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Nic Fink Earns Breaststroke Win, Clocks Top-10 World Time at TYR Pro Swim Series Mission Viejo

[Live Stream](#) | [Broadcast Info](#) | [Meet Info](#)

MISSION VIEJO, Calif. – Competition at the 2023 TYR Pro Swim Series Mission Viejo continued Thursday night with the 100m freestyle, the 100m breaststroke, 50m backstroke, 200m butterfly and the 400m freestyle. National team athletes collected nine titles.

Women's 100m Freestyle – FINAL

- 1 – Abbey Weitzeil (Santa Clara, Calif./California Aquatics), 53.26
- 2 – Torri Huske (Arlington, Va./Alto Swim Club), 54.27
- T3 – Claire Curzan (Cary, N.C./Alto Swim Club), 54.50
- T3 – Simone Manuel (Sugar Land, Texas/Sun Devil Swimming), 54.50

Weitzeil on her race: "I'm super excited. Seeing that time up there, it's what I've gotten at past major meets before so knowing that I've done that in season with the rest coming, we have like five to six weeks until (World Championships) team trials. I'm super excited for what's happening this season. I know I can go a best time."

Men's 100m Freestyle – FINAL

- 1 – Ryan Held (Springfield, Ill./New York Athletic Club), 48.74
- 2 – Bjorn Seeliger (SWE), 48.80
- 3 – Hunter Armstrong (Dover, Ohio/New York Athletic Club/California Aquatics), 49.13

Held on his performance: "The race was good. This morning I was in control of what was going on and I knew for tonight, I just had to put down the gas a little more. Go out faster, and if you go out fast, you just have to come back. It doesn't matter how tired you are, you have to come back faster."

Women's 100m Breaststroke – FINAL

- 1 – Lilly King (Evansville, Ind./Indiana Swim Club), 1:06.67
- 2 – Kaitlyn Dobler (Aloha, Ore./Trojan Swim Club), 1:07.63
- 3 – Piper Enge (Mercer Island, Wash./Bellevue Swim Club), 1:09.05

King on her race: "I thought I'd be a little bit faster today. It's kind of out of my control at this point. I'm still happy with the win and to be here getting some good racing in."

Men's 100m Breaststroke – FINAL

- 1 – Nic Fink (Morristown, N.J./Metro Atlantic Aquatic Club), 59.77
- 2 – Jake Foster (Cincinnati, Ohio/Mason Manta Rays), 1:00.81
- 3 – Brandon Fischer (Palo Alto, Calif./Tri Valley Aquatics), 1:01.19

Fink on his race: "It feels good. I didn't know exactly how I would feel coming out of this one. This morning wasn't super sharp. Knowing that I can have one that isn't great and bounce back for my fastest one of the season is a good feeling. It was a good race and I'm definitely happy with it."

Women's 50m Backstroke – FINAL

- 1 – Isabelle Stadden (Blaine, Minn./California Aquatics), 27.88
- 2 – Rhyan White (Herriman, Utah/University of Alabama), 28.13
- 3 – Claire Curzan (Cary, N.C./Alto Swim Club), 28.14

Stadden on her performance: "I'm not too out of breath, just because it's a 50. I've really been enjoying the sprint races to get my heart rate up, especially when it's before my 200 and 100 back."

Men's 50m Backstroke – FINAL

- 1 – Justin Ress (Cary, N.C./Mission Viejo Nadadores), 24.79
- 2 – Hunter Armstrong (Dover, Ohio/New York Athletic Club/California Aquatics), 24.91
- 3 – Hugo Gonzalez de Oliveira (ESP), 25.05

Ress on his race: "It was really solid. It's really important to give it to the home crowd here. I challenged myself tonight with the double. I don't train for doubles anymore, so it was tough."

Women's 200m Butterfly – FINAL

- 1 – Kelly Pash (Carmel, Ind./Longhorn Aquatics), 2:08.20
- 2 – Dakota Luther (Austin, Texas/Longhorn Aquatics), 2:08.25
- 3 – Bailey Hartman (Danville, Calif./Crow Canyon Sharks), 2:12.47

Pash on her performance: "I'm really tired. I had a double with the 100 freestyle before this. I was just thinking back to my younger years of swimming when I would swim every event, so I was taking my confidence from that; using my 100 free as a warmup for my 200 fly. I definitely felt it in that race."

Men's 200m Butterfly – FINAL

- 1 – Trenton Julian (Glendale, Calif./Mission Viejo Nadadores), 1:56.51
- 2 – Jack Dahlgren (Victoria, Minn./Team Triumph), 1:57.77
- 3 – Dare Rose (Jersey City, N.J./California Aquatics), 1:58.37

Julian on his race: "I love swimming at home. Swimming in the sun was a little misty in the morning but we have the sun right now. I think (my time) was fine for right now. I felt really loose on that first 100 fly and in the last 100, I tightened up a lot."

Women's 400m Freestyle – FINAL

- 1 – Bella Sims (Las Vegas, Nev./Sandpipers of Nevada), 4:06.41
- 2 – Jillian Cox (Cedar Park, Texas/Longhorn Aquatics), 4:10.22
- 3 – Kayla Han (La Mirada, Calif./La Mirada Armada), 4:10.56

Sims on her performance and the competition field: "That was really good for me. It's really cool to see everyone gradually get better and have younger people take over the older kids. It's inspiring."

Men's 400m Freestyle – FINAL

- 1 – Marwan Aly ElKamash (EGY), 3:49.65
- 2 – Coby Carrozza (Austin, Texas/Longhorn Aquatics), 3:50.90
- 3 – Alec Enyeart (Kansas City, Mo./Tsunami Swim Team of K.C.), 3:51.86

Competition continues through Saturday at the Marguerite Aquatics Complex. Prelims begin at 9 a.m. PT with finals at 5 p.m. PT.

Saturday's finals and daily prelim sessions can be viewed on www.usaswimming.org/watch. A full schedule of broadcasts on Peacock and CNBC can be found [here](#).

The TYR Pro Swim Series Mission Viejo marks the competition's fourth stop in 2023; previous stops include Knoxville, Tenn., Fort Lauderdale, Fla. and Westmont, Ill. For more on the competition, visit the event page [here](#).

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