Our mission – To support LSCs through shared communication of available resources

LSC Development Committee Meeting Minutes
Tuesday, May 24, 2022
5PM PDT/8PM EDT

1. Welcome! Shelly opened the meeting by reading the mission statement. Committee member introductions. 
   Attendance: Shelly Rawding (Chair), Kim O'Shea, Kile Zeller, Mary Ellen Tynan, Lamar DeCasseres (8:11PM), Wade Heggie, Bob Staab, Paige Sikkema, Cole Kincart (athlete), Jacks Mitchell (athlete), Ali Bragg (athlete), Carson Dailey (athlete), Jane Grosser (staff), Ellery Parish (staff)(8:30PM). Bold indicates present.

2. Announcements – no announcements

3. Team building – today is National Asparagus Day. Either you love it or hate it. Do share your reasons...
   Shelly – loves asparagus. In Walla Walla would drive through the sweet onion and asparagus fields and would associate with sour cream and onion chips.
   Ali – loves asparagus grilled with parmesan.
   Cole – had asparagus yesterday. Loves it grilled to the perfect sear.
   Bob – not a huge fan. Prefers grilled but cooking inside tonight.
   Kile – boiled asparagus covered in hollandaise sauce.
   Kim – tolerates asparagus because she was served canned as a kid. Susan Teeter made it roasted with balsamic and parmesan.
   Paige – likes it two ways. First is healthy - air fried with seasoning or unhealthy – bacon wrapped on the grill but watch for fire!
   Mary Ellen – loves asparagus, but once a friend gave her an entire case so after finishing it she didn’t like asparagus for a while. Prefers grilled with parmesan.
   Wade – doesn’t like it. If he can’t spell it he doesn’t eat it.
   Jane – loves prosciutto wrapped in the air fryer
   Lamar – doesn’t hate it doesn’t love it. Needs to be cooked right with pepper.
   Ellery (after she arrived) – loves asparagus

4. Minutes – April 23 here - minutes approved as presented


6. Working Groups Updates
   a) Shared Services – Mary Ellen
      i. Athlete engagement at the LSC level - NT - Mary Ellen reported that on May 7th, Ali had a meeting with Barbara (NT ADMIN VICE CHAIR) and 37 athletes from NT interested in becoming more active in the LSC. This was a huge win since currently NT is out of compliance with the number of athletes on the BOD and on their committees. Ali reported that Barbara did a great job presenting the structure of USA Swimming and the
structure within the LSC. Ali explained what she has done in Maine and answered questions. Several athletes reached out to her after for more information. The last time Mary Ellen spoke to Barbara at least 10 of the athletes in attendance indicated they would be interested in being on the BOD or on a committee. Mary Ellen will be working with NT to continue to move this forward and Ali will follow up too. Bob suggested contacting the Zone athlete reps. Shelly asked Paige about the athlete engagement in Gulf Swimming and Paige indicated they have set goals for their athletes moving forward. Jane said we need to be careful as athlete engagement can ebb and flow. Senior Chair is usually the one in the By-laws charged with overseeing the athletes.

ii. Survey results - Mary Ellen presented the non-athlete survey results HERE. 24 responses and all are indicated in exploring shared services. Cole presented the athlete survey results. They got 22 responses and the common struggles were communication, retention and consistency. They focused on big picture items. Sharing about neighbors and LSC size.

iii. Next meeting will be June 14th at 7PM EDT.

b) DEI – Lamar – Three DEI focused resources in the beginning stages. December 1 target deadline. Education and resources to help athletes. He will connect with Leland soon. No need for our help at this time.

c) LEAP – Bob Discussion: 2023 LEAP Revision draft Here - Wade, Jane and Bob met a few weeks ago. Narrowed it down to 7 topics: Governing documents, General, Financial Policies, Athlete Protection, DEI, Development, Technology and the narrative which asks four questions (most successful at, challenges, two things you do great, areas help needed). Meeting again next month with a September 1 target date. They were careful not to take out too much because don’t want LEAP to lose its meaning. Would there be a way to have Team Unify set up a specific place for LEAP so it is in the same place on everyone’s website? LSC Leading Resources Documents really helpful. Next meeting June 8th at 6PM MT.

d) Workshops – Kim –

i. Next two subgroup meetings Tuesday June 7th at 11am MT & Monday June 20th at Noon MT.

ii. Discussion: Mighty 2500 Workshop Colorado Springs Nov 4-6 (Kim)

1. Link to working agenda HERE . Biggest thing they need help with for the Mighty 2500 November Workshop is with activity ideas. Lamar has been voluntold to attend and provide input as they want to integrate DEI into everything. Kim reviewed the schedule. She also noted the National Age Group Summit will also be in town so additional resources may be available. Ellery says it looks great. Kim wants to have all the info ready by June to send out. Shelly said we need good music (EAGLES!).

7. USA Swimming roll outs – SWIMS 3.0, OMR, Membership data reports. How can we help get the word out? Feedback as these programs roll out. Jane reported Denise with working with 50 LSC registrars? Mary Ellen reported Coaching role out may need more support. Ellery explained the Coaching Framework and the continuing education. Used money from Keeping Athletes First. Big push to bring professionalism to coaching.
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Meeting Schedule - 4th Tuesday of the Month (with exceptions as noted)
June 28th - LSC Development Committee Meeting on Zoom 5:00pm Pacific/8:00pm Eastern
July 26th - LSC Development Committee Meeting on Zoom 5:00pm Pacific/8:00pm Eastern
August 23rd - LSC Development Committee Meeting on Zoom 5:00pm Pacific/8:00pm Eastern

Join Zoom Meeting (link from 2/24/22)
https://usaswimming.zoom.us/j/98586947527?pwd=WHNON204bjY4S0xYZEdZTXdVc2dlUT09
Meeting ID: 985 8694 7527
Passcode: 045058