800 Meter Freestyle – Long Course Split Recording Sheet

Event #:_____ Lane #:_____ Men Women (circle one)

Laps	Meters	Heat #: _____	Heat #: _____	Heat #: _____
2	100			
4	200			
6	300			
8	400			
10	500			
12	600			
14	700	Bell	Bell	Bell
16	800			

Event #:_____ Lane #:_____ Men Women (circle one)

Laps	Meters	Heat #: _____	Heat #: _____	Heat #: _____
2	100			
4	200			
6	300			
8	400			
10	500			
12	600			
14	700	Bell	Bell	Bell
16	800			

Event #:_____ Lane #:_____ Men Women (circle one)

Laps	Meters	Heat #: _____	Heat #: _____	Heat #: _____
2	100			
4	200			
6	300			
8	400			
10	500			
12	600			
14	700	Bell	Bell	Bell
16	800			

Record the split times from the scoreboard. The watch time is to be recorded on the usual lane timer sheet.