June 1, 2018

Present: Jay Thomas, Mickey Smythe, Julie Bare, Tim Bauer, Charles Cockrell, Cecil Gordon, JP Greener, Suzanne Heath, Jim Holcomb, Larry Johnson, Madison Lash, Jeri Marshburn, Dan McAllen, Erin McCarthy, Lucinda McRoberts, Ed Miller, Gloria Schuldt, Sandy Searcy, Nick Smagula, Rachel Stratton-Mills, Mike Stromberg, John Wilson, Carol Zaleski and Robert Broyles (Administration Vice Chair) Staff Liaison: Cathy Durance.

Guests: Tom Avischious and Herb Schwab.

Absent: Greg Lockard, Brad Jacobs and Anneliese Eggert.

Call to Order: The meeting was called to order at 5:17 pm, June 1, 2018, by Chair Jay Thomas who welcomed everyone. Committee members introduced themselves.

Minutes: The minutes from the Rules meeting in Dallas, Texas, September 13 and 14, 2017 were approved as written.

Motion Authorizing Chair to Interpret Rules on behalf of the Committee – It was moved and seconded to authorize Jay Thomas, Chair of the Rules and Regulations Committee, to interpret rules on behalf of the committee in between meetings of the committee. MOTION CARRIED unanimously.

Reports from Affiliated Organizations:

• FINA Open Water – Cecil Gordon’s report is attached (Attachment A)
• YMCA – Ed Miller’s report is attached (Attachment B)
• NCAA – Greg Lockard’s report is attached (Attachment C).
• NFHS – Sandy Searcy’s report is attached (Attachment D).
• USMS – Charles Cockrell’s report is attached (Attachment E)

Chair Report

Jay reported to the Committee his activities as Rules Chair since the last Rules meeting in September, 2017. A number of swimwear questions were answered while noting medical exceptions are not allowed in FINA. A discussion on the evolution of timing rules followed noting FINA eliminated records using watches and secondary timing systems. Finally, it was reported that during the USMS Spring National Championships the backstroke ledge was used incorrectly. Jay reiterated that the backstroke ledge may only be used as designed.

Interpretations issued since last meeting

• none
Discussion Items

- Transgender Task Force Update
  Jay reviewed for the committee the current guidelines which including changing genders in the SWIMS database. For such decisions, it will be on a case by case basis heard by leading experts in the field.

- How to add Para times to the SWIMS database for USA Swimming member athletes
  After discussion, it was determined a task force was needed. Suzanne Heath will chair the task force with Mike Stromberg and an athlete yet to be determined. They will report to the committee at the September meeting.

- Age Group meet postponements and age of swimmer
  The consensus of the Committee is that the age of the swimmers shall stay at the age of the original meet date.

- Safe Sport Contact Information
  It was agreed all contact information shall be included in the rulebook.

Adoption of changes to R & R because of FINA changes

- FINA adopted in 2016 rule changes prohibiting manipulation of competitions. All member federations are required to add this prohibition to their rules.

Review of Committee responsibilities for recommendations

- Purpose should be to make sure items are properly and concisely worded, they are not in conflict with existing rules or policies of USA Swimming and FINA, and that any other affected provisions are considered

- Legislation coming forward from Committees should be given special consideration and any recommendation for rejection should be for very good and valid reasons and clearly stated in the package.

Procedures for Withdrawal of Legislation and Approval Percentage

- Legislative proposals are considered to have been stated as of May 15th because that is the deadline and may only be withdrawn with the consent of the HOD.

- All proposals received after May 15th, except those from the Rules Committee (if published 75 days in advance) require a 90% approval.

Legislation – The legislation packet was discussed. The recommendations and edits are included in the packet – Attachment F

- R-1: The proposal was referred back to the maker requesting clarification.
- R-2: The proposal was referred back to the maker requesting clarification.
- R-4: Proposer does not have standing to submit legislation.
- R-7: This proposal is now HK-3.
- R-12: The proposal was referred to the LSC Development Committee for comment.
- R-13: The proposal was referred to the LSC Development Committee for comment.
- R-14: The proposal was referred to the LSC Development Committee for comment.
- R-17: The proposal was referred back to the maker requesting clarification.

The meeting was adjourned at 8:50 pm
June 2, 2018

Present: Jay Thomas, Mickey Smythe, Julie Bare, Tim Bauer, Charles Cockrell, Cecil Gordon, JP Greener, Suzanne Heath, Jim Holcomb, Larry Johnson, Madison Lash, Jeri Marshburn, Dan McAllen, Erin McCarthy, Lucinda McRoberts, Ed Miller, Gloria Schuldt, Sandy Searcy, Nick Smagula, Rachel Stratton-Mills, Mike Stromberg, John Wilson, Carol Zaleski and Robert Broyles (Administration Vice Chair) Staff Liaison: Cathy Durance.

Guests: Tom Avischious and Herb Schwab.

Absent: Greg Lockard, Brad Jacobs and Anneliese Eggert.

The meeting was reconvened at 8:00 am

Reports from Affiliated Organizations:

• FINA – Carol Zaleski reported the IOC has no rule proposals at this time. The next FINA Technical Congress will be held in 2019.

Legislation – The legislation packet was discussed. The recommendations and edits are included in the packet – Attachment F

• R-8: This proposal was replaced with HK-4.
• R-9: This proposal was replaced with HK-4.
• R-20: The item was added after the meeting and has not been reviewed by the committee
• R-21: The item was added after the meeting and has not been reviewed by the committee

The meeting was adjourned at 10:21 am

Respectfully submitted,

Mickey Smythe and Gloria Schuldt
ATTACHMENT A

FINA OPEN WATER REPORT

Cecil Gordon, Designee

June 1, 2018

TECHNICAL OPEN WATER SWIM COMMITTEE

Very little has changed since the last FINA Congress. The regulation of the use of wetsuits in open water competition has remained the focus of the TOWSC. There are many issues which remain unresolved since my last report. The critical concern is that there always be a level playing field in an effort to avoid any unfair advantage to an athlete and/or federation.

Currently, the use of a wetsuit is required when the temperature is below 18C degrees (64.4F). When the temperature range is between 18C degrees and 20C degrees (68F), the use of a wetsuit is optional. The TOWSC supports removing the “optional” clause, instead requiring a wetsuit for all participants when the water temperature is 14C-17.9C degrees. Temperatures of 18C degrees and higher would not allow a wetsuit to be used. This would prevent competition where some swimmers are using wetsuits and others are not, potentially leading to an unfair advantage. Another study is underway examining not only low water temps, but also looking at the effects of prolonged time exposure which is unique to OW. In the past most of the findings were based on ITF studies.

There are also serious concerns about the scarcity of the available wetsuits and the limited number of manufacturers. Arena and Jaked are now the only FINA approved suits, with Jaked being listed as only a men’s suit. A 2017 FINA waiver granted permission for non-FINA approved suits to be used in certain circumstances, but that waiver has now expired and likely won’t be extended. This presents another potential problem for swimmers who are under contract with companies other than Arena and Jaked. The FINA Swimwear Approval Committee has tentatively approved 9 wetsuit models produced by 4 companies.

Finally, FINA rules prohibit the use of a suit beneath a wetsuit. However, TOWSC supports a second suit for modesty and privacy. Changing into and out of these suits can be difficult. They can be extremely warm when worn out of water. Having a suit underneath allows the athlete to keep the wetsuit unzipped and rolled down until the last moment just prior to the start of the race.

OPEN WATER NATIONALS

Held May 4-6 at Tempe Town Lake in Tempe, Arizona. Sandy Drake served as Meet Referee. Spots were selected for the Pan Pacific Championships, the Junior World Championships, the 2018-19 Open Water National Team and Junior National Team. Top 3 Men’s 10K were Jordan Wilimovsky, David Heron and Michael Brinegar (31 swimmers). Top 3 Women’s 10K were Ashley Twichell, Haley Anderson and Erica Sullivan (21 swimmers). Top 3 Men’s 5K were David Heron, Eric Hedlin and Brennan Gravely (32 swimmers). Top 3 Women’s 5K were Erica Sullivan, Hannah Moore and Mariah Dennigan (38 swimmers).
Once again, there is really not much unique to report at this time. As our activities and those of USA Swimming are so closely aligned and so many of our YMCA swimmers are also USA-S swimmers, what is happening in USA Swimming is also happening in the YMCA swimming world.

You might find some of the statistics below interesting.

**2018 Short Course National Swimming Championships**

The YMCA 2018 Short Course Swimming Championships were held once again at the Greensboro Aquatic Center in Greensboro, NC on April 3-7, 2018.

After sharply tightening the standards three years ago and watching the numbers go down for two years, we saw the numbers rebound to 1,421 last year and 1,467 this year. This is just about the optimum size for the meet. The swimmers entered in the meet represented 204 YMCAs in 28 states across the country from Maine and Florida to California, Washington and Alaska. Interestingly, we had 122 teams with five or less swimmers entered in the meet and five teams with over thirty-five swimmers entered.

We had almost 3,700 individual splashes and 575 relay splashes. In addition, we had another almost 2,350 individual splashes in the time trials run in conjunction with the meet.

Greensboro is a very fast pool, as evidenced by our swimmers setting another 4 new YMCA individual short course records and another 2 new YMCA short course relay records.

We also had 77 college and university coaches attend the meet and a seminar for parents featuring coaches from four varying size college swimming programs attracted more than 250 people.

In addition, five Olympians visited the meet and talked with the swimmers.

**2018 Long Course National Swimming Championships**

The YMCA 2018 Long Course Swimming Championships will be returning to the University of Maryland this year and they will be held on July 30 – August 3, 2018. It has been seven years since we were last there and everyone is looking forward to returning. This location is very convenient for a large portion of our population.

Ed Miller
May 30, 2018
USA Swimming Rules & Regulations Committee Meeting
June 1-2, 2018
Dallas, TX

1. NCAA Rules Process:
   General Information
   • The NCAA publishes a rules book every two year. The current rules took effect September 1, 2017.
   • Rule changes are considered every two years, unless there is need for a major rule change centering on health and safety issues, a major financial implication on NCAA member institutions, or a major influence on the image of the sport.
   • The current rulebook is available to be downloaded or purchased from NCAA publications (www.ncaapublications.com).

   Specific Information about 2019-20 and 2020-21 Rules Book
   • The rule change process will begin in September 2018, with a call for rules change suggestions from the membership, which will be combined with those suggested by the NCAA Swimming and Diving Rules Committee.
   • A non-binding survey will be administered to the entire NCAA membership, followed by discussions at the College Swimming and Diving Coaches Association Annual Convention.
   • The Rules Committee discusses and votes on proposed rules at its annual meeting. The full NCAA membership is provided a two-week comment period to review and respond to the actions taken by the Rules Committee.
   • Proposals approved by the committee at submitted to the NCAA Playing Rules Oversight Panel for final approval.
   • The new rules book will take effect September 1, 2019.

2. NCAA Officials Program:
   • All NCAA registered officials will remain current through August 31, 2019.
   • The NCAA Officials’ program continues to grow with over 1,100 registrants.
   • Many conferences mandate the use of NCAA registered officials.
   • Only NCAA registered officials will be selected to officiate at the NCAA Championships.

3. 2019 NCAA Championships:
   • Division II Men and Women – Indianapolis, IN (March 13-16, 2019)
   • Division III Men and Women – Greensboro, NC (March 20-23, 2019)
   • Division I Women – Austin, TX (March 20-23, 2019)
   • Division I Men – Austin, TX (March 27-30, 2019)

Greg Lockard, Secretary-Rules Editor
NCAA Swimming & Diving Rules Committee
(973) 486-5501
greg@swimdiverules.com
2018-19 Major Rules Changes

Rule 1 – Rule 1 has been reorganized and terminology has been added and removed to more accurately reflect and define meet specifications and organization. The changes provide clarity while also consolidating the terminology used in the rules book. Also, sections were re-ordered to reflect the order in which rules appear in the NFHS Swimming and Diving rules book.

2-4-5 – New wording clarifies that 16.4-yard/15-meter marks must be visible on both sides of the pool deck. The 16.4/15-meter markings may also be integrated into each lane marker/lane line. However, because the position of such floats are often irregular, the marks on the sides of the pool are the uniform default marking for all lanes.

2-7-2b – Backstroke starting ledges are not permitted to be used in high school swimming. The NFHS Swimming and Diving Rules Committee has consistently opposed the use of backstroke starting ledges because of concerns about athlete safety and risk minimization, which is one of the principal responsibilities of the Committee.

2-7-2c, 2-7-2 NOTE – Language regarding options for starting platform malfunctions are provided in this new provision and updates have been made with regard to the penalties. PENALTY 2, which is applied in situations of improper water conditions, was removed because it is not applicable to the subject matter within the rule. PENALTY 3 verbiage is now contained in ART. 2c, which provides directives when starting platforms are non-compliant. PENALTY 1 was moved to ART. 3 and describes what occurs when water depth or distance from the starting platforms to the water are non-compliant.

4-2-1d – The pre-meet conference is now a requirement of the referee, the starter, the coach and the captain of each team. This serves a risk minimization function and promotes positive sporting behavior. Suggested topics to be covered include sportsmanship, illegal attire, medical issues involving tape, students with a disability, and any general concerns/comments.

4-5-3, 4-7 – The responsibilities of stroke inspectors and turn/finish judges can now be combined by rule. When the availability of officials is limited, it is important that the flexibility to staff the deck effectively and efficiently with the available officials is preserved.

5-1-2a – In non-championship meets, the diving event may be held first, last or simultaneously with the swimming events, in addition to the traditional placement as Event 5 between the 50-yard freestyle and the 100-yard butterfly. Allowing for flexibility in conducting the diving event within the dual meet program will permit more options for the competing teams. Regardless of when the diving event is conducted, there shall be a break of at least 15 minutes, with at least 10 minutes warm-up in the water, prior to the 100-yard butterfly.

5-3-2, 5-3-6 NOTE – Section 5-3 has been updated to provide lane and heat assignment protocol in a logical fashion from the dual meet to the championship meet. This change also clarifies direction for situations in which the number of teams and/or entries cannot be equally divided into the number of available lanes. Meet hosts should have the responsibility/right of deciding between seeding and leaving lanes open, because that decision affects meet duration and facility constraints.

5-4-2 – New language provides scoring based on pool facilities with different numbers of available lanes. It clarifies the use of finals and consolation finals heats and provides an opportunity to use more than 6 lanes for each and thus score more than 12 swimmers. It also stipulates that when both a finals heat and a consolation finals heat are swum, the finals heat is to be full even if doing so leaves only 1 or 2 athletes in the consolation finals heat.
**ATTACHMENT D**

9-4-6 NOTE - The NOTE clarifies that it is permissible to conduct eleven dive competitions during dual meets, double-dual meets, triple-dual meets and other non-championship multi-team meets. This provides additional options for competitors to prepare for tournament series events.

**2018 Resources**

**Coaching Diving**

The NFHS is in the final stages of developing a beginning diving coaches course entitled “Fundamentals of Diving”. The course is being developed in partnership with the USA Diving's Educational Director Dr. Jeff Huber, and the National Interscholastic Swim Coaches Association (NISCA). The course will be launched prior to the 2018-19 fall season. It will cover motor learning, principal forces acting on a diver, fundamental dry land skills, hurdle progressions, and beginning instruction for all five groups.

**Officiating Swimming and Diving**

The Officiating and Judging Diving online course has been developed in partnership with the National Interscholastic Swim Coaches Association (NISCA). The course was launched prior to the 2017-18 NFHS seasons. It provides education on diving fundamentals, plus offers opportunities for the user to view a dive, score the dive, and receive feedback as to what the correct scoring range should be.

**Diving Silhouettes**

Two new silhouettes (402C and 5221D) will be included in the 2018-19 Swimming and Diving Rules Book.

**Injury Surveillance**

A report on swimming and diving injuries through the injury surveillance system. Swimming and Diving continues to have a low rate of injuries.

In 2016/17, **boys’ swimming and diving** had the lowest injury rate in the 22 sports under surveillance in High School RIOTM. Information from the High School RIO Convenience Summary Report:

- Actual Injuries: Overall 20, Competition 5, Practice 15
- Injury Rates (per 1,000 AE): Overall 0.21, Competition 0.27, Practice 0.20

The following bullet points utilize data from tables contained in this report from the 2008/09-2016/17 convenience sample and include all injuries regardless of time loss (i.e., some numbers may not match the convenience summary report, which excludes injuries with a time loss of <1 day).

- Overall boys’ swimming and diving had a relatively small number of reported injuries (n = 173) with 87.3% occurring in practice and 48.8% of all injuries were overuse/chronic injuries.
- The majority of injuries in boys’ swimming and diving were to the shoulder (42.8%) followed by the head/face (15.6%) and lower back/L-spine/Pelvis (8.7%).
- Strain/sprain was the most common injury type (34.7%) followed by tendonitis (20.8%) and concussion (12.7%).

In 2016/17, **girls’ swimming and diving** had the second lowest injury rate (after boys’ swimming and diving) in the 22 sports under surveillance in High School RIOTM. Information from High School RIO Convenience Summary Report:

- Actual Injuries: Overall 29, Competition 4, Practice 20
- Injury Rate (per 1,000 AEs): Overall 0.28, Competition 0.19, Practice 0.30
The following bullet points utilize data from tables contained in this report from the 2008/09- 2016/17 convenience sample and include all injuries regardless of time loss (i.e., some numbers may not match the convenience summary report, which excludes injuries with a time loss of <1 day).

- Overall, although girls’ swimming and diving had a relatively small number of injuries, girls’ had more injuries (n = 286) than boys’ swimming and diving. Practice injuries accounted for 82.2% of all injuries. Overuse/chronic injuries accounted for 47.3% of all injuries, followed by non-contact acute injuries (19.1%).
- The majority of injuries were to the shoulder (39.5%) followed by the head/face (15.4%) and knee (9.4%).
- Sprain/strain was the most common injury type (34.0%) followed by tendonitis (18.2%) and concussion (15.1%).
Report from the United States Masters Swimming (USMS) Rules Committee

United States Masters Swimming (USMS) conducted our 2018 Spring National Championships at the IUPUI Natatorium in Indianapolis in May 2018. USMS will not be conducting a Summer National Championship meet in 2018 due to the Pan American Masters Championships being held in Orlando in August 2018.

I occasionally receive questions about an often overlooked variance in the forward start rule for masters. The USMS wording is consistent with FINA masters which varies from the FINA swimming rules. One foot at the front of the block prior to TYM. In practice, starters have wide latitude to interpret "front" as the “front surface” of the platform. But, the intent is not to adjust the front foot position following TYM.

I have received several questions recently regarding swimwear rules, including questions about repairs or alterations to suits. Following the approval of a medical exception to the swimwear rules, a swimmer inquired about a FINA exemption to compete in the world masters championships in 2019. It appears FINA has no process for such exceptions, so we have raised the issue with the FINA masters technical committee.

In 2018, USMS eliminated the acceptance of record applications submitted with semiautomatic primary systems and manual primary and secondary systems. This conforms to a change that FINA made for masters world records and top 10 times in 2017. At the recent USMS National Championships, we had a situation where a record was lost due (apparently) to an lane being inadvertently switched off. I expect to revisit the issue in our rules committee meetings this summer.

Respectfully Submitted,

Charles Cockrell
USMS Rules Committee Chair
**ATTACHMENT F**

**USA SWIMMING**

**RULES & REGULATIONS COMMITTEE**

**PROPOSED**

**AMENDMENTS TO 2018 RULES AND REGULATIONS**

<table>
<thead>
<tr>
<th>No.</th>
<th>Description</th>
<th>Location</th>
<th>Recommendation</th>
</tr>
</thead>
<tbody>
<tr>
<td>HK-1</td>
<td>To reflect The National Team Managing Director’s current title</td>
<td>Various</td>
<td>Approval</td>
</tr>
<tr>
<td>HK-2</td>
<td>To reflect current title for the World University Games</td>
<td>207.11.6 F</td>
<td>Approval</td>
</tr>
<tr>
<td>HK-4</td>
<td>To comply with Part 5 of the rulebook</td>
<td>302.2.1 thru .5</td>
<td>Approval</td>
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</tbody>
</table>

<table>
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<th>No.</th>
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</tr>
</thead>
<tbody>
<tr>
<td>R-1</td>
<td>To support a sport culture of inclusion and diversity, while assuring a fair competitive environment and seeking a national directive that does not permit modification at the local level</td>
<td>Glossary (new), 102.23.2 (new), 302.1.2 (new) &amp; 304.3.2</td>
<td>Postponed Recommendation</td>
</tr>
<tr>
<td>R-2</td>
<td>To ban the use of technical suits by 12 &amp; under swimmers</td>
<td>102.8.1 F (1) &amp; (2) (new)</td>
<td>Postponed Recommendation</td>
</tr>
<tr>
<td>R-3</td>
<td>To include marijuana as a prohibited advertised product. To provide host clubs and LSCs the ability to include sponsorship from alcohol brands for non-swimming competition functions and to allow alcohol brands to include sponsorship for specific senior level competitions</td>
<td>102.8.3 C (1), 103.12 &amp; 207.1</td>
<td>Approval</td>
</tr>
<tr>
<td>R-4</td>
<td>Proposer did not have standing to submit legislation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>R-5</td>
<td>To comply with FINA requirements for Backstroke Turn Indicators</td>
<td>103.16.2</td>
<td>Approval</td>
</tr>
<tr>
<td>R-6</td>
<td>To clarify required consent from USA Swimming as the word “Paralympic” has the same protections and usage guidelines within the United States as the word “Olympic”</td>
<td>202.4.5</td>
<td>Approval</td>
</tr>
<tr>
<td>R-7</td>
<td>To allow LSCs to accept electronic transfer requests should an LSC want to go paperless</td>
<td>203.5</td>
<td>Approval</td>
</tr>
<tr>
<td>R-8</td>
<td>To avoid potential confusion with Flex Membership and create a cleaner differentiation</td>
<td>Various</td>
<td>Recommend Replacing with HK-4</td>
</tr>
<tr>
<td>R-9</td>
<td>To clarify Flex Membership is intended for athletes 18 and under</td>
<td>302.2.2</td>
<td>Recommend Replacing with HK-4</td>
</tr>
<tr>
<td>R-10</td>
<td>To comply with FINA’s new rules on the Prevention of the Manipulation of Competitions</td>
<td>304.3.5 (new)</td>
<td>Approval</td>
</tr>
<tr>
<td>R-11</td>
<td>To clarify the standard used to determine a club’s eligibility to request reassignment to a different LSC as some clubs use multiple facilities and/or PO Boxes making mailing addresses insufficient to reflect the true location of the club</td>
<td>604.1</td>
<td>Approval</td>
</tr>
<tr>
<td>R-12</td>
<td>To amend voting requirements for approval by the Houses of Delegates to simple majorities, and to clarify that the approval from each LSC must be a vote of the House of Delegates, as opposed to the Boards of Directors</td>
<td>604.1</td>
<td>Referred to LSC Committee for Comment</td>
</tr>
<tr>
<td>R-13</td>
<td>To change the voting requirement for approval by the Houses of Delegates to simple majorities</td>
<td>604.2</td>
<td>Referred to LSC Committee for Comment</td>
</tr>
<tr>
<td>R-14</td>
<td>To simplify the overall process of merging two LSCs and to model that process after the private sector where Boards of two corporations approve merging the corporations and then get concurrence from a majority of the stockholders</td>
<td>604.4 (new)</td>
<td>Referred to LSC Committee for Comment</td>
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## ATTACHMENT F

<table>
<thead>
<tr>
<th>No.</th>
<th>Description</th>
<th>Location</th>
<th>Recommendation</th>
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</thead>
<tbody>
<tr>
<td>R-15</td>
<td>To enable LSCs to set themselves up to operate effectively by making the Required LSC Bylaws shorter and less complex</td>
<td>Required LSC Bylaws Template</td>
<td>Approval</td>
</tr>
<tr>
<td>R-16</td>
<td>To ensure safe in water starts by prohibiting the use of the backstroke ledge</td>
<td>103.2.2 &amp; 202.4.10 D</td>
<td>Approval</td>
</tr>
<tr>
<td>R-17</td>
<td>To ensure safety of athletes, officials, coaches and spectators at all USA Swimming sanctioned events. Naming a Meet Operational Risk Officer will put meet safety planning into the sanctioning process as well as during the meet</td>
<td>Glossary (new), 202.4.9, .9 A (new) &amp; .9 B (new)</td>
<td>Referred back to Proposer for Clarification</td>
</tr>
<tr>
<td>R-18</td>
<td>To address the potential safety and safe sport concerns involving the growing use of drones at sporting events</td>
<td>202.6.6 G (new)</td>
<td>Approval</td>
</tr>
<tr>
<td>R-19</td>
<td>To allow an LSC the ability to ban the use of technical suits by 12 &amp; under swimmers provided such policy has been adopted by the LSC’s House of Delegates</td>
<td>205.10.2 (new)</td>
<td>Approval</td>
</tr>
<tr>
<td>R-20</td>
<td>To establish definition of age for postponed meets</td>
<td>102.7.4 A &amp; B (new)</td>
<td>Not Yet Reviewed</td>
</tr>
<tr>
<td>R-21</td>
<td>To comply with current practices for swimwear disqualifications</td>
<td>102.8.1 F &amp; 102.22.3 (new)</td>
<td>Not Yet Reviewed</td>
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</table>
ATTACHMENT F

USA SWIMMING
RULES & REGULATIONS COMMITTEE

PROPOSED AMENDMENTS TO RULES AND REGULATIONS

<table>
<thead>
<tr>
<th>HK-1</th>
<th>ACTION:</th>
<th>Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
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<tbody>
<tr>
<td></td>
<td>Location:</td>
<td>Page 74 – 206.3 Awards of Events</td>
<td>Page 74 – 206.4 Dates</td>
<td>Page 74 – 207.2 USA Swimming U.S. Open Championships</td>
<td>Page 75 – 207.5 Trials Class Meets</td>
<td>Page 75 – 207.6 Qualifying Time Standards</td>
<td>Page 77 – 207.10 Programs</td>
</tr>
<tr>
<td></td>
<td>Proposed by:</td>
<td>Rules &amp; Regulations Committee</td>
<td>Purpose:</td>
<td>To reflect the National Team Director’s current title.</td>
<td>Recommendation: The Rules and Regulations Committee recommends approval.</td>
<td>The National Team Director title shall amend to National Team Managing Director.</td>
<td>Note: Various housekeeping changes throughout the Rule Book to correct title is considered to be part of this legislation.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HK-2</th>
<th>ACTION:</th>
<th>Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Location:</td>
<td>Page 77 – 207.11 Administrative Conduct of USA Swimming Championships</td>
<td>Proposed by:</td>
<td>Rules &amp; Regulations Committee</td>
<td>Purpose:</td>
<td>To reflect current title of the World University Games.</td>
<td>Recommendation: The Rules and Regulations Committee recommends approval.</td>
</tr>
<tr>
<td></td>
<td>207.11 ADMINISTRATIVE CONDUCT OF USA SWIMMING CHAMPIONSHIPS — The administrative rules for the conduct of the National Championships and Open Water Championships are specified herein. Additional rules for Open Water Championships are listed in Article 704.</td>
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<td>.1-.5 [no changes]</td>
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<td>.6 Scratch Procedures</td>
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<td></td>
<td>A-E [no changes]</td>
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<td></td>
<td>F Notwithstanding the provisions of 207.11.6, the scratch procedures for a selection meet for the United States teams for the Olympic Games, the FINA World Championships, the Pan Pacific Championships, the Pan American Games or the World Student Games shall be established by the National Team Steering Committee and the Program Operations Vice Chair Program &amp; Events Committee Chair or designee.</td>
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<tr>
<td></td>
<td>Location:</td>
<td>Page 92 – 302.2 Membership</td>
<td>Proposed by:</td>
<td>Rules &amp; Regulations Committee</td>
<td>Purpose:</td>
<td>To comply with Part 5 of the rulebook</td>
<td>Recommendation: The Rules and Regulations Committee recommends approval.</td>
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</tbody>
</table>
302.2 MEMBERSHIP — Athlete membership will consist of an annual membership, an outreach membership, a seasonal membership, or a single-meet open water membership.

1. Annual Membership — Membership is for a calendar year. Non-members applying for membership on or after September 1 will be issued a membership valid through December 31 of the following year.

2. Flex Membership [effective September 1, 2018] — At the option of the LSC, flex memberships may be offered for the same period of time as an Annual Membership. Those with Flex memberships are eligible to compete in only two sanctioned competitions per registration year. Flex members are permitted to transition to the Annual membership category within the same calendar year, paying the difference between the cost of the Flex membership and the Annual membership. Flex membership is not valid for competition at or above the LSC Championship level.

3. Outreach Membership — Annual membership with specially reduced fees. Each LSC House of Delegates shall determine how athletes qualify for outreach membership.

4. Seasonal Membership — At the option of the LSC, membership may be offered for one or two periods of not more than 150 days per period within a registration year. Seasonal membership may also be offered for an unspecified but continuous period of not more than 150 days commencing on the date of registration. Seasonal membership is not valid for competition at or above the Zone Championship level.

5. Single-Meet Open Water Membership — At the option of the LSC, membership may be offered for the specific date(s) of an open water competition(s). The swimmer must compete unattached. Single-meet membership is not valid for competition at or above the Zone Championship meet.

R-1 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Location: Page 14 – (new) Official Glossary
Page 38 – (new) 102.23 Protests
Page 92 – (new) 302.1 Registration
Page 94 – 304.3 Code of Conduct

Proposed by: Board of Directors

Purpose: To support a sport culture of inclusion and diversity, while assuring a fair competitive environment and seeking a national directive that does not permit modification at the local level (as local and state laws often differ by region).

Recommendation: The Rules and Regulations Committee has postponed a recommendation pending further clarification from proposer.

OFFICIAL GLOSSARY

COMPETITION CATEGORY — Stated as male or female for the purpose of athlete swimming eligibility, competition, selection and records. An athlete’s stated competition category shall be referred to as “gender”.

102.23 PROTESTS

1. Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee’s decision shall be final.

2. Protests regarding an athlete’s competition category may only be heard by the National Eligibility Protest Panel as outlined in the current USA Swimming Policy Manual. A protest shall not prohibit the athlete from competing in his or her stated competition category until such time as the Eligibility Protest Panel has issued a decision.

[re-number remaining]

6. With the exception of a competition category protest, the official results of any protested race shall not be announced, the affected awards shall not be given, and points scored shall not be allocated until the protest is resolved or is withdrawn in writing.

302.1 REGISTRATION

1. Athlete Members — All swimmers practicing with a member club or competing in events sanctioned by USA Swimming must be registered as athlete members of USA Swimming. Athlete members must meet the rules of eligibility contained in Article 303. No swimmer alleged to be ineligible shall be denied the right to register and compete without being afforded the opportunity to refute the allegations relating to possible ineligibility, pursuant to Part Four.
## Proposed Amendments to Rules & Regulations

### June 2018

### Competition Category

**A** At the time of membership registration, an athlete shall state during registration a competition category as defined as of male or female for the purpose of athlete swimming eligibility, competition, selection and records. Any athlete wishing to change his or her competition category may apply to do so following the procedures outlined in the current USA Swimming Policy Manual.

An athlete's competition category shall be referred to as “gender” within the rulebook.

**B** Protests lodged regarding an athlete’s competition category shall not prohibit the athlete from competing in the stated competition category. An athlete may swim under protest until such time as heard by the National Eligibility Protest Panel as outlined in the current USA Swimming Policy Manual.

### Measures to be adjudicated by the USA Swimming National Board of Review

1. Violation of the right to compete provisions set forth in Article 301.

2. Discrimination in violation of the Amateur Sports Act which requires that USA Swimming must provide an equal opportunity to athletes, coaches, trainers, managers, administrators, and officials to participate in the sport of swimming. Athletes must be allowed to participate and compete to the fullest extent allowed by the Rules and Regulations. Discrimination against any member or participant on the basis of age, gender, race, ethnicity, culture, religion, sexual orientation, gender expression, gender identity, genetics, mental or physical disability, or any other status protected by federal, state or local law, where applicable, is prohibited.

### R-2 102.8 Swimwear

**Proposed by:** Age Group Development Committee

**Purpose:** To ban the use of technical suits by 12 & under swimmers.

**Recommendation:** The Rules and Regulations Committee has postponed a recommendation pending further clarification from proposer.

**Effective Date:** September 1, 2020

#### Design

**F** No Technical Suits may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

1. Exceptions to the foregoing restriction are only for a meet in USA Swimming's Championship Series (i.e. Sectionals, Futures, Junior Nationals, Pro Swim Series, US Open, National Championships, and Olympic Trials) or YMCA National Championships.

2. A Technical Suit is one that has the following components:

   a. Any male or female suit with any bonded or taped seams is defined as a technical suit regardless of its fabric or silhouette; or

   b. Any male or female suit with woven fabric extending to the knee or mid-thigh is defined as a technical suit regardless of the type seams: bonded, taped or sewn. (Note: A woven suit with sewn seams and in a male brief or female regular cut not to the knees is not defined as a technical suit and is not restricted.)

### R-3 102.8 Swimwear

**Location:** Page 30 – 102.8 Swimwear

**Proposed by:** Board of Directors
Proposed Amendments to Rules & Regulations
June 2018

Purpose: To include cannabinoids as a prohibited advertised product.

Recommendation: The Rules and Regulations Committee recommends approval.

102.8 SWIMWEAR

.1-2 [no changes]

.3 Advertising

A-B [no changes]

C Advertising for the following shall not be allowed:

(1) Products involving tobacco, cannabinoids, alcohol or pharmaceuticals containing substances banned under IOC or FINA rules;

(2) Political statements; and

(3) Any products or services that would be counter to the values of the sport or bring disrepute to USA Swimming.

R-3 B ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Location: Page 47 – 103.12 Alcoholic Beverages
Page 74 – 207.1 USA Swimming Championships

Proposed by: Board of Directors

Purpose: To provide host clubs and LSCs the ability to include sponsorship from alcohol brands for non-swimming competition functions (e.g. fundraisers) and to allow alcohol brands to include sponsorship for specific senior level competitions.

Recommendation: The Rules and Regulations Committee recommends approval.

103.12 /M/ ALCOHOLIC BEVERAGES — Alcoholic beverages or the recognition of alcohol sponsors are prohibited in all areas of the venue. Exceptions to this provision include USA Swimming National Championships, Trials class meets, U.S. Open Championships, Open Water Championships and the Pro Series events or other events approved by may be made only with the approval of the USA Swimming Board of Directors staff Chief Marketing Officer.

ARTICLE 207
USA SWIMMING CHAMPIONSHIPS

207.1 GENERAL — USA Swimming may conduct USA Swimming National Championships, Trials class meets, U.S. Open Championships, and Open Water Championships. The designation of each of these championships shall include the name of the national sponsor, if any, for that meet. Additional sponsorship may be requested for the host club or the host LSCs provided the sponsorship is in accordance with USA Swimming Policy Manual and approved in writing by the Chief Marketing Officer.

R-4 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Removed from packet as proposer did not have standing to submit legislation

R-5 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Location: Page 48 – 103.16 /M/ Floating Lane Dividers

Proposed by: Rules & Regulations Committee

Purpose: To comply with FINA requirements for Backstroke Turn Indicators.

Recommendation: The Rules and Regulations Committee recommends approval.

103.16 /M/ FLOATING LANE DIVIDERS
.1 [no changes]

.2 Dividers shall consist of contiguous floats having a minimum diameter of 5 centimeters (2 inches) to a maximum diameter of 15 centimeters (6 inches). The color of the floats extending from the walls the distance of 5 meters for long course and short course meters and 15 feet for short course yards shall be distinct from the rest of the floats. Distinctive colored floats, or markers extending around the full circumference of the floats, shall be placed at 15-meters (49 feet 2-1/2 inches) from each end wall in both short course and long course pools. A fixed mark shall be placed on any wall or the deck adjacent to an outside lane to correctly align the 15-meter buoys for judging underwater starts/turn distances. The mark on the wall or deck will be considered the default marking for officiating purposes. Additionally, in long course pools, a distinctive warning line or lane markers may be placed at a distance of 13 meters from each end wall. Damaged or broken floats shall be removed and/or replaced, to the extent possible.

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<th>ACTION:</th>
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<tr>
<td></td>
<td>Location:</td>
<td>Page 60 – 202.4 Requirements for Sanction</td>
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<td>Proposed by:</td>
<td>Disability Committee</td>
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<td></td>
<td>Purpose:</td>
<td>To clarify required consent from USA Swimming as the word “Paralympic” has the same protections and usage guidelines within the United States as the word “Olympic”.</td>
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<td>Recommendation:</td>
<td>The Rules and Regulations Committee recommends approval.</td>
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202.4 REQUIREMENTS FOR SANCTION — Sanctions are issued, withheld or withdrawn in accordance with the following regulations:

.1-4 [no changes]

.5 No sanction will be granted for any event for which the word “Olympic”, the word “Paralympic” or any derivative thereof, is used in any manner in connection with said event unless consent is obtained from USA Swimming.

202.6 REQUIREMENTS FOR APPROVAL — Approval of competition may be issued, withheld or withdrawn by an LSC in accordance with the following regulations:

.1-12 [no changes]

.13 No approval will be granted for any competition if the word “Olympic,” “Paralympic,” “World,” “National,” “United States of America” or any derivative thereof is used in any manner in connection with such competition unless consent for such usage is obtained from USA Swimming.

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<th>R-7</th>
<th>HK-3</th>
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<td></td>
<td>Location:</td>
<td>Page 68 – 203.5 Representation</td>
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<td>Proposed by:</td>
<td>Registration/Membership Committee</td>
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<td></td>
<td>Purpose:</td>
<td>To allow LSCs to accept electronic transfer requests should an LSC want to go paperless.</td>
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<td></td>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee recommends approval.</td>
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203.5 When transferring between LSCs or clubs within the same LSC, the swimmer shall submit a completed transfer form in accordance with USA Swimming/LSC procedures. LSCs may not establish procedures for transfers which effectively deny a swimmer the right to transfer from one LSC or club to another.

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<td></td>
<td>Location:</td>
<td>Page 92 – 302.2 Membership</td>
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<td></td>
<td>Proposed by:</td>
<td>Age Group Development Committee</td>
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<td></td>
<td>Purpose:</td>
<td>To avoid potential confusion with Flex Membership and create a cleaner differentiation.</td>
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R-6

HK-3

R-7
Proposed Amendments to Rules & Regulations
June 2018

Recommendation: The Rules and Regulations Committee recommends replacing proposal with HK-4.

Effective Date: Immediately

302.2 MEMBERSHIP — Athlete membership will consist of an annual premium membership, a flex membership, an outreach membership, a seasonal membership, or a single-meet open water membership.

.1 Annual Premium Membership — Membership is for a calendar year. Non-members applying for membership on or after September 1 will be issued a membership valid through December 31 of the following year.

.2 Flex Membership [effective September 1, 2018] — At the option of the LSC, flex memberships may be offered for the same period of time as an Annual Premium Membership. Those with Flex memberships are eligible to compete in only two sanctioned competitions per registration year. Flex members are permitted to transition to the Annual Premium membership category within the same calendar year, paying the difference between the cost of the Flex membership and the Annual Premium membership. Flex membership is not valid for competition at or above the LSC Championship level. Flex membership is for athletes 18 and under at the time of registration.

.3 Outreach Membership — Annual Premium membership with specially reduced fees. Each LSC House of Delegates shall determine how athletes qualify for outreach membership.

.4 Seasonal Membership — At the option of the LSC, membership may be offered for one or two periods of not more than 150 days per period within a registration year. Seasonal membership may also be offered for an unspecified but continuous period of not more than 150 days commencing on the date of registration. Seasonal membership is not valid for competition at or above the Zone Championship level.

.5 Single-Meet Open Water Membership — At the option of the LSC, membership may be offered for the specific date(s) of an open water competition(s). The swimmer must compete unattached. Single-meet membership is not valid for competition at or above the Zone Championship meet.

R-9 ACTION: Adopted

Location: Page 92 – 302.2 Membership

Proposed by: Age Group Development Committee

Purpose: To clarify Flex Membership is intended for athletes 18 and under.

Recommendation: The Rules and Regulations Committee recommends replacing proposal with HK-4.

Effective Date: Immediately

302.2 MEMBERSHIP — Athlete membership will consist of an annual membership, an out-reach membership, a seasonal membership, or a single-meet open water membership.

.1 Annual Membership — Membership is for a calendar year. Non-members applying for membership on or after September 1 will be issued a membership valid through December 31 of the following year.

.2 Flex Membership [effective September 1, 2018] — At the option of the LSC, flex memberships may be offered for the same period of time as an Annual Membership. Those with Flex memberships are eligible to compete in only two sanctioned competitions per registration year. Flex members are permitted to transition to the Annual membership category within the same calendar year, paying the difference between the cost of the Flex membership and the Annual membership. Flex membership is not valid for competition at or above the LSC Championship level. Flex membership is for athletes 18 and under at the time of registration.

R-10 ACTION: Adopted

Location: Page 94 – 304.3 Code of Conduct

Proposed by: Rules & Regulations Committee

Purpose: To comply with FINA’s new rules on the Prevention of the Manipulation of Competitions.

Recommendation: The Rules and Regulations Committee recommends approval.

304.3 The following shall be considered violations of the USA Swimming Code of Conduct:

Measures to be adjudicated by the USA Swimming National Board of Review

.1 Violation of the right to compete provisions set forth in Article 301.

.2 Discrimination in violation of the Amateur Sports Act which requires that USA Swimming must provide an equal opportunity to athletes, coaches, trainers, managers, administrators, and officials to participate in the sport of swimming. Athletes must be allowed to participate and compete to the fullest extent allowed by the Rules and Regulations. Discrimination against any member or participant on the basis of age, gender, race, ethnicity, culture, religion, sexual orientation, gender expression, genetics, mental or physical disability, or any other status protected by federal, state or local law, where applicable, is prohibited.

.3 Violation of any of the Athlete Protection Policies set forth in Article 305.

.4 Violation of any of the Sexual Misconduct Reporting Requirements set forth in Article 306 or the Prohibitions against Retaliation for Good Faith Reporting of Abuse set forth in Article 307.

.5 Any violation of the FINA Rules on the Prevention of Manipulation of Competition as found in the current FINA Manual, including (i) betting; (ii) manipulating competitions; (iii) corrupt conduct; (iv) misuse of inside information; (v) failure to report; and (vi) failure to cooperate.

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<tr>
<td>Location:</td>
<td>Page 170 – 604.1 Change in LSC Affiliation by a Club Member</td>
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<td>Proposed by:</td>
<td>Registration/Membership Committee</td>
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<tr>
<td>Purpose:</td>
<td>To clarify the standard used to determine a club’s eligibility to request reassignment to a different LSC as some clubs use multiple facilities and/or PO Boxes making mailing addresses insufficient to reflect the true location of the club.</td>
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<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee recommends approval.</td>
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604.1 CHANGE IN LSC AFFILIATION BY A CLUB MEMBER — A change of a Member Club from one LSC to another LSC which is contiguous and where no other Member Club geographically (as determined by the club’s primary training facility location or mailing address) intervenes between the changing club and the new LSC boundary must be approved by a two-thirds (2/3) majority vote of each of the LSCs’ House of Delegates. Club approval of change in affiliation shall be in accord with the rules of the Member Club and shall be duly certified by the Member Club’s president and secretary. Such transfer shall become effective ninety (90) days after receipt of a written notice of approval from the Chair of the Rules & Regulations Committee who shall notify USA Swimming National Office.

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<tr>
<td>Location:</td>
<td>Page 170 – 604.1 Change in LSC Affiliation by a Club Member</td>
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<tr>
<td>Proposed by:</td>
<td>Jim Patterson – Immediate Past General Chair (Central California Swimming) &amp; Registration/Membership Committee Member</td>
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<tr>
<td>Purpose:</td>
<td>To amend voting requirements for approval by the Houses of Delegates to simple majorities, and to clarify that the approval from each LSC must be a vote of the House of Delegates, as opposed to the Boards of Directors.</td>
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<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee has referred the proposal to the LSC Development Committee for comment.</td>
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604.1 CHANGE IN LSC AFFILIATION BY A CLUB MEMBER — A change of a Member Club from one LSC to another LSC which is contiguous and where no other Member Club geographically (as determined by the club’s training facility location or mailing address) intervenes between the changing club and the new LSC boundary must be approved by a two-thirds (2/3) majority vote of each of the LSCs’ House of Delegates. Club approval of change in affiliation shall be in accord with the rules of the Member Club and shall be duly certified by the Member Club’s president and secretary. Such transfer shall become effective ninety (90) days after receipt of a written notice of approval from the Chair of the Rules & Regulations Committee who shall notify USA Swimming National Office.
Proposed Amendments to Rules & Regulations
June 2018

R-13  ACTION: Adopted  Defeated  Adopted/Amended  Tabled  Postponed  Pulled

Location: Page 171 – 604.2 Change in LSC Territory

Proposed by: Jim Patterson – Immediate Past General Chair (Central California Swimming) & Registration/Membership Committee Member

Purpose: To change the voting requirement for approval by the Houses of Delegates to simple majorities.

Recommendation: The Rules and Regulations Committee has referred the proposal to the LSC Development Committee for comment.

604.2 CHANGE IN LSC TERRITORY — If two-thirds (2/3) of the number of clubs in a contiguous area within an LSC wish to affiliate with a neighboring and contiguous LSC, and should the House of Delegates of each LSC by a two-thirds (2/3) majority vote of the members present approve the change, the change in territorial jurisdiction shall include all Club Members in the contiguous area and shall become effective no sooner than sixty (60) days following the receipt by the Chair of the USA Swimming Rules & Regulations Committee of satisfactory evidence of the various votes required. Club Member approval of change in affiliation shall be in accord with the rules of the Club Member and shall be duly certified by the Club Member’s president and secretary.

R-14  ACTION: Adopted  Defeated  Adopted/Amended  Tabled  Postponed  Pulled

Location: Page 171 – (new) 604.4 Change in LSC Affiliation by a Club Member

Proposed by: Jim Patterson – Immediate Past General Chair (Central California Swimming) & Registration/Membership Committee Member

Purpose: To simplify the overall process of merging two LSCs and to model that process after the private sector where Boards of two corporations approve merging the corporations and then get concurrence from a majority of the stockholders.

Recommendation: The Rules and Regulations Committee has referred the proposal to the LSC Development Committee for comment.

604.4 MERGING TWO LSCs – If the Boards of Directors of two (2) LSCs that share a common geographical border agree in principle to merge their two LSCs into a single new LSC, and should the House of Delegates of each LSC by a majority vote of the members present approve the merger, then the merger shall become effective no sooner than sixty (60) days following the receipt by the Chair of the USA Swimming Rules & Regulations Committee of satisfactory evidence of the various votes required.

R-15  ACTION: Adopted  Defeated  Adopted/Amended  Tabled  Postponed  Pulled

Location: Required LSC Bylaws Template

Proposed by: Board of Directors

Purpose: To enable LSCs to set themselves up to operate effectively by making the Required LSC Bylaws shorter and less complex.

Recommendation: The Rules and Regulations Committee recommends approval.

Compliance Date: LSCs have from now until January 1, 2020 to submit new Bylaws

SUMMARY OF CHANGES TO REQUIRED LSC BYLAWS

In General: Simple and Flexible
  • Removed redundant language
  • Removed language in conflict with the USA Swimming Rule Book or the Corporate Bylaws
  • Removed language to LSC Policies & Procedures for greater flexibility
  • Moved boxed instructions to endnotes
  • Organized HOD, BOD, Division and Committee Articles rationally

601 - NAME, OBJECTIVE, ETC.
  • Added compliance with future agreements between USA Swimming and LSC

602 - MEMBERSHIP
  • Removed redundant language
Proposed Amendments to Rules & Regulations
June 2018

301  •  Removed language in conflict with the USA Swimming Rule Book or the Corporate Bylaws

603 - DUES AND FEES
303  •  Removed redundant language
304  •  Removed language in conflict with the USA Swimming Rule Book or the Corporate Bylaws

604 - HOUSE OF DELEGATES
306  •  Nominating Committee moved to Committee article
307  •  Moved the athlete election process to 606
308  •  Moved Order of Business to LSC P & P

605 - BOARD OF DIRECTORS
310  •  Made Safety an optional Board position. If not a Board position, it becomes a mandated standing committees/coordinate
311  •  Changed Finance Vice-Chair to a mandated Board position
312  •  Secretary and/or Treasurer may be non-voting Board positions filled by staff, if permitted under the state of incorporation
313  •  Moved Executive Committee to 607 as optional committee
314  •  Moved Order of Business to LSC P&P

606 - OFFICERS AND DIRECTORS
316  •  Clarified the list of officers, directors and committee chairs
318  •  Provided options for election of athlete representatives, coach representatives and other directors
319  •  Terms of all Board members are determined by the LSC and may be from one year to four years
320  •  Only the General Chair and Vice-Chairs may not be exempted from term limits
321  •  Term limits may be added for service on the Board of Directors
321  •  Moved job descriptions to LSC P&P

607 - DIVISIONS, COMMITTEES AND COORDINATORS
322  •  Simplified divisional structure
324  •  Moved details of divisional structure to LSC P&P
325  •  Listed only standing committees; other committee details moved to LSC P&P
326  •  Mandate creation of a Governance Committee
327  •  Provided options for either a Governance Committee or separate Governance & Nominating Committees
328  •  Moved Order of Business to LSC P&P

608 - ANNUAL AUDIT, REPORTS AND REMITTANCES
329  •  Consolidated under one general statement applicable to all articles

Old 609 - MEMBERS BILL OF RIGHTS
331  •  Removed as redundant

Old 610 - ADMINISTRATIVE REVIEW BOARD
334  •  Moved to end of bylaws for flexibility as optional Article 613

609 (old 611) - ORGANIZATION, AMENDMENT OF BYLAWS, DISSOLUTION
336  •  No substantive changes

610 - (old 612) - INDEMNIFICATION
338  •  No substantive changes

611 - (old 613) - PARLIAMENTARY AUTHORITY
340  •  Consolidated under one general statement applicable to all articles

612 - (old 615) - MISCELLANEOUS
342  •  Simplified

613 - (old 610) - ADMINISTRATIVE REVIEW BOARD
344  •  No substantive changes

614 (old 616) - CONVENTION AND DEFINITIONS
Proposed Amendments to Rules & Regulations
June 2018

• Removed redundant and unneeded definitions

Old 614 - PERMANENT OFFICE AND STAFF
• Removed as unnecessary

Generally, those items in italics represent optional wording. End notes may be read by hovering over the end note number. (Alternatively, end notes may be printed out and referenced as they are encountered.) End notes provide additional options, limitations, or information.

To the extent these required bylaws conflict with applicable law, applicable law prevails.

RECOMMENDED LSC BYLAWS

ARTICLE 601
NAME, OBJECTIVES, TERRITORY AND JURISDICTION

601.1 NAME - The name of the corporation shall be [insert full name of LSC] Swimming, Inc. (XXSI).

601.2 OBJECTIVES - The objectives and primary purpose of XXSI shall be the education, instruction and training of individuals to develop and improve their capabilities in the sport of swimming. XXSI shall promote swimming for the benefit of swimmers of all ages and abilities, in accordance with the standards, rules, regulations, policies and procedures of FINA, USA Swimming, and XXSI and its Articles/Certificate [select one] of Incorporation.

601.3 GEOGRAPHIC TERRITORY - The geographic territory of XXSI is as set forth in Article 603 of the USA Swimming Rules and Regulations. XXSI shall be divided into regions as listed in the XXSI Policies and Procedures.

601.4 JURISDICTION - XXSI shall have jurisdiction over the sport of swimming as delegated to it as a Local Swimming Committee by USA Swimming to conduct swimming programs consistent with XXSI’s objectives and those of USA Swimming and to sanction, approve, observe and oversee competitive swimming events within the Territory, its Region and its Zone (as those terms are defined in Part Six of the USA Swimming Rules and Regulations). XXSI shall discharge faithfully its duties and obligations as a Local Swimming Committee of USA Swimming in accordance with these Bylaws, the USA Swimming Rules and Regulations and all applicable policies and procedures.

601.5 COMPLIANCE WITH USA SWIMMING AGREEMENTS - XXSI shall comply with all agreements between XXSI and USA Swimming.

ARTICLE 602
MEMBERSHIP

602.1 MEMBERS - The membership of XXSI shall consist of the clubs, organizations and individuals who have registered with XXSI as set forth in the USA Swimming Corporate Bylaws, including the optional categories of seasonal athlete membership, seasonal club membership, flex membership, and single event open water athlete membership.

.1 MEMBERS - A Member’s status is subject to the Member’s continued satisfaction of the criteria for membership and compliance with the Member’s responsibilities under these Bylaws, the USA Swimming Rules and Regulations, the rules, regulations, policies, procedures and code of conduct of XXSI and USA Swimming.

.2 MEMBERSHIP A PRIVILEGE NOT A RIGHT - Membership in XXSI and USA Swimming is a privilege and shall not be interpreted as a right. Membership may be terminated by the Zone Board of Review, the National Board of Review, or the U.S. Center for SafeSport in accordance with Part Four of the USA Swimming Rules and Regulations.

602.2 MEMBERS’ RESPONSIBILITIES

.1 COMPLIANCE - Each Group and Individual Member shall abide by the codes of conduct and ethics, policies, procedures, rules and regulations adopted by USA Swimming and XXSI, including its obligations and responsibilities set forth in these Bylaws.

.2 RESPONSIBILITY FOR INFRACTIONS - A Group Member or Individual Member, as defined in USA Swimming Rules and Regulations, may be held responsible for infractions of the policies, procedures, rules,
regulations or codes of conduct or ethics adopted by USA Swimming or XXSI, including its responsibilities as set forth in these Bylaws.

ARTICLE 603 DUES AND FEES

603.1 MEMBERSHIP FEES - Membership fees shall be as established in the USA Swimming Corporate Bylaws. Local fees, as permitted, shall be as established by the XXSI House of Delegates or Board of Directors [select one].

603.2 SANCTION, APPROVAL AND OTHER FEES

.1 SANCTION AND APPROVAL FEES - The XXSI House of Delegates or Board of Directors [select one] shall establish reasonable fees, procedures, and documentation required of an applicant for a sanction or approval for, or observation of, a swimming competition to be conducted within the Territory.

.2 SERVICE CHARGES - In addition to, or in place of, a sanction or approval fee, the XXSI House of Delegates or Board of Directors [select one] may establish a reasonable service charge consistent with the nature of the event.

.3 PAYMENT - Each applicant for a sanction, approval or observation shall submit with its application the fees and any service charges specified by XXSI. If any of the sanction or approval fees or service charges are due at a time following the submission for sanction or approval, the applicant shall promptly pay those fees or service charges to XXSI when due in accordance with XXSI’s fee schedule.

.4 FINES - The XXSI House of Delegates or Board of Directors [select one] may establish fines for noncompliance with policies adopted by the XXSI House of Delegates and/or the Board of Directors.

603.3 FAILURE TO PAY - Membership rights may be suspended in accordance with the USA Swimming Corporate Bylaws (Delinquent Dues and Fees).

ARTICLE 604 HOUSE OF DELEGATES

604.1 MEMBERS - The House of Delegates of XXSI shall consist of the Group Member Representatives, the Board of Director Members, the committee chairs and coordinators of Athlete At-Large House Members, and a sufficient number of Athlete At-Large House Members appointed or elected [select one].

.1 GROUP MEMBER REPRESENTATIVES - Each Group Member in good standing shall appoint from its membership a Group Member Representatives and one or more alternates for each. The appointment shall be in writing, addressed to the Secretary of XXSI and duly certified by the chief executive officer or secretary of the appointing Group Member. The appointing Group Member may withdraw one or more of its Group Member Representatives or one or more of its alternates and substitute a new Group Member Representatives or new alternates by written notice, addressed to the Secretary of XXSI and signed by the chief executive officer or secretary of the appointing Group Member. The representatives of any Group Member are not required to be Individual Members of XXSI or USA Swimming.

.2 BOARD OF DIRECTORS - Board of Director Members as designated in Section 605.

.3 NON-ATHLETE AT-LARGE HOUSE MEMBERS - Up to ten (10) non-athlete members of the House of Delegates may be appointed as At-Large House Members by the General Chair with the advice and consent of the Board of Directors. At-Large House Members shall hold office from the date of appointment through the conclusion of the annual meeting of the House of Delegates following such appointment or until their successors are appointed to the House of Delegates.

.4 ATHLETE AT-LARGE HOUSE MEMBERS - A sufficient number of athletes to ensure that Athlete Members constitute at least 20% of the voting membership of the House of Delegates shall be elected by the Athletes Committee or appointed by the General Chair with advice and consent of the Board of Directors or elected by the House of Delegates [select one of the options] and shall hold office from the date of appointment or election [select one] through the conclusion of the annual meeting of the House of Delegates following such appointment or election [select one] or until their successors are appointed or elected [select one] to the House of Delegates.

.5 OTHER MEMBERS - [List other members as defined in 604.1] shall serve as members of XXSI House of
Delegates.

604.2 ELIGIBILITY - Only Individual Members in good standing shall be eligible to be elected or appointed as at-large members of the House of Delegates.

604.3 DOUBLE VOTE PROHIBITED - An Individual Member entitled to vote in House of Delegates meetings may only have one vote regardless of the number of positions held by such member.

604.4 VOICE AND VOTING RIGHTS OF MEMBERS - The voice and voting rights of members of the House of Delegates and of individuals shall be as follows:

.1 GROUP MEMBER REPRESENTATIVES, BOARD MEMBERS, AT-LARGE HOUSE MEMBERS AND OTHER MEMBERS - Each of the Group Member Representatives, the Board Members, the At-Large House Members and other members shall have both voice and vote in meetings of the House of Delegates.

.2 INDIVIDUALS - Individuals who are not members of the House of Delegates may attend open meetings of the House of Delegates and its committees and be heard at the discretion of the presiding officer.

604.5 DUTIES AND POWERS - The House of Delegates shall oversee the establishment of policies, procedures and programs. In addition to the duties and powers prescribed in the USA Swimming Rules and Regulations, USA Swimming Corporate Bylaws, or elsewhere in these Bylaws, the House of Delegates shall:

.1 Elect the officers, Athlete Representatives, Coach Representative(s), At-Large Board Members, and members of the Administrative Review Board, and the committee chairs and coordinators listed in Articles 606 and 607;

.2 Elect alternates to the USA Swimming House of Delegates in accordance with the USA Swimming Corporate Bylaws;

.3 Elect the members of the Nominating and/or Governance Committee;

.4 Review, modify and adopt the annual budget of XXSI recommended by the Board of Directors;

.5 Call regular and special meetings of the House of Delegates;

.6 Ratify or prospectively modify or rescind policy and program established by the Board of Directors, except any action or authorization by the Board of Directors with respect to contracts or upon which any person may have relied shall not be modified or rescinded;

.7 Establish joint administrative committees, or undertake joint activities with other sports organizations where deemed helpful or necessary by XXSI;

.8 Amend the Bylaws of XXSI in accordance with Section 609.3; and

.9 Remove from office any persons elected by the House of Delegates (Board Members, members of the Administrative Review Board, or committee chairs or coordinators) who have failed to attend to their official duties or member responsibilities or have done so improperly, or who would be subject to penalty by the Zone Board of Review for any of the reasons set forth in Article 404.1.3 of USA Swimming Rules and Regulations. However, no such individual may be removed without receiving thirty (30) days’ written notice by the Secretary or other officer designated by the House of Delegates specifying the alleged deficiency in the performance of the member’s responsibilities or specific official duties or other reason and an opportunity to respond in writing within twenty (20) days to such allegations.

604.6 ANNUAL AND REGULAR MEETINGS - The annual meeting of the House of Delegates of XXSI shall be held in the spring, summer, fall, winter [select one]. Regular meetings of the House of Delegates may be held in accordance with a schedule adopted by the House of Delegates or the Board of Directors.

604.7 SPECIAL MEETINGS - Special meetings of the House of Delegates may be called by the Board of Directors or the General Chair. Should the Board of Directors or the General Chair fail to call the annual or scheduled regular meetings or should a special meeting be appropriate or helpful, a meeting of the House of Delegates may be called by a petition signed by at least five (5) group members of the House of Delegates.

604.8 MEETING LOCATION AND TIME - All meetings of the House of Delegates shall take place at a site within the Territory. The House of Delegates or the Board of Directors shall determine the location and time of all meetings of the House of Delegates.
OPEN MEETINGS/CLOSED SESSIONS - House of Delegates meetings shall be open to all members of XXSI. Issues pertaining to personnel, disciplinary action, legal, tax or similar affairs of XXSI shall be deliberated and decided in a closed session which only House of Delegates members may attend. By a majority vote, the House of Delegates may decide to go into closed session on any matter deserving of confidential treatment or of personal concern to any member of the House of Delegates.

QUORUM - A quorum of the House of Delegates shall consist of those members present and voting.9

VOTING - Except as otherwise provided in these Bylaws or the Parliamentary Authority, all motions, orders and other propositions coming before the House of Delegates shall be determined by a majority vote.

PROXY VOTE - Voting by proxy in any meeting of the House of Delegates shall not be permitted.

NOTICES

TIME - Not less than twenty (20) days’ written notice shall be given to each member of the House of Delegates for any annual, regular or special meeting of the House of Delegates. See Section 614.1.3 for the various permitted means of notice.

INFORMATION - The notice of a meeting shall contain the time, date and site. For special meetings of the House of Delegates, the expected purpose (which may be general) of the meeting shall be stated. If an expected purpose is the amendment of the Bylaws, a copy of the proposed amendment shall be included in the notice. Failure to have included in the notice any germane amendments subsequently adopted by the House of Delegates at the noticed meeting shall not be the basis for any claim that the amendments as so adopted are invalid.

ARTICLE 605

BOARD OF DIRECTORS

MEMBERS - The Board of Directors shall consist of the following officers, committee chairs, coordinators and representatives of XXSI, together with those additional members designated in Sections 605.2 and 605.3:10

General Chair

Administrative Vice-Chair

Finance Vice-Chair

Coach Representative(s)

Athlete Representatives (2)

Secretary

Treasurer

Senior Vice-Chair

Age Group Vice-Chair

Safe Group Chair/Coordinator

At-Large Athlete Board Members [as needed]

AT-LARGE BOARD MEMBERS - The House of Delegates may specify [insert a number] At-Large positions.15 Any reduction in the number of At-Large Board Members shall not take effect until the terms of office of the incumbents expire or become vacant.16 [Specify when and how at-large Board members are selected.] Additionally, a sufficient number of athlete members shall be elected or appointed [select one] as At-Large Board Members such that athletes constitute at least twenty percent (20%) of the voting membership of the Board of Directors at any given time (taking into account the Athlete Representatives). The Athlete At-Large Board Members shall meet the same requirements and be elected at the same time and place as the Athlete Representatives set forth in Section 606.2.1. All At-Large Board Members shall hold office from the date of their election or appointment through the conclusion of the second annual meeting of the House of Delegates following such election or appointment, or until their successors are elected or appointed.

EX-OFFICIO MEMBERS - The following persons shall be ex-officio members of the Board of Directors [list members]: 17

LIMITATIONS -

No more than [insert a number] Members of any Group Member shall serve on the Board of Directors at any time. This limitation shall be applied separately as to Athlete Members and Non-Athlete Members.18
.2 No employee of XXSI may serve as a voting member of the Board of Directors.

605.5 VOICE AND VOTING RIGHTS OF BOARD MEMBERS - The voice and voting rights of Board Members and individuals shall be as follows:

.1 BOARD MEMBERS - Each Board Member (other than the ex-officio members) shall have both voice and vote in meetings of the Board of Directors and its committees.

.2 EX-OFFICIO BOARD MEMBERS - Unless entitled to vote under another provision of these Bylaws, the ex-officio members shall have voice but no vote in meetings of the Board of Directors and its committees.

.3 GENERAL - Anyone may attend open meetings of the Board of Directors and its committees and be heard at the discretion of the presiding officer.

605.6 DUTIES AND POWERS - The Board of Directors shall act for XXSI and the House of Delegates during the intervals between meetings of the House of Delegates, except that it shall not remove a Board Member, an Administrative Review Board member, or other person not appointed by the Board of Directors or amend these Bylaws. Any actions taken are subject to the exercise by the House of Delegates of its powers of ratification or prospective modification or rescission. In addition to the powers and duties prescribed in the USA Swimming Rules and Regulations or elsewhere in these Bylaws, the Board of Directors shall have the power and it shall be its duty to:

.1 Establish and direct policies, procedures and programs for XXSI;

.2 Oversee the conduct by the officers and staff of XXSI of the day-to-day management of the affairs of XXSI;

.3 Elect Athlete At-Large Board Members if they are not elected in a timely fashion;

.4 Provide advice and consent to appointments proposed by the General Chair as required under these Bylaws or the XXSI Policies and Procedures;

.5 Cause the preparation and presentation to the House of Delegates of the annual budget of XXSI and make a recommendation to the House of Delegates concerning the approval or disapproval thereof;

.6 Approve the annual review/audit;

.7 Call regular or special meetings of the Board of Directors or the House of Delegates;

.8 Retain such independent contractors and employ such persons as the Board shall determine are necessary or appropriate to conduct the affairs of XXSI;

.9 Appoint other officers, agents, or committees or coordinators, to hold office for the terms specified. These appointees shall have the authority and perform the duties as provided in these Bylaws, the XXSI Policies and Procedures or as may be provided in the resolutions appointing them, including any powers of the Board of Directors as may be specified, except as may be inconsistent with any other provision of these Bylaws. To the extent not provided elsewhere in these Bylaws, the Board of Directors may delegate to any officer, agent, or committee or coordinator the power to appoint any such subordinate officers, agents, or committees or coordinators and to prescribe their respective terms of office, authorities and duties; and

.10 Remove from office any Board Members, committee chairs, or committee members or coordinators of XXSI who were appointed/elected by the Board and who have failed to attend to their official duties or member responsibilities or have done so improperly, or who would be subject to penalty by the Zone Board of Review for any of the reasons set forth in Part Four of the USA Swimming Rules and Regulations. However, no At-Large Board Member, or committee chair or coordinator may be removed without receiving the thirty (30) days' written notice specifying the alleged deficiency in the performance of the member's responsibilities or specific official duties or other reasons and an opportunity to respond in writing within twenty (20) days to such allegations.

605.7 MEETINGS - Board of Directors meetings shall be open. Matters relating to personnel, disciplinary action, legal, taxation or similar affairs shall be deliberated and decided in a closed session which only Board Members are entitled to attend. By a majority vote on a motion of a question of privilege, the Board of Directors may decide to go into closed session on any matter deserving of confidential treatment or of personal concern to any member of the Board of Directors.

605.8 PARTICIPATION THROUGH COMMUNICATIONS EQUIPMENT - Members of the Board of Directors may
participate in meetings of the Board of Directors through conference equipment by means of which all persons participating in the meeting can hear each other at the same time. Participation by such means shall constitute presence at a meeting.

605.9 REGULAR MEETINGS - Regular meetings of the Board of Directors shall be held in accordance with a schedule adopted by the Board of Directors.

605.10 SPECIAL MEETINGS - Special meetings of the Board of Directors may be called by the General Chair. Should the Board of Directors or the General Chair fail to call regular meetings or should a special meeting be appropriate or helpful, a meeting of the Board of Directors shall be called at the written request of any three (3) Board Members.

605.11 QUORUM - A quorum of the Board of Directors shall consist of a majority of the voting members.

605.12 VOTING - Except as otherwise provided in these Bylaws or the Parliamentary Authority, all motions, orders and other propositions coming before the Board of Directors shall be determined by a majority vote. A motion, order or other proposal the effect of which is to override policy or program established by the House of Delegates shall be determined by a two-thirds vote after at least fourteen (14) days’ written notice.

605.13 PROXY VOTE - Voting by proxy in any meeting of the Board of Directors shall not be permitted.

605.14 ACTION BY WRITTEN CONSENT - Any action required or permitted to be taken at any meeting of the Board of Directors may be taken without a meeting if all the Board Members entitled to vote consent to the action in writing and the written consents are filed with the records of the respective meetings. These consents shall be treated for all purposes as votes taken at a meeting.

605.15 MAIL/EMAIL VOTE - Any action which may be taken at any regular or special meeting of the Board of Directors, except elections, or removals of appointed Board members, committee chairs and members, may be taken without a meeting. If an action is to be taken without a meeting, the Secretary, by first class mail, postage prepaid, or email, shall distribute a ballot to every Board Member entitled to vote on the matter. The ballot shall set forth the proposed action, provide an opportunity to specify approval or disapproval, and provide a reasonable time (but in no event less than the period specified in Section 605.16) within which to return the ballot to the Secretary. Action by ballot shall be valid only when the number of votes cast in favor of the proposed action within the time period specified constitutes a majority of the votes entitled to be cast.

605.16 NOTICES -

.1 TIME - Not less than six (6) days’ written notice shall be given to each Board Member for any annual, regular or special meeting of the Board of Directors. (See Section 614.1.3 for the permitted means of notice.)

.2 INFORMATION - The notice of a meeting shall contain the time, date and site and in the case of special meetings, the expected purpose.

ARTICLE 606
OFFICERS AND DIRECTORS

606.1 OFFICERS - The officers shall be as listed herein and shall be elected by the House of Delegates at its annual meeting.

.1 General Chair
.2 Administrative Vice-Chair
.3 Finance Vice-Chair
.4 Senior Vice-Chair
.5 Age Group Vice-Chair
.6 Secretary
.7 Treasurer

606.2 OTHER DIRECTORS

Two provisions are offered concerning the method of selection of the Athlete Representatives to the Board of Directors. Select one and delete the other.

.1 ATHLETE REPRESENTATIVES -

Provision A: Two (2) Athlete Representatives shall be elected, one each year for a two-year term, or until their
respective successors are elected. At the time of election, the Athlete Representative must (a) be an athlete
member in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently
competing, or have competed within the three (3) immediately preceding years, in the program of swimming
conducted by XXSI or another LSC; and (d) have his or her place of permanent residence in the Territory and
expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an
institution of higher education). The balloting shall take place via electronic vote and/or at a meeting called
for that purpose by the Senior Athlete Representative or the Athletes Committee, or failing that, at a time and in
a manner designated by the Board of Directors. At least twenty (20) days’ written notice of the election shall be
given to all clubs. The Athlete Representatives elected shall be determined by a majority of the [define the
athlete voting members who elect the Athlete Representatives].

Provision B: Two (2) Athlete Representatives shall be elected by the House of Delegates, one each year, for a
two-year term or until their respective successors are elected. At the time of election, the Athlete
Representative must (a) be an athlete member in good standing; (b) be at least a sophomore in high school or at
least 16 years of age, (c) be currently competing, or have competed within the three (3) immediately preceding
years, in the program of swimming conducted by XXSI or another LSC; and (d) have his or her place of
permanent residence in the Territory and expect to reside therein throughout at least the first half of the term
(other than periods of enrollment in an institution of higher education).

Two provisions are offered concerning the method of selection of the Coach Representatives to the Board of Directors. Select
one and delete the other.

.2 COACH REPRESENTATIVE(S)

Provision A: One (1) Coach Representatives shall be elected, in even years for a two-year term, or until a
successor is elected. The election of the Coach Representatives shall be conducted via electronic vote and/or
at a meeting called for that purpose by the Senior Coach Representative, the Coaches Committee or the Board
of Directors, and determined by a majority of the Coach Members in good standing present and voting or,
ailing that, at a time and place and in a manner designated by the Board of Directors. At least twenty (20)
days’ written notice of the election shall be given to all clubs.

Provision B: One (1) Coach Representatives shall be elected, in even years for a two-year term, or until a
successor is elected. The election of the Coach Representatives shall be conducted at the annual meeting of
the House of Delegates and determined by a majority vote of the members of the House of Delegates present
and voting, or, failing that, at a time and place and in a manner designated by the Board of Directors.

.3 COMMITTEE CHAIRS/COORDINATORS/AT-LARGE BOARD MEMBERS

A. The following committee chairs/ coordinators/ at-large Board members shall be elected by the House of
Delegates: [List as appropriate]

B. The following committee chairs / coordinators/ at-large Board members shall be elected as follows: [List
as appropriate]

EXAMPLES:

(1) The Officials Chair shall be elected by the Officials Committee in accordance with XXSI Policies
and Procedures.

(2) At-Large Board members shall be elected by the regions they represent in accordance with the
rules of each region or the XXSI Policies and Procedures.

(3) The Athlete At-Large Board members shall be elected by the athletes at the same time as the Athlete
Representatives.

C. The following committee chairs/ coordinators/ at-large Board members shall be appointed by the General
Chair with advice and consent of the Board of Directors: [List as appropriate]

606.3 ELIGIBILITY - Only Individual Members of XXSI in good standing shall be eligible to hold office and must
maintain their eligibility throughout their term of office.

606.4 DOUBLE VOTE PROHIBITED - An Individual Member entitled to vote in Board of Directors meetings may only
have one vote, regardless of the number of positions held by such Member.
606.5 OFFICES SPLIT OR COMBINED -

.1 OFFICE HELD BY TWO PERSONS - Any office other than General Chair, Finance Vice-Chair and Treasurer, may be held jointly by two Individual Members. Two individuals who are sharing an office shall share one vote.

.2 OFFICES COMBINED - Any office other than General Chair may be combined with any other office except that the offices of Finance Vice-Chair and Treasurer may not be combined.

606.6 TERMS OF OFFICE -

.1 TERM OF OFFICE - The terms of office of all members of the Board of Directors shall be [insert a number] years.31

.2 COMMENCEMENT OF TERM - Each person elected or appointed to a position shall assume office upon election or appointment and shall serve until a successor is chosen.32

.3 CONSECUTIVE TERMS LIMITATION - Except for the Secretary and Treasurer, no Individual Member who has served two successive terms shall be eligible for re-election or appointment to the same position until a lapse of one term. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of this successive terms limitation.33

606.7 DUTIES - The duties of the officers and other Board Members shall be to attend and participate in all meetings of the House of Delegates and the Board of Directors and as defined in these Bylaws, the XXSI Policies and Procedures, and applicable state laws.

606.8 RESIGNATIONS - Any officer may resign by submitting a written resignation to the General Chair or the Board of Directors specifying an effective date of the resignation. In the absence of a specified effective date, any such resignation shall take effect upon the appointment or election of a successor.

606.9 VACANCIES AND INCAPACITIES -

.1 OFFICE OF GENERAL CHAIR - In the event of a vacancy in the office of General Chair, or of the General Chair’s temporary or permanent incapacity, the Administrative Vice-Chair shall become the acting General Chair until an election can be held at the next meeting of the House of Delegates to fill the remaining term, if any, of the former General Chair, or until the General Chair ceases to suffer from any temporary incapacity. While serving as acting General Chair, the Administrative Vice-Chair shall vacate the office of Administrative Vice-Chair, except in the case of the General Chair’s temporary incapacity. If the General Chair is to be absent from the Territory, the General Chair may, but is not obligated to, designate the Administrative Vice-Chair as acting General Chair for the duration of the absence.

.2 OFFICES OF ATHLETE OR COACH REPRESENTATIVES OR ANY POSITION ELECTED - In the event of a vacancy or of the permanent incapacity of a person holding the office of Athlete Representative or Coach Representative, or person who has been elected, the General Chair may appoint, with the advice and consent of the Board of Directors, an eligible member to serve the remainder of the term of office or until the respective body shall elect a successor.

.3 DETERMINATION OF VACANCY OR INCAPACITY - The determination of when an office becomes vacant or an officer becomes incapacitated shall be within the discretion of the Board of Directors or the House of Delegates with the advice and consent of the electing body. The determination as to when the General Chair is temporarily incapacitated shall be made, where the circumstances permit, by the General Chair and otherwise shall be within the discretion of the Board of Directors, subject to any subsequent action by the House of Delegates.

606.10 REMOVAL OF DIRECTORS - Directors may be removed in accordance with 604.5.9 and 605.6.10 of these Bylaws.

606.11 OFFICERS’ POWERS GENERALLY -

.1 AUTHORITY TO EXECUTE CONTRACTS, ETC. - The General Chair, Administrative Vice-Chair, Senior Vice-Chair, Age Group Vice-Chair and Finance Vice-Chair each may sign and execute in the name of XXSI deeds, mortgages, bonds, contracts, agreements or other instruments duly authorized by the XXSI Policies and Procedures, the Board of Directors or the House of Delegates, except in cases where the signing and execution thereof shall be expressly delegated by the Board of Directors to another officer or agent,
expressly requires two or more signatures or is required by law to be otherwise executed. Additional signing authority may be provided by standing resolutions of the Board of Directors or the House of Delegates.\(^5\)

**.2 ADDITIONAL POWERS AND DUTIES** - Each officer shall have other powers and perform other duties as prescribed in the XXSI Policies and Procedures or by the House of Delegates, the Board of Directors, the General Chair, the respective division chair, the delegating officer, or these Bylaws.

**.3 DELEGATION** - Officers of XXSI may delegate any portion of their powers or duties to an individual or a committee, except that neither the Finance Vice-Chair nor the Treasurer may delegate duties to the other without the consent of the Board of Directors. In addition, the authority to sign checks, drafts, orders of withdrawal or wire transfers shall not be delegated other than by the Board of Directors. Except as otherwise provided in these Bylaws and with the consent of the Board of Directors or Personnel Committee, [select one] any officer may delegate any portion of that officer’s powers or duties to the paid staff of XXSI. A delegation of powers or duties shall not relieve the delegating officer of the ultimate responsibility to see that these duties and obligations are properly executed or fulfilled.

### 606.12 DEPOSITORIES AND BANKING AUTHORITY

**.1 DEPOSITORIES, ETC.** - All receipts, income, charges and fees of XXSI shall be deposited to its credit in the banks, trust companies, other depositories or custodians, investment companies or investment management companies as the Board of Directors determines.

**.2 SIGNATURE AUTHORITY** - All checks, drafts or other orders for the payment or transfer of money, and all notes or other evidences of indebtedness issued in the name of XXSI shall be signed by the General Chair, the Treasurer or other officer or officers or agent or agents of XXSI, and in the manner, as shall be determined by the Finance Vice-Chair, the Finance Committee or the Board of Directors.

### ARTICLE 607

#### DIVISIONS, COMMITTEES AND COORDINATORS

**607.1 DIVISIONAL ORGANIZATION AND JURISDICTIONS, STANDING COMMITTEES AND COORDINATORS** - The divisions of XXSI shall each be chaired as indicated below with respective duties, jurisdiction and responsibilities described in the XXSI Policies and Procedures.\(^35\)

**.1 ADMINISTRATIVE DIVISION -** Administrative Vice-Chair

**.2 AGE GROUP DIVISION -** Age Group Vice-Chair\(^36\)

**.3 SENIOR DIVISION -** Senior Vice-Chair\(^37\)

**.4 FINANCE DIVISION -** Finance Vice-Chair

**.5 ATHLETES DIVISION -** Senior Athlete Representative

**.6 COACHES DIVISION -** Senior Coach Representative

#### 607.2 ELECTED, EX OFFICIO AND APPOINTED CHAIRS AND COORDINATORS

**.1 ELECTED CHAIRS AND COORDINATORS** - Committee chairs and coordinators who are not Board members, but are elected by the House of Delegates, a committee or division, are as follows: [list members]

**.2 EX-OFFICIO CHAIR** - Certain other committee chairs are designated ex-officio by virtue of an office currently held.

**.3 APPOINTED CHAIRS AND COORDINATORS** - The chairs of all other committees and all other coordinators shall be appointed by the General Chair with the advice and consent of the Board of Directors and the respective division chair. The appointed committee chair or coordinator shall assume office upon appointment or the date designated by the General Chair and shall serve until a successor is appointed and assumes office.

#### 607.3 COMMITTEES - In addition to the standing committees listed herein, the Board of Directors and the House of Delegates are each authorized to establish additional committees to meet programming needs.\(^38\) Except as otherwise provided in these Bylaws or the XXSI Policies and Procedures, members of each committee shall be appointed by the General Chair with the advice and consent of the respective division chair and the chair of the committee. Athlete members of each committee shall be appointed by the General Chair with the advice of the Senior Athlete Representative. Athlete membership shall constitute at least twenty percent (20%) of the voting membership of every committee. The division chair shall be an ex-officio member, with voice and vote, of each committee within
607.4 STANDING COMMITTEES & COORDINATORS

.1 ATHLETES COMMITTEE -

A. CHAIR - The Senior Athlete Representative or his/her designee shall be the chair of the committee.

B. MEMBERS - The Athletes Committee shall consist of the Athlete Representatives, the Athlete At-Large Board members and [include any additional athlete members].

C. DUTIES - The Athletes’ Committee shall have general charge of the business and affairs of the Athletes of XXSI, and shall undertake such activities (a) delegated to it by the Board of Directors or the General Chair or (b) undertaken by the Committee as being in the best interests of the Athlete Members, XXSI, USA Swimming and the sport of swimming.

.2 FINANCE COMMITTEE -

A. CHAIR - The chair shall be the Finance Vice-Chair.

B. MEMBERS - The members of the Finance Committee shall be the Finance Vice-Chair, the Treasurer, [include additional defined members] and a sufficient number of athletes so as to constitute at least twenty percent (20%) of the voting membership of the Committee.

C. DUTIES -

(1) To develop, establish where so authorized, or recommend to the Board of Directors, and supervise the execution of policy regarding the investment of XXSI’s working capital, funded reserves and endowment funds, within the guidelines, if any, established by the Board of Directors or the House of Delegates. The Finance Committee shall also regularly review XXSI’s equipment needs (both operational and office) and the various methods available to finance the acquisition of any needed equipment, and make a determination and recommendation of the best financing method.

(2) To conduct a review or audit or recommend an independent auditor to conduct the required annual review or audit of the books of XXSI. If conducted internally, a minimum of three (3) committee members with a sufficient number of athletes to constitute at least 20% of the voting membership, must conduct the review or audit. The Treasurer cannot be a member of the group performing the audit, but can be present to provide clarification, information and answer questions.

(3) To submit the review or audit and other reports and make recommendations to the Board of Directors with regard thereto.

(4) To consult with the officers, committee chairs and coordinators and prepare and present a proposed budget for consideration and approval by the Board of Directors and the House of Delegates. The officers, committee chairs and coordinators shall provide promptly such financial information (current and projected) and budget proposals as the Finance Committee may request. The proposed budget may contain alternatives.

(5) To complete and submit any state and local reports and filings.

Two provisions are offered with respect to Governance or Nominating Committees. Select one and delete the other.

Provision A (combined Governance & Nominating Committee)

.3 GOVERNANCE COMMITTEE -

A. CHAIR - The chair shall be elected annually by the Governance Committee from among its own members.

Two options are offered concerning the method of selection of the Governance Committee members. Select one and delete the other.

B. Option I MEMBERS -
The Governance Committee members shall be appointed by the General Chair with advice and consent of the Board of Directors. The Committee shall be comprised of [list the number in factors of 3 or 4, in alignment with the term of office] with a sufficient number of athletes so as to constitute at least twenty percent (20%) of the voting membership of the Committee. Each member shall serve a three or four-year term, staggered so that one-third (1/3) or one-fourth (1/4) [select one to coincide with factor selected above] of such members are appointed each year. No more than one-half (1/2) of the Governance Committee members shall be members of the XXSI Board of Directors at any given time. After completion of two consecutive terms, members are not eligible for re-appointment to the Governance Committee until after a lapse of two years. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of the successive term limitation. In no case shall the General Chair serve on the Governance Committee.

Option 2 MEMBERS –

The Governance Committee shall be elected by the House of Delegates and shall be comprised of at least [insert a number] members, with a sufficient number of athletes so as to constitute at least twenty percent (20%) of the voting membership of the Committee. No more than one half of the Committee shall be members of the XXSI Board of Directors. If any member of the Governance Committee resigns or otherwise becomes unable to participate in its affairs, the General Chair, with the advice and consent of the Board of Directors, shall appoint a successor to serve until the next meeting of the House of Delegates.

In no case shall the General Chair serve on the Governance Committee. Members shall serve two-year terms, staggered so that approximately one-half of the members are elected each year. After completion of three consecutive terms, members are not eligible to be elected or appointed to the Governance Committee until after a lapse of two years. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of the successive term limitation.

C. QUORUM - When making nominations, a quorum for any meeting of the Governance Committee shall consist of a majority of its voting members. For all other meetings, a quorum shall consist of those members present and voting.

D. DUTIES

(1) To assist in periodic evaluation of the mission and vision statements and the Bylaws of XXSI;
(2) To aid in the development of operating policies regarding conflict of interest (Board and staff), document retention, ethics, whistle-blower, procurement, contract review, grievance and other employment-related practices, etc.;
(3) To aid in the development of personnel practices procedure including job descriptions and annual review of staff;
(4) To ensure that the Board’s focus remains on the strategic plan;
(5) To aid in the development of expectations and processes for accountability of Board members;
(6) To develop criteria for the qualities and required characteristics of Board officers;
(7) To lead Board succession planning by assessing current and anticipated needs for Board composition and identifying and recruiting potential Board members;
(8) To nominate Board members, Administrative Review Board members, and other coordinator or chair positions to be elected by the House of Delegates consistent with the matrix of skills, demographics, and talents needed;
(9) To publish the slate of candidates to the XXSI membership at least twenty (20) days prior to the election. Additional nominations may be made from the floor of the House of Delegates by voting members of the House of Delegates;
(10) To design and implement Board orientation and an ongoing program of Board education and development; and
(11) To lead periodic assessment of the Board’s performance (as a whole and of individual members) and make recommendations to enhance Board effectiveness.

Provision B (separate Governance & Nominating Committees)

.3 NOMINATING COMMITTEE -

A. CHAIR - The Chair shall be elected annually by the Nominating Committee from among its own members.
B. MEMBERS - The House of Delegates shall annually elect at least [insert a number] individuals to the Nominating Committee to serve a one-year term, with a sufficient number of athletes so as to constitute at least twenty percent (20%) of the voting membership of the Committee. Terms shall commence at the conclusion of the meeting at which members were elected and end when their successors assume office. If any member of the Nominating Committee resigns or otherwise becomes unable to participate in its affairs, the General Chair, with the advice and consent of the Board of Directors, shall appoint a successor to serve until the next meeting of the House of Delegates. No individual shall be eligible to serve more than six (6) consecutive years on the Nominating Committee until after a lapse of two years. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of the successive term limitation. In no case shall the General Chair serve on the Nominating Committee.

C. QUORUM - A quorum for any meeting of the Nominating Committee shall consist of a majority of its voting members.

D. DUTIES –
1. To nominate Board members, Administrative Review Board members, and other coordinator or chair positions to be elected by the House of Delegates consistent with the matrix of skills, demographics, and talents needed.
2. To publish the slate of candidates to the XXSI membership at least twenty (20) days prior to the election. Additional nominations may be made from the floor of the House of Delegates by voting members of the House of Delegates.

.4 GOVERNANCE COMMITTEE -
A. CHAIR - The Chair shall be elected annually by the Governance Committee from among its own members.
B. MEMBERS - The Governance Committee members shall be appointed by the General Chair with advice and consent of the Board of Directors. The Committee shall be comprised of at least [insert a number] members with a sufficient number of athletes so as to constitute at least twenty percent (20%) of the voting membership of the Committee. Each member shall serve a three or four-year [select one] term. Terms shall be staggered such that approximately one-third (1/3) or one-fourth (1/4) [select one to coincide with term selected above] of members are appointed each year.
C. DUTIES – It shall be the duty of the Governance Committee to:
1. Assist in periodic evaluation of the mission and vision statements and the Bylaws of XXSI;
2. Aid in the development of operating policies regarding conflict of interest (Board and staff), document retention, ethics, whistle-blower, procurement, contract review, grievance and other employment-related practices, etc.;
3. Aid in the development of personnel practices procedure including job descriptions and annual review of staff;
4. Assist in shaping the Board’s agenda based on the strategic plan;
5. Aid in the development of expectations and processes for accountability of Board members;
6. Develop criteria for the qualities and required characteristics of Board officers;
7. Lead Board succession planning by working with the Nominating Committee to assess current and anticipated needs for Board composition;
8. Design and implement Board orientation and an ongoing program of Board education and development; and
9. Lead periodic assessment of the Board’s performance (as a whole and of individual members) and make recommendations to enhance Board effectiveness.

.41 SAFETY COMMITTEE/COORDINATOR
A. CHAIR - The chair shall be the Safety Committee Chair.
B. MEMBERS - The Committee shall be comprised of the Safety Committee Chair, at least [insert a number] members with a sufficient number of athletes so as to constitute at least twenty percent (20%) of the voting membership of the Committee.
C. DUTIES - The duties shall be as outlined in the XXSI Policies and Procedures.
.5 EXECUTIVE COMMITTEE

A. AUTHORITY AND POWER - The Executive Committee shall have the authority and power to act for the Board of Directors and XXSI between meetings of the Board and the House of Delegates. Limitations to the authority and power of the Executive Committee shall be determined by the Board of Directors and included in the XXSI Policies and Procedures.

B. MEMBERS - The members of the Executive Committee shall be the (1) General Chair, who shall act as chair, (2) Administrative Vice-Chair, (3) Senior Vice-Chair, (4) Age Group Vice-Chair, (5) Secretary, (6) Finance Vice-Chair, (7) Senior Coach Representative, (8) Senior Athlete Representative, and (9) Junior Athlete Representative.

C. MEETINGS AND NOTICE - Meetings of the Executive Committee shall be held at any time or place within the Territory when called by the General Chair or any three (3) members of the Committee with a minimum of five (5) days’ notice required.

D. QUORUM - A quorum of the Executive Committee shall consist of a majority of the members of the Committee.

E. REPORT OF ACTION TO BOARD OF DIRECTORS - At the next regular or special meeting of the Board of Directors, the Executive Committee shall make a report of its activities since the last Board of Director’s meeting for ratification or prospective modification or rescission, provided, however, that any action of the Executive Committee upon which a third party may have relied (e.g., by signing, or authorizing the signing of a contract) may not be modified or rescinded by the Board of Directors or the House of Delegates.

607.5 DUTIES OF CHAIRS AND COORDINATORS GENERALLY - The duties of the General Chair, the division chairs, committee chairs, and coordinators (in addition to those provided elsewhere in these Bylaws) shall be as follows:

.1 Preside at all meetings of the respective division, committee or subcommittee;

.2 See that all duties and responsibilities of the coordinator or the respective division, committee or sub-committee in his or her charge are properly and promptly carried out;

.3 Appoint such committees or sub-committees as may be necessary to fulfill the duties and responsibilities of the coordinator or division or committee, respectively;

.4 Communicate with the General Chair, respective division, coordinator, committee or subcommittee members and the staff or Secretary [select one] to keep them fully informed;

.5 Appoint a member as secretary of the committee or subcommittee charged with taking minutes of each meeting and forward reports or minutes of all meetings to the staff or Secretary [select one]; and

.6 Perform the other specific duties listed in XXSI’s Policies and Procedures or as may be delegated by the General Chair, the respective division chair or committee chair, the Board of Directors or the House of Delegates.

607.6 DUTIES OF COMMITTEES GENERALLY - Except as otherwise provided in these Bylaws, the duties of the committees shall be prescribed by the XXSI Policies and Procedures.

607.7 REGULAR AND SPECIAL MEETINGS - Regular and special meetings of committees or sub-committees of XXSI shall be held as determined by the respective Vice-chairs or committee or sub-committee chair.

607.8 OPEN MEETING/CLOSED SESSIONS - Meetings of committees and sub-committees, other than a Personnel Committee meeting, shall be open to all members of XXSI. Matters relating to personnel, disciplinary action, legal, taxation and similar affairs shall be deliberated and decided in a closed session which only the respective members are entitled to attend. By a majority vote, a committee or sub-committee may decide to go into closed session on any
matter deserving of confidential treatment or of personal concern to any member of the committee or sub-committee.

607.9 VOICE AND VOTING RIGHTS OF COMMITTEE MEMBERS - Each Committee member shall have both voice and vote in their respective meetings.

607.10 ACTION BY WRITTEN CONSENT - Any action required or permitted to be taken at any meeting of a committee may be taken without a meeting if all the committee members entitled to vote consent to the action in writing and the written consents are filed with the records of the meetings. These consents shall be treated for all purposes as a vote taken at a meeting.

607.11 PARTICIPATION THROUGH COMMUNICATIONS EQUIPMENT - Members of any committee may participate in a meeting of the committee or through conference equipment by means of which all persons participating in the meeting can hear each other at the same time. Participation by such means shall constitute presence at a meeting.

607.12 QUORUM - Except as otherwise provided in these Bylaws or in the resolution or other action establishing a committee, a quorum of any committee shall consist of those members present.

607.13 VOTING - Except as otherwise provided in these Bylaws or the Parliamentary Authority, all motions, orders and other propositions coming before a committee shall be determined by a majority vote.

607.14 PROXY VOTE - Voting by proxy in any meeting of a committee shall not be permitted.

607.15 NOTICES

.1 TIME - Except as otherwise provided in these Bylaws or the resolution or other action establishing a committee, not less than five (5) days' written notice shall be given for any meeting of a committee.

.2 INFORMATION - The notice of a meeting shall contain the time, date, and site.

607.16 RESIGNATIONS - Any committee chair or member or coordinator may resign by submitting a written resignation to the General Chair or the Board of Directors specifying an effective date of the resignation. If such date is not specified, the resignation shall take effect upon the appointment of a successor.

607.17 VACANCIES - The determination of when the position of an appointed committee chair, committee member or a coordinator becomes vacant or the person becomes incapacitated, if not made by the person, shall be within the discretion of the Board of Directors. In the event of a vacancy or permanent incapacity, the General Chair, with the advice and consent of the Board of Directors and the respective division chair, shall appoint a successor to serve until the conclusion of the incumbent’s term. A temporary incapacity may be left unfilled at the discretion of the General Chair or an appointment may be made for the duration of the temporary incapacity.

607.18 DELEGATION - With the consent of the Board of Directors or the respective division chair, a committee chair or a coordinator may delegate a portion of their powers or duties to another officer of XXSI, or to another committee, subcommittee, or coordinator, or with the consent of the Board of Directors and the Personnel Committee, to the paid staff of XXSI. Notwithstanding any delegation, the ultimate responsibility for the delegated duties and obligations shall remain with the delegator.

607.19 APPLICATION TO COMMITTEES AND ADMINISTRATIVE REVIEW BOARD - Sections 607.5 through 607.18 shall apply to all committees, unless otherwise provided in these Bylaws, in the resolution creating the committee or in the XXSI Policies and Procedures. These provisions shall also apply to Administrative Review Board meetings, but shall not apply to its hearings or deliberations.

ARTICLE 608

ANNUAL AUDIT, REPORTS AND REMITTANCES

XXSI shall submit any reports and remittances required by the USA Swimming Corporate Bylaws, by the USA Swimming Board of Directors, the President/CEO of USA Swimming or by any agreement between XXSI and USA Swimming. Reports required to be submitted to USA Swimming by XXSI include annual financial and federal tax reports and the annual audit or review.
ARTICLE 609
ORGANIZATION, AMENDMENT OF BYLAWS AND DISSOLUTION

609.1 NON-PROFIT AND CHARITABLE PURPOSES - XXSI is organized exclusively for charitable and educational purposes and for the purpose of fostering national or international amateur sports competition within the meaning of section 501(c)(3) of the IRS Code. Notwithstanding any other provision of these Bylaws, XXSI shall not, except to an insubstantial degree, (1) engage in any activities or exercise any powers that are not in furtherance of the purposes and objectives of XXSI or (2) engage in any activities not permitted to be carried on by: (A) a corporation exempt from federal income tax under such section 501(c)(3) of the IRS Code or (B) a corporation to which contributions, gifts and bequests are deductible under sections 170(c)(2), 2055(a)(2) and 2522(a)(2) of the IRS Code.

609.2 DEDICATION OF ASSETS, ETC. - The revenues, properties and assets of XXSI are irrevocably dedicated to the purposes set forth in Sections 601.2 and 609.1 of these Bylaws. No part of the net earnings, properties or assets of XXSI shall inure to the benefit of any private person or any member, officer or director of XXSI.

609.3 AMENDMENTS - Any provision of these Bylaws not mandated by USA Swimming may be amended at any meeting of the XXSI House of Delegates by a two-thirds (2/3) vote of the members present and voting. Amendments so approved shall not take effect until reviewed and approved by the USA Swimming Rules and Regulations Committee. Changes to Required LSC Bylaws shall be effective on the date established in the amending USA Swimming legislation.

609.4 DISSOLUTION - XXSI may be dissolved only upon a two-thirds (2/3) vote of all the voting members of the House of Delegates. Upon dissolution, the net assets of XXSI shall not inure to the benefit of any private individual, unincorporated organization or corporation, including any member, officer or director of XXSI, but shall be distributed to USA Swimming, to be used exclusively for educational or charitable purposes. If USA Swimming, is not then in existence, or is not then a corporation which is exempt under section 501(c)(3) of the IRS Code and to which contributions, bequests and gifts are deductible under sections 170(c)(2), 2055(a)(2) and 2522(a)(2) of the IRS Code, the net assets of XXSI shall be distributed to a corporation or other organization meeting those criteria and designated by the House of Delegates at the time of dissolution, to be used exclusively for educational or charitable purposes.

ARTICLE 610
INDEMNIFICATION

610.1 INDEMNITY - XXSI shall indemnify, protect and defend, in the manner and to the full extent permitted by law, any Indemnified Person in respect of any threatened, pending or completed action, suit or proceeding, whether or not by or in the right of XXSI, and whether civil, criminal, administrative, investigative or otherwise, by reason of the fact that the Indemnified Person bears or bore one or more of the relationships to XXSI specified in Section 610.3 and was acting or failing to act in one or more of those capacities or reasonably believed that to be the case. Where specifically required by law, this indemnification shall be made only as authorized in the specific case upon a determination, in the manner provided by law, that indemnification of the Indemnified Person is proper in the circumstances. XXSI may, to the full extent permitted by law, purchase additional insurance to that provided by USA Swimming, and maintain insurance on behalf of any Indemnified Person against any liability that could be asserted against the Indemnified Person.

610.2 EXCLUSION - The indemnification provided by this Article 610, shall not apply to any Indemnified Party whose otherwise indemnifiable conduct is finally determined to have been in bad faith, self-dealing, gross negligence, wanton and willful disregard of applicable laws, rules and regulations, of the USA Swimming Rules and Regulations, of the USA Swimming Code of Conduct or these Bylaws or who is convicted of a crime (including felony, misdemeanor and lesser crimes) involving sexual misconduct, child abuse, violation of a law specifically designed to protect minors or similar offenses, or who is found by the Zone Board of Review, the National Board of Review, or the U.S. Center for SafeSport to have committed actions which would be the basis for such a conviction and, in each case, the otherwise indemnifiable conduct (or failure to act) was, or was directly related to, the predicate acts of the conviction or finding.

610.3 INDEMNIFIED PERSONS - As used in this Article 610, “Indemnified Person” shall mean any person who is or was a Board Member, [Administrative Review Board member], Group Member Representative, officer, official, coach, committee chair or member, coordinator, volunteer, employee or agent of XXSI, or is or was serving at the direct request of XXSI as a director, officer, Group Member Representative, meet director, official, coach, committee chair or member, coordinator, volunteer, employee or agent of another person or entity involved with the sport of
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610.4 EXTENT OF INDEMNITY - To the full extent permitted by law, the indemnification provided in this Article shall include expenses (including attorneys' fees, disbursements and expenses), judgments, fines, penalties and amounts paid in settlement, and, except as limited by applicable laws, these expenses shall be paid by XXSI in advance of the final disposition of such action, suit or proceeding. If doubt exists as to the applicability of an exclusion to XXSI's obligation to indemnify, XXSI may require an undertaking from the Indemnified Person obliging him to repay such sums if it is subsequently determined that an exclusion is applicable. In the case of any person engaged in the sport of swimming for compensation or other gain, if XXSI determines that there is reasonable doubt as to such person's ability to make any repayment, XXSI shall not be obligated to make any payments in advance of the final determination. This indemnification shall not be deemed to limit the right of XXSI to indemnify any other person for any such expenses to the full extent permitted by law, nor shall it be deemed exclusive of any other rights to which any Indemnified Person may be entitled under any agreement, vote of members or disinterested directors or otherwise, both as to action in an official capacity and as to action in another capacity while holding such office.

610.5 SUCCESSORS, ETC. - The indemnification provided by this Article shall continue as to an Indemnified Person who has died or been determined to be legally incompetent and shall apply for the benefit of the successors, guardians, conservators, heirs, executors, administrators and trustees of the Indemnified Person.

ARTICLE 611
PARLIAMENTARY AUTHORITY

ROBERT'S RULES - Robert's Rules of Order Newly Revised shall govern XXSI and any of its constituent or component parts, committees, etc., in the conduct of meetings in all cases to which they apply and in which they are not inconsistent with these Bylaws and any special rules of order XXSI, the House of Delegates, the Board of Directors or its divisions, committees, etc., may adopt.

ARTICLE 612
MISCELLANEOUS

612.1 EFFECT OF STATE LAW CHANGES (SEVERABILITY) - If any portion of these Bylaws shall be determined by a final judicial decision to be, or as a result of a change in the law of the State or Commonwealth of [insert the name of the state of incorporation] become, illegal, invalid or unenforceable, the remainder of these Bylaws shall continue in full force and effect.

612.2 FISCAL YEAR - The fiscal year of XXSI shall end on the last day of [fill in the ending month].

612.3 TAX STATUS; INTERPRETATION OF BYLAWS - It is intended that XXSI shall have and continue to have the status of an organization which is exempt from federal income taxation under section 501(c)(3) of the IRS Code and to which contributions, bequests and gifts are deductible for federal income, estate and gift tax purposes under sections 170(c)(2), 2055(a)(2) and 2522(a)(2) of the IRS Code, respectively. Similarly, it is intended that XXSI shall have that or similar status under the applicable state and local laws as will exempt it from taxation to the maximum extent possible to the extent not contrary to applicable federal requirements. These Bylaws shall be interpreted accordingly.

ARTICLE 613
ADMINISTRATIVE REVIEW BOARD

613.1 INTRODUCTION - USA Swimming was organized as the National Governing Body for the sport of swimming under the Amateur Sports Act of 1978, as amended by the Ted Stevens Olympic and Amateur Sports Act of 1998, both federal laws. These laws require USA Swimming to establish and maintain provisions for the swift and equitable resolution of all disputes involving any of its members. This Article, together with Section 602.2 and Part Four of the USA Swimming Rules and Regulations, are intended to provide a mechanism for resolving in an orderly and fair way all manner and kinds of disputes that may arise among its members in connection with the sport of swimming. Accordingly, XXSI has established the Administrative Review Board to hear complaints and appeals regarding administrative matters within XXSI which do not rise to the level of Code of Conduct violations and are not appeals of sanction decisions. The Administrative Review Board shall have no jurisdiction to hear complaints regarding conduct that may violate the USA Swimming Code of Conduct or otherwise violate the policies, procedures, rules and regulations adopted by USA Swimming, or conduct that may bring USA Swimming, XXSI or the sport of swimming into disrepute. This Article, together with Part Four of the USA Swimming Rules and Regulations, is intended to provide a fair hearing before a group of independent and impartial people. This Article and Part Four of the Rules
shall be construed accordingly.

613.2 ADMINISTRATIVE REVIEW BOARD ORGANIZATION -

.1 Establishment - The Administrative Review Board of XXSI shall be independent and impartial.

.2 Members - The Administrative Review Board shall have at least [insert a number] regular members, with a sufficient number of athlete members to constitute at least 20% of the voting membership. At least three members of the Administrative Review Board shall hear each case, with a sufficient number of athlete members to constitute at least twenty percent (20%) of its membership. No hearing shall proceed without the required athlete representation. The House of Delegates may increase the number of regular or alternate members by resolution but subsequent to the adoption of these Bylaws may only decrease the number of regular or alternate members upon the expiration of the term of office of any incumbent members.

.3 Election; Term of Office; Eligibility -

A. Election - The House of Delegates shall biennially elect regular and alternate members of the Administrative Review Board:

B. Term of Office - The term of office shall be two (2) years. Each member and alternate member shall assume office upon election and shall serve until a successor takes office.

C. Eligibility - Each regular and alternate member of the Administrative Review Board shall be an Individual Member of XXSI and USA Swimming. In no case shall members of the Board of Directors serve on the Administrative Review Board.

.4 Chair Elected by Board; Other Officers - The Chair of the Administrative Review Board (the “Chair”) who must be a regular member, shall be elected biennially by a majority vote of the regular members of the Administrative Review Board. The Chair shall biennially appoint a Vice-Chair and a Secretary of the Administrative Review Board, each of whom must be regular members.

.5 Meetings - The Administrative Review Board shall meet for administrative purposes as necessary, to elect the Chair, to adopt rules and procedures and to conduct other business as may be helpful or necessary to achieve the purposes of the Administrative Review Board and efficiently exercise its duties and powers. Other meetings may be called by the Chair or any two regular members. When meeting for administrative purposes, Section 607.19 shall apply to the Administrative Review Board.

.6 Participation Through Communications Equipment - Members of the Administrative Review Board may participate in a meeting or hearing of the Administrative Review Board, and any hearing may be conducted, in whole or in part, through conference telephone or similar equipment by means of which all persons participating in the meeting can hear each other at the same time. Participation by these means shall constitute presence in person at such a meeting or hearing.

.7 Quorum - A quorum for any administrative meeting of the Administrative Review Board shall be fifty percent (50%) of its regular members.

.8 Resignations - Any regular or alternate member of the Administrative Review Board may resign by submitting a written resignation to the Chair, the General Chair or the Board of Directors specifying an effective date of the resignation. In the absence of a specified effective date, any such resignation shall take effect upon the appointment or election of a successor.

.9 Determination of Vacancy or Incapacity - The determination of when an office becomes vacant or an officer becomes incapacitated shall be in accordance with 606.9.

.10 Substitutions for Member - In the event that a regular member of the Administrative Review Board is unable or unwilling to promptly act for any reason, recuses herself or himself or is disqualified in any particular circumstance, the Chair (or, if the person so unable or unwilling to act or recused or disqualified is the Chair, the Vice-Chair; or failing that, the General Chair) shall appoint an alternate member to act in the regular member’s place in respect of that circumstance.

613.3 GENERAL -

.1 Administrative Powers - The Administrative Review Board shall have the powers and the duty to:
A. administer and conduct the affairs and achieve the purposes of the Administrative Review Board,
B. establish policies, procedures and guidelines,
C. elect the Chair,
D. call regular or special meetings of the Administrative Review Board,
E. retain attorneys, agents and independent contractors and employ those persons which the Administrative Review Board may determine are appropriate, necessary or helpful in the administration and conduct of its affairs, and
F. take such action as may otherwise be appropriate, necessary or helpful in the administration and conduct of its affairs, the achievement of its purposes and the efficient exercise of its duties and powers.

.2 Rule Making Powers - The Administrative Review Board shall have the power and the duty to promulgate reasonable rules and procedures consistent with the corporation laws of XXSI with respect to any matter within its jurisdiction or appropriate, necessary or helpful in the administration and conduct of its affairs. Such rules and procedures shall have the same force and effect as if they had been adopted as part of these Bylaws.

.3 Exercise of Powers and Decisions - Except for authority and power granted to the Chair, the exercise of the authority and powers of the Administrative Review Board and the decision of matters which are the subject of a hearing shall be decided by a majority vote of the Administrative Review Board. The views of any dissenters shall be included in the record of the proceeding if requested by the dissenters. The exercise of the Administrative Review Board’s authority and power shall be solely in its discretion and the interests of justice and the sport of swimming.

.4 Timeliness of Petition - The Administrative Review Board need not exercise its jurisdiction with respect to a complaint the subject matter of which occurred, or concerns or is founded on events which occurred, more than ninety (90) days prior to the date the complaint is received. A determination not to exercise its jurisdiction as a result of the untimeliness of a complaint may be made by the Chair alone and may be the subject of a request for rehearing and, thereafter, appeal to the Zone Board of Review pursuant to Part Four of the USA Swimming Rules and Regulations.

ARTICLE 614
CONVENTIONS AND DEFINITIONS

614.1 CONVENTIONS -

.1 TERMS GENERALLY - Whenever the context may require, any pronoun or official title shall include the corresponding masculine, feminine and neuter forms. The words “include”, “includes” and “including” shall be deemed to be followed by the phrase “without limitation”. The singular shall include the plural and the plural shall include the singular as the context may require. Where the context permits, the term “or” shall be interpreted as though it were “and/or”. Captions have been used for convenience only and shall not be used in interpreting the Bylaws.

.2 CAPITALIZED TITLES - Capitalized titles, such as Secretary or Treasurer, when appearing alone shall refer to XXSI positions and not to USA Swimming or another organization.

.3 NOTICE DEEMED GIVEN; LAST KNOWN ADDRESS -

A. Notice by Mail - Notice given and other writings delivered by first class mail, postage prepaid, and addressed to the last known address shall be deemed given or delivered upon the postmark date for all purposes under these Bylaws.

B. Notice by Email - Notice given and writings delivered by electronic mail to the last known email address shall be deemed given or delivered for all purposes under these Bylaws.

C. Last Known Mail or Email Address - For all purposes under these Bylaws, the last known mail or email address of a member of XXSI shall be the mail or email address on file with XXSI or in SWIMS.

.4 TIME PERIOD CONVENTION - In computing time periods established by these Bylaws, the initial time period (days or hours) shall not be included but the last period shall be included.

.5 WAIVER OF NOTICE CONVENTION - Untimely or insufficient notice for any meeting held under the authority of these Bylaws shall be considered to have been waived if a member attends or participates in the meeting to which such notice referred or to which notice was lacking without, at the earliest opportunity,
1214 raising an objection of untimely or insufficient notice having been given for such meeting. If the member is a
1215 Group Member Representative, then the relevant Group Member shall be treated as having waived the
1216 untimely or insufficient notice to the same extent.

1217 614.2 DEFINITIONS 50 - When used in these Bylaws, the following terms shall have the meanings indicated in this Section,
1218 and the definitions of such terms are equally applicable both to the singular and plural forms.
1219 .1 ARTICLE - a principal subdivision of these Bylaws.
1220 .2 [ARTICLES OR CERTIFICATE] OF INCORPORATION - the document filed with [insert the title of the
1221 office and the state in which the document was filed; usually the Secretary of State] pursuant to which XXSI
1222 was formed.
1223 .3 ATHLETE REPRESENTATIVE - an Athlete Member elected to represent athletes in the House of Delegates
1224 and on the Board of Directors.
1225 .4 BOARD MEMBER - a member of the Board of Directors, including the At-Large Board Members.
1226 .5 BOARD OF DIRECTORS - the Board of Directors of XXSI.
1227 .6 BYLAWS - these bylaws as adopted and amended from time to time by, and in effect for, XXSI.
1228 .7 COACH REPRESENTATIVE - a Coach Member elected to represent the coaches in the House of Delegates
1229 and on the Board of Directors.
1230 .8 FINA - the Federation Internationale de Natation, the international governing body for the sport of swimming.
1231 .9 GROUP MEMBER REPRESENTATIVE - an individual appointed to represent a Group Member in the House
1232 of Delegates.
1233 .10 HOUSE OF DELEGATES - the House of Delegates of XXSI as established by Article 604 of these Bylaws.
1234 .11 IMMEDIATE PAST GENERAL CHAIR - the individual who is the immediate past General Chair of XXSI.
1235 .12 IRS CODE - the current United States Internal Revenue Code.
1236 .13 LOCAL SWIMMING COMMITTEE / LSC - XXSI as defined by the USA Swimming Corporate Bylaws.
1237 .14 MEMBER - a Group Member or an Individual Member.
1238 .15 NATIONAL BOARD OF REVIEW - the National Board of Review of USA Swimming established pursuant
1239 to Part Four of the USA Swimming Rules and Regulations. Where the context requires, a reference to the
1240 National Board of Review shall include a reference to the USA Swimming Board of Directors when that body
1241 is acting upon an appeal from the National Board of Review.
1242 .16 POLICIES AND PROCEDURES - the principles, rules, and guidelines of XXSI, as amended and adopted by
1243 the Board of Directors or the House of Delegates.
1244 .17 SECTION - a subdivision of the Articles of these Bylaws.
1245 .18 TERRITORY - the geographic territory over which XXSI has jurisdiction as a Local Swimming Committee.
1246 .19 USA SWIMMING - USA Swimming, Inc., a Colorado nonprofit corporation which is the national governing
1247 body for the United States for the sport of swimming.
1248 .20 XXSI - the [state of incorporation] not-for-profit corporation to which these Bylaws pertain.
1249 .21 ZONE BOARD OF REVIEW - the Board of Review of the Zone in which XXSI is located, which Zone Board
1250 of Review is established pursuant to Part Four of the USA Swimming Rules and Regulations. Where the
1251 context requires, a reference to the Zone Board of Review shall include a reference to the National Board of
1252 Review when that body is acting upon an appeal from the Zone Board of Review.

1 Substitute the LSC code assigned in Article 603 of the USA Swimming Rulebook for “XX.”
2 Wherever Policies and Procedures is listed throughout this document, the LSC should replace with the appropriately titled
document for that context (such as LSC Rules and Regulations, Board Policy Manual, etc.).
If the LSC offers optional membership categories, list as appropriate.
The LSC may add, all, none, or specific chairs/coordinators or other members to the House of Delegates.
The LSC may vary the number of representatives accorded Group Members, either by absolute number or by a formula determining the number that is based on the number of swimmers registered to the Group Member relative to the number of swimmers registered in the LSC. The LSC may deny Affiliated Group Members or Seasonal Club Members the right to be represented. The LSC may designate categories of its voting delegates, such as athlete, coach, non-coach.

If Ex-officio members listed in Section 605.3 are not members of the House of Delegates, list those exceptions here.

An LSC may deny the Group Member Representatives of Affiliated Group Members or Seasonal Club Members the right to vote. This can be accomplished with the addition of the following clause after “Group Member Representatives” and before the comma: “(other than those of Affiliated Group Members.)”

An LSC may specify a specific schedule here.

An LSC may vary this provision to provide a higher quorum of either general or limited applicability, but this is not generally recommended.

Each LSC may add to this list other positions in accordance with its needs, but may not remove any of the listed positions. Typical positions on many Boards include: Officials Chair, Registration/Membership Coordinator, Technical Planning Chair, Diversity Chair, Disability Chair, Safety Chair/Coordinator, and Non-Athletes At-Large.

If permitted under the laws of the state of incorporation, a staff member may serve as Secretary with voice but no vote.

If permitted under the laws of the state of incorporation, a staff member may serve as Treasurer with voice but no vote.

Program Operations Vice-Chair may be substituted.

Program Development Vice-Chair may be substituted.

The number of At-large Board positions may not exceed a number equal to or greater than half of the voting members of the Board.

The House of Delegates may create classes of At-Large Board Members, such as an At-Large Board membership to be held by a Coach Member or representatives of the division of XXSI.

An LSC may include the provisions for ex-officio members of the Board of Directors such as the Immediate Past General Chair.

Although not recommended, this provision may be omitted if desired. Alternatively, or in addition to the club affiliation limitation, an LSC may impose a limitation based on geography. In order to preserve continuity across the LSCs, if an LSC elects to omit this provision, the Section number and heading should remain with the addition of the following commentary: “This Section is reserved for future use.”

This list of duties and powers may be expanded by an LSC, but not contracted. However, an LSC may add a provision that the Board of Directors may not override policy or program established by the House of Delegates either (a) at all or (b) unless the vote reflects a two-thirds or greater majority. In addition, the LSC may not expand the Board’s duties and powers to include removal of persons not appointed by the Board.

A LSC may omit the italicized sentence or modify it to remove or reduce the length of the notice required or prohibit the Board from overriding policy established by the House of Delegates.

It is recommended that approximately half of the elected positions be elected in odd-numbered and half in even-numbered years using two-year terms of office. This section may be further varied to allow for other terms of office. If staggered, the election year for each office should be specified adjacent to each position listed in 606.1.1 thru 606.1.7.

Program Operations Vice-Chair may be substituted.

Program Development Vice-Chair may be substituted.

If permitted under the laws of the state of incorporation, a staff member may serve in the position of secretary with voice but no vote and should be indicated in adjacent parentheses that the position is filled by staff and not elected by HOD.

If permitted under the laws of the state of incorporation, a staff member may serve in the position of treasurer with voice but no vote and should be indicated in adjacent parentheses that the position is filled by staff and not elected by HOD.

Delete the electronic vote option if not permitted under the LSC state law of incorporation.

LSCs may substitute this language “Two (2) Coach Representatives shall be elected, one each year for a two-year term, or until their respective successors are elected.”

Delete the electronic vote option if not permitted under the LSC state law of incorporation.

LSCs may substitute this language “Two (2) Coach Representatives shall be elected, one each year for a two-year term, or until their respective successors are elected.”
An LSC may choose the methods of selection for all non-officer Board positions. The Athlete & Coach Representatives must be selected in accordance with provisions A or B. Any single-person position, other than General Chair, that has been listed as a chair should be changed to “coordinator”.

The term of office shall not exceed 4 years.

An LSC may vary this to provide that the officers shall assume their duties upon the start of the fiscal year of XXSI, a date corresponding to the end or beginning of the competitive season cycle, or another convenient date specified herein. If a date is specified, then “is chosen” should be deleted and replaced with “takes office.”

An LSC may include all, some, or none of the Board Members listed in italics or add other Board Members. No exception may be made for the terms of office of the General Chair or the Vice-Chairs. Consecutive term limits may also be established for service on the Board of Directors, with the exception of the person ascending to the office of the General Chair.

The number of officers empowered to sign in the name of the LSC may be changed as deemed appropriate or as mandated by applicable laws and regulations of the state of incorporation or its Articles/Certificate of Incorporation.

LSCs are authorized to establish additional divisions to align with their programming needs.

Program Development may be substituted for Age Group (Division and Vice-Chair).

Program Operations may be substituted for Senior (Division and Vice-Chair).

These committees must be defined as standing committees in these Bylaws or as operational committees in the XXSI Policy and Procedures.

These duties may be assigned to a separate Audit Committee, which must be defined as a standing committee in these Bylaws.

These duties may be assigned to a separate Budget Committee, which must be defined as a standing committee in these Bylaws.

Number accordingly.

If a Safety Coordinator is a Board member, it should not be included in this section. Otherwise, the committee (chair, members, and duties) must be listed here. If a coordinator but not a Board member, the position and duties must be listed here.

The LSC may define specific positions (such as a coach or, official) as members.

Existence of an LSC Executive Committee is optional. An LSC may add additional members to an Executive Committee, while maintaining 20% athlete representation. The resulting size at some point defeats the purpose of having an Executive Committee which can be quickly assembled to deal with urgent matters. A high quorum requirement may have the same practical effect.

Program Operations Vice-Chair may be substituted.

Program Development Vice-Chair may be substituted.

The wording of this Article may be changed to comply with applicable laws and regulations in the jurisdiction of incorporation, but the substance of this Article is mandatory. In certain jurisdictions, this provision may need to be added to Articles/Certificate of Incorporation. Advice of an attorney in such jurisdiction should be sought in connection with the adoption or modification of this Article. A copy of such advice and notice of the corresponding changes to this Article shall be furnished to USA Swimming Rules and Regulations Committee. The indemnity provided by this Article is or may be broader than the insurance presently provided by USA Swimming to the LSCs.

Each LSC may (but is not required to) adopt the following Article to allow the LSC to internally handle administrative matters which do not rise to the level of a Code of Conduct violation. LSCs which do not adopt this Article should retain the Article 613 numbering and note: “[Intentionally Deleted.]” where the Article title would otherwise be.

The Administrative Review Board must have at least three (3) regular members. Alternate members may be elected.

Subsections should be properly alphabetized and numbered within the list of definitions.
Proposed Amendments to Rules & Regulations  
June 2018

| Location: | Page 45 – 103.2 Water Depth |
| Location: | Page 60 – Requirements for Sanction |

Proposed by: Rules & Regulations Committee

Purpose: To ensure safe in water starts by prohibiting the use of the backstroke ledge.

Recommendation: The Rules and Regulations Committee recommends approval.

Effective Date: Immediately

103.2 WATER DEPTH

.1 /NC/ 2 meters (6 feet 7 inches) deep throughout the course.

.2 /M/ Teaching Racing Starts — Minimum water depth for teaching all racing starts, prior to certification, in any setting from any height starting blocks, from backstroke ledges or from the deck shall be 6 feet (1.84 meters) measured for a distance of 3 feet 3 1/2 inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from the end wall. Teaching racing starts shall only take place under the direct supervision of a USA Swimming member coach and shall include:

A All racing start instruction until a swimmer has been certified by his or her USA Swimming member coach as proficient in performing a racing start, and

B Subsequent to certification, instruction which seeks to alter a swimmer’s basic technique in performing a racing start.

Prior to certification, all racing starts must take place from a position in the water, and without use of the backstroke ledge, regardless of pool depth. Subsequent to certification, practicing of racing starts may take place in water depth of four (4) feet (1.22 meters) and deeper.

[no changes]

202.4 REQUIREMENTS FOR SANCTION — Sanctions are issued, withheld or withdrawn in accordance with the following regulations:

.1-9 [no changes]

.10 Application for sanction must be accompanied by a copy of the complete meet announcement which must include the following:

A A statement of the nature of prizes to be awarded.

B A complete schedule of lanes and times for all warm-up procedures which must be adhered to by all participants.

C Information about water depth measured for a distance of 3 feet 3 1/2 inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls.

D The following statement: “Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.”

[no changes]

| Location: | Page 14 – (new) Official Glossary |
| Location: | Page 80 – 202.4 Requirements for Sanction |

Proposed by: Operational Risk Committee

Purpose: To ensure safety of athletes, officials, coaches and spectators at all USA Swimming sanctioned events. Naming a Meet Operational Risk Officer will put meet safety planning into the sanctioning process as well as during the meet.

Recommendation: The Rules and Regulations Committee has postponed a recommendation pending further clarification from proposer.

OFFICIAL GLOSSARY
MEET OPERATIONAL RISK OFFICER – An USA Swimming non-athlete member designated by meet host to ensure compliance with Operational Risk Manual policies during sanctioned competition. Officer shall have no other duties (except marshaling) during the meet.

202.4 REQUIREMENTS FOR SANCTION — Sanctions are issued, withheld or withdrawn in accordance with the following regulations:

.1-8 [no changes]

.9 The following clause will appear on all sanction application forms and on all forms upon which official sanctions are granted: “In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.” Information shall be on all sanction application forms and on all forms upon which official sanctions are granted.

A “In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.”

B Designated spaces for applicant to provide names of:
  
  Meet Director
  Meet Referee
  Meet Operational Risk Officer

R-18 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Location: Page 63 – 202.6 Requirements for Approval

Proposed by: Rules & Regulations Committee

Purpose: To address the potential safety and safe sport concerns involving the growing use of drones at sporting events.

Recommendation: The Rules and Regulations Committee recommends approval.

202.6 REQUIREMENTS FOR APPROVAL — Approval of competition may be issued, withheld or withdrawn by an LSC in accordance with the following regulations:

.1-5 [no changes]

.6 Written application for approval shall be made not later than the period established by the LSC prior to the competition. The LSC may establish a fee for processing such applications. Application for approval shall be accompanied by the meet announcement which shall include the following:

A-F [no changes]

G The following statement: “Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.”

Exceptions may be granted with prior written approval by the Program Operations Vice Chair Program & Events Committee Chair or designee.

R-19 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

This item will only be presented if R-2 is not adopted.

Location: Page 30 – (new) 205.10 Swimwear in Age Group Competition

Proposed by: Rules & Regulations Committee

Purpose: To allow an LSC the ability to ban the use of technical suits by 12 & under swimmers provided such policy has been adopted by the LSC’s House of Delegates.

Recommendation: The Rules and Regulations Committee recommends approval.

Effective Date: Immediately

205.10 SWIMWEAR IN AGE GROUP COMPETITION

.1 For age group competitions, it is permissible for the swimmer to wear a single set of garments underneath his or her competition
swimsuit for modesty and/or privacy reasons.

2. An LSC may prohibit the use of technical suits by 12 & under swimmers provided such prohibition has been adopted by the LSC’s House of Delegates.

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### R-20 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

<table>
<thead>
<tr>
<th>Location:</th>
<th>Page 29 – (new) 102.7 Postponements and Changes in Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proposed by:</td>
<td>Rules &amp; Regulations Committee</td>
</tr>
<tr>
<td>Purpose:</td>
<td>To establish definition of age for postponed meets.</td>
</tr>
<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee has not yet reviewed this proposal.</td>
</tr>
<tr>
<td>Effective Date:</td>
<td>Immediately</td>
</tr>
</tbody>
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#### 102.7 POSTPONEMENTS AND CHANGES IN PROGRAM

.1-3 [no changes]

### R-21 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

<table>
<thead>
<tr>
<th>Location:</th>
<th>Page 30 – 102.8 Swimwear</th>
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</thead>
<tbody>
<tr>
<td>Proposed by:</td>
<td>Rules &amp; Regulations Committee</td>
</tr>
<tr>
<td>Purpose:</td>
<td>To comply with current practices for swimwear disqualifications.</td>
</tr>
<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee has not yet reviewed this proposal.</td>
</tr>
</tbody>
</table>

#### 102.8 SWIMWEAR

.1 Design

A-E [no changes]

E. The Referee shall have authority to bar offenders from the competition until they comply with the rule.

### 102.22 DISQUALIFICATIONS

.1 A disqualification can be made only by the official within whose jurisdiction the infraction has been committed. Except for the Relay Take-off Judges when dual confirmation relay take-off judging, as provided in 102.13.6B, is used, the Referee, Stroke, Turn, or Relay Take-off Judge upon observing an infraction, shall immediately raise one hand overhead. If the official does not do so, there shall be no disqualification unless the meet is being conducted under FINA procedures.

.2 The Referee or designated official making a disqualification shall make every reasonable effort to seek out the swimmer or his/her coach and inform him/her as to the reason for the disqualification. Failure to notify does not negate the disqualification.

.3 For swimwear disqualifications, refer to 102.8.1.

[re-number remaining]