

## USA Swimming Sports Medicine & Science Committee Minutes

[03/10/2023] [Virtual Meeting]

**Present:** Dr. Katie Edenfield, Curtis Goss (staff liaison), Dr. Danny Mistry, Dr. Thomas Kremen, Keenan Robinson (chair)

**Absent:** Bruce Gemmell, Dr. Jim Lynch, Lindsay Mintenko, Madisyn Cox, Dr. Morteza Khodaei, Pia Davila, Sam Stewart, Dr. Tiffany Bohon

**Guests:** None

**Call to Order:** Keenan Robinson called the 3/10/23 meeting of the Sports Medicine & Science Committee to order at 5:15 PM Mountain Time.

**Conflict of Interest Disclosure:** None

### Agenda:

- Landing page and links on website for Sports Medicine educational efforts
- Plans for executing pre-participation examinations (PPEs) for NT in fall 2023 at OTC (ortho, cardiac, pulm, internal medicine, neuro)
- Review our prior sports medicine research and educational products (papers, initiatives, half completed projects, future projects on horizon, etc.)
- Review the agenda for USAS Sports Med meeting this May
- Any other suggested research targets for USA Swimming moving forward 2023 vs. Long term?
- Input from the athlete reps regarding things we could do better/areas that may need attention

### Discussion:

- Finding a concentrated area of sports medicine resources on our website is a priority for all members.
- Discussed priorities for PPEs included continued development of a medical network, especially in cases where an athlete has exhausted his or her college eligibility, and information streams for continued medical communication and supervision for athletes to streamline care and TUE concerns, especially preparing for international team trips
- Reviewed a list of past projects completed by the committee or at the request of the committee and discussed potential future directions based on PPEs
- Discussed individuals who may be best suited to complete evidence-based guidelines for certain emergency or rehabilitation scenarios.
- Athlete reps were not present so questions for them were tabled until a subsequent meeting.

**Adjournment:** Keenan Robinson adjourned the 3/10/23 meeting of the Sports Medicine & Science Committee at 5:55 PM Mountain Time.