

Our mission – To **support** LSCs through shared communication of available resources



**LSC Development Committee Meeting Minutes**

**August 29, 2023, 2023**

5pm PT/8pm ET on TEAMS.

1. Welcome!
2. **Attendance: Shelly Rawding (Chair), Lamar DeCasseres, Wade Heggie, Kim O'Shea, Paige Sikkema, Bob Staab, Mary Ellen Tynan, Kile Zeller, Ali Bragg (athlete), Cole Kincart (athlete), Annie Kramer (athlete), Mia Nagle (athlete), Jane Grosser (staff), Ellery Parish (staff). Bold indicates present.**
3. Announcements
  - a) Jane announced that Ellery is moving to the position of Manager of Business Affairs working with the USA-S BOD and Legal Affairs so she is off of our committee. She will be replaced by Bernardine Dickman, the new member of Team Services. Everyone wished Ellery congratulations and how much she will be missed.
  - b) Jane continued with explaining the new structure within Team Services. Jay Chambers will be handling the YMCA and Lifetime side of things along with a few LSCs (Maine).The website will be updated.
4. Team building – August 29<sup>th</sup> is National Lemon Juice Day. Who knew there was such a thing....OK-Lemon Bars – are you a fan or not?
  - a) Paige – Perry's Steakhouse has a pork chop Sunday meal deal. It's a very large pork chop and for dessert is a lemon tart. The tart was huge and covered in meringue. Best lemon dessert ever!
  - b) Ellery – loves to make lemon curd
  - c) Kim – lemon bar fan
  - d) Mary Ellen – still has a Peanuts cookbook she had as a kid with a recipe for Lucy's Lemon Bars. Has a Peanuts cartoon that relates to each recipe. Best lemon bars and her daughter still makes them.
  - e) Cole – more than lemon bars, lemon ice at a place down the street is his go-to.
  - f) Mia – likes lemon bars but only when done right, loves lemon curd
  - g) Ali – not a lemon bar fan, likes lemon ginger tonic
  - h) Jane – lemon lover, even has a lemon tree!
  - i) Wade – not lemon bars but always asks for lemon at restaurants. Was asked if they ever make lemon fudge and he thought they used to.
  - j) Shelly – daughter likes to suck on lemons and make faces

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- k) Kile – cool that Jane has a lemon tree
- 5. Minutes – July 18th [here](#) – accepted as presented
- 6. Working Groups Updates
  - a) Workshops
    - i. Mighty Workshop in November – next Workshop Task Force meeting is September 19 at 6PM MT and Kim has invited staff members who will be in attendance at the workshop. Kim is meeting with Bernie on the 8<sup>th</sup> since Ellery will no longer be responsible for this event. Still waiting to get final word from a few LSCs.
    - ii. Women in Governance – Shelly - 44 LSC nominees and 8 self-nominees (52 total) to start in September. Things should run smoothly. Made a few changes to include smaller group activities.
  - b) Shared Services
    - i. Dryside (Mary Ellen)
      - a. Border and NM – No progress so remove from agenda at this point
      - b. New England and Maine (June 25 Maine HOD vote) – Mary Ellen announced that New England just had their HOD vote minutes ago and voted 56-0-1 to allow the 7 teams from MESI to join. It will be effective October 28<sup>th</sup>. It is unclear when anything of such enormity has occurred in recent history.
      - c. Gulf – athlete retreat was held August 5<sup>th</sup>. Only 10 athletes attended. May need to look at a different weekend. They did have presentation on committee roles and are moving forward now with elections.
      - d. N Texas – Cole will touch base with the NT athletes. They are due for a follow-up.
      - e. Wyoming and Montana – Jane reported the USA Swimming is working on a bigger Swimposium concept that would include the Regional Coaches Clinic and tracks for both younger and older athletes. Target is the spring of 2024 (April).
      - f. North Dakota – Jane said North Dakota needs help. Cole noted that he has all those contacts so he will reach out.
      - g. Lake Erie and Ohio – Mia reported that the athletes of the LSCs are going to be setting up a meeting in the next few weeks. During the summer they have just had informal conversations. Nate Chessey will now be covering these LSCs and has experience from working through the Maine-New England territory change.
      - h. Alaska – Alaska reached out to Jane to get information on a potential office staff position. A small office staff position was recently approved and Mary Ellen will be advising them on the next steps.

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- i. South Texas – Jane reported South Texas will have five new people coming on the BOD. Hoping for some positive change. Deanna Oliphant is working hard on this. Their Governance Committee is also working hard and they need a strong Board Orientation. Jane will speak with Dana to see how we can support them.

ii. Meets and Events

- a. ME Safe Sport webinar by athletes – Audrey Cohen, the MESI Safe Sport Chair, hosted a Safe Sport Workshop on August 27 at 7PM ET focused on mental health. It was open to all and 56 people attended from at least 10-15 LSCs. Jessica Kirby was the speaker and initial feedback is very positive.

7. Annual Business Meeting

- a) USA Swimming HOD in September has been changed to start at 12 noon Mountain Time
- b) The final copy of our legislation was submitted and can be found [HERE](#)
- c) At ABM, USA=S will start the GC resources program. Over 50 LSCs will be sending GCs or someone representing them. Mitch Gold has done an awesome job putting things together. People will arrive Thursday morning and the program will run Thursday PM – Saturday AM

8. Other –Applications for committees will be posted soon and due October 6<sup>th</sup>. We have three rolling off (Shelly, Kim, Wade) and two who can reapply (Mary Ellen and Lamar). Cole and Ali's terms also expire and they are eligible to reapply for another term...

**Meeting Schedule** - 4<sup>th</sup> Tuesday of the Month (with exceptions as noted)

August 29 - LSC Development Committee meeting on Teams 5pm Pacific/8pm Eastern

September 26 - LSC Development Committee meeting on Teams 5pm Pacific/8pm Eastern

October 24 - LSC Development Committee meeting on Teams 5pm Pacific/8pm Eastern

November 28 - LSC Development Committee meeting on Teams 5pm Pacific/8pm Eastern

## Microsoft Teams meeting

**Join on your computer, mobile app or room device**

[Click here to join the meeting](#)

Meeting ID: 231 296 387 498

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