

USA SWIMMING
RULES & REGULATIONS COMMITTEE
PROPOSED
AMENDMENTS TO 2020 RULES AND REGULATIONS

No.	Description	Location	Recommendation
R-1	To clarify what constitutes an Official Time	Glossary (new)	Approval
R-2	To define Intra-Squad and and Virtual Meets	Glossary, 102.1 (new) & 102.10	Approval
R-3	To clarify a Time Trial must be a sanctioned, approved or observed event	Glossary	Approval
R-4	To assign authority and responsibility for the sanctioning or approving of all open water meets to USA Swimming	202.1	No Recommendation
R-5	To clarify and refine requirements and process for sanctioning or approval of open water meets	202.4, 202.6 & 701.3	Approval
R-6	To create a Sectional Business Committee to oversee meets and to address overcrowding by reducing the number of swimmers at two course meets	204.9	Postponed Recommendation
R-7	To permit flexibility in scheduling the U.S. Championships	206.1	Approval
R-8	To provide the National Team Managing Director with flexibility in scheduling the U.S. Open Championships	206.4	Approval
R-9	To reflect USA Swimming current practices.	207.1	Approval
R-10	To include both Long Course and Short Course World Championships as Trials Class Meets	207.5	Approval
R-11	To facilitate the implementation of online membership registration	302.2	Approval
R-12	To update doping control language to account for athlete support personnel and other persons, consistent with USOPC requirements	Article 303	Approval
R-13	To require all USA Swimming member clubs to adopt a photography policy to enhance our Minor Athlete Abuse Prevention Policies	Article 305	Approval
R-14	To memorialize the existing practice of having NBOR complaints sent to and handled by the CEO's designee	405.1,.3,.4, 406.1,.3 & 407.1	Approval
R-15	To align athlete representation on committees with USOPC Bylaws and to provide for designees for certain ex-officio members on the Rules & Regulations Committee	501.1	Approval
R-16	To ensure appropriate athlete representation within national committees	501.1	Postponed Recommendation
R-17	To clarify the requirements and eligibility of Athlete Representatives serving on operational committees	501.2 (new)	Approval
R-18	To provide for biennial legislation in odd years	502.1	Approval
R-19	To permit the Board of Directors to update the USA Swimming Rules & Regulations to fulfill requirements imposed by the United States Olympic & Paralympic Committee, the U.S. Anti-Doping Agency and the U.S. Center for SafeSport	502.1 (new) & Corp. Bylaws 10.1 (new)	Approval
R-20	To manage requested changes to LSC bylaws by USA Swimming staff to remove the administrative burden to the Rules Committee	602.7 & 602.8	No Recommendation
R-21	To align the formation of a new LSC adoption vote with that of other Article 604 adoption votes	604.3	No Recommendation
R-22	To better reflect the administrative nature of Zones	605.2	Approval
R-23	To clarify the use of wetsuits for open water competitions	701.1 & 701.5	Postponed Recommendation

USA SWIMMING
RULES & REGULATIONS COMMITTEE
PROPOSED
AMENDMENTS TO 2019 RULES AND REGULATIONS

No.	Description	Location	Recommendation
R-24	To create a section on Zone Open Water Championships	701.2 & Article 704 (new)	Approval
R-25	To clarify the required officials for open water competitions	701.10	Not Yet Reviewed
R-26	To provide appropriate representation of the athlete membership on the Board of Directors	Corp. Bylaws Article 4.2 (new)	No Recommendation
R-27	To clarify the requirements of athlete representation in the House of Delegates	Corp. Bylaws Article 6.1	No Recommendation
R-28	The COVID-19 pandemic has made it obvious that a provision is needed to permit virtual meetings of an LSC HOD if certain public health and public safety circumstances prevail	Required LSC Bylaws 4.8	Approval
R-29	To provide a third provision for Athlete Representatives where representatives are elected to one year terms	Required LSC Bylaws 6.2	Postponed Recommendation

USA SWIMMING
RULES & REGULATIONS COMMITTEE
PROPOSED
AMENDMENTS TO RULES AND REGULATIONS

R-1	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 1 **Location:** Page 14 – (new) **Official Glossary**
- 2 **Proposed by:** Times and Recognition Committee
- 3 **Purpose:** To clarify what constitutes an Official Time.
- 4 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 5 **Official Time** – a time achieved in a USA Swimming sanctioned or approved competition or in an observed swim in accordance
- 6 with USA Swimming rules.

R-2	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 7 **Location:** Page 14 – (new) **Official Glossary**
- 8 Page 24 – (new) **102.1 Events**
- 9 Page 32 – **102.10 Officials**
- 10 **Proposed by:** Times and Recognition Committee
- 11 **Purpose:** To define Intra-Squad and Virtual Meets.
- 12 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 13 **Effective Date:** Immediately
- 14 **Intra-Squad Meet** – a competition exclusively among members of a single club.
- 15 **Virtual Meet** – a competition held at multiple venues.
- 16 **102.1 EVENTS** — Meets should be planned to terminate within a maximum period of eight (8) hours of competitive events for
- 17 any group of swimmers in any one day and to provide adequate meal and rest breaks and properly supervised sheltered rest
- 18 areas. Refer to 205.3.1 F for additional provisions.
- 19 .1-.5 [no changes]
- 20 .6 **VIRTUAL EVENTS** – A Virtual Meet shall be conducted with the same order of events with all results merged. All venues
- 21 shall complete their competition within a ten (10) day period. It shall be officiated in accordance with 102.10 at each venue
- 22 and conducted according to the Virtual Meet guidelines.
- 23 **102.10 OFFICIALS**
- 24 .1 All officials accepting an invitation to officiate at a swimming meet should arrive promptly and report immediately to the Meet
- 25 Director or Meet Referee.
- 26 .2 All officials acting in the capacity of Referee, Starter, Administrative Official, or Stroke and/or Turn Judge at a swimming
- 27 meet shall be certified in such position by their LSC prior to being assigned to officiate in that capacity. Uncertified trainees
- 28 may perform the duties of such positions when they are under the direct supervision of a certified official. See Article 202 for
- 29 USA Swimming membership requirements.
- 30 ~~.3 For all swimming meets or time trials,~~ With the exception of intra-squad and dual meets, there should not be fewer than the
- 31 following officiating positions filled or approved by the LSC in authority for all swim meets and time trials. Officials other than
- 32 the Referee and Administrative Official may act in more than one officiating capacity only when sufficient qualified officials
- 33 are not available, but no one may simultaneously time and judge the order of finish. An LSC House of Delegates may
- 34 establish additional minimum requirements.
- 35 1 Referee

- 36 1 Starter
- 37 3 Timers per lane (one minimum if automatic equipment with touchpads is used)
- 38 1 Clerk of Course (if applicable)
- 39 1 Place Judge (2 are preferred)
- 40 2 Stroke Judges and 2 Turn Judges or 2 Stroke & Turn Judges Relay Take-off Judges (if applicable)
- 41 1 Administrative Official
- 42 1 Announcer Timing Equipment Operators (as needed)
- 43 Marshal(s) (number determined by the LSC)

44 **.4 Minimum Number of Officials Required for Dual and Intra-Squad Meets**

- 45 1 Referee, who may also act as a stroke and turn judge
- 46 1 Starter 1 Other Stroke and Turn Judge (may be the Starter)
- 47 1 Announcer
- 48 3 Timers per lane (one minimum if automatic timing equipment with touchpads is used)
- 49 1 Administrative Official
- 50 1 Place Judge
- 51 Relay Take-off Judges (if applicable)
- 52 Timing Equipment Operators (as needed)
- 53 Marshal(s) (number determined by the LSC)

R-3	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 54 **Location:** Page 25 – **102.1 Events**
- 55 **Proposed by:** Times and Recognition Committee
- 56 **Purpose:** To clarify a Time Trial must be a sanctioned, approved or observed event.
- 57 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

58 1.-4 [no changes]

- 59 **.5 TIME TRIALS** — Time trial events may be held in conjunction with a sanctioned, approved, or observed competition if all
- 60 information about the conduct of the time trials is included in the meet announcement as sanctioned or approved by the
- 61 LSC. If time trials are held as ~~may be~~ a separate event, they shall be sanctioned, approved, or observed in compliance
- 62 with Article 202.

R-4	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 63 **Location:** Page 59 – **202.1 Jurisdiction**
- 64 **Proposed by:** Open Water Committee
- 65 **Purpose:** To assign authority and responsibility for the sanctioning or approving of all open water meets to USA
- 66 Swimming.
- 67 **Recommendation:** *The Rules and Regulations Committee has no recommendation.*

68 **202.1 JURISDICTION** — As the National Governing Body for competitive swimming in the United States and as a Federation

69 member of FINA, USA Swimming has the sole and exclusive authority to sanction or approve domestic and international

70 swimming competition conducted within its jurisdiction. Each Local Swimming Committee (LSC) has been authorized by USA

71 Swimming to issue the sanction or approval for all swimming competition and benefits, exhibitions, clinics and entertainment

72 involving competitive swimming within its geographical boundaries, except that USA Swimming shall sanction all open water

73 competitions and national swimming competitions as defined by the President/CEO or his/her designee. Additional

74 requirements/conditions for sanction or approval, other than those listed in Article 202, may be established by a vote of the LSC

75 House of Delegates in accordance with LSC Bylaws.

R-5	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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76 **Note:** *This item will be withdrawn if R-4 is not adopted.*

77 **Location:** Page 60 – **202.4 Requirements for Sanction**
78 Page 63 – **202.6 Requirements for Approval**
79 Page 123 – **701.3 Rules**

80 **Proposed by:** Open Water Committee

81 **Purpose:** To clarify and refine requirements and process for sanctioning or approval of open water meets.

82 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

83 **202.4 REQUIREMENTS FOR SANCTION** - Sanctions are issued, withheld or withdrawn in accordance with the following
84 regulations:

85 .1-.6 [no changes]

86 .7 Applicants for sanction of an open water competition shall complete the application ~~approved~~ provided by USA Swimming.
87 Before an open water competition application is ~~submitted~~ approved, ~~is sanctioned~~ by the LSC, the LSC sanction officer shall ~~submit~~
88 review the membership dues and fees portion of the completed ~~sanction packet~~ to USA Swimming for review and approval
89 application. USA Swimming shall review the technical and safety aspects of the completed application.

90 .8 The Host Committee of an open water competition shall develop a safety plan for the competition in compliance with all
91 requirements included in the published application for sanction of an open water event.

92 [re-number remaining]

93 .8 All sanctions must be signed by a designated member of the LSC and a record thereof must be retained. Open Water
94 sanctions must be signed by an authorized representative of USA Swimming and a record thereof kept by USA Swimming.

95 .9 [no change]

96 .10 Application for sanction must be accompanied by a copy of the complete meet announcement which must include the
97 following:

98 A-M [no changes]

99 N For open water competitions, the policy for abandonment, the race timeline, the course map, and a
100 statement whether the race will be an “escorted” or “unescorted” event.

101 .11 [no change]

102 .12 The sanction fee, including those for open water meets, shall be as established by the LSC; those for national
103 and international meets shall be established by the USA Swimming Board of Directors.

104 .13-.14 [no changes]

105 .15 If an event is to be contested in more than one LSC’s or country’s jurisdiction, the application for sanction shall be ~~submitted~~
106 ~~to reviewed~~ by the LSC in which the event begins and submitted to USA Swimming. ~~The sanctioning LSC~~ USA Swimming
107 shall notify the other LSC(s) and/or the governing body of the other country in which the event is being contested of details
108 of the event.

109 **202.6 REQUIREMENTS FOR APPROVAL** — Approval of competition may be issued, withheld or withdrawn ~~by an LSC~~ in
110 accordance with the following regulations:

111 .1 [no change]

112 .2 Applicants for approval of an open water competition shall complete the application ~~approved~~ provided by USA Swimming.
113 Before an open water competition application is approved, ~~by the LSC, the LSC~~ sanction officer shall ~~submit~~ review the
114 membership dues and fees portion of the completed sanction/approval packet to USA Swimming for review and approval
115 application. USA Swimming shall review the technical and safety aspects of the completed application.

116 .3-.5 [no changes]

117 .6 Written application for approval shall be made not later than the period established by the LSC (or by USA Swimming for
118 open water) prior to the competition. The LSC may establish a fee for processing such applications, including those for open

- 119 water. Application for approval shall be accompanied by the meet announcement which shall include the following:
- 120 A-G *[no changes]*
- 121 H For open water competitions, the policy for abandonment, the race timeline, the course map, and a
- 122 statement whether the race will be an “escorted” or “unescorted” event
- 123 .7-.15 *[no changes]*
- 124 .16 All approvals must be signed by an authorized representative of the LSC and a record thereof kept by the LSC. Open
- 125 Water approvals must be signed by an authorized representative of USA Swimming and a record thereof kept by USA
- 126 Swimming.
- 127 .17 Approval may be withheld or withdrawn by the LSC if the competition was not conducted in accordance with the above
- 128 requirements.
- 129 .18 An open water approval may be withheld or withdrawn by USA Swimming prior to the competition. Approval may be
- 130 withheld or withdrawn by USA Swimming if the competition was not conducted in accordance with the above requirements.
- 131 .189 If an event is to be contested in more than one LSC’s or country’s jurisdiction, the application for approval shall be
- 132 submitted to reviewed by the LSC in which the event begins and submitted to USA Swimming. The LSC granting the
- 133 approval USA Swimming shall notify the other LSC(s) and/or the governing body of the other country in which the event is
- 134 being contested of details of the event.
- 135 **701.3 RULES**
- 136 .1 All open water competitions shall be freestyle events.
- 137 ~~.2 The Host Committee shall include in the meet announcement:~~
- 138 ~~A The policy for abandonment; and~~
- 139 ~~B Whether the race will be an “escorted” or “unescorted” swim.~~
- 140 ~~.3 The Host Committee shall develop a safety plan for the competition in compliance with all requirements included in the~~
- 141 ~~published application for sanction of an open water event.~~
- 142 *[re-number remaining]*

R-6	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 143 **Location:** Page 69 – **204.9 Sectional Championships**
- 144 **Proposed by:** Senior Development Committee
- 145 **Purpose:** To create a Sectional Business Committee to oversee meets and to address overcrowding by reducing the
- 146 number of swimmers at two course meets.
- 147 **Recommendation:** *The Rules and Regulations Committee has postponed a recommendation pending further clarification from*
- 148 *proposer.*
- 149 **Effective Date:** Immediately

150 **204.9 SECTIONAL CHAMPIONSHIPS**

- 151 .1 Each Zone shall designate its Sections. Each Sectional meet shall be governed by a Sectional Business Committee
- 152 comprised of elected officers. Oversight and selection criteria of each Sectional Business Committee shall be governed by
- 153 each Zone’s Policies & Procedures.
- 154 .2 The Senior Development Committee will set nationwide time standards for Sectionals. Individual Sections may have
- 155 standards that are slower than these standards, but not faster.
- 156 .3 The goal size for the Sectional meet is 700 athletes. If 800 or more athletes enter a given meet, the Section shall either (a)
- 157 tighten the time standards (but not faster than the maximum standards established by the Senior Development Committee),
- 158 or (b) split the meet into two meets for the following year. For meets held in two courses, the goal size of the meet is ~~4,000~~
- 159 800 athletes. If ~~4,400~~ 900 or more athletes enter a given meet, the Section shall either (a) tighten the time standards (but
- 160 not faster than the maximum standards established by the Senior Development Committee), (b) limit the out-of-section

- 161 athletes (this number should be equal to the difference between the entry cap and the number of swimmers entered by in-
162 section teams), or (bc) ~~split the meet into two meets~~ add an additional meet for the following year.
- 163 .4 Sectional meets shall use Online Meet Entry, via USA Swimming. The number of Sectional meets in each Zone is
164 determined by the number of athletes that entered Sectional meets via Online Meet Entry for the meet the previous year.
- 165 .5 USA Swimming shall provide a bid form, financial and operating agreements and all other documents related to the
166 responsibilities of the meet host and conduct of the event. Each Section shall notify the Zone Directors of bid winners for the
167 following year's meets by the close of the annual meeting of USA Swimming's House of Delegates.

R-7	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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168 **Location:** Page 73 – **206.1 General**

169 **Proposed by:** National Team Steering Committee

170 **Purpose:** To permit flexibility in scheduling the U.S. Championships.

171 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

172 **Effective Date:** Immediately

173 **206.1 GENERAL** — USA Swimming Championships shall be conducted annually.

174 .1 A ~~winter National Championships~~ U.S. Open shall be conducted annually in November or December ~~the week following~~
175 ~~Thanksgiving.~~

176 .2-3 [no changes]

R-8	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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177 **Location:** Page 74 – **206.4 Dates**

178 **Proposed by:** National Team Steering Committee

179 **Purpose:** To provide the National Team Managing Director with flexibility in scheduling the U.S. Open Championships.

180 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

181 **Effective Date:** Immediately

182 **206.4 DATES** — Unless otherwise determined and announced by the National Team Managing Director at the previous year's
183 annual meeting, the dates shall be as follows:

184 .1 ~~Short Course Yards National Championships~~ **U.S. Open** – To start the ~~Thursday~~ in November or December, as decided
185 ~~by the National Team Managing Director in order to best conform to the international calendar following Thanksgiving.~~

186 .2-3 [no changes]

R-9	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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187 **Location:** Page 74 – **207.1 General**

188 **Proposed by:** National Team Steering Committee

189 **Purpose:** To reflect USA Swimming current practices.

190 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

191 **Effective Date:** Immediately

ARTICLE 207

USA SWIMMING CHAMPIONSHIPS

194 **207.1 GENERAL** — USA Swimming may conduct USA Swimming National Championships, Trials Class meets, U.S. Open

195 Championships, and Open Water Championships. The designation of each of these championships shall include the name of
196 the national sponsor, if any, for that meet. Additional sponsorship may be requested for the host club or the host LSCs provided
197 the sponsorship is in accordance with the USA Swimming Policy Manual and approved in writing by the Chief Marketing Officer
198 President/CEO or his/her designee.

R-10	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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199 **Location:** Page 75 – **207.5 Trials Class Meets**
200 **Proposed by:** National Team Steering Committee
201 **Purpose:** To include both Long Course and Short Course World Championships as Trials Class Meets.
202 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
203 **Effective Date:** Immediately

204 **207.5 TRIALS CLASS MEETS** — Trials Class shall be the selection meets for United States teams for the ~~Long Course~~
205 World Championships and Olympic Games and may be held in conjunction with the USA Swimming National Championships.
206 The Trials Class meets shall be governed by the National Team Managing Director and conducted by the Program & Events
207 Committee. The event format will be established by the National Team Managing Director and may emulate the Olympic Games
208 or ~~Long Course~~ World Championship program. The men's 800 meter freestyle and women's 1500 meter freestyle will be
209 conducted if the Trials are held in conjunction with the National Championships. There shall be no relays or scoring in the
210 Olympic Team Selection Meet. Touch pads shall conform to 103.21.3E. Only United States citizens eligible to represent the
211 United States on the Olympic or ~~Long Course~~ World Championship teams may compete in these Trials.

R-11	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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212 **Location:** Page 92 – **302.2. Application/Renewal**
213 **Proposed by:** Board of Directors
214 **Purpose:** To facilitate the implementation of online member registration.
215 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
216 **Effective Date:** Immediately

217 ~~**302.2 APPLICATION/RENEWAL** — Athlete membership applications and payment as set forth in Article 2.7 of the Corporate~~
218 ~~Bylaws shall be submitted to the Registration Chair of the LSC. The Registration Chair may designate deputy registrars to~~
219 ~~accept applications on behalf of the Chair and forward for approval.~~

220 [Re-number remaining]

R-12	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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221 **Location:** Page 92 – **303 Eligibility**
222 **Proposed by:** Board of Directors
223 **Purpose:** To update doping control language to account for athlete support personnel and other persons, consistent
224 with USOPC requirements and changing references from USOC to USOPC.
225 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
226 **Effective Date:** Immediately

227 **ARTICLE 303**
228 **ELIGIBILITY**

229 **303.1-2** [no changes]

230 **303.3** As a member National Governing Body of the United States Olympic & Paralympic Committee (USOPC), and as a

231 member Federation of Federation Internationale de Natation (FINA), USA Swimming is obligated to adhere to the anti-doping
232 rules of the USOPC and FINA. In addition, USOPC Bylaw Chapter XXIII, Section 2(G) provides that, as a condition of
233 membership in the USOPC, each National Governing Body shall comply with the procedures pertaining to drug testing and
234 adjudication of related doping offenses of the independent anti-doping organization designated by the USOPC to conduct drug
235 testing. The USOPC has designated the United States Anti-Doping Agency ("USADA") as that organization. The current anti-
236 doping rules of the USOPC, FINA and USADA are available at the offices of USA Swimming or on line at the following websites:

237 WADA www.wada-ama.org

238 FINA www.fina.org

239 USOPC www.usoc.org www.teamusa.org

240 USADA www.usada.org

241 As a condition of membership in USA Swimming, it is the ~~responsibility~~ duty of each ~~athlete~~ individual member of USA
242 ~~Swimming, including athletes, athlete support personnel, and other persons.~~ to comply with the all anti-doping rules of the World
243 Anti-Doping Agency (WADA), FINA, USOPC and USADA, including the USOPC National Anti-Doping Policy, the USADA
244 Protocol for Doping Policy, and all other policies and rules adopted by WADA, FINA, the USOPC, and USADA. Athlete members
245 agree and to submit, without reservation or condition, to in-competition and out-of-competition doping controls conducted by
246 either FINA or USADA or their designees at any time and understand that the use of methods or substances prohibited by the
247 applicable anti-doping rules make them subject to penalties including, but not limited to, disqualification and suspensions. (Out-
248 of-competition doping controls by USADA may take place at USA Swimming elite level camps, training sessions at USOC
249 facilities, or with no advance notice any time for athletes designated by USA Swimming and USADA for inclusion in USA
250 Swimming's no advance notice testing pool.) If it is determined that an individual member may have committed a doping
251 violation, the member agrees to submit to the results management authority and processes of USADA, including arbitration
252 under the USADA Protocol, or to the results management authority of FINA, if applicable or referred by USADA.

253 Pursuant to USOC Bylaw Chapter XXIII, Section 2(G), the management of positive and elevated test results for USA Swimming
254 athletes has become the responsibility of USADA. Any inconsistent provisions elsewhere in USA Swimming rules are hereby
255 superseded. USA Swimming will, without further process, enforce and publish any sanction communicated to USA Swimming by
256 USADA resulting from adjudication of a doping control under the USADA Protocol for Olympic Movement Testing.

257 *Note: Various housekeeping changes throughout the Rulebook to correct USOPC references are considered to be part of this*
258 *legislation.*

R-13	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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259 **Location:** Page 95 – **(new) 305 Minor Athlete Abuse Protection Policies**

260 **Proposed by:** Board of Directors

261 **Purpose:** To require all USA Swimming member clubs to adopt a photography policy to enhance our Minor Athlete
262 Abuse Prevention Policies.

263 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

264 **Effective Date:** Immediately

265 **305.3** Clubs shall establish their own photography policy. USA Swimming shall provide a model policy as an example, which
266 shall serve as the default for any club that fails to establish its own policy. Club photography policies should be reviewed and
267 agreed to annually by all athletes, parents, coaches and other non-athlete members of the club.

268 [re-number remaining]

R-14	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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269 **Location:** Page 99 – **405.1 Filing Complaints**
270 Page 100 – **405.3 Disposition After Investigation**
271 Page 100 – **405.4 Emergency Hearing**
272 Page 100 – **406.1 Petition**
273 Page 101 – **406.3 Response**

274 Page 102 – **407.1 Procedure**

275 **Proposed by:** Board of Directors

276 **Purpose:** To memorialize the existing practice of having NBOR complaints sent to and handled by the CEO's designee
277 and housekeep terminology regarding designee throughout the rulebook.

278 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

279 **Effective Date:** Immediately

280 **405.1 FILING COMPLAINTS** – All complaints within the exclusive jurisdiction of the National Board of Review as set out in
281 403.1.1A through E above shall set forth the allegations and be filed with the Chief Executive Officer of USA Swimming (or
282 his/her designee), who shall promptly perform an initial inquiry and, as appropriate, initiate an investigation of the matter as set
283 forth below.

284 **405.3 DISPOSITION AFTER INVESTIGATION** – After the initial investigation has been completed, the Chief Executive Officer
285 (or his/her designee) may decide to initiate a complaint in the name of USA Swimming by filing the complaint with the Chair of
286 the National Board of Review and requesting that a hearing on the complaint be conducted. Any decision of the Chief Executive
287 Officer (or his/her designee) not to forward a complaint to the National Board of Review shall be reviewed by the Board Chair of
288 USA Swimming for a final decision. The Chief Executive Officer (or his/her designee) may also seek an emergency hearing as
289 set forth in 405.4 below. If the Chief Executive Officer (or his/her designee) does not decide to initiate a complaint in the name of
290 USA Swimming, then the Chief Executive Officer (or his/her designee) may (i) cause further investigation to be conducted into
291 the alleged violations; (ii) seek to mediate the complaint; or (iii) advise the complaining party that, while USA Swimming will not
292 initiate a complaint in its own name, the complaining party may still file his/her complaint directly with the Chair of the National
293 Board of Review. If the complaining party chooses to go forward with the complaint, the Chair of the National Board of Review
294 may then decide to either assign the matter for hearing or dismiss the complaint.

295 **405.4 EMERGENCY HEARING** – After the initial investigation has been completed and upon the request of the Chief Executive
296 Officer (or his/her designee) in accordance with 405.3 above, the Chair of the National Board of Review may order an
297 emergency hearing before the National Board of Review to determine if the member should be suspended pending the outcome
298 of a full hearing before the National Board of Review. If an emergency hearing is ordered, the National Board of Review shall
299 conduct the hearing and publish its results within twenty-one (21) days. Until such time as the National Board of Review makes a
300 decision, all proceedings shall be confidential and not subject to disclosure to anyone other than the parties to the review and
301 witnesses.

302 **406.1 PETITION** — Matters under the original jurisdiction of the National Board of Review shall be instituted by a written
303 complaint (the "Petition") served upon the Chief Executive Officer (or his/her designee). An investigation of the matter shall be
304 conducted in accordance with Article 405. If the results of the investigation warrant referring the case to a National Board of
305 Review, the Chief Executive Officer or (his/her designee) shall send a ~~copy of the~~ Petition together with the results of the
306 investigation to the Chair of the National Board of Review.

307 **406.3 RESPONSE** — The Chair shall deliver the Notice of Hearing, together with a copy of the Petition received by the Chief
308 Executive Officer (or his/her designee) to the Respondent(s) and a copy of the Notice of Hearing to the Petitioner(s). The
309 Respondent(s) shall have thirty (30) days from the date of issuance to submit a written Response to the charges. The Response
310 shall be delivered to the Chair, the Chief Executive Officer of USA Swimming (or his/her designee) and the Petitioner(s) or its
311 counsel.

312 **407.1 PROCEDURE**

313 .1 Any real party in interest, including any officer of USA Swimming or the Chief Executive Officer (or his/her designee), may
314 appeal any decision of the National Board of Review as follows:

315 A Matters heard by the National Board of Review pursuant to its original jurisdiction, heard de novo or heard pursuant to
316 its discretionary jurisdiction, may be appealed to the Board of Directors within thirty (30) days of the date of the issuing
317 of its written decision.

318 .2 The Petition on appeal is to be served upon the Chief Executive Officer (or his/her designee), as well as the other party(ies)
319 to the National Board of Review proceeding, and shall be accompanied by a \$250 filing fee payable to USA Swimming.

320 *Note: Various housekeeping changes throughout the Rulebook to correct designee references is considered to be part of this*
321 *legislation*

R-15	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 322 **Location:** Page 107 – **501.1 Operating Committees**
- 323 **Proposed by:** Board of Directors
- 324 **Purpose:** To align athlete representation on committees with USOPC Bylaws and to provide for designees for certain
325 ex-officio members on the Rules & Regulations Committee.
- 326 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 327 **Effective Date:** September 26, 2020
- 328 **501.1 OPERATING COMMITTEES** — the following committees shall report to the President/ CEO or his or her designees:
- 329 **.1 RULES & REGULATIONS COMMITTEE**
- 330 A The Rules & Regulations Committee shall consist of the following:
- 331 (1) The Officials Committee Chair, the Director of Sport – Swimming and Diving of the National Federation of State
332 High School Associations (NFHS) or designee, the Chair of the Program & Events Committee, the immediate past
333 Chair of the Rules & Regulations Committee, the USA Swimming representative to the FINA Open Water
334 Swimming Technical Committee and the USA Swimming representative to the FINA Technical Swimming
335 Committee, or their respective designees;
- 336 (2) A sufficient number of active athletes appointed by the ~~Athletes Committee Board~~ athlete representatives so as to
337 constitute at least twenty percent (20%) of the voting membership of the Committee;
- 338 (3) A representative, or his/her designee, from the NCAA and a representative, or his/ her designee, from the YMCA;
339
- 340 (4) Eight (8) non-athlete members appointed by the President/CEO or his or her designee, at least three (3) of whom
341 shall be coaches; and
- 342 (5) The President/CEO, ~~and the Secretary & General Counsel of the Corporation,~~ or their respective designees, and
343 others appointed by the Rules & Regulations Committee Chair, as ex-officio members with voice but no vote.
- 344 B-E [no changes]
- 345 **.2 NATIONAL TEAM STEERING COMMITTEE**
- 346 A Membership: The National Team Steering Committee shall consist of:
- 347 (1) Eight (8) coaches selected as follows; Preceding Head Men's Olympic Coach (1) Preceding Head Women's
348 Olympic Coach (1) The Head Women's Coach for the two (2) Long Course World Championships pre- ceding the
349 Olympic Games (2) The Head Men's Coach for the two (2) Long Course World Championships preceding the
350 Olympic Games (2) Two coaches appointed by the President/CEO or his or designee in consultation with the
351 National Team Managing Director (2) Any vacancies on the committee shall be filled by appointment by the
352 President or his or designee in consultation with the National Team Managing Director.
- 353 (2) The Chair of the committee shall be elected by its voting members.
- 354 (3) Once the new Head Olympic Coaches are named, they shall become ex-officio members of the National Team
355 Steering Committee, if not already on the Committee.
- 356 (4) Two (2) athletes (different genders) ~~selected~~ appointed by the ~~Athletes Committee Board~~ athlete representatives,
357 ~~one (1) female/one (1) male,~~ both former USA National Team members; and
- 358 (5) The Chair of the Senior Development Committee, and the Chair of the Sports Medicine Committee shall be ex-
359 officio members of the Committee with voice but no vote. The Committee may name additional ex-officio
360 members.
- 361 B-D [no changes]
- 362 **.3 SENIOR DEVELOPMENT COMMITTEE**
- 363 A The Senior Development Committee shall consist of ten (10) members. The President/ CEO or his or her designee
364 shall appoint eight (8) members, at least five (5) of whom shall be coaches, and the ~~Athletes Chair Board~~ athlete

365 representatives shall appoint two (2) athlete members. The Age Group Development Committee Chair or his/her
366 designee shall be an ex-officio member with voice but no vote.

367 B-C [no changes]

368 **4 AGE GROUP DEVELOPMENT COMMITTEE**

369 A The Age Group Development Committee shall consist of ten (10) members. The President/CEO or his or her designee
370 shall appoint (8) members, with at least one (1) representative from each Zone and at least five (5) coach members.
371 ~~The Athletes Chair Board~~ athlete representatives shall appoint two (2) athlete members. The Senior Development
372 Committee Chair or his/her designee shall be an ex-officio member with voice but no vote.

373 B-C [no changes]

R-16	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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374 **Location:** Page 107 – **501.1 Operating Committees**

375 **Proposed by:** Athletes' Executive Committee

376 **Purpose:** To ensure appropriate athlete representation within national committees.

377 **Recommendation:** *The Rules and Regulations Committee has postponed a recommendation pending further clarification from*
378 *proposer.*

379 **Effective Date:** Immediately

380 **501.1 OPERATING COMMITTEES** — the following committees shall report to the President/ CEO or his or her designees:

381 **.1 RULES & REGULATIONS COMMITTEE**

382 A The Rules & Regulations Committee shall consist of the following:

383 (1) [no change]

384 (2) A sufficient number of active athletes shall be appointed by the Athletes Committee Chair with the advice and
385 consent of the athletes serving on the Board of Directors. ~~so as to constitute at least twenty percent (20%) of the~~
386 ~~voting membership of the Committee;~~ At least twenty percent (20%) of the voting membership shall be athlete
387 representatives as defined by the current USOPC bylaws. An additional twenty percent (20%) of the voting
388 membership of the committee shall be athletes who do not meet the competition criteria outlined within the current
389 USOPC bylaws to qualify as an "athlete representative". All athletes must at the time of his/her appointment be
390 engaged in swimming within ten (10) years preceding his/her appointment.

391 (3)-(5) [no changes]

392 B-E [no changes]

393 **.2 NATIONAL TEAM STEERING COMMITTEE**

394 A-D [no changes]

395 **.3 SENIOR DEVELOPMENT COMMITTEE**

396 A The Senior Development Committee shall consist of ~~ten (10)~~ twelve (12) members. The President/ CEO or his or her
397 designee shall appoint eight (8) members, at least five (5) of whom shall be coaches, ~~and the Athletes Chair shall~~
398 ~~appoint two (2) athlete members.~~ The Athletes Chair, with the advice and consent of the Board of Directors athletes,
399 shall appoint four (4) athletes, two (2) of whom shall be athlete representatives as defined by the current USOPC
400 bylaws and two (2) who do not meet the competition criteria outlined within the current USOPC bylaws to qualify as an
401 "athlete representative". The Age Group Development Committee Chair or his/her designee shall be an ex-officio
402 member with voice but no vote.

403 B-C [no changes]

404 **4 AGE GROUP DEVELOPMENT COMMITTEE**

405 A The Age Group Development Committee shall consist of ~~ten (10)~~ twelve (12) members. The President/CEO or his or
406 her designee shall appoint (8) members, with at least one (1) representative from each Zone and at least five (5) coach

407 members. The Athletes Chair, with the advice and consent of the Board of Directors athletes, shall appoint ~~two (2)~~
 408 ~~athlete members~~ four (4) athletes, two (2) of whom shall be athlete representatives as defined by the current USOPC
 409 bylaws and two (2) who do not meet the competition criteria outlined within the current USOPC bylaws to qualify as an
 410 "athlete representative". The Senior Development Committee Chair or his/her designee shall be an ex-officio member
 411 with voice but no vote.

412 B-C [no changes]

R-17	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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413 **Location:** Page 107 – (new) **501.2 Operating Committees**
 414 **Proposed by:** Athletes' Executive Committee
 415 **Purpose:** To clarify the requirements and eligibility of Athlete Representatives serving on operational committees.
 416 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
 417 **Effective Date:** Immediately

**ARTICLE 501
 OPERATING COMMITTEES**

420 **501.1-4** [no changes]

421 **501.2** An athlete member may not serve as a voting member on more than one national operating committee
 422 simultaneously. Athletes serving on the Board of Directors, the Athletes Executive Committee, subcommittees of the
 423 Athletes Executive Committee, or as Zone Athlete Representatives, may serve on a single additional national operating
 424 committee.

R-18	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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425 **Location:** Page 109 – **502.1 Amendments**
 426 **Proposed by:** Board of Directors
 427 **Purpose:** To provide for biennial legislation in odd years.
 428 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
 429 **Effective Date:** Immediately
 430 **502.1 AMENDMENTS** – The USA Swimming House of Delegates may amend the Rules and Regulations and certain provisions
 431 of the Corporate Bylaws biennially at its annual meeting hosted in odd years in accordance with Article 10 of the Corporate
 432 Bylaws and this Section 502.1 of the Rules and Regulations.

R-19	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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433 **Location:** Page 109 – (new) **502.1 Amendments**
 434 Page 18 – (new) **Corporate Bylaws – 10.1 Authority to Amend and Vote Required**
 435 **Proposed by:** Board of Directors
 436 **Purpose:** To permit the Board of Directors to update the USA Swimming Rules & Regulations to fulfill requirements
 437 imposed by the United States Olympic & Paralympic Committee, the U.S. Anti-Doping Agency and the U.S.
 438 Center for SafeSport.
 439 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
 440 **Effective Date:** Immediately
 441 **502.1 AMENDMENTS** — The USA Swimming House of Delegates may amend the Rules and Regulations and certain
 442 provisions of the Corporate Bylaws at its annual meeting in accordance with Article 10 of the Corporate Bylaws and this Section
 443 502.1 of the Rules and Regulations.

- 444 .1 The USA Swimming House of Delegates may amend the Rules and Regulations at its annual meeting as follows:
445 A Parts One, Two, Three, Four, Six and Seven: by a majority vote.
446 B Part Five by a two-thirds (2/3) vote.
- 447 .2 By a two-thirds (2/3) vote, the House of Delegates may amend the following provisions within the Corporate Bylaws: the
448 number of Board members, their terms, or the number of which are elected by the House of Delegates, the composition of
449 the House of Delegates, and membership fees for membership classes in existence as of the 2017 registration year (see
450 2.7.1A and B of the Corporate Bylaws).
- 451 .3 ~~Additionally,~~ The Rules & Regulations Committee may alter, amend, or repeal any portion of Part One or Part Seven of the
452 USA Swimming Rules and Regulations at any time to conform to the rules of the Federation Internationale de Natation
453 (FINA).
- 454 .4 The Board of Directors may alter, amend, or repeal any portion of the USA Swimming Rules & Regulations at any time to
455 conform to the rules and requirements of the United States Olympic & Paralympic Committee (USOPC), the United States
456 Anti-Doping Association (USADA), and/or the U.S. Center for SafeSport.

457 [re-number remaining]

458 10.1 AUTHORITY TO AMEND AND VOTE REQUIRED

- 459 .1 These Corporate Bylaws, excepting those items outlined below in 10.1.4, may be altered, amended or repealed by the
460 Board of Directors by a two-thirds (2/3) majority vote. The Board of Directors shall have no authority to amend the USA
461 Swimming Rules and Regulations except as permitted under 4.7 of these Bylaws (Authority/Emergency Powers).
- 462 .2 The Rules & Regulations Committee may alter, amend, or repeal any portion of Part One or Part Seven of the USA
463 Swimming Rules and Regulations at any time to conform to the rules of the Federation Internationale de Natation (FINA).
- 464 .3 The USA Swimming House of Delegates may amend the Rules and Regulations at its annual meeting as follows:
465 A Parts One, Two, Three, Four, Six and Seven: by a majority vote.
466 B Part Five by a 2/3 vote.
- 467 .4 The Board of Directors may alter, amend, or repeal any portion of the USA Swimming Rules & Regulations at any time to
468 conform to the rules and requirements of the United States Olympic & Paralympic Committee (USOPC), the United States
469 Anti-Doping Association (USADA), and/or the U.S. Center for SafeSport.
- 470 .4.5 By a two-thirds (2/3) vote, the House of Delegates may amend the following provisions of the Corporate Bylaws: the number
471 of Board members, their terms, or the number of which are elected by the House of Delegates, the composition of the
472 House of Delegates, and membership fees for membership classes in existence as of the 2017 registration year (see 2.7.1A
473 and B of these Bylaws).

R-20	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 474 **Location:** Page 114 – **602.7 USA Swimming Rules & Regulations Committee Jurisdiction over LSC Bylaws**
475 Page 114 – **602.8 LSC Bylaws**
- 476 **Proposed by:** Board of Directors
- 477 **Purpose:** To manage requested changes to LSC bylaws by USA Swimming staff to remove the administrative burden to
478 the Rules Committee.
- 479 **Recommendation:** *The Rules and Regulations Committee makes no recommendation.*
- 480 **Effective Date:** January 1, 2022
- 481 ~~**602.7 USA SWIMMING RULES & REGULATIONS COMMITTEE JURISDICTION OVER LSC BYLAWS**~~ This Article
482 grants jurisdiction to the USA Swimming Rules & Regulations Committee relating to the Required LSC Bylaws.
- 483 .1 ~~Jurisdiction of the Rules & Regulations Committee~~ The USA Swimming Rules & Regulations Committee is authorized
484 and directed to assume jurisdiction over (a) changes to the mandatory portions of the Required LSC Bylaws, (b) approval of
485 the use of certain alternative provisions set forth in Required LSC Bylaws, (c) review and approval of all Bylaws adopted by
486 the LSCs and (d) review and approval of all subsequent amendments to the Bylaws by an LSC and related matters. The

487 ~~USA Swimming Rules & Regulations Committee may adopt rules and procedures to govern the invocation and exercise of~~
488 ~~this jurisdiction which may be appropriate and helpful and in the best interests of the sport of swimming.~~

489 ~~.2 Request for Approval — An LSC may request permission to change mandatory provisions of the Required LSC Bylaws or~~
490 ~~request an approval as required in Required LSC Bylaws in a written application conforming to the rules and procedures~~
491 ~~adopted by the USA Swimming Rules & Regulations Committee. The request shall be addressed to the Chair of the USA~~
492 ~~Swimming Rules & Regulations Committee. The approval power of the USA Swimming Rules & Regulations Committee~~
493 ~~over requested changes to mandatory parts of the Bylaws shall be applied generously where an LSC demonstrates a need~~
494 ~~for the changes.~~

495 ~~.3 Action by Committee — The changes may be approved or disapproved in their entirety, or the USA Swimming Rules &~~
496 ~~Regulations Committee may modify the requested change as appears to be in the best interests of swimming. The USA~~
497 ~~Swimming Rules & Regulations Committee may adopt reasonable rules and procedures regarding the form and content of~~
498 ~~the application for permission, its deliberations and decisions.~~

499 ~~.4 Deadline for Decision — The USA Swimming Rules & Regulations Committee shall make its determination within forty five~~
500 ~~(45) days of receipt by its Chair of the request; failing which, the request shall be deemed to have been approved unless the~~
501 ~~Chair shall certify that more than ten (10) approvals are pending at the end of that period.~~

502 ~~.5 Appeal of Decisions — An LSC may appeal a decision of any USA Swimming Rules & Regulations Subcommittee to the full~~
503 ~~Rules & Regulations Committee. An LSC may appeal a decision of the USA Swimming Rules & Regulations Committee to~~
504 ~~the USA Swimming Board of Directors.~~

505 ~~602.8 Amendments to the LSC Bylaws must be submitted to the USA Swimming Rules & Regulations Committee in~~
506 ~~accordance with this Article 602. Once the amendments have been approved, the LSC shall forward the amended Bylaws to the~~
507 ~~USA Swimming National Office.~~

508 **602.7 JURISDICTION OVER LSC BYLAWS**

509 .1 The USA Swimming National Office is authorized and directed to assume jurisdiction over (a) requested changes to the
510 mandatory portions of the Required LSC Bylaws, (b) approval of the use of certain alternative provisions set forth in
511 Required LSC Bylaws, (c) review and approval of all Bylaws adopted by the LSCs and (d) review and approval of all
512 subsequent amendments to the Bylaws by an LSC and related matters.

513 .2 An LSC may appeal a decision of the USA Swimming National Office to the Rules & Regulation Committee. An LSC may
514 appeal a decision of the USA Swimming Rules & Regulations Committee to the USA Swimming Board of Directors.

R-21	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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515 **Location:** Page 119 – **604.3 Formation of a New LSC**

516 **Proposed by:** David Salo, National Team Steering Committee Member

517 **Purpose:** To align the formation of a new LSC adoption vote with that of other Article 604 adoption votes.

518 **Recommendation:** *The Rules and Regulations Committee makes no recommendation.*

519 **604.3 FORMATION OF A NEW LSC**

520 .1 If two-thirds (2/3) of the number of Club Members in a contiguous area within an LSC wish to form a new and independent
521 LSC, and should the House of Delegates of the LSC, by a ~~two-thirds (2/3)~~ majority vote of the members present approve the
522 change, the proposed formation of the new LSC shall be submitted to the Chair of the USA Swimming Rules & Regulations
523 Committee. Such request must be received by the Chair prior to April 1.

524 .2-4 [no changes]

R-22	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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525 **Location:** Page 120 – **605.2 Zone Bylaws, Elections of Directors and Voting**

526 **Proposed by:** Board of Directors

527 **Purpose:** To better reflect the administrative nature of Zones.

528 **Recommendation:** *The Rules and Regulations Committee recommends approval.*

529 **Effective Date:** Immediately

530 **605.2 ZONE BYLAWS ADMINISTRATIVE PROCEDURES, ELECTIONS OF DIRECTORS AND VOTING**

531 .1 Each Zone shall adopt ~~Bylaws~~ Administrative Procedures which shall govern its affairs and shall be approved by the USA
532 Swimming Secretary & General Counsel or his/her designee.

533 .2 Zone Directors shall be elected in accordance with Zone ~~Bylaws~~ Administrative Procedures.

534 .3 On all voting matters, each LSC is entitled to five votes, of which at least one vote must be designated to the LSC Athlete
535 Representative(s). If no Athlete Representative is present, the LSC shall cast only four votes.

R-23	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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536 **Location:** Page 123 – **701.1 Events/Meets**
537 Page 125 – **701.5 Swimwear**

538 **Proposed by:** Open Water Committee

539 **Purpose:** To clarify the use of wetsuits for open water competitions.

540 **Recommendation:** *The Rules and Regulations Committee has postponed a recommendation pending further clarification from*
541 *proposer.*

542 **ARTICLE 701**
543 **CONDUCT AND OFFICIATING OF THE COMPETITION**

544 **701.1 EVENTS/MEETS**

545 .1 Recommended individual events are listed in 102.1.3.

546 .2 **Wetsuit Events** — ~~For open water swimming competitions in water with temperature below 20°C (68°F), men and women~~
547 ~~may use either swimsuits or wetsuits. When the water temperature is below 18°C (64.4°F), the use of wetsuits is~~
548 ~~compulsory.~~

549 A At Junior National and National Championships and any sanctioned open water competition with a race distance of
550 5k and greater, FINA rules regarding use of wetsuits shall apply.

551 B For all other open water competitions with water temperature below 20.0°C (68.0°F), participants may use either
552 swimsuits or wetsuits (refer to 701.5.5).

553 .3 Team Events — Team events may be conducted in various formats concurrently with individual events, with the results
554 achieved in the individual event used to compute the team scoring as announced in the meet announcement.

555 **701.5 SWIMWEAR**

556 .1 No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed, endurance, or buoyancy. A
557 maximum of two (2) caps may be used.

558 .2 Except as provided in 701.1.2, wetsuits, flotation aids or any similar items, and anything used to maintain body heat, except
559 a reasonable application of body grease, are not allowed.

560 .3 Only swimsuits complying with FINA Open Water swimsuit specifications may be worn in any USA Swimming sanctioned or
561 approved open water competition.

562 .4 Swimsuits for both men and women shall not cover the neck, extend past the shoulder, nor extend below the ankle.

563 .5 **Wetsuits** — Wetsuits are swimsuits made of material providing thermal insulation. Wetsuits for both men and women shall
564 completely cover the torso, back, ~~shoulders and knees~~ and shall not extend beyond the neck, wrists or ankles. The
565 thickness of material(s) used shall be ~~minimum 3 mm and~~ a maximum 5 mm. In addition, the outer surface of the wetsuit
566 shall not include outstanding shapes, such as ridges, fins, etc.

R-24	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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567 **Location:** Page 123 – **701.2 Eligibility**
568 Page 133 – **Article 704 (new) Zone Open Water Championships**
569 **Proposed by:** Open Water Committee
570 **Purpose:** To create a section on Zone Open Water Championships.
571 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
572 ~~**701.2 ELIGIBILITY** – Age for Open Water Zone Championships shall be determined by the swimmer's age as of December~~
573 ~~31 of that year.~~
574 [re-number remaining]

ARTICLE 704
ZONE OPEN WATER CHAMPIONSHIPS

[Renumber Remaining]

578 **704.1 EVENTS** – A 5k shall be a required event for all Zone Open Water Championships and designated as the qualifying
579 event for the Open Water Junior National and National Championships. All other events for Zone Open Water Championships
580 shall be determined by the Zone.
581 **704.2 ELIGIBILITY** – Age for Open Water Zone Championships shall be determined by the swimmer's age as of December 31
582 in the year of competition.
583 [re-number remaining]

R-25	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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584 **Location:** Page 127 – **701.10 Officials**
585 **Proposed by:** Open Water Committee
586 **Purpose:** To clarify the required officials for open water competitions.
587 **Recommendation:** *The Rules and Regulations Committee has not yet reviewed this proposal.*
588 **Effective Date:**
589 ~~**701.10 OFFICIALS** – There should be no fewer than the following officiating positions filled. The positions of Referee, Safety~~
590 ~~Officer, Finish Judge and Timer shall not be combined with the duties of any other official.~~
591 ~~The Referee, Assistant Referee, Administrative Referee or Administrative Official, and Starter must have passed the USA~~
592 ~~Swimming Open Water Referee online test prior to officiating a sanctioned Open Water competition.~~
593 ~~Referee~~ Assistant Referee
594 ~~Administrative Referee or Administrative Official~~ Announcer
595 ~~Safety Officer~~ Medical Officer
596 ~~Course Officer~~ Clerk of Course
597 ~~Starter~~ Chief Timer and 3 timers
598 ~~Chief Finish Judge and 2 finish judges~~ Recorder
599 ~~Race Judge (one per competitor in escorted races)~~
600 ~~Turn Judge (one at each change in the direction of the course)~~
601 **701.10 OFFICIALS** – The Referee, Administrative Referee, and Starter must have passed the USA Swimming Open Water
602 Referee online test prior to officiating a sanctioned Open Water competition.
603 .1 The following positions are required for all open water competitions:
604 Referee*
605 Administrative Referee* or Administrative Official*
606 Finish Judge
607 Meet Director *
608 Independent Safety Monitor*

- 609 Medical Officer*
- 610 Turn Judge (one at each change in the direction of the course)
- 611 Starter
- 612 *Note: All positions noted with an asterisk (*) above shall not be combined with any other role.*
- 613 .2 The following additional positions are recommended for all open water competitions, and are required for championship
- 614 meets at or above the zone level:
- 615 Recorder
- 616 Race Judge (one per competitor in escorted races)
- 617 Timer
- 618 Announcer
- 619 Course Officer
- 620 The Clerk Of Course
- 621 Assistant Referee

R-26	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 622 **Location:** Page 5 – **(new) Corporate Bylaws Article 4.2 Voting Board Members**
- 623 **Proposed by:** Athletes' Executive Committee
- 624 **Purpose:** To provide appropriate representation of the athlete membership on the Board of Directors.
- 625 **Recommendation:** *The Rules and Regulations Committee makes no recommendation.*
- 626 **Effective Date:** Immediately

**ARTICLE 4
 BOARD OF DIRECTORS**

- 629 **4.1 GENERAL MEMBERSHIP** – The Board of Directors shall have ~~fifteen (15)~~ eighteen (18) voting members. The
- 630 President/CEO and Secretary/General Counsel shall be ex-officio members with no vote
- 631 **4.2 VOTING BOARD MEMBERS** shall be as listed herein; a minimum of one individual from each zone's geographic area shall
- 632 be maintained among the members who are elected by the House of Delegates; a minimum of three coaches shall be
- 633 maintained, inclusive of the Chair of the National Team Steering Committee.
- 634 .1-.2 [no changes]
- 635 .3 ~~Three~~ Four "athlete representatives" (as defined in the then-current USOC Bylaws) directly elected by athletes who meet
- 636 the same standards as an "athlete representative" shall be voting members.
- 637 .4 Two additional athlete members, not bound to the competition criteria defining "athlete representatives" as defined in the
- 638 then-current USOC Bylaws, directly elected by the Athletes Committee shall be voting members.
- 639 [re-numbering remaining]

R-27	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 640 **Location:** Page 13 – **Corporate Bylaws Article 6.1 Organization**
- 641 **Proposed by:** Athletes' Executive Committee
- 642 **Purpose:** To clarify the requirements of athlete representation in the House of Delegates.
- 643 **Recommendation:** *The Rules and Regulations Committee makes no recommendation.*
- 644 **Effective Date:** Immediately

**ARTICLE 6
 HOUSE OF DELEGATES**

6.1 ORGANIZATION

- 648 .1 [no change]
- 649 .2 The members of the Athletes Executive Committee and ten (10) National Representatives, five (5) being appointed each
650 year by the Athletes Chair and each serving a two (2)-year term, shall be members of the House of Delegates. The National
651 Representatives and their alternates must at the time of their appointment be engaged in senior swimming, or have
652 competed in USA Swimming Championships within five (5) years preceding their appointment. The Board Chair may
653 appoint, from a slate of nominees submitted by the Athletes Committee, such further at-large athlete members so as to
654 bring the total athlete representation in the House of Delegates to at least twenty percent (20%). “Weighted” membership or
655 voting may not be used to satisfy this quota.

R-28	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 656 **Location:** Article 4.8 Meeting Location and Time – Require LSC Bylaws Template
- 657 **Proposed by:** Rules & Regulations Committee
- 658 **Purpose:** The COVID-19 pandemic has made it obvious that a provision is needed to permit virtual meetings of the
659 HOD if certain public health and public safety circumstances prevail.
- 660 **Recommendation:** *The Rules and Regulations Committee recommends approval.*
- 661 **Effective Date:** Immediately
- 662 4.8 MEETING LOCATION AND TIME - All meetings of the House of Delegates shall take place at a site
663 within the Territory. The House of Delegates or the Board of Directors shall determine the location and
664 time of all meetings of the House of Delegates. If federal, state, or local law, policy, or regulation prohibits
665 physical gathering sufficient to conduct a House of Delegates meeting within the Territory, a House of
666 Delegates meeting may be conducted through conference equipment by means of which all persons
667 participating in the meeting can hear each other at the same time. In that circumstance, participation by
668 such means shall constitute presence at that meeting.
- 669 *If the LSC state of incorporation does not permit electronic meetings, the LSC should not include this language.*

R-29	ACTION:	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Pulled
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- 670 **Location:** 6.2 Other Directors - Required LSC Bylaws Template
- 671 **Proposed by:** Maryland Swimming
- 672 **Purpose:** To provide a third provision for Athlete Representatives where representatives are elected to one year terms.
- 673 **Recommendation:** *The Rules and Regulations Committee has postponed a recommendation pending further clarification from*
674 *proposer.*
- 675 6.2 OTHER DIRECTORS

<p>676 Two Three provisions are offered concerning the method of selection of the Athlete Representatives to the Board of 677 Directors. Select one and delete the other <u>two</u>.</p>

- 678 .1 ATHLETE REPRESENTATIVES -
679 *Provision A:* Two (2) Athlete Representatives shall be elected, one each year for a two-year term, or
680 until their respective successors are elected. At the time of election, the Athlete Representative must
681 (a) be an athlete member in good standing; (b) be at least a sophomore in high school or at least 16
682 years of age, (c) be currently competing, or have competed within the three (3) immediately
683 preceding years, in the program of swimming conducted by XXSI or another LSC; and (d) have his
684 or her place of permanent residence in the Territory and expect to reside therein throughout at least
685 the first half of the term (other than periods of enrollment in an institution of higher education). The
686 balloting shall take place via electronic vote^[1] and/or at a meeting called for that purpose by the
687 Senior Athlete Representative *or the Athletes Committee*, or failing that, at a time and in a manner
688 designated by the Board of Directors. At least *twenty (20) days'* written notice of the election shall
689 be given to all clubs. The Athlete Representatives elected shall be determined by a majority of the
690 [define the athlete voting members who elect the Athlete Representatives].

691 *Provision B:* Two (2) Athlete Representatives shall be elected by the House of Delegates, one each
692 year, for a two-year term or until their respective successors are elected. At the time of election, the
693 Athlete Representative must (a) be an athlete member in good standing; (b) be at least a sophomore
694 in high school or at least 16 years of age, (c) be currently competing, or have competed within the
695 three (3) immediately preceding years, in the program of swimming conducted by XXSI or another
696 LSC; and (d) have his or her place of permanent residence in the Territory and expect to reside
697 therein throughout at least the first half of the term (other than periods of enrollment in an institution
698 of higher education).

699 *Provision C:* Two (2) Athlete Representatives shall be elected, ~~one~~ two each year for a one-year
700 term, or until their respective successors are elected. At the time of election, the Athlete
701 Representative must (a) be an athlete member in good standing; (b) be at least a sophomore in high
702 school or at least 16 years of age, (c) be currently competing, or have competed within the three (3)
703 immediately preceding years, in the program of swimming conducted by XXSI or another LSC; and
704 (d) have his or her place of permanent residence in the Territory and expect to reside therein
705 throughout at least the first half of the term (other than periods of enrollment in an institution of
706 higher education). The balloting shall take place via electronic vote^[1] and/or at a meeting called for
707 that purpose by the Senior Athlete Representative or the Athletes Committee, or failing that, at a time
708 and in a manner designated by the Board of Directors. At least *twenty (20)* days' written notice of
709 the election shall be given to all clubs. The Athlete Representatives elected shall be determined by a
710 majority of the [define the athlete voting members who elect the Athlete Representatives].