

# Jack H. Swanson

## Minnesota Swimming



### USA Swimming (National) Positions Held

- Central Zone Athlete Representative, USA Swimming Athletes' Executive Committee (AEC) (September 2016 – present)
- Central Zone Athletes' Committee Chair (September 2016 – present)
- USA Swimming Governance Committee (September 2015 – present)
- USA Swimming Athlete Leadership Task Force (May 2016 – present)
- USA Swimming LSC Required Bylaws Task Force (January 2017 – present)
- USA Swimming AEC Restructuring Task Force (April 2017 – present)
- United States Aquatic Sports Bylaws Task Force (May 2018 – present)

### LSC Positions Held

- Minnesota Swimming Board of Directors, Athletes' Committee Vice Chair (April 2014 – April 2015)
- Minnesota Swimming Open Water Chair (November 2014 – present)
- Minnesota Swimming Nominating Committee Chair (April 2016 – April 2018)
- Minnesota Swimming Technical Planning Committee (April 2014 – April 2017)
- Minnesota Swimming Senior Committee (January 2015 – April 2017)
- Minnesota Swimming Meet Scheduling Committee (November 2013 – April 2014)
- Certified Stroke and Turn Official and Starter (July 2016 – present)

### Swimming Experience

- Pomona-Pitzer Sagehens (*NCAA Division III National Qualifier*) – Claremont, CA (September 2015 – present)
- Aquajets Swim Team – Eden Prairie, MN (*Scholastic All-American*) (June 2006 – May 2017, March 2018)
- SwimAtlanta (Georgia Tech) – Atlanta, GA (May 2017 – August 2017)
- Rochester Swim Club – Rochester, MN (May 2018 – present)

### Volunteer, Professional, Educational Experience

- Pomona College – Claremont, CA – Biology Major, Political Science Minor (September 2015 – present)
- Benilde-St. Margaret's High School – St. Louis Park, MN – *Summa Cum Laude* (August 2011 – May 2015)
- Summer Immunology Undergraduate Research Fellow – *Mayo Clinic* – Rochester, MN (May 2018 – August 2018)
- 3M Summer Microbiology Research Scholar – *Georgia Institute of Technology* – Atlanta, GA (May 2017 – August 2017)
- Assistant Swim Coach – *The Lafayette Club* – Minnetonka, MN (May 2016 – August 2016)
- Swim Team Office Assistant – *Pomona College* – Claremont, CA (September 2015 – May 2016)

### Personal Statement

Over the past two years as a member of the Athletes' Executive Committee (AEC), I have had two primary objectives, which align closely with USA Swimming's vision, to "inspire and enable our members to achieve excellence in the sport of swimming and in life." First, I strive to ensure *all* 340,000 USA Swimming athlete members, from novice level swimmers to Olympians, have an incredible and fulfilling experience swimming. As Central Zone Representative, I work with other Central Zone leaders to improve sectional and zone meets. I actively mentor and work with over 60 LSC athlete representatives, leading to incredible projects such as starting athlete committees, suit drives, open water state meets, and much more.

Second, I initiate and advance programming to develop strong athlete leaders inside and outside of the governance structure, including convention workshops and the Athlete Leadership Summit. Undoubtedly, the AEC must improve this programming, particularly by making these events more accessible to athletes outside the governance structure. Events such as the Leadership Summit and this convention are first steps – but reach less than 200 of our 340,000 athlete members – a miniscule .05%. I envision collaborating with USA Swimming staff in the coming years to initiate local and regional-level events to reach a larger, more diverse base of athletes, to fully carry out USA Swimming's vision of inspiring and enabling members to achieve excellence in life. Serving on the AEC has been an incredibly fulfilling experience; it is a committee I would be honored to continue serving on! Thanks!