



2022 TIME STANDARDS

INTERNATIONAL TEAM TRIALS

PHILLIPS 66 INTERNATIONAL TEAM TRIALS

** Qualifying from January 1, 2021 through Entry Deadline*

WOMEN

MEN

SCY	LCM		LCM	SCY
22.29	25.79	50 FR	22.79	19.59
48.59	55.89	100 FR	49.89	42.89
1:45.29	2:01.29	200 FR	1:50.09	1:34.29
4:41.59	4:16.09	400/500 FR	3:55.79	4:17.99
9:51.69	8:48.09	800/1000 FR	8:12.99	9:06.79
16:17.59	16:49.19	1500/1650 FR	15:44.89	15:03.59
52.59	1:02.09	100 BK	55.89	46.49
1:54.09	2:14.19	200 BK	2:02.39	1:42.09
1:00.19	1:10.39	100 BR	1:02.49	52.89
2:10.09	2:32.39	200 BR	2:16.29	1:55.09
52.49	1:00.39	100 FL	53.69	46.29
1:56.39	2:14.19	200 FL	2:00.79	1:43.69
1:56.99	2:16.59	200 IM	2:03.49	1:44.49
4:10.49	4:50.79	400 IM	4:25.79	3:45.99

Updated: October 13, 2021

These International Team Trials standards supersede all prior drafts and iterations, including but not limited to those posted on usaswimming.org from October 8, 2021 to October 9, 2021.



2022 TIME STANDARDS

INTERNATIONAL TEAM TRIALS

PHILLIPS 66 INTERNATIONAL TEAM TRIALS (18U)

** Qualifying from January 1, 2021 through Entry Deadline*

WOMEN

MEN

SCY	LCM	18 & U	LCM	SCY
22.59	25.89	50 FR	23.29	20.19
49.29	56.19	100 FR	51.19	44.09
1:46.89	2:01.29	200 FR	1:51.59	1:36.19
4:41.59	4:16.09	400/500 FR	3:58.09	4:22.69
9:51.69	8:48.09	800/1000 FR	8:13.89	9:06.79
16:21.89	16:49.19	1500/1650 FR	15:44.89	15:13.89
52.99	1:02.09	100 BK	55.89	47.39
1:54.99	2:14.19	200 BK	2:02.39	1:42.99
1:01.39	1:11.19	100 BR	1:03.39	53.79
2:12.79	2:33.29	200 BR	2:17.19	1:57.89
53.19	1:00.39	100 FL	54.29	47.29
1:56.59	2:14.39	200 FL	2:00.99	1:45.69
1:58.99	2:16.59	200 IM	2:03.99	1:46.69
4:13.49	4:51.49	400 IM	4:25.79	3:48.89

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