Recommendations from the Officials Committee

Pertaining to the freestyle portion of the medley events

Determination of the body position during the freestyle portion of the medley events (individual and relay) should be judged in a similar manner to other body position calls. Namely, the shoulders must be at or past the vertical toward the breast when the swimmer leaves the wall. The judge should watch the swimmer’s feet leave the wall and then look up to gauge the relative position of the shoulders to one another. It is important to consciously think about the position of the shoulders from the point of observation – forward in time and not project back in time to where the shoulders might have been between the time the feet left the wall and the observation was made. As always, the benefit of any doubt goes to the swimmer. This is particularly true when the judge is observing more than one lane as it may be quite difficult to ascertain the position of the shoulders when observing from a different lane.

Suggested language for the disqualification slip

Use Miscellaneous-Other (7T) “Swimming more that ¼ of the race in the style of backstroke.”

1/8/16