



U.S. OLYMPIC TEAM TRIALS SWIMMING



INDIANAPOLIS, IN • JUNE 2028

OFFICIAL TIME STANDARDS

WOMEN

MEN

LCM	EVENT	LCM
25.69	50 FR	22.69
55.79	100 FR	49.79
2:00.79	200 FR	1:49.59
4:15.49	400 FR	3:55.49
8:45.79	800 FR	8:07.99
16:45.69	1500 FR	15:36.99
28.89	50 BK	25.59
1:01.79	100 BK	55.39
2:13.59	200 BK	2:01.59
32.09	50 BR	28.09
1:10.19	100 BR	1:01.89
2:31.69	200 BR	2:15.39
26.99	50 FL	23.99
59.99	100 FL	53.29
2:13.69	200 FL	2:00.19
2:16.09	200 IM	2:02.59
4:49.79	400 IM	4:23.99

QUALIFYING PERIOD: December 2, 2026 through May 30, 2028.