



RULES & REGULATIONS COMMITTEE
PROPOSED AMENDMENTS TO
RULES & REGULATIONS
2023

Meeting Packet

1. Legislative items will be considered in block order.
2. Section A will be considered as an omnibus motion, except for those items pulled for discussion. Within the block, delegates will be given the opportunity to pull items.
3. To pull an item, type "PULL-R-#" in the "Ask a Question" box with your name and LSC or committee in the LUMI Global platform. Anonymous requests will not be recognized.
4. Items pulled will be considered in numerical order after the respective omnibus motion.
5. Omnibus motions are in the affirmative as motions to approve the block of items.
6. Other motions should generally be stated in the affirmative.
7. Any amendment requires simple majority for approval. The subsequently amended main motion will require the original percentage (e.g., majority, 2/3 or 90%). An entirely new item will require 90% for adoption.
8. If you wish to speak to an item, please reference the attached LUMI Global instructions. Anonymous requests will not be recognized. Please use the following action items for commonly used Robert's Rules actions:
 - PULL (and the item number) = pull an item
 - PRO = speak for a motion
 - CON = speak against a motion
 - AMEND = make an amendment
 - CALL = move the previous question
 - OBJECT = raise an objection
 - POINT = point of order
 - QUESTION = request information

- SECOND = second a motion
- REMOVE = be removed from speaking
- Motion to postpone to a definite time or indefinitely
- Motion to Commit (back to the Board or the individual task force)
- Motion to table (pause discussion until later point in meeting)
- Motion to split question (consider question by sentence, paragraph, etc.)
- Motion to reconsider

9. The LUMI Global platform will be used for all voting matters.

10. A main motion may only have two amendments pending at any one time.

Each item considered separately.

	Description	Location	R&R Rec	Required
Old Business R-4 (2021)	To extend the current composition of the House of Delegates in Article 6 of the Corporate Bylaws through September 30, 2024, so that the House of Delegates Working Group may continue to evaluate the impact of the legislation.	Corporate Bylaws 6.1	Approval	50%
R-1	To clarify that each voting member receives only one vote.	Corporate Bylaws 6.1	Approval	2/3

Considered as a block EXCEPT for any items pulled.

A	Description	Location	R&R Rec	Required
R-2	To account for future changes to the designated arbitral organization, as required by the U.S. Olympic & Paralympic Committee.	301.3	Approval	50%
R-3	To align Senior Zones and Age Group Zones to both allow a possible second Championship Meet each year. Currently only Age Group Zones allows for two possible Championship Meets, Long Course and/or Short Course.	205.7	Approval	50%
R-4	To repurpose the Development Competition Category as a program which provides LSCs greater flexibility to use it.	205.11	Approval	50%
R-5	To emphasize the difference between accommodations (swimmer centered) and modifications (exceptions to technical rules) and to further define the Referee's authority to grant such accommodations along with suggestions as to how officials, under the Referee's instruction, will carry out their responsibilities.	105.1	Approval	50%
R-6	To increase accessibility to LSC HOD meetings for all members, as USA Swimming has done with its House of Delegates.	Required LSC Bylaws Template Article 4.8	Approval	50%
R-7	To ensure LSCs use the proper procedure of authorization for NCAA Meets and reflect the changes that are necessary for loading NCAA times into SWIMS 3.0.	202.7	Approval	50%
R-8	To ensure LSCs use the proper procedure of authorization for Observed Meets and reflect changes that are necessary for loading observed times into SWIMS 3.0.	202.8	Approval	50%

R-10	To define and delineate between Athlete Board Representatives, Athlete Representatives, and Athlete Members.	Required LSC Bylaws Template	Approval	50%
HK-1	To correct a reference to the obsolete National Eligibility Appeal Panel.	207.11.4	Approval	50%
HK-2	To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.	Required LSC Bylaws Template 2.1.2	Approval	50%
HK-3	To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.	Required LSC Bylaws Template 5.6.10	Approval	50%
HK-4	To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.	Required LSC Bylaws Template 13.1	Approval	50%
HK-5	To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.	Required LSC Bylaws Template 13.3.4	Approval	50%
HK-6	To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.	Required LSC Bylaws Template 14.2.15	Approval	50%
HK-7	To reflect current updates to competition category changes.	102.22.6	Approval	50%
HK-8	To reflect the name change of FINA to World Aquatics.	Multiple Occurrences	Approval	50%
HK-9	To correct a reference to the obsolete Deck Pass.	Official Glossary 202.5.7	Approval	50%
HK-10	To reflect the current status that a "certified" pool database is no longer maintained.	103.3	Approval	50%
HK-11	To reflect the current status that a "certified" pool database is no longer maintained.	202.4	Approval	50%
HK-12	To reflect the current status that a "certified" pool database is no longer maintained.	202.6	Approval	50%
HK-13	To reflect current status, practices, and provide flexibility in event naming.	206.1	Approval	50%
HK-14	To reflect current practices.	206.2	Approval	50%
HK-15	To reflect current practices.	206.4	Approval	50%
HK-16	To reflect current practices.	207.4	Approval	50%
HK-17	To reflect current practices.	207.6	Approval	50%
HK-18	To reflect current practices, that Championship events are sanctioned directly through headquarters.	207.10	Approval	50%
HK-19	To reflect current practices.	207.12	Approval	50%
HK-20	To comply with World Aquatics SW 2.1.5.	101.1.2A	Approval	50%
HK-21	To comply with World Aquatics SW 6.3.	101.4.2	Approval	50%
HK-22	To clarify the intent of merging LSCs.	604.4	Approval	50%
HK-23	To comply with World Aquatics SW 7.2.	701.1	Approval	50%
HK-24	To comply with World Aquatics SW 7.3.	701.4	Approval	50%

Each item considered separately.

B	Description	Location	R&R Rec	Required
R-9	To ensure the current standard adopted by USA Swimming in accordance with recommendations set by the National Officials Committee is the singular standard by which all officials are certified and trained.	102.10.2	No Recommendation	50%

According to *Robert*, “an amendment must be germane to be in order. To be germane, an amendment must in some way involve the same question that is raised by the motion to which it is applied. A secondary amendment must relate to the primary amendment in the same way. An amendment cannot introduce an independent question; but an amendment can be hostile to, or even defeat, the spirit of the original motion and still be germane.”



**RULES & REGULATIONS COMMITTEE
PROPOSED
AMENDMENTS TO 2023 RULES & REGULATIONS**

No.	Description	Location	Recommendation
R-1	To extend the current composition of the House of Delegates in Article 6 of the Corporate Bylaws through September 30, 2024 (With minimal changes, to clarify that each voting member receives only one vote), so that the House of Delegates Working Group may continue to evaluate the impact of the legislation.	Article 6 Corporate Bylaws	Approval
R-2	To account for future changes to the designated arbitral organization, as required by the U.S. Olympic & Paralympic Committee.	301.3	Approval
R-3	To align Senior Zones and Age Group Zones to both allow a possible second Championship Meet each year.	205.7	Approval
R-4	To repurpose the Development Competition Category as a program which provides LSCs greater flexibility to use it.	205.11	Approval
R-5	To emphasize the difference between accommodations and modifications and to further define the referee's authority to grant such accommodations.	105.1	Approval
R-6	To increase accessibility to LSC HOD meetings for all members, as USA Swimming has done with their House of Delegates.	Article 4.8 Required LSC Bylaws Template	Approval
R-7	To ensure LSCs use the proper procedure of authorization for NCAA Meets and reflect the changes that are necessary for loading NCAA times into SWIMS 3.0.	202.7	Approval
R-8	To ensure LSCs use the proper procedure of authorization for Observed Meets and reflect changes that are necessary for loading observed times into SWIMS 3.0.	202.8	Approval
R-9	To ensure the current standard adopted by USA Swimming in accordance with recommendations set by the National Officials Committee is the singular standard by which all officials are certified and trained.	102.10.2	No Recommendation
R-10	To define and delineate between Athlete Board Representatives, Athlete Representatives, and Athlete Members.	Various Sections Required LSC Bylaws Template	Approval

No.	Description	Location	Recommendation
HK-1	To correct a reference to the obsolete National Eligibility Appeal Panel.	207.11.4	Approval
HK-2	To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.	Required LSC Bylaws Template	Approval
HK-3	To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.	Required LSC Bylaws Template	Approval

HK-4	To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.	Required LSC Bylaws Template	Approval
HK-5	To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.	Required LSC Bylaws Template	Approval
HK-6	To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.	Required LSC Bylaws Template	Approval
HK-7	To reflect current updates to competition category changes.	102.22.6	Approval
HK-8	To reflect the name change of FINA to World Aquatics.	Multiple	Approval
HK-9	To correct a reference to the obsolete Deck Pass.	Glossary 202.5.7	Approval
HK-10	To reflect the current status that a "certified" pool database is no longer maintained.	103.3	Approval
HK-11	To reflect the current status that a "certified" pool database is no longer maintained.	202.4	Approval
HK-12	To reflect the current status that a "certified" pool database is no longer maintained.	202.6	Approval
HK-13	To reflect current status, practices, and provide flexibility in event naming.	206.1	Approval
HK-14	To reflect current practices.	206.2	Approval
HK-15	To reflect current practices.	206.4.2	Approval
HK-16	To reflect current practices.	207.4	Approval
HK-17	To reflect current practices.	207.6	Approval
HK-18	To reflect current practices, that Championship events are sanctioned directly through headquarters.	207.10	Approval
HK-19	To reflect current practices.	207.12	Approval
HK-20	To comply with World Aquatics SW 2.1.5.	101.1	Approval
HK-21	To comply with World Aquatics SW 6.3.	101.4	Approval
HK-22	To clarify the intent of merging LSCs.	604.4	Approval
HK-23	To comply with World Aquatics SW 7.2.	701.1	Approval
HK-24	To comply with World Aquatics SW 7.3.	701.4	Approval



RULES & REGULATIONS COMMITTEE
PACKET OF PROPOSED AMENDMENTS TO
THE USA SWIMMING RULES & REGULATIONS
2023

R-1	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 1 **Location:** **Article 6 Corporate Bylaws**
- 2 **Proposed by:** House of Delegates Working Group
- 3 **Purpose:** To extend the current composition of the House of Delegates in Article 6 of the Corporate Bylaws through
- 4 September 30, 2024 (with minimal changes, to clarify that each voting member receives only one vote), so
- 5 that the House of Delegates Working Group may continue to evaluate the impact of the legislation.
- 6 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
- 7 **Effective Date:** Immediately
- 8
- 9 6.1 MEMBERS - the following shall be the voting members of the House of Delegates:
- 10
- 11 .1 All voting members of the Board of Directors, other than the 10-Year Athlete Representatives to the Board,
- 12 who receive votes pursuant to Bylaw 6.1.13.
- 13
- 14 .2 All Coach Directors, Non-Coach Directors, Athlete Directors, and the Junior Athlete Representatives from each
- 15 the Zone Directors' Council;
- 16
- 17 .3 Four (4) LSC Athlete Representatives (as defined in the then current Required LSC Bylaws) from each Zone
- 18 selected by the Athlete Director and the Junior Athlete Representative from each Zone;
- 19
- 20 .4 Three (3) non-coach, non-athlete members from each Zone selected by each respective Zone's Coach and
- 21 Non-Coach Directors;
- 22
- 23 .5 Seven (7) members of the Rules & Regulations Committee to include the Committee Chair, one (1) 2-Year
- 24 Athlete member, and five (5) non-athlete members selected by the voting members of the Committee;
- 25
- 26 .6 All coach members of the National Team Steering Committee, other than the Chair of the National Team
- 27 Steering Committee (who is a voting member pursuant to 6.1.1, if a coach member, or pursuant to 6.1.13, if a 10-Year Athlete
- 28 Representative);
- 29
- 30 .7 Ten (10) members of the Age Group Development Committee to include at least five (5) coach members, three
- 31 (3) non-athlete members, and two (2) 2-Year Athlete members selected by the voting members of the Committee;
- 32
- 33 .8 Ten (10) members of the Senior Development Committee to include at least five (5) coach members, three (3)
- 34 non-athlete members, and two (2) 2-Year Athlete members selected by the voting members of the Committee;
- 35
- 36 .9 Seven (7) non-athlete coach members of the Coach Advisory Council selected by the voting members of the
- 37 Council;
- 38 .10 ~~Thirteen~~ The eleven (11) 2-Year Athlete members of the AEC Athletes' Executive Committee, as well as two
- 39 (2) additional 2-Year Athletes designated by the AEC by majority vote.

40
41 .11 One (1) non-coach, non-athlete member from each LSC as selected by each respective LSC's Board of
42 Directors;

43
44 .12 Three (3) non-athlete coach members from each LSC as selected by each respective LSC's Board of Directors,
45 except that the five (5) LSCs with the smallest number of registered athletes shall select two (2) nonathlete coach members and
46 the five (5) LSCs with the largest number of registered athletes shall select four (4) nonathlete coach members. The size of the
47 LSCs shall be determined by the number of registered athletes as of August 31 of the prior calendar year;

48
49 .13 A sufficient number of 10-Year Athletes and 10-Year+ Athletes whose voting power shall constitute one-third
50 (33.3%) of the total House of Delegates and shall include the voting members of the AAC, the 10-Year Athlete members of the
51 AEC, and the 10-Year Athlete members of the Board of Directors. This may be achieved by actual votes or by weighted voting. A
52 minimum of twenty percent (20%) must be 10-Year Athlete representatives and the remainder may be 10-Year+ Athlete
53 representatives; any weighted voting must preserve these proportions. At least half (50%) of these athlete members of the House
54 of Delegates must have obtained 10-Year Athlete or 10-Year+ Athlete representative eligibility through competing at an event that,
55 at the time of election/selection, is on a USOPC Delegation Event program.

56
57 .14 10-Year Athlete representatives and 10-Year+ representatives shall be directly elected by athletes who meet
58 the same eligibility standards as 10-Year Athletes.

59
60 .15 To the extent that any of the individuals selected by the voting members of the Committees under Bylaws 6.1.5
61 through 6.1.9, are afforded votes under other provisions of Article 6, the respective committee (by majority vote) shall select a
62 designee from the same membership governance category as the individual (e.g., a 2-Year Athlete committee member's vote will
63 be designated to another 2-Year Athlete), to assume that individual's committee vote. For purposes of this Bylaw 6.1.15, the
64 membership governance categories are coach, 10-Year Athlete, 10-Year+ Athlete, 2-Year Athlete, non-athlete, and non-coach
65 non-athlete.

66
67 .16 All members of the House of Delegates shall serve until their successors are selected, except that membership
68 may be terminated by resignation filed with the Secretary & General Counsel or their designee. All members under 6.1 must be
69 elected or selected on or before July 1 of each year and written certification thereof must be sent to the Secretary & General
70 Counsel or their designee on or before July 15. No substitution of a member may be made unless written certification thereof is
71 given to the Secretary & General Counsel or their designee at least 72 hours before the House of Delegates is called to order.

72
73 .17 Membership on any committee notwithstanding, USA Swimming employees shall not be members of the
74 House of Delegates.

75

R-2	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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76 **Location:** Page 87 - **301.3 Member Rights**
77 **Proposed by:** USA Swimming Board of Directors
78 **Purpose:** To account for future changes to the designated arbitral organization, as required by the U.S. Olympic &
79 Paralympic Committee.
80 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
81 **Effective Date:** Immediately

82
83 **Article 301.3** Any swimmer, coach, trainer, manager, official or administrator who alleges that he or she has been denied or
84 is about to be denied, by a person or an organization affiliated with USA Swimming, a right as set forth in 301.1, shall immediately
85 inform the President/CEO, who shall promptly cause an investigation to be made and steps to be taken to settle the controversy
86 without unnecessary delay. Such steps shall include, but shall not be limited to, advising the Secretary General of the U.S. Olympic
87 & Paralympic Committee, and submitting the matter to ~~the American Arbitration Association~~ for binding arbitration with an arbitral
88 organization designated by the USOPC.

R-3	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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90 **Location:** Page 74 - **205.7 Zone Senior Program**
 91 **Proposed by:** Western Zone Directors
 92 **Purpose:** To align Senior Zones and Age Group Zones to both allow a possible second Championship Meet each year.
 93 Currently only Age Group Zones allows for two possible Championship Meets, Long Course and/or Short
 94 Course.
 95 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 96 **Effective Date:** Immediately
 97

98 **205.7 ZONE SENIOR PROGRAM** — Each zZone may offer one Zone Senior Championship meet at the end of every summer,
 99 to be held either during the week of the National Championships or the week of the Junior National Championships. The competition
 100 will be governed by the zone. offer at least one Zone Senior Championship meet, recommended to be long course if only one is
 101 conducted.

- 102
 103 .1 The competition is for swimmers fifteen (15) years and older as of the first day of the meet. will be governed by the Zone.
 104 .2 Swimmers at this meet will represent their clubs or swim unattached. The competition is for swimmers who meet the
 105 qualifying and eligibility standards set by the Zone.
 106 .3 Swimmers at this meet will represent their clubs, swim unattached or represent their LSC in an all-star format.
 107 .4 Eligibility: Participation in the Zone Senior Championship meets shall be restricted to registered swimmers of that Zone.
 108

R-4	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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109 **Location:** Page 75 - **205.11 Development Competition Program**
 110 **Proposed by:** Age Group Development Committee
 111 **Purpose:** To repurpose the Development Competition Category as a program which provides LSCs greater flexibility to
 112 use it.
 113 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 114 **Effective Date:** Immediately
 115

116 **205.11 DEVELOPMENT COMPETITION PROGRAM**
 117

- 118 .1 Development competitions are limited to athletes ages 12 and under offering events listed in 102.1.3.
 119 .2 ~~The Development competition season shall be defined by the three ten-week seasons with dates defined by the Age~~
 120 ~~Group Development Committee not later than February 15 annually.~~
 121 .3 ~~Athletes shall be limited to participating in four Development competitions per season.~~
 122 .4.2 Development competitions may operate as multi-day, multi-session meets. Sessions shall be planned to allow the events
 123 not to exceed two (2) hours in length. Athletes shall only participate in one session per sanctioned competition.
 124 .5.3 Development competitions may be offered at the option discretion of the LSC, but are not required.
 125

R-5	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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126 **Location:** Page 56 - **105.1 Guideline for Officiating Swimmers with a Disability in USA Swimming Meets**
 127 **Proposed by:** Diversity, Equity and Inclusion Committee
 128 **Purpose:** To emphasize the difference between accommodations (swimmer centered) and modifications (exceptions to
 129 technical rules) and to further define the Referee's authority to grant such accommodations along with
 130 suggestions as to how officials, under the Referee's instruction, will carry out their responsibilities.
 131 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 132 **Effective Date:** Immediately
 133

134 **105.1 GENERAL**
 135

- 136 .2 **Responsibilities**
 137 **A Swimmer/Coach** — The swimmer (or the swimmer's coach) is responsible for notifying the Referee, prior to
 138 the competition, of any ~~disability of the swimmer~~ with a disability and of the requested accommodations and/or
 139 modifications. The swimmer/coach shall provide a Personal Assistant(s) or any equipment (tappers, deck mats,
 140 etc.) if required.
 141 **B Meet Referee** — The Meet Referee's responsibilities include:

- 142 (1) Determining if the requested accommodations/modifications are appropriate and can be met.
- 143 (2) Instructing the Deck Referee and Starter and Stroke & Turn officials as to how the accommodations,
- 144 and/or modifications will to be made for that the swimmer with a disability.
- 145 (3) In communication with the remaining officiating crew a Meet Referee may:
- 146 a. Instruct them to observe and report ANY violation of the rules and vet the call against the
- 147 approved modification(s) and apply Article 105 to overturn the call.
- 148 b. Or, share the specific modification(s) and instruct them to observe and report any violation
- 149 except the approved modification(s).
- 150 ~~3 Modifications Aids to buoyancy or speed are not allowed (See 102.8.1E). Some of the modifications which the~~
- 151 ~~Referee may make to accommodate the swimmer with a disability are:~~
- 152 ~~A A change in starting position.~~
- 153 ~~B Reassignment of lanes within a heat, e.g., exchanging Lanes 2 and 7.~~
- 154 ~~C Allowing the swimmer to have a Personal Assistant(s). A Personal Assistant that meets any of the requirements~~
- 155 ~~of Corporate Bylaw 2.6.6 shall be a member of USA Swimming. Other allowable modifications are further~~
- 156 ~~described in this section under the type of disability.~~
- 157 **3 Accommodations/Modifications**
- 158 A Accommodations are considerations which allow a swimmer with a disability to access the facility (locker
- 159 rooms, restrooms, pool deck, warm-up/down pool) and afford the athlete the time, assistance and deck space
- 160 required to obtain a starting position for each event. Accommodations which the Meet Referee may approve
- 161 for the swimmer with a disability include but are not limited to:
- 162 (1) Reassignment of lanes within a heat, e.g., exchanging Lanes 2 and 7.
- 163 (2) Allowing a swimmer to have a personal assistant(s) for any reason approved by the Meet Referee.
- 164 (3) Assuring proximity wheelchair access from deck to block.
- 165
- 166 B Modifications are any exception to the technical rules approved by the Meet Referee (See 102.11.9) allowing
- 167 a parallel performance for a swimmer with a disability. Aids to buoyancy or speed are not allowed (See
- 168 102.8.1E). Modifications which the Meet Referee may approve for the swimmer with a disability include but are
- 169 not limited to:
- 170 (1) Personal Assistant to act as a tapper at the turn and finish walls for a swimmer who is blind or has
- 171 low vision.
- 172 (2) Use of visual starting signal(s) (strobe and hand signals) for a swimmer that is deaf or hard of hearing.
- 173 (3) Inability of the swimmer to turn a foot out in breaststroke during the propulsive part of the kick.
- 174 (4) Examples of other allowable modifications are further described in this section under the type of
- 175 disability. Allowable modifications in accordance with Article 105 shall affect the current meet and
- 176 shall not set a precedent (See 102.11.9).
- 177

R-6	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 178 **Location:** 4.8 Meeting Location and Time - Required LSC Bylaws Template
- 179 **Proposed by:** LSC Development Committee
- 180 **Purpose:** To increase accessibility to LSC HOD meetings for all members, as USA Swimming has done with its House
- 181 of Delegates.
- 182 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
- 183 **Effective Date:** Immediately
- 184
- 185 4.8 Meeting Location and Time - Meetings of the House of Delegates may be held at any date, time, and place, including via
- 186 telecommunication (unless prohibited by state or local laws), as may be fixed in the notice of such meeting. All in-person
- 187 meetings of the House of Delegates shall take place at a site within the Territory. The House of Delegates or the Board of
- 188 Directors shall determine the location and time of all meetings of the House of Delegates. If federal, state, or local law, policy,
- 189 or regulation prohibits physical gathering sufficient to conduct a House of Delegates meeting within the Territory, a House
- 190 of Delegates meeting may be conducted through conference equipment by means of which all persons participating in the
- 191 meeting can hear each other at the same time. In that circumstance participation by such means shall constitute presence
- 192 at that meeting. All meetings conducted via telecommunications shall include means by which all persons participating in
- 193 the meeting can hear each other at the same time and which ensures all votes duly cast by voting members are officially
- 194 recorded.
- 195

R-7	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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196 **Location:** Page 67 - **202.7 Requirements for NCAA Meets**
197 **Proposed by:** Times and Recognition Committee
198 **Purpose:** To ensure LSCs use the proper procedure of authorization for NCAA Meets and reflect the changes that are
199 necessary for loading NCAA times into SWIMS 3.0.
200 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
201 **Effective Date:** Immediately

202.7 REQUIREMENTS FOR NCAA MEETS

- 202
203
204
205 .1 Times for individual and relay events achieved in NCAA bona fide competition, as defined in the current NCAA Rules,
206 and ~~interpretations~~ shall be regarded as approved times for USA Swimming purposes.
207
208 ~~.2 Officiating shall comply with the requirements in the current NCAA Rules Book.~~
209
210 ~~.3~~ Competition results are to be submitted electronically uploaded directly into SWIMS within 72 hours after the meet has
211 ended to naaa@usaswimming.org.
212

R-8	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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213 **Location:** Page 67 - **202.8 Requirements for Observed Swims**
214 **Proposed by:** Times and Recognition Committee
215 **Purpose:** To ensure LSCs use the proper procedure of authorization for Observed Meets and reflect changes that are
216 necessary for loading observed times into SWIMS 3.0.
217 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
218 **Effective Date:** Immediately

219
220 **202.8 REQUIREMENTS FOR OBSERVED SWIMS** - Swims may be observed by assigned USA Swimming or YMCA officials for
221 conformance with USA Swimming technical rules in a meet conducted under other than USA Swimming rules (NFHS, USMS,
222 USOPC). Official times achieved as observed swims may be submitted for entry into the SWIMS database if all of the following
223 conditions are met.

- 224
225 .1 The meet must be a season-culminating Championship, e.g., League, Conference, District, Sectional, State, Regional,
226 ~~or be specifically approved by the Times & Recognition Committee staff leader (or his/her designee)~~ and be submitted
227 on Local Swim Committee - Form B to the LSC National Times Verification Officer at least 10 days prior to the meet. A
228 time trial held in conjunction with the season-culminating championship meet that is officiated in accordance with the
229 same standards as the championship meet may also be observed if it is authorized by the host association.
230
231 .2 Requests for observers for certification of times from meets not in the championship progression (such as invitationals
232 for 3 or more teams) must be made on Local Swim Committee - Form A to the host LSC in accordance with LSC
233 procedures at least 10 days prior to the meet. ~~Applications for observation of all other meets must be made to the host~~
234 ~~LSC at least 10 days prior to the meet. Authorization of such non-championship meets must then be approved by the~~
235 ~~Times & Recognition Committee staff leader (or his/her designee).~~ A list of all LSC observed meets for the current swim
236 year shall be posted on the LSC website.
237
238 .3 An observer must verify that all swims approved for USA Swimming purposes were in accordance with the following
239 requirements:
240 A Minimum of one referee, one starter, and two stroke and turn association officials working season-culminating
241 championship meets and invitationals;
242 B 102.24 (Timing Rules);
243 C 103.3 (Racing Course Dimensions); and
244 D 103.14 (Starting Platforms).
245 .4 Where the technical rules of the stroke differ from USA Swimming as defined in Article 101, at least two observers from
246 USA Swimming and/or the YMCA, who shall be certified Stroke and Turn Judges assigned or approved by the LSC,
247 must be on deck and in position to observe the strokes where the rules differ, in order to verify compliance of the swim

248 or swims with that part of the USA Swimming rule that differs from the organization's rule. Where the technical rules as
 249 listed in Article 101 are identical to those of the organization under whose rules the meet is being conducted, the
 250 judgement of the organization officials shall be sufficient. The Times for USA Swimming members in good standing at
 251 the time of the meet should be entered, upon request, into SWIMS, the National Times Database.
 252

R-9	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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253 **Location:** Page 34 - **102.10.2 Officials**
 254 **Proposed by:** Virginia Nussbaum, Julie Bachman, and Travis Sandifer
 255 **Purpose:** To ensure the current standard adopted by USA Swimming in accordance with recommendations set by the
 256 National Officials Committee is the singular standard by which all officials are certified and trained.
 257 **Recommendation:** *The Rules & Regulations Committee makes no recommendation.*
 258 **Effective Date:** January 1, 2024
 259

260 **102.10 OFFICIALS**

- 261
 262 .1 [no changes]
 263 .2 All officials acting in the capacity of Referee, Starter, Judge, or Administrative Official, or Stroke and Turn Judge at a
 264 swimming meet shall be certified and trained in such position by their LSC to the uniform and consistent standards set
 265 by USA Swimming prior to being assigned to officiate in that capacity. LSCs and clubs cannot require any additional
 266 certifications. Uncertified trainees may perform the duties of such positions when they are under the direct supervision
 267 of a certified official. See Article 202 and the Corporate Bylaws for USA Swimming membership requirements.
 268 .3-.5 [no changes]
 269

R-10	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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270 **Location:** **Various Sections - Required LSC Bylaws Template**
 271 **Proposed by:** Rules & Regulations Committee
 272 **Purpose:** To define and delineate between Athlete Board Representatives, Athlete Representatives, and Athlete
 273 Members.
 274 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 275 **Effective Date:** Immediately
 276
 277 4.1.4 ATHLETE AT-LARGE HOUSE MEMBERS - A sufficient number of athletes to ensure that Athlete Members Representatives
 278 constitute at least 20% of the voting membership of the House of Delegates shall be elected by the Athletes Committee or
 279 appointed by the General Chair with advice and consent of the Board of Directors or elected by the House of Delegates
 280 [select one of the options] and shall hold office from the date of appointment or election [select one] through the conclusion
 281 of the annual meeting of the House of Delegates following such appointment or election [select one] or until their successors
 282 are appointed or elected [select one] to the House of Delegates.
 283
 284 4.5.1 Elect the officers, Athlete Board Representatives, Coach Representative(s), At-Large Board Members, and members of the
 285 Administrative Review Board, and the committee chairs and coordinators listed in Articles 6 and 7;
 286
 287 5.1.5 Athlete Board Representatives (2)
 288
 289 5.2 AT-LARGE BOARD MEMBERS - *The House of Delegates may specify* [insert a number] At-Large positions. Any reduction
 290 in the number of At-Large Board Members shall not take effect until the terms of office of the incumbents expire or become
 291 vacant. [Specify when and how at-large Board members are selected.] Additionally, a sufficient number of aAthlete members
 292 Representatives shall be elected or appointed [select one] as At-Large Board Members such that athletes constitute at least
 293 twenty percent (20%) of the voting membership of the Board of Directors at any given time (taking into account the Athlete
 294 Board Representatives). The Athlete At-Large Board Members shall meet the same requirements and be elected at the
 295 same time and place as the Athlete Board Representatives set forth in Section 6.2.1. All At-Large Board Members shall hold
 296 office from the date of their election or appointment through the conclusion of the second annual meeting of the House of
 297 Delegates following such election or appointment, or until their successors are elected or appointed.
 298

299 5.4.1 *No more than [insert a number] Members of any Group Member shall serve [as voting members] on the Board of Directors*
300 *at any time. This limitation shall be applied separately as to Athlete ~~Members-Representatives~~ and Non-Athlete Members.*

301
302 6.2.1 ATHLETE BOARD REPRESENTATIVES -

303 *Provision A: Two (2) Athlete Board Representatives shall be elected, one each year for a two-year term, or until their*
304 *respective successors are elected. At the time of election, the Athlete Board Representative must (a) be an athlete member*
305 *in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently competing, or have*
306 *competed within the ~~three (3)~~ two (2) immediately preceding years, in ~~the program of swimming a USA Swimming sanctioned~~*
307 *event conducted by XXSI or another LSC; and (d) have his or her place of permanent residence in the Territory and expect*
308 *to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher*
309 *education). The balloting shall take place via electronic vote and/or at a meeting called for that purpose by the Senior Athlete*
310 *Board Representative or the Athletes Committee, or failing that, at a time and in a manner designated by the Board of*
311 *Directors. At least twenty (20) days' written notice of the election shall be given to all clubs. The Athlete Board*
312 *Representatives elected shall be determined by a majority of the [define the athlete voting members who elect the Athlete*
313 *Board Representatives].*

314
315 *Provision B: Two (2) Athlete Board Representatives shall be elected by the House of Delegates, one each year, for a two-*
316 *year term or until their respective successors are elected. At the time of election, the Athlete Board Representative must (a)*
317 *be an athlete member in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently*
318 *competing, or have competed within the ~~three (3)~~ two (2) immediately preceding years, in ~~the program of swimming a USA~~*
319 *Swimming sanctioned event conducted by XXSI or another LSC; and (d) have his or her place of permanent residence in*
320 *the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an*
321 *institution of higher education).*

322
323 6.2.3 COMMITTEE CHAIRS/COORDINATORS/AT-LARGE BOARD MEMBERS

324 A. *The following committee chairs/coordinators/at-large Board members shall be elected by the House of*
325 *Delegates: [List as appropriate]*

326 B. *The following committee chairs /coordinators/ at-large Board members shall be elected as follows: [List as*
327 *appropriate]*

328 EXAMPLES:

329 (1) *The Officials Chair shall be elected by the Officials Committee in accordance with XXSI Policies and*
330 *Procedures.*

331 (2) *At-Large Board members shall be elected by the regions they represent in accordance with the rules of*
332 *each region or the XXSI Policies and Procedures.*

333 (3) *The Athlete At-Large Board members shall be elected by the athletes at the same time as the Athlete*
334 *Board Representatives.*

335 C. *The following committee chairs/coordinators/ at-large Board members shall be appointed by the General Chair*
336 *with advice and consent of the Board of Directors: [List as appropriate]*

337
338 6.9.2 OFFICES OF ATHLETE BOARD REPRESENTATIVES OR COACH REPRESENTATIVES OR ANY POSITION
339 ELECTED - *In the event of a vacancy or of the permanent incapacity of a person holding the office of Athlete Board*
340 *Representative or Coach Representative, or person who has been elected, the General Chair may appoint, with the advice*
341 *and consent of the Board of Directors, an eligible member to serve the remainder of the term of office or until the respective*
342 *body shall elect a successor.*

343
344 7.3 COMMITTEES - *In addition to the standing committees listed herein, the Board of Directors and the House of Delegates*
345 *are each authorized to establish additional committees to meet programming needs. Except as otherwise provided in these*
346 *Bylaws or the XXSI Policies and Procedures, members of each committee shall be appointed by the General Chair with the*
347 *advice and consent of the respective division chair and the chair of the committee. Athlete ~~members-Representatives~~ of*
348 *each committee shall be appointed by the General Chair with the advice of the Senior Athlete Board Representative.*
349 *Athlete membership shall constitute at least twenty percent (20%) of the voting membership of every committee. The*
350 *division chair shall be an ex-officio member, with voice and vote, of each committee within the respective division.*

351
352 7.4.1 ATHLETES COMMITTEE -

353 A. CHAIR - *The Senior Athlete Board Representative or his/her designee shall be the chair of the committee.*

354 B. MEMBERS - The Athletes Committee shall consist of the Athlete Board Representatives, the Athlete At-Large
355 Board members *and* [include any additional ~~a~~Athlete members-Representatives].
356

357 7.4.2 FINANCE COMMITTEE -

358 B. MEMBERS - The members of the Finance Committee shall be the Finance Vice-Chair, the Treasurer, [include
359 additional defined members] and a sufficient number of ~~athletes-~~Athlete Representatives so as to constitute at
360 least twenty percent (20%) of the voting membership of the Committee.
361

362 *Provision A* (combined Governance & Nominating Committee)

363 7.4.3 GOVERNANCE COMMITTEE -

364 B. *Option 1* MEMBERS -

365 The Governance Committee members shall be appointed by the General Chair with advice and consent of the
366 Board of Directors. The Committee shall be comprised of [list the number in factors of 3 or 4, in alignment with
367 the term of office] with a sufficient number of ~~athletes-~~Athlete Representatives so as to constitute at least twenty
368 percent (20%) of the voting membership of the Committee. Each member shall serve a *three or four-year* [select
369 one] term, staggered so that *one-third (1/3) or one-fourth (1/4)* [select one to coincide with factor selected above]
370 of such members are appointed each year. No more than one-half (1/2) of the Governance Committee
371 members shall be members of the XXSI Board of Directors at any given time. After completion of two
372 consecutive terms, members are not eligible for re-appointment to the Governance Committee until after a
373 lapse of two years. A portion of any term served to fill a vacancy in the position shall not be considered in the
374 computation of the successive term limitation. In no case shall the General Chair serve on the Governance
375 Committee.
376

377 B. *Option 2* MEMBERS -

378 The Governance Committee shall be elected by the House of Delegates and shall be comprised of at least
379 [insert a number] members, with a sufficient number of ~~athletes-~~Athlete Representatives so as to constitute at
380 least twenty percent (20%) of the voting membership of the Committee. No more than one half of the Committee
381 shall be members of the XXSI Board of Directors. If any member of the Governance Committee resigns or
382 otherwise becomes unable to participate in its affairs, the General Chair, with the advice and consent of the
383 Board of Directors, shall appoint a successor to serve until the next meeting of the House of Delegates. In no
384 case shall the General Chair serve on the Governance Committee. Members shall serve two-year terms,
385 staggered so that approximately one-half of the members are elected each year. After completion of three
386 consecutive terms, members are not eligible to be elected or appointed to the Governance Committee until
387 after a lapse of two years. A portion of any term served to fill a vacancy in the position shall not be considered
388 in the computation of the successive term limitation.

389 *Provision B* (separate Governance & Nominating Committees)

390 7.4.3 NOMINATING COMMITTEE -

391 B. MEMBERS - The House of Delegates shall annually elect at least [insert a number] individuals to the
392 Nominating Committee to serve a one-year term, with a sufficient number of ~~athletes-~~Athlete Representatives
393 so as to constitute at least twenty percent (20%) of the voting membership of the Committee. Terms shall
394 commence at the conclusion of the meeting at which members were elected and end when their successors
395 assume office. If any member of the Nominating Committee resigns or otherwise becomes unable to participate
396 in its affairs, the General Chair, with the advice and consent of the Board of Directors, shall appoint a successor
397 to serve until the next meeting of the House of Delegates. No individual shall be eligible to serve more than six
398 (6) consecutive years on the Nominating Committee until after a lapse of two years. A portion of any term
399 served to fill a vacancy in the position shall not be considered in the computation of the successive term
400 limitation. In no case shall the General Chair serve on the Nominating Committee.
401

402 7.4.4 GOVERNANCE COMMITTEE -

403 B. MEMBERS - The Governance Committee members shall be appointed by the General Chair with advice and
404 consent of the Board of Directors. The Committee shall be comprised of at least [insert a number] members
405 with a sufficient number of ~~athletes-~~Athlete Representatives so as to constitute at least twenty percent (20%) of
406 the voting membership of the Committee. Each member shall serve a *three or four-year* [select one] term.
407 Terms shall be staggered such that approximately *one-third (1/3) or one-fourth (1/4)* [select one to coincide with
408 term selected above] of members are appointed each year.
409

- 410 7.4.4 OPERATIONAL RISK COMMITTEE/COORDINATOR
 411 B. MEMBERS - The Committee shall be comprised of the Operational Risk Committee Chair, at least [insert a
 412 number] members with a sufficient number of ~~athletes~~ Athlete Representatives so as to constitute at least twenty
 413 percent (20%) of the voting membership of the Committee.
 414
 415 7.4.5 EXECUTIVE COMMITTEE
 416 B. MEMBERS - The members of the Executive Committee shall be the
 417 (8) Senior Athlete Board Representative, and
 418 (9) Junior Athlete Board Representative.
 419
 420 13.2.2 Members - The Administrative Review Board shall have at least [insert a number] regular members, with a sufficient number
 421 of ~~athlete members~~ Athlete Representatives to constitute at least 20% of the voting membership. At least three members of
 422 the Administrative Review Board shall hear each case, with a sufficient number of ~~athlete members~~ Athlete Representatives
 423 to constitute at least twenty percent (20%) of its membership. No hearing shall proceed without the required athlete
 424 representation. The House of Delegates may increase the number of regular *or alternate* members by resolution but
 425 subsequent to the adoption of these Bylaws may only decrease the number of regular *or alternate* members upon the
 426 expiration of the term of office of any incumbent members.
 427
 428 14.2.3 ATHLETE BOARD REPRESENTATIVE - an Athlete Member elected to represent athletes in the House of Delegates and
 429 on the Board of Directors.
 430
 431 14.2.4 ATHLETE REPRESENTATIVE - shall be (a) an athlete member in good standing; (b) currently competing, or have competed
 432 within the two (2) immediately preceding years, in a USA Swimming sanctioned event conducted by XXSI or another LSC;
 433 and (c) have his or her place of permanent residence in the Territory and expect to reside therein throughout at least the first
 434 half of the term (other than periods of enrollment in an institution of higher education).
 435
 436 [re-number remaining]
 437

HK-1	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled d
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438 **Location:** Page 81 - **207.11.4 Administrative Conduct of USA Swimming Championships**
 439 **Proposed by:** Rules & Regulations Committee
 440 **Purpose:** To correct a reference to the obsolete National Eligibility Appeal Panel.
 441 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 442 **Effective Date:** Immediately
 443

444 **207.11.4 Eligibility Protests**

- 446 A An Eligibility Jury composed of three persons in attendance at each National Championships shall be appointed
 447 by the Program & Events Coordinator (or his/her designee) prior to the start of the meet to consider protests
 448 pertaining to the eligibility of any swimmer to compete or to represent an organization, ~~except protests~~
 449 ~~regarding an athlete's competition category, which shall be heard by the National Eligibility Appeal Panel.~~ The
 450 Eligibility Jury shall consist of a swimmer, a coach and an official.
 451 B-F [no changes]
 452

HK-2	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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453 **Location:** **2.1.2 Membership - Required LSC Bylaws Template**
 454 **Proposed by:** Rules & Regulations Committee
 455 **Purpose:** To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.
 456 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 457 **Effective Date:** Immediately
 458

- 459 2.1.2 MEMBERSHIP A PRIVILEGE NOT A RIGHT - Membership in XXSI and USA Swimming is a privilege and shall not be
 460 interpreted as a right. Membership may be terminated by the National Board of Review or the U.S. Center for SafeSport in

461 accordance with ~~Part Four of the USA Swimming Rules and Regulations~~ the National Board of Review procedures,
 462 pursuant to Policy 26.0 of the USA Swimming Operating Policy Manual.
 463

HK-3	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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464 **Location:** 5.6.10 Board of Directors - Required LSC Bylaws Template
 465 **Proposed by:** Rules & Regulations Committee
 466 **Purpose:** To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.
 467 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 468 **Effective Date:** Immediately
 469

470 5.6.10 Remove from office any Board Members, committee chairs, or committee members or coordinators of XXSI who were
 471 appointed/elected by the Board and who have failed to attend to their official duties or member responsibilities or have done
 472 so improperly, or who would be subject to penalty by the National Board of Review for any of the reasons set forth in ~~Part~~
 473 ~~Four of the USA Swimming Rules and Regulations~~ the National Board of Review procedures, pursuant to Policy 26.0 of
 474 the USA Swimming Operating Policy Manual. However, no At-Large Board Member, or committee chair or coordinator
 475 may be removed without receiving the thirty (30) days' written notice specifying the alleged deficiency in the performance of
 476 the member's responsibilities or specific official duties or other reasons and an opportunity to respond in writing within twenty
 477 (20) days to such allegations.
 478

HK-4	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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479 **Location:** 13.1 Administrative Review Board - Required LSC Bylaws Template
 480 **Proposed by:** Rules & Regulations Committee
 481 **Purpose:** To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.
 482 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 483 **Effective Date:** Immediately
 484

485 13.1 INTRODUCTION - USA Swimming was organized as the National Governing Body for the sport of swimming under the
 486 Amateur Sports Act of 1978, as amended by the Ted Stevens Olympic and Amateur Sports Act of 1998, both federal laws.
 487 These laws require USA Swimming to establish and maintain provisions for the swift and equitable resolution of all disputes
 488 involving any of its members. This Article, together with Section 2.2 and ~~Part Four of the USA Swimming Rules and~~
 489 ~~Regulations~~ the National Board of Review procedures, pursuant to Policy 26.0 of the USA Swimming Operating Policy
 490 Manual, are intended to provide a mechanism for resolving in an orderly and fair way all manner and kinds of disputes that
 491 may arise among its members in connection with the sport of swimming. Accordingly, XXSI has established the
 492 Administrative Review Board to hear complaints and appeals regarding administrative matters within XXSI which do not rise
 493 to the level of Code of Conduct violations and are not appeals of sanction decisions. The Administrative Review Board shall
 494 have no jurisdiction to hear complaints regarding conduct that may violate the USA Swimming Code of Conduct or otherwise
 495 violate the policies, procedures, rules and regulations adopted by USA Swimming, or conduct that may bring USA
 496 Swimming, XXSI or the sport of swimming into disrepute. This Article, together with ~~Part Four of the USA Swimming Rules~~
 497 ~~and Regulations~~ the National Board of Review procedures, pursuant to Policy 26.0 of the USA Swimming Operating
 498 Policy Manual, is intended to provide a fair hearing before a group of independent and impartial people. This Article and
 499 ~~Part Four of the USA Swimming Rules and Regulations~~ the National Board of Review procedures, pursuant to Policy 26.0
 500 of the USA Swimming Operating Policy Manual shall be construed accordingly.
 501

HK-5	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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502 **Location:** 13.3.4 Administrative Review Board - Required LSC Bylaws Template
 503 **Proposed by:** Rules & Regulations Committee
 504 **Purpose:** To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.
 505 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 506 **Effective Date:** Immediately
 507

508 13.3.4 Timeliness of Petition - The Administrative Review Board need not exercise its jurisdiction with respect to a complaint the
 509 subject matter of which occurred, or concerns or is founded on events which occurred, more than ninety (90) days prior to
 510 the date the complaint is received. A determination not to exercise its jurisdiction as a result of the untimeliness of a complaint

511 may be made by the Chair alone and may be the subject of a request for rehearing and, thereafter, appeal to the National
 512 Board of Review pursuant to Part Four of the USA Swimming Rules and Regulations in accordance with the National Board
 513 of Review procedures, pursuant to Policy 26.0 of the USA Swimming Operating Policy Manual.
 514

HK-6	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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515 **Location:** 14.2.15 Conventions and Definitions - Required LSC Bylaws Template
 516 **Proposed by:** Rules & Regulations Committee
 517 **Purpose:** To correct references to Part Four that were moved to the USA Swimming Operating Policy Manual.
 518 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 519 **Effective Date:** Immediately

520
 521 14.2.15 NATIONAL BOARD OF REVIEW - the National Board of Review of USA Swimming established pursuant to Part Four of
 522 the USA Swimming Rules and Regulations in accordance with the National Board of Review procedures, pursuant to
 523 Policy 26.0 of the USA Swimming Operating Policy Manual. Where the context requires, a reference to the National Board
 524 of Review shall include a reference to the USA Swimming Board of Directors when that body is acting upon an appeal from
 525 the National Board of Review.
 526

HK-7	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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527 **Location:** Page 41 - 102.22.6 Protests
 528 **Proposed by:** Rules & Regulations Committee
 529 **Purpose:** To reflect current updates to competition category changes.
 530 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 531 **Effective Date:** Immediately

532
 533 **102.22 PROTESTS**
 534
 535 .1-5 [no changes]
 536 .6 ~~With the exception of a competition category protest,~~ The official results of any protested race shall not be announced,
 537 the affected awards shall not be given, and points scored shall not be allocated until the protest is resolved or is withdrawn
 538 in writing.
 539

HK-8	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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540 **Location:** Multiple Occurrences
 541 **Proposed by:** Rules & Regulations Committee
 542 **Purpose:** To reflect the name change of FINA to World Aquatics.
 543 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 544 **Effective Date:** Immediately

545
 546 Change all instances of FINA to World Aquatics.
 547

HK-9	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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548 **Location:** Official Glossary
 549 Page 65 - 202.5.7 Conditions of Sanction
 550 **Proposed by:** Rules & Regulations Committee
 551 **Purpose:** To correct a reference to the obsolete Deck Pass.

552 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
553 **Effective Date:** Immediately

554 **OFFICIAL GLOSSARY** ~~DECK PASS~~—the official mobile application of USA Swimming

555
556
557 **202.5** **CONDITIONS OF SANCTION** - Any event for which a sanction is required according to 202.1 is subject to the following
558 conditions:
559 .1-.6 *[no changes]*
560 .7 ~~Deck Pass~~The official mobile application of USA Swimming is acceptable proof of USA Swimming membership.
561 .8-.10 *[no changes]*
562

HK-10	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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563 **Location:** Page 48 - **103.3 Racing Course Dimensions**
564 **Proposed by:** Rules & Regulations Committee
565 **Purpose:** To reflect the current status that a “certified” pool database is no longer maintained.
566 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
567 **Effective Date:** Immediately

568
569 **103.3** **RACING COURSE DIMENSIONS**
570 **.1** **/M/ Length.**
571 A-E *[no changes]*
572 F See Article 104, Rules for Swimming Records, for course measurements ~~certification~~ requirements.
573

HK-11	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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574 **Location:** Page 63 - **202.4 Requirements for Sanction**
575 **Proposed by:** Rules & Regulations Committee
576 **Purpose:** To reflect the current status that a “certified” pool database is no longer maintained.
577 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
578 **Effective Date:** Immediately

579
580 **202.4** **REQUIREMENTS FOR SANCTION** - Sanctions are issued, withheld or withdrawn in accordance with the following
581 regulations:
582
583 .1-.10 *[no changes]*
584 .11 Application for sanction must be accompanied by a copy of the complete meet announcement which must include the
585 following:
586
587 A-F *[no changes]*
588 G ~~One of the following two statements:~~ A statement indicating that host will ensure the required course
589 dimensions.
590 (1) ~~The competition course has been certified in accordance with 104.2.2C(4). The copy of such~~
591 ~~certification is on file with USA Swimming; or~~
592 (2) ~~The competition course has not been certified in accordance with 104.2.2C(4).~~
593 H-O *[no changes]*
594 .12-.16 *[no changes]*
595

HK-12	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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596 **Location:** Page 65 - **202.6 Requirements for Approval**
597 **Proposed by:** Rules & Regulations Committee
598 **Purpose:** To reflect the current status that a “certified” pool database is no longer maintained.
599 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
600 **Effective Date:** Immediately
601

602 **202.6 REQUIREMENTS FOR APPROVAL** - Approval of competition may be issued, withheld or withdrawn by an LSC in
603 accordance with the following regulations:

604
605 .1-.5 [no changes]
606 .6 Written application for approval shall be made not later than the period established by the LSC prior to the competition.
607 The LSC may establish a fee for processing such applications. Application for approval shall be accompanied by the
608 meet announcement which shall include the following:

609
610 A-C [no changes]
611 D ~~One of the following two statements:~~ A statement indicating that host will ensure the required course
612 dimensions.

613 (1) ~~The competition course has been certified in accordance with 104.2.2C(4). The copy of such~~
614 ~~certification is on file with USA Swimming; or~~

615 (2) ~~The competition course has not been certified in accordance with 104.2.2C(4).~~

616 E-H [no changes]

617 .7-.18 [no changes]
618

HK-13	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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619 **Location:** Page 75 - **206.1 Awarding USA Swimming Championships and International Competitions**

620 **Proposed by:** Rules & Regulations Committee

621 **Purpose:** To reflect current status, practices, and provide flexibility in event naming.

622 **Recommendation:** *The Rules & Regulations Committee recommends approval.*

623 **Effective Date:** Immediately
624

625 **206.1 GENERAL** - USA Swimming Championships shall be conducted annually.

626
627 .1 The U.S. Open shall be conducted annually in November or December.

628
629 .2 A long course National Championship meet shall be conducted every summer, except when there is a Trials Class meet
630 in the summer and that Trials Class meet is not in accordance with 206.4.2 (at the traditional time at the end of summer).
631 ~~The end of summer meet during those summers shall be called the USA Swimming Summer Championship.~~

632
633 .3 USA Swimming Open Water Individual and Team Championships shall be held in the ~~5-kilometer and~~ 10-kilometer
634 distances. Additional distances may be offered.
635

HK-14	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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636 **Location:** Page 76 - **206.2 Facilities**

637 **Proposed by:** Rules & Regulations Committee

638 **Purpose:** To reflect current practices.

639 **Recommendation:** *The Rules & Regulations Committee recommends approval.*

640 **Effective Date:** Immediately
641

642 **206.2 FACILITIES**

643
644 .1 [no changes]

645 .2 ~~Facilities awarded USA Swimming Championships and international competition must have been certified in~~
646 ~~accordance with 104.2.2C(4). A copy of such certification must be on file with USA Swimming. Event hosts shall ensure~~
647 ~~the required course dimensions. For pools with a movable bulkhead, the facilities host shall, prior to each session of~~
648 ~~competition, examine the bulkhead and shall confirm to the Meet Referee that the bulkhead is stable, straight and~~
649 ~~properly positioned and anchored.~~

650 .3 [no changes]
651

HK-15	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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652 **Location:** Page 76 - **206.4 Dates**
 653 **Proposed by:** Rules & Regulations Committee
 654 **Purpose:** To reflect current practices.
 655 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 656 **Effective Date:** Immediately

657
 658 **206.4 DATES** - Unless otherwise determined and announced by the National Team Managing Director at the previous year's
 659 annual meeting, the dates shall be as follows:

- 660 .1 *[no changes]*
- 661 .2 **Summer National Championships and U.S. Open (when held)** — To end no later than the second Saturday in
 662 August.
- 663 .3 *[no changes]*

HK-16	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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665 **Location:** Page 77 - **207.4 USA Swimming Championships**
 666 **Proposed by:** Rules & Regulations Committee
 667 **Purpose:** To reflect current practices.
 668 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 669 **Effective Date:** Immediately

670
 671 **207.4 USA SWIMMING JUNIOR NATIONAL CHAMPIONSHIPS AND JUNIOR NATIONAL OPEN WATER**
 672 **CHAMPIONSHIPS**

- 673 .1 The Junior National Championships will be swum long course during the summer season and short course during the
 674 winter season. The dates and place of competition will be determined by the Senior Development Committee. The
 675 meets should be scheduled to be held after the summer National Championships ~~and U.S. Open~~ and ~~after the winter~~
 676 ~~National Championships~~ respectively.
- 677 .2-.3 *[no changes]*

HK-17	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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679 **Location:** Page 78 - **207.6 Qualifying Time Standards**
 680 **Proposed by:** Rules & Regulations Committee
 681 **Purpose:** To reflect current practices
 682 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 683 **Effective Date:** Immediately

684 **207.6 QUALIFYING TIME STANDARDS**

- 687 .1 Other than Trials Class meets, the time standards shall be established by the Senior Development Committee in
 688 consultation with the National Team Managing Director. Time standards shall be designed to allow 900-1,000
 689 swimmers in individual events at ~~the USA Swimming Short Course Championships~~, the U.S. Open and the National
 690 Championships.
- 691 .2 *[no changes]*

HK-18	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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693 **Location:** Page 80 - **207.10 Programs**
 694 **Proposed by:** Rules & Regulations Committee
 695 **Purpose:** To reflect current practices, that Championship events are sanctioned directly through headquarters.
 696 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 697 **Effective Date:** Immediately

698
 699 **207.10 PROGRAMS**
 700

- 701 .1 **Time Trials** — At all USA Swimming National Championships and Trials Class meets, time trials will be conducted on
 702 a time-available basis for swimmers participating in the meet. ~~These time trials shall be held under a separate sanction~~
 703 ~~of the LSC where the meet is held and shall conform to the following conditions and format, subject to the time limitations~~
 704 ~~specified in 207.10 and 207.11:~~
- 705
- 706 A-C [no changes]
- 707 .2 [no changes]
- 708

HK-19	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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709 **Location:** Page 84 - **207.12 Awards**

710 **Proposed by:** Rules & Regulations Committee

711 **Purpose:** To reflect current practices.

712 **Recommendation:** *The Rules & Regulations Committee recommends approval.*

713 **Effective Date:** Immediately

714

715 **207.12 AWARDS**

716

717 **USA Swimming National Championships only:**

718 ~~William A. Lippman, Jr., USA Swimming — Combined Team Champion Cup (perpetual trophy)~~

719

HK-20	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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720 **Location:** Page 21 - **101.1.2A Starts**

721 **Proposed by:** Rules & Regulations Committee

722 **Purpose:** To comply with World Aquatics SW 2.1.5.

723 **Recommendation:** *The Rules & Regulations Committee recommends approval.*

724 **Effective Date:** Immediately

725

726 **101.1 STARTS**

727

728 .2 **The Start**

729 A ~~At the commencement of each heat, the Referee shall signal to the swimmers by a short series of whistles to~~
 730 ~~remove all clothing except for swimwear. Once all swimmers have removed their clothing, except for swimwear,~~
 731 ~~the Referee shall signal the commencement of an event by a short series of whistles inviting them to get ready~~
 732 ~~at the starting end, followed by a long whistle indicating that they should take and maintain their positions on~~
 733 ~~the starting platform, the deck, or in the water. In backstroke and medley relay events, at the Referee's first~~
 734 ~~long whistle, the swimmers shall immediately enter the water and at the second long whistle shall return without~~
 735 ~~undue delay to the starting position.~~

736 B-E [no changes]

737

HK-21	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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738 **Location:** Page 24 - **101.4.2 Backstroke**

739 **Proposed by:** Rules & Regulations Committee

740 **Purpose:** To comply with World Aquatics SW 6.3.

741 **Recommendation:** *The Rules & Regulations Committee recommends approval.*

742 **Effective Date:** Immediately

743

744 **101.4 BACKSTROKE**

745

746 .1 [no changes]

747 .2 **Stroke** - The swimmer shall push off on his back and continue swimming on the back throughout the race. Some part of
 748 the swimmer must break the surface of the water throughout the race, except it is permissible for the swimmer to be
 749 completely submerged during the turn and for a distance of not more than 15 meters (16.4 yards) after the start and after
 750 each turn. By that point, the head must have broken the surface of the water. Additionally, once some part of the head

751 of the swimmer has passed the final 5-meter mark (long course and short course meters) or 5-yard mark (short course
 752 yards), immediately prior to reaching for the finish, the swimmer may be completely submerged prior to the touch.
 753 .3-.4 [no changes]
 754

HK-22	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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755 **Location:** Page 108 - **604.4 Merging Two LSCs**
 756 **Proposed by:** Rules & Regulations Committee
 757 **Purpose:** To clarify the intent of merging LSCs.
 758 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 759 **Effective Date:** Immediately

760
 761 **604.4 MERGING TWO LSCs** - If the Boards of Directors of two (2) LSCs that share a common geographical border agree in
 762 principle to merge their two LSCs into a single ~~new~~ LSC, and should the House of Delegates of each LSC by a majority vote of the
 763 members present approve the merger, then the merger shall become effective no sooner than sixty (60) days following the receipt
 764 by the Chair of the USA Swimming Rules & Regulations Committee of satisfactory evidence of the various votes required.
 765

HK-23	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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766 **Location:** Page 111 - **701.1 Events**
 767 **Proposed by:** Rules & Regulations Committee
 768 **Purpose:** To comply with World Aquatics SW 7.2.
 769 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 770 **Effective Date:** Immediately

771
 772 **701.1 EVENTS**
 773 .1 [no changes]
 774 .2 **Wetsuit Events**
 775 A At Junior National and National Championships and any sanctioned open water competition with a race
 776 distance of 5k and greater, FINA rules regarding use of wetsuits shall apply.
 777 B For all other open water competitions with water temperature below ~~20.0°C (68.0°F)~~ 18.0°C (64.4°F),
 778 participants may use either swimsuits or wetsuits (refer to 701.4.5).
 779 .3 [no changes]
 780

HK-24	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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781 **Location:** Page 113 - **701.4 Swimwear**
 782 **Proposed by:** Rules & Regulations Committee
 783 **Purpose:** To comply with World Aquatics SW 7.3.
 784 **Recommendation:** *The Rules & Regulations Committee recommends approval.*
 785 **Effective Date:** Immediately

786
 787 **701.4 SWIMWEAR**
 788 .1-.4 [no changes]
 789 .5 **Wetsuits** — Wetsuits are swimsuits made of material providing thermal insulation. ~~Wetsuits for both men and women~~
 790 ~~shall completely cover the torso, back, and shall not extend beyond the neck, wrists or ankles. Wetsuits (for both men~~
 791 ~~and women) shall completely cover torso, back, shoulders and knees. They shall not extend beyond the neck, wrists and~~
 792 ~~ankles.~~ The thickness of material(s) used shall be maximum 5 mm. In addition, the outer surface of the wetsuit shall not
 793 include outstanding shapes, such as ridges, fins, etc.