

USA Swimming
ATHLETE SELECTION PROCEDURES
2021 FINA World Junior Open Water Swimming Championships

DEFINITIONS

- Available Swimmer. "Available Swimmer" means a swimmer who (i) qualifies to be Selected to the Team in an Event according to these Selection Procedures and has complied with all eligibility requirements set forth in Sections 1.1-1.2 of these Selection Procedures; (ii) is between the ages 15 and 20 as of December 31, 2021; (iii) is eligible to compete in the division in which he or she qualified for (please see section 1.3.1) (iii) certifies to USA Swimming that he/she remains available to swim through the completion of the 2021 FINA World Junior Open Water Swimming Championships; and (iv) indicates in writing that he or she will accept the invitation to be Selected to the Team when that invitation is offered by USA Swimming and to swim in the Event for which he/she qualifies in the Championships (except as otherwise provided herein). If a swimmer does not satisfy these requirements, then he/she is not considered an Available Swimmer.
- Championships. "Championships" refers to the 2021 FINA World Junior Open Water Swimming Championships, which will be conducted in Victoria, Seychelles August 13-15, 2021.
- Event. "Event" refers to those competition events contested at the Championships.
- Head Coach. Unless otherwise indicated, "Head Coach" refers to the head coach of the Team.
- Managing Director, National Team. "Managing Director, National Team" refers to the USA Swimming Managing Director, National Team, or his/her designee.
- National Team Open Water Director. "National Team Open Water Director" refers to the USA Swimming National Team Open Water Director, or his/her designee.
- Select/Selected/Selection to the Team. "Select/Selected/Selection the Team" refers to the Team selected by USA Swimming on April 18, 2021, plus any replacements that may be added to the Team pursuant to Section 4 of these Selection Procedures.
- Team. "Team" means the 2021 USA Swimming FINA World Junior Open Water Swimming Championship Team Selected April 18, 2021, plus any changes or replacements made pursuant to these Selection Procedures.
- World Ranking. World Ranking means the World Rankings Powered by USA Swimming list downloaded from the usaswimming.org website at approximately 8:00 a.m. MST on April 14, 2021, and covering the period of January 1, 2020, through and including April 13, 2021.

- 5K Qualifying Competition. "5K Qualifying Competition" means the 2021 USA Swimming Open Water 5K Junior National Championships, held Saturday, April 17, 2021, in Fort Myers, Florida.
- 7.5K Qualifying Competition. "7.5K Qualifying Competition" means the 2021 USA Swimming Open Water 7.5K Junior National Championship, held Sunday, April 18, 2021, in Fort Myers, Florida.
- 10K Qualifying Competition. "10K Qualifying Competition" means the 2021 USA Swimming Open Water 10K National Championships, held Friday, April 16, 2021, in Fort Myers, Florida.

1. SELECTION SYSTEM

1.1. The minimum eligibility requirements for an athlete to be considered for Selection to the Team:

1.1.1 In order to be considered for Selection to the Team, an athlete must, at the beginning of the applicable Qualifying Competition and at the time of Selection to the Team:

- (a) be a registered athlete member of USA Swimming in good standing;
- (b) be a citizen of the United States; and
- (c) be eligible to represent the United States in international competition.

In order to be considered for Selection to the Team, an athlete must, at the time of Selection to the Team, be an Available Swimmer.

1.1.2 Nationality/Passport requirements:

Athlete must hold a valid U.S. passport that will not expire for six months after the conclusion of the Championships.

1.1.3 Minimum International Federation (IF) standards for participation:

- (a) All competitors selected to the Team must meet the eligibility requirements set forth by the Federation Internationale De Natation (FINA). For additional information regarding FINA's athlete eligibility please refer the FINA General Rules (GR 2).

1.1.4 Other requirements (if any):

- (a) Qualify for the 5K Qualifying Competition and/or the 7.5K Qualifying Competition and/or the 10K Qualifying Competition, as described in Section 1.2, and compete in the 5K Qualifying Competition and/or the 7.5K Qualifying Competition and/or

the 10K Qualifying Competition. Qualification for the 5K Qualifying Competition, 7.5K Qualifying Competition and 10K Qualifying Competition can be found here: www.usaswimming.org

- (b) Sign and return to USA Swimming by May 3, 2021, at 11:59 p.m. MST and abide by, the USA Swimming applicable competition forms for 2021 (forms will be available prior to Selection).
- (c) Comply with all applicable rules and requirements of FINA, USOPC, IOC, FINA, WADA, USADA, and USA Swimming, including without limitation USA Swimming policies and protocols regarding Team preparation and participation, through the Championships.

1.2 Tryout Events:

- 1.2.1 Provide the event names, dates and locations of all trials, events and camps to be used as part of the selection process:

5K Qualifying Competition
7.5K Qualifying Competition
10K Qualifying Competition

- 1.2.2 Provide event names, dates, locations and description of how athletes qualify for the trials, events and camps listed above in 1.2.1 (if any):

- (a) To qualify for the 5K Qualifying Competition and/or the 7.5K Qualifying Competition and/or the 10K Qualifying Competition, an athlete must achieve an applicable time standard within 36 months of the entry deadline for the 5K Qualifying Competition and/or the 7.5K Qualifying Competition and/or the 10K Qualifying Competition. The applicable time standards can be found at: www.usaswimming.org, or;
- (b) Meet the qualification standards as outlined in the 2021 Open Water Domestic Selection Procedures. This document can be found at www.usaswimming.org

1.3 Comprehensive Selection Process:

This Section 1.3 sets forth the steps by which Available Swimmers will be Selected for to the Team. Although USA Swimming may announce during the Qualifying Competitions that athletes have “made the Team” or “qualified for the Team,” any such announcement is informal and subject to change. The process of determining who is eligible to be Selected to the Team will take place on or before April 18, 2021, after completion of the 5K Qualifying Competition, 7.5K Qualifying Competition and 10K Qualifying Competition. The results from the application of these Selection Procedures will be announced on May 3, 2021, although USA Swimming retains the right to make changes to the results to address withdrawals, vacancies and applicable FINA invitations through the entry deadline (time and date TBD).

1.3.1 Team Size. The maximum allowable Team size is two (2) men and two (2) women in the following Event and age categories:

5K Event: 15-16 years old as of December 31, 2021
7.5K Event: 17-18 years old as of December 31, 2021
10K Event: 19-20 years old as of December 31, 2021

The actual Team size will be determined once these Selection Procedures have been implemented. For purposes of these Selection Procedures, the men's and women's components of the Team will be considered separately. USA Swimming is under no obligation to Select to the Team a full team of six (6) athletes in each, or either, gender.

1.3.2 Qualifying Competitions. Performances at the 5K Qualifying Competition, 7.5K Qualifying Competition and 10K Qualifying Competition, from among those eligible to compete in the 5K Qualifying Competition, 7.5K Qualifying Competition and 10K Qualifying Competition as provided in Section 1.2 above, will be used to determine the Team. Performances at the 5K Qualifying Competition, 7.5K Qualifying Competition and 10K Qualifying Competition will be prioritized using the priority system described below

1.3.3 Voluntary Withdrawal. Any athlete may choose to voluntarily withdraw from the Team. An athlete choosing to voluntarily withdraw from, or consideration for the Team must do so in writing and is strongly encouraged to submit a written letter to the National Team Open Water Director and the Managing Director, National Team by May 3, 2021.

1.3.4 Application of Priorities for Team Selection. Performances in the Events at the 5K Qualifying Competition, 7.5K Qualifying Competition and 10K Qualifying Competition will be prioritized for each gender as described in this Section 1.3.4. These Priorities will be applied on or before April 18, 2021, after completion of the 5K Qualifying Competition, 7.5K Qualifying Competition and 10K Qualifying Competition. Athletes not qualifying via one of these priorities will not be eligible to be Selected to the Team, unless they are subsequently added to the Team as a replacement according to the process set forth in Section 4. If, after applying the priorities set forth below, as well as the procedures set forth in Sections 1.3.5 and 1.3.6, there are fewer than six (6) men or six (6) women, or both, on the Team, then USA Swimming will not field a full Team, unless the Team is filled as a result of adding one or more replacements as provided in Section 4.

1.3.4.1 Qualification for the 5K Event

The two highest placing Available Swimmers from the 5K Qualifying Competition will be Selected to the Team to compete in the 5K at the Championships.

1.3.4.2 Qualification for the 7.5K Event

The two highest placing Available Swimmers from the 7.5K Qualifying Competition will be Selected to the Team to compete in the 7.5K at the Championships.

1.3.4.3 Qualification to the 10K Event

The two highest placing Available Swimmers from the 10K Qualifying Competition will be Selected to the Team to compete in the 10K at the Championships.

1.3.5 Breaking a Tie.

- (a) Tie in 5K Qualifying Competition. In the instance where there is a tie between two athletes in the 5K Qualifying Competition for first place, both athletes will be Selected to the Team. In the instance where there is a tie between three or more swimmers for first place in the 5K Qualifying Competition or where there is a tie between two or more swimmers in the 5K Qualifying Competition for second place, World Rankings in the 1500 meter freestyle will be used to break any ties. If only one swimmer has a World Ranking in the 1500 meter freestyle then that swimmer will be considered the winner of the tiebreaker. If this does not break a tie, the tie will be broken by random draw.
- (b) Tie in 7.5K Qualifying Competition. In the instance where there is a tie between two athletes in the 7.5K Qualifying Competition for first place, both athletes will be Selected to the Team. In the instance where there is a tie between three or more swimmers for first place in the 7.5K Qualifying Competition or where there is a tie between two or more swimmers in the 7.5K Qualifying Competition for second place, World Rankings in the 1500 meter freestyle will be used to break any ties. If only one swimmer has a World Ranking in the 1500 meter freestyle then that swimmer will be considered the winner of the tiebreaker. If this does not break a tie, the tie will be broken by random draw.
- (c) Tie in 10K Qualifying Competition. In the instance where there is a tie between two athletes in the 10K Qualifying Competition for first place, both athletes will be Selected to the Team. In the instance where there is a tie between three or more swimmers for first place in the 10K Qualifying Competition or where there is a tie between two or more swimmers in the 10K Qualifying Competition for second place, World Rankings in the 1500 meter freestyle will be used to break any ties. If only one swimmer has a World Ranking in the 1500 meter freestyle then that swimmer will be considered the winner of the tiebreaker. If this does not break a tie, the tie will be broken by random draw.

Announcement. Those officially Selected to the Team will be announced on or before May 3, 2021, after completion of the 5K Qualifying Competition, 7.5K Qualifying Competition and 10K Qualifying Competition.

1.3.6 Selection of Swimmers for Events.

- (a) Swimmers selected to the Team as set forth in Section 1.3 will be selected to swim in the Event in which they qualified for.
- (b) If there is a vacancy in an Event that arises on or after May 3, 2021, the replacement process set forth in Section 4 will be used to fill the vacancy in that Event with the exception of the procedure mentioned in 4.1.1.ii.

2 DISCRETIONARY SELECTION

2.1 Provide rationale for utilizing discretionary selection (if any):

All swimmers who are Selected to the Team shall be eligible for selection to relays to be held at the Championships consistent with the established age divisions. The Head Coach, the National Team Open Water Director and the assistant coaches, shall select the athletes for each relay conducted at the Championships. In selecting the relay teams, the Head Coach, the National Team Open Water Director and the assistant coaches shall consider all available relevant information, including but not limited to, and in no particular order, each Team member's respective Qualifying Competition performances, past relay performances, Championships performances, personal best performances, Championships Event schedules, individual workload, other recent results and performances, consistency of performances, fatigue, health, fitness levels, training preparation, scientific evaluation, attitude and team chemistry.

2.2 Specify the process that will be used to identify and handle any potential conflicts of interest involving a member of the committee.

Regarding relay selection, if the National Team Open Water Director, Head Coach or an assistant coach has a possible conflict of interest, he/she must disclose it. However, if such individual has relevant and necessary information with respect to athlete performance, he/she may provide such information, so long as it is provided in a fair and unbiased manner and that individual who declared the conflict of interest does not vote toward the final decision.

3 REMOVAL OF ATHLETES

3.1 USA Swimming has jurisdiction over potential selectees. An athlete who is to be Selected to the Team by USA Swimming may be removed as a selectee for any of the following reasons, as determined by the National Team Open Water Director and the Managing Director, National Team:

3.1.1 Voluntary withdrawal. An athlete may choose to voluntarily withdraw from the Team. An athlete choosing to voluntarily withdraw from, or consideration for the Team must do so in writing and is strongly encouraged to submit a written letter to the National Team Open Water Director and the Managing Director, National Team by May 3, 2021.

3.1.2 Injury or illness as certified by a physician (or medical staff) approved by USA Swimming. USA Swimming may remove an athlete who has an injury or illness, as certified by the approved the approved physician, that is likely to keep the athlete from competing at peak levels in the Championships. If an athlete refuses verification of his/her illness or injury by the approved Team physician assigned to the sport of swimming (or medical staff), his/her injury will be assumed to keep him or her from competing at peak levels at the Championships, and he/she may be removed.

- 3.1.3 Failure to maintain necessary training regimen. An athlete may be removed if the National Team Open Water Director, in consultation with the Head Coach, the Managing Director, National Team, the USA Swimming National Team Steering Committee Chairperson and the Chair of the USA Swimming Athletes Executive Committee, determine that the swimmer is unable or unwilling to maintain a training regimen that is necessary for peak performance at the Championships. (See Participation and Commitment Agreement, which is included in Attachment B.)
- 3.1.4 Violation of USA Swimming Code of Conduct/Honor Code (forms will be made available prior to Selection to the Team). Any swimmer may be dismissed from the Team at any time if the swimmer violates any of the applicable USA Swimming or other rules and regulations applicable to the Team or its members, including without limitation applicable Codes of Conduct or Honor Codes.
- 3.1.5 If an athlete is alleged to have committed an anti-doping rule violation, that swimmer shall remain on the Team (or remain eligible to be Selected to the Team) until: (i) the swimmer is provisionally suspended or declared ineligible after a hearing conducted pursuant to the U.S. Anti-Doping Agency Protocol or by FINA; (ii) the swimmer voluntarily accepts a provisional suspension or sanction of ineligibility; or (iii) the swimmer voluntarily withdraws from the Team or relinquishes eligibility to be Selected to the Team.
- 3.1.6 If an athlete is alleged to have committed a violation of the SafeSport Code for the U.S. Olympic and Paralympic Movements (the "SafeSport Code"), that athlete shall remain on the Team (or remain eligible to be Selected to the Team) until: (i) the athlete is provisionally suspended or declared ineligible after a hearing conducted pursuant to the Code; (ii) the athlete voluntarily accepts a provisional suspension or sanction of ineligibility; or (iii) the athlete voluntarily withdraws from the Team or relinquishes eligibility to be Selected to the Team.

An athlete who is to be removed from the Team or an Event or from eligibility to be Selected to the Team, pursuant to these provisions, has the right to a hearing per the USA Swimming Bylaws (usaswimming.org), the USOPC's Bylaws, Section 9, or the applicable anti-doping code/protocol, or the SafeSport Code before such removal or declaration of ineligibility.

- 3.2 An athlete may be removed as a nominee to the Team or from the Team for an adjudicated violation of IOC, WADA, FINA, USADA and or USOPC anti-doping protocol, policies and procedures, as applicable or an adjudicated violation of the SafeSport Code.

4 REPLACEMENT OF ATHLETES

- 4.1 Describe the selection and approval process for determining replacement athlete(s) should a vacancy occur:

The pool of potential replacement athletes includes those individuals who meet the criteria set forth in this Section 4.

4.1.1. Prior to submission of Entries by Name to the Local Organizing Committee (Time and Date TBD).

(a) Filling Vacant Event Positions with Team Vacancy.

(i) Filling Vacant Event Positions in the 10K and 7.5K Events

For 10K and 7.5K Events, if the Team is not full (fewer than two athletes in each Event as listed in Section 1.3.1) after a swimmer declines a position in an Event for any reason, or Event positions otherwise become vacant, then the vacancy in any such Event(s) shall be filled by the next best placing Available Swimmer of relevant age(s) in that Event. This process shall continue until two (2) men and two (2) women are selected to the Event.

Limitation: Available Swimmers finishing below the sixth placing Available Swimmer of relevant age(s) at the applicable Qualifying Competition for the Event vacancy will not be considered for Selection to the Team (example: if an athlete is the seventh highest placing Available Swimmer of relevant age(s) in an Event and they meet the above criteria, they will not be eligible for Selection to the Team).

(ii) Filling Vacant Event Positions in the 5K Event

For the 5K Event, if the Team is not full (fewer than two athletes in each Event as listed in Section 1.3.1) after a swimmer declines a position in the 5K Event for any reason, or Event positions otherwise become vacant, then the vacancy will remain without being filled by the next best placing Available Swimmer.

4.1.2. After submission of Entries by Name to the Organizing Committee:

After Entries by Name have been submitted to the Local Organizing Committee (Time and Date TBD), USA Swimming will attempt to fill any vacancy in the 10K and 7.5K Events with the next best placing Available Swimmer of relevant age(s) but there are no guarantees that USA Swimming will be successful in doing so. If the Local Organizing Committee does not accept the late entry then the Selected entry will remain vacant.

Limitation: Available Swimmers finishing below the sixth placing Available Swimmer of relevant age(s) at the applicable Qualifying Competition for the Event vacancy will not be considered for Selection to the Team (example: if an athlete is the seventh highest placing Available Swimmer in an Event and they meet the above criteria, they will not be eligible for Selection to the Team).

5. SUPPORTING DOCUMENTS

USA Swimming will retain the approved Selection Procedures and all supporting documents, including scouting or evaluation forms, etc., and data from the selection process for six months past the date of the Championships.

6. PUBLICITY/DISTRIBUTION OF PROCEDURES

The Selection Procedures (complete and unaltered) will be posted/published by USA Swimming on its website.

7. DATE OF SELECTION

The Selection of Athletes will take place on April 18, 2021.

8. MANDATORY TRAINING AND/OR COMPETITION

Specify the location, schedule and duration of mandatory training and/or competition:

<u>Event</u>	<u>Date</u>	<u>Site</u>
Depart U.S.A.	August 8	Various Airports
Training	August 9-12	Victoria, Seychelles
Competition	August 13-15	Victoria, Seychelles
Return Home	August 16	Victoria, Seychelles

*Dates and locations are subject to change

9. ANTI-DOPING REQUIREMENTS

Athletes must adhere to all IOC, WADA, FINA, USADA and USOPC anti-doping protocols, policies and procedures, as applicable. This includes participation in Out-of-Competition Testing as required by the IOC, WADA, FINA, USADA and USOPC Rules, as applicable.

10. USA SWIMMING BYLAWS AND GRIEVANCE PROCEDURES

USA Swimming Bylaws and Grievance Procedures can be found at: usaswimming.org

11. DISCLAIMER

These procedures are based on FINA rules and regulations, as applicable and as presently known and understood. Any change in the Selection Procedures caused by a change in FINA rules and regulations will be distributed to the affected athletes immediately. The Selection Procedures are based on the latest information available to USA Swimming. However, the Selection Procedures are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

If any force of nature, or force majeure, should cause the alteration or cancellation of any of the selection events listed in this document, these Selection Procedures will be revised.

The terms and conditions of these written Selection Procedures shall take priority over any verbal explanation, clarification or interpretation of the Selection Procedures, and an athlete relies on a verbal explanation, clarification or interpretation of these Selection Procedures at his or her sole risk. Any request or question that would involve a formal clarification or interpretation of these Selection Procedures, or that would address an issue not otherwise covered in these Selection Procedures, should be submitted to the National Team Open Water Program Director at USA Swimming in writing by no later than April 1, 2021, and the response to such request by USA Swimming must be provided in writing and, where appropriate, must be published promptly on the USA Swimming website.

An athlete who is Selected to the Team by virtue of an error or oversight by USA Swimming may be removed from the Team at any time.

See additional documentation

ATTACHMENT A

USA SWIMMING

2021 FINA WORLD JUNIOR OPEN WATER SWIMMING CHAMPIONSHIPS PARTICIPATION AND COMMITMENT

I agree to abide by the USA Swimming Athlete Selection Procedures for the 2021 FINA World Junior Open Water Swimming Championships competition requirements, the Honor Code and the USA Swimming Code of Conduct.

I agree to fully commit to a comprehensive training program designed for a competitive performance at the 2021 FINA World Junior Open Water Swimming Championships. If for any reason I become unable to fulfill this commitment, I will immediately notify the Managing Director, National Team and the National Team Open Water Director.

I understand that I may be removed from the 2021 FINA World Junior Open Water Swimming Championship Team if circumstances interfere with my preparation for peak performance.

I give USA Swimming National Team Division permission to give out my contact information for internal USA Swimming Staff use: _____ Yes _____ No

Signature _____ Printed
Name _____ Date

If under 18:

Parent Signature _____ Parent Printed
Name _____ Date

USA SWIMMING

AUTHORIZATIONS, WAIVER AND RELEASE FORM

This Authorization, Release and Waiver applies to official team members of the 2021 FINA World Junior Open Water Swimming Championships in Victoria, Seychelles of which I am a member, and which will require my participation between August 7 and August 15, 2021 (collectively, the “Event”).

General Acknowledgement & Acceptance

I hereby acknowledge that all information and signatures on this form are applicable to my participation in these 2021 USA Swimming competitions including, but not limited to, the 2021 FINA World Junior Open Water Swimming Championships, and I agree to abide by the regulations specified in this document and in the Rules and Regulations of USA Swimming for the management of conduct to the USA Swimming program.

Oath of Eligibility

I declare that I am eligible and in good standing with regulations laid down by USA Swimming, the International Federation for Amateur Swimming (“FINA”), and the International Olympic Committee (“IOC”). I also declare I am not under suspension or disciplinary action imposed for use of illegal drugs or other athlete regulation infractions. I agree to sign additional documents to this effect when required to do so by USA Swimming or the local organizing committee.

Doping

I understand that it is the duty of individual members of USA Swimming, including athletes, athlete support personnel, and other persons to comply with all anti-doping rules of the World Anti-Doping Agency (“WADA”), FINA, the United States Olympic and Paralympic Committee (“USOPC”), including the USOPC National Anti-Doping Policy, and the U.S. Anti-Doping Agency (“USADA”), including the USADA Protocol for Olympic and Paralympic Movement Testing (“USADA Protocol”), and all other policies and rules adopted by WADA, FINA, the USOPC and USADA.

I understand that it is the policy of USA Swimming to discourage and prevent the use of prohibited doping substances and prohibited doping methods. The WADA, FINA, USOPC and USADA Anti-Doping Rules are available on-line or from USA Swimming. I know that I should call the USADA Drug Reference Line (719-785-2000) to check the status of all medications and substances I am currently using, and to satisfy any questions or concerns that I may have about medications and prohibited substances and methods. I do not currently engage in, nor do I intend to use any prohibited substances and methods. I acknowledge that the use of prohibited substances or prohibited methods may subject me to disqualification and other sanctions imposed by USA Swimming, USADA, FINA, or the IOC.

Drug Testing

I understand that USADA will conduct drug testing on athletes during and outside of competition. By registering for this competition, I hereby consent to and authorize USADA to test me for prohibited substances and prohibited methods at any time. I further acknowledge and agree that my refusal to participate in a drug test may subject me to disqualification and sanctions, the same as if I had tested positive for a prohibited substance. I hereby authorize USA Swimming to include the results of any drug testing of me in the published statistics for drug testing and to include my name in the list of athletes who have been drug tested, which USA Swimming publishes on its website. In the event I refuse to submit to a drug test or a drug test has a positive result, I recognize that I am subject to the adjudication processes established by the USADA and FINA, because of my refusal or positive test.

Authorization and Event Promotion

I agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming and give the event organizers the right to use my name, picture, likeness, and biographical information before, during or after the period of my participation in these competitions to promote the competition in which I compete or to promote the success of the team on which I competed. I understand and agree not to use or authorize use of pictures of myself in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the consent of USA Swimming. I agree not to use the medals or photos, portraits or films of me with the medals, which I receive from my performance in this competition, for the purpose of trade. Furthermore, it is agreed that I shall return these uniforms and equipment, bearing USA Swimming logos and marks, if and when requested.

Risk of Serious Injury

I certify that, to the best of my knowledge and belief, I am in good health and in proper physical condition for the anticipated conditions of the event, and I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate. I understand and acknowledge the physical and mental rigors associated with open water swimming and realize that such events are inherently dangerous and represent an extreme test of a person's physical and mental limits. I understand and acknowledge that I may be exposed to extreme conditions and circumstances; hazardous natural or manmade objects; and dangers arising from adverse weather conditions, imperfect course conditions, water hazards, inadequate safety measures, situations beyond the immediate control of the event organizers, and other undefined harm or damage which may not be readily foreseeable; and other presently unknown risks and dangers. I understand that participation involves risks and dangers which include, without limitation, the potential for serious bodily injury, illness, permanent disability, paralysis and death. I understand that these risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the event, or the acts, inaction or negligence of the released parties. I voluntarily and knowingly recognize, accept and assume these risks. I agree to be familiar with and abide by the rules and regulations established for the event. I also accept sole responsibility for my own conduct and actions while participating in the event.

WAIVER & RELEASE

The undersigned, parent(s), natural guardian(s), or legal guardian(s) of

_____, does thereby represent he/she (they) is (are), in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties herein referred to above, as releasees, from all liability, loss, cost, claim, or damage whatsoever may be imposed upon said releasees because of any defect in or lack of such capacity to so act and release said releasees behalf of both of the undersigned.

_____ **Signature**

_____ **Printed Name**

_____ **Date**

_____ **Signature of Parent/Guardian (if minor)**

_____ **Printed Name of Parent or Guardian**

_____ **Date**

2021 WORLD JUNIOR OPEN WATER SWIMMING CHAMPIONSHIPS ATHLETE HONOR CODE

As a member of the 2021 World Junior Open Water Swimming Championships, for which I will be a member from August 7 through and including August 15, I understand and will comply with the following Rules and Prohibited Behaviors governing the athletes for the 2021 World Junior Open Water Swimming Championships. I also understand I am always subject to the USA Swimming Code of Conduct.

RULES AND PROHIBITED BEHAVIORS

1. Athletes shall not engage in any behavior that would violate any U.S. or host country laws.
2. Athletes shall not engage in any behavior that would detract from a positive image of themselves or the 2021 World Junior Open Water Swimming Championship Team or negatively impact its performance goals. Athletes shall engage in respectful treatment of all fellow athletes, staff members, coaches, and competition host staff at all times.
3. Sleep medications may only be used with an athlete's own prescription and as instructed. **Sharing or distributing prescribed medications is considered a Category Three violation (see below).**
4. Athletes shall not possess or use alcohol, tobacco, and/or controlled substances without a prescription.
5. Athletes shall not bet or gamble on swimming or influence the results of an event.
6. Any athlete under the age of 18 is prohibited from being in the room of an athlete of the opposite gender. Athletes 18 years old and over are prohibited from being in the room of any athlete under the age of 18*. All athletes must sleep in their assigned rooms.
7. Athletes are prohibited in staff rooms at all times, **including team meetings.**
8. **Athletes shall not hold team meetings in their personal rooms.**
9. Athletes shall attend all preliminary and final sessions of competition and all team meetings and functions unless excused for performance reasons by the National Team Open Water Director or Head Coach.
10. Athletes shall wear team issued Arena uniforms at all times while attending official team activities including workouts, competition sessions, award ceremonies, press conferences, and team meetings. During personal time, athletes may wear apparel of their choice.
11. **Athletes shall use locker rooms or changing tents provided when changing into or out of a practice or technical suit.**

POTENTIAL CONSEQUENCES FOR VIOLATIONS

- **Category One Violations** (minor or accidental violations) –including but not limited to: fines, loss of privileges
- **Category Two Violations** (intentional, repeated, or more severe violations) –including but not limited to: loss of prize money, loss of qualification bonus, additional fines, suspension from USA Swimming, community service
- **Category Three Violations** (egregious violations) – including but not limited to: dismissal from team, loss of National Team status, loss of funding, suspension from USA Swimming, loss of future international competition opportunities, public statement of dismissal

* Athletes over the age of 18 may only be in a room with an athlete (s) under the age of 18 if rooming requirements dictate that they must share a room with an athlete (s) under the age of 18. **In this**

circumstance, written permission of a guardian(s) of the athlete (s) under the age of 18 will be obtained prior to the trip.

PROCESS FOR ASSESSING VIOLATIONS

Disciplinary actions will be evaluated by the Head Coach, the National Team Open Water Director, the Managing Director, National Team and the USA Swimming Representative to the AAC, or his/her designee. The final disciplinary action will be decided by the Managing Director, National Team and is subject to the process set forth in Article 4 of the USA Swimming Rulebook.

Signature _____ Printed Name _____

Date _____

If under 18:

Parent/Guardian Signature _____

Parent/Guardian Printed Name _____

Date _____