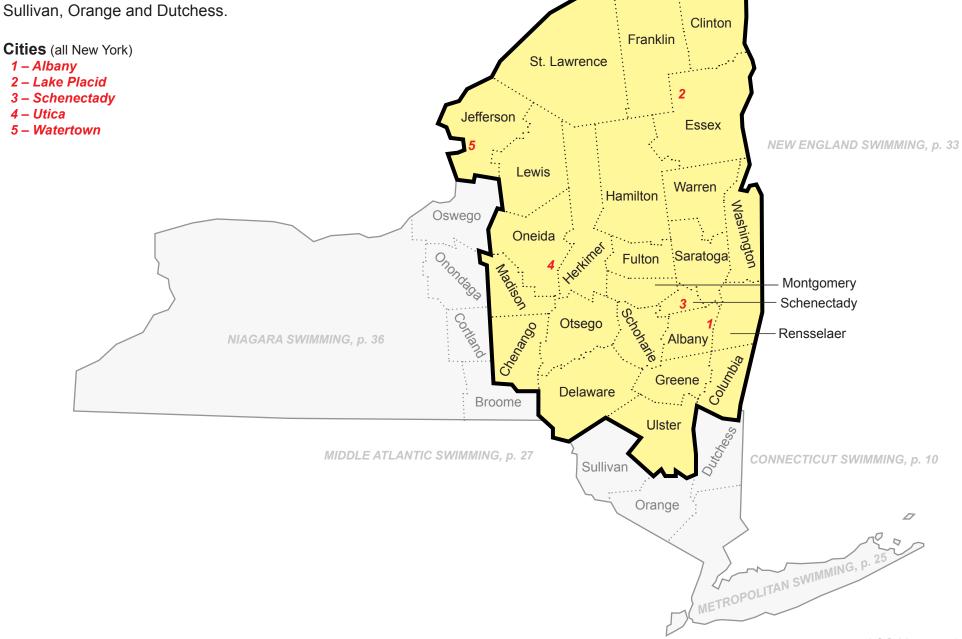


Adirondack Swimming (AD)

Eastern Zone

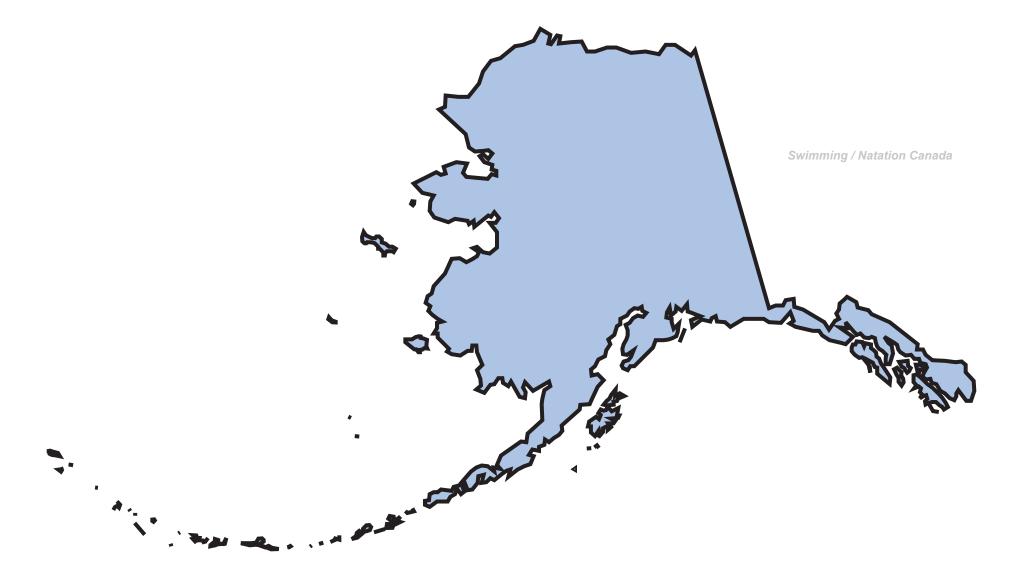
That portion of New York State east of the counties of Oswego, Onondaga, Cortland and Broome; and north of the counties of Sullivan, Orange and Dutchess.



Swimming / Natation Canada

Alaska Swimming (AK)

State of Alaska



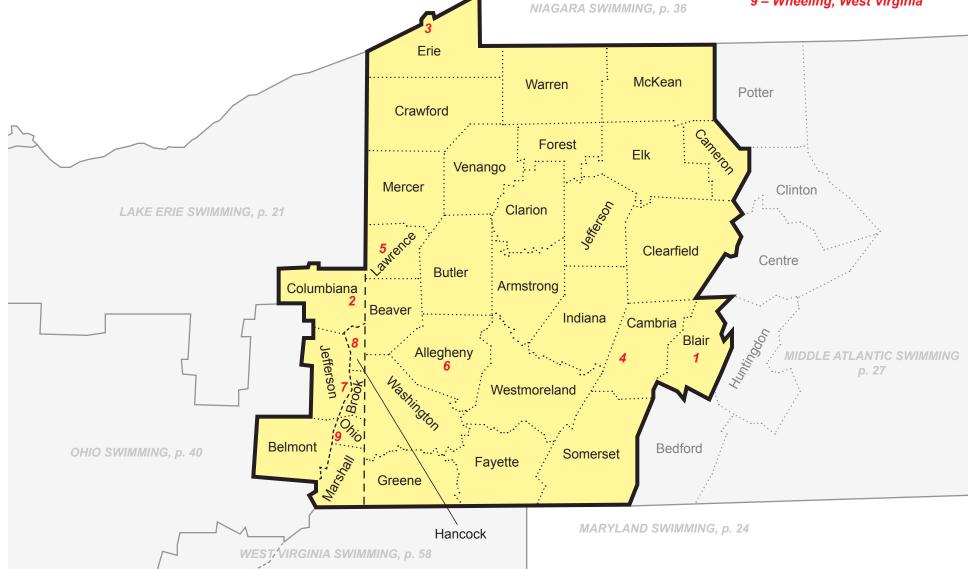
Allegheny Mountain Swimming (AM)

Eastern Zone

That portion of the Commonwealth of Pennsylvania west of the counties of Potter, Clinton, Centre, Huntingdon and Bedford; the counties of Hancock, Brook, Ohio and Marshall in the State of West Virginia; and the counties Columbiana, Jefferson and Belmont in the State of Ohio.

Cities

- 1 Altoona, Pennsylvania
- 2 East Palestine, Ohio
- 3 Erie, Pennsylvania
- 4 Johnstown, Pennsylvania
- 5 New Castle, Pennsylvania
- 6 Pittsburg, Pennsylvania
- 7 Steubenville, Ohio
- 8 Weirton, West Virginia
- 9 Wheeling, West Virginia

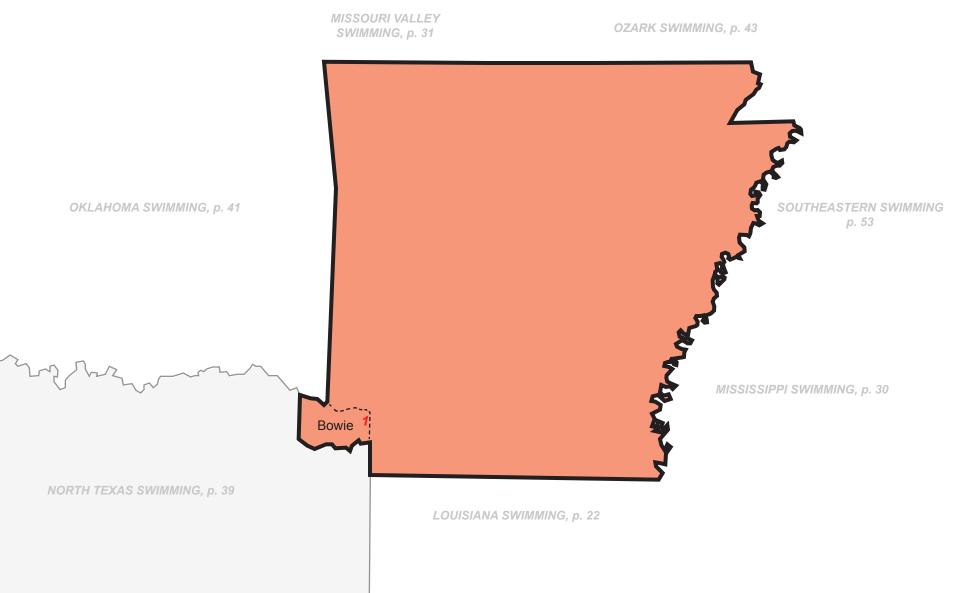


Arkansas Swimming (AR)

Central Zone State of Arkansas and Bowie County, Texas.

City

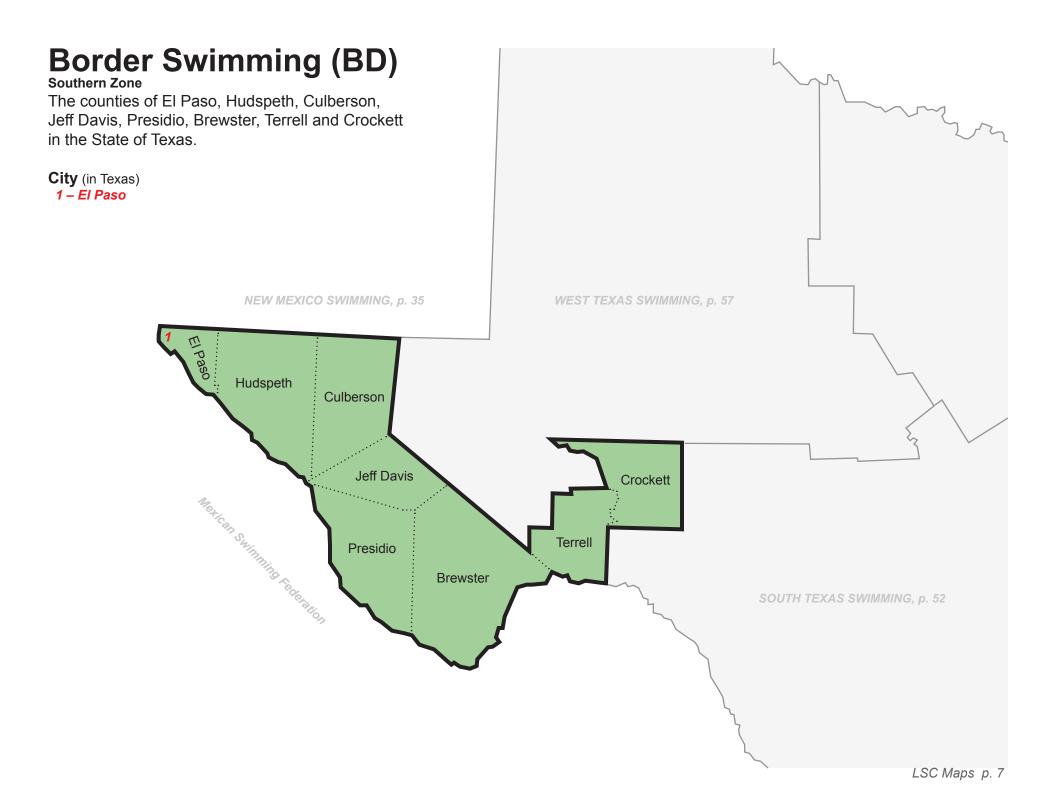
1 – **Texarkana** (in Arkansas and Texas)

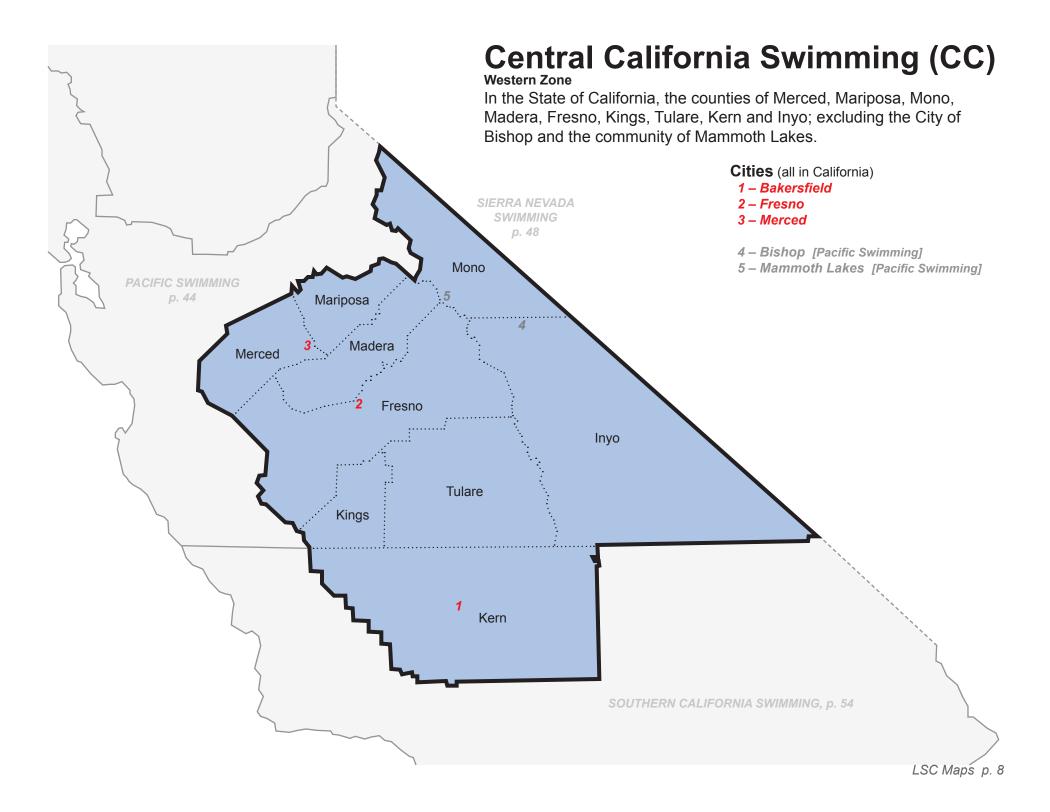


Arizona Swimming (AZ)

Western Zone State of Arizona.

UTAH SWIMMING, p. 55 SOUTHERN CALIFORNIA SWIMMING, p. 54 **NEW MEXICO SWIMMING** р. 35 SAN DIEGO-IMPERIAL SWIMMING, p. 47 Mexican Swimming Federation

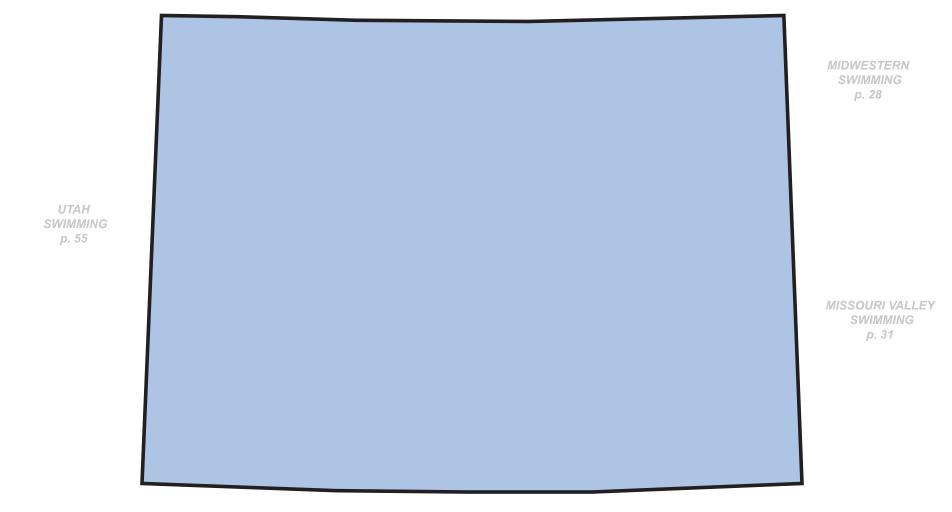




Colorado Swimming (CO)

Western Zone State of Colorado.

WYOMING SWIMMING, p. 60

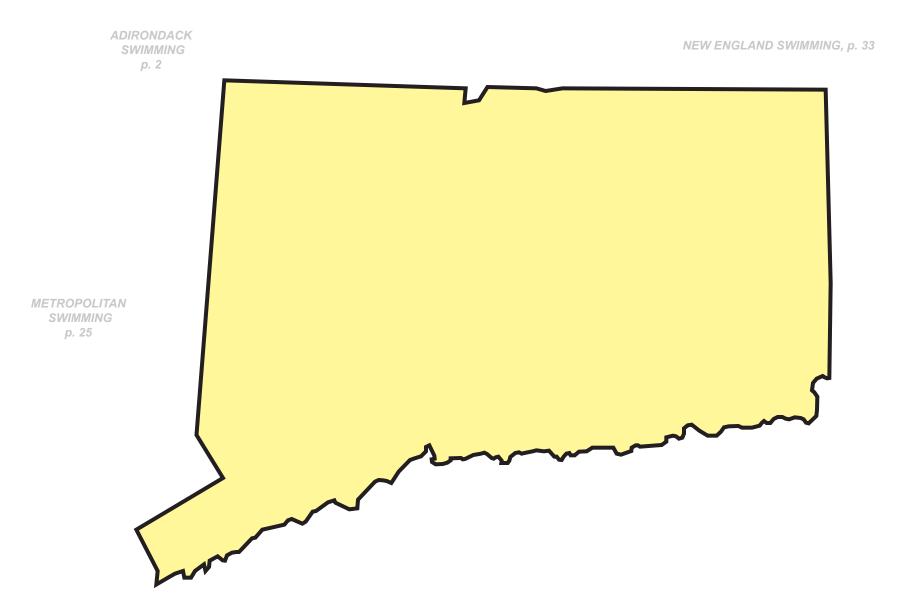


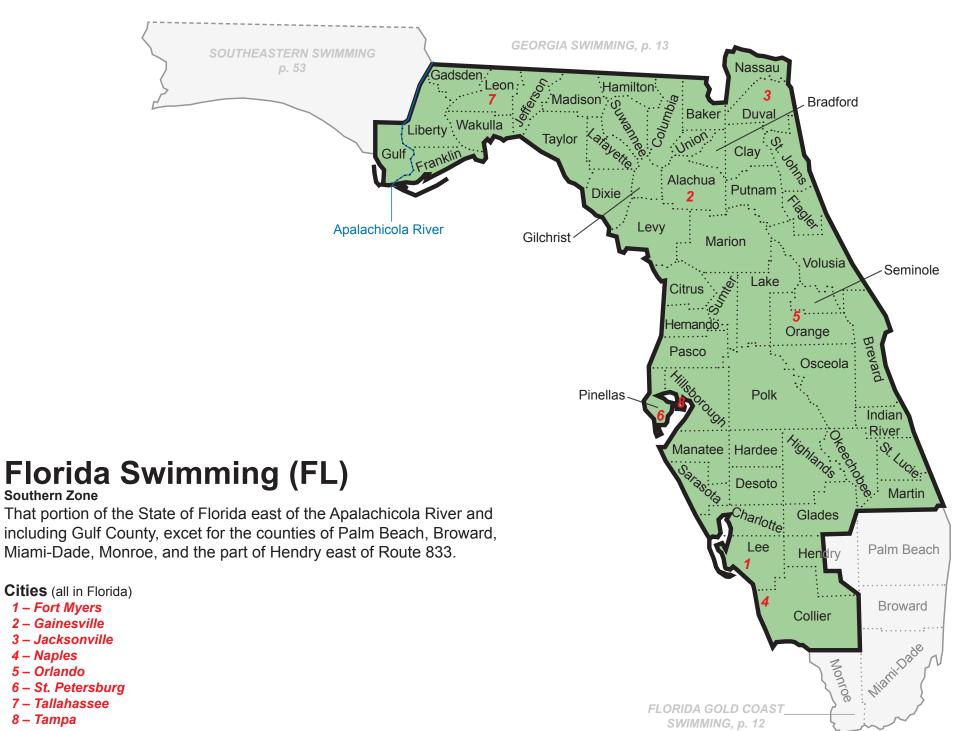
NEW MEXICO SWIMMING, p. 35

OKLAHOMA SWIMMING, p. 41

Connecticut Swimming (CT)

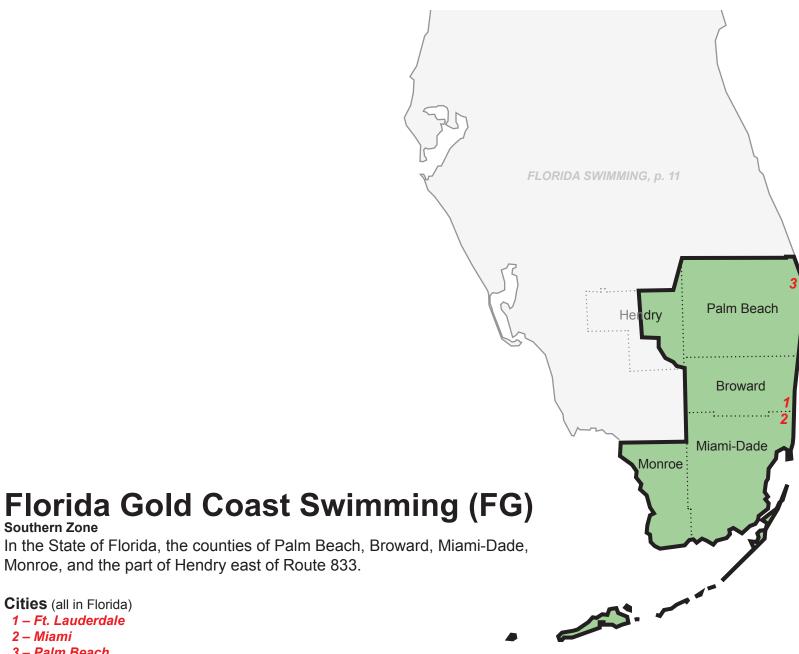
Eastern Zone State of Connecticut.





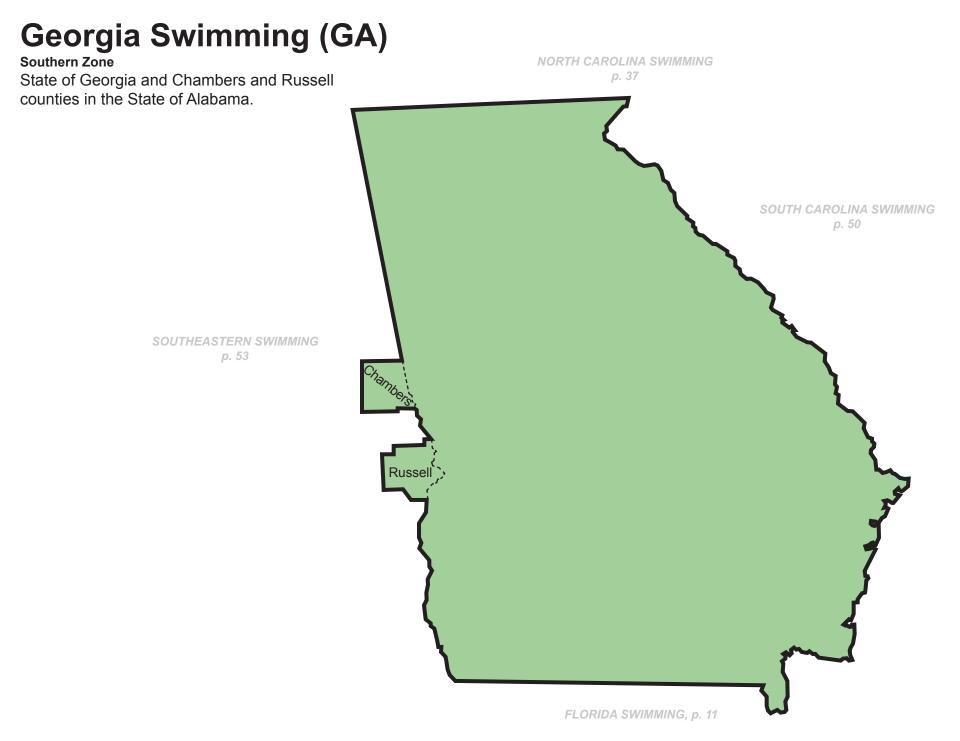
8 – Tampa

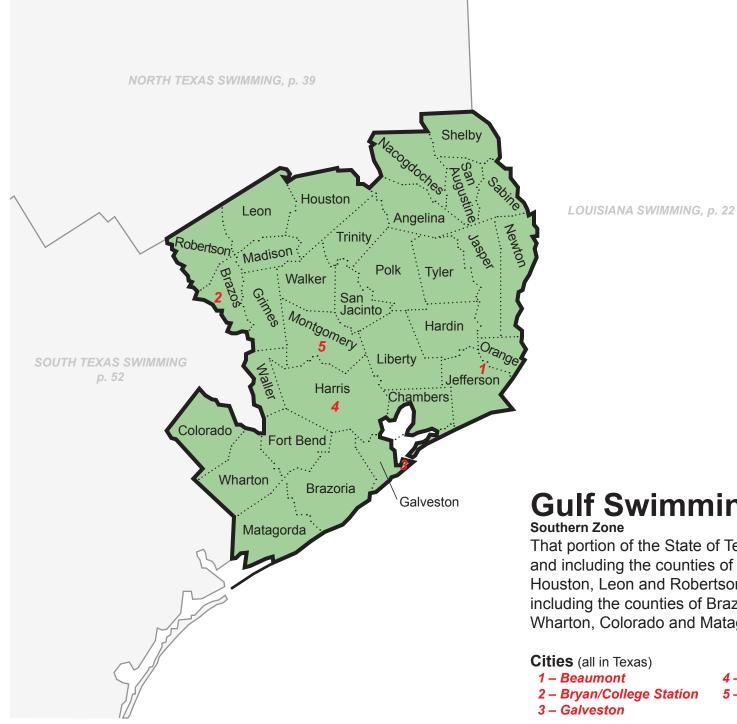
4 – Naples



2 – Miami 3 – Palm Beach

Southern Zone





Gulf Swimming (GU)

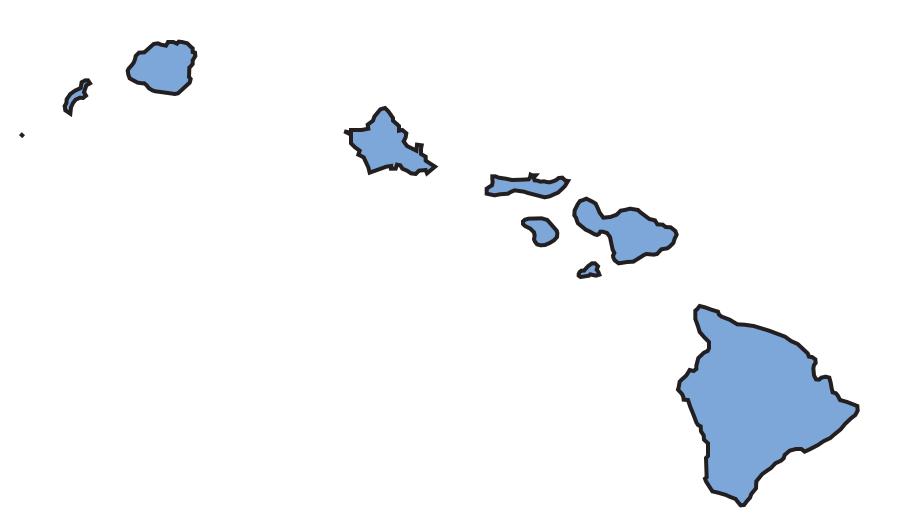
That portion of the State of Texas bounded on the north by and including the counties of Shelby, Nacogdoches, Angelina, Houston, Leon and Robertson; and on the west by and including the counties of Brazos, Grimes, Waller, Fort Bend, Wharton, Colorado and Matagorda.

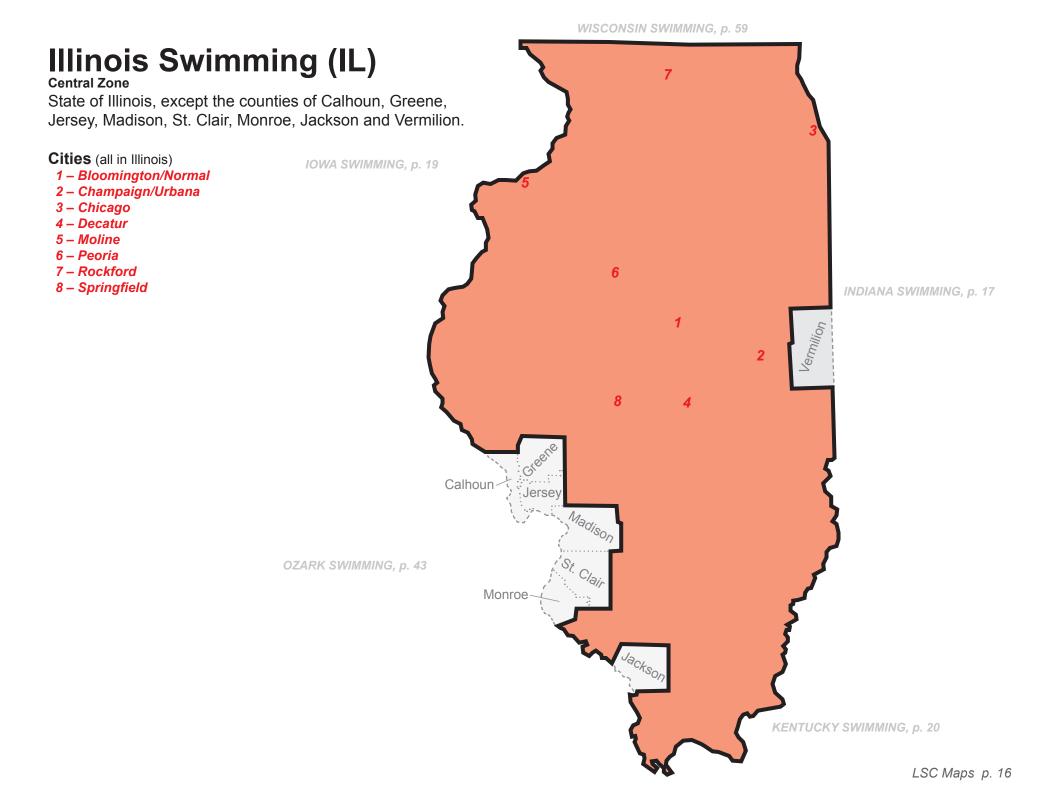
5 – The Woodlands

4 – Houston

Hawaiian Swimming (HI)

State of Hawaii.





Indiana Swimming (IN)

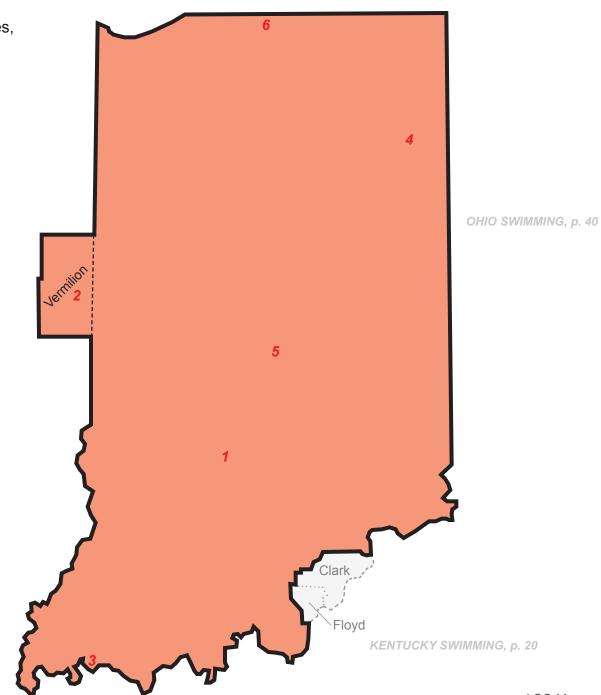
Central Zone

State of Indiana, except Floyd and Clark counties, and including Vermilion County, Illinois.

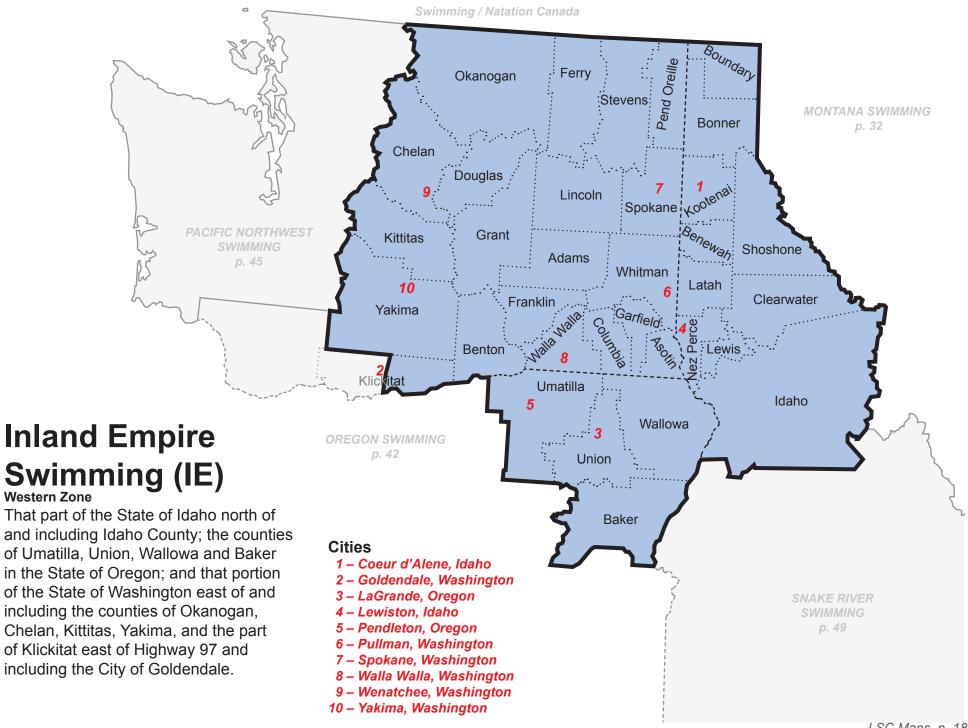
ILLINOIS SWIMMING, p. 16

Cities

- 1 Bloomington, Indiana
- 2 Danville, Illinois
- 3 Evansville, Indiana
- 4 Fort Wayne, Indiana
- 5 Indianapolis, Indiana
- 6 South Bend, Indiana



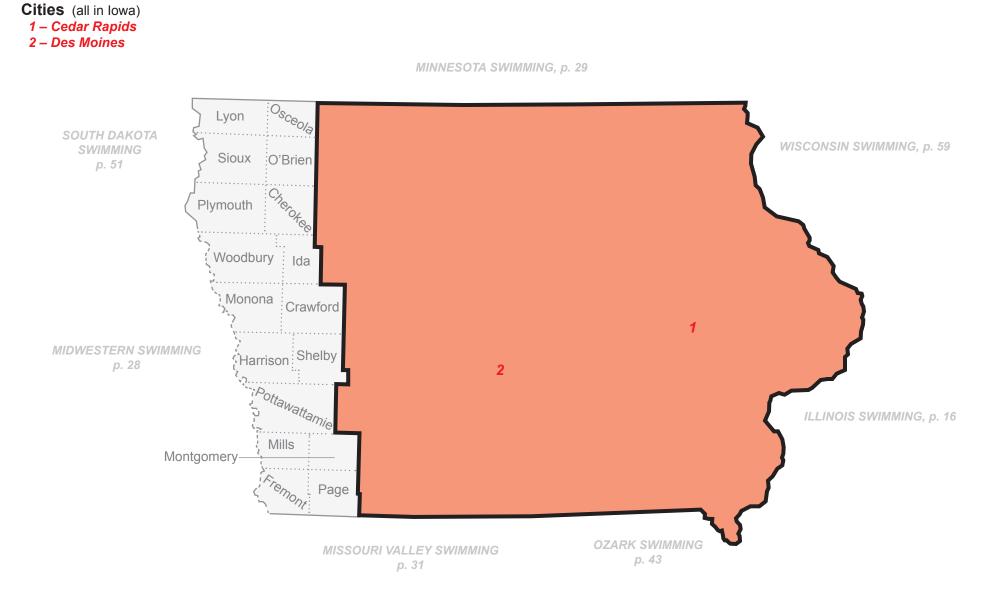
MICHIGAN SWIMMING, p. 26



Iowa Swimming (IA)

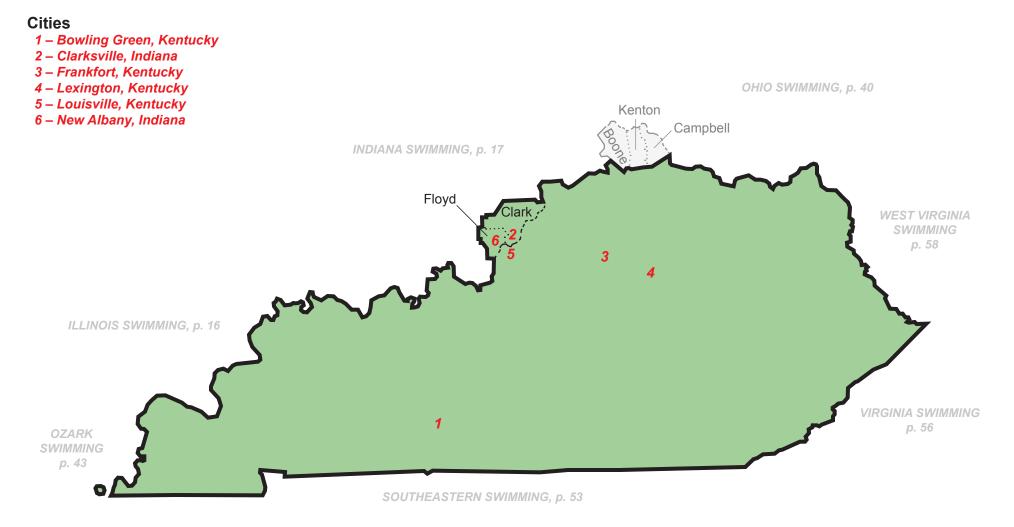
Central Zone

That part of the State of Iowa east of the counties of Osceola, O'Brien, Cherokee, Ida, Crawford, Shelby, Pottawattamie, Montgomery and Page.



Kentucky Swimming (KY)

Commonwealth of Kentucky, except the counties of Campbell, Kenton and Boone; and including Floyd and Clark counties in the State of Indiana.



Lake Erie Swimming (LE)

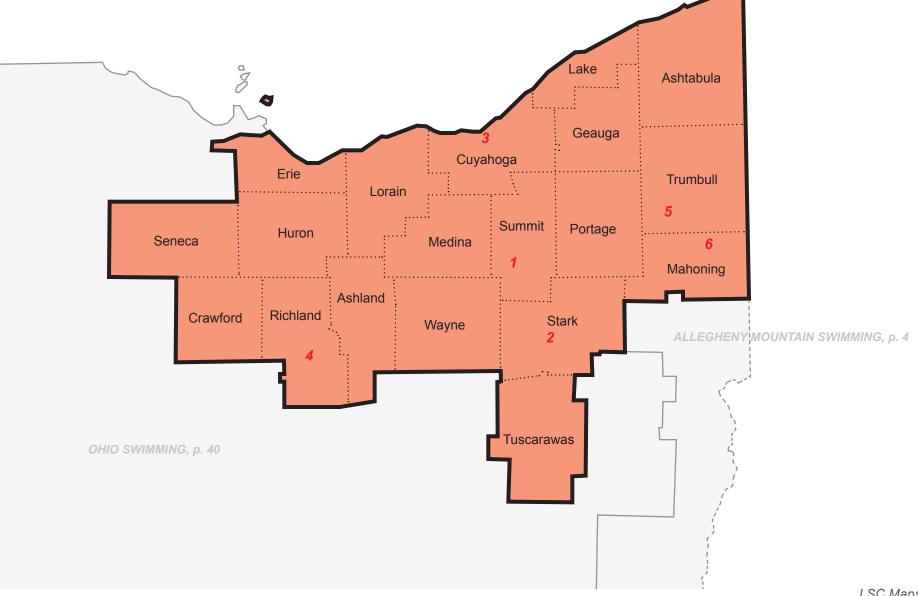
Central Zone

In the State of Ohio, the counties of Seneca, Crawford, Erie, Huron, Richland, Lorain, Ashland, Cuyahoga, Medina, Wayne, Summit, Lake, Geauga, Portage, Stark, Tuscarawas, Ashtabula, Trumbull and Mahoning. **Cities** (all in Ohio)

3 – Cleveland

4 – Mansfield

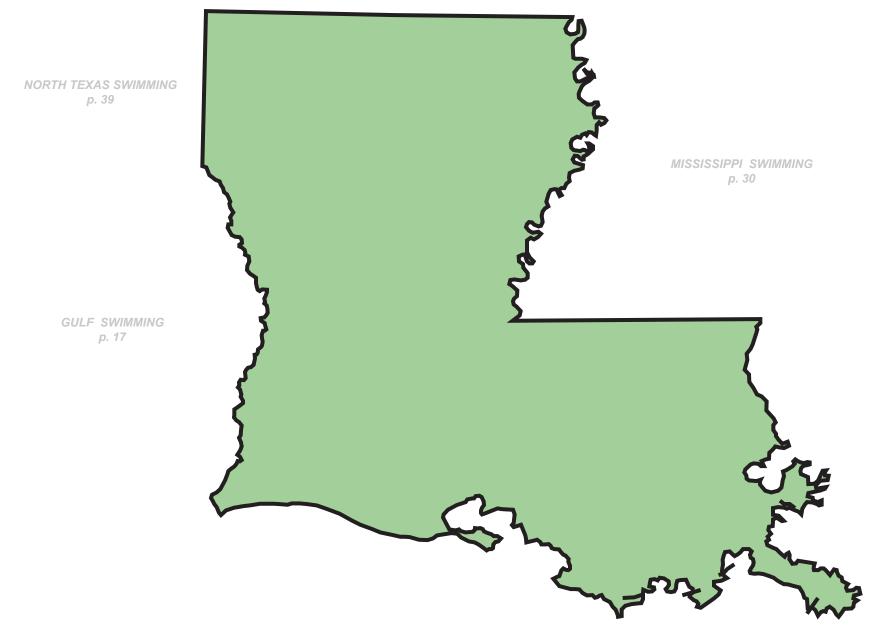
1 – Akron 2 – Canton 5 – Warren 6 – Youngstown



Louisiana Swimming (LA)

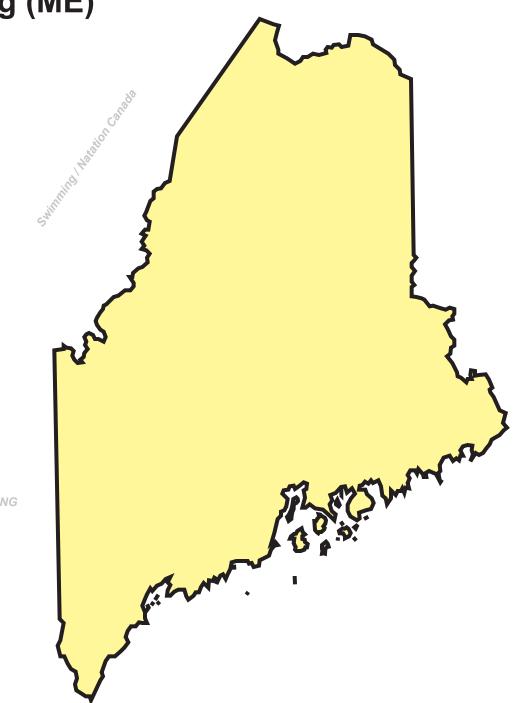
State of Louisiana.

ARKANSAS SWIMMING, p. 5



Maine Swimming (ME)

Eastern Zone State of Maine.

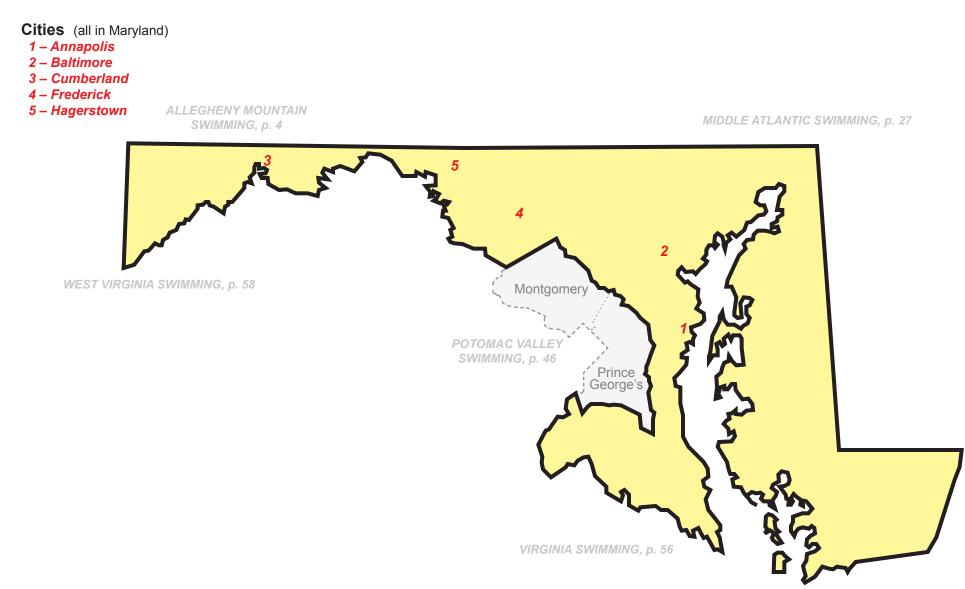


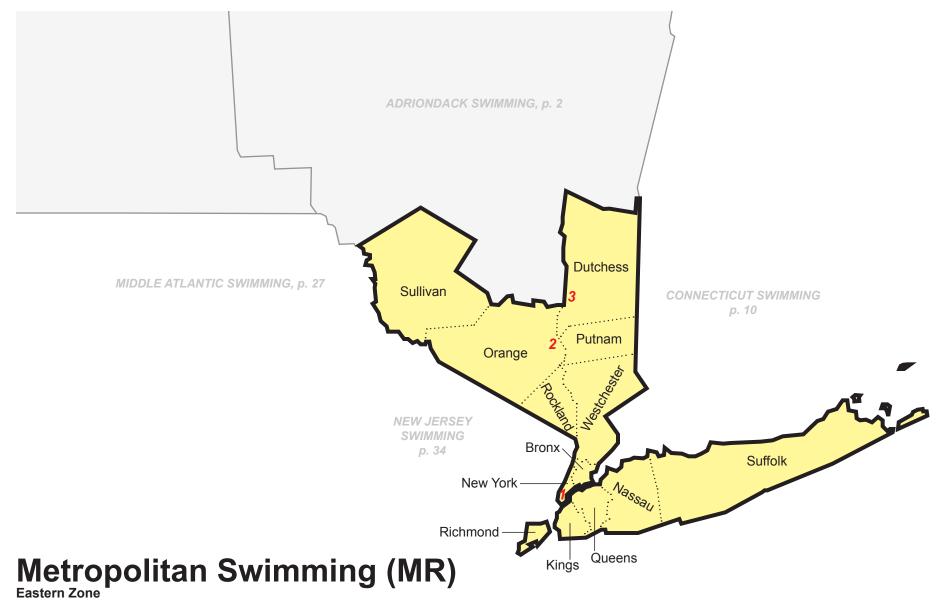
NEW ENGLAND SWIMMING p. 33

Maryland Swimming (MD)

Eastern Zone

State of Maryland, except Montgomery and Prince George's counties.



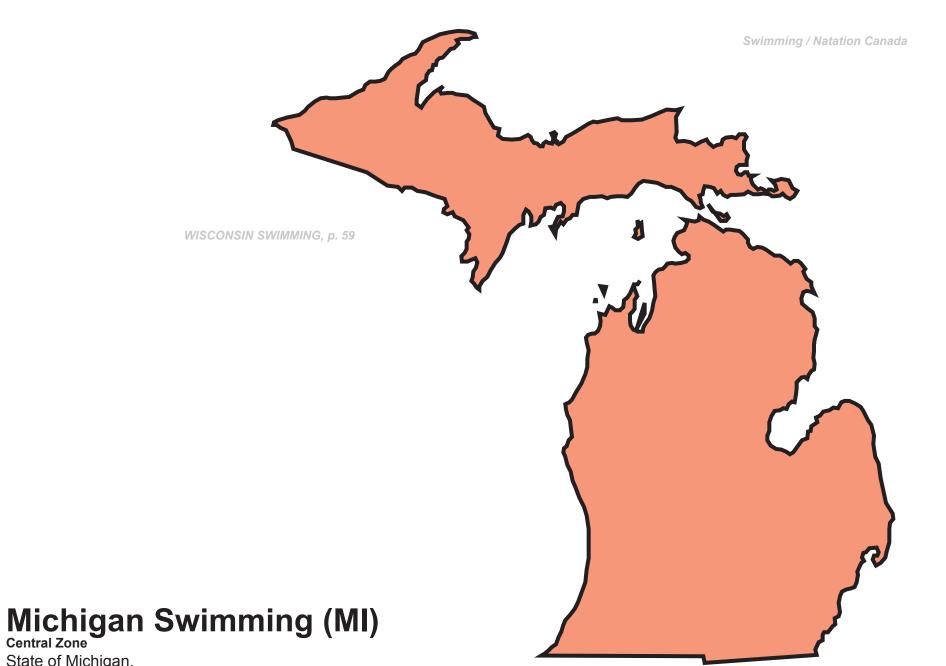


That portion of New York State south of and including the counties of Sullivan, Orange and Dutchess.

Cities (all in New York) 1 – New York City

- 2 Newburgh
- 3 Poughkeepsie





State of Michigan.



- 12 Williamsport, Pennsylvania
- 13 York, Pennsylvania

Midwestern Swimming (MW)

Central Zone

That portion of the State of Nebraska east of the counties of Sheridan, Garden and Deuel; and that portion of the State of Iowa west of and including the counties of Osceola, O'Brien, Cherokee, Ida, Crawford, Shelby, Pottawattamie, Montgomery and Page.

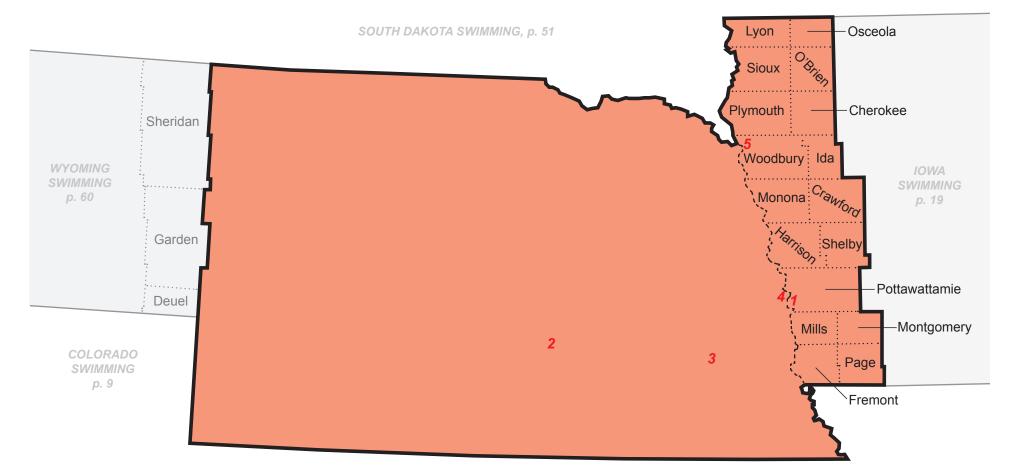
Cities

- 1 Council Bluffs, lowa
- 2 Grand Island, Nebraska

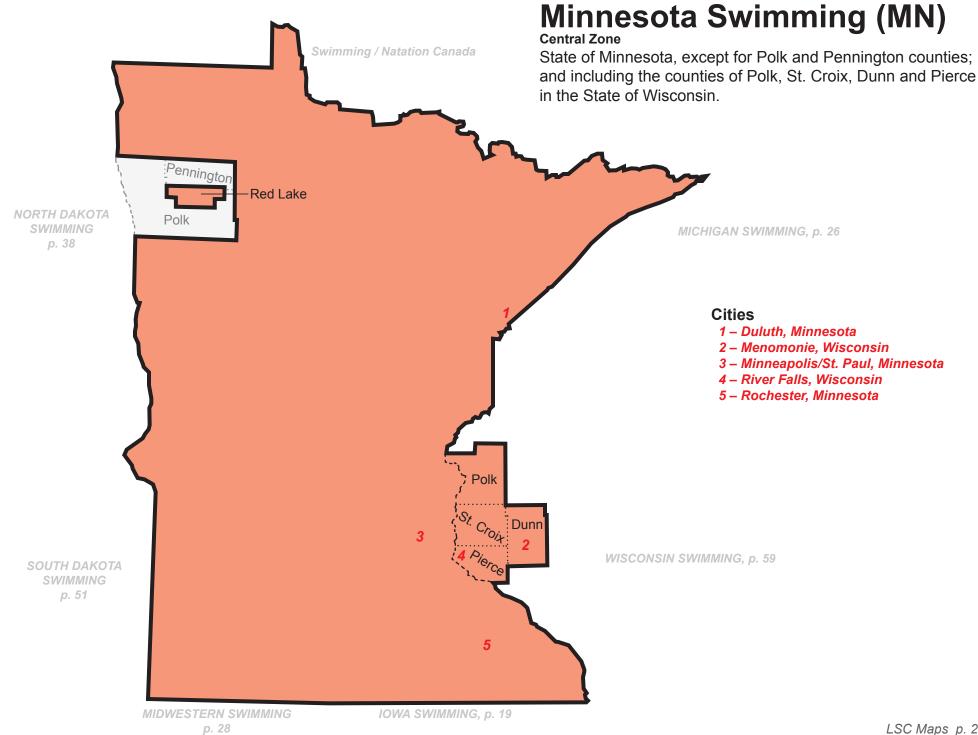
MINNESOTA SWIMMING, p. 29

- 3 Lincoln, Nebraska
- 4 Omaha, Nebraska



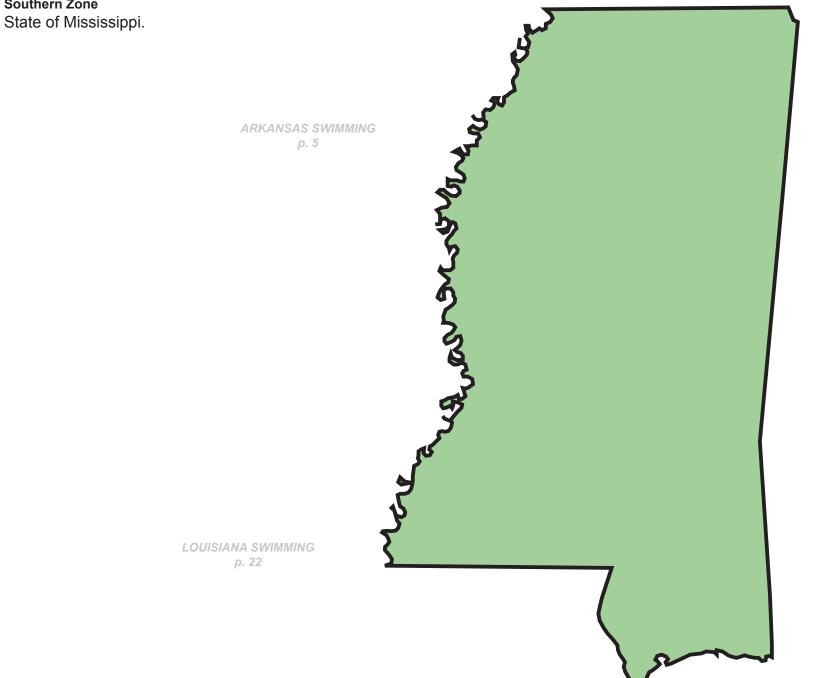


MISSOURI VALLEY SWIMMING, p. 31



LSC Maps p. 29

Mississippi Swimming (MS)



SOUTHEASTERN SWIMMING p. 53

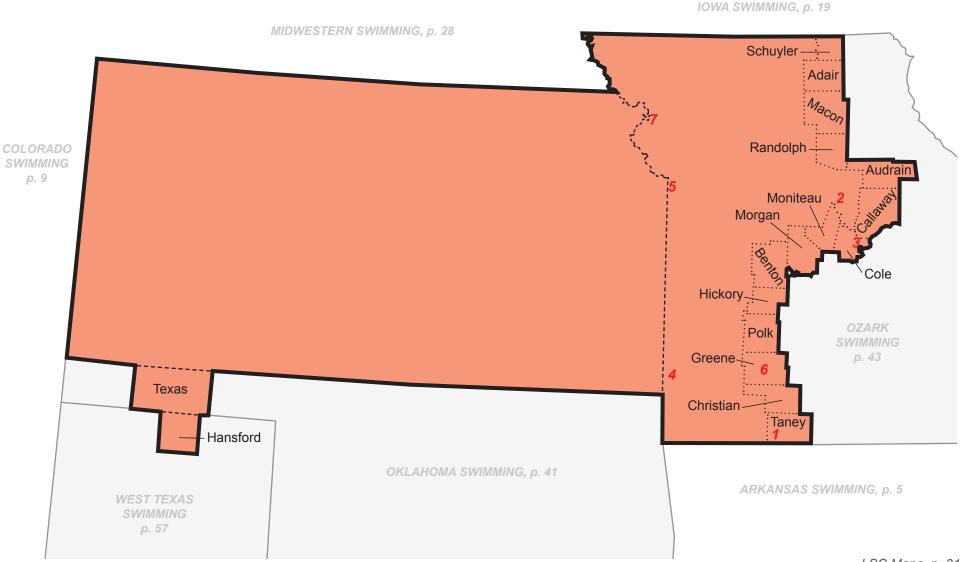
Missouri Valley Swimming (MV)

Central Zone

In the State of Missouri, the counties west of and including Schuyler, Adair, Macon, Randolph, Audrain, Callaway, Cole, Moniteau, Morgan, Benton, Hickory, Polk, Greene, Christian and Taney; the State of Kansas; Texas County, Oklahoma; and Hansford County, Texas.

Cities (all in Missouri)

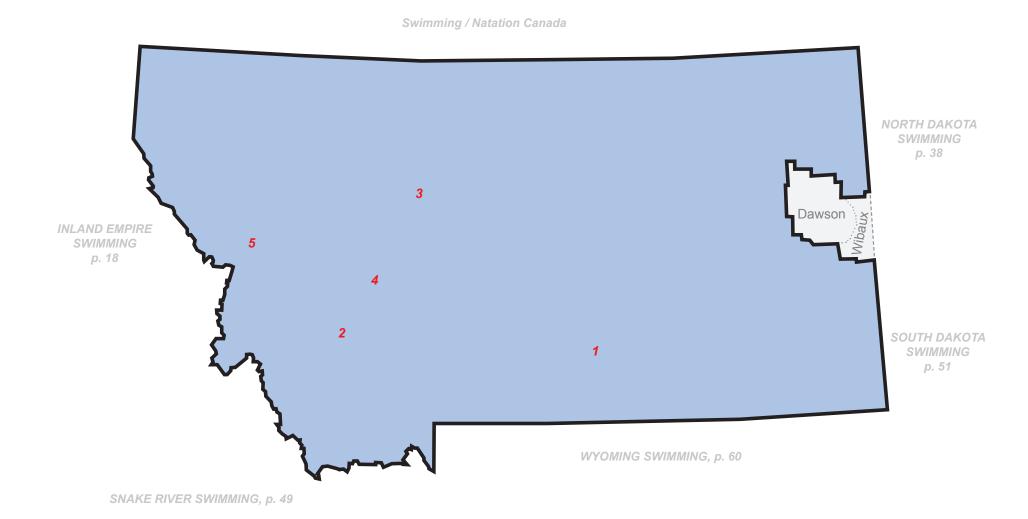
- 1 Branson 5 – Kansas City
- 6 Springfield 2 – Columbia 3 – Jefferson City
 - 7 St. Joseph
- 4 Joplin



Montana Swimming (MT)

Western Zone State of Montana, except Dawson and Wibaux counties. Cities (all in Montana)

- 1 Billings
- 2 Butte
- 3 Great Falls
- 4 Helena
- 5 Missoula



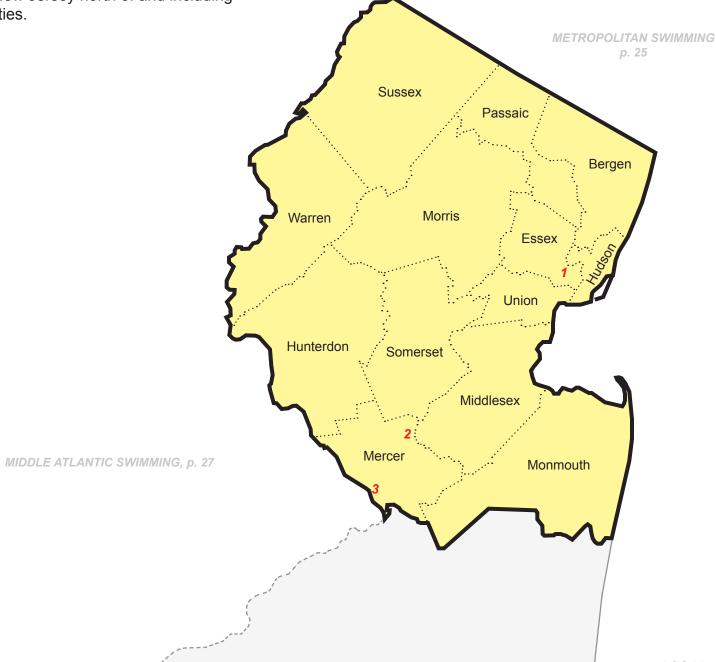


New Jersey Swimming (NJ)

Eastern Zone

That portion of the State of New Jersey north of and including Mercer and Monmouth counties.

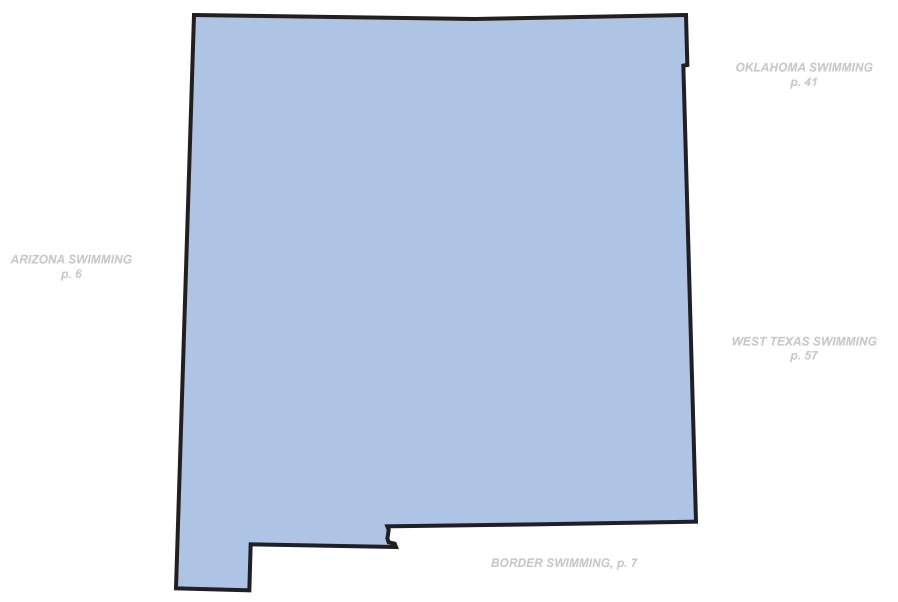




New Mexico Swimming (NM)

Western Zone State of New Mexico.

COLORADO SWIMMING, p. 9

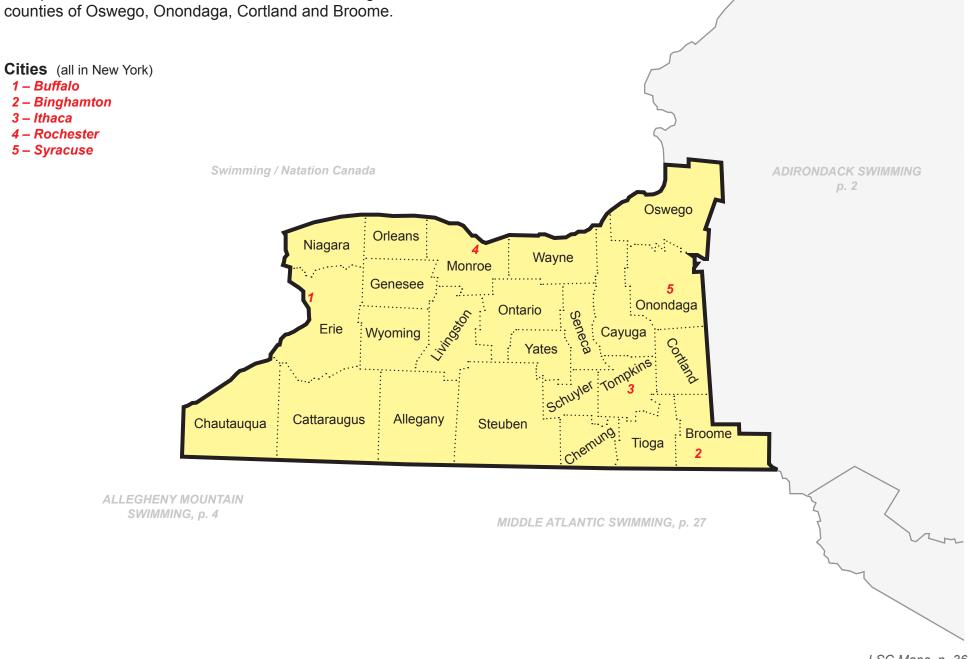


Mexican Swimming Federation

Niagara Swimming (NI)

Eastern Zone

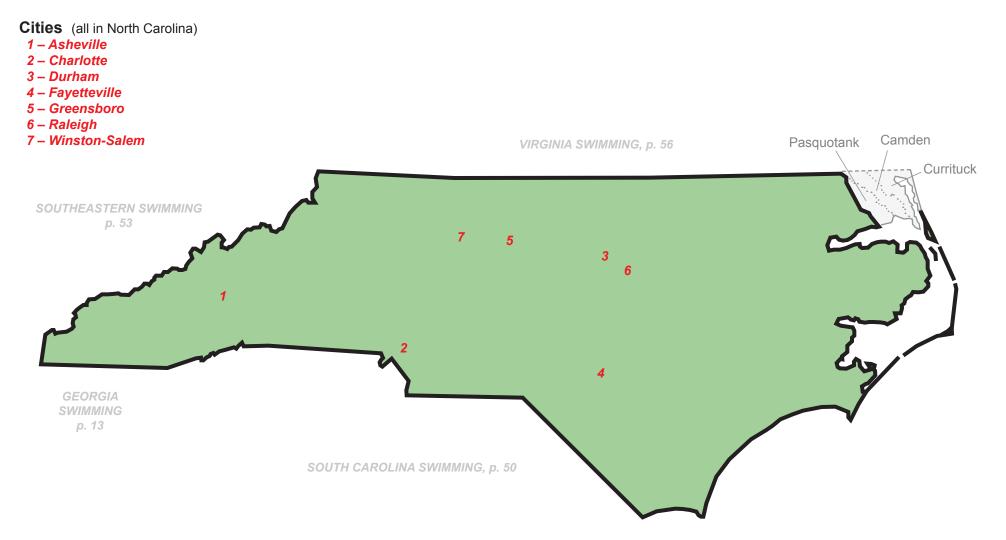
That portion of New York State west of and including the



North Carolina Swimming (NC)

Southern Zone

State of North Carolina, excluding the counties of Pasquotank, Camden and Currituck.



North Dakota Swimming (ND)

Central Zone

State of North Dakota, Dawson and Wibaux counties in the State of Montana, and Polk and Pennington counties in the State of Minnesota.

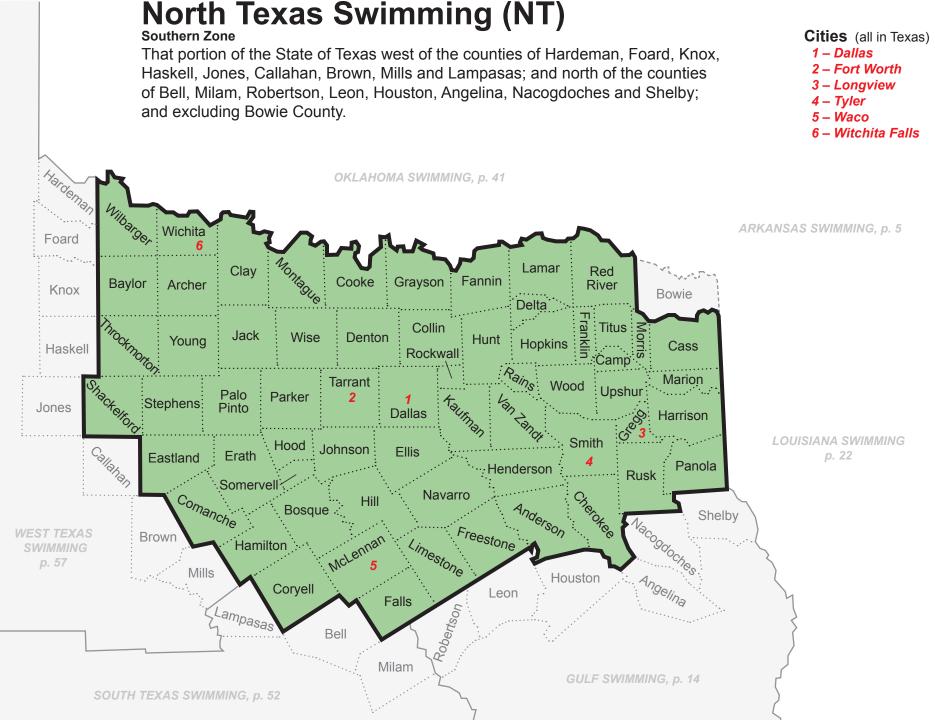
Cities

- 1 Crookston, Minnesota
- 2 East Grand Forks, Minnesota
- 3 Glendive, Montana
- 4 Thief River Falls, Minnesota

MONTANA **SWIMMING** p. 32 Pennington Polk Red Lake Dawson 3 **MINNESOTA SWIMMING** Wiba p. 29

Swimming / Natation Canada

SOUTH DAKOTA SWIMMING, p. 51



Ohio Swimming (OH)

Central Zone

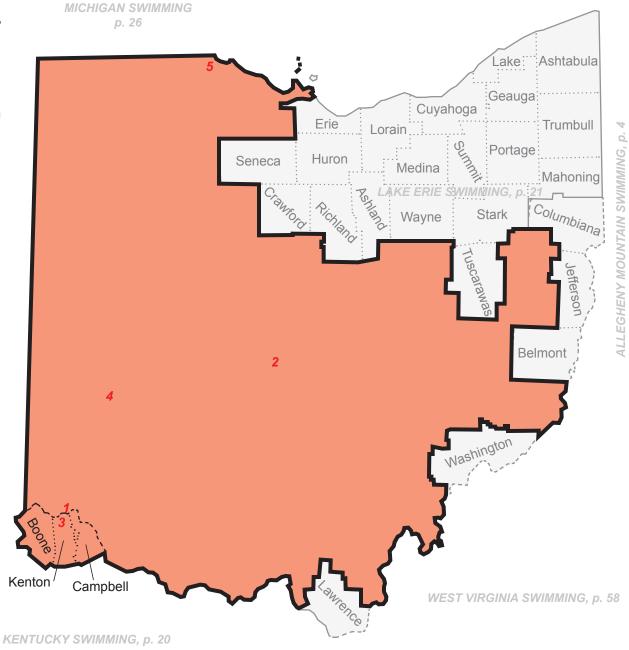
State of Ohio, except the counties of Seneca, Crawford, Erie, Huron, Richland, Lorain, Ashland, Cuyahoga, Medina, Wayne, Summit, Lake, Geauga, Portage, Stark, Tuscarawas, Ashtabula, Trumbull, Mahoning, Columbiana, Jefferson, Belmont, Washington and Lawrence; and including the counties of Campbell, Kenton and Boone in the Commonwealth of Kentucky.

Cities

1 – Cincinnati, Ohio

- 2 Columbus, Ohio
- 3 Covington, Kentucky
- 4 Dayton, Ohio
- 5 Toledo, Ohio

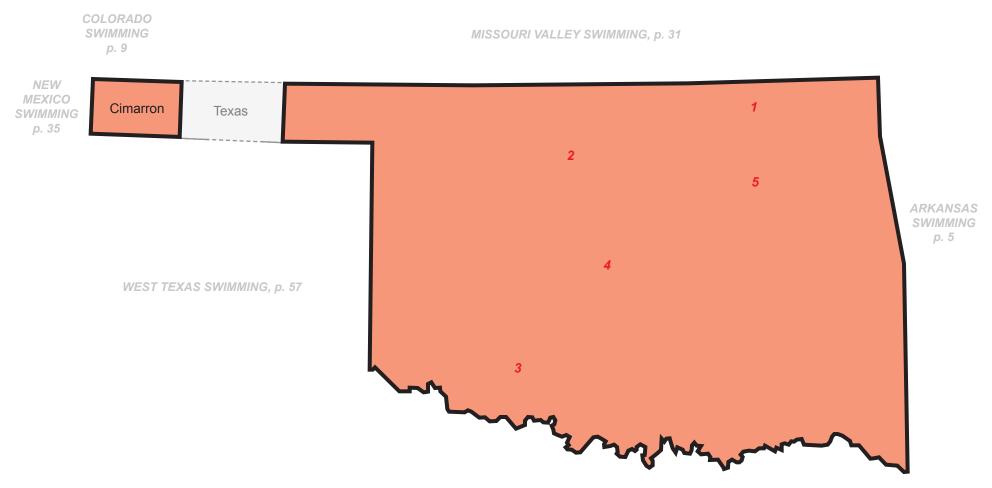
INDIANA SWIMMING p. 17



Oklahoma Swimming (OK)

Central Zone State of Oklahoma, except Texas County. Cities (all in Oklahoma) 1 – Bartlesville 2 – Enid

- 3 Lawton
- 4 Oklahoma City
- 5 Tulsa

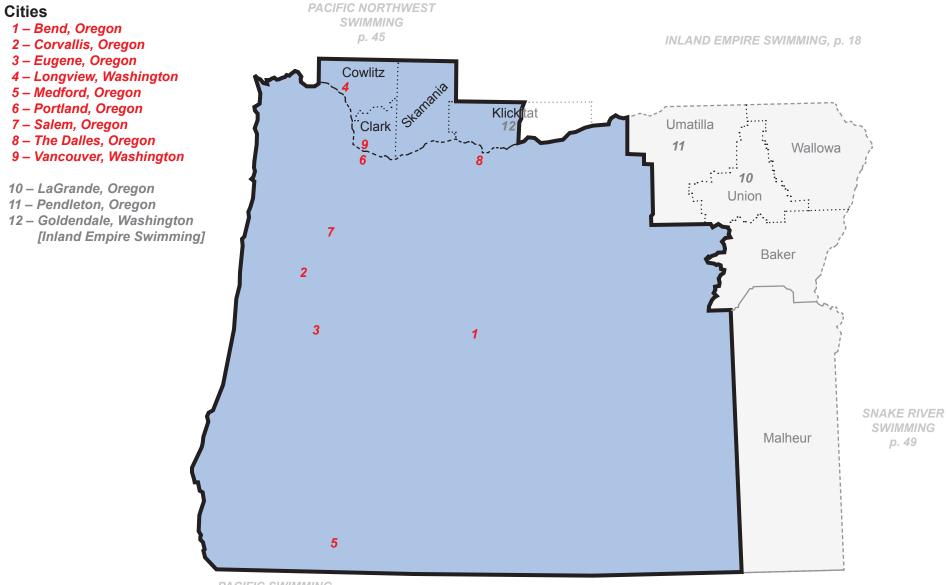


NORTH TEXAS SWIMMING, p. 39

Oregon Swimming (OR)

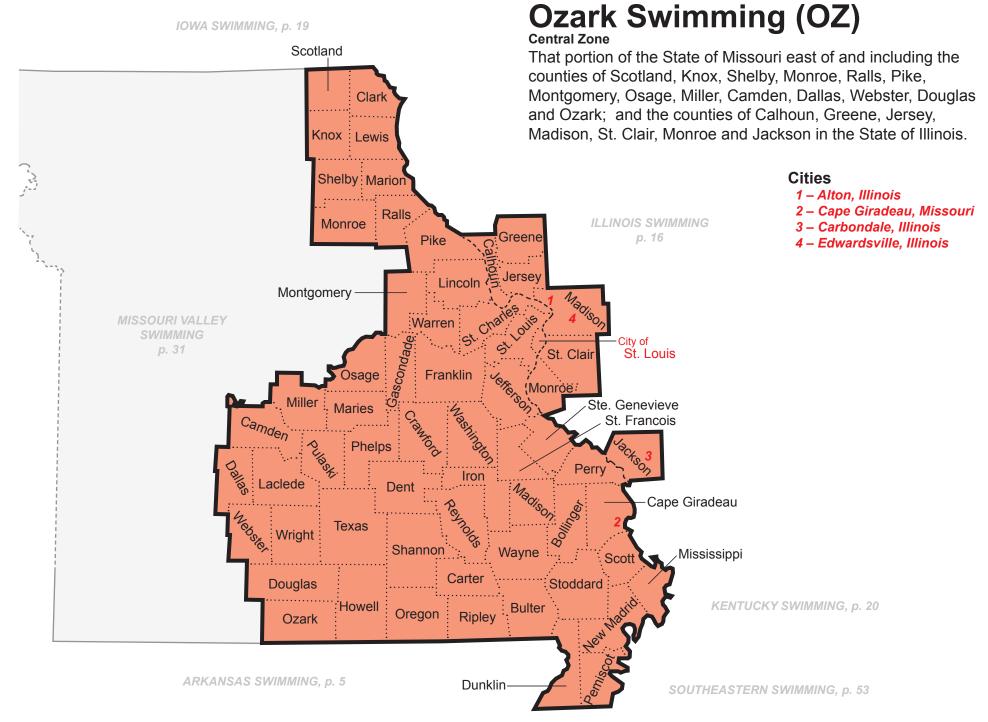
Western Zone

State of Oregon, except for the counties of Umatilla, Union, Wallowa, Baker and Malhuer; and in the State of Washington the counties of Cowlitz, Clark, Skamania, and the portion of Klickitat west of Highway 97, excluding the City of Goldendale.



PACIFIC SWIMMING p. 44

SIERRA NEVADA SWIMMING, p. 48



Pacific Swimming (PC)

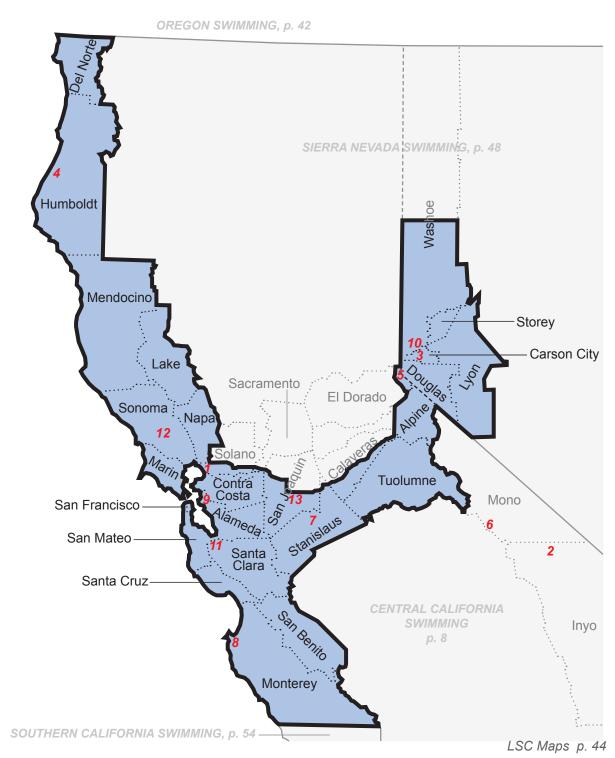
Western Zone

In the State of Nevada, the counties of Lyon, Douglas, Carson City, Storey and the part of Washoe lying south of the northerly boundary of the Pyramid Lake Indian Reservation; and in the State of California, the counties of Del Norte, Humboldt, Mendocino, Lake, Sonoma, Napa, Marin, Contra Costa, San Francisco, Alameda, San Mateo, Santa Clara, Santa Cruz, San Benito, Monterey, Tuolumne and Alpine, and the parts of: Solano and Sacramento counties south of Highway 12, including the communities of Vallejo and Benicia and excluding the communities of Fairfield, Suisun City and Rio Vista; San Joaquin County south and west of the line created by Highway 12 to Interstate 5 to Eight Mile Road to Highway 99 to Highway 4, including the City of Stockton; Stanislaus and Calaveras counties south of Highway 4; El Dorado County east of Highway 89: and the City of Bishop in Invo County and the community of Mammoth Lakes in Mono County.

The Solano Community College pool in Solano County and any pool between Eight Mile Road and Hammer Lane in San Joaquin County shall be available for the use of the Pacific Swimming and Sierra Nevada Swimming LSCs and their respective club members, and both LSCs may sanction swimming events at these pools under their own rules and regulations.

Cities

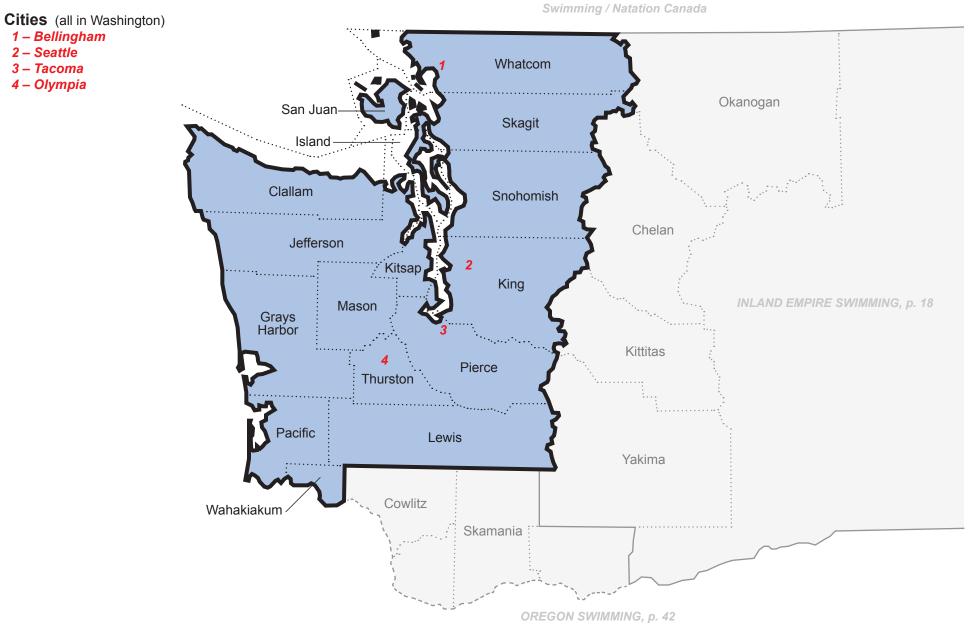
- 1 Benicia & Vallejo, California
- 2 Bishop, California
- 3 Carson City, Nevada
- 4 Eureka, California
- 5 Lake Tahoe, California
- 6 Mammoth Lakes, California
- 7 Modesto, California
- 8 Monterey, California
- 9 Oakland, California
- 10 Reno, Nevada
- 11 San Jose, California
- 12 Santa Rosa, California
- 13 Stockton, California



Pacific Northwest Swimming (PN)

Western Zone

That portion of the State of Washington west of the counties of Okanogan, Chelan, Kittitas and Yakima; and north of Cowlitz and Skamania counties.



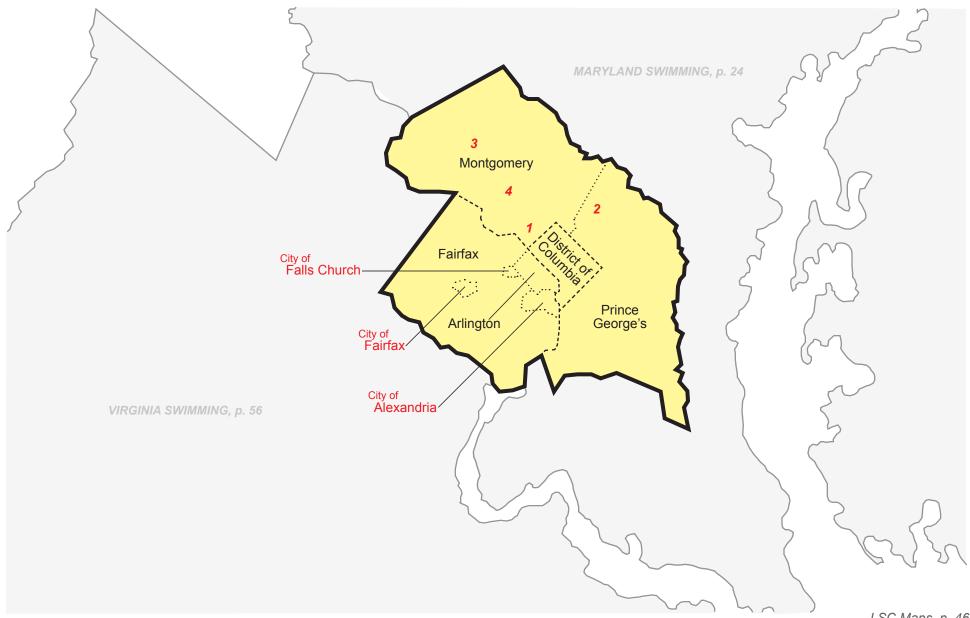
Potomac Valley Swimming (PV)

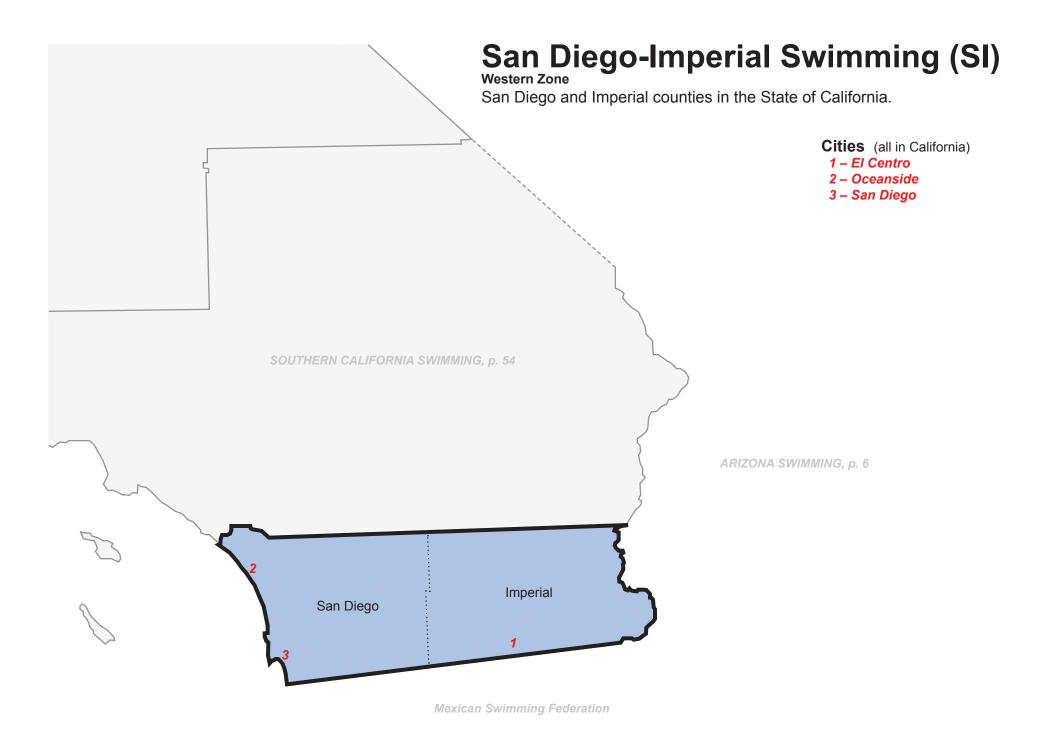
Eastern Zone

Montgomery and Prince George's counties in the State of Maryland; the District of Columbia; and Arlington and Fairfax counties and the cities of Alexandria, Fairfax and Falls Church in the Commonwealth of Virginia.

Cities

- 1 Bethesda, Maryland
- 2 College Park, Maryland
- 3 Germantown, Maryland
- 4 Rockville, Maryland





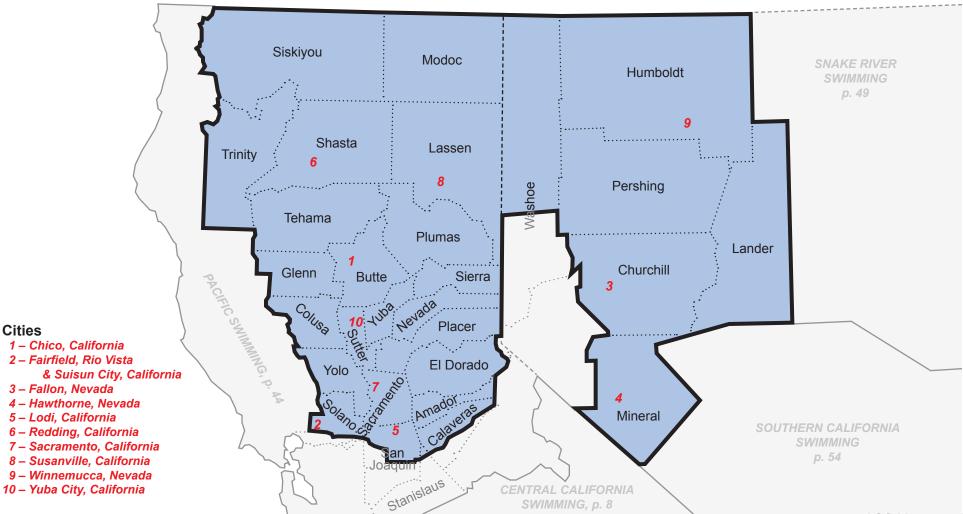
LSC Maps p. 47

Sierra Nevada Swimming (SN)

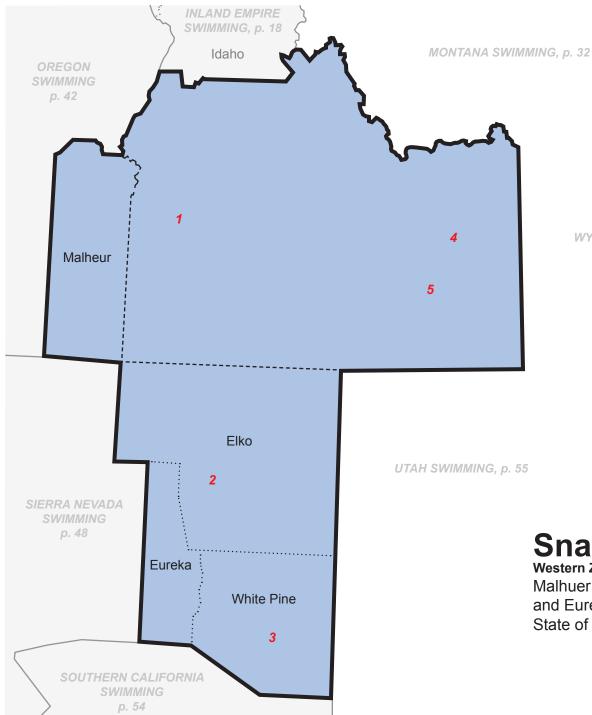
Western Zone

In the State of Nevada, the counties of Humboldt, Pershing, Churchill, Mineral, Lander and the part of Washoe lying north of the northerly boundary of the Pyramid Lake Indian Reservation; and in the State of California, the counties of Siskiyou, Modoc, Trinity, Shasta, Lassen, Tehama, Plumas, Glenn, Butte, Sierra, Colusa, Sutter, Yuba, Nevada, Placer, Yolo and Amador; and the parts of: Solano and Sacramento counties north of Highway 12, including the communities of Fairfield, Suisun City and Rio Vista and excluding the communities of Vallejo and Benicia; San Joaquin County north and east of the line created by Highway 12 to Interstate 5 to Eight Mile Road to Highway 99 to Highway 4, excluding the City of Stockton; Stanislaus and Calaveras counties north of Highway 4; and El Dorado County west of Highway 89.

The Solano Communicty College pool in Solano county and any pool between Eight Mile Road and Hammer Lane in San Joaquin County shall be available for the use of the Pacific Swimming and Sierra Nevada Swimming LSCs and their respective club members, and both LSCs may sanction swimming events at these pools under their own rules and regulations.



OREGON SWIMMING, p. 42



Cities

- 1 Boise, Idaho
- 2 Elko, Nevada
- 3 Ely, Nevada
- 4 Idaho Falls, Idaho
- 5 Pocatello, Idaho

WYOMING SWIMMING, p. 60

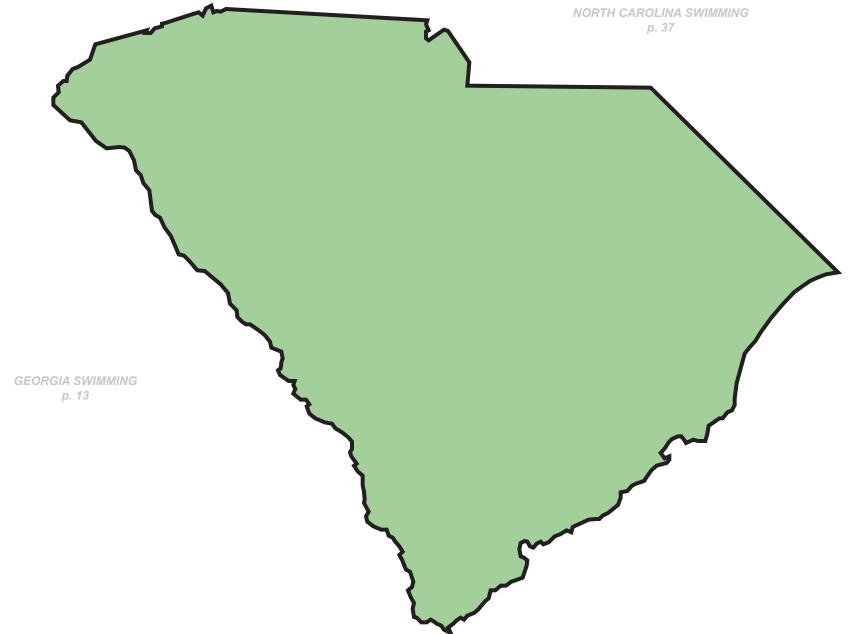
UTAH SWIMMING, p. 55

Snake River Swimming (SR) Western Zone

Malhuer County, Oregon; the counties of Elko, White Pine and Eureka in the State of Nevada; and that portion of the State of Idaho south of Idaho County.

South Carolina Swimming (SC)

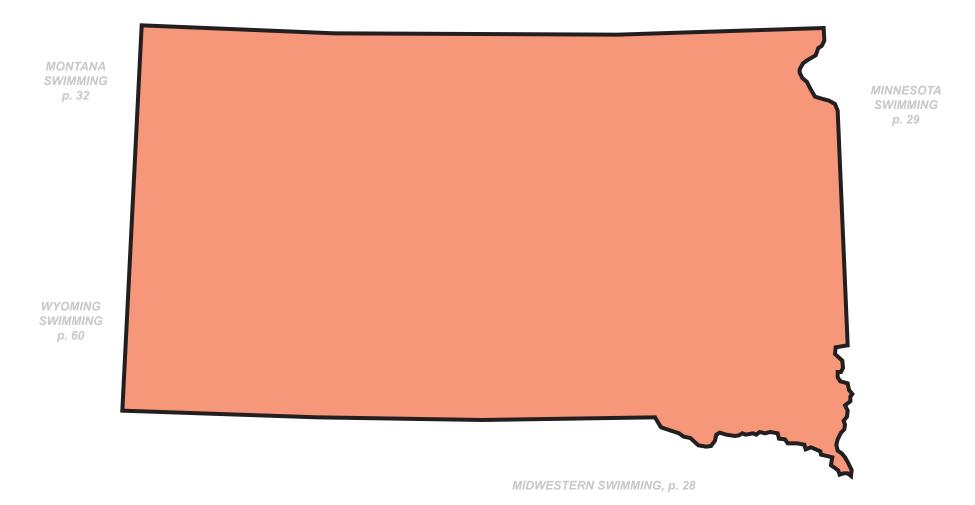
Southern Zone State of South Carolina.

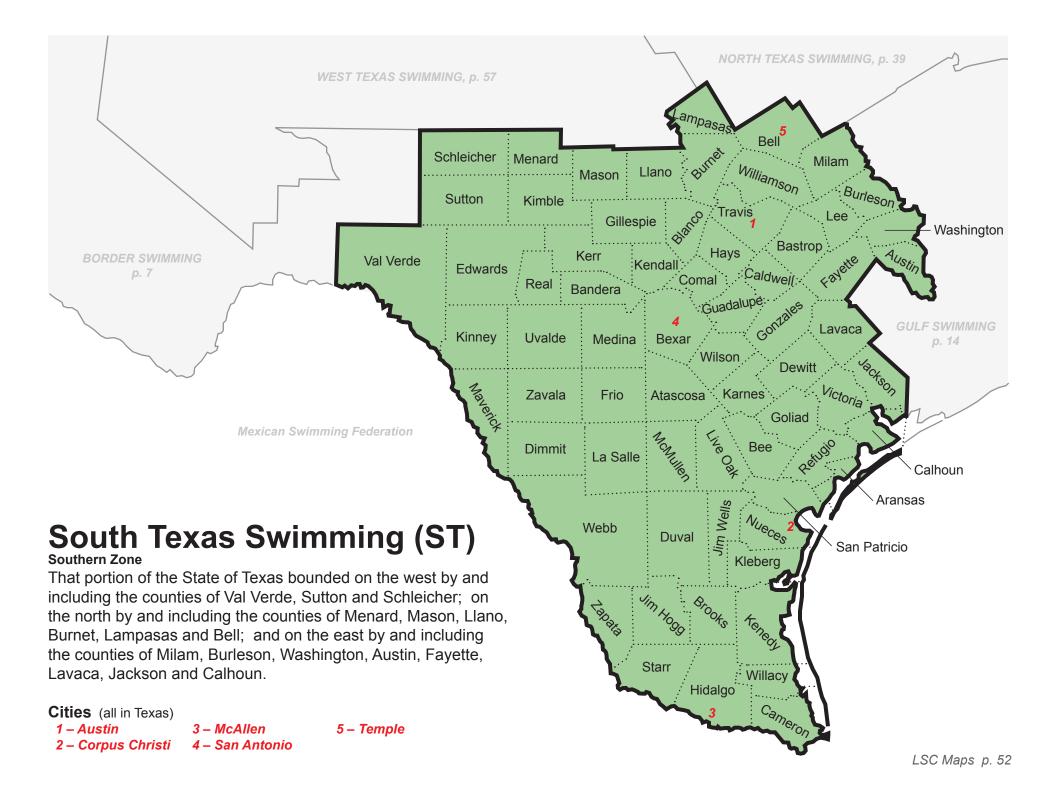


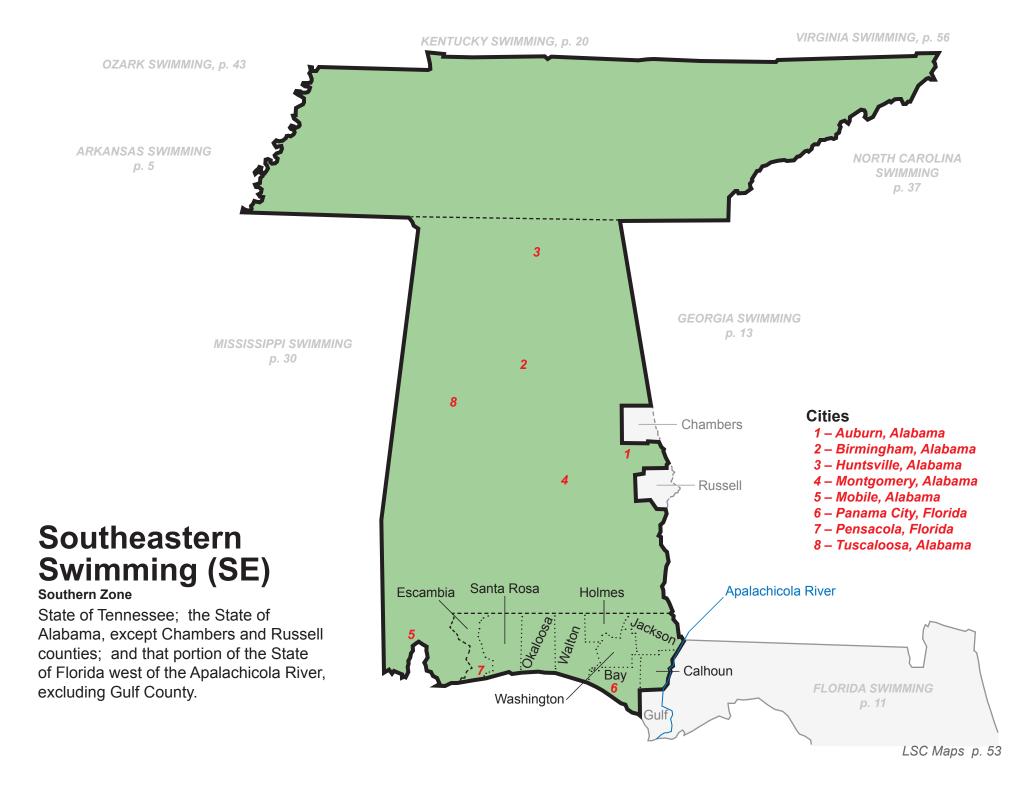
South Dakota Swimming (SD)

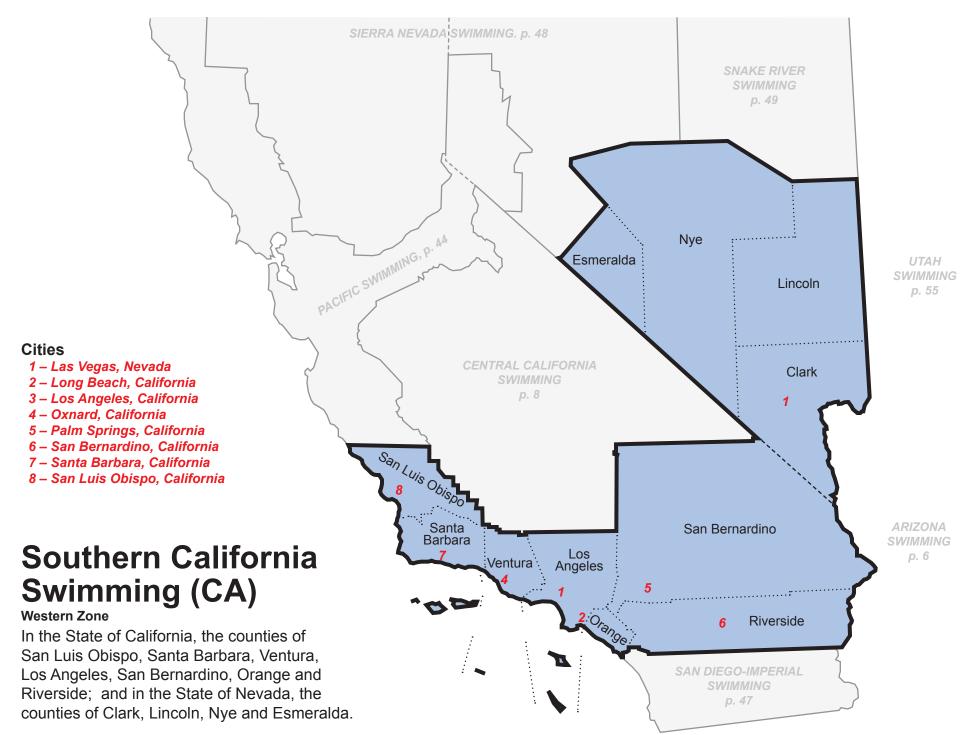
Central Zone State of South Dakota.

NORTH DAKOTA SWIMMING, p. 38



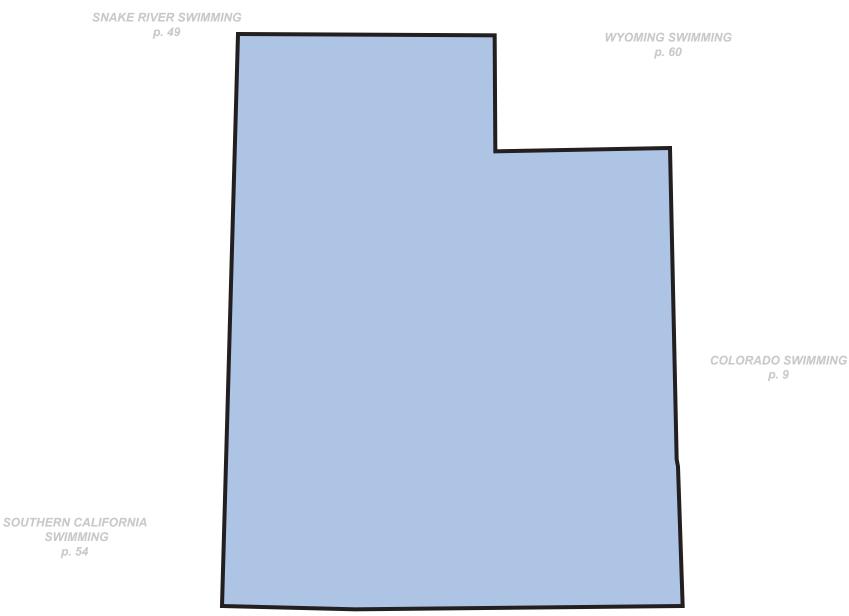






Utah Swimming (UT)

Western Zone State of Utah.

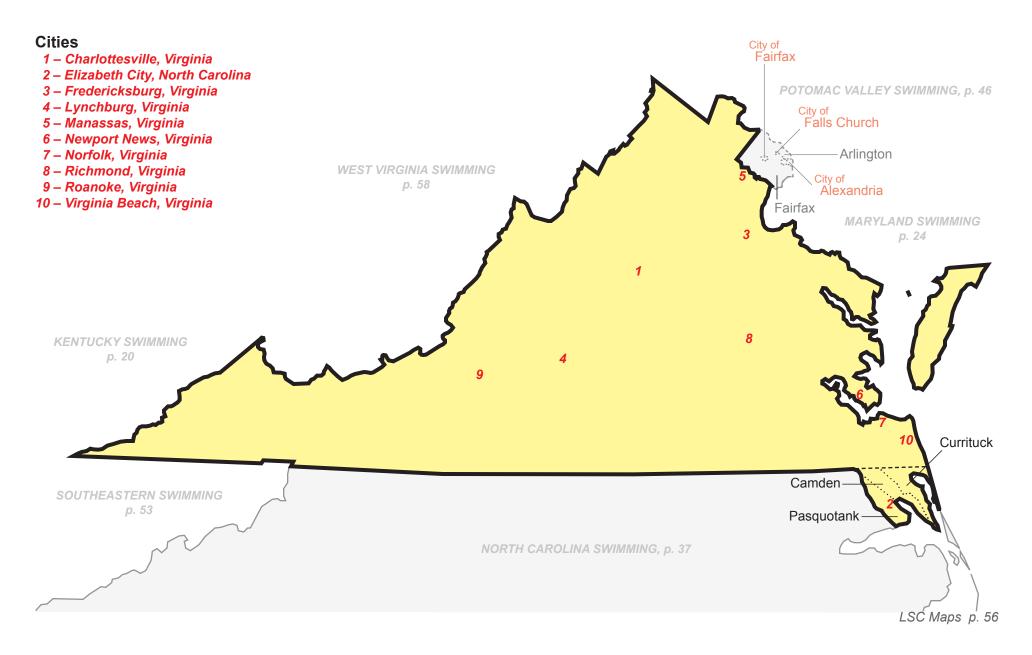


ARIZONA SWIMMING, p. 6

Virginia Swimming (VA)

Eastern Zone

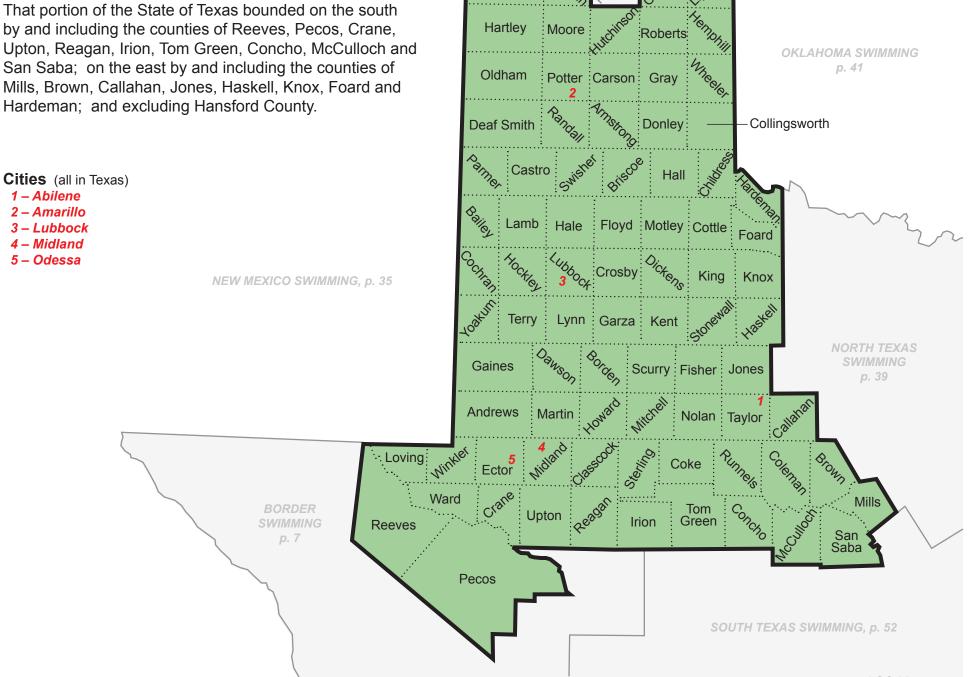
Commonwealth of Virginia, except Arlington and Fairfax counties and the cities of Alexandria, Fairfax and Falls Church; and including the counties of Pasquotank, Camden and Currituck in the State of North Carolina.



West Texas Swimming (WT)

Southern Zone

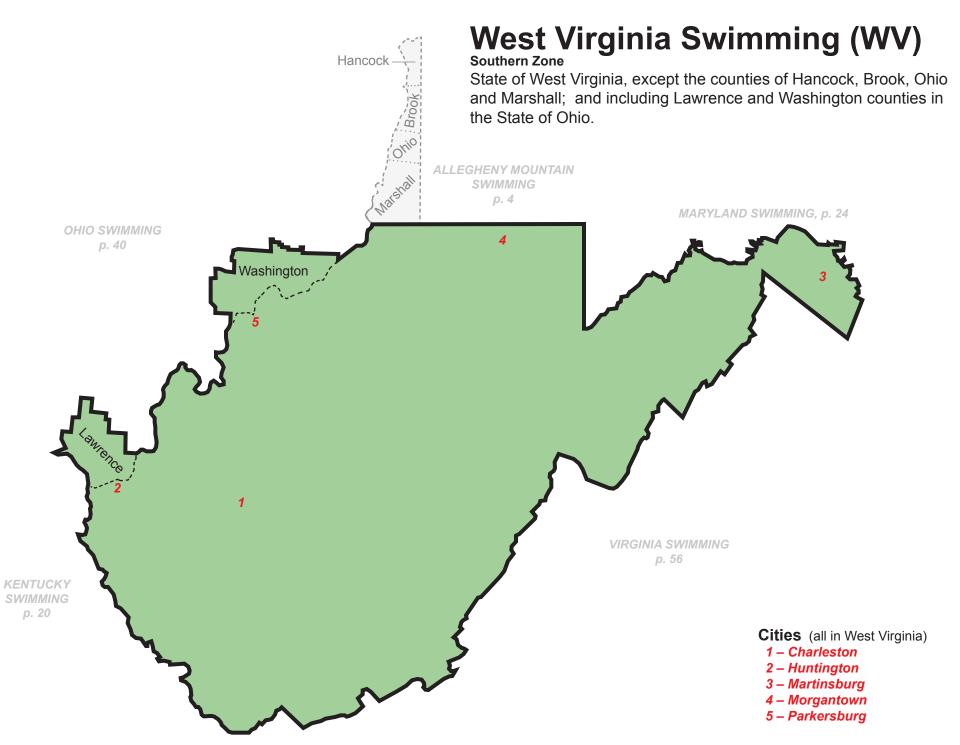
That portion of the State of Texas bounded on the south by and including the counties of Reeves, Pecos, Crane, Upton, Reagan, Irion, Tom Green, Concho, McCulloch and San Saba; on the east by and including the counties of Mills, Brown, Callahan, Jones, Haskell, Knox, Foard and Hardeman; and excluding Hansford County.



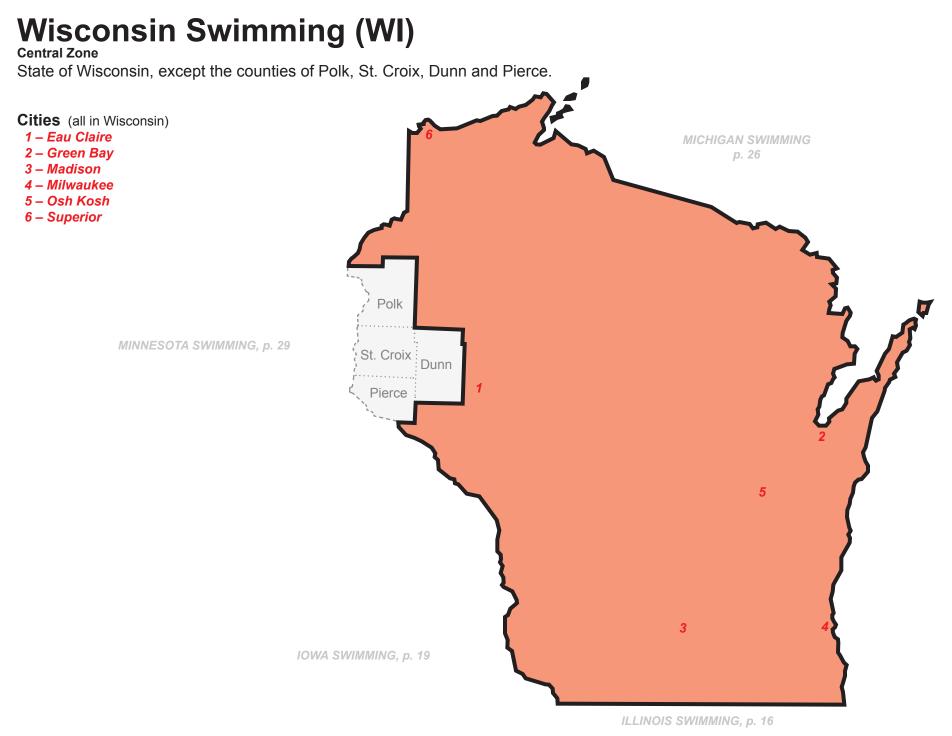
MISSOURI VALLEY SWIMMING, p. 31

Sherm

Dallam



LSC Maps p. 58



Wyoming Swimming (WY)

Western Zone

State of Wyoming, and that portion of the State of Nebraska west of and including the counties of Sheridan, Garden and Deuel.

