



ATHLETE MEMBERSHIPS

	PREMIUM	FLEX	OUTREACH **	SEASONAL
AGE	All Ages *	12 & Under	All Ages *	All Ages *
TIME OF YEAR	Year - Round	Year Round	Year Round	Consecutive 150 days
BENEFITS				
PROFESSIONALLY TRAINED COACHES	✓	✓	✓	✓
SAFE SPORT SUPPORTED ENVIRONMENT	✓	✓	✓	✓
COMMITMENT TO DEI	✓	✓	✓	✓
BEST IN-CLASS INSURANCE	✓	✓	✓	✓
TIMES RECORDED IN NATIONAL DATABASE	✓	✓	✓	✓
RECEIVE SPLASH MAGAZINE	✓	✓	✓	✓
ELIGIBLE FOR NATIONAL TEAM & NATIONAL DEVELOPMENT PROGRAMS	✓			
MEET PARTICIPATION	Unlimited Meet Participation	2 local meets per year - no LSC Championships	Unlimited Meet Participation	Local Meets and up to LSC level Championship meets in that 150 day period
OFFERS	Premium Level of Exclusive offers and discounts	Exclusive offers and discounts	Premium Level of Exclusive offers and discounts	Seasonal offers and discounts

* If 18 and Older - Athlete must have up to date Athlete Protection Training (APT)

** A reduced fee category. To be considered for the outreach membership, please contact your **LSC Registrar** for eligibility requirements. Click [here](#) for the USA Swimming LSC Map.