### Proposed Amendments to Rules & Regulations

**May 2020**

**USA SWIMMING**

**RULES & REGULATIONS COMMITTEE**

**PROPOSED**

**AMENDMENTS TO 2020 RULES AND REGULATIONS**

<table>
<thead>
<tr>
<th>No.</th>
<th>Description</th>
<th>Location</th>
<th>Recommendation</th>
</tr>
</thead>
<tbody>
<tr>
<td>R-1</td>
<td>To clarify what constitutes an Official Time</td>
<td>Glossary (new)</td>
<td>Approval</td>
</tr>
<tr>
<td>R-2</td>
<td>To define Intra-Squad and and Virtual Meets</td>
<td>Glossary, 102.1 (new) &amp; 102.10</td>
<td>Approval</td>
</tr>
<tr>
<td>R-3</td>
<td>To clarify a Time Trial must be a sanctioned, approved or observed event</td>
<td>Glossary</td>
<td>Approval</td>
</tr>
<tr>
<td>R-4</td>
<td>To assign authority and responsibility for the sanctioning or approving of all open water meets to USA Swimming</td>
<td>202.1</td>
<td>No Recommendation</td>
</tr>
<tr>
<td>R-5</td>
<td>To clarify and refine requirements and process for sanctioning or approval of open water meets</td>
<td>202.4, 202.6 &amp; 701.3</td>
<td>Approval</td>
</tr>
<tr>
<td>R-6</td>
<td>To create a Sectional Business Committee to oversee meets and to address overcrowding by reducing the number of swimmers at two course meets</td>
<td>204.9</td>
<td>Postponed Recommendation</td>
</tr>
<tr>
<td>R-7</td>
<td>To permit flexibility in scheduling the U.S. Championships</td>
<td>206.1</td>
<td>Approval</td>
</tr>
<tr>
<td>R-8</td>
<td>To provide the National Team Managing Director with flexibility in scheduling the U.S. Open Championships</td>
<td>206.4</td>
<td>Approval</td>
</tr>
<tr>
<td>R-9</td>
<td>To reflect USA Swimming current practices.</td>
<td>207.1</td>
<td>Approval</td>
</tr>
<tr>
<td>R-10</td>
<td>To include both Long Course and Short Course World Championships as Trials Class Meets</td>
<td>207.5</td>
<td>Approval</td>
</tr>
<tr>
<td>R-11</td>
<td>To facilitate the implementation of online membership registration</td>
<td>302.2</td>
<td>Approval</td>
</tr>
<tr>
<td>R-12</td>
<td>To update doping control language to account for athlete support personnel and other persons, consistent with USOPC requirements</td>
<td>Article 303</td>
<td>Approval</td>
</tr>
<tr>
<td>R-13</td>
<td>To require all USA Swimming member clubs to adopt a photography policy to enhance our Minor Athlete Abuse Prevention Policies</td>
<td>Article 305</td>
<td>Approval</td>
</tr>
<tr>
<td>R-14</td>
<td>To memorialize the existing practice of having NBOR complaints sent to and handled by the CEO’s designee</td>
<td>405.1,.3,.4, 406.1,.3 &amp; 407.1</td>
<td>Approval</td>
</tr>
<tr>
<td>R-15</td>
<td>To align athlete representation on committees with USOPC Bylaws and to provide for designees for certain ex-officio members on the Rules &amp; Regulations Committee</td>
<td>501.1</td>
<td>Approval</td>
</tr>
<tr>
<td>R-16</td>
<td>To ensure appropriate athlete representation within national committees</td>
<td>501.1</td>
<td>Postponed Recommendation</td>
</tr>
<tr>
<td>R-17</td>
<td>To clarify the requirements and eligibility of Athlete Representatives serving on operational committees</td>
<td>501.2 (new)</td>
<td>Approval</td>
</tr>
<tr>
<td>R-18</td>
<td>To provide for biennial legislation in odd years</td>
<td>502.1</td>
<td>Approval</td>
</tr>
<tr>
<td>R-19</td>
<td>To permit the Board of Directors to update the USA Swimming Rules &amp; Regulations to fulfill requirements imposed by the United States Olympic &amp; Paralympic Committee, the U.S. Anti-Doping Agency and the U.S. Center for SafeSport</td>
<td>502.1 (new) &amp; Corp. Bylaws 10.1 (new)</td>
<td>Approval</td>
</tr>
<tr>
<td>R-20</td>
<td>To manage requested changes to LSC bylaws by USA Swimming staff to remove the administrative burden to the Rules Committee</td>
<td>602.7 &amp; 602.8</td>
<td>No Recommendation</td>
</tr>
<tr>
<td>R-21</td>
<td>To align the formation of a new LSC adoption vote with that of other Article 604 adoption votes</td>
<td>604.3</td>
<td>No Recommendation</td>
</tr>
<tr>
<td>R-22</td>
<td>To better reflect the administrative nature of Zones</td>
<td>605.2</td>
<td>Approval</td>
</tr>
<tr>
<td>R-23</td>
<td>To clarify the use of wetsuits for open water competitions</td>
<td>701.1 &amp; 701.5</td>
<td>Postponed Recommendation</td>
</tr>
</tbody>
</table>
## Proposed Amendments to Rules & Regulations

**USA SWIMMING**

**RULES & REGULATIONS COMMITTEE**

**PROPOSED**

**AMENDMENTS TO 2019 RULES AND REGULATIONS**

<table>
<thead>
<tr>
<th>No.</th>
<th>Description</th>
<th>Location</th>
<th>Recommendation</th>
</tr>
</thead>
<tbody>
<tr>
<td>R-24</td>
<td>To create a section on Zone Open Water Championships</td>
<td>701.2 &amp; Article 704 (new)</td>
<td>Approval</td>
</tr>
<tr>
<td>R-25</td>
<td>To clarify the required officials for open water competitions</td>
<td>701.10</td>
<td>Not Yet Reviewed</td>
</tr>
<tr>
<td>R-26</td>
<td>To provide appropriate representation of the athlete membership on the Board of Directors</td>
<td>Corp. Bylaws Article 4.2 (new)</td>
<td>No Recommendation</td>
</tr>
<tr>
<td>R-27</td>
<td>To clarify the requirements of athlete representation in the House of Delegates</td>
<td>Corp. Bylaws Article 6.1</td>
<td>No Recommendation</td>
</tr>
<tr>
<td>R-28</td>
<td>The COVID-19 pandemic has made it obvious that a provision is needed to permit virtual meetings of an LSC HOD if certain public health and public safety circumstances prevail</td>
<td>Required LSC Bylaws 4.8</td>
<td>Approval</td>
</tr>
<tr>
<td>R-29</td>
<td>To provide a third provision for Athlete Representatives where representatives are elected to one year terms</td>
<td>Required LSC Bylaws 6.2</td>
<td>Postponed Recommendation</td>
</tr>
</tbody>
</table>
**USA SWIMMING**

**RULES & REGULATIONS COMMITTEE**

**PROPOSED AMENDMENTS TO RULES AND REGULATIONS**

<table>
<thead>
<tr>
<th>R-1</th>
<th>ACTION:</th>
<th>Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>Page 14 – (new) Official Glossary</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Proposed by:</td>
<td>Times and Recognition Committee</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Purpose:</td>
<td>To clarify what constitutes an Official Time.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee recommends approval.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Official Time – a time achieved in a USA Swimming sanctioned or approved competition or in an observed swim in accordance with USA Swimming rules.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>R-2</th>
<th>ACTION:</th>
<th>Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>Page 14 – (new) Official Glossary</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Proposed by:</td>
<td>Times and Recognition Committee</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Purpose:</td>
<td>To define Intra-Squad and Virtual Meets.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee recommends approval.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Effective Date:</td>
<td>Immediately</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Intra-Squad Meet – a competition exclusively among members of a single club.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Virtual Meet – a competition held at multiple venues.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**102.1 EVENTS** — Meets should be planned to terminate within a maximum period of eight (8) hours of competitive events for any group of swimmers in any one day and to provide adequate meal and rest breaks and properly supervised sheltered rest areas. Refer to 205.3.1 F for additional provisions.

.1-.5 [no changes]

.6 **VIRTUAL EVENTS** — A Virtual Meet shall be conducted with the same order of events with all results merged. All venues shall complete their competition within a ten (10) day period. It shall be officiated in accordance with 102.10 at each venue and conducted according to the Virtual Meet guidelines.

**102.10 OFFICIALS**

.1 All officials accepting an invitation to officiate at a swimming meet should arrive promptly and report immediately to the Meet Director or Meet Referee.

.2 All officials acting in the capacity of Referee, Starter, Administrative Official, or Stroke and/or Turn Judge at a swimming meet shall be certified in such position by their LSC prior to being assigned to officiate in that capacity. Uncertified trainees may perform the duties of such positions when they are under the direct supervision of a certified official. See Article 202 for USA Swimming membership requirements.

.3 For all swimming meets or time trials, With the exception of intra-squad and dual meets, there should not be fewer than the following officiating positions filled or approved by the LSC in authority for all swim meets and time trials. Officials other than the Referee and Administrative Official may act in more than one officiating capacity only when sufficient qualified officials are not available, but no one may simultaneously time and judge the order of finish. An LSC House of Delegates may establish additional minimum requirements.

1 Referee
Proposed Amendments to Rules & Regulations
May 2020

1 Starter
3 Timers per lane (one minimum if automatic equipment with touchpads is used)
1 Clerk of Course (if applicable)
1 Place Judge (2 are preferred)
2 Stroke Judges and 2 Turn Judges or 2 Stroke & Turn Judges Relay Take-off Judges (if applicable)
1 Administrative Official
1 Announcer Timing Equipment Operators (as needed)
Marshall(s) (number determined by the LSC)

.4 Minimum Number of Officials Required for Dual and Intra-Squad Meets
1 Referee, who may also act as a stroke and turn judge
1 Starter 1 Other Stroke and Turn Judge (may be the Starter)
1 Announcer
3 Timers per lane (one minimum if automatic timing equipment with touchpads is used)
1 Administrative Official
1 Place Judge
Relay Take-off Judges (if applicable)
Timing Equipment Operators (as needed)
Marshall(s) (number determined by the LSC)

<table>
<thead>
<tr>
<th>R-3</th>
<th>ACTION: Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>Page 25 – 102.1 Events</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Proposed by:</td>
<td>Times and Recognition Committee</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Purpose:</td>
<td>To clarify a Time Trial must be a sanctioned, approved or observed event.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee recommends approval.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1.-4 [no changes]</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>.5 TIME TRIALS — Time trial events may be held in conjunction with a sanctioned, approved, or observed competition if all information about the conduct of the time trials is included in the meet announcement as sanctioned or approved by the LSC. If time trials are held as a separate event, they shall be sanctioned, approved, or observed in compliance with Article 202.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>R-4</th>
<th>ACTION: Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>Page 59 – 202.1 Jurisdiction</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Proposed by:</td>
<td>Open Water Committee</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Purpose:</td>
<td>To assign authority and responsibility for the sanctioning or approving of all open water meets to USA Swimming.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee has no recommendation.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>202.1 JURISDICTION — As the National Governing Body for competitive swimming in the United States and as a Federation member of FINA, USA Swimming has the sole and exclusive authority to sanction or approve domestic and international swimming competition conducted within its jurisdiction. Each Local Swimming Committee (LSC) has been authorized by USA Swimming to issue the sanction or approval for all swimming competition and benefits, exhibitions, clinics and entertainment involving competitive swimming within its geographical boundaries, except that USA Swimming shall sanction all open water competitions and national swimming competitions as defined by the President/CEO or his/her designee. Additional requirements/conditions for sanction or approval, other than those listed in Article 202, may be established by a vote of the LSC House of Delegates in accordance with LSC Bylaws.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Note: This item will be withdrawn if R-4 is not adopted.

Location: Page 60 – 202.4 Requirements for Sanction
Page 63 – 202.6 Requirements for Approval
Page 123 – 701.3 Rules

Proposed by: Open Water Committee
Purpose: To clarify and refine requirements and process for sanctioning or approval of open water meets.

Recommendation: The Rules and Regulations Committee recommends approval.

202.4 REQUIREMENTS FOR SANCTION - Sanctions are issued, withheld or withdrawn in accordance with the following regulations:

.1-6 [no changes]

.7 Applicants for sanction of an open water competition shall complete the application approved provided by USA Swimming.

Before an open water competition application is submitted approved, is sanctioned by the LSC sanction officer shall submit review the membership dues and fees portion of the completed sanction packet to USA Swimming for review and approval application. USA Swimming shall review the technical and safety aspects of the completed application.

.8 The Host Committee of an open water competition shall develop a safety plan for the competition in compliance with all requirements included in the published application for sanction of an open water event.

[re-number remaining]

.9 [no change]

.10 Application for sanction must be accompanied by a copy of the complete meet announcement which must include the following:

A-M [no changes]

N For open water competitions, the policy for abandonment, the race timeline, the course map, and a statement whether the race will be an “escorted” or “unescorted” event.

.11 [no change]

.12 The sanction fee, including those for open water meets, shall be as established by the LSC; those for national and international meets shall be established by the USA Swimming Board of Directors.

.13-14 [no changes]

.15 If an event is to be contested in more than one LSC’s or country’s jurisdiction, the application for sanction shall be submitted to reviewed by the LSC in which the event begins and submitted to USA Swimming. The sanctioning LSC USA Swimming shall notify the other LSC(s) and/or the governing body of the other country in which the event is being contested of details of the event.

202.6 REQUIREMENTS FOR APPROVAL — Approval of competition may be issued, withheld or withdrawn by an LSC in accordance with the following regulations:

.1 [no change]

.2 Applicants for approval of an open water competition shall complete the application approved provided by USA Swimming.

Before an open water competition application is approved, by the LSC, the LSC sanction officer shall submit review the membership dues and fees portion of the completed sanction/approval packet to USA Swimming for review and approval application. USA Swimming shall review the technical and safety aspects of the completed application.

.3-5 [no changes]

.6 Written application for approval shall be made not later than the period established by the LSC (or by USA Swimming for open water) prior to the competition. The LSC may establish a fee for processing such applications, including those for open water meets.
Proposed Amendments to Rules & Regulations
May 2020

water. Application for approval shall be accompanied by the meet announcement which shall include the following:

A-G  [no changes]

H  For open water competitions, the policy for abandonment, the race timeline, the course map, and a statement whether the race will be an “escorted” or “unescorted” event

.7-15 [no changes]

.16 All approvals must be signed by an authorized representative of the LSC and a record thereof kept by the LSC. Open Water approvals must be signed by an authorized representative of USA Swimming and a record thereof kept by USA Swimming.

.17 Approval may be withheld or withdrawn by the LSC if the competition was not conducted in accordance with the above requirements.

.18 An open water approval may be withheld or withdrawn by USA Swimming prior to the competition. Approval may be withheld or withdrawn by USA Swimming if the competition was not conducted in accordance with the above requirements.

.19 If an event is to be contested in more than one LSC’s or country’s jurisdiction, the application for approval shall be submitted to reviewed by the LSC in which the event begins and submitted to USA Swimming. The LSC granting the approval USA Swimming shall notify the other LSC(s) and/or the governing body of the other country in which the event is being contested of details of the event.

701.3 RULES

.1 All open water competitions shall be freestyle events.

.2 The Host Committee shall include in the meet announcement:

A. The policy for abandonment; and

B. Whether the race will be an “escorted” or “unescorted” swim.

.3 The Host Committee shall develop a safety plan for the competition in compliance with all requirements included in the published application for sanction of an open water event.

R-6 ACTION:  Adopted  Defeated  Adopted/Amended  Tabled  Postponed  Pulled

| Location: | Page 69 – 204.9 Sectional Championships |
| Proposed by: | Senior Development Committee |
| Purpose: | To create a Sectional Business Committee to oversee meets and to address overcrowding by reducing the number of swimmers at two course meets. |
| Recommendation: | The Rules and Regulations Committee has postponed a recommendation pending further clarification from proposer. |
| Effective Date: | Immediately |

204.9 SECTIONAL CHAMPIONSHIPS

.1 Each Zone shall designate its Sections. Each Sectional meet shall be governed by a Sectional Business Committee comprised of elected officers. Oversight and selection criteria of each Sectional Business Committee shall be governed by each Zone’s Policies & Procedures.

.2 The Senior Development Committee will set nationwide time standards for Sectionals. Individual Sections may have standards that are slower than these standards, but not faster.

.3 The goal size for the Sectional meet is 700 athletes. If 800 or more athletes enter a given meet, the Section shall either (a) tighten the time standards (but not faster than the maximum standards established by the Senior Development Committee), or (b) split the meet into two meets for the following year. For meets held in two courses, the goal size of the meet is 1,000-800 athletes. If 1,400-900 or more athletes enter a given meet, the Section shall either (a) tighten the time standards (but not faster than the maximum standards established by the Senior Development Committee), (b) limit the out-of-section...
Proposed Amendments to Rules & Regulations
May 2020

Section 1. Proposed Amendments to Rules & Regulations

Propositions for the upcoming meet include

1.3 If the number of athletes exceeds the entry cap, or if the number of swimmers is greater than the entry cap, then the meet may be split into two meets. The meet may also add an additional meet for the following year.

1.4 Sectional meets shall use Online Meet Entry, via USA Swimming. The number of Sectional meets in each Zone is determined by the number of athletes that entered Sectional meets via Online Meet Entry for the meet the previous year.

1.5 USA Swimming shall provide a bid form, financial and operating agreements and all other documents related to the responsibilities of the meet host and conduct of the event. Each Section shall notify the Zone Directors of bid winners for the following year's meets by the close of the annual meeting of USA Swimming's House of Delegates.

---

R-7 ACTIONS: Adopted, Defeated, Adopted/Amended, Tabled, Postponed, Pulled

Location: Page 73 – 206.1 General

Proposed by: National Team Steering Committee

Purpose: To permit flexibility in scheduling the U.S. Championships.

Recommendation: The Rules and Regulations Committee recommends approval.

Effective Date: Immediately

206.1 GENERAL — USA Swimming Championships shall be conducted annually.

1. A Winter National Championships U.S. Open shall be conducted annually in November or December, the week following Thanksgiving.

2.-3 [no changes]

---

R-8 ACTIONS: Adopted, Defeated, Adopted/Amended, Tabled, Postponed, Pulled

Location: Page 74 – 206.4 Dates

Proposed by: National Team Steering Committee

Purpose: To provide the National Team Managing Director with flexibility in scheduling the U.S. Open Championships.

Recommendation: The Rules and Regulations Committee recommends approval.

Effective Date: Immediately

206.4 DATES — Unless otherwise determined and announced by the National Team Managing Director at the previous year's annual meeting, the dates shall be as follows:

1. Short Course Yards National Championships U.S. Open — To start the Thursday in November or December, as decided by the National Team Managing Director in order to best conform to the international calendar following Thanksgiving.

2.-3 [no changes]

---

R-9 ACTIONS: Adopted, Defeated, Adopted/Amended, Tabled, Postponed, Pulled

Location: Page 74 – 207.1 General

Proposed by: National Team Steering Committee

Purpose: To reflect USA Swimming current practices.

Recommendation: The Rules and Regulations Committee recommends approval.

Effective Date: Immediately

ARTICLE 207
USA SWIMMING CHAMPIONSHIPS

207.1 GENERAL — USA Swimming may conduct USA Swimming National Championships, Trials Class meets, U.S. Open
Championships, and Open Water Championships. The designation of each of these championships shall include the name of
the national sponsor, if any, for that meet. Additional sponsorship may be requested for the host club or the host LSCs provided
the sponsorship is in accordance with the USA Swimming Policy Manual and approved in writing by the Chief Marketing Officer
President/CEO or his/her designee.

<table>
<thead>
<tr>
<th>R-10</th>
<th>ACTION:</th>
<th>Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>Page 75 – <strong>207.5 Trials Class Meets</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Proposed by:</td>
<td>National Team Steering Committee</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Purpose:</td>
<td>To include both Long Course and Short Course World Championships as Trials Class Meets.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee recommends approval.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Effective Date:</td>
<td>Immediately</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**207.5 TRIALS CLASS MEETS** — Trials Class shall be the selection meets for United States teams for the Long Course
World Championships and Olympic Games and may be held in conjunction with the USA Swimming National Championships.
The Trials Class meets shall be governed by the National Team Managing Director and conducted by the Program & Events
Committee. The event format will be established by the National Team Managing Director and may emulate the Olympic Games
or Long Course World Championship program. The men’s 800 meter freestyle and women’s 1500 meter freestyle will be
conducted if the Trials are held in conjunction with the National Championships. There shall be no relays or scoring in the
Olympic Team Selection Meet. Touch pads shall conform to 103.21.3E. Only United States citizens eligible to represent the
United States on the Olympic or Long Course World Championship teams may compete in these Trials.

<table>
<thead>
<tr>
<th>R-11</th>
<th>ACTION:</th>
<th>Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>Page 92 – <strong>302.2 Application/Renewal</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Proposed by:</td>
<td>Board of Directors</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Purpose:</td>
<td>To facilitate the implementation of online member registration.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee recommends approval.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Effective Date:</td>
<td>Immediately</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**302.2 APPLICATION/RENEWAL** — Athlete membership applications and payment as set forth in Article 2.7 of the Corporate
Bylaws shall be submitted to the Registration Chair of the LSC. The Registration Chair may designate deputy registrars to
accept applications on behalf of the Chair and forward for approval.

[Re-number remaining]

<table>
<thead>
<tr>
<th>R-12</th>
<th>ACTION:</th>
<th>Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>Page 92 – <strong>303 Eligibility</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Proposed by:</td>
<td>Board of Directors</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Purpose: | To update doping control language to account for athlete support personnel and other persons, consistent
with USOPC requirements and changing references from USOC to USOPC. |
| Recommendation: | The Rules and Regulations Committee recommends approval. |
| Effective Date: | Immediately |

**ARTICLE 303**

**ELIGIBILITY**

**303.1-2** [no changes]

**303.3** As a member National Governing Body of the United States Olympic & Paralympic Committee (USOPC), and as a
As a condition of membership in USA Swimming, it is the responsibility of each athlete individual member of USA Swimming, including athletes, athlete support personnel, and other persons, to comply with all anti-doping rules of the World Anti-Doping Agency (WADA), FINA, USOPC and USA Swimming, including the USOPC National Anti-Doping Policy, the USADA Protocol for Doping Policy, and all other policies and rules adopted by WADA, FINA, the USOPC, and USA Swimming. Athlete members agree and to submit, without reservation or condition, to in-competition and out-of-competition doping controls conducted by either FINA or USA Swimming or their designees at any time and understand that the use of methods or substances prohibited by the applicable anti-doping rules make them subject to penalties including, but not limited to, disqualification and suspensions. Out-of-competition doping controls by USA Swimming may take place at USA Swimming elite level camps, training sessions at USOC facilities, or with no advance notice any time for athletes designated by USA Swimming and USA Swimming’s no advance notice testing pool. If it is determined that an individual member may have committed a doping violation, the member agrees to submit to the results management authority and processes of USA Swimming, including arbitration under the USAOPC Protocol, or to the results management authority of FINA, if applicable or referred by USAOPC.

Pursuant to USOC Bylaw Chapter XXIII, Section 2(G), the management of positive and elevated test results for USA Swimming athletes has become the responsibility of USA Swimming. Any inconsistent provisions elsewhere in USA Swimming rules are hereby superseded. USA Swimming will, without further process, enforce and publish any sanction communicated to USA Swimming by FINA or USADA resulting from adjudication of a doping control under the USADA Protocol for Olympic Movement Testing.

Note: Various housekeeping changes throughout the Rulebook to correct USOPC references are considered to be part of this legislation.

<table>
<thead>
<tr>
<th>R-13</th>
<th>ACTION:</th>
<th>Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>Page 95 – (new) 305 Minor Athlete Abuse Protection Policies</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Proposed by:</td>
<td>Board of Directors</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Purpose:</td>
<td>To require all USA Swimming member clubs to adopt a photography policy to enhance our Minor Athlete Abuse Prevention Policies.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee recommends approval.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Effective Date:</td>
<td>Immediately</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>305.3</td>
<td>Clubs shall establish their own photography policy. USA Swimming shall provide a model policy as an example, which shall serve as the default for any club that fails to establish its own policy. Club photography policies should be reviewed and agreed to annually by all athletes, parents, coaches and other non-athlete members of the club.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>R-14</th>
<th>ACTION:</th>
<th>Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>Page 99 – 405.1 Filing Complaints</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Page 100 – 405.3 Disposition After Investigation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Page 100 – 405.4 Emergency Hearing</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Page 100 – 406.1 Petition</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Page 101 – 406.3 Response</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Proposed Amendments to Rules & Regulations
May 2020

---

**407.1 Procedure**

**Proposed by:** Board of Directors

**Purpose:** To memorialize the existing practice of having NBOR complaints sent to and handled by the CEO’s designee and housekeep terminology regarding designee throughout the rulebook.

**Recommendation:** The Rules and Regulations Committee recommends approval.

**Effective Date:** Immediately

---

**405.1 FILING COMPLAINTS** — All complaints within the exclusive jurisdiction of the National Board of Review as set out in 403.1.1A through E above shall set forth the allegations and be filed with the Chief Executive Officer of USA Swimming (or his/her designee), who shall promptly perform an initial inquiry and, as appropriate, initiate an investigation of the matter as set forth below.

**405.3 DISPOSITION AFTER INVESTIGATION** — After the initial investigation has been completed, the Chief Executive Officer (or his/her designee) may decide to initiate a complaint in the name of USA Swimming by filing the complaint with the Chair of the National Board of Review and requesting that a hearing on the complaint be conducted. Any decision of the Chief Executive Officer (or his/her designee) not to forward a complaint to the National Board of Review shall be reviewed by the Board Chair of USA Swimming for a final decision. The Chief Executive Officer (or his/her designee) may also seek an emergency hearing as set forth in 405.4 below. If the Chief Executive Officer (or his/her designee) does not decide to initiate a complaint in the name of USA Swimming, then the Chief Executive Officer (or his/her designee) may (i) cause further investigation to be conducted into the alleged violations; (ii) seek to mediate the complaint; or (iii) advise the complaining party that, while USA Swimming will not initiate a complaint in its own name, the complaining party may still file his/her complaint directly with the Chair of the National Board of Review. If the complaining party chooses to go forward with the complaint, the Chair of the National Board of Review may then decide to either assign the matter for hearing or dismiss the complaint.

**405.4 EMERGENCY HEARING** — After the initial investigation has been completed and upon the request of the Chief Executive Officer (or his/her designee) in accordance with 405.3 above, the Chair of the National Board of Review may order an emergency hearing before the National Board of Review to determine if the member should be suspended pending the outcome of a full hearing before the National Board of Review. If an emergency hearing is ordered, the National Board of Review shall conduct the hearing and publish its results within twenty-one (21) days. Until such time as the National Board of Review makes a decision, all proceedings shall be confidential and not subject to disclosure to anyone other than the parties to the review and witnesses.

**406.1 PETITION** — Matters under the original jurisdiction of the National Board of Review shall be instituted by a written complaint (the “Petition”) served upon the Chief Executive Officer (or his/her designee). An investigation of the matter shall be conducted in accordance with Article 405. If the results of the investigation warrant referring the case to a National Board of Review, the Chief Executive Officer (or his/her designee) shall send a copy of the Petition together with the results of the investigation to the Chair of the National Board of Review.

**406.3 RESPONSE** — The Chair shall deliver the Notice of Hearing, together with a copy of the Petition received by the Chief Executive Officer (or his/her designee) to the Respondent(s) and a copy of the Notice of Hearing to the Petitioner(s). The Respondent(s) shall have thirty (30) days from the date of issuance to submit a written Response to the charges. The Response shall be delivered to the Chair, the Chief Executive Officer of USA Swimming (or his/her designee) and the Petitioner(s) or its counsel.

**407.1 PROCEDURE**

1. Any real party in interest, including any officer of USA Swimming or the Chief Executive Officer (or his/her designee), may appeal any decision of the National Board of Review as follows:

   A. Matters heard by the National Board of Review pursuant to its original jurisdiction, heard de novo or heard pursuant to its discretionary jurisdiction, may be appealed to the Board of Directors within thirty (30) days of the date of the issuing of its written decision.

2. The Petition on appeal is to be served upon the Chief Executive Officer (or his/her designee), as well as the other party(ies) to the National Board of Review proceeding, and shall be accompanied by a $250 filing fee payable to USA Swimming.

**Note:** Various housekeeping changes throughout the Rulebook to correct designee references is considered to be part of this legislation.
Pro

proposed Amendments to

Rules & Regulations

May 2020

R-15

ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Location: Page 107 – 501.1 Operating Committees

Proposed by: Board of Directors

Purpose: To align athlete representation on committees with USOPC Bylaws and to provide for designees for certain ex-officio members on the Rules & Regulations Committee.

Recommendation: The Rules and Regulations Committee recommends approval.

Effective Date: September 26, 2020

501.1 OPERATING COMMITTEES — the following committees shall report to the President/CEO or his or her designees:

.1 RULES & REGULATIONS COMMITTEE

A The Rules & Regulations Committee shall consist of the following:

(1) The Officials Committee Chair, the Director of Sport – Swimming and Diving of the National Federation of State High School Associations (NFHS) or designee, the Chair of the Program & Events Committee, the immediate past Chair of the Rules & Regulations Committee, the USA Swimming representative to the FINA Open Water Swimming Technical Committee and the USA Swimming representative to the FINA Technical Swimming Committee, or their respective designees;

(2) A sufficient number of active athletes appointed by the Athletes Committee to constitute at least twenty percent (20%) of the voting membership of the Committee;

(3) A representative, or his/her designee, from the NCAA and a representative, or his/her designee, from the YMCA;

(4) Eight (8) non-athlete members appointed by the President/CEO or his or her designee, at least three (3) of whom shall be coaches; and

(5) The President/CEO, and the Secretary & General Counsel of the Corporation, or their respective designees, and others appointed by the Rules & Regulations Committee Chair, as ex-officio members with voice but no vote.

B-E [no changes]

.2 NATIONAL TEAM STEERING COMMITTEE

A Membership: The National Team Steering Committee shall consist of:

(1) Eight (8) coaches selected as follows; Preceding Head Men's Olympic Coach (1) Preceding Head Women's Olympic Coach (1) The Head Women's Coach for the two (2) Long Course World Championships preceding the Olympic Games (2) The Head Men's Coach for the two (2) Long Course World Championships preceding the Olympic Games (2) Two coaches appointed by the President/CEO or his or her designee in consultation with the National Team Managing Director (2) Any vacancies on the committee shall be filled by appointment by the President or his or designee in consultation with the National Team Managing Director.

(2) The Chair of the committee shall be elected by its voting members.

(3) Once the new Head Olympic Coaches are named, they shall become ex-officio members of the National Team Steering Committee, if not already on the Committee.

(4) Two (2) athletes (different genders) selected appointed by the Athletes Committee to constitute at least twenty percent (20%) of the voting membership of the Committee; and

(5) The Chair of the Senior Development Committee, and the Chair of the Sports Medicine Committee shall be ex-officio members of the Committee with voice but no vote. The Committee may name additional ex-officio members.

B-D [no changes]

.3 SENIOR DEVELOPMENT COMMITTEE

A The Senior Development Committee shall consist of ten (10) members. The President/CEO or his or her designee shall appoint eight (8) members, at least five (5) of whom shall be coaches, and the Athletes Chair to constitute at least twenty percent (20%) of the voting membership of the Committee;
Proposed Amendments to Rules & Regulations
May 2020

10

Location: Page 107 – 501.1 Operating Committees

Proposed by: Athletes’ Executive Committee

Purpose: To ensure appropriate athlete representation within national committees.

Recommendation: The Rules and Regulations Committee has postponed a recommendation pending further clarification from proposer.

Effective Date: Immediately

501.1 OPERATING COMMITTEES — the following committees shall report to the President/CEO or his or her designee:

.1 RULES & REGULATIONS COMMITTEE

A The Rules & Regulations Committee shall consist of the following:

(1) [no change]

(2) A sufficient number of active athletes shall be appointed by the Athletes Committee Chair with the advice and consent of the athletes serving on the Board of Directors, so as to constitute at least twenty percent (20%) of the voting membership of the Committee. At least twenty percent (20%) of the voting membership shall be athlete representatives as defined by the current USOPC bylaws. An additional twenty percent (20%) of the voting membership of the committee shall be athletes who do not meet the competition criteria outlined within the current USOPC bylaws to qualify as an “athlete representative”. All athletes must at the time of his/her appointment be engaged in swimming within ten (10) years preceding his/her appointment.

(3)-(5) [no changes]

B-E [no changes]

.2 NATIONAL TEAM STEERING COMMITTEE

A-D [no changes]

.3 SENIOR DEVELOPMENT COMMITTEE

A The Senior Development Committee shall consist of ten (10) twelve (12) members. The President/CEO or his or her designee shall appoint eight (8) members, at least five (5) of whom shall be coaches, and the Athletes Chair shall appoint two (2) athlete members. The Athletes Chair, with the advice and consent of the Board of Directors athletes, shall appoint four (4) athletes, two (2) of whom shall be athlete representatives as defined by the current USOPC bylaws and two (2) who do not meet the competition criteria outlined within the current USOPC bylaws to qualify as an “athlete representative”. The Age Group Development Committee Chair or his/her designee shall be an ex-officio member with voice but no vote.

B-C [no changes]

.4 AGE GROUP DEVELOPMENT COMMITTEE

A The Age Group Development Committee shall consist of ten (10) twelve (12) members. The President/CEO or his or her designee shall appoint (8) members, with at least one (1) representative from each Zone and at least five (5) coach representatives shall appoint two (2) athlete members. The Age Group Development Committee Chair or his/her designee shall be an ex-officio member with voice but no vote.

B-C [no changes]
Proposed Amendments to Rules & Regulations
May 2020

Members. The Athletes Chair, with the advice and consent of the Board of Directors athletes, shall appoint two (2) 
athlete members four (4) athletes, two (2) of whom shall be athlete representatives as defined by the current USOPC 
bylaws and two (2) who do not meet the competition criteria outlined within the current USOPC bylaws to qualify as an 
“athlete representative”. The Senior Development Committee Chair or his/her designee shall be an ex-officio member 
with voice but no vote.

B-C [no changes]

R-17 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Location: Page 107 – (new) 501.2 Operating Committees

Proposed by: Athletes’ Executive Committee

Purpose: To clarify the requirements and eligibility of Athlete Representatives serving on operational committees.

Recommendation: The Rules and Regulations Committee recommends approval.

Effective Date: Immediately

ARTICLE 501
OPERATING COMMITTEES

501.1-4 [no changes]

501.2 An athlete member may not serve as a voting member on more than one national operating committee 
simultaneously. Athletes serving on the Board of Directors, the Athletes Executive Committee, subcommittees of the 
Athletes Executive Committee, or as Zone Athlete Representatives, may serve on a single additional national operating 
committee.

R-18 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Location: Page 109 – 502.1 Amendments

Proposed by: Board of Directors

Purpose: To provide for biennial legislation in odd years.

Recommendation: The Rules and Regulations Committee recommends approval.

Effective Date: Immediately

502.1 AMENDMENTS – The USA Swimming House of Delegates may amend the Rules and Regulations and certain provisions 
of the Corporate Bylaws biennially at its annual meeting hosted in odd years in accordance with Article 10 of the Corporate 
Bylaws and this Section 502.1 of the Rules and Regulations.

R-19 ACTION: Adopted Defeated Adopted/Amended Tabled Postponed Pulled

Location: Page 109 – (new) 502.1 Amendments

Proposed by: Board of Directors

Purpose: To permit the Board of Directors to update the USA Swimming Rules & Regulations to fulfill requirements 
imposed by the United States Olympic & Paralympic Committee, the U.S. Anti-Doping Agency and the U.S. 
Center for SafeSport.

Recommendation: The Rules and Regulations Committee recommends approval.

Effective Date: Immediately

502.1 AMENDMENTS – The USA Swimming House of Delegates may amend the Rules and Regulations and certain 
provisions of the Corporate Bylaws at its annual meeting in accordance with Article 10 of the Corporate Bylaws and this Section 
502.1 of the Rules and Regulations.
Proposed Amendments to Rules & Regulations
May 2020

.1 The USA Swimming House of Delegates may amend the Rules and Regulations at its annual meeting as follows:
   A. Parts One, Two, Three, Four, Six and Seven: by a majority vote.
   B. Part Five by a two-thirds (2/3) vote.

.2 By a two-thirds (2/3) vote, the House of Delegates may amend the following provisions within the Corporate Bylaws: the number of Board members, their terms, or the number which are elected by the House of Delegates, the composition of the House of Delegates, and membership fees for membership classes in existence as of the 2017 registration year (see 2.7.1A and B of the Corporate Bylaws).

.3 Additionally, the Rules & Regulations Committee may alter, amend, or repeal any portion of Part One or Part Seven of the USA Swimming Rules and Regulations at any time to conform to the rules of the Federation Internationale de Natation (FINA).

.4 The Board of Directors may alter, amend, or repeal any portion of the USA Swimming Rules & Regulations at any time to conform to the rules and requirements of the United States Olympic & Paralympic Committee (USOPC), the United States Anti-Doping Association (USADA), and/or the U.S. Center for SafeSport.

10.1 AUTHORITY TO AMEND AND VOTE REQUIRED

.1 These Corporate Bylaws, excepting those items outlined below in 10.1.4, may be altered, amended or repealed by the Board of Directors by a two-thirds (2/3) majority vote. The Board of Directors shall have no authority to amend the USA Swimming Rules and Regulations except as permitted under 4.7 of these Bylaws (Authority/Emergency Powers).

.2 The Rules & Regulations Committee may alter, amend, or repeal any portion of Part One or Part Seven of the USA Swimming Rules and Regulations at any time to conform to the rules of the Federation Internationale de Natation (FINA).

.3 The USA Swimming House of Delegates may amend the Rules and Regulations at its annual meeting as follows:
   A. Parts One, Two, Three, Four, Six and Seven: by a majority vote.
   B. Part Five by a 2/3 vote.

.4 The Board of Directors may alter, amend, or repeal any portion of the USA Swimming Rules & Regulations at any time to conform to the rules and requirements of the United States Olympic & Paralympic Committee (USOPC), the United States Anti-Doping Association (USADA), and/or the U.S. Center for SafeSport.

.5 By a two-thirds (2/3) vote, the House of Delegates may amend the following provisions of the Corporate Bylaws: the number of Board members, their terms, or the number which are elected by the House of Delegates, the composition of the House of Delegates, and membership fees for membership classes in existence as of the 2017 registration year (see 2.7.1A and B of these Bylaws).
USA Swimming Rules & Regulations Committee may adopt rules and procedures to govern the invocation and exercise of this jurisdiction which may be appropriate and helpful and in the best interests of the sport of swimming.

2. Request for Approval — An LSC may request permission to change mandatory provisions of the Required LSC Bylaws or request an approval as required in Required LSC Bylaws in a written application conforming to the rules and procedures adopted by the USA Swimming Rules & Regulations Committee. The request shall be addressed to the Chair of the USA Swimming Rules & Regulations Committee. The approval power of the USA Swimming Rules & Regulations Committee over requested changes to mandatory parts of the Bylaws shall be applied generously where an LSC demonstrates a need for the changes.

3. Action by Committee — The changes may be approved or disapproved in their entirety, or the USA Swimming Rules & Regulations Committee may modify the requested change as appears to be in the best interests of swimming. The USA Swimming Rules & Regulations Committee may adopt reasonable rules and procedures regarding the form and content of the application for permission, its deliberations and decisions.

4. Deadline for Decision — The USA Swimming Rules & Regulations Committee shall make its determination within forty-five (45) days of receipt by its Chair of the request; failing which, the request shall be deemed to have been approved unless the Chair shall certify that more than ten (10) approvals are pending at the end of that period.

5. Appeal of Decisions — An LSC may appeal a decision of any USA Swimming Rules & Regulations Subcommittee to the full Rules & Regulations Committee. An LSC may appeal a decision of the USA Swimming Rules & Regulations Committee to the USA Swimming Board of Directors.

602.8 Amendments to the LSC Bylaws must be submitted to the USA Swimming Rules & Regulations Committee in accordance with this Article 602. Once the amendments have been approved, the LSC shall forward the amended Bylaws to the USA Swimming National Office.

602.7 JURISDICTION OVER LSC BYLAWS

1. The USA Swimming National Office is authorized and directed to assume jurisdiction over (a) requested changes to the mandatory portions of the Required LSC Bylaws, (b) approval of the use of certain alternative provisions set forth in Required LSC Bylaws, (c) review and approval of all Bylaws adopted by the LSCs and (d) review and approval of all subsequent amendments to the Bylaws by an LSC and related matters.

2. An LSC may appeal a decision of the USA Swimming National Office to the Rules & Regulation Committee. An LSC may appeal a decision of the USA Swimming Rules & Regulations Committee to the USA Swimming Board of Directors.

---

**R-21**

<table>
<thead>
<tr>
<th>ACTION: Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>Page 119 – 604.3 Formation of a New LSC</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Proposed by:</td>
<td>David Salo, National Team Steering Committee Member</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Purpose:</td>
<td>To align the formation of a new LSC adoption vote with that of other Article 604 adoption votes.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee makes no recommendation.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

604.3 FORMATION OF A NEW LSC

1. If two-thirds (2/3) of the number of Club Members in a contiguous area within an LSC wish to form a new and independent LSC, and should the House of Delegates of the LSC, by a two-thirds (2/3) majority vote of the members present approve the change, the proposed formation of the new LSC shall be submitted to the Chair of the USA Swimming Rules & Regulations Committee. Such request must be received by the Chair prior to April 1.

2. [no changes]

---

**R-22**

<table>
<thead>
<tr>
<th>ACTION: Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location:</td>
<td>Page 120 – 605.2 Zone Bylaws, Elections of Directors and Voting</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Proposed by:</td>
<td>Board of Directors</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Purpose:</td>
<td>To better reflect the administrative nature of Zones.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Proposed Amendments to Rules & Regulations
May 2020

528 Recommendation: The Rules and Regulations Committee recommends approval.

529 Effective Date: Immediately

530 605.2 ZONE BYLAWS ADMINISTRATIVE PROCEDURES, ELECTIONS OF DIRECTORS AND VOTING

531 .1 Each Zone shall adopt Bylaws Administrative Procedures which shall govern its affairs and shall be approved by the USA Swimming Secretary & General Counsel or his/her designee.

532 .2 Zone Directors shall be elected in accordance with Zone Bylaws Administrative Procedures.

533 .3 On all voting matters, each LSC is entitled to five votes, of which at least one vote must be designated to the LSC Athlete Representative(s). If no Athlete Representative is present, the LSC shall cast only four votes.

| Location: | Page 123 – 701.1 Events/Meets |
| Location: | Page 125 – 701.5 Swimwear |

537 Proposed by: Open Water Committee

538 Purpose: To clarify the use of wetsuits for open water competitions.

539 Recommendation: The Rules and Regulations Committee has postponed a recommendation pending further clarification from proposer.

ARTICLE 701
CONDUCT AND OFFICIATING OF THE COMPETITION

701.1 EVENTS/MEETS

545 .1 Recommended individual events are listed in 102.1.3.

546 .2 Wetsuit Events — For open water swimming competitions in water with temperature below 20°C (68°F), men and women may use either swimsuits or wetsuits. When the water temperature is below 18°C (64.4°F), the use of wetsuits is compulsory.

549 A At Junior National and National Championships and any sanctioned open water competition with a race distance of 5k and greater, FINA rules regarding use of wetsuits shall apply.

551 B For all other open water competitions with water temperature below 20.0°C (68.0°F), participants may use either swimsuits or wetsuits (refer to 701.5.5).

553 .3 Team Events — Team events may be conducted in various formats concurrently with individual events, with the results achieved in the individual event used to compute the team scoring as announced in the meet announcement.

701.5 SWIMWEAR

556 .1 No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed, endurance, or buoyancy. A maximum of two (2) caps may be used.

558 .2 Except as provided in 701.1.2, wetsuits, flotation aids or any similar items, and anything used to maintain body heat, except a reasonable application of body grease, are not allowed.

560 .3 Only swimsuits complying with FINA Open Water swimsuit specifications may be worn in any USA Swimming sanctioned or approved open water competition.

562 .4 Swimsuits for both men and women shall not cover the neck, extend past the shoulder, nor extend below the ankle.

563 .5 Wetsuits — Wetsuits are swimsuits made of material providing thermal insulation. Wetsuits for both men and women shall completely cover the torso, back, shoulders and knees and shall not extend beyond the neck, wrists or ankles. The thickness of material(s) used shall be a minimum 3 mm and a maximum 5 mm. In addition, the outer surface of the wetsuit shall not include outstanding shapes, such as ridges, fins, etc.
Proposed Amendments to Rules & Regulations
May 2020

<table>
<thead>
<tr>
<th>R-24</th>
<th>ACTION:</th>
<th>Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
</table>

567 Location: Page 123 – 701.2 Eligibility
568 Proposed by: Open Water Committee
569 Purpose: To create a section on Zone Open Water Championships.
570 Recommendation: The Rules and Regulations Committee recommends approval.

701.2 ELIGIBILITY — Age for Open Water Zone Championships shall be determined by the swimmer's age as of December 31 of that year.

[re-number remaining]

ARTICLE 704
ZONE OPEN WATER CHAMPIONSHIPS

[Renumber Remaining]

704.1 EVENTS — A 5k shall be a required event for all Zone Open Water Championships and designated as the qualifying event for the Open Water Junior National and National Championships. All other events for Zone Open Water Championships shall be determined by the Zone.

704.2 ELIGIBILITY — Age for Open Water Zone Championships shall be determined by the swimmer's age as of December 31 in the year of competition.

[re-number remaining]

<table>
<thead>
<tr>
<th>R-25</th>
<th>ACTION:</th>
<th>Adopted</th>
<th>Defeated</th>
<th>Adopted/Amended</th>
<th>Tabled</th>
<th>Postponed</th>
<th>Pulled</th>
</tr>
</thead>
</table>

584 Location: Page 127 – 701.10 Officials
585 Proposed by: Open Water Committee
586 Purpose: To clarify the required officials for open water competitions.
587 Recommendation: The Rules and Regulations Committee has not yet reviewed this proposal.

Effective Date:

701.10 OFFICIALS — There should be no fewer than the following officiating positions filled. The positions of Referee, Safety Officer, Finish Judge and Timer shall not be combined with the duties of any other official. The Referee, Assistant Referee, Administrative Referee or Administrative Official, and Starter must have passed the USA Swimming Open Water Referee online test prior to officiating a sanctioned Open Water competition.

Referee Assistant Referee
Administrative Referee or Administrative Official Announcer
Safety Officer Medical Officer
Course Officer Clerk of Course
Starter Chief Timer and 3-timers
Chief Finish Judge and 2 finish judges Recorder
Race Judge (one per competitor in escorted races)
Turn Judge (one at each change in the direction of the course)

701.10 OFFICIALS — The Referee, Administrative Referee, and Starter must have passed the USA Swimming Open Water Referee online test prior to officiating a sanctioned Open Water competition.

1 The following positions are required for all open water competitions:

Referee*
Administrative Referee* or Administrative Official*
Finish Judge
Meet Director *
Independent Safety Monitor*
Proposed Amendments to Rules & Regulations
May 2020

Medical Officer*

Turn Judge (one at each change in the direction of the course)

Starter

Note: All positions noted with an asterisk (*) above shall not be combined with any other role.

The following additional positions are recommended for all open water competitions, and are required for championship meets at or above the zone level:

Recorder
Race Judge (one per competitor in escorted races)
Timer
Announcer
Course Officer
The Clerk Of Course
Assistant Referee

---

**R-26**

**ACTION:** Adopted

**Proposed by:** Athletes’ Executive Committee

**Purpose:** To provide appropriate representation of the athlete membership on the Board of Directors.

**Recommendation:** The Rules and Regulations Committee makes no recommendation.

**Effective Date:** Immediately

**ARTICLE 4**

**BOARD OF DIRECTORS**

**4.1 GENERAL MEMBERSHIP** – The Board of Directors shall have fifteen (15) eighteen (18) voting members. The President/CEO and Secretary/General Counsel shall be ex-officio members with no vote

**4.2 VOTING BOARD MEMBERS** shall be as listed herein; a minimum of one individual from each zone’s geographic area shall be maintained among the members who are elected by the House of Delegates; a minimum of three coaches shall be maintained, inclusive of the Chair of the National Team Steering Committee.

.1-2 [no changes]

.3 Three Four “athlete representatives” (as defined in the then-current USOC Bylaws) directly elected by athletes who meet the same standards as an “athlete representative” shall be voting members.

.4 Two additional athlete members, not bound to the competition criteria defining “athlete representatives” as defined in the then-current USOC Bylaws, directly elected by the Athletes Committee shall be voting members.

[re-numbering remaining]

---

**R-27**

**ACTION:** Adopted

**Proposed by:** Athletes’ Executive Committee

**Purpose:** To clarify the requirements of athlete representation in the House of Delegates.

**Recommendation:** The Rules and Regulations Committee makes no recommendation.

**Effective Date:** Immediately

**ARTICLE 6**

**HOUSE OF DELEGATES**

**6.1 ORGANIZATION**
Proposed Amendments to Rules & Regulations  
May 2020

1. [no change]

2. The members of the Athletes Executive Committee and ten (10) National Representatives, five (5) being appointed each year by the Athletes Chair and each serving a two (2)-year term, shall be members of the House of Delegates. The National Representatives and their alternates must at the time of their appointment be engaged in senior swimming, or have competed in USA Swimming Championships within five (5) years preceding their appointment. The Board Chair may appoint, from a slate of nominees submitted by the Athletes Committee, such further at-large athlete members so as to bring the total athlete representation in the House of Delegates to at least twenty percent (20%). “Weighted” membership or voting may not be used to satisfy this quota.

R-28  ACTION:  Adopted  Defeated  Adopted/Amended  Tabled  Postponed  Pulled

<table>
<thead>
<tr>
<th>Location:</th>
<th>Article 4.8 Meeting Location and Time – Require LSC Bylaws Template</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proposed by:</td>
<td>Rules &amp; Regulations Committee</td>
</tr>
<tr>
<td>Purpose:</td>
<td>The COVID-19 pandemic has made it obvious that a provision is needed to permit virtual meetings of the HOD if certain public health and public safety circumstances prevail.</td>
</tr>
<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee recommends approval.</td>
</tr>
<tr>
<td>Effective Date:</td>
<td>Immediately</td>
</tr>
</tbody>
</table>

4.8 MEETING LOCATION AND TIME - All meetings of the House of Delegates shall take place at a site within the Territory. The House of Delegates or the Board of Directors shall determine the location and time of all meetings of the House of Delegates. If federal, state, or local law, policy, or regulation prohibits physical gathering sufficient to conduct a House of Delegates meeting within the Territory, a House of Delegates meeting may be conducted through conference equipment by means of which all persons participating in the meeting can hear each other at the same time. In that circumstance, participation by such means shall constitute presence at that meeting.

If the LSC state of incorporation does not permit electronic meetings, the LSC should not include this language.

R-29  ACTION:  Adopted  Defeated  Adopted/Amended  Tabled  Postponed  Pulled

<table>
<thead>
<tr>
<th>Location:</th>
<th>6.2 Other Directors - Required LSC Bylaws Template</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proposed by:</td>
<td>Maryland Swimming</td>
</tr>
<tr>
<td>Purpose:</td>
<td>To provide a third provision for Athlete Representatives where representatives are elected to one year terms.</td>
</tr>
<tr>
<td>Recommendation:</td>
<td>The Rules and Regulations Committee has postponed a recommendation pending further clarification from proposer.</td>
</tr>
</tbody>
</table>

6.2 OTHER DIRECTORS

Two provisions are offered concerning the method of selection of the Athlete Representatives to the Board of Directors. Select one and delete the other two.

.1  ATHLETE REPRESENTATIVES -

Provision A: Two (2) Athlete Representatives shall be elected, one each year for a two-year term, or until their respective successors are elected. At the time of election, the Athlete Representative must (a) be an athlete member in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently competing, or have competed within the three (3) immediately preceding years, in the program of swimming conducted by XXXS or another LSC; and (d) have his or her place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education). The balloting shall take place via electronic vote[1] and/or at a meeting called for that purpose by the Senior Athlete Representative or the Athletes Committee, or failing that, at a time and in a manner designated by the Board of Directors. At least twenty (20) days’ written notice of the election shall be given to all clubs. The Athlete Representatives elected shall be determined by a majority of the [define the athlete voting members who elect the Athlete Representatives].

[1] Electronic vote: [definition or link to voting system]
Provision B: Two (2) Athlete Representatives shall be elected by the House of Delegates, one each year, for a two-year term or until their respective successors are elected. At the time of election, the Athlete Representative must (a) be an athlete member in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently competing, or have competed within the three (3) immediately preceding years, in the program of swimming conducted by XXSI or another LSC; and (d) have his or her place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education).

Provision C: Two (2) Athlete Representatives shall be elected, one two each year for a one-year term, or until their respective successors are elected. At the time of election, the Athlete Representative must (a) be an athlete member in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently competing, or have competed within the three (3) immediately preceding years, in the program of swimming conducted by XXSI or another LSC; and (d) have his or her place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education). The balloting shall take place via electronic vote and/or at a meeting called for that purpose by the Senior Athlete Representative or the Athletes Committee, or failing that, at a time and in a manner designated by the Board of Directors. At least twenty (20) days’ written notice of the election shall be given to all clubs. The Athlete Representatives elected shall be determined by a majority of the [define the athlete voting members who elect the Athlete Representatives].