yakima, Franklin, Adams, Whitman, Walla Walla, Garfield, Benton, and the portion of Klickitat County east of Highway 97 and including the city of Goldendale, State of Idaho, counties of Pend Oreille, Bonner, Kootenai, Shoshone, Benewah, Latah, Lewis, Nez Perce, Idaho, Clearwater, Boundary.

Iowa--State of Iowa excepting the following counties: Lyon, Osceola, Sioux, O'Brien, Plymouth, Cherokee, Woodbury, Ida, Monona, Crawford, Harrison, Shelby, Pottawattamie, Mills, Montgomery, Freemont, and Page.

Japan--Japan and Korea.

Kentucky--The State of Kentucky (except Campbell, Kenton, Boon and Boyd Counties) and Floyd and Clark County, Indiana.

Lake Erie--The Counties of Tuscarawus, Seneca, Crawford, Erie, Huron, Richland, Lorian, Ashland, Cuyahoga, Medina, Lake, Geauga, Portage, Stark, Ashtabula, Trumbull, Mahoning, Summit and Wayne.

Maine--State of Maine.

Metropolitan--New York, south of and including Sullivan, Orange and Dutchess Counties; and Hudson County of New Jersey (except that part of latter lying west of the Hackensack River in New Jersey).

Michigan--State of Michigan.

Middle Atlantic--New Jersey, south of Trenton and Mercer County; all of the State of Delaware and Pennsylvania, east of and including Potter, Clinton, Center and Bedford Counties.

Midwestern--State of Nebraska and Lyon, Osceola, Sioux, O'Brien, Plymouth, Cherokee, Woodbury, Ida, Monona, Crawford, Harrison, Shelby, Pottawattamie, Mills, Montgomery, Freemong, and Page Counties of Iowa.

Minnesota--State of Minnesota and Counties of St. Croix, Dunn and Pierce in Wisconsin.

Missouri Valley--All of Kansas, and that portion of the western part of the state of Missouri including and bounded by Schuyler, Adair, Macon, Ran-

dolph, Audrain, Callaway, Cole, Montineau, Morgan, Benton, Hickory, Polk, Green, Christian, and Taney.

Montana--State of Montana.

New England--New Hampshire, Vermont, Massachusetts, and Rhode Island.

New Jersey--New Jersey, north of and including Mercer and Monmouth Counties, and that part of Hudson County in the State of New Jersey west of the Hackensack River.

New Mexico--State of New Mexico.

Niagara--That portion of New York State west of and including Oswego, Onondaga, Cortland and Broome Counties.

North Carolina--State of North Carolina.

North Dakota--State of North Dakota.

Ohio--State of Ohio (except the counties of Seneca, Crawford, Erie, Huron, Richland, Lorain, Ashland, Cuyahoga, Medina, Lake, Geauga, portage, Stark, Ashtabula, Trumbull, Mahoning, Summit, Wayne, Belmont, Lawrence, Washington, Jefferson and Tuscarawus); Campbell, Kenton and Boone Counties of Kentucky, and Dearborn County of Indiana.

Oklahoma--State of Oklahoma

Oregon--State of Oregon and the following counties of Washington: Cowlitz, Clark, Skamania and the Porton of Klickitat County west of Highway 97.

Ozark--Missouri east of and including the following counties: Scotland, Knox, Shelby, Monroe, Pike, Montgomery, Osage, Miller, Camden, Dallas, Webster, Douglas and Ozark, Counties of Calhoun, Greene, Jersey, Madison, St. Clair and Monroe in Illinois.

Pacific--The State of California, north of but not including the counties of San Luis Obispo, Mariposa, Madera, Fresno, Mono and Merced and the Counties of Humboldt, Washoe, Lyon, Storey, Mineral, Douglas, Churchill, Pershing, Ormsby and Lander in the State of Nevada.

Pacific Northwest--Washington, west of but not including Okanogan, Chelan, Kittitas and Yakima Counties and north of but not including Cowlitz, Skamania and Klickitat Counties.

Pacific Southwest--San Diego and Imperial Counties, California.

Potomac Valley--All territory within the District of Columbia, counties of Montgomery and Prince Georges in the State of Maryland, and counties of Arlington and Fairfax and cities of Alexandria and Falls Church in the Commonwealth of Virginia.

Rocky Mountain--State of Colorado.

Snake River--All of Idaho, except the counties of Boundary, Banner, Kootenai, Shoshone, Benewah, Latah, Clearwater, Nez Perce, Lewis & Idaho, and in the State of Nevada the counties of Elko, White Pine and Eureka.

South Atlantic--State of Maryland (except the counties of Montgomery and Prince Georges.)

South Carolina--State of South Carolina.

South Dakota--State of South Dakota.

South Texas--That part of the State of Texas bounded on the East by and including the counties of Milam, Burleson, Washington, Austin, Fayette, Lavaca and Jackson; on the South by the Gulf of Mexico and the Republic

of Mexico; on the West by and including the counties of Val Verde, Sutton, and Schleicher and on the North by and including the counties of Menard, Mason, Llano, Burnett, Lampasas and Bell.

Southeastern--All of the State of Alabama, except the counties of Chambers and Russell; the State of Tennessee; the Florida counties of Escambia, Santa Rosa, Okaloosa, Walton, Holmes, Washington, Bay and that portion of Jackson and Calhoun counties west of the Apalachicola River.

Southern--All of the States of Louisiana and Mississippi

Southern Nevada--Counties of Nyle, Lincoln, Clark and Esmeralda, all within the State of Nevada.**Southern Pacific**--Including the counties of San Luis Obispo, Ventura, Los Angeles, San Bernadino, Orange, Riverside and Santa Barbara, all within the State of California.

Southwestern--That part of the State of Texas bounded on the South but not including the counties of Callahan, Brown, Mills, Lampasas, Bell, Milan, Robertson, Lean, Houston, Angelina, Nacogdoches and Shelby; on the East by the State of Louisiana, State of Arkansas and the County of Bowie, Texas; on the North by the State of Oklahoma and the county of Bowie, Texas and on the West by the counties of, but not including Hardeman, Foard, Knox, Haskell and Jones in the State of Texas.

Utah--State of Utah.

Virginia--State of Virginia (except the Counties of Arlington and Fairfax and cities of Alexandria and Falls Church).

West Texas--All that part of the State of Texas bounded on the South side and including the counties of Reeves, Pecos, Upton, Regan, Irion, Tom Green, Concho, McCulloch and San Seba; on the west by the State of New Mexico; on the north by the State of Oklahoma; on the east by the State of Oklahoma and by and including the counties of Hardeman, Foard, Knox, Haskell, Jones, Callahan, Brown, Mills and San Sabo in the State of Texas.

West Virginia--All of the State of West Virginia except the Counties of Hancock, Brook, Ohio and Marshall; also Lawrence and Washington Counties in Ohio; and Boyd County in Kentucky.

Wisconsin--State of Wisconsin, except Counties of St. Croix, Dunn and Pierce.

Wyoming--State of Wyoming.

APPENDIX E

PROTECTION OF ATHLETES' RIGHTS; HEARINGS AND APPEALS

Following are two documents. The first is a guide explaining simply the procedures for expeditious handling of complaints and/or disciplinary hearings.

The second document is a proposed form for Notice of Hearing designed to ensure minimal due process.

Note that the system is designed to handle matters involving **any** individual and **any** entity participating in **any** activity of United States Swimming, Inc. (USS)--not just athletes, but coaches, managers, officers, club-members, and all classes of members of USS or the LSC.

All such procedures should provide:

- 1) A swift and effective remedy for both complainant and respondent.
- 2) A hearing by an objective body. Initially, this body is the Review Section of the LSC with no less than five elected members. (Section 571.2).
- 3) A several-step format (from the Review Section to the Board of Directors to the National Board of Review) which takes care of the vast majority of such cases at the **local** level, reducing the likelihood of time-consuming and expensive procedures at the national level (The importance of this will become more and more evident as athletes take advantage of streamlined processes under the Code and the USOC Constitution, to find remedy for their complaints).

Article IX of the USOC Constitution provides an immediate remedy for the aggrieved athlete denied the right or opportunity to participate in **international** competition. He may bring his grievance directly to the Executive Director of the USOC who makes an immediate investigation of the matter. If the controversy is not then settled to the athlete's satisfaction he may take the matter to binding arbitration. In some measure the Amateur Athletic Act of 1978 extends this remedy to any international competition, whether or not involving a member of the USOC.

GUIDE FOR HEARINGS AND APPEALS

1. Due Process

What is it?

If **you** were charged with an offense you would want:

- (a) Notice, preferably in writing, of those specific offenses with which you are charged;
- (b) An opportunity to defend yourself and a reasonable time within which to prepare your defense;
- (c) The right to have counsel represent you if you wish;
- (d) A hearing before a disinterested, objective body at a specific time under such circumstances as to give you full opportunity to present your defense; and
- (e) Notice of how to appeal the decision if it is against you.

It is as simple as that.

2. Jurisdiction of the Corporation

Part Four of the Code (Section 450.3) provides that in those matters where athletes or other members of United States Swimming from more than one LSC are involved, or in matters involving such persons during a regional, or national or international athletic event, they will be handled at the national level. The officers assign the matter for investigation and report depending upon its nature.

3. Jurisdiction of the Local Swimming Committee

Part Five provides for two separate procedures:

- (a) Section 571.5(1): Formal hearing.
- (b) Section 571.5(2): Emergency hearing.

In both cases the **Review Section** of the LSC is responsible for initial procedure, unless the Board of Directors takes original jurisdiction for some reason.

4. Section 571.5(1) Formal Hearing

Read the section. Note that it provides for all the elements discussed in Paragraph 1 above on Due Process.

It applies to **any** individual and **any** entity participating in **any** activities whatever of the LSC or United States Swimming--not just athletes, but coaches, officers, committee chairmen, clubs and all classes of members as well.

- (a) **Review Section.** The Section can have investigation made by an individual or special committee appointed by the Chairman for that purpose. Remember that the Review Section can initiate an investigation on its own situation at any time coming to its attention even if no complaint is made.

In the notice (sent by certified mail or personally served) set the hearing date for **not less** than thirty (30) days and **not more** than sixty (60) days.

If a disciplinary hearing, the notice should list the possible penalties that can be assessed (censure, probation, suspension for definite period of time, suspension with probation, suspension for life).

Request the respondent to answer the notice in writing to the Chairman, to be received by that officer no later than ten (10) days prior to the date set for hearing.

Decision must be made at the time of hearing or within twenty-four (24) hours thereafter.

Immediately send written notice of decision to all parties concerned, including the complainant, together with a statement of facts as determined by the Review Section.

In the notice notify the parties that either may within ten (10) days appeal the decision to the LSC House of Delegates and then to the National Board of Review.

You need not worry about strict court rules of evidence. Hearsay, letters, affidavits, new articles, and the like, as well as direct testimony from witnesses, is admissible so long as relevant to the issues and if not repetitive.

Use your common sense. Give proper weight to the type of evidence offered and consider the source from which it comes.

- (b) **LSC House of Delegates** . If an appeal is filed by either the respondent or the complainant, send out written notice at once to both parties containing exactly the same elements as required in Paragraph 1 above.

The House can act on the report of the Review Section as to its findings, **or**

The House can have a **whole new hearing** if it wishes and if it feels the report of the Review Section is inadequate.

In most cases **this is advisable and strongly recommended** to make sure that all the House is fully aware of all the evidence so that it can make an intelligent decision.

The same rules of evidence apply.

The House can reverse, affirm, or completely modify the decision of the Review Section.

Once the decision is made send it out to all the parties concerned, notifying them of right of appeal within thirty (30) days to the National Board of Review.

The petition to the National Board of Review requires a filing fee of \$50.00. It must be addressed to the National Executive Director.

(See Section 571.6 for procedure.)

5. Section 571.5(2) Emergency Hearing

This Section tries to take care of the situation usually involving an athlete in which an immediate decision must be made. Notice may be oral or in writing, but, if oral, reduced to writing as soon as possible.

The Federal law states that an athlete cannot be suspended from competition, **even temporarily**, without a hearing.

For example, suppose a complaint is made at the site of an event that a particular athlete is ineligible to participate.

You should be prepared in advance to have one or more representatives, preferably three, (e.g., the meet director, referee, and another official) conduct an immediate hearing, at the site of competition if necessary.

The decision can then be made regarding the eligibility of the athlete to compete, even if under protest.

If any one affected wishes a formal hearing later on, the matter can then be referred to the Review Section for full hearing under the provisions of Section 571.5(1).

Use your common sense in such situations. **Give the athlete the benefit of the doubt.**

SAMPLE NOTICE OF HEARING FOLLOWS

The following is a suggested form to use when serving notice, on the person or entity charged. Serve personally or by certified mail.
(Revise as appropriate for type of hearing)

NOTICE OF HEARING

1) TO: (1)

2) SUBJECT: You are charged with having violated the following sections of the Code of United States Swimming, Inc. and/or the By Laws of the Local Swimming Committee:

(2)

_____. Specifically you are charged with having committed the following acts, which are detrimental to the objectives, programs or ideals of United States Swimming and which tend to bring disrepute upon the sport of swimming:

(3)

3) **PETITIONER.** This complaint or request for hearing was made by

(4)

4) **REPLY:** You are requested to file a written reply to these charges with the Chairman of the Review Section within ten (10) days prior to the date of hearing. The hearing will proceed whether or not you file this reply.

5) **HEARING DATE, TIME AND PLACE:** The hearing on these charges will be held (5)

6) **HEARING BODY:** Review Section, Swimming Committee
(6)

7) **POSSIBLE PENALTIES:** If you are found guilty of one or more of the offenses charged, the Review Section has the power to impose discipline ranging from censure only, suspension for a definite period of time or for life, and/or various periods of conditions of conduct.

8) **APPEAL:** Either the complainant or the respondent may appeal the decision of the Review Section to the House of Delegates of this LSC within ten (10) days from the date the written notice of decision is mailed. The appeal must be directed to the Secretary of the LSC.

9) **GENERAL INFORMATION:** You are entitled to be represented by counsel, or by such other representative as you may choose, to have witnesses testify in your behalf, and to submit any and all evidence in your defense, including hearsay and documentary evidence, so long as it is relevant to the issues.

Dated: _____ (7) _____
Chairman, Review Section
Address: _____
Phone: () _____

(1) Fill in name of individual or entity charged, including any other name by which he or it is known, with the address given in the registration files or at the LSC office, or such other address as is likely to give notice.

(2) Fill in specific Code sections and/or LSC By-Law sections.

(3) Fill in the specific acts of conduct (or inaction); be brief but complete and accurate.

(4) Fill in name and address of complainant or petitioner.

(5) Specify exact time, date and place, giving directions if necessary; the date must be not less than 30 days after date of this notice nor more than 60 days.

(6) Name of LSC.

(7) Fill in name, address and phone number of Chairman of Review Section.

**OLYMPIC INTERNATIONAL SECTION
OF
UNITED STATES SWIMMING, INC.
CODE OF CONDUCT**

For staff and athletes on U.S. National Swimming teams competing in the U.S.A. and foreign countries.

Staff members and athletes are expected to adhere strictly to these policies set forth, as follows.

• **THE FOLLOWING ARE MANDATORY**

1. A nightly curfew will be established and observed.
2. Team meetings shall be held.
3. Staff members and athletes must attend all team meetings and/or functions.
4. Appropriate team uniforms must be worn when required.

• **THE FOLLOWING ARE PROHIBITED**

1. Use of alcoholic beverages.
2. Possession or use of illegal drugs.
3. Smoking and/or use of tobacco products.
4. Inappropriate or destructive behavior.

NOTE: Persons present while any of these prohibited activities occur must leave immediately or be considered a participant by choice.

These requirements will be in effect from the time the team is assembled until it returns home.

• **VIOLATIONS OF THE ABOVE MAY ENTAIL**

1. Scratching the athlete from his or her event.
2. Sending the athlete or staff member home.
3. Recommending disciplinary action to the Olympic International Swimming Committee, or
4. Any combination of the above.

I have read the National Swimming Team Code of Conduct and accept the conditions as outlined.

Date

Signature of Athlete/Staff Member

Short Course

WOMEN'S 11-12

1981 NATIONAL AGE-GROUP TIME STANDARDS

Short Course

C Max	B Min	A Min	AA Min	AAA Min	AAAA Min	AAAA Min
32.10	32.09	29.59	28.39	27.19	25.89	25.89
1:07.80	1:07.79	1:02.59	99.99	57.39	54.79	54.79
2:25.40	2:25.39	2:14.19	2:08.59	2:02.99	1:57.49	1:57.49
6:22.40	6:22.39	5:52.99	5:38.29	5:23.59	5:08.89	5:08.89
13:29.30	13:29.39	12:27.19	11:55.99	11:24.79	10:53.79	10:53.79
21:53.20	21:53.19	20:12.19	19:21.69	18:31.19	17:40.69	17:40.69
1:17.80	1:17.79	1:11.79	1:08.79	1:05.79	1:02.79	1:02.79
2:47.90	2:47.89	2:34.99	2:28.59	2:22.09	2:15.59	2:15.59
1:26.70	1:26.69	1:20.09	1:16.69	1:13.39	1:10.09	1:10.09
3:06.50	3:06.49	2:52.09	2:44.99	2:37.79	2:30.59	2:30.59
1:14.60	1:14.59	1:08.89	1:05.99	1:03.09	1:00.29	1:00.29
2:41.00	2:40.99	2:28.59	2:22.39	2:16.29	2:10.09	2:10.09
2:47.80	2:47.79	2:34.89	2:28.49	2:21.99	2:15.59	2:15.59
5:51.30	5:51.29	5:24.29	5:10.79	4:57.29	4:43.79	4:43.79

WOMEN'S 13-14

AAAA Min	AAA Min	AA Min	A Min	B Min	C Max
23.79	24.99	26.09	27.19	29.49	29.50
51.69	54.19	56.59	59.09	1:03.99	1:04.00
1:52.19	1:57.59	2:02.89	2:08.29	2:18.89	2:18.90
5:02.49	5:16.89	5:31.29	5:45.69	6:14.49	6:14.50
10:49.89	11:20.79	11:51.79	12:22.69	13:24.59	13:24.60
17:25.39	18:15.19	19:04.99	19:54.79	21:34.29	21:34.30
58.49	1:01.19	1:03.99	1:06.79	1:12.39	1:12.40
2:07.29	2:13.29	2:19.39	2:25.39	2:37.59	2:37.60
1:05.39	1:08.59	1:11.69	1:14.79	1:20.99	1:21.00
2:22.89	2:29.69	2:36.49	2:43.29	2:56.99	2:57.00
56.59	59.29	1:01.99	1:04.69	1:10.09	1:10.10
2:04.99	2:10.89	2:16.89	2:22.79	2:34.69	2:34.70
2:06.79	2:12.79	2:18.89	2:24.99	2:36.99	2:37.00
4:32.99	4:45.99	4:58.99	5:11.99	5:37.99	5:38.00

MEN'S 13-14

WOMEN'S 15-16

MEN'S 15-16

31.70	31.69	29.29	28.09	26.89	25.59	25.59
1:06.80	1:06.79	1:01.69	99.09	56.59	53.99	53.99
2:23.60	2:23.59	2:12.59	2:07.09	2:01.49	1:56.09	1:56.09
6:18.90	6:18.89	5:49.79	5:35.19	5:20.59	5:06.09	5:06.09
13:20.69	13:20.69	12:19.09	11:48.29	11:17.39	10:46.69	10:46.69
21:40.20	21:40.19	20:00.19	19:10.19	18:20.19	17:30.19	17:30.19
1:16.50	1:16.49	1:10.59	1:07.69	1:04.79	1:01.79	1:01.79
2:44.10	2:44.09	2:31.49	2:25.19	2:18.79	2:12.49	2:12.49
1:25.30	1:25.29	1:18.79	1:15.39	1:12.19	1:08.89	1:08.89
3:03.10	3:03.09	2:48.99	2:41.99	2:34.89	2:27.89	2:27.89
1:13.80	1:13.79	1:08.19	1:05.29	1:02.39	99.59	99.59
2:38.60	2:38.59	2:26.39	2:20.29	2:14.29	2:08.19	2:08.19
2:45.00	2:44.99	2:32.29	2:25.99	2:19.59	2:13.29	2:13.29
5:47.20	5:47.19	5:20.49	5:07.19	4:53.79	4:40.49	4:40.49

50 Y	Freestyle	23.29	24.39	25.49	26.59	28.79	28.80
100 Y	Freestyle	50.09	52.49	54.89	57.29	1:01.99	1:02.00
200 Y	Freestyle	1:48.89	1:54.09	1:59.29	2:04.49	2:14.89	2:14.90
500 Y	Freestyle	4:52.79	5:06.79	5:20.69	5:34.59	6:02.49	6:02.50
1000 Y	Freestyle	10:24.99	10:54.49	11:24.29	11:53.99	12:53.49	12:53.50
1650 Y	Freestyle	16:50.59	17:38.69	18:26.89	19:14.99	20:51.19	20:51.20
100 Y	Backstroke	56.79	59.49	1:02.19	1:04.89	1:10.39	1:10.40
200 Y	Backstroke	2:02.79	2:08.59	2:14.39	2:20.19	2:31.99	2:32.00
100 Y	Breaststroke	1:03.19	1:06.19	1:09.19	1:12.19	1:18.19	1:18.20
200 Y	Breaststroke	2:17.69	2:24.19	2:30.79	2:37.29	2:50.99	2:50.10
100 Y	Butterfly	54.69	57.29	59.89	1:02.49	1:07.69	1:07.70
200 Y	Butterfly	2:00.99	2:07.09	2:12.89	2:18.69	2:30.19	2:30.20
200 Y	Indv. Medle	2:02.99	2:08.99	2:14.89	2:20.69	2:32.49	2:32.50
400 Y	Indv. Medle	4:22.69	4:35.19	4:47.69	5:00.19	5:25.29	5:25.30

1981 NATIONAL AGE-GROUP TIME STANDARDS

Short Course

C Max	B Min	A Min	AA Min	AAA Min	AAAA Min	Event	AAAA Min	AAA Min	AA Min	A Min	B Min	C Max
WOMEN'S 17-18												
31:30	31:29	28:89	27:69	26:49	25:29	50 Y Freestyle	22:69	23:79	24:89	25:99	28:09	28:10
1:05:80	1:05:79	1:00:79	58:19	55:69	53:19	100 Y Freestyle	48:49	50:79	53:09	55:39	59:99	1:00:00
2:21:80	2:21:79	2:10:89	2:05:49	1:59:99	1:54:59	200 Y Freestyle	1:45:59	1:50:59	1:55:69	2:00:69	2:10:79	2:10:80
6:15:30	6:15:29	5:46:49	5:31:99	5:17:59	5:03:19	500 Y Freestyle	4:43:09	4:56:59	5:10:09	5:23:49	5:50:49	5:50:50
13:11:90	13:11:89	12:10:99	11:40:49	11:09:99	10:39:59	1000 Y Freestyle	9:59:59	10:28:09	10:56:69	11:25:19	12:22:29	12:22:30
21:27:20	21:27:19	19:48:19	18:58:69	18:09:19	17:19:69	1650 Y Freestyle	16:15:79	17:02:19	17:48:69	18:35:09	20:08:10	20:08:10
1:15:20	1:15:19	1:09:39	1:06:49	1:03:69	1:00:79	100 Y Backstroke	55:09	57:79	1:00:39	1:02:99	1:08:29	1:08:30
2:40:20	2:40:19	2:27:89	2:21:69	2:15:49	2:09:39	200 Y Backstroke	1:58:19	2:03:79	2:09:39	2:14:99	2:26:29	2:26:30
1:23:80	1:23:79	1:17:39	1:14:09	1:10:89	1:07:69	100 Y Breaststroke	1:00:89	1:03:79	1:06:69	1:09:59	1:15:29	1:15:30
2:59:70	2:59:69	2:45:89	2:38:89	2:31:99	2:25:09	200 Y Breaststroke	2:12:39	2:18:69	2:24:99	2:31:29	2:43:99	2:44:00
1:13:00	1:12:99	1:07:39	1:04:49	1:01:69	58:89	100 Y Butterfly	52:79	55:29	57:79	1:00:29	1:05:29	1:05:30
2:36:20	2:36:19	2:24:19	2:18:19	2:12:19	2:06:19	200 Y Butterfly	1:55:79	2:01:39	2:06:89	2:12:39	2:23:39	2:23:40
2:42:10	2:42:09	2:29:69	2:23:39	2:17:19	2:10:99	200 Y Indv. Medle	1:59:19	2:05:19	2:10:79	2:16:49	2:27:89	2:27:90
5:43:10	5:43:09	5:16:69	5:03:49	4:50:29	4:37:09	400 Y Indv. Medle	4:12:39	4:24:39	4:36:39	4:48:39	5:12:49	5:12:50

1981 NATIONAL AGE-GROUP TIME STANDARDS

Long Course

C Max	B Min	A Min	AA Min	AAA Min	AAAA Min	Event	AAAA Min	AAA Min	AA Min	A Min	B Min	C Max
WOMEN'S 10-U												
40:60	40:59	37:49	35:89	34:39	32:79	50 M Freestyle	32:39	33:99	35:49	37:09	40:09	40:10
1:28:50	1:28:49	1:21:69	1:18:29	1:14:89	1:11:49	100 M Freestyle	1:10:59	1:13:99	1:17:29	1:20:69	1:27:39	1:27:40
3:10:20	3:10:19	2:55:49	2:48:19	2:40:89	2:33:59	200 M Freestyle	2:31:09	2:38:29	2:45:49	2:52:69	3:06:99	3:07:00
47:50	47:49	43:79	41:99	40:19	38:39	50 M Backstroke	37:89	39:69	41:49	43:39	46:99	47:00
1:43:00	1:42:99	1:35:09	1:31:09	1:27:19	1:23:19	100 M Backstroke	1:22:69	1:26:69	1:30:59	1:34:49	1:42:39	1:42:40
52:30	52:29	46:29	44:29	42:19	40:19	50 M Breaststroke	42:49	44:49	46:49	48:49	52:59	52:60
1:55:30	1:55:29	1:46:39	1:41:99	1:37:59	1:33:09	100 M Breaststroke	1:33:59	1:38:09	1:42:59	1:46:99	1:55:89	1:55:90
43:90	43:89	40:59	38:89	37:19	35:49	50 M Butterfly	35:29	36:99	38:69	40:39	43:69	43:70
1:39:50	1:39:49	1:31:79	1:27:99	1:24:19	1:20:29	100 M Butterfly	1:18:79	1:22:49	1:26:29	1:29:99	1:37:50	1:37:50
3:37:80	3:37:79	3:20:99	3:12:69	3:04:29	2:55:89	200 M Indv. Medle	2:54:89	3:03:19	3:11:59	3:19:69	3:36:59	3:36:60

1981 NATIONAL AGE-GROUP TIME STANDARDS

C Max	B Min	WOMEN'S 11-12					MEN'S 11-12					B Min	C Max
		A Min	AA Min	AAA Min	AAAA Min	AAAAA Min	AAAA Min	AAA Min	AA Min	A Min			
37.30	37.29	34.49	32.99	31.59	30.19	Freestyle	29.39	30.79	32.19	33.59	36.29	36.30	
1:21.20	1:21.19	1:14.99	1:11.89	1:08.69	1:05.59	100 M Freestyle	1:04.19	1:07.29	1:10.39	1:13.39	1:19.49	1:19.50	
2:54.50	2:54.49	2:41.09	2:34.29	2:27.59	2:20.89	200 M Freestyle	2:18.19	2:24.79	2:31.39	2:37.99	2:51.19	2:51.20	
5:00.10	5:00.09	5:32.39	5:18.49	5:04.59	4:50.79	400 M Freestyle	4:51.39	5:05.29	5:19.09	5:32.99	6:00.79	6:00.80	
43.80	43.79	40.39	38.69	37.09	35.39	50 M Backstroke	34.39	35.99	37.59	39.29	42.49	42.50	
1:33.80	1:33.79	1:26.59	1:22.89	1:19.29	1:15.69	100 M Backstroke	1:13.89	1:17.39	1:20.89	1:24.39	1:31.49	1:31.50	
48.70	48.69	44.99	43.09	41.19	39.39	50 M Breaststroke	37.99	39.79	41.69	43.49	47.09	47.10	
1:45.40	1:45.39	1:37.29	1:33.19	1:29.19	1:25.09	100 M Breaststroke	1:23.49	1:27.49	1:31.39	1:35.39	1:43.39	1:43.40	
40.70	40.69	37.59	35.99	34.39	32.89	50 M Butterfly	31.89	33.49	34.99	36.49	39.49	39.50	
1:28.69	1:28.69	1:18.39	1:14.99	1:11.59	1:07.99	100 M Butterfly	1:10.49	1:13.89	1:17.19	1:20.59	1:27.29	1:27.30	
3:19.30	3:19.30	2:56.39	2:48.69	2:40.99	2:30.99	200 M Indv. Medle	2:38.39	2:45.99	2:53.49	3:01.09	3:16.19	3:16.20	

WOMEN'S 13-14

	36.40	36.39	33.59	32.19	30.79	29.39	50 M	Freestyle	27.39	28.69	29.99	31.29	33.89	33.90
	1:17.30	1:17.29	1:11.39	1:08.39	1:05.39	1:02.49	100 M	Freestyle	59.39	1:02.19	1:05.09	1:07.89	1:13.59	1:13.60
	2:45.30	2:45.29	2:26.29	2:19.89	2:19.89	2:13.49	200 M	Freestyle	2:07.89	2:13.99	2:19.99	2:26.09	2:38.29	2:38.30
	5:43.00	5:42.99	5:16.69	5:03.49	4:50.29	4:37.09	400 M	Freestyle	4:31.09	4:43.99	4:58.89	5:09.79	5:35.59	5:35.60
	12:09.19	12:09.19	11:13.09	10:45.09	10:16.99	9:48.99	800 M	Freestyle	9:46.09	10:14.09	10:41.99	11:09.89	12:05.69	12:05.70
	22:09.20	22:09.19	20:39.79	19:48.19	18:56.49	18:04.79	1500 M	Freestyle	17:50.59	18:41.49	19:32.49	20:23.49	22:05.39	22:05.40
	22:23.10	22:23.09	20:39.79	19:48.19	18:56.49	18:04.79	100 M	Backstroke	1:07.49	1:10.69	1:13.89	1:17.19	1:23.59	1:23.60
	1:28.10	1:28.09	1:21.29	1:17.89	1:14.59	1:11.19	100 M	Backstroke	2:25.89	2:32.79	2:39.79	2:46.69	3:00.59	3:00.60
	3:10.19	3:10.19	2:55.59	2:48.29	2:40.99	2:33.59	200 M	Backstroke	1:15.79	1:19.39	1:22.99	1:26.59	1:33.80	1:33.80
	1:39.99	1:39.99	1:32.29	1:28.39	1:24.59	1:20.79	100 M	Breaststroke	2:45.99	2:53.89	3:01.79	3:09.69	3:25.49	3:25.50
	3:33.30	3:33.30	3:16.89	3:08.69	3:00.49	2:52.29	200 M	Breaststroke	1:04.99	1:08.09	1:11.19	1:14.29	1:20.49	1:20.50
	1:24.30	1:24.29	1:17.79	1:14.59	1:11.29	1:08.09	100 M	Butterfly	2:21.99	2:28.69	2:35.49	2:42.29	2:55.79	2:55.80
	3:03.70	3:03.69	2:49.59	2:42.49	2:35.39	2:28.69	200 M	Butterfly	2:26.09	2:33.09	2:39.99	2:46.99	3:00.89	3:00.90
	3:10.00	3:09.99	2:55.39	2:48.09	2:40.79	2:33.49	200 M	Indiv. Medle	5:10.09	5:24.99	5:39.69	5:54.39	6:23.99	6:24.00
	6:39.59	6:39.59	6:08.89	5:53.49	5:38.19	5:22.79	400 M	Indiv. Medle						

1981 NATIONAL AGE-GROUP TIME STANDARDS Long Course

C Max B Min A Min AA Min AAA Min AAAA Min

WOMEN'S 15-16

36:20	36:19	33:39	31:99	30:59	29:19	25:69	27:99	29:19	30:49	32:99	33:00
1:16:20	1:16:19	1:10:29	1:07:39	1:04:39	1:01:59	57:39	1:00:09	1:02:89	1:05:59	1:11:09	1:11:10
2:43:50	2:43:49	2:30:89	2:24:69	2:18:39	2:12:09	2:04:49	2:10:39	2:16:29	2:22:19	2:34:09	2:34:10
5:39:10	5:39:09	5:13:09	4:59:99	4:46:99	4:33:89	4:22:29	4:34:69	4:47:19	4:59:69	5:24:69	5:24:70
11:56:30	11:56:29	11:01:19	10:33:69	10:06:09	9:38:59	9:21:89	9:48:69	10:15:49	10:42:29	11:35:79	11:35:80
22:10:80	22:10:79	20:28:49	19:37:29	18:46:09	17:54:89	17:14:39	18:03:69	18:52:89	19:42:19	21:20:69	21:20:70
1:26:90	1:26:89	1:20:19	1:16:79	1:13:49	1:10:19	1:04:99	1:08:09	1:11:09	1:14:29	1:20:49	1:20:50
3:05:80	3:05:79	2:51:49	2:44:39	2:37:29	2:30:09	2:19:99	2:26:69	2:33:39	2:39:99	2:53:29	2:53:30
1:38:30	1:38:29	1:30:79	1:26:89	1:23:19	1:19:39	1:12:79	1:16:19	1:19:69	1:23:09	1:29:99	1:30:00
3:30:00	3:29:99	3:13:79	3:05:79	2:57:69	2:49:59	2:39:89	2:47:49	2:55:09	3:02:69	3:17:89	3:17:90
1:23:00	1:22:99	1:16:59	1:13:49	1:10:19	1:07:09	1:02:39	1:05:39	1:08:39	1:11:39	1:17:29	1:17:30
2:59:80	2:59:79	2:45:99	2:39:09	2:32:19	2:25:39	2:16:89	2:23:39	2:29:89	2:36:39	2:49:49	2:49:50
3:07:00	3:06:99	2:52:59	2:45:39	2:38:39	2:30:99	2:21:09	2:27:89	2:34:59	2:41:29	2:54:69	2:54:70
6:33:20	6:33:19	6:02:99	5:47:79	5:32:79	5:17:59	4:58:49	5:12:69	5:26:89	5:41:09	6:09:59	6:09:60

MEN'S 15-16

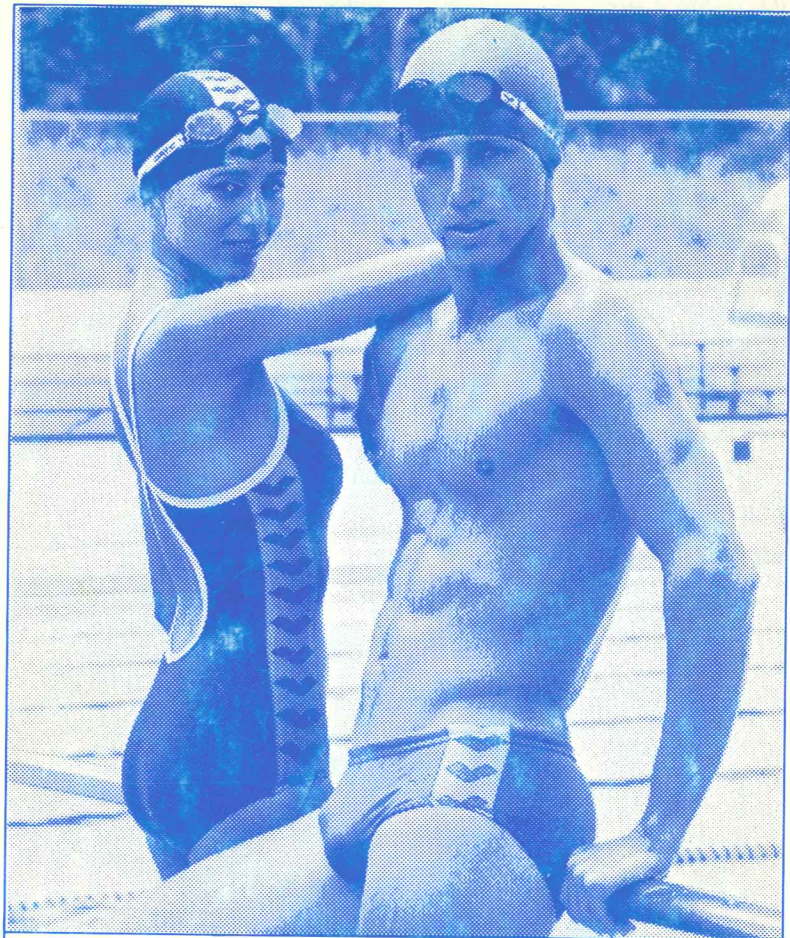
WOMEN'S 17-18

35:90	35:89	33:09	31:79	30:39	28:99	25:99	27:19	28:39	29:69	32:09	32:10
1:15:00	1:14:99	1:09:19	1:06:29	1:03:39	1:00:59	55:39	57:99	1:00:69	1:03:29	1:08:59	1:08:60
2:41:60	2:41:59	2:29:19	2:22:99	2:16:79	2:10:59	2:00:99	2:06:69	2:12:49	2:18:29	2:29:79	2:29:80
5:35:20	5:35:19	5:09:39	4:56:49	4:43:59	4:30:69	4:13:39	4:25:39	4:37:49	4:49:59	5:13:69	5:13:70
11:43:30	11:43:29	10:49:19	10:22:19	9:55:09	9:28:09	8:57:69	9:23:29	9:48:99	10:14:59	11:05:79	11:05:80
21:58:50	21:58:49	20:17:09	19:26:39	18:35:69	17:44:99	16:38:19	17:25:79	18:13:29	19:00:79	20:35:89	20:35:90
1:25:60	1:25:59	1:18:99	1:15:69	1:12:39	1:09:09	1:02:39	1:05:39	1:08:29	1:11:29	1:17:29	1:17:30
3:01:40	3:01:39	2:47:39	2:40:49	2:33:49	2:26:49	2:14:09	2:20:49	2:26:89	2:33:29	2:45:99	2:46:00
1:36:60	1:36:59	1:29:09	1:25:39	1:21:69	1:17:99	1:09:69	1:12:99	1:16:29	1:19:59	1:26:19	1:26:20
3:26:60	3:26:59	3:10:69	3:02:79	2:54:79	2:46:89	2:33:69	2:40:99	2:48:29	2:55:59	3:10:29	3:10:30
1:21:70	1:21:69	1:15:39	1:12:29	1:09:09	1:05:99	59:79	1:02:69	1:05:49	1:08:39	1:14:10	1:14:10
2:55:90	2:55:89	2:42:39	2:35:59	2:28:89	2:22:09	2:11:69	2:17:99	2:24:29	2:30:49	2:43:09	2:43:10
3:03:90	3:03:89	2:49:69	2:42:69	2:35:59	2:28:49	2:16:09	2:22:59	2:29:09	2:35:59	2:48:49	2:48:50
6:26:80	6:26:79	5:56:99	5:42:09	5:27:29	5:12:39	4:46:79	5:00:49	5:14:09	5:27:79	5:55:09	5:55:10

MEN'S 17-18

50 M Freestyle	55:39	55:99	57:99	1:00:69	1:03:29	1:08:59	1:08:60
100 M Freestyle	2:00:99	2:06:69	2:12:49	2:18:29	2:29:79	2:39:89	2:39:90
200 M Freestyle	4:13:39	4:25:39	4:37:49	4:49:59	5:13:69	5:13:70	5:13:70
400 M Freestyle	8:57:69	9:23:29	9:48:99	10:14:59	11:05:79	11:05:80	11:05:80
800 M Freestyle	16:38:19	17:25:79	18:13:29	19:00:79	20:35:89	20:35:90	20:35:90
1500 M Freestyle	1:02:39	1:05:39	1:08:29	1:11:29	1:17:29	1:17:30	1:17:30
100 M Backstroke	2:14:09	2:20:49	2:26:89	2:33:29	2:45:99	2:46:00	2:46:00
200 M Backstroke	1:09:69	1:12:99	1:16:29	1:19:59	1:26:19	1:26:20	1:26:20
400 M Backstroke	2:33:69	2:40:99	2:48:29	2:55:59	3:10:29	3:10:30	3:10:30
800 M Backstroke	59:79	1:02:69	1:05:49	1:08:39	1:14:10	1:14:10	1:14:10
1500 M Backstroke	2:11:69	2:17:99	2:24:29	2:30:49	2:43:09	2:43:10	2:43:10
100 M Butterfly	2:16:09	2:22:59	2:29:09	2:35:59	2:48:49	2:48:50	2:48:50
200 M Butterfly	4:46:79	5:00:49	5:14:09	5:27:79	5:55:09	5:55:10	5:55:10
400 M Butterfly							
800 M Butterfly							
1500 M Butterfly							
100 M Indv. Medle							
200 M Indv. Medle							
400 M Indv. Medle							





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