

## Candidate for Eastern Zone

Coach Director

## **Tristan Formon**

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I have been involved in competitive swimming for my entire life from age 7 onwards in the UK and age 22 onwards here in the United States.

Since 2001 I have been active within the NJ Swimming LSC serving in a number of roles including Treasurer, Age Group / Tech Chair and General Chair. During that time, I have been fundamentally involved in creating and amending multiple NJ Swimming Policies and Procedures for the benefit of all.

For the past two years it has been my privilege to have served the LSC, Club, Athlete and Non-Athlete members of the Eastern Zone in the capacity of Eastern Zone Coach Director.

It has always been my firm belief that swimming is a sport for all. My goal has always been to provide the very best opportunities and experience for all athlete and non-athlete members of the Eastern Zone.

I would welcome your consideration for the position of Eastern Zone Coach Director.

	Volunteer	2001 - Present
	NJS Competition Committee Member	2004 - 2008
New Jersey Swimming	NJS Treasurer 2005 - 2009	
	NJS Nominations Committee Member	2006 – 2012
	NJS Age Group Chairman 2010 – 2012	
	NJS Technical Planning Chairman 2010 – 2012	
	NJS General Chairman 2012 – 2014	
	NJS Age Group Chairman 2014 – 2016	
	NJS Technical Planning Chairman 2014 –	2016
	NJS Secretary 2016 – 2018	
	NJS Treasurer 2018 - present	

Eastern Zone Swimming EZ Technical Planning Chairman 2013 – 2016

EZ Coach Director 2016 - present

Attendee at the EZ Spring and Fall Meetings 2010 - present

Attendee at all EZ Technical Planning Meetings 2010 – present

Attended almost all of the Northern Sectional and Super Sectional meets.

Convention Education Committee Member 2014 – 2016

USA Swimming USA Swimming Board of Directors 2016 - present

USA Swimming LEAP Evaluator 2016 - present

Junior Group Coach at Berkeley Aquatic Club

Berkeley Aquatic Club - NJ Coached at Berkeley Aquatic Club since 1996

Education Montclair State University, Montclair, NJ 2000

Master of Arts Physical Education, Coaching and Sports Administration

Loughborough University, Loughborough, UK 1994

Bachelor of Science Economics with Accountancy