800 Meter Freestyle – Short Course Split Recording Sheet

Event #:_____ Lane #:_____ Men Women (circle one)

Laps	Meters	Heat #: _____	Heat #: _____	Heat #: _____
2	50			
4	100			
6	150			
8	200			
10	250			
12	300			
14	350			
16	400			
18	450			
20	500			
22	550			
24	600			
26	650			
28	700			
30	750	Bell	Bell	Bell
32	800			

Event #:_____ Lane #:_____ Men Women (circle one)

Laps	Meters	Heat #: _____	Heat #: _____	Heat #: _____
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24	600			
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30	750	Bell	Bell	Bell
32	800			

Record split times from the scoreboard. The watch time should be recorded on the usual lane timer sheet.